

# Southridge Wednesday

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12-13  
No. 16

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December 19<sup>th</sup>, 2012

## Head of School

### Our Classroom Culture and Leadership Development

At Southridge we often speak about developing leadership qualities in our students. But what does that mean and how do we do it? Ms. Middelaer and Mr. Palm have implemented a variety of “formal” leadership opportunities for our students, and Mr. Weaver chairs our committee on personal growth and development which brings together teachers from both school divisions to discuss and implement programs that support leadership skills and traits. Besides those elements of our overt leadership development efforts, what we do in our classrooms on a daily basis should not be overlooked. Specifically, the culture of our classrooms in both the Junior School and the Senior School focuses on inquiry and the ability to work effectively in a collaborative environment, which does an excellent job of subtly supporting leadership qualities.

What I find interesting about our classroom culture is that it supports a notion of leadership that is often misunderstood and almost always overlooked because the commonly held image of a leader is “heroic and lion-like”, having a clear personal vision, the right answers, and enough savvy persuasiveness (or charisma) to convince others to follow. The notion of leadership that our classroom dynamic promotes is less evident than the heroic perspective, as it subtly addresses other leadership traits that are, nevertheless, recognized as being highly effective leadership approaches.

Specifically, inquiry methodology, critical thinking and working collaboratively with others – either within the context of the IB program or through a Harkness approach to learning – builds the following traits and skills that are important to successful leadership:

- Empowerment through focused and purposeful listening
- Understanding the complexities of a problem through others’ perspectives
- The need to depend on others and share power
- Being responsive by letting go of personal success and helping others feel successful
- An awareness of and coping strategies for working with personal weaknesses through the development of self-knowledge
- The capacity to develop a shared vision with others

As Dr. Jerry Murphy, former Dean of the Harvard Graduate School of Education puts it, “Perhaps it feels less heroic to develop a shared vision, to ask questions, to acknowledge weakness, to listen carefully, to depend on others and to let go. Yet, where heroism is concerned, less can be more. To be a lamb is really to be a lion.”

Here’s to all the lambs in our school. You are all leaders too.

### Holiday Wishes

On behalf of the Southridge community of teachers and staff, I would like to extend all the very best to our parents and students for a peaceful and restful holiday season. I hope the break from our school routine provides an opportunity to spend some fun and relaxing time with family and friends. For those of you who plan to travel, I hope your journeys are safe and trouble free. All the best to everyone in 2013!

Have a wonderful three weeks!

Mr. Drew Stephens  
Head of School

<b>Important Dates</b>			
Junior School Christmas Concert	Tuesday, Dec 18 <sup>th</sup> Wednesday, Dec 19 <sup>th</sup>	Junior Great Hall	1:30 - 3:00 PM 6:30 - 8:30 PM
PYP Feast	Thursday, Dec 20 <sup>th</sup>	Junior Great Hall	8:30 - 12:30 PM
Senior Christmas Feast	Thursday, Dec 20 <sup>th</sup>	Alan Brown Great Hall	6:00 - 9:00 PM
Last Day of School Before Holidays	Friday, Dec 21 <sup>st</sup>	All	
Casual Day	Friday, Dec 21 <sup>st</sup>	All	
MYP Breakfast	Friday, Dec 21 <sup>st</sup>	Junior Great Hall	8:00 - 12:00 PM
Early Dismissal	Friday, Dec 21 <sup>st</sup>	All	12:00 PM
Christmas Alumni Gathering	Friday, Dec 21 <sup>st</sup>	Morgan Creek Golf Course	4:00 - 8:00 PM
Classes Resume – Late Start	Monday, Jan 14 <sup>th</sup>	All	10:25 AM

## Junior School News

### Thankfulness

Context can be a prime motivator for thankfulness; although I don't want to highlight the tragic events that occurred at Sandy Hook Elementary, they do provide a grounding context for everything that is important to us. As parents, we all want the best educational environment for our children—one that is caring, challenging, but most importantly - safe. I want to express our appreciation to you, as parents, for entrusting your children into our care, and to state that we count this as an honour. It is our goal to ensure Southridge is as safe as possible, and we do employ the best practices to do so. We do care for your children a great deal - they are very dear to us over the course of their time here. This past Friday, as I was acutely aware of the unfolding events in Connecticut, I passed the kindergarten students in the hallway as they were coming back from the library - full of smiles, with arms of books, innocent and naïve to everything except the thrill of opening their newfound treasures from the library. Their love of learning was infectious and elevated me away from the tragedy faced by my colleagues at Sandy Hook. The context of these children was grounding for me.

