

# 2010



# All Conference

School	All Conference	Grade	Honorable Mention	Grade
Albert Lea	Aaron Klatt	11		
Albert Lea	Jordan Mondeel	12		
Albert Lea	Connor Kortan	11		
Albert Lea			Cole Sorenson	11
Albert Lea			Luke Grossman	12
Albert Lea			Carter Kortan	11
Albert Lea			Colby Strilaeff	12
Austin	Jay Ettinger	11		
Austin			Quinn Yocom	11
Austin			Preston Higbe	12
Austin			Joey Swatfager	12
Austin			Brady Klingfus	12
Faribault	Riley Schultz	11		
Faribault			Joe Grote	12
Faribault			Jack Helgeson	11
Mankato East	Derek Quame	12		
Mankato East	Adam Geiger	11		
Mankato East			Taylor Ries	12
Mankato East			Danny Lindstrom	11
Mankato East			Seth Allan	12
<b>Mankato West</b>	<b>Drew Weber</b>	<b>11</b>		
<b>Mankato West</b>	<b>Jack Mages</b>	<b>11</b>		
<b>Mankato West</b>	<b>Nick Kaus</b>	<b>11</b>		
<b>Mankato West</b>	<b>Matt Anderson</b>	<b>11</b>		
<b>Mankato West</b>			<b>Adam Sik</b>	<b>12</b>
<b>Mankato West</b>			<b>Adam Athey</b>	<b>11</b>
<b>Mankato West</b>			<b>Tyler Swanson</b>	<b>12</b>
Owatonna	Mike Sebring	11		
Owatonna	Quinn Christenson	12		
Owatonna	Paul Satterlund	12		
Owatonna	Dalton Homier	10		
Owatonna			Sheridan Skala	12
Owatonna			Sam Zappa	11
Owatonna			Matt Simon	10
Owatonna			Travis Hilstad	12
Owatonna			Tyler Smith	12
Owatonna			Derek Schwab	12

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School	All Conference	Grade	Honorable Mention	Grade
Rochester Century	JOHN MEYER	11		
Rochester Century			MATT PEARSON	12
Rochester Century			JOSH BENSON	11
Rochester Century			BRAD PFEFFER	11
Rochester JM	JORDAN STOKES	12		
Rochester JM	ROBIN HEILSKOV	12		
Rochester JM			ANTHONY JOHNSON	11
Rochester JM			ERIC NELSON	11
Rochester JM			ALEX NELSON	11
Rochester Mayo	Jordan Ziegler	12		
Rochester Mayo	Steve Serratore	10		
Rochester Mayo	Kyle VanWettering	10		
Rochester Mayo			Ben O'Reilly	12
Rochester Mayo			Rannon Arch	12
Rochester Mayo			Matt Stubbs	11
Rochester Mayo			Brandon Zywicki	11
Winona	ARIK JACQUART	12		
Winona			BRANDON BEECH	11
Winona			SAM MORKEN	12

### **Coach of the Year**

Tate Cummins

### **Dick Seltz Co-Players of the Year**

Derek Quame

Quinn Christenson