

2018-2019

SHAC

(Student Health Advisory Committee)

We work hard to find programs that promote health and wellness for our students at AISD

1. **Fitness Gram** (performed during PE)
2. **Fantastic Teeth Program** sponsored by local Masonic Lodge promoting dental hygiene
3. We are partnered with **the Lions Club of Alto** and the eye center at Wal-Mart in Jacksonville. The Lions Club provides FREE vision screens and eye glasses for those that qualify
4. **Vision and Hearing Screens** every other year at the school, including scoliosis screening
5. **Sex education** (for 7th-12th) and **Personal Hygiene** education beginning in 4th grade
6. **SHAC Policy** on-line
7. **Strict Immunization policy!** No vaccines=No school!
8. **Several immunizations clinics** throughout the 2018-2019 school year
9. Strict head lice policy
10. **Nutrition and Food allergy policies** in cafeteria
11. The weekend **Back-Pack food program**

12. SHAC is partnering with **Jennifer Pearman, Texas A&M AgriLife Extension Service Agent, to provide students:**
 - Learn, Eat, Grow, Go** Program which focuses on:
 - *growing, harvesting and preparing our own food
 - * strong focus on nutrition and physical health
 - Distracted driver** program for teens
 - **“When Sean Speaks”** Presentation for teens
 - *educating teens that alcohol, automobiles and asphalt DO NOT mix
13. New for 2018:
 - **Direct Access to physicians at the Children’s Clinic of Lufkin/Rusk with same day appointments available for AISD students**
 - **Angelina Community College Phlebotomy program for juniors and seniors**
 - **Allergy and Anaphylaxis Training for ALL employees**