I have always found young people to be energizing. They possess an innocence, pureness, and passion for life that is unique and refreshing. Candidly, I have found the young people of Southridge to have been instrumental in my own personal healing, as I have tried to elevate above a tragedy and loss of my own. It is possible to draw strength and energy from kids, and I have such an appreciation for how your children have helped me in so many ways. As we look at the holiday time before us, I hope that you become revitalized and refreshed by spending time with your children. I am sure that the context of Sandy Hook has galvanized all parents as to what is really important in this life. Our children are our future - and what an amazing future we will have with them at the helm. Your children are part of our community, and contribute to Southridge as much as they receive. Personally, I need them, and am immensely thankful for them.

Have a wonderful break with your family, and we will be excited to see you back in 2013.

Mrs. Laurel Middelaer  
Head of Junior School

### Dismissal for Christmas Holidays and Return for Monday, January 14<sup>th</sup>, 2013 - Late Start

On Friday, December 21<sup>st</sup>, 2012, all students are dismissed at 12:00 noon. At this time, all students will receive their report card. Our Christmas break is three weeks this year and please ensure that your calendar is clearly marked for a return date of Monday, January 14<sup>th</sup>, 2013 (Day 2). Please also note that we have a late start that day and students need to arrive between 10:10 and 10:20 for a start time of 10:25 AM. Please do not bring students any earlier as the faculty will be in meetings and unavailable to supervise.

### Upcoming Dates in February

As families will be have time together over the Christmas break, it may be helpful to consider the following days in February. Students will have an extended 5 day weekend from February 8<sup>th</sup> to February 12<sup>th</sup>, 2013. On Friday, February 8<sup>th</sup> our faculty will have a Pro-D day with our MYP teachers preparing for our upcoming evaluation visit, and our PYP teachers will be attending the ISABC collaborative Pro-D day. On Monday, February 11<sup>th</sup>, our province honours the new Family Day holiday, and on Tuesday, February 12<sup>th</sup> is the half term holiday. We resume school on Wednesday, February 13<sup>th</sup> with a regular start time of 8:05 AM. We hope that you plan some wonderful time together with family and friends.

### **Kindergarten Parents Only: No School on Friday, February 15<sup>th</sup>, 2013**

All students in Ms. Worner's and Ms. Watson's kindergarten classes will have the day off on Friday, February 15<sup>th</sup> as we are conducting entrance testing for the 2013 kindergarten class. Thank you for your flexibility.

### **MYP Breakfast**

The MYP Breakfast for grades 5-7 is happening this Friday, December 21<sup>st</sup>. Please remember to send your child to school HUNGRY, as they will be eating a huge breakfast at 8:30am. Students are allowed to wear either their pajamas or winter wonderland wear (hats, toques, festive sweaters, etc). The schedule for the morning is as follows:

- 8:00-8:30 students with homeroom teacher
- 8:30-9:15 breakfast in Great Hall
- 9:15-10:00 holiday songs sing-a-long in Great Hall
- 10:00-10:25 recess
- 10:30-11:30 Vancouver Theatre sports presentation in Great Hall
- 11:30-12:00 back with homeroom to receive report cards
- 12:00 dismissal

Ms. McNeil

### **Casual Day December 21<sup>st</sup>, 2012**

Please note that there is no donation expected for the Casual Day this Friday. Your generosity in raising \$1500.00 for the single clients at Options and your giving of non-perishable items and personalized gifts for the family Christmas hampers is highly appreciated. Seventeen local families have benefitted from our community's amazing efforts. Thank you for making a remarkable difference in their lives and making this holiday season incredibly bright.

Jo-Ann Murchie  
Junior School Service Coordinator

### **Friends of Southridge Cycling Team Movie Fundraiser**

The Friends of Southridge cycling team is hosting its first fundraiser. It is a family orientated event, and the proceeds will go towards the fundraising efforts of the parents and teachers who are participating in the 2013 Ride to Conquer Cancer. Each participant has to raise \$2,500 in order to be eligible to ride. So who doesn't like to go to the movies? Young or old, this is still an activity that is enjoyed by all. Please see the attached poster, and if you would like to purchase tickets, please contact me at [aboyle@southridge.bc.ca](mailto:aboyle@southridge.bc.ca) or stop by the reception in the Junior School, and Ms Schaub will be able to help. There are a limited number of tickets available, and they will make great stocking stuffers.

