



# American School of Paris

## LUNCH

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### LOWER SCHOOL

All meals served with pre-made salads, seasonal fruit, and choice of cheeses.

### MIDDLE & UPPER SCHOOLS

Choice of salad bar or sandwiches.  
Choice of seasonal fruits and cheeses.  
Selection of beverages always available.

\*Menu subject to changes\*





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## LUNCH MENU

October 1-5

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- MON** -Roasted Chicken OR  
-Fish of the day
- TUE** -Lamb Tagine OR  
-Fish Skewers
- WED** -Chicken Curry w/ broccoli OR  
-Fish of the day
- THU** - Marinated Chicken Cutlet OR  
- Hake (Fish)
- FRI** - Blanquette de veau (veal stew) OR  
- Tuna Steak





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## LUNCH MENU

October 8-12

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- MON** -Cheese Ravioli OR  
-Calamari
- TUE** -Schnitzel (veal) w/ ratatouille OR  
-Fish of the day
- WED** -Boeuf Bourguignon (beef stew) OR  
-Fish antipasti w/quinoa
- THU** - Chicken Curry OR  
- Fish of the day
- FRI** - Roasted Chicken w/ fries OR  
-Fish of the day





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## LUNCH MENU

October 16-20

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**MON** -Beef slices w/ pasta & veggies OR  
-Grilled Tuna

**TUE** -Blanquette de veau (veal stew) OR  
-Fish of the day with veggies

**WED** -Chinese Noodles w/ chicken OR  
-Fish of the day

**THU** -Cheeseburger w/fries OR  
-Fish of the day

**FRI** -Meatballs w/ potatoes OR  
-Saffron flavored Cod (fish)

