

Shepaug Valley School Breakfast Menu November 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Daily Alternate: WG Bagel & Cream Cheese: Assorted Cereal: Whole Grain Muffin or Danish or Strudel	Milk Served Daily: Fat Free Chocolate Skim 1% Ala Cart Milk Price: .35			1 Whole Wheat Breakfast Burrito With Salsa Chilled Applesauce 100% Fruit Juice Milk Choice	2 Whole Wheat Bagel Cream Cheese Fruit Yogurt Fresh Banana 100% Fruit Juice Milk Choice	3
4	5 Whole Grain Pancake Syrup Chilled Blueberries 100% Fruit Juice Milk Choice	6 Prof. Development Day	7 Whole Grain Pizza Sausage Chilled Pears 100% Fruit Juice Milk Choice	8 WG Maple Waffle Syrup Fruit Yogurt Chilled Applesauce 100% Fruit Juice Milk Choice	9 WG Chocolate Chip French Toast Syrup Fruit Cocktail 100% Fruit Juice Milk Choice	10
11	12 Veteran's Day	13 Whole Wheat Breakfast Burrito With Salsa Chilled Pears 100% Fruit Juice Milk Choice	14 Whole Grain Yeast Raised Donut Assorted Yogurt Fresh Orange 100% Fruit Juice Milk Choice	15 Whole Grain French Toast Sticks Syrup Fruit Cocktail 100% Fruit Juice Milk Choice	16 Whole Grain Pancake Syrup Pineapple Chunks 100% Fruit Juice Milk Choice	17
18	19 WGR Donut Fruit Yogurt Chilled Applesauce 100% Fruit Juice Milk Choice	20 Whole Grain Breakfast Pizza Pineapple Chunks 100% Fruit Juice Milk Choice	21	22	23	24
25	26 Yogurt Parfait WG Corn Bread Chilled Fruit Cocktail 100% Fruit Juice Milk Choice	27 Whole Grain Pancake Syrup Chilled Blueberries 100% Fruit Juice Milk Choice	28 W/ Wheat Bagel Lite Cream Cheese Fruit Yogurt Chilled Applesauce 100% Fruit Juice Milk Choice	29 Whole Grain French Toast Sticks Syrup Chilled Pears 100% Fruit Juice Milk Choice	30 WG Maple Waffle Syrup Fruit Yogurt Pineapple Chunks 100% Fruit Juice Milk Choice	Daily Price of Breakfast: Full Price 2.00 Reduced: .30 Adult Breakfast Price: 2.75

Thanksgiving Recess