



# Parkland High School Lunch Menu October 2018



**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

<p><b>1</b> <i><b>The Main Events</b></i> mozzarella sticks w/ sauce cheeseburger on roll <i><b>Sidelines</b></i> dinner roll</p>	<p><b>2</b> <i><b>The Main Events</b></i> chicken tenders hot dog on roll <i><b>Sidelines</b></i> french bread stick</p>	<p><b>3</b> <i><b>The Main Events</b></i> walking taco w/Bush's taco fiesta black beans chicken nuggets <i><b>Sidelines</b></i> steamed brown rice</p>	<p><b>4</b> <i><b>The Main Events</b></i> meatball sub chicken patty sandwich <i><b>Sidelines</b></i> mini potato pancakes</p>	<p><b>5</b> <i><b>The Main Events</b></i> parkland deli hoagie mini corn dogs <i><b>Sidelines</b></i> french fries</p>
<p><b>8</b> <b>Professional Development Day</b>  <b>(no school)</b></p>	<p><b>9</b> <i><b>The Main Events</b></i> chicken fajita cheeseburger on roll <i><b>Sidelines</b></i> steamed brown rice</p>	<p><b>10</b> <i><b>The Main Events</b></i> mac &amp; cheese chicken nuggets <i><b>Sidelines</b></i> dinner roll</p>	<p><b>11</b> <i><b>The Main Events</b></i> chicken fryz hot dog on roll <i><b>Sidelines</b></i> pierogies baked beans</p>	<p><b>12</b> <i><b>The Main Events</b></i> cheesesteak on roll chicken patty sandwich <i><b>Sidelines</b></i> tater tots</p>

Additional daily choices:

"The Main Event" include pizza, salad bar, pasta bar, sandwich, wraps, and PBJs

"Sidelines" include side salad bar, bagged carrots, steamed vegetable, and 3 different fruits choices

Lunch includes fruit and milk

Menu subject to change without prior notice

Prices:

Student @ \$2.85

Reduced @ \$.40

Adult @ \$3.85

Monday

Tuesday

Wednesday

Thursday

Friday

\*\*\*\*\* National School Lunch Week \*\*\*\*\*

15 **The Main Events**  
trojan chicken bowl  
mozzarella sticks w/sauce  
**Sidelines**  
dinner roll

16 **The Main Events**  
mini corn dogs  
cheddar cheese meatloaf  
sandwich on roll  
**Sidelines**  
mashed potatoes w/gravy

17 **The Main Events**  
nachos  
w/Bush's taco fiesta  
black beans  
turkey & cheese melt  
on pretzel bun  
**Sidelines**  
steamed brown rice

18 **The Main Events**  
meatball parm sub  
hot dog on roll  
**Sidelines**  
dinner roll

19 **The Main Events**  
toasted cheese sandwich  
chicken nuggets  
**Sidelines**  
dinner roll  
cream of tomato soup

22 **The Main Events**  
chicken patty sandwich  
stuffed crust sticks w/sauce  
**Sidelines**  
baked beans

23 **The Main Events**  
mini cheese ravioli w/sauce  
chicken nuggets  
**Sidelines**  
dinner roll

24 **The Main Events**  
popcorn chicken  
rodeo burger on roll  
**Sidelines**  
french fries

25 **The Main Events**  
chicken & cheese quesadilla  
w/salsa  
hot dog on roll  
**Sidelines**  
tortilla chips w/salsa

26 **The Main Events**  
egg mctrojan  
yogurt  
**Sidelines**  
french toast sticks  
tater tots

29 **The Main Events**  
mozzarella sticks w/ sauce  
cheeseburger on roll  
**Sidelines**  
dinner roll

30 **The Main Events**  
walking taco  
w/Bush's taco fiesta  
black beans  
chicken nuggets  
**Sidelines**  
steamed brown rice

31 **The Main Events**  
chicken tenders  
hot dog on roll  
**Sidelines**  
french bread stick

Additional daily choices:

"The Main Event" include pizza, salad bar, pasta bar, sandwich, wraps, and PBJs

"Sidelines" include side salad bar, bagged carrots, steamed vegetable, and 3 different fruits choices

Lunch includes fruit and milk

Menu subject to change without prior notice

Prices:

Student @ \$2.85

Reduced @ \$.40

Adult @ \$3.85

# Breakfast Menu

## Middle Schools and High School

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>mini pancakes</b>	<b>egg, turkey sausage, &amp; cheese on english muffin</b>	<b>mini turkey sausage wrapped in pancake</b>	<b>egg, turkey sausage, &amp; cheese on english muffin</b>	<b>mini waffles</b>
<b>OR</b>	<b>OR</b>	<b>OR</b>	<b>OR</b>	<b>OR</b>
<b>donut, wg</b>	<b>cereal, wg and yogurt, 4 oz</b>	<b>donut, wg</b>	<b>cereal, wg and yogurt, 4 oz</b>	<b>donut, wg</b>
<b>OR</b>	<b>OR</b>	<b>OR</b>	<b>OR</b>	<b>OR</b>
<b>bagel, wg with cream cheese</b>	<b>bagel, wg with cream cheese</b>	<b>bagel, wg with cream cheese</b>	<b>bagel, wg with cream cheese</b>	<b>bagel, wg with cream cheese</b>
<b>OR</b>	<b>OR</b>	<b>OR</b>	<b>OR</b>	<b>OR</b>
<b>PBJ sandwich</b>	<b>PBJ sandwich</b>	<b>PBJ sandwich</b>	<b>PBJ sandwich</b>	<b>PBJ sandwich</b>



**breakfast includes choice of fruit,  
juice, and milk**

**student prices:   \$.00 to free  
                          \$.30 to reduced  
                          \$1.60 to paid**