Madame Boyle  
MYP French teacher

### **Lost and Found in the Junior School**

The holiday season is upon us and as excitement rises our Lost and Found grows! Please check out the items in the lost and found cupboard before the holidays. All items unclaimed will be given to charity over the holidays.

We have some wonderful ladies who come to school every Tuesday to help distribute labeled lost and found items to the rightful owners. However, many items do not have names and we cannot store everything without names indefinitely. We have a stock pile of lunch kits and containers. If your child is not coming home with these items please come with them to check out the lost and found items. Your child often does not recognize his/her items and also they need some guidance in learning how to search and find items.

As the year goes on the names and labels begin to wash off or disappear. Please take the time to check the labels and ensure that they are still readable. Remember initials or first names only are not really helpful. Please label using the family name. We cannot find the owner of unlabelled or poorly marked items. Thank you so much for attending to these details.

Enjoy the holidays!  
Rowena Raber

## Senior School News

### Learning Gained from Dicken's A Christmas Carol

As a younger lad, there was no more exciting time for me than the Christmas holidays! I loved how the outdoor lights began to appear on the houses in my neighbourhood, the anticipation towards the final day of term in school and most important, that I would be seeing much of my extended family – grandparents, aunt and uncles and cousins! I also loved watching the many holiday specials on television. My favourites were Peanuts (Charlie Brown), The Grinch and especially A Christmas Carol. In fact, I looked forward to this so much that I decided to buy the book so I could read it whenever I could. The truth be told, I am still that young lad in spirit and enjoy all of the same things that come with the season – sharing them with my own family. Dicken's tale of redemption still holds my attention each year and at this Monday's assembly, I decided to share a part with the Senior School students.

I read a passage out to the students and faculty. (It was a great reminder to me how much people enjoy being read to. A few students actually approached me after encouraging me to read in assembly again.) I chose the passage early in the book where Ebenezer Scrooge's nephew arrives at his counting house to invite him to Christmas dinner the following day. It is a wonderfully written passage showing Dicken's ability to paint a picture of both characters and themes of the story. A portion of this passage is found below:

“Nephew!” returned the uncle, sternly, “keep Christmas in your own way, and let me keep it in mine.”  
“Keep it!” repeated Scrooge's nephew. “But you don't keep it.”  
“Let me leave it alone, then,” said Scrooge. “Much good may it do you! Much good it has ever done you!”  
“There are many things from which I might have derived good, by which I have not profited, I dare say,” returned the nephew: “Christmas among the rest. But I am sure I have always thought of Christmas time, when it has come round -- apart from the veneration due to its sacred name and origin, if anything belonging to it can be apart from that -- as a good time: a kind, forgiving, charitable, pleasant time: the only time I know of, in the long calendar of the year, when men and women seem by one consent to open their shut-up hearts freely, and to think of people below them as if they really were fellow-passengers to the grave, and not another race of creatures bound on other journeys. And therefore, uncle, though it has never put a scrap of gold or silver in my pocket, I believe that it has done me good, and will do me good; and I say, God bless it!”

I asked the students to take away two main themes from the passage I read. The first comes from the above passage where the nephew corrects Scrooge by reminding him that Christmas can't be “kept”. In working with youth, I have noticed a similar notion when students give of themselves; that notion that one needs to look outward in order to grow inward. Interestingly enough, this is in conflict with the development of the age of the students whom typically are focused on themselves. However, the transformation that can occur when a student volunteers for a service opportunity, helps out younger students or just simply does a kind act for another person is amazing!

The second idea that I asked the students to take from my portion read was a more general one. The fact that no matter how negative, morose, miserable and instigating Scrooge was in response to his nephew, his response back remained positive and inviting and non-judging. The nephew stayed true to his own person and more so wouldn't let Scrooge goad him into a fight. As we know from the ending of the story, this positive approach and open invitation allowed Scrooge to begin his redemptive path to being a better person.

I asked the students to be like the nephew even when faced with a “Scrooge”. Staying positive and looking for the good in each other is the key to remaining a trusting, respectful and vibrant community which we are at Southridge. When we care for and about one another, we look for ways to support, encourage and better each other. When we think about the group and its success, we will always become stronger as an individual – always!

I would like to take the time to thank everyone for a great term and all of the positive contributions that everyone made to its success. I wish each family can enjoy time together and recharge and relax for some of the holiday.

