



# OAK HILLS EAGLEGRAM

September 24, 2018

## *From the Administration*

Hello Oak Hills Parents and Students,

Our counselor, Shannon Struebing, is teaching our students the habit of Being Proactive. What a great skill for all of us to learn and to master. Being proactive is taking charge of yourself, being responsible for your decisions. Stephen Covey said, "I am not a product of my circumstances. I am a product of my decisions." What a powerful statement that we can all learn from. Daily decision are some of the toughest things we have to make every day because it is our decisions that determine what happens. I remember as a youth my father teaching me this lesson. I made a choice to respond angrily over a simple thing, he quickly pulled me aside and explained that I was getting paid for the item being asked of me. He also said that I could decide to be happy about it or I could be mad. I realized that my decision to be upset was not how I should have responded. We at the school are constantly teaching the students about decisions and how they influence us each day. Remember to Be Proactive!!

Sincerely,

Mike Page



## Did you know?

We are currently selling Wasatch Savings Books. 50% of the sales will remain at our school. The books are \$30 and have lots of savings for your friends and family. Students get a prize for every book they sell. This fundraiser will help us achieve some of our technology goals to have 1:1 laptop or iPad for each student. We appreciate your support in all our efforts to help our students find success now and later. We couldn't do what we do without your help and support. We have the best community!



M – Sloppy Joes  
T – Mini Corn Dogs  
W – Grilled Cheese  
TH – Orange Chicken  
F – Diced Ham / Tuna



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## ***PTA News***

Are you still hoping to get your Oak Hills t-shirt, hat or cinch pack? We have sold out of a few sizes, so we will be making another t-shirt order. The last day to place a shirt order will be on October 5th. You can get an order form from the front office, or you can look for us outside of the school for the next couple of Fridays when you pick-up your students.

Have you signed-up to help the PTA? There are many opportunities to help. There is a form in the front office that tells all of the programs that our PTA offers and you can pick and choose what you would like to do.

Thank you for your support!

Terra Lechtenberg

PTA President

## ***Reflections***

This year's theme is "Hero's Around Me"

Entry forms and official rules can be found on the trifold in the hall by the office or visit

<http://www.utahpta.org/reflections>

Questions? email, text or call  
Kristene Eddings at

[Keddings320@gmail.com](mailto:Keddings320@gmail.com) / 801-891-3574

## ***Counselor's Corner***

This month we are working on the habit of being proactive. This means we are in charge of ourselves and we have an "I can" attitude. Students are learning the "Think. Feel. Act" model that teaches the power of our thoughts. Each person can BE PROACTIVE by managing their own thoughts to reflect positive behavior. When we think positive, we feel positive, and therefore we act in positive ways. Ask your student to share with your their handout from the counseling lesson this month. This can be a great family discussion and MIND exercise the whole family can work on together.

## ***Looking Ahead...***

September 26<sup>th</sup> – Picture Day  
October 3<sup>rd</sup> – PTA Meeting at 11:30 in the library  
October 5<sup>th</sup> – Popcorn Friday  
October 8-12<sup>th</sup> – RED RIBBON WEEK  
October 9<sup>th</sup> – Say Boo to the Flu 4-7pm in the cafeteria  
October 18-19<sup>th</sup> – FALL BREAK – No School  
October 25<sup>th</sup> – Picture Retake  
October 26<sup>th</sup> – Reflections Due!

