Welcome to the school year, changing leaves and cooler weather!

This start of school has been one of the most joyful of my career. Every day brings more reasons I’m grateful to be part of the Arrowhead family. Classroom communities are growing into collaborative, respectful and exciting places where children learn about their world, themselves and each other. I am sure they are coming home exhausted. I remember when my daughter started kindergarten I was so excited to see her at the end of the day, and had missed her so much, and what I got was a cranky, fretful, hyper and exhausted child who needed to eat and go to bed. As students build up their school-day endurance they will be able to handle more things when they come home. For now, if your child is worn out and cranky, know you’re not alone.

We love having parent volunteers on campus. Children are hungry for attention and we love it when families are on campus to help us take care of and attend to children. Some volunteers have asked what they should do in the event we have an emergency, like a lock down, while they are at school. During drills and emergencies, we use an automated system. A recorded voice speaks instructions over the PA system. Stay calm, follow these instructions, and follow the classroom teacher’s lead. In the event there is an emergency and the automated voice doesn’t play, follow the classroom teacher’s lead. We practice constantly and educators are going to know what to do whatever the situation. The human and natural tragedies schools have experienced provide extensive evidence that educators responded immediately and effectively to emergencies. Just follow their lead and remember, it’s more dangerous in a bathtub than in a school.

Since our August Hawk Herald we have been very busy hiring support staff here at Arrowhead. As many of you know, Erin Person, our school secretary transferred to Inglemoor High School in early September to take on the task of Attendance Secretary. Although we were sad to see her go, we know that with two children in high school working similar hours will be helpful to her family. Inglemoor is very fortunate to have Erin join their team and Arrowhead is so appreciative to Erin for all the years of service as secretary, parent, and PTA Board Member she gave to Arrowhead.

We have made a number of wonderful additions to the Arrowhead family! This week, Heidi Smith joined us in the front office as our new Arrowhead Secretary. Many of you will recognize her as our “lunch lady.” Heidi has worked as Cook Manager at Arrowhead for 3 years. We feel fortunate that she was interested in remaining at Arrowhead by pursuing the challenge of joining the front office. It is wonderful that she knows so many of the students, staff, and parents and will continue to provide fabulous support to all. Suzanne Page has joined us to run the kitchen and feed our students! She comes to us from Leota Middle School. We were impressed with Suzanne’s passion for elementary and are excited to welcome her to the Hawk family. Becky Goldman and Jozlyn Pelk join us as one-on-one para-educators to work with some of our kindergarten and first-grade students. Maya Mincheva has joined us as our classified ELL para-educator and morning playground supervisor. These powerful women are welcome additions to our team.

The Arrowhead community is made strong and joyful because of the partnership between staff and families. We thank you for all you’ve done to launch this school year successfully, and we look forward to everything this year will bring.

Warmly,
Kristin Bailey

Visit from Superintendent Reid – October 19th – 8:30am

Once again Dr. Reid is coming to Arrowhead for a “breakfast visit” with some of our students. This year she will be here before school for a community visit as well. If you would like to meet Dr. Reid and have a chance to chat with her, you are invited to the Arrowhead library on 10/19 at 8:30 am for an informal meet and greet.
October/November Calendar

10/5  Health Screening Day
10/5  PTA Popcorn Friday
10/9  Author Simon Calcavecchia Assembly – 10:30 AM
10/9  Cross Country Meet at Arrowhead – 4:45 PM
10/10 Conflict Mediator Training – 2:30 PM in the Library
10/10 PTA’s Watch D.O.G.S. Pizza Night – 6:15 PM
10/13 1st Grade to Pumpkin Patch – 11:15 AM
10/17 Cross Country Meet at Westhill – 4:45 PM
10/19 Parent Coffee Hour with Superintendent Dr. Reid-8:30AM-Library
10/23 Cross Country Finals at Kenmore Middle School – 5:00 PM
10/30 Pumpkin Race @ BHS – 5:00 PM
11/2  PTA Popcorn Friday
11/5  Food Drive through 11/9
11/6  Election Day
11/7  Picture Retake Day
11/9  Veterans Day Assembly – 2:30 PM
11/12 NO SCHOOL – Veterans Day
11/15 Conference Day – Dismissal at 12:30 PM
11/16 Conference Day – Dismissal at 12:30 PM
11/19 Conference Day – Dismissal at 12:30 PM
11/20 Conference Day – Dismissal at 12:30 PM
11/21 Conference Day – Dismissal at 12:30 PM
11/22 NO SCHOOL – Thanksgiving Holiday
11/23 NO SCHOOL – Thanksgiving Holiday
11/26 Book Fair Week Begins
11/26 Healthy Hawks 3rd – 5th Grade Begins – 4:00 PM
11/27 Healthy Hawks 1st – 2nd Grade Begins – 4:00 PM

