

# ATHLETICS PROGRAM QUICK FACTS

## Cheer

**Season:** Winter

**Head Coach:** Augustyna Brestar ([augustyna.brestar17@northwestu.edu](mailto:augustyna.brestar17@northwestu.edu))

**Assistant Coach:** tbd



**Dates and Fees:** See the website [www.tbcs.org/athletics/registration-fees-and-deadlines](http://www.tbcs.org/athletics/registration-fees-and-deadlines)

**Additional Costs:** Include uniform (see below) and any team-related trips and activities (see below).

**Practice and Game Schedule:** The cheer squad practices between 3-5 days per week during the season from 4:00 p.m. – 5:30 p.m. in the Little Gym at Valley Campus. The squad generally cheers at the 8-10 home basketball games in addition to select events and away games throughout the season. Home varsity games usually start at 5:45 p.m. and 7:30 p.m., but there are exceptions.

**Transportation:** Transportation to Valley Campus for practices is not provided by the school. Students are expected to arrange their own rides to/from practice. Round-trip transportation will be provided to all away games at which the squad cheers. Students are not allowed to drive their own vehicles or arrange their own transportation to away games.

**Uniform, Gear, and Equipment:** Each spring, cheerleaders sign up for the following season, and new cheerleaders get fitted for their uniforms. The cheer uniform is a custom, personalized uniform that costs about \$700.00. Usually, this uniform is only purchased one time during a cheerleader's high school career. There are exceptions to this including shoes, worn out poms, or uniforms pieces that no longer fit. Additionally, each summer the members are expected to purchase a gear pack for camp (T-shirts/shorts) that usually runs about \$50.

**Cheer Camp and Overnight Activities:** Each summer, the cheer team attends a multi-day cheer camp. Some years, this camp is held at the school, and there is no overnight requirement. The squad simply comes to the school each day to work with their camp instructor. Other years, the cheer camp is held off-site and the members register and attend the overnight camp as a team. The cost for camp can range from \$150 - \$400 depending on which camp is selected, how long it lasts, and the travel distance. Each year we will communicate well in advance which camp the cheer squad will participate in and what the costs will be.

**Anticipated Levels of Play:** The varsity cheer squad may consist of a varying number of members each season depending on the turnout. It is not uncommon to have a second squad (JV) if the turnout is high. Additionally, if the turnout is large enough, the squad may be broken out into a spirit squad and/or dance squad.

**Scope of Activities:** Although cheer is a winter sport, the commitment begins the previous spring following the mandatory interest meeting. New cheerleaders are fitted for their uniforms. The squad signs up for cheer camp and begins to learn routines. Cheerleaders usually attend key fall events (Fall Tailgate, Dig Pink) and begin formal practices in October. The cheer season concludes at the end of the basketball season which can vary from early February through early March depending on how far the teams get in the playoffs.