

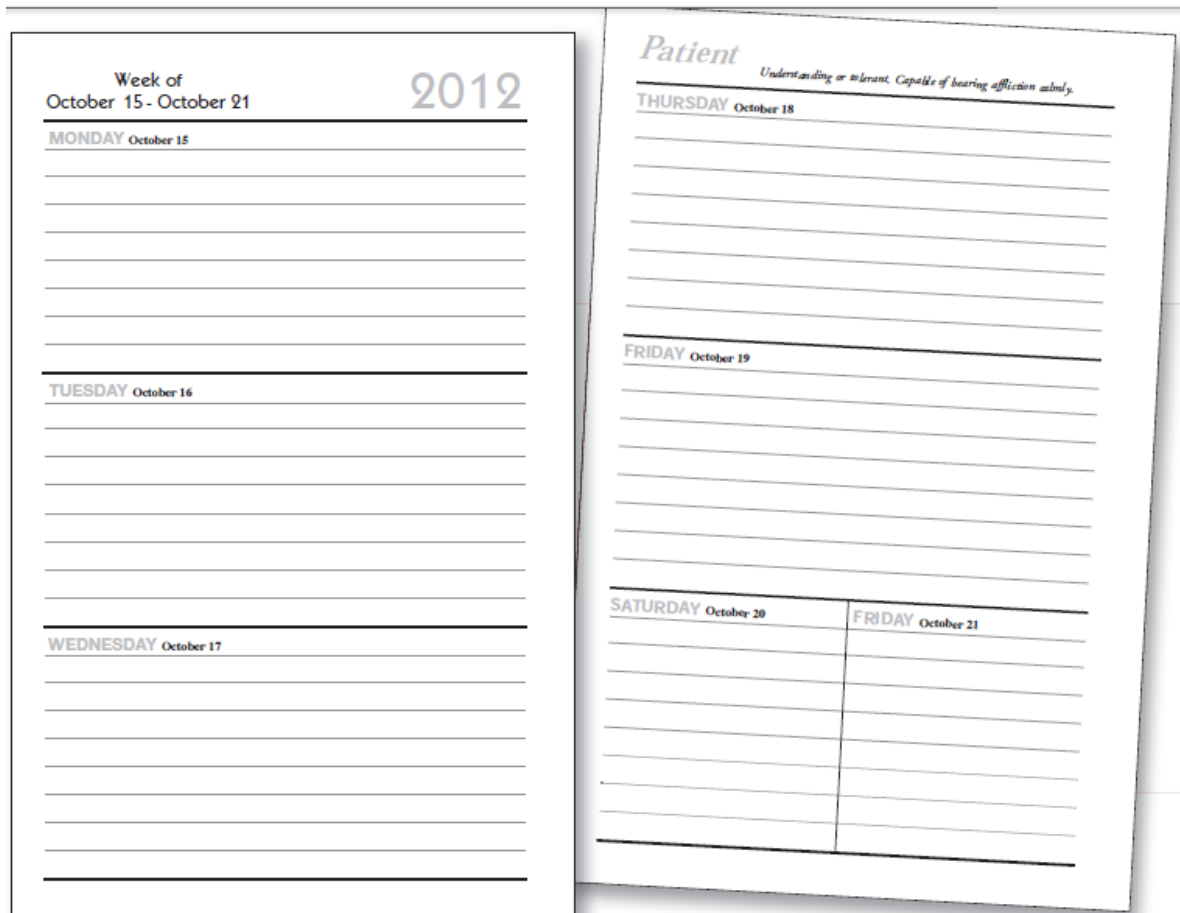
THE SUCCESSFUL STUDENT

Becky Fliss, Austin Learning Center



Get Organized

Your planner as a ROADMAP



Use your planner Wisely

List classes in the order you have them

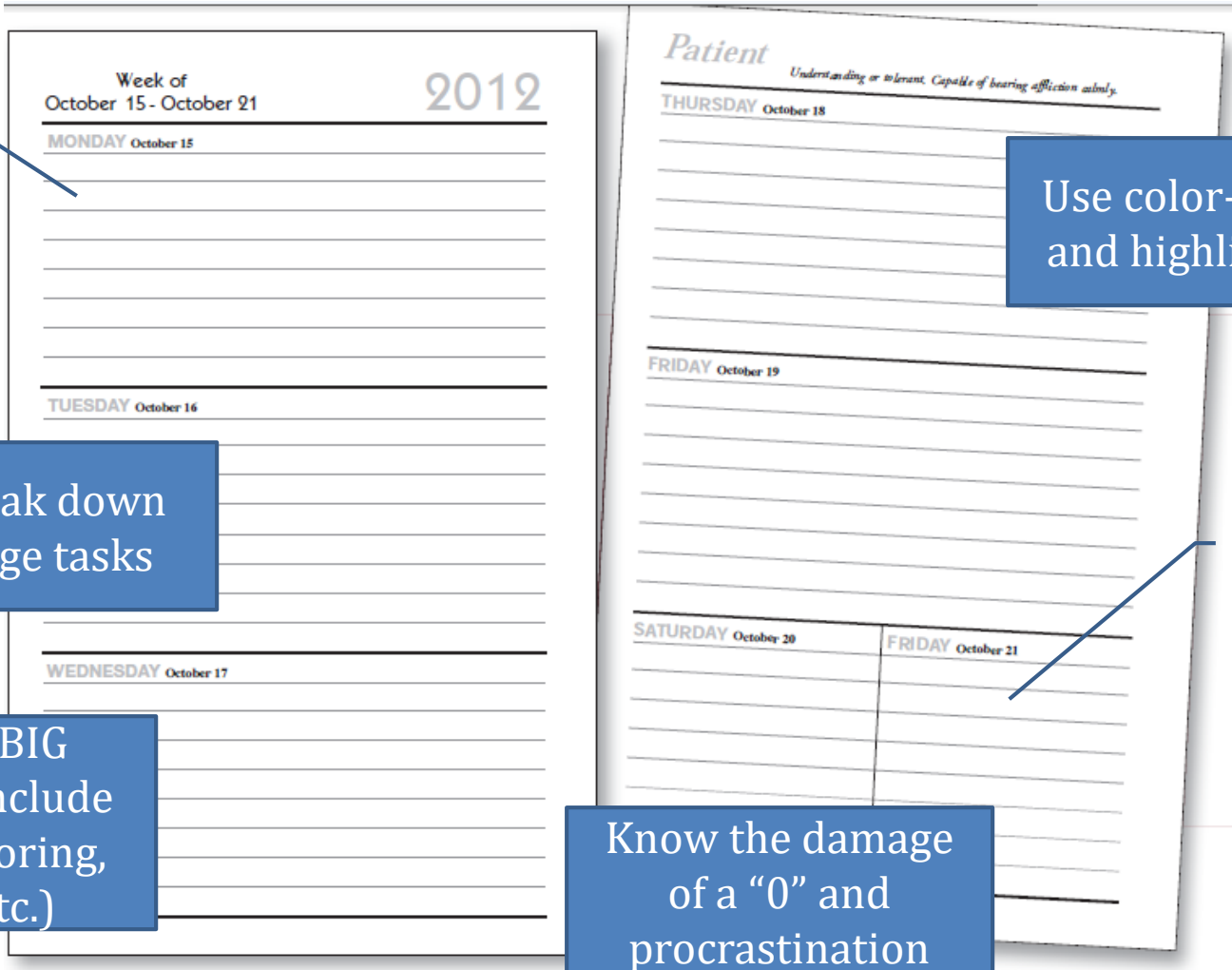
Break down large tasks

See the BIG picture (include appts, tutoring, trips, etc.)

Use color-coding and highlighting

Use Sunday to look ahead

Know the damage of a "0" and procrastination



Your Planner is a DAILY tool

- ❑ METAPHOR: Training Manual to run a marathon (missing pages, inconsistencies and not making it a habit work against its effectiveness!)
- ❑ Use it EVERY day
- ❑ See the BIG picture, don't think only about tomorrow
- ❑ Website/Assignment sheet is a way to double check the planner, not a replacement of the planner
- ❑ Awareness is power and relieves stress
- ❑ Planning is a life-long skill
- ❑ Adapt as you go – move on to electronic calendars, apps, etc.

Get Organized



Get Organized



Get Organized



Use a SIMPLE system



- Folder for each subject
- Extra Folder for paper, permission slips, etc.



**EVERYTHING HAS
A HOME**

A horizontal decorative bar at the top of the slide, consisting of a red rectangular section on the left and a larger blue rectangular section on the right.

Study Skills and Test Taking

Accountability + Self-Awareness

- Organization and HW time is a non-negotiable
- We must inspect what we expect
- Students take ownership for their learning
- Build in Opportunities for Reflection
- Help students think about the time needed to carry out tasks.
- Develop a growth mindset (see work by Carol Dweck)

Before the test

- ❑ Eliminate Distractions
- ❑ Study time = Study time
- ❑ Plan Short Breaks
- ❑ Break down large tasks (multiple days)
- ❑ Practice in context + Prep for the right kind of test

Before the test

- Tackle difficult things first
- Remember your learning preferences
- Use resources (friends, teachers, etc.)
- REFLECT on past tests
- PLAN AHEAD.....

During the test

- Do an information dump! Before you begin answering, jot down hard to remember formulas and terms on the margins or back of exam.
- Survey the exam. Before you begin answering, take a quick look at the whole exam. This may help you decide where to begin and how much time to spend on each question.
- Stuck? Keep your pencil moving!

During the test

- Read directions carefully and underline key phrases.
- Do easy questions first. They may give you clues for the more challenging questions.
- Use positive self-talk
- Relax! Use your strategies to calm yourself.
- Check yourself!



Questions?