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8421 Allegheny Grove Blvd Victoria, MN 55386

## Results for Central Lakes Champs on 10/16/2018

Girls Varsity (Dist: 5000 meters)

Eagle Creek Golf Club

Willmar, MN

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### Team Results

| Pl | Team            | Score | R1 | R2 | R3 | R4 | R5 | R6 | R7 |
|----|-----------------|-------|----|----|----|----|----|----|----|
| 1  | Willmar         | 40    | 2  | 3  | 4  | 15 | 16 | 22 | 33 |
| 2  | Alexandria      | 52    | 6  | 7  | 8  | 10 | 21 | 28 | 29 |
| 3  | Rocori          | 56    | 5  | 9  | 11 | 14 | 17 | 19 | 20 |
| 4  | Sartell         | 80    | 1  | 12 | 18 | 23 | 26 | 27 | 31 |
| 5  | Fergus Falls    | 157   | 13 | 25 | 35 | 41 | 43 | 44 | 45 |
| 6  | Brainerd        | 171   | 24 | 34 | 36 | 38 | 39 | 40 | 42 |
| 7  | St Cloud Apollo | 214   | 30 | 32 | 48 | 50 | 54 | 55 | 56 |
| 8  | St Cloud Tech   | 230   | 37 | 46 | 47 | 49 | 51 | 52 | 53 |

### Individual Results

| Pl | Tm | Bib-Name                  | Team         | Gr | M/F | Time    | Per Mi | Per Km |
|----|----|---------------------------|--------------|----|-----|---------|--------|--------|
| 1  | 1  | 5443-Ingrid Buiceag-Arama | Sartell      | 10 | F   | 19:18.2 | 6:12.7 | 3:51.6 |
| 2  | 2  | 5652-Serena Monson        | Willmar      | 12 | F   | 19:21.7 | 6:13.9 | 3:52.3 |
| 3  | 3  | 5642-Leah Hansen          | Willmar      | 12 | F   | 19:31.7 | 6:17.1 | 3:54.3 |
| 4  | 4  | 5658-Heidi Schmitz        | Willmar      | 12 | F   | 19:40.3 | 6:19.9 | 3:56.0 |
| 5  | 5  | 5400-Merideth Theis       | Rocori       | 8  | F   | 19:40.7 | 6:20.0 | 3:56.1 |
| 6  | 6  | 4973-Jaelyn Miller        | Alexandria   | 7  | F   | 19:45.8 | 6:21.6 | 3:57.1 |
| 7  | 7  | 4944-Caitlin Bright       | Alexandria   | 11 | F   | 19:46.2 | 6:21.8 | 3:57.2 |
| 8  | 8  | 4971-Aleah Miller         | Alexandria   | 9  | F   | 19:46.4 | 6:21.8 | 3:57.2 |
| 9  | 9  | 5394-Paige Larsen         | Rocori       | 7  | F   | 19:54.6 | 6:24.5 | 3:58.9 |
| 10 | 10 | 4972-Bethany Miller       | Alexandria   | 11 | F   | 20:07.6 | 6:28.6 | 4:01.5 |
| 11 | 11 | 5396-Katelyn Motter       | Rocori       | 8  | F   | 20:14.1 | 6:30.7 | 4:02.8 |
| 12 | 12 | 5462-Hannah Spoden        | Sartell      | 9  | F   | 20:14.9 | 6:31.0 | 4:02.9 |
| 13 | 13 | 5354-Emily Nuss           | Fergus Falls | 10 | F   | 20:15.3 | 6:31.1 | 4:03.0 |
| 14 | 14 | 5393-Ava Larsen           | Rocori       | 9  | F   | 20:16.3 | 6:31.4 | 4:03.2 |
| 15 | 15 | 5647-Lyndi Koosman        | Willmar      | 7  | F   | 20:30.8 | 6:36.1 | 4:06.1 |
| 16 | 16 | 5634-Amel Dayib           | Willmar      | 12 | F   | 20:41.4 | 6:39.5 | 4:08.2 |
| 17 | 17 | 5391-Carley Kremer        | Rocori       | 11 | F   | 20:44.8 | 6:40.6 | 4:08.9 |
| 18 | 18 | 5447-Emily Driste         | Sartell      | 12 | F   | 20:49.3 | 6:42.1 | 4:09.8 |
| 19 | 19 | 5401-Laina Viere          | Rocori       | 8  | F   | 20:50.3 | 6:42.4 | 4:10.0 |
| 20 | 20 | 5385-Selma Dingman        | Rocori       | 8  | F   | 20:53.2 | 6:43.3 | 4:10.6 |
| 21 | 21 | 4942-Heavyn Bordak        | Alexandria   | 11 | F   | 20:54.6 | 6:43.8 | 4:10.9 |

