

2018-19 Student-Athlete & Parent Handbook

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Introduction

The LUSD athletic programs are administered by the by-laws of the C.I.F., the Sac-Joaquin Section, the Tri-City Athletic League, and the policies and procedures of the Lodi Unified School District and Tokay High School. Every effort is made by the athletic department to be fair and consistent to all of our student athletes, and at the same time be compliant with the rules and policies of all our governing bodies.

The purpose of this handbook is to welcome prospective student athletes to Lodi Unified School District's athletic program, and to provide you with the information needed to successfully participate in interscholastic athletics. We are extremely proud of our athletic programs, and we welcome you to share in and to help continue to build the tradition.





Sports Offered at Tokay

Fall Sports	Winter Sports	Spring Sports
Cross Country (B/G)	Basketball (B/G)	Badminton (B/G)
Football	Wrestling (B/G)	Baseball
Golf (G)	Soccer (B/G)	Golf (B)
Tennis (G)		Softball
Volleyball (G)		Swimming (B/G)
Water Polo (B/G)		Tennis (B)
		Track & Field (B/G)



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Philosophy

The Lodi Unified School District athletic programs are a continuation of the classroom. Their purpose is to educate. The **privilege** of athletic participation is earned through the maintenance of proper standards of attitude, attendance, and achievement. Through participation in athletic centered interscholastic activities, Lodi Unified School District students will develop values, attitudes and skills for personal growth and for the benefit of our diverse society. Lodi Unified School District is committed to "Pursuing Victory With Honor," a C.I.F. sponsored program in which **our coaching staff makes a commitment to developing student-athletes of character.**

Some of the principals of Victory with Honor include:

- The essential elements of character building and ethics in CIF sports are embodied in the concept of sportsmanship and six core principles: trustworthiness, respect, responsibility, fairness, caring and good citizenship. The highest potential of sports is achieved when competition reflects these "six pillars of character."
- It's the duty of School Boards, superintendents, school administrators, parents and school sports leadership -including coaches, athletic administrators, program directors and game officials to promote sportsmanship and foster good character by teaching, enforcing, advocating and modeling these "six pillars of character."
- Participation in school sports programs is a privilege, not a right. To earn that privilege, student-athletes must abide by the rules and they must conduct themselves, on and off the field, as positive role models who exemplify good character.
- All participants in high school sports must consistently demonstrate and demand scrupulous integrity and observe and enforce the spirit as well as the letter of the rules.
- Everyone involved in competition including parents, spectators, associated student body leaders, and all auxiliary groups have a duty to honor the traditions of the sport and to treat other participants with respect. Student-athletes should refrain from disrespectful conduct, including verbal abuse of opponents and officials, profane or belligerent trash-talking, taunting and inappropriate celebrations.



Objectives

Our athletes will have the opportunity to demonstrate athletic skills and to experience the excitement and camaraderie of positive competition through sport. They will develop a commitment to hard work, honesty, responsibility, education, and respect for others. Athletes will demonstrate the principles of equity, leadership, and sportsmanship. The objectives of the LUSD athletic program are inherent in the following belief statement of our coaching staff:

- We believe students are our highest priority.
- We believe the dignity, worth, and self-esteem of participants should be paramount in all athletic activities.
- We believe the most important result of competition is the development of lifelong values and skills.
- We believe the athletic program is an integral part of the high school experience.
- We believe high school athletics should be fun and rewarding.
- We believe athletic programs are most beneficial when they are competitive.
- We believe winning is an attitude resulting from optimum preparation, concentrated effort and a deep commitment to excel.
- We believe well-designed athletic programs promote community and school pride.
- We believe open communication and mutual respect among coaches, parents, and athletes provide the foundation of a successful athletic program.
- We believe morale, satisfaction, and performance are enhanced when athletes work together as a team.
- We believe well qualified coaches and program administrators are important components in a successful athletic program.
- We believe positive parent support and involvement enhance student growth and program quality.