For a complete listing of school events please go to www.nsd.org/arrowhead and check out our school calendar.

For PTA events go to www.ptaarrowhead.org or there is a link from the Arrowhead website

ATTENDANCE AT SCHOOL IS VERY IMPORTANT

At Arrowhead we review attendance on a monthly basis and as required, by Washington State law, follow up on all unexcused and excessive absences as well as frequent tardiness. It is very important to have your child to school on time and in attendance for the entire day. Appointments should be made before and after school. If you know your student will be late or absent, please call the school office by 9:00AM to excuse them.
We look forward to welcoming parents to Arrowhead during Parent/Teacher Conferences, November 16-22. This is one of the most important milestones of a school year because parents and teachers have time to discuss a student’s progress and goals. This is an opportunity for you and the teacher to focus just on your child.

Parents have so much to share with teachers:
- You know if your child is reading for pleasure.
- You know if your child looks forward to school.
- You know if your child is doing homework at night.
- You know if there are silent worries about friendships or conflicts or test anxiety.

I hope that you can share these insights with your child's teacher.

Teachers have so much to share with parents:
- Teachers get to see how your child relates with others in a classroom.
- They see how your child performs academically in a variety of subject areas.
- They know whether your child is willing to take intellectual risks in the classroom.
- They know your child’s reading level.
- They know whether your child is making friends in class.
- Teachers know if your child is on track to meet state academic standards.

I am thankful we have the opportunity to come together as we all work toward one of the most important tasks in the world . . . helping children become the best people they can be. Thank you for your wonderful support. I am sending my warmest wishes your way for an informative, enlightening, and satisfying conference.

**Substitute Nurses Needed:**
Are you a Registered Nurse who might be interested in exploring the rewards of school-based nursing, supplementing work hours or simply maintaining nursing licensure credentials? We would love to discuss available opportunities as a substitute nurse with the Northshore School District – this is a great way to transition into community nursing with K-12 school age children.

Contact Rebecca Cavanaugh, Health and Nursing Supervisor, Northshore School District: 425.408.7728 or rcavanaugh@nsd.org.

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**Picture Retake Day – Wednesday, November 7th**
Picture retake day is November 7th from 9:30am to 10:30am. This is an opportunity for those students who were absent on picture day to get their picture taken. There are picture order forms available in the office.

If you would like your student’s picture retaken, please send them to school with their original picture packet, it must be returned to the photographer.

Thanks to our parent volunteers for assisting on picture day – it wouldn’t have gone so smoothly without you!
Important – Please Note….

November Conference Information

Conference sign up opportunities were available during your student’s curriculum night. If you have not yet scheduled a conference, please contact the teacher as soon as possible to select a time that will work for you.

- Conference time each year is an opportunity to share information about your child, which may make a difference for a teacher to know.
- It is a time to ask questions and allows you to see how your student is as a student or community member.
- Teachers have much to share including; academic performance in a variety of subject matters, what support is needed to make progress, reading levels, friendships and social behaviors.

With a bit of preparation, we can help each other know every child a little better. As in any relationship, teachers and parents set the tone by the attitudes they bring to the conversation. We hope you will be able to participate in this very important parent/teacher meeting.