A reminder that the first Monday back – January 14<sup>th</sup> is a late start with school beginning at 10:20 AM

Have a great holiday!

Doug Palm  
Head of the Senior School

### **Southridge Takes Top Cinematography Award at ZoomFest!**

Southridge students enjoyed an exciting night at this year's Zoom Film Festival gala, taking multiple awards including the top prize for cinematography. The cinematography award, which includes a brand new GoPro camera, was taken by Grade 11 students Cassia Armstrong and Simarpreet Pattar. These same students also won second prize for directing and third prize for screenwriting, all at the Senior level. Their film, "Walking in Circles," can be viewed at this link:

<https://vimeo.com/55623286>

Additional Southridge awards included third prize overall in the Junior category, awarded to Grade 10 student Nick Pinette. Congratulations to all of the Southridge students who participated in this year's Zoomfest!

About Zoom Fest:

Mulgrave ZOOM Film Festival is in its 13th year and has one of the highest participation rates of any student film competition in the province of British Columbia. Filmmakers have 48 hours to plan, shoot and produce a finished film. During the tension-packed 48 hours students will conceptualize, write, shoot, edit, post and drop-off their six-minute film to be judged by BC industry professionals. Zoomfest films are a true look into today's youth culture, last year there were over 100 films from more than 40 BC schools. [www.zoomfest.com](http://www.zoomfest.com)

Chris Westendorf  
Media Arts Teacher

### **An Evening in December is Now Online!**

The senior winter concert, "An Evening in December" has been posted to the Video Galleries in each of the Parents, Alumni, Student and Faculty/Staff Portals. The photos from the concert are in the Photo Galleries of each of the Portals. You can also view the video on this special page:

[http://www.southridge.bc.ca/events/2012-12-13\\_an\\_evening\\_in\\_december\\_senior\\_concert/index.aspx](http://www.southridge.bc.ca/events/2012-12-13_an_evening_in_december_senior_concert/index.aspx)

You can email this link to family and friends whom you want to see the concert. This will allow them to view the video of the concert without having to log onto the Portals.

I will be doing the same with the Junior School Christmas concert and will send out an email with the link for that video once I have created the web page.

Alan McInnes  
Web and AV Services

### **Applications to Universities and Student Marks**

As we look forward to 2013 and applications for university entrance become paramount in students' and parents' minds, I would like to be clear about the protocol surrounding the application procedure and the submission of marks.

Depending on the institution, students will be guided by the university to which they have applied as to the next steps that they should take, including when and how to supply their Grade 12 marks. This can be done by a self-reporting process, or by providing a paper transcript that Southridge will forward directly to the institution. The majority of universities are looking for mid-year marks, which are available to students in early February. If students have concerns about the impact of their current marks on their university applications, then they should first contact Mr. Weaver or Ms. Livingston.

Approaching individual teachers to request an improvement in your mark is not appropriate and is strongly discouraged. Teachers have been instructed not to accede to any request for a raised mark. As an institution, Southridge, has to maintain its academic integrity to best serve the needs of all its students. We can best do this by continuing to build our reputation for academic excellence in both our programs and our students.

In the event that a student or parent feels that exceptional circumstances warrant a review of a student's mark in a specific subject area, then the Senior School Academic Program Director or the Head of the Senior School should be contacted directly.

Jan Holt  
Senior School Academic Program Director

### **My Fair Lady Needs Props**

The Drama Department is looking for the following items for our upcoming production of *My Fair Lady*. If you would like to loan or get rid of any of these items you may have at home, please contact Ms. Kelly. Thank you so much! [jkelly@southridge.bc.ca](mailto:jkelly@southridge.bc.ca)

1. Gramophone
2. Ornate Bird Cage
3. Small library stand
4. Old books
5. Ornate side tables
6. Chaise lounge or turn of the century couch
7. Oil Lamps
8. Outdoor street lamps or tall driveway lamp
9. Wagon for garden or outdoor use- maybe even a large child's wagon.
10. Barrels
11. Lamp
12. Wooden boxes
13. Old newspapers

### **Grade 8 Religions Day**

The four grade eight social studies classes will be visiting places of worship in the Lower Mainland as part of our World Religions unit on Thursday January 17, 2013. Our itinerary includes a visit to a Christian Church, a Muslim Mosque, a Buddhist Temple, a Sikh Temple, and a Jewish Synagogue. This field trip is an important part of our study on world religions. As students learn about different religions, they should gain a respect for different beliefs and a deeper understanding of different cultures. Students are expected to wear their full school uniform during the field trip. Lunch will be provided free of charge by the Sikh Temple. Students who prefer to bring their own food are permitted to bring a bag lunch to eat on the bus. Students should arrive at school at 7:25 AM and will return by 3:00 PM.