Athletic Awards

The requirements to earn athletic awards are generally outlined here. Each sport may have unique requirements for that sport to earn the award for that level of sport. Each Coach will discuss the sport specific requirements for that sport with their respective athletes.

Freshmen Teams: a freshman who completes the season in good standing qualifies for:

- Three inch numerals indicating the athlete's graduating year (given for first frosh team played on only).
- A certificate of participation for each subsequent freshmen team the athlete competed for
- A freshman earning a varsity letter will be governed by the varsity award system.

Sophomore Teams: a freshman or sophomore who completes the season in good standing qualifies for:

- A four inch diameter "School Patch" (given for first sophomore team played for only).
- A certificate of participation for each subsequent sophomore team the athlete competed for.
- A sophomore earning a varsity letter will be governed by the varsity award system.

Varsity Teams: student-athletes who complete the season in good standing qualify for:

First Year Varsity

- A chenille Varsity Block letter. Only one block letter will be given to an athlete for their athletic career.
- An emblem of the sport. Athletes will be given an emblem for each varsity sport completed.
- A certificate of participation for each subsequent varsity sport the athlete competed for.
- Other awards as determined by school and sport.

Second Year Varsity

• A chenille Tiger Head. Only one Tiger Head will be given to an athlete for their athletic career.

Third Year Varsity

• A certificate of participation in each sport the athlete competed for.

Fourth Year Varsity

• A four year plaque for each varsity sport the athlete is a fourth year varsity letterman.

League Awards: The TCAL recognizes outstanding performers with All-League awards.

• First Team All-TCAL honorees receive a patch.

Scholar Athlete Awards: Students must earn a cumulative 3.50 GPA to be considered.



Going out for a Sport—Process

ATHLETIC ELIGIBILITY

Whether coming out for a sport for the first time or coming out for a sport from another sport, each athlete must meet the following requirements before he/she may participate in practice or in a game:

- You must pass a physical examination (good for one calendar year).
- Your parent/guardian and you must complete the registration process at AthleticClearance.com which includes signing a Physical History & Permission Form, Concussion Information Sheet, evidence of health insurance coverage, the Student Code of Conduct, Parent Code of Conduct and Informed Consent to Participate in Athletics forms online.
- You must be academically eligible (see Academic Eligibility)
- You must have residential eligibility (see Residential Eligibility).
- Foreign exchange students must register with the Athletic Director and fill out transfer paperwork with the Sac-Joaquin Section for eligibility
- Transfer students must register with the Athletic Director and fill our transfer paperwork with the Sac-Joaquin Section for eligibility

TRY-OUTS

Student athletes will have a minimum 3-day try-out period starting from the first day try-outs are held as determined by the CIF Sac-Joaquin Section Season of Sport Calendar. If a student misses the try-out period, he/she will miss the opportunity to try-out. The exceptions to this are as follows:

- Athletes coming from a sport, which has not concluded, will have 3 practice days from the day of the last game to try-out.
- Athletes may pre-arrange with a coach to extend the try-out period. This must occur in advance and is solely at the discretion of the coach.
- Athletes that do not complete the previous season of sport may not try-out for the next season of sport until the current season concludes (ends league or post-season play, whichever is longer).
- Athletes cut from a team may participate in any other sport that is available that season, unless athlete was removed from a team for disciplinary reasons or they are no longer in the try-out window.
- Athletes who quit a sport after the first three weeks will not be eligible for any sports the remainder of that particular season. They will forfeit all awards.



PHYSICAL EXAM

C.I.F. Sac-Joaquin By-law states that an annual physical examination, or a statement by a medical practitioner, certifying that the student is physically fit to participate in athletics is required before a student may try out, practice, or participate in interscholastic athletic competition.

Tokay High School provides an opportunity each school year in May to obtain a physical examination. Check the school bulletin or website for specific dates and times physicals are offered.