Fall Celebrations

We ask that you keep in mind these Arrowhead guidelines as October 31st approaches:

Classroom celebrations are at the discretion of the classroom teacher.
- Events will be inclusive for all students
- Costumes cannot be worn to or from school or at recess
- Costumes in the classroom are at the teacher’s discretion
- Absolutely no weapons or toy weapons are to be included as part of a costume

Students are not allowed to wear:
- Masks or make-up that covers the face
- Face mask hoodies with graphic violence or a bloody depiction of characters

Please contact your student’s teacher if you have any questions regarding classroom activities happening on October 31st.

Emergency Contacts

Recently you should have seen a request for review of your emergency contact information. If you have not yet returned this form, we hope that you will take a minute to review it and send it back. During an emergency – for student release, we are limited to only the people who you have indicated are “ok to pick up” on your emergency contact list. We are very limited for accommodating changes to this list, especially during an emergency. Please take a minute to add to the list any friends or neighbors who you would like us to be able to contact in case you are unable to pick up your student. If you would like to make changes, you may send them in a written note with your student or send an email to Heidi Smith in the office (hsmith@nsd.org). Please call the office if you have any questions 425.408.4000.
November School Schedule:

Early Dismissal at 12:30pm, November 15th, 16th, 17th, 20th and 21st

Parent-teacher conferences begin on November 15th and run through November 21st. Please note that dismissal time is at 12:30pm on all five days. If you have not signed up for a conference time with your child’s teacher, please contact the school to set up a time.

Honoring Our Veterans – Friday, November 9th

Veterans Day is set aside to recognize the important contributions and sacrifices millions of citizens have made on our nation’s behalf. On Friday, November 9th at 2:30pm, students and staff at Arrowhead will participate in an important school assembly with words and music. If you have a veteran in your family, please invite them to come and be a part of our special celebration of their service. Veterans attending will be personally recognized and will be asked to participate. More information will be sent home with students closer to the event.

PTA Support and Volunteers

We can’t say thank you enough to our amazing PTA. From the volunteers who helped get school up and running and organized the fabulous Welcome Back event to the club chairpersons who have students enjoying before/after school activities. We are so grateful for your tireless efforts and support of the school. Thank you so much for all you do!
NSD App, ParentVUE & Touchbase Logon

Northshore School District has two systems for families to use when managing student information and payments.

**Touchbase** is used to make payments for student activities, sports, ASB fees, field trips and much more. Elementary parents may have very little need to logon to this system early on, but families should be familiar with this system as it becomes frequently used as students move through the grade levels.

**ParentVUE** is the portal where parents and guardians can access important student information such as attendance, class schedules, graduation status, mid-term/quarter and final/semester grades, school information, demographic information, class assignments and earned grades and missing assignments (for junior and senior high students).

**NSD App**
Anyone can download the app to view news, calendars, menus and more. Families can take the additional step of logging in to access a wealth of individual student information and school notifications. Families will be able to follow their students’ schools, track lunch balances, see checked out library books, access grades and attendance and much more!

These systems require a user name and password. This information was sent home in September. Please take a look at the information and set up your user name and password. These systems will be something to rely on, especially when it is necessary to regularly check grades (starting when students are in middle school).

**Student Safety**

We have been experiencing a larger number of students being dropped off or walking to school too early. For the safety of your children, unsupervised students are not allowed on campus prior to 9:00 am. If you need to drop your child off earlier, you may check with Champions Daycare, located in Portable 136. To check their availability and the cost, please call 800-350-5034. Only students who are purchasing breakfast are allowed on campus beginning at 8:50 am. However, students are not to cross Juanita Drive prior to 9:00 am and not before an adult crossing guard is present.

Please continue to drive slowly and safely in our parking lot and the surrounding neighborhood. Thank you for using the crosswalks when walking to and from parked cars. When adults model correct behavior, our students will follow and use the safety of the crosswalks as well. Many thanks to our staff who help manage safety in our parking lot! Please pass on your thanks to them by smiling and cooperating with their requests and directions.
Learning Assistance Program

The Learning Assistance Program (LAP) is a state-funded program established by the Washington State Legislature in 1979. In Northshore, all elementary schools have LAP funding. LAP services is one of several options available to a school team in order to accelerate student growth in reading readiness skills and to improve reading literacy. The purpose of LAP is to provide supplemental academic support if your student is performing below grade level, and operates in addition to your student’s regular classroom reading instructions. If you have questions about your student’s opportunity to participate in the LAP program, please contact your school principal or classroom teacher.