Mr. Norman Dods

### **Grad Fashion Show – January 22<sup>nd</sup> from 6:30 - 7:30 PM**

The graduating class would like to invite everyone to the grad fashion show. We will be putting on a fun fashion show full of dresses, tuxedos, desserts and door prizes! The cost is \$10.00 per ticket but please bring some extra cash to enter the draw prizes!! Bring the entire family and see what the grads could be wearing this year at their grad! We will have Moore's and Bella Sposa showcasing their tuxedos and dresses.

Grad Committee

### **Grad Bottle Drive – January 15<sup>th</sup> to 17<sup>th</sup>**

Please bring your bottles to the Senior School in the morning (7:30 - 8:00 AM) on either day to help support the graduating class! Save your bottles over the holidays for us!

Thanks!

Grad Committee

### **Lost & Found**

Note that all items in the Senior School Lost & Found will be donated to charity on Friday, December 21. If you are missing any clothing, water bottles or other items, please drop by the south end of the lower senior school hallway across from the Uniform Shop to reclaim them.

### **News for Both Schools**

#### **Gala 2012 Results**

I am thrilled to announce that this year's True Colours Gala raised \$187,000.00! This is truly amazing - an increase of over \$60,000.00 from last year! Thank you again to everyone that was involved – the organizing committee, staff, volunteers, guests and sponsors. We're already working on plans for a covered play area at the Junior School and will be able to purchase some additional capital items for the Senior School, including new staging for our performing arts! Thank you to all!

Christiane Hodson  
Director of Advancement

## On-line Tuition Payments

We are pleased to inform you that Southridge School is in the process of being set up to allow on-line tuition payments through selected banks. Through on-line web supported or telephone banking you may select "Southridge School" as on on-line bill payee and use "Student Number" as the account number to make tuition account payments directly to Southridge School. Payments may be made for amounts that are billed and mailed to you on your Student Account statement. We are not able to accept payment for amounts that have not gone through the Student Billing system and the Student Account statement.

Participating banks with effective dates of service are:

TD Canada Trust	Dec 12, 2012	
Central-1 servicing various credit unions	Dec 19, 2012	Coast Capital & Vancity Credit Unions
Royal Bank of Canada	Dec 21, 2012	
Scotiabank	Jan 10, 2013	
Bank of Montreal	yet to be determined	

Ms. Wendy Hector  
Director of Finance and Administration

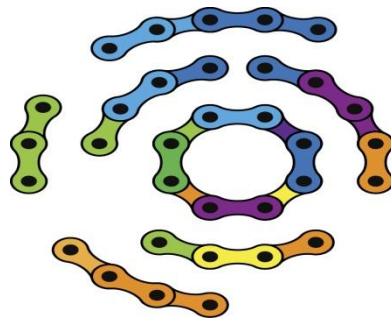
## Southridge Café Menu for the Week of December 17<sup>th</sup> – 21<sup>st</sup>

December is all about different food traditions around the world at holiday time. In addition to Christmas, there are also other religious and cultural holidays around the same time, like Hanukkah and Kwanzaa. Even Christmas is celebrated differently around the world.

We will also explore other holiday culinary traditions. Like Hanukkah meals. Fried foods like potato pancakes (latkas) doughnuts are traditional Hannukah treats because they are cooked in oil and remind us of the miracle of the holiday. Other foods like cheese, cheesecake and blintzes are also traditional, as well as roasted chicken and wine marinated brisket with root vegetables.

- Hannukah: - How they say Happy Hannukah: Chag Chanuka Sameach
- Kwanzaa: - How they say happy Kwanza: Kwanzaa yenu iwe na heri!
- Brazil: - How they say Merry Christmas: Feliz Natal!
- Czech Republic: - How they say Merry Christmas: veselé Vánoce
- France: - How they say Merry Christmas: Joyeux Noël
- Guatemala: - How they say Merry Christmas: Feliz Navidad
- Japan: - How they say Merry Christmas: Shinnen omedeto. Kurisumasu Omedeto
- Philippines: - How they say Merry Christmas: Maligayang Pasko
- Spain: - How they say Merry Christmas: Feliz Navidad

