



## PSHE & Citizenship Scheme of Work Year 6 Autumn Term 2018

### Visiting Speakers

#### **Student Council meeting**

**TBC – please check eSchools for updates**

#### **Discover You Sessions**

Mrs Birrell and Mrs Morgan will run these sessions Please do not be late for your session and tell your group when the sessions are – please ask them to write them down in their diaries. Please try to attend as many sessions with your groups as possible – it is vital that the tutor knows what is happening in each session to support the pupils. This is also a great opportunity to get to know your group and will help when writing tutor reports.

#### **Introduction – Monday 10<sup>th</sup> September - All Year 6 – 10.30-11.15 – The Library**

#### **Workshop 1 P7**

Tuesday 11 <sup>th</sup> September	10.30-11.15am 1.15-2pm	6VCW 6CLP
Weds 12 <sup>th</sup> September	8.30-9.10am 10.30-11.15am 1.15-2pm	6LCG 6KEB 6JKS
Thursday 13 <sup>th</sup> September	8.30-9.10am 10.30-11.15am 1.15-2pm	6LAR 6FDB 6NKB
Monday 17 <sup>th</sup> September	10.30-11.15am 1.15-2pm	6RFE 6JEB
Tuesday 18 <sup>th</sup> September	10.30-11.15am 1.15-2pm	6WHB 6HAO
Weds 19 <sup>th</sup> September	8.30-9.10am	6GRH

#### **Workshop 2 P7**

Weds 19 <sup>th</sup> September	10.30-11.15am 1.15-2pm	6VCW 6CLP
Thursday 20 <sup>th</sup> September	8.30-9.10am 10.30-11.15am 1.15-2pm	6KEB 6LCG 6JKS

Tuesday 25 <sup>th</sup> September	10.30-11.15am 1.15-2pm	6LAR 6FDB
Weds 26 <sup>th</sup> September	8.30-9.10am 10.30-11.15am 1.15-2pm	6NKB 6RFE 6JEB
Tuesday 2 <sup>nd</sup> October	10.30-11.15am 1.15-2pm	6GRH 6HAO
Weds 3 <sup>rd</sup> October	8.30-9.10am	6WHB

### **Workshop 3 P7**

Weds 3 <sup>rd</sup> October	10.55-11.55am	6VCW
Thursday 4 <sup>th</sup> October	8.30-9.10am 10.30-11.15 1.15-2pm	6CLP 6KEB 6LCG
Monday 8 <sup>th</sup> October	10.30-11.15am 1.15-2pm	6JKS 6LAR
Tuesday 9 <sup>th</sup> October	10.55-11.55am 1.15-2pm	6FDB 6NKB
Weds 10 <sup>th</sup> October	8.30-9.10am 10.55-11.55am 1.15-2pm	6RFE 6JEB 6GRH
Monday 15 <sup>th</sup> October	10.55-11.55am 1.15-2pm	6HAO 6WHB

Please use the Discover You sessions to facilitate discussions in class.

The Autumn term is very much geared towards preparing the pupils for pre-tests. The SOW below is the PSHEE topics to be covered during the 8.30-9.10 Wednesday morning lesson. For this term, please use daily tutor time to discuss the Discover You programme, recap the sessions and go over any skills they have learnt/will need for their pre-tests. (SEE SEPARATE SHEET). Any questions regarding Discover You please see CHB/LPK.

**Tuesday 13<sup>th</sup> November – Virtual Reality Managing Friendships – From 8.30am – Studio Theatre**

**Please see eSchools/email nearer the time.**

This is a fantastic session using VR to explore bullying and friendships. A schedule will be circulated nearer the time. Do come along if you are free.