|    |     |                           |                  |    |   |         |        |        |
|----|-----|---------------------------|------------------|----|---|---------|--------|--------|
| 22 | 22  | 5635-Elsie Duinick        | Willmar          | 12 | F | 20:59.5 | 6:45.3 | 4:11.9 |
| 23 | 23  | 5446-Mady Dockendorf      | Sartell          | 7  | F | 21:00.5 | 6:45.7 | 4:12.1 |
| 24 | 24  | 5276-Bridget Collins      | Brainerd         | 8  | F | 21:03.4 | 6:46.6 | 4:12.6 |
| 25 | 25  | 5357-Aspen Rohde          | Fergus Falls     | 7  | F | 21:03.6 | 6:46.7 | 4:12.7 |
| 26 | 26  | 5455-Ashley Nelson        | Sartell          | 7  | F | 21:10.5 | 6:48.9 | 4:14.1 |
| 27 | 27  | 5456-Genet Nies           | Sartell          | 7  | F | 21:11.4 | 6:49.2 | 4:14.2 |
| 28 | 28  | 4948-Taelor Dummer        | Alexandria       | 10 | F | 21:13.2 | 6:49.8 | 4:14.6 |
| 29 | 29  | 4949-Emma Ecker           | Alexandria       | 9  | F | 21:20.2 | 6:52.0 | 4:16.0 |
| 30 | --- | 4953-Stormy Hegg          | Alexandria       | 12 | F | 21:21.2 | 6:52.3 | 4:16.2 |
| 31 | 30  | 5550-Julia Karls          | St Cloud Apollo  | 12 | F | 21:24.5 | 6:53.4 | 4:16.9 |
| 32 | 31  | 5439-Emily Bakken         | Sartell          | 10 | F | 21:38.1 | 6:57.8 | 4:19.6 |
| 33 | 32  | 5558-Brooke Verkinnes     | St Cloud Apollo  | 9  | F | 21:41.8 | 6:59.0 | 4:20.3 |
| 34 | 33  | 5655-Hannah Quinn         | Willmar          | 7  | F | 21:51.8 | 7:02.2 | 4:22.3 |
| 35 | 34  | 5275-Carson Biegen        | Brainerd         | 12 | F | 21:56.3 | 7:03.6 | 4:23.2 |
| 36 | 35  | 5350-Ainsley Hansen       | Fergus Falls     | 9  | F | 21:57.7 | 7:04.1 | 4:23.5 |
| 37 | --- | 5648-Isabel LaRue         | Willmar          | 12 | F | 22:06.3 | 7:06.8 | 4:25.2 |
| 38 | --- | 5388-Mel Illies           | Rocori           | 10 | F | 22:07.2 | 7:07.1 | 4:25.4 |
| 39 | 36  | 5281-Payton Lillo         | Brainerd         | 9  | F | 22:09.5 | 7:07.9 | 4:25.9 |
| 40 | 37  | 5590-Abigail Gans         | St Cloud Tech    | 12 | F | 22:09.9 | 7:08.0 | 4:25.9 |
| 41 | 38  | 5278-Grace Erholtz        | Brainerd         | 12 | F | 22:33.5 | 7:15.6 | 4:30.7 |
| 42 | 39  | 5277-Abigail Dahl         | Brainerd         | 9  | F | 22:35.5 | 7:16.2 | 4:31.1 |
| 43 | --- | 5516-Julia Severson       | Sauk Rapids-Rice | 12 | F | 22:57.3 | 7:23.3 | 4:35.4 |