The cost of a physical is \$20. Checks should be made payable to Tokay Athletics. Cash is also accepted.

If you miss the scheduled school physical or you wish to have a physical exam conducted privately, you must schedule your own appointment at your own expense. Your physician must complete the physical form provided that can be found on the athletics website.

HEALTH INSURANCE

To participate in the athletic program, the student athlete must have health insurance which provides coverage in the event of sport related injury.

If a student athlete does not have health insurance, the athlete must purchase sports related medical coverage. The Athletic Department has forms for insurance through Meyer-Stevens. The cost of this coverage is reasonable and the insurance meets the minimum required coverage. A physical examination is valid for one calendar year. New physical exams are required upon expiration of current physical. Check with the Athletic Department if you are unsure of your physical expiration date.



CIF Eligibility

ACADEMIC ELIGIBILITY

Lodi Unified School District's policy is that a student must be scholastically eligible to compete in any athletic contest during that season of sport. If a student is not scholastically eligible, he/she is not athletically eligible. If a student becomes scholastically eligible mid-season, that student becomes athletically eligible immediately. Lodi Unified School District policy allows the varsity head coach of each respective sport to determine whether or not to:

- Allow a student to practice with a team while attempting to gain academic eligibility.
- Allow a student to join a team mid-season after becoming academically eligible.

In order to be scholastically eligible, a student athlete must meet the following C.I.F. requirements:

- The student must be enrolled at the school for which they wish to participate in athletics.
- The student must be currently enrolled in at least 20 semester periods of work.
- The student must have passed at least 20 semester periods of work at the completion of the previous regular grading period.
- The student must be maintaining minimum progress toward meeting the high school graduation requirements as prescribed by the governing board.
- The student has maintained during the previous grading period a minimum of a 2.0 grade point average on a 4.0 scale in all enrolled courses.
- The student must maintain a 2.0 grade point average with no more than one F grade.

In addition, Lodi Unified School District requires:

• The student be enrolled in a minimum of five classes, or four classes the second semester of the senior year.

Academic eligibility for participation in extra-curricular activities shall be determined at the end of each grading period: first quarter, first semester, third quarter, and second semester. Eligibility shall be determined at the end of the two-week break after each quarter. Athletic Departments shall have 10 working days from the issuance of report cards to determine academic eligibility of athletes and notify coaches of ineligible athletes. At the end of the 1st and 2nd semesters, the semester grades will be used to determine eligibility, not the 2nd and 4th quarter grades. Athletes that are deemed ineligible shall not compete for their respective teams.

Penalty: If an athlete participates (plays or suits up) for a competition while being ineligible, the school must forfeit the game.



Second semester grades will determine eligibility for the first quarter of the next school year. Summer School make-up is acceptable for first quarter eligibility. (If summer school classes are repeats of classes taken during the regular school year, the higher grade is used to calculate the grade point average. If summer school classes are not repeats of classes taken during the regular school year, the grade is averaged with grades received during the regular school year.) **LUSD**

Semesters of Attendance (C.I.F. By-law)

Board Rule 6145

A student who first enters the ninth grade of any school following the student's completion of the eighth grade in any school may be eligible for athletic competition during a maximum period of time that is not to exceed eight consecutive semesters following the initial enrollment in the ninth grade of any school, and said eligibility must be used during the student's first eight consecutive semesters of enrollment at that school or any other school.

Independent Study/Home Study: (C.I.F. By-law)

Students who are enrolled in programs under the jurisdiction of a member school's governing body are not eligible to participate in CIF competition. Such programs would include, but are not limited to, home schooling or home study wherein parents or other persons are responsible for instruction or evaluation.

A student enrolled in Independent Study Program is residentially eligible at the school in whose attendance are he/she resides, or where the student most recently established his/her residential eligibility. There may be additional conditions that must be necessarily met prior to eligibility being granted. Check with your Athletic Office.