If you have any questions about the LAP program, please contact:
Kathryn Li - kli@nsd.org, 425-408-4066 or
Lynn Brewer – Special Services TOSA, lbrewer@nsd.org 425-408-7738.

Arrowhead Spiritwear Orders – COMING SOON!

This will be the only time we sell Arrowhead spiritwear this school year. There will be a new design this year – keep an eye out for order forms coming home soon!
Library Happenings

October is recognized as "Disability Awareness" month and on Tuesday, October 9th, Simon Calcavecchia, author and quadriplegic will presenting an all-school assembly at 10:30 AM. Simon has authored two books that feature Frank, a dachshund missing a hind leg and uses a balancing cart for walking, and his friend Mustard, a small yellow bird. Both books address how Frank is able to do many of the same activities as others just a little differently. Students will be able to order Simon's books so look for an order sheet to come home this week. This author visit is made possible by Arrowhead PTA author funds.

It's Global Reading Challenge time again.

or the 4th straight year Arrowhead will be participating in the Global Reading Challenge (GRC) sponsored by the King County Library System and open to all 4th & 5th grade students. Participants read 5-6 books selected by KCLS and meet weekly during November - February at lunch recess. An informational meeting will be held on Friday, October 5th at lunch recess as well as discussed in the 4th and 5th grade classes.

Athletics at Arrowhead

Cross Country Season Has Begun

10/2 – Cross Country Meet at Moorlands – 4:45pm
10/9 – Cross Country Meet at Arrowhead – 4:45pm
10/16 – Cross Country Meet at Westhill – 4:45pm
10/23 – Cross Country Finals at Kenmore Middle School – 5:00pm

Coming Soon! Healthy Hawks

This is two weeks of crazy workouts and fun games!
Look for registration information in early November.
There are a limited number of spaces – sign-ups fill up fast.

Grades 1st & 2nd – Tuesday & Thursday starting November 27th
Grades 3rd through 5th – Monday & Friday starting November 26th
4:00 – 5:00 pm
Contact Ms. Brink with any questions
ebrink@nsd.org
Arrowhead Policies

Absences & Notifications of Student’s Arriving Late or Leaving Early
Please do not email your child’s teacher with regard to an absence, late arrival, or change in after school plan. We cannot guarantee that the teacher will receive your email. Our district’s filter can delay or interrupt delivery of messages or a teacher may be absent. Please send a note to school with your student if possible. For day of changes or absences, please call the office (not the classroom). An on-line absence form is also available on the Arrowhead website under the Parent tab/Attendance.

Birthday Policy
To avoid hurt feelings, students may only deliver birthday invitations at school if they are inviting every student in their class. Students are responsible for checking with their teacher to determine the appropriate time and manner to distribute the invitations. Often, parents request that they be permitted to celebrate their child’s birthday at school. Sharing this special day with other classmates at school is great; however, we ask that you follow this simple guideline: due to food safety issues, allergies (i.e. peanut, egg, etc.), and the rise of childhood obesity, birthday celebrations at school may not include food items. Please check with your child’s teacher about appropriate alternatives.

Board Policy 5253 – On Line Socializing
School Board Policy #5253 mandates professional boundaries between staff and students. Employees are expected to be sensitive to the appearance of impropriety in their own conduct when interacting with students. Employees are prohibited from inappropriate on-line socializing with students via social networks such as Facebook. Parents, please explain to your child that their teacher or other favorite Arrowhead staff member cannot be their “friend” on Facebook.

Clothing Guidelines
We need your continued help in making sure that children make good choices regarding proper school attire. Some of the current fashions are not fitting in an elementary school setting. Shirts must be 2” wide at the narrowest point on the sleeve. Shorts or skirts must be below the bottom of the student’s middle finger. Also, flip-flops are a safety hazard in PE and on the playground. Students wearing inappropriate clothing will be sent to the nurse for more suitable clothing. Please consider this as you help your child make choices for school clothing.