Content	Learning Focus	Resources
<p><b>Code of Conduct &amp; Behaviour</b>            Discuss the Code of Conduct with pupils, giving examples of good and unacceptable behaviour.            Tell pupils about RMA's "Caught being good", but stress this behaviour is expected at all times.            Stress manners &amp; Respect.            May be worth a tour round school pointing out who is who in the Upper school and where to find them</p>	<p>To foster a polite and supportive ethos throughout school            To establish a common understanding of expected pupil behaviour</p>	<p>Code of Conduct on Classroom wall</p>
<p><b>All about Me</b>            Pupils introduce themselves to the rest of the tutor group</p>	<p>To get to know each other as a tutor group.            To provide pupils with the opportunity to think about themselves, their family and friends, and to listen to each other</p>	<p><a href="#">Find someone who</a>. this is great for starting a new topic, getting to know pupils, ice breaker. Each person has to fill in someone in the room's name in each box, they can put their name in one/two boxes. First to finish receives a prize.  <u>Suggestions for getting to know me:</u>            *Lots of ideas for icebreakers and games in staffroom – "Circletime activities"            *Pupils could write a poster of 5 facts about themselves, all true except one, others have to guess            *Make a display of posters            *Display of photos, facts &amp; birthdays            *Other ideas on worksheet: "<a href="#">All about me</a>"            * There is a book in the staffroom called "Energisers and Icebreakers" with loads of great ideas - please photocopy and leave in the staffroom!</p>
<p><b>Student Council and Eco Committee Talk – see eSchools for dates</b>            Why it was set up?            How it is run?            What has it achieved?            Please follow up with discussion in tutor group.            Voting for a tutor group representative.            Weekly, please allocate a tutor session to feeding back minutes from School Council and Eco Committee meetings (copies these will be emailed to tutors this year). Then discuss any issues arising and encourage all pupils to contribute ideas</p>	<p>To understand how the school council and eco committee are run and the changes they have made at Danes Hill.</p> <p><b>Pupils who wish to stand need to write a speech and deliver it to the tutor group, the group then have a vote to decide who should represent them</b></p>	<p>Talk from Student Council and Eco Committee Presidents  <a href="#">Voting slips</a></p> <p>A member from last years council/committee will be visiting your tutor group to discuss what being a council/committee representative means</p>
<p><b>Target Setting</b></p>	<p>Establish targets for Autumn term</p>	<p>Use "<a href="#">Target Setting</a>" Worksheet to help complete targets in your</p>

		Tutor Booklets. Please ensure targets are SMART
<b>Setting Ground Rules</b> Work through powerpoint and complete activities as described		1. <a href="#">"Groundrules Rules"</a> Powerpoint 2. Cards of PSHE activities (I will give you these), you will also need pens and paper 3. <a href="#">Suggestions of groundrules</a>
<b>What is Citizenship</b> Work through the power point discussing all issues it raises	To provide the pupils with a basic understanding of Citizenship	<a href="#">"What is Citizenship"</a> power point
<b>The Struggle for the Vote</b> Powerpoint to discuss the history and importance of the voting system Practice voting in a chocolate election – you could bring in chocolate to bring this to life!!	To increase the pupils understanding of the voting system	1. <a href="#">"The Struggle for the Vote"</a> power point 2. <a href="#">"Chocolate Election"</a> powerpoint
<b>Remembrance</b> Look at the history and importance of Remembrance Day. <b>Please time this to coincide with Remembrance day</b>	To look at the identities behind Britain today Develop an understanding of human rights Challenge racism and discrimination	1. Remembrance DVD – on DH Media drive 2. Wordsearch, quiz and missing words paragraph (with answers). This is the link: <a href="#">Remembrance Puzzles Year 6</a> They are also in the staff workroom 3. <a href="#">Newsround</a> The newsround website above also has lots of mini articles and quizzes which will answer any questions the pupils have on remembrance 4. <a href="#">Remembrance</a> Powerpoint – facts about remembrance!
<b>Study Skills</b> Amazing Brains In preparation for studying for exams, pupils learn about their brains, preferred learning styles and learn skills and techniques to develop their learning powers.	To give pupils an understanding of the latest research on the brain. To excite pupils about the potential and power of their brains to learn To develop skills in thinking that will create positive learning experiences	Follow through each lesson and activities in order, each should take about 20 mins. You will need to print sheets as you go. 1. <a href="#">Brain Quiz</a> 2. <a href="#">Warm-up for learning (first page only)</a> 3. <a href="#">See sense</a> 4. <a href="#">Visual1,2 &amp;3</a> 5. <a href="#">Auditory</a> 6. <a href="#">Kinaesthetic</a>
<b>Self Esteem</b> To help develop the self esteem of those lacking in it, and to help others to understand how to support and boost the self esteem of others.	To increase self esteem by presenting oneself in a positive light. Increase awareness of own level of self-care and allow for independent goal setting to improve that level. Improve knowledge of common self-esteem terms and meanings	Self Esteem DVD –on Danes Hill Media drive. Please watch the film in 3 sessions, stopping to discuss how the self esteem of those lacking in it was boosted by others and how to see yourself in a positive light. You could admit teachers lack self confidence too – talk about the supporting roles we can play when others lack confidence. Finish with what they are good at – good prep for interviews in Jan
<b>General Knowledge, IQ, team building and brain teasers - ongoing</b>	To develop the whole brain!	1. I have put books and games in the staffroom for you to help yourselves – please sign out, then back in with a comment. There are a couple of topical crosswords in the tutor booklet. Please use these and any others you find on the