• Independent Study students shall provide documentation proving their enrollment in required coursework and/or academic achievement in completed courses.

Age Requirement (C.I.F. By-law)

No student whose nineteenth (19) birthday is attained prior to June 15, shall participate or practice on any team. A student whose 19th birthday is on June 14, or before, is ineligible to compete in high school athletics during the next school year.

Residential Eligibility

A student has residential eligibility upon initial enrollment in:

- The ninth grade of any C.I.F. high school
- Tenth grade of any C.I.F. high school from the ninth grade of a junior high school, or
- Any C.I.F. school as a member of an approved foreign exchange program as outlined in By-law 212.



When entering high school as an incoming 9th grader, residential eligibility for the purpose of athletic eligibility is determined as follows:

- Student must live with parents, custodial parent, or legal guardian within the high school attendance area. The school registrar will make this determination. OR,
- If the student lives within Lodi Unified School District boundaries, but outside the high school attendance area, the student must file an application and be accepted for open enrollment, or apply for and be accepted on an Intra-district Agreement. OR,
- If the student lives outside Lodi Unified School District, the student must have an Interdistrict agreement on file at the District Office.

If one of the above three conditions of residential eligibility is not met, then athletic eligibility will not be given.

Penalty for Provision of False or Fraudulent Information (C.I.F. By-law)

If it is discovered that persons associated with the student or the school (coach, teachers, parents, friends, etc.) provided false information in order to fraudulently gain favorable eligibility status for a student, that student is subject to immediate ineligibility for competition at any section member school at any level in any sport for a period of up to 12 calendar months from the determination that false information was provided whether the student was aware of the fraudulent information or not.

Further, any contests in which a student or students participated based on false information or fraudulent practices regarding eligibility status shall be forfeited according to the guidelines set in accord to the rules of the C.I.F. section. Forfeited games due to participation of an ineligible player may result in the loss of that team's opportunity to win a championship, to participate in section play-offs, not to mention the frustration and mental anguish suffered by other team members upon realizing that their hard work and dedication has been for naught.

Student Participation-Conduct Penalty

Student participation in athletic contests is a privilege. As a student-athlete, one is expected to conduct oneself in an exemplary manner at all times. During participation in all CIF competition, a student who is ejected or disqualified from participating in the remainder of said contest will be ineligible for the team's next contest.

In addition, any student-athlete who physically assaults a game or event official shall be banned from interscholastic athletics for the remainder of the student's interscholastic eligibility.

Note: A game or event official is defined as a referee, umpire or other official assigned to interpret or enforce the rules of competition at an event or contest.



Note: A physical assault is the intentional infliction of, or an attempt to inflict harm or offensive touching or contact upon the person of an official. Note that the rule is violated even if no contact is made with the person or official. All that is required is the "attempt".

Transfer Eligibility (CIF Bylaw)

A student may have transfer eligibility provided the student is compelled to move from any school to a C.I.F. school due to

- A valid change of residence from one school attendance area (School A) to the attendance area of the new school (School B) by the parents or legal guardian(s) with whom the student was living when the student established residential eligibility at the prior school, or
- A ruling by the Board of Education of a school district which has two or more high schools, provided the change of schools is not the result of disciplinary action.

Note: CIF transfer forms must be filled out on all transfer students. See the Athletic Director for proper forms. Avoiding this process may affect your athletic eligibility as well as the school's standing with the CIF.

Changing Schools By Intra/Inter-District Transfers/Open Enrollment

Any student transferring under the provisions of open enrollment board policy, public or private, will have immediate residential eligibility upon transfer from school A to school B, subject to the following limitations:

- Only one transfer is allowed during the student's high school career after initial enrollment as a ninth grader in a four-year high school or a three-year high school
- The transfer must be completed during the first 15 days of the new academic school year at school B
- The transfer must not be as a result of a disciplinary action
- The receiving school B must certify that no consideration was given to the athletic performance of the student accepting the transfer
- The process for selection of students, when the number of applicants exceeds the number that can be accommodated shall be random and unbiased

Note: CIF transfer forms must be filed on all transfers no matter what their circumstances might be. See the Athletic Director for the proper forms. Avoiding this process may affect your athletic eligibility as well as the school's standing with the CIF.