Pet Policy
Dogs and other pets are wonderful in your home environment. But, during school hours they can be a distraction and a safety issue. If you want to walk your student to or from school with a dog, please arrange a meeting/departure location off campus. In addition, please discuss with your student’s teacher before bringing the family pet for show and tell, as many animals are not appropriate for the school environment. We have several trained therapy dogs working on campus as well as guide dogs in training. Please respect the trainers and dogs by asking permission before touching. In many cases, the trainer could be using the situation to reinforce appropriate behavior and interaction with people will be discouraged.

Student Health
• Please keep your student home if they are sick. Students with a fever, vomiting or diarrhea etc. must be symptom free without medication for 24 hours before returning to school.
• Please do not send any medications to school with your student. All medications (including over the counter) require a doctor authorization to be administered at school. A few over the counter medications can be self-administered by responsible students (with written parent consent), but this must be arranged ahead of time. Please call the nurse for details: 425-408-4006.
• If your student uses an inhaler at home (even if only occasionally), please consider providing one to keep at school. In the event a student has respiratory symptoms at school that cannot be resolved and you are not immediately available, we are required to call 911.
• Flu season peaks in February and can last until May so right now, while the exposure is low, is a perfect time to get a flu shot for your family. Check with your health provider, clinic, or pharmacy for details.
• The nurse home page on our Arrowhead website is a good resource for health guidelines and policies in our school district; you may also call the Nurse at any time with questions or concerns.

Student Safety
Unsupervised students are not allowed on campus prior to 9:00 AM. If you need to drop your child off earlier, you may check with Champions Daycare, located in Portable 136. To check their availability and the cost, please call 800-350-5034.

Vacations & Homework Requests
As a general rule, teachers do not provide students with schoolwork when families take vacations outside of the district’s scheduled school breaks. The work students do in the classroom, along with the instruction needed for them to adequately understand how to complete it, cannot be replicated outside of school. If you choose to take your child(ren) out of school while it is in session, be aware that they may miss critical learning. For absences greater than two days, please complete a request for an extended absence form. These forms can be picked up in the office or found on the Arrowhead website under the Parents - Attendance tab.
Technology Opt Out Information

We live in a global and digital world -- a world changed by technology and new ideas about how we communicate with one another and exchange information. As a result, students must develop the research, information fluency, and technology skills that will allow them to be successful, safe and ethical in this digital world. For this reason, students are provided computer access privileges at school, as well as access to the Internet, email, digital communication and collaboration tools, online learning spaces, and electronic educational resources. These resources, tools, and equipment are essential to teaching and learning. The guidelines for responsible use of these tools are outlined in School Board Procedure 2022P, which can be found here: https://goo.gl/mPQ1qD.

Given all of these factors, parents or guardians still do have the right to terminate their student’s access to electronic tools and resources by signing the District Technology Opt-Out form, which can be found at http://www.nsd.org/techoptout. If you do not want your student to use District technology resources, please be aware that your decision to eliminate access to these tools may significantly affect your student’s ability to work collaboratively with his or her peers on class assignments and projects and may impact the development of skills necessary to live and work in this increasingly digital world.

Only complete the form if you choose for your student NOT to use District Technology. Return the signed form to your school and schedule an appointment to discuss this with your Principal or Designated School Administrator. After meeting with your Administrator, the Opt-Out request will remain in effect for one school year and expires at the end of this school year. To keep this Opt-Out in effect, you must complete a new form every school year.

If no documentation is on file, it will be assumed that permission has been granted for access to the Internet, GoogleApps for Education, Online Curriculum services, and other online applications and services that have been selected for use by the District, your child’s school, or your child’s teacher.

Questions about the Opt-Out request can be directed to your school’s Principal.