		<p>internet (please let me know of any good ones so I can pass them on).</p> <p>2. There are also logic problems and quizzes in the staffroom (with answers!!). Feel free to photocopy and use as you see fit!</p> <p>3. Also try Guardian website (as below) for news quiz</p> <p>4. BBC website has Seven Day quiz updated every Friday. (Might be worth a glance before to double check suitability!)</p>
<p><b>Current Affairs – ongoing. Please use one tutor session a wee for this.</b></p> <p>Please discuss daily news, its relevance, history and background as it arises. Useful resources:</p> <p><b>Guardian News Desk</b></p> <p>Visit the web site and either work through selected activities or go to the News page</p> <p><b>Newsround</b></p> <p>This website provides a daily 7 minute program of news, and fantastic resources if you want to investigate a story in more detail, or understand the background of a news story in childspak</p> <p><b>Newspapers:</b></p> <p>Pupils should regularly bring in articles from newspapers at home for discussion. <b>Firstnews</b> is available in the library, to be used in tutor periods</p>	<p>To develop the pupils knowledge of the world in which they live and debate issues arising</p>	<p>1) First News – papers available in staff room. <b>THERE ARE NOT ENOUGH FOR 1 PER CHILD! Once you have finished with them please return to the staff room</b></p> <p>First News now have online resources and we are subscribed. You can book out the ipads or use on the whiteboard:</p> <p>Website:  <a href="http://www.firstnews.co.uk/teachers/login">http://www.firstnews.co.uk/teachers/login</a>  Username: <a href="mailto:keat@daneshill.surrey.sch.uk">keat@daneshill.surrey.sch.uk</a>  Password: firstnews</p> <p>Three reading activities:</p> <ul style="list-style-type: none"> <li>· News Quiz</li> <li>· News in Pictures Quiz</li> <li>· Look Closer</li> </ul> <p>2) Guardian Newsdesk:</p> <p>Learnnewsdesk has ceased completely, however the Guardian has moved all of the paid for content on learn.co.uk to it's new FREE site: Guardian Teacher Network (GTN) (<a href="http://www.teachers.guardian.co.uk">www.teachers.guardian.co.uk</a>). The look and feel of the content is still the same but it has been repackaged to allow you to break up elements of the lesson plans so that you can create your own. You will need to register as teacher to download any of the resources (this is free). If you want to create a class login for sharing amongst your pupils, please feel free to do so either using a group email (eg <a href="mailto:class1@xxschool.xxx.xxx">class1@xxschool.xxx.xxx</a>) or individual student details.</p> <p>3) Newsround</p> <p>Excellent daily news, background to stories and activities at  <a href="#">Newsround</a></p>

		4) BBC News <a href="#">BBC News</a>
<b>Stress &amp; Relaxation</b> 1. Watch the CD ROM extract – Stress and Relaxation. If you feel it is relevant with your group, follow up with activities described on Sense program 2. Discuss with pupils and share ideas on how they can relax at times of stress	Start pupils thinking about how they can control their levels of stress, especially at times of pressure	Sense Primary – this is on every computer in all classrooms used for PSHE (type Sense Primary in the search box) See <a href="#">Additional Activities</a> on M Drive/PSHEE for introducing meditation and breathing techniques.
<b>Firework Safety (1)</b> Discuss the importance of fireworks safety	To provide information about the safe use and dangers of fireworks	1. <a href="#">Firework safety</a> 2. Facts and the law: <a href="#">Fireworks and the law</a>
<b>Target Review</b>	Review Autumn Term targets	Tutor Booklets ‘What Went Well’ and ‘Even Better If’ Targets can be carried over into the Spring Term or ‘enhanced’
<b>Christmas and those less fortunate</b> Class discussion on what makes their Christmas special – move on to think about what Christmas means to those less fortunate, using poem as a trigger.	To raise awareness	“ <a href="#">Christmas Poem</a> ” powerpoint