Changing Schools – SOP (Sit-Out Period)

- An incoming 10th grader will have an option of competing immediately at the frosh-soph or JV level without any SOP. A student choosing this option will not be eligible to compete at the varsity level, including post-season competition, in that sport for the remainder of the school year.
- A transfer student who competed in more than one sport the previous year will receive a SOP for any of the same sports they compete

Note: CIF transfer forms must be filed on all transfers no matter what their circumstances might be. See the Athletic Director for the proper forms. Avoiding this process may affect your athletic eligibility as well as the school's standing with the CIF.

"Undue Influence" - Recruitment of Athletes (CIF By-law)

The use of undue influence by any person or persons to secure or retain a student or to secure or retain one or both parents or guardians of a student as residents may cause the student to be ineligible for high school athletics for a period of one year and shall jeopardize the standing of the high school in the CIF Undue influence is any act, gesture, or communication (including accepting material or financial inducement to attend a CIF member school for the purpose of engaging in CIF competition regardless of the source) which is performed personally, or through another, which may be objectively seen as an inducement, or part of a process of inducing a student, or his or her parent or guardian, by, or on behalf of, a member school for athletic purposes.

Always check with your school Athletic Director or Principal before you change schools to determine whether it will affect your eligibility.

Competing Under a Name Other Than Your Own or Falsifying Your Address

Any student whose address or name has been falsified in order to achieve residential eligibility will be ineligible in all interscholastic athletic competition for a period of one year from the date the infraction is verified.

Competition on an Outside Team

A student on a high school team becomes ineligible if the student competes in a contest on an "outside" team in the same sport during the student's high school season of sport.

It is permissible for a high school team member to participate in spontaneous recreational activity or game in which sides or teams are chosen without regard to players representing any group or organization. Such participation would not cause loss of eligibility.



Expectations Of Student-Athletes

Along with the privilege of competing for and representing your school on the athletic field comes responsibilities and expectations. Athletes are held to a higher standard because of their high visibility. Names and pictures appear in local newspapers. Peers, teachers, and community members know high school athletes and who they represent. If our athletic program expects to continue to receive broad support and respect, we must work hard to earn it each and every day. Our actions are scrutinized not only on the field of play, but in the classroom, around the campus, and throughout the Lodi/Stockton community. "Be the best you can be . . . every day, in every way, on every play!" This commitment to 'total effort' is what a student-athlete is all about . . . and this is what high school athletics is all about. Winning is not an outcome, it is an attitude!

SPORTSMANSHIP

Positive sportsmanship is an expectation of our athletic program. Teams are expected to play "harder" than our opponents, but also are expected to play within the rules of the sport and the boundaries of clean and fair play. All LUSD coaches ascribe to and teach the "Six Pillars of Character" (trustworthiness, respect, responsibility, fairness, caring, and citizenship) as outlined in the CIF's "Pursuing Victory With Honor" program to promote better sportsmanship. Principal's Responsibility (CIF By-law 302.3): Any player ejected, or any player who leaves the confines of the bench or team area during a fight that may break out or has broken out shall be disqualified from participating in the remainder of the game and will be ineligible for the team's next contest. Any athlete who plays in the next game following his/her ejection will be treated as an ineligible player for that game. Physical Assault (C.I.F. Sac-Joaquin Section By-law): If an athlete physically assaults an event or game official, he/she shall be banned from interscholastic athletics for the remainder of the student's eligibility.

