



INTRODUCTION TO HEALTH SCIENCE

COURSE INFORMATION

Semester course designed to create an awareness of career possibilities in health care and inform students of the educational options available for health science and health technology programs. Instructions includes beginning anatomy and physiology, medical terminology, medical ethics, diseases and disorders. The course prepares students for the Medical Anatomy/Physiology course and/or for a variety of health technology programs.

Schools can combine/blend this course with Health II for a full year course.

STRANDS – Introduction to Health Science

- Explore the fundamental aspects of health care.
- Explore aspects of the body systems related to support (skeletal, muscular, skin).
- Explore aspects of the body systems related to transportation (circulatory, respiratory, immune).
- Explore aspects of the body systems related to regulation (nervous, special senses, endocrine).
- Explore aspects of the body systems related to maintenance (digestive, urinary)
- Explore aspects of the human reproductive system.

STRANDS – Health II

- Develop skills and understanding for a healthy self.
- Examine and illustrate mental and emotional health.
- Develop social health skills and personal safety.
- Determine societal and individual implications of drug use.
- Incorporate healthy nutritional and fitness behaviors.
- Understanding human sexuality and relationships.

PERFORMANCE OBJECTIVES

- Create a presentation on a health science career.
- Create a written or oral presentation on the details of a disease/disorder.