



# SHAWNEE MISSION

SCHOOL DISTRICT

## High School Lunch Menu 2018-2019



as of 10/30/18

Served Week of:	Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
8/13/2018	<b>Mom's Kitchen</b> 	Spicy Popcorn Chicken with Roll *	French Toast Sticks with Sausage	Chicken Nuggets with Roll *	Chicken Burrito	Mozzarella Sticks
8/27/2018		Chili with Scoops	Sweet & Sour Chicken with Rice	Shrimp Poppers & Cheese with Roll *	General TSO's Chicken with Rice	Honey Sriracha Chicken with Garlic Toast
9/10/2018	<b>Sandwich Station</b> 	Spicy Chicken Sandwich	Chicken Sandwich	Cheeseburger	Chicken Sandwich	Fish Sandwich
9/24/2018		Pork Tenderloin Sandwich	Meatball Sandwich	Cheesesteak Sandwich	Cheeseburger	BBQ Rib Sandwich
10/8/2018	<b>Cold Power</b> 	Deli Sandwich	Deli Sandwich	Deli Sandwich	Deli Sandwich	Deli Sandwich
10/22/2018		Crunchy Chicken Wrap	Crunchy Chicken Wrap	Crunchy Chicken Wrap	Crunchy Chicken Wrap	Crunchy Chicken Wrap
11/5/2018		Chef Salad	Garden Chicken Salad	Chef Salad	Garden Chicken Salad	Chef Salad
12/3/2018		with Roll *	with Roll *	with Roll *	with Roll *	with Roll *
12/17/2018		PBJ Sandwich	PBJ Sandwich	PBJ Sandwich	PBJ Sandwich	PBJ Sandwich
		Hummus & Pretzels	Hummus & Pretzels	Hummus & Pretzels	Hummus & Pretzels	Hummus & Pretzels
		Yogurt Parfait with Granola	Yogurt Parfait with Granola	Yogurt Parfait with Granola	Yogurt Parfait with Granola	Yogurt Parfait with Granola
	<b>Carb Station</b> <b>Build Your Own</b>	Build Your Own	Build Your Own	Build Your Own	Build Your Own	Build Your Own
		Cheeseburger	Deli Sandwich with	Potato Bar with	Pasta Bar	Taco or Nachos
		Veggie Burger	Turkey, Ham or Roast Beef	Cheese or BBQ Pork	Meatballs or Chicken	Beef or Chicken
		Hot Dog		Specialty Bread	Marinara or White Sauce	Soft Shell or Walking Taco
					Garlic Toast	
	<b>Finger Foods</b> 	Pizza	Pizza	Pizza	Pizza	Pizza
		Nachos	Nachos	Nachos	Nachos	Nachos
		Nacho Grande	Nacho Grande	Nacho Grande	Nacho Grande	Nacho Grande
		Chicken Fingers	Chicken Fingers	Chicken Fingers	Chicken Fingers	Chicken Fingers
		Pizza Hut Pizza	Pizza Hut Pizza	Pizza Hut Pizza	Pizza Hut Pizza	Pizza Hut Pizza
<b>High School Lunch Prices:</b>  Paid Student \$2.80 Reduced Student \$0.40 Free Student \$0.00 Adult \$3.70 Visitor \$4.05   Eat fruits & veggies at meals & for snacks	<b>Served with:</b> Scalloped Potatoes * Seasoned Fries Baked Beans * Corn Fresh Fruit Fresh Baby Carrots Fresh Celery Fresh Cucumbers Rosy Applesauce Romaine Lettuce Fresh Tomato 100% Juice Milk	<b>Served with:</b> Oven Potatoes Edamame Cinnamon Apples Chilled Pears Fresh Fruit Fresh Baby Carrots Fresh Broccoli Fresh Cauliflower Romaine Lettuce Fresh Tomato 100% Juice Milk	<b>Served with:</b> Mashed Potato w/ Chicken Gravy * Seasoned Fries Steamed Broccoli Cinnamon Roll * Fresh Fruit Chilled Fruit Cocktail Fresh Baby Carrots Mandarin Oranges Fresh Zucchini Romaine Lettuce Fresh Tomato 100% Juice Milk	<b>Served with:</b> Potato Smiles Stir Fry Vegetables Refried Beans Chilled Pineapple Fresh Fruit Fresh Baby Carrots Fresh Grapes Fresh Red Peppers Frozen Fruit Cup Romaine Lettuce Fresh Tomato 100% Juice Milk	<b>Served with:</b> Seasoned Fries Tater Tots Cauliflower & Cheese Chocolate Chip Cookie Fresh Fruit Chilled Peaches Fresh Baby Carrots Fresh Apple Slices Black Bean & Corn Salsa Romaine Lettuce Fresh Tomato 100% Juice Milk	

Menu subject to change due to availability.