SUBSTANCE ABUSE AND INAPPROPRIATE ACTIVITY

Student-athletes are expected not to use, possess, or sell alcohol, controlled substances (drugs) or tobacco 24 hours a day, seven days a week at any time during the school year. This applies when the student is both at school and not at school is verified by a school district employee or law enforcement personnel. The athlete will be subject to the athletic penalties noted below, including a 45 school day social probation. Athletes suspended for fighting, will automatically be put on the 45 school day social probation. Failure to follow this expectation will bring consequences for an athlete, in addition to the school district's suspension and expulsion consequences for all students.

First Offense



- Athlete will be removed from the athletic team for the remainder of the season
 and may not participate in another sport until the current season ends, which
 includes any post season games or tournaments. Awards earned will be forfeited.
 In addition, the athlete will be subject to the school's discipline code, which
 involves suspension from school up to five days and a 45 school day social
 probation. A student on social probation may not participate in or attend any cocurricular events.
- Important... Read Carefully! If a student is serving a 45 day social probation at the time of try-outs for a new season of sport, that student is ineligible and will miss the opportunity to play for that season of sport. If the first offense involves drugs, the school will notify the police department.

Repeat Offense

- A repeat substance abuse offense will result in the elimination from all sports for the remainder of the school year or for the next season of sport, whichever is more. An athlete will receive only one first offense. All other offenses will be considered repeat offenses during the athlete's four years within Lodi Unified School District.
- Important... Read Carefully! If an athlete in season or out of season uses and/or is in possession of alcohol or drugs at a non school related event, and this can be verified by a school district employee or law enforcement personnel, the athlete will be subject to the athletic penalties outlined above, including a 45 school day social probation.

Anabolic Steroids

Students participating in interscholastic athletics are prohibited from using steroids and dietary supplements banned by the U.S. Anti-Doping Agency as well as the substance synephrine.

Before participating in interscholastic athletics, a student athlete and his/her parent/guardian shall sign a statement that the student athlete pledges not to use androgenic/anabolic steroids and dietary supplements banned by the U.S. Anti-Doping Agency and the substance synephrine, unless the student has a written prescription from a licensed health care practitioner to treat a medical condition.

A student who is found to have violated the agreement or this policy shall be restricted from participating in athletics and shall be subject to disciplinary procedures including, but not limited to, suspension or expulsion in accordance with law, Board policy, and administrative regulation.



Coaches shall educate students about the district's prohibition and the dangers of using steroids and other performance-enhancing supplements.

PERSONAL BEHAVIOR

The following outlines the obvious areas of personal ethics along with the consequences for unethical conduct:

- Any athlete who is found guilty of stealing or defacing school or personal property will be dismissed from the team.
- Profane or obscene language, or any act of vulgarity is not acceptable. Violators will be disciplined by the Coach and may also face school disciplinary action.
- Athletes are expected to treat their opponents with respect before, during, and after games. Athletes showing poor sportsmanship towards opponents or officials will be disciplined by the Coach and may also face school disciplinary action.
- Athletes are expected to attend all classes, be on time, turn in their assignments on time, seek help from the teacher when necessary, have a positive attitude towards their peers and teachers, and be a good citizen. Failure to do so will result in discipline from the Coach.
- An athlete must be in class for four full periods to practice or play in a game that day. If an athlete is not in four full periods of class, he/she becomes ineligible to compete that day. Special circumstances may be handled by the athletic director
- An athlete who is suspended from school may not participate in practices or games for the duration of the suspension, including holidays, weekends, and breaks.
- Attendance at practice, scrimmages, team meetings, and games is required.

 Absences not excused by the Coach in advance may result in disciplinary action and possible removal from the team.

DISMISSAL FROM A TEAM

Dismissal from a team is the last action a coach should take in attempting to discipline a student athlete. Suspension, additional work, counseling are alternative ways of dealing with discipline problems. The following reasons may warrant dismissal:

- Failure to maintain required academic standards (passes 20 semester units the previous semester and maintains passing grades in current classes).
- Violation of CIF of league rules governing eligibility, age, residence.
- Suspension from school for reasons other than athletic, such as truancy, fighting.
- Smoking, chewing tobacco, use of drugs, or drinking alcoholic beverages.
- Absent from practice or contests without a legitimate excuse.