PACE Information Night 2018

PACE (Parents Active in Cooperative Education) is an elementary enrichment parent choice program offered by the Northshore School District for children starting in the 1st grade. Families commit to a minimum of 80 hours per year of program support. PACE is located at three sites with feeder patterns from all Northshore Elementary Schools. Some of the hallmarks of PACE include an enriched educational experience due to the high parent involvement, enrichment activities, encouragement for students to become self-motivated learners and a strong sense of community among families. To find out if PACE is a good fit for your family and about the enrollment process, you are invited to attend PACE information night at Lockwood Elementary Tuesday, October 23rd, from 7:00-8:30. For more information please visit http://www.nsd.org/Page/6800
All In for Kids

This fall, you can fund innovative classroom grants requested by teachers to bring relevant learning experiences to their students. Last fall $41,000 was granted toward the total $80,000 of requests made.

If received by October 31st your contribution will be put to work in classrooms by January!

Your One-time gift could help engage new readers by providing classroom high interest books and take-home reading kits.

Your Quarterly gift could give students hands-on opportunities in school vegetable gardens to bring science to life.

Your Monthly donation could help engage students with STEM programs like Hour of Code, Math Olympiad and family nights.

Yes, I’m All In! Please accept my ☐ One-time ☐ Quarterly or ☐ Monthly gift

One time Quarterly Monthly

in the amount of $25 $50 $100 $25 $25 X 4 = $100 $100 X 4 = $400 $100 X 12= $1200

☐ Check enclosed ☐ Bill me ☐ Charge my Credit Card $50 $50 X 4= $200 $50 X 12= $600

Thank you for making your tax-deductible contribution to the Northshore Schools Foundation

Return by mail or donate online by October 31, 2018

Parent Name_________________________________________ Children’s name / schools_________________________________________

Address ___________________________________________________ City/Zip_________________________________________

Email____________________________________________________ Home_________________________________________

Phone________________________/____________________/____________________/____________________/____________________

Account Number Exp. Date CVV Code ☐ My/ My Spouse’s company will match my gift! Company Name______________________ ☐

Contact me about volunteering ☐ I’d like to remain anonymous

3330 Monte Villa Parkway, Bothell, WA 98021 Phone: 425-408-7680 Email: Info@nsdfoundation.org

www.NorthshoreSchoolsFoundation.org
Interpreter/Translation Services for Parents

Your child’s education is very important. As the parent/guardian of a Northshore student, you have the right to participate in your child’s education, including communicating with teachers and staff about your child. Northshore offers interpreter and translation services to parents free of charge. We encourage you to tell someone at your child’s school if you need an interpreter or a translation. Please contact your school office or Sue Moeller at 425-408-7723 if you have any questions or concerns about Northshore’s language services.

孩子的教育非常重要。作为Northshore学生的父母/监护人，您有权参与您孩子的教育，包括与学校教职员工沟通。Northshore提供免费的口译和笔译服务。如果您有语言服务方面的问题，请与学校办公室或Sue Moeller（电话：425-408-7723）联系。

Quá trình giáo dục của con quý vị là rất quan trọng. Là phụ huynh/ người giám hộ của học sinh Northshore, quý vị có quyền tham gia chương trình giải độc của con mình, gồm có việc liên lạc với giáo viên và nhân viên liên quan đến con quý vị. Northshore cung cấp dịch vụ thông dịch và biên dịch miễn phí cho phụ huynh. Chúng tôi khuyến khích quý vị nên thông báo cho một nhân viên tại trường học của con quý vị nếu quý vị cần thông dịch viên hoặc tài liệu dịch. Vui lòng liên hệ với phòng nhà trường hoặc Sue Moeller qua số 425-408-7723 nếu quý vị có bất kỳ thắc mắc hay quan ngại nào về các dịch vụ ngôn ngữ của Northshore.

La educación de su hijo(a) es muy importante. Como padre/tutor de un alumno de Northshore, usted tiene derecho a participar en la educación de su hijo(a), esto incluye comunicarse con los profesores y el personal para hablar sobre su hijo(a). Northshore ofrece servicios de traducción e interpretación sin costo para los padres. Si usted necesita un intérprete o una traducción por favor comuníquese con alguien de la escuela donde estudia su hijo(a). Por favor contacte a la dirección de la escuela o a Sue Moeller al 425-408-7723 si tiene preguntas o inquietudes relacionadas con los servicios de traducción e interpretación de Northshore.