



Nurse Assistant (CNA)

COURSE DESCRIPTION:

An educational program that prepares individuals to perform routine nursing-related services to patients in hospitals or long-term care facilities under the training and supervision of a registered nurse or licensed practical nurse.

DSD teaches this as a semester long, double class period course.

STRANDS:

- Describe the process for certification as a CNA.
- Students will understand how their role fits into the overall health care environment.
- Students will understand the various methods of giving and obtaining information.
- Students will prevent injury or illness through safe work practices and follow health and safety policies and procedures.
- Students will understand the existing and potential hazards to clients, coworkers, and self.
- Students will understand principles relate to patient mobility.
- Students will understand the impact they have on providing a quality patient environment.
- Students will recognize that all human beings share common needs.
- Students will collect baseline information and compare it to normal values.
- Students will discuss the importance of bathing, oral care, skin care,
- Students will understand the goals of following a diet that provides your body with a balance amount of essential nutrients.
- Students will understand the processes related to human elimination.
- Students will describe basic anatomy and physiology of specific body systems in addition to the basic pathophysiology and modifications of care.
- Students will discuss principles to follow when caring for cognitively altered conditions and mentally ill patients.
- Students will understand the goals of rehabilitation and restorative care.
- Students will describe the needs and care of a dying patient.

PERFORMANCE OBJECTIVES:

- State CNA Certification Exams (UNAR)