

Shepaug Valley School Lunch Menu November 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Daily Price of Lunch: Full Price: 3.00 Reduced : .40 Adult Lunch Price: 3.75	Daily Alternate: Large Salad Hummus & Vegetable Assorted Sandwiches Assorted Wraps			1 Pork Rib A Que WG Roll Tortilla Chips & Salsa Three Bean Salad Chilled Applesauce 100% Fruit Juice Milk Choice	2 WG French Bread Pizza Raw Baby Carrots Chickpea Salad Fresh Banana 100% Fruit Juice Milk Choice	3
4	5 Cheese Burger WG Hamburger Roll Harvest Cheddar Chip Chickpea Salad Fresh Pear 100% Fruit Juice Milk Choice	6 Prof. Development	7 WG Popcorn Chicken Seasoned Potatoes Steamed Green Beans Warm Corn muffin Pineapple Chunks Milk Choice	8 Teriyaki Dippers Seasoned Brown Rice Steamed Carrots WG Dinner Roll Chilled Fruit cocktail Milk Choice	9 Stuffed Crust Pizza Romaine Salad W/ Lite Ranch Raw Cucumber Slices Chilled Applesauce 100% Fruit Juice Milk Choice	10
11	12 Veteran's Day	13 WG Breaded Mozzarella Stick W/ Sauce Steamed Corn W/W Garlic Knots Pineapple Chunks Milk Choice	14 Pork Rib A Que WGR Roll Tortilla Chips & Salsa Three Bean Salad Chilled Applesauce 100% Fruit Juice Milk Choice	15 Hot Meatballs WGR Grinder Roll W/ Mozzarella Cheese Broccoli Salad Chilled Pears Milk Choice	16 WG Personal Pizza Raw Baby Carrots Chickpea Salad Fresh Banana 100% Fruit Juice Milk Choice	17
18	19 Chicken Quesadilla Salsa/Sour Cream Black Bean & Corn Pineapple Chunks 100% Fruit Juice Milk Choice	20 Stuffed Crust Piz- za Romaine Salad W/ Lite Ranch Raw Cucumber Slices Chilled Applesauce 100% Fruit Juice Milk Choice	20	22	23	24
25	26 WG Chicken Nuggets Seasoned WG Noodle Steamed Carrots Chilled Fruit Cocktail 100% Fruit Juice Milk Choice	27 Sloppy Joe on WG Roll Tostitos w/ salsa Steamed Green Bean Chilled Pears Milk Choice	28 WG Penne Pasta With Meat sauce Garden Salad Lite It. WG Bread Stick Fresh Orange Milk Choice	29 WG Breaded Mozzarella Stick W/ Sauce Steamed Broccoli W/W Garlic Knots Pineapple Chunks Milk Choice	30 WG French Bread Pizza Cucumber Slices Chickpea Salad Fresh Banana 100% Fruit Juice Milk Choice	Milk Served Daily: Fat Free Chocolate Skim 1% Ala cart Milk Price: .35

Thanksgiving Recess