

Victor Central School District Committee Meeting

Victor Senior High School Building Council Approved Meeting Minutes

Date and Time: May 17, 2017

Location: HS Library Nook

Roles:

Facilitator: Yvonne O'Shea

Minute Taker: Joan Randall

Time Keeper: LeeAnne Birkemeier

Refreshments: Yvonne O'Shea

Members: LeeAnne Birkemeier (Teacher), Colleen Collier (Teacher), ~~Kiersten Kunick (Parent)~~, Yvonne O'Shea (Administrator), Penny Martin (CSEA Rep), ~~Grace Morgan (Student)~~, William Pippin (Student), Dave Porter (Teacher), Joan Randall (Minutes), Angélica Sanzotta (Teacher), Carrie Stewart (Student), ~~Pat Stewart (Parent)~~, Danyelle Westbrook (Teacher), Kathy Woodworth (Parent)

Guests: Timothy Caughlin (Teacher), Leah Daniels-Farren (School Psychologist), Laurie Estochen (Teacher), (Parent)

				Purpose/ Proposed Action				
#	Topic/Subject	Person Responsible (if not all)	Time Allotted	For Info	Work Session	Make Recommendation	Assign Task	Make a Decision
Opening		5 minutes						
1	Welcome/Call to Order	Yvonne O'Shea called the meeting to order.						
2	Approve minutes of prior meeting dated: 4/27/17	Danyelle Westbrook made a motion to approve the minutes from the 4/27/17 meeting. Will Pippin seconded it. Motion carried. Yvonne O'Shea reviewed the agenda and made adjustments.						
3	Review Agenda							
Guest(s) (if any)								
4	Guests	Timothy Caughlin, Leah Daniels-Farren, Laurie Estochen						
Old Business		None						
New Business		30 minutes						
1	Mindfulness	Leah Daniels-Farren, School Psychologist and Teachers Laurie Estochen and Timothy Caughlin shared their experience of using MINDFULNESS in the classroom. MINDFULNESS IS: <ul style="list-style-type: none"> • Being conscious of your surroundings and your thoughts • Having an awareness of your thoughts and feelings • Focusing on the present and your mind and body in the moment • Research base MINDFULNESS CAN <ul style="list-style-type: none"> • Increase executive functions (focus, memory, sustained attention, prioritization) • Strengthen pathways in the brain associated with happiness, 						

		<p>relaxation, and concentration</p> <ul style="list-style-type: none"> • Clinically reduce stress • Decrease cortisol levels within the body • Increase one's ability to control thoughts and emotions
2	AIS – Title I Parent Info Meeting	<p>Yvonne O'Shea shared with the group the Title I Parent documents. They included :</p> <ul style="list-style-type: none"> • Title I, Part A Coordination of Services • Title II, Teacher and Principal Training • Title I, Description of Homeless Services <p>The committee was able to ask questions and discuss.</p>
3	Outstanding Student Achievement Award	<p>An explanation of the Outstanding Student Achievement Award criteria along with two student nominees was given to the committee for review, discussion, and selection. One student was chosen and will be invited to receive the award at Awards Night on Tuesday, June 6th.</p>
<i>Closing</i>		10 minutes
1	Building Council	Yvonne O'Shea thanked the committee for their hard work and support.