- Improper conduct.
- Stealing.
- Use of obscene language and/or profanity.
- Insubordination to either coaches or other school personnel.
- Violation of team conduct policies.

COMPETITION ON AN OUTSIDE TEAM (C.I.F. Sac-Joaquin Section Bylaw)

A student on a high school team becomes ineligible if the student competes in a contest on an "outside" team, in the same sport, during the student's high school season of sport. The one exception to this rule is the sport of soccer.

The penalty for competing on an outside team is severe. For a first offense, the athlete becomes immediately ineligible to compete for the school team for a number of contests equal to twice the number of contests of outside competition in which the student athlete participated. The school team would forfeit all the games the athlete participated in after competing for the outside team.

It is permissible for a high school team member to participate in a spontaneous recreational activity or game in which sides or teams are chosen without regard to players representing any group or organization. Such participation would not cause loss of eligibility.

YOU ARE INJURED — PROCEDURE

Report all injuries immediately to the Coach or Athletic Trainer if available. The Coach will file an Injury Report with the Athletic Department.

EQUIPMENT

All equipment issued to you is owned by the school and LUSD. Please treat your equipment with respect. You are responsible to pay for stolen or lost equipment or uniforms (including altered uniforms) at the replacement cost. Athletes may not use personal equipment when equipment is provided by LUSD. Equipment must be turned in at the conclusion of the sport season. A fine/hold will be placed on the student's account until the equipment is turned in. This hold will not allow students to receive their report cards, diploma, check out of school or go to school sponsored extra-curricular activities.

TRANSPORTATION POLICY

All athletes will ride the bus or van to athletic events when a bus or van is provided to transport a LUSD team. The athletes will board the bus or van at the school and will return to the school on the bus or van after the athletic event.



In the case of an emergency, a coach may let an athlete leave after the athletic event with their parents (not friends, siblings, or other parents). This decision should be made only in emergency situations and not on a regular basis. It is important for a number of reasons, including liability factors, that this policy be strictly enforced.

In cases where an athlete is allowed to leave with their parents, the coach must have prior notification and a written note from the parents indicating that they are assuming responsibility for their son or daughter.

In the event when transportation is not provided by LUSD, it is the parents' responsibility to see that their athlete is transported the contest. Under some circumstances, coaches may arrange for athletes to be transported via car pools in private vehicles. In such circumstances, the coach and/or the athletic department will ensure that all district guidelines and paperwork required for the use of private vehicles has been completed by athletes, parents, and volunteer vehicle drivers prior to allowing students to be transported. Students may not be transported via private vehicle without completion of all required paperwork.



PERSPECTIVE ON SCHOLARSHIPS

Many high school athletes dream of becoming a college star or professional athlete. These are noble dreams but somewhat unrealistic for most high school athletes. Many parents dream of their son or daughter receiving a "full ride" to play a sport at a Division 1 college or university. That, too, is unrealistic for most student athletes.

Participation in athletics is highly valued in the Lodi community. The importance of scholarships, however, must be placed in a broader perspective. The type of athletic program offered at LUSD high schools emphasizes discipline, character, and cooperation. Athletics accentuate the classroom and places a priority on education. We do not emphasize winning at all costs, and we do not feature one athlete ahead of the interests of the team. We believe in dedication, unselfishness, and hard work.

The LUSD coaching staff wants every athlete who is deserving of a scholarship to get one. Coaches will do everything possible to help athletes get to college and to procure scholarships.

Parents and student athletes are encouraged to consult with their high school guidance counselor and coach as soon as possible regarding the NCAA and NAIA eligibility requirements.