| 44 | 40  | 5285-Elizabeth Selisker   | Brainerd         | 11 | F | 22:57.8 | 7:23.4 | 4:35.5 |
| 45 | 41  | 5363-MaKenna Stenstrom    | Fergus Falls     | 11 | F | 23:05.4 | 7:25.9 | 4:37.0 |
| 46 | 42  | 5286-Emma Storbakken      | Brainerd         | 10 | F | 23:07.2 | 7:26.4 | 4:37.4 |
| 47 | 43  | 5351-Sierra Hatlewick     | Fergus Falls     | 10 | F | 23:18.2 | 7:30.0 | 4:39.6 |
| 48 | 44  | 5361-Berit Skogen         | Fergus Falls     | 12 | F | 23:31.5 | 7:34.3 | 4:42.3 |
| 49 | 45  | 5362-Ellia Soydara        | Fergus Falls     | 9  | F | 23:36.7 | 7:35.9 | 4:43.3 |
| 50 | 46  | 5596-Nancy Rojas          | St Cloud Tech    | 9  | F | 23:44.2 | 7:38.4 | 4:44.8 |
| 51 | 47  | 5594-Hailey Peltz         | St Cloud Tech    | 9  | F | 23:48.5 | 7:39.7 | 4:45.7 |
| 52 | 48  | 5557-Autumn Ten Voorde    | St Cloud Apollo  | 9  | F | 23:59.6 | 7:43.3 | 4:47.9 |
| 53 | 49  | 5589-Erika Fenstad        | St Cloud Tech    | 12 | F | 24:08.1 | 7:46.0 | 4:49.6 |
| 54 | 50  | 5559-Lily Weitzel         | St Cloud Apollo  | 9  | F | 24:52.7 | 8:00.4 | 4:58.5 |
| 55 | --- | 5518-Emily Sutton         | Sauk Rapids-Rice | 11 | F | 24:55.6 | 8:01.3 | 4:59.1 |
| 56 | 51  | 5595-Anna Ravelo de Tovar | St Cloud Tech    | 12 | F | 25:02.2 | 8:03.5 | 5:00.4 |
| 57 | 52  | 5591-Grace Gilmore        | St Cloud Tech    | 9  | F | 25:20.1 | 8:09.2 | 5:04.0 |
| 58 | 53  | 5592-Ellie Inkster        | St Cloud Tech    | 12 | F | 25:25.7 | 8:11.0 | 5:05.1 |
| 59 | 54  | 5556-Kiley Swenson        | St Cloud Apollo  | 9  | F | 25:40.6 | 8:15.8 | 5:08.1 |
| 60 | 55  | 5552-Melissa Orth         | St Cloud Apollo  | 12 | F | 26:18.7 | 8:28.1 | 5:15.7 |
| 61 | 56  | 5555-Leah Steigel         | St Cloud Apollo  | 12 | F | 26:46.1 | 8:36.9 | 5:21.2 |

10/17/2019

Print GSE Cross Country Results

|    |     |                        |                  |    |   |         |        |        |
|----|-----|------------------------|------------------|----|---|---------|--------|--------|
| 62 | --- | 5549-Marisa Farag      | St Cloud Apollo  | 12 | F | 26:47.3 | 8:37.3 | 5:21.4 |
| 63 | --- | 5514-Ali Kremer        | Sauk Rapids-Rice | 10 | F | 27:46.1 | 8:56.2 | 5:33.2 |
| 64 | --- | 5515-Maureen Schimnich | Sauk Rapids-Rice | 12 | F | 28:49.7 | 9:16.7 | 5:45.9 |