Marat Dreyshner  
Chef/Unit Manager



# FRIENDS OF SOUTHRIDGE CYCLING TEAM

## FRIENDS OF SOUTHRIDGE CYCLING TEAM

The Friends of Southridge cycling team is hosting its first fundraiser. It is a family orientated event, and the proceeds will go towards the fundraising efforts of the parents and teachers who are participating in the 2013 Ride to Conquer Cancer. Each participant has to raise \$2,500 in order to be eligible to ride. So who doesn't like to go to the movies? Young or old, this is still an activity that is enjoyed by all. Please see poster below, and if you would like to purchase tickets, please contact me at [aboyle@southridge.bc.ca](mailto:aboyle@southridge.bc.ca) or stop by the reception in the Junior School, and Ms Schaub will be able to help. There is a limited number of tickets available, and they will make great stocking stuffers.

Madame Boyle

MYP French teacher



**FRIENDS OF  
SOUTHRIDGE  
CYCLING TEAM**

- Place: Clova Cinema
- Date: January 26, 2012
- Time: 4pm
- This is a family orientated event to help raise money for the Ride to Conquer Cancer.

**Youth Tickets are \$10.00 (includes: admission, kids popcorn/pop/candy)**  
**Adults tickets are \$11.00 (includes: admission, adult popcorn and drink)**  
**Adults please bring large size re-useable containers for your popcorn and drink**  
**\*Only 1 of the 3 movies shown will be played\***



# Weekly Menu

**December 17<sup>th</sup> – 21<sup>st</sup>**

**Monday**

**Taco**

a Mexican style Meal

**Tuesday**

**Penne pasta**

In a tomato sauce

**Wednesday**

**Shepherd's pie**

**Thursday**

**EAT WHAT YOU WANT DAY**

Make up your own meal with our everyday  
Choices

**Friday**

**Open for breakfast only**



*DAILY SPECIALS,  
LOYALTY CARDS,  
FRIENDLY SERVICE*

**BREAKFAST COMBOS**

**SAVE**

CEREAL CUP & MILK -	\$3.25	(.25)
BREAKFAST WRAP&TEA	\$ 4.50	(.25)
MUFFIN & MILK -	\$2.80	(.20)
COOKIES & MILK -	\$2.50	(.10)
BREAKFAST WRAP -	\$3.50	
TATER TOTS	\$2.50	

**ALL  
PRICES  
INCLUDE  
12% HST**

**DRINKS**

- ORANGE JUICE
- APPLE JUICE
- LEMONADE
- FLAVORED WATER
- WATER
- KIWI STRAWBERRY
- MANGO
- BLUEBERRY
- YOP YOGURT DRINK

**LUNCH**

<b>HOT ENTRÉE -</b>	\$6.50
<i>CHANGES DAILY INCLUDES SALAD</i>	
PIZZA W/PEPPERONI -	\$3.00
PIZZA W/CHEESE -	\$ 2.80
DAILY PIZZA SPECIAL	\$300
GRILLED CHEESE -	\$ 2.25
PANINI W/MEAT -	\$5.50
PANINI VEG. -	\$5.00
CHICKEN BURGER -	\$3.30
CHEESE BURGER -	\$3.00
CHICKEN CORN DOG -	\$2.25
TUNA MELT -	\$4.50
FRESH SOUP -	\$3.00
SIDE SALAD	\$2.80
MAC N CHEESE Fridays	\$3.30
CRAZY BREAD Fridays -	\$2.80

**GRAB N GO**

CHIPS	\$1.50
RICE KRISPIE SQUARES	\$1.10
GRANOLA BARS	\$1.10
COOKIES	\$1.10
MUFFINS	\$1.50
BROWNIE BITES	\$1.75
CEREAL BOXES	\$1.25
OATMEAL	\$1.25
ICE CREAM	\$1.50
TEA	\$1.25
HOT CHOCOLATE	\$1.75
MILK	\$1.50

**CHILLED ITEMS**

FRUIT CUP	
YOGURT PARFAIT	\$2.95
FRESH FRUIT	\$1.10
MARBLE CHEESE SLICE	\$1.15
TUNA SANDWICH	\$3.95
EGG SANDWICH	\$3.30
VEGETARIAN SANDWICH	\$3.30
SANDWICH/WRAP SPECIAL	\$3.30
SALADS	\$2.80
JELLO	\$1.50

ALL  
SANDWICH  
BREAD AND  
WRAPS ARE  
WHOLE  
WHEAT OR  
WHOLE  
GRAIN