



LIFE MANAGEMENT

COURSE DESCRIPTION

This course is designed to prepare students with skills to live independently. Skills are developed to help students manage their needs in the areas of interpersonal relationships, housing, clothing, nutrition, and food. Management of time, money, and resources are emphasized in each area allowing students to be successful at home and in the workplace. FCCLA may be an integral part of the course.

STRANDS

Examine the essential components of independent living

Discuss and apply the practical reasoning process

Practice solving practical problems

Describe the role of insurance and its applications

Determine guidelines for the amounts and types of personal and family insurance needed and then complete an insurance application form