\*These items are only available with a school meal and cannot be purchased a la carte.

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# SHAWNEE MISSION

SCHOOL DISTRICT

## High School Lunch Menu 2018-2019



as of 10/30/18

Served Week of:	Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
8/20/2018	<b>Mom's Kitchen</b> 	Dill Chicken with Roll Macaroni & Cheese with Roll *	Chicken & Waffles Corn Dog	Popcorn Chicken with Roll * Chicken Chow Mein	Chicken Strips with Roll * Country Fried Steak with Roll *	Mandarin Orange Chicken with Rice Cheese Lasagna with Garlic Toast
9/3/2018						
9/17/2018	<b>Sandwich Station</b> 	Chicken Sandwich Spicy Chicken Sandwich	Chicken Sandwich Meatball Sandwich BBQ Pork Sandwich	Cheeseburger Cheesesteak Sandwich Spicy Chicken Sandwich	Chicken Sandwich Cheeseburger Veggie Burger	Fish Sandwich BBQ Rib Sandwich Chicken Sandwich
10/1/2018						
10/15/2018	<b>Cold Power</b>	Deli Sandwich Crunchy Chicken Wrap	Deli Sandwich Crunchy Chicken Wrap	Deli Sandwich Crunchy Chicken Wrap	Deli Sandwich Crunchy Chicken Wrap	Deli Sandwich Crunchy Chicken Wrap
10/29/2018		Chef Salad with Roll *	Garden Chicken Salad with Roll *	Chef Salad with Roll *	Garden Chicken Salad with Roll *	Chef Salad with Roll *
11/12/2018		PBJ Sandwich Hummus & Pretzels	PBJ Sandwich Hummus & Pretzels	PBJ Sandwich Hummus & Pretzels	PBJ Sandwich Hummus & Pretzels	PBJ Sandwich Hummus & Pretzels
11/26/2018		Yogurt Parfait with Granola	Yogurt Parfait with Granola	Yogurt Parfait with Granola	Yogurt Parfait with Granola	Yogurt Parfait with Granola
12/10/2018						
	<b>Carb Station Build Your Own</b>	Build Your Own Cheeseburger Veggie Burger Hot Dog	Build Your Own Deli Sandwich with Turkey, Ham or Roast Beef	Build Your Own Potato Bar with Cheese or BBQ Pork Specialty Bread	Build Your Own Pasta Bar Meatballs or Chicken Marinara or White Sauce Garlic Toast	Build Your Own Taco or Nachos Beef or Chicken Soft Shell or Walking Taco
	<b>Finger Foods</b> 	Pizza Nachos Nacho Grande Chicken Fingers Pizza Hut Pizza	Pizza Nachos Nacho Grande Chicken Fingers Pizza Hut Pizza	Pizza Nachos Nacho Grande Chicken Fingers Pizza Hut Pizza	Pizza Nachos Nacho Grande Chicken Fingers Pizza Hut Pizza	Pizza Nachos Nacho Grande Chicken Fingers Pizza Hut Pizza
	<b>High School Lunch Prices:</b>	<b>Served with:</b>	<b>Served with:</b>	<b>Served with:</b>	<b>Served with:</b>	<b>Served with:</b>
Paid Student \$2.80	Tater Tots	Oven Potatoes	Seasoned Fries	Mashed Potato w/ Country Gravy *	Seasoned Fries	
Reduced Student \$0.40	Seasoned Fries	Potato Smiles	Steamed Broccoli	Tater Tots	Black Beans	
Free Student \$0.00	Glazed Carrots	Green Beans	Fresh Green Pepper	Roasted Vegetables	Sugar Cookie	
Adult \$3.70	Chilled Pears	Chocolate Cake *	Chilled Pineapple	Chilled Fruit Cocktail	Chilled Mandarin Oranges	
Visitor \$4.05	Fresh Orange Wedges	Chilled Peaches	Fresh Fruit	Fresh Apple Slices	Fresh Fruit	
	Fresh Fruit	Fresh Fruit	Fresh Baby Carrots	Fresh Fruit	Fresh Banana	
	Fresh Baby Carrots	Mixed Berries	Fresh Cucumbers	Fresh Baby Carrots	Fresh Baby Carrots	
	Fresh Cauliflower	Fresh Baby Carrots	Fresh Grapes	Frozen Mangoes	Fresh Celery	
	Fresh Cherry Tomatoes	Fresh Broccoli	Romaine Lettuce	Romaine Lettuce	Romaine Lettuce	
	Romaine Lettuce	Romaine Lettuce	Fresh Tomato	Fresh Tomato	Fresh Tomato	
	Fresh Tomato	Fresh Tomato	100% Juice	100% Juice	100% Juice	
	100% Juice	100% Juice	Milk	Milk	Milk	
	Milk	Milk				



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