



# SIGNATURE PROGRAMS

21<sup>ST</sup> CENTURY LEARNING @ND

## SPORTS MEDICINE PROGRAM



## About Sports Medicine at ND

ND's new Signature Program in Sports Medicine allows students to explore potential careers in Sports Medicine and Athletic Training. ND graduates will have an edge in applications to competitive college programs.

**“Athletic Training and Sports Medicine are two of the fastest growing fields in the Health Sciences. Our partners at Yale University and Connecticut Orthopaedic Specialists allowed us to deliver a current curriculum with real-life case studies alongside field experts.”**

**- MR. JOHN WARRICK, ATHLETIC TRAINER AND SCIENCE FACULTY**

### SPORTS MEDICINE PROGRAM HIGHLIGHTS

Students will learn by doing. The **three-year program** includes 30 clinical hours. Students learn the essentials of Athletic Training and Anatomy and Physiology. With professionals from Yale University and Connecticut Orthopaedic Specialists acting as advisors to the program, students will have regular interactions with coaches, athletes, parents, and doctors. Coursework will emphasize **real-life problem-solving situations** and **practical application of theory**.

### PROGRAM COURSEWORK

Fundamentals of Athletic Training, Anatomy & Physiology, Essentials of Strength and Conditioning, Exercise Physiology, Principles of Coaching

### PROGRAM OUTCOMES

- Students completing the coursework and required practical hours will receive a Certificate of Completion on their Notre Dame transcript.

Learn more about ND Signature Programs at  
[www.NotreDameHS.com/Academics/SignaturePrograms](http://www.NotreDameHS.com/Academics/SignaturePrograms)