

Southridge Wednesday

15-16
No. 03

A Weekly Publication of Southridge School

September 23rd, 2015

Head of School

Our Association with CAIS

At the request of the Executive Director of the Canadian Accredited Independent Schools (CAIS), Anne-Marie Kee, I am attaching an open letter to the parents of member schools. For those parents who are new to Southridge, CAIS is a national accrediting body committed to whole-school improvement. Member schools must meet the highest national and international standards and be committed to constant reflection and development. Southridge has been a CAIS member for close to twenty years.

Beyond school accreditation, though, and the accountability that goes along with it, the CAIS organization is a valuable resource to its member schools because of its commitment to research and leadership development. To be sure, a number of our existing faculty are graduates of the CAIS Leadership Institute and others are currently pursuing their diplomas.

Together with the International Baccalaureate, the Independent School Association of British Columbia and the Ministry of Education, CAIS provides our school with a critical ingredient needed for our well-rounded, thoughtful and reflective organizational posture toward quality and constant improvement in all areas of our operations. From academics to finance and from admissions to governance, Southridge meets demanding and relevant criteria that help define school excellence.

In her letter, Ms. Kee highlights two important elements of the changing landscape in education. The first concerns itself with the shifting skills that our students will need in life to be successful contributors and leaders in our society. Beyond the obvious requisite knowledge-base, “the labour market is increasingly rewarding social skills such as teamwork, collaboration and the ability to communicate effectively.” At Southridge, our Kindergarten to Grade 12 academic program is explicit in developing these important skills. Along with our emphasis on character, our teachers and administration work very hard to design learning environments, experiences, interactions and activities to springboard your children’s preparation for postsecondary education and society at large.

The other highlight Ms. Kee identifies in her letter, relates to the use of technology in schools. The CAIS research project she references will help its members better understand how technology will influence their students’ experiences in postsecondary education. These insights will shape how we consider our use of technology at Southridge, and we are ready for the exciting changes that will come. Our school has been engaged with the meaningful and pertinent application of educational technology in all grades for close to twelve years, and, as documented in our recent accreditation report, the use of technology at Southridge is commendable for many reasons, not least of which is our ongoing commitment to our laptop program and how our teachers use technology in their classrooms.

At Southridge, we are thoughtfully and realistically progressive. We use our relationships with organizations and accrediting bodies such as CAIS to provide feedback, research and training to improve our whole school so that we are in a position to provide the absolute best education possible for your children.

Have a wonderful week!

Drew Stephens
Head of School

Goodbye to Lisa Boudot

Lisa Boudot will be leaving Southridge on September 29th to pursue a new administrative opportunity that she is very excited about with the Surrey School District.

As many of you may know, Lisa has been with Southridge for eighteen years, starting her career here at the beginning of our school's third year of operation while Alan Brown was still at the helm. During her time at Southridge, Lisa has helped our school flourish from its original modular building with 160 students and twenty staff to where we are today.

During her time at Southridge, Lisa has provided administrative support to our school in a number of areas including Finance and Administration as well as Advancement and Community Relations. Lisa's diverse background and aptitude in all things digital allowed her to assist and contribute to several aspects of our school by being involved with various projects and initiatives while remaining flexible and adaptable as our school grew and developed.

Lisa has served the Southridge community with great pride over the years, and I feel confident in speaking for all of us when I say that Southridge is grateful for her dedication, commitment and loyalty. Her wealth of knowledge and expertise will truly be missed.

On behalf of Southridge, I wish Lisa all the very best in the future and sincerely thank her for her many and varied contributions to our school community.

Drew Stephens
Head of School

Important Dates			
Event	Date	Time	Location
Grade 9 Immunizations	Thursday, Sept. 24 th	8:00 – 10:00 a.m.	Cafeteria
Used Uniform Sale	Thursday, Sept. 24 th	2:30 – 4:00 p.m.	Junior Great Hall
Outdoor Ed Info Session	Thursday, Sept. 24 th	6:00 – 6:50 p.m.	Various Classrooms
Meet the Teacher Evening	Thursday, Sept. 24 th	7:00 - 8:00 p.m.	Junior Great Hall
Grade 5: Outdoor Ed Camp	Sept. 28- 30 th		Sea-to-Sky Outdoor School
Grade 6: Outdoor Ed Camp	Sept. 29 – Oct. 2 nd		Camp Qwanoes
Grade 7: Outdoor Ed Camp	Sept. 29 – Oct. 2 nd		Camp Summit

Junior School News

Head of Junior School

Much to be gained from Outdoor Education—now I understand

At Southridge, we strongly endorse Outdoor Education, as this experience allows a student to grow in many areas in an alternate setting. For the past eight years, I have waved good-bye to our students knowing that growth in character development, personal and practical skills, as well as relationships are a wonderful by-product of an outdoor education experience. However, this year, I have a new appreciation for the challenging ropes courses that our students will visit, as this summer, our leadership team spent a day at the Ropes course at UBC. Personally, I faced the course with a bit of trepidation, although equipped with safety harness and helmet, the height of those trees and ropes were extremely intimidating. Thankfully Mr. Palm volunteered to do the dreaded Leap of Faith first, and I relied on his experience in navigating this course, before I could muster up the courage to embrace it myself. One by one, we all ascended to tree, to eventually leap across a large abyss to ring a bell suspending high up in the canopy. Candidly, it was exhilarating, and we all made it. I emerged with a renewed respect for our leadership team, for myself as a risk taker, and for the Outdoor Education experiences we offer our students.

Outdoor Education is a natural way to develop and demonstrate character. In challenging themselves, finding ways to overcome obstacles and supporting their peers, students learn that character is about how you deal with difficult

situations and interact with others. Some of the practical and personal skills that students learn involve the ability to communicate with members of a team to accomplish tasks. One of the most memorable and meaningful parts of Outdoor Education is the relationships built on trust, and support. When we remove the classroom setting, the teachers and students get to know each other in a new environment which sheds a fresh light and understanding on an individual. Strong relationships make our school that much stronger. For these reasons, we are proud to have our grade five, six and seven students away at three different camps this upcoming week, knowing that they will come back with renewed skills, a chance to build character, and a refreshed lens on their relationships. Indeed, much to be gained from Outdoor Education, and experiential learning is a common theme for Southridge from kindergarten to grade twelve.

Have a great week,

Mrs. Middelaer
Assistant Head of School
Head of Junior School

Winter Uniform

Students have a few more days to enjoy their summer uniforms because on Thursday, October 1 the wearing of the winter uniform becomes mandatory. Just to remind students that the winter uniform includes the green school sweater, white dress shirt, school tie, black shoes, grey flannel pants for boys, tartan kilt for girls (hemmed no higher than 3 inches above the knee), dark grey socks for boys and black knee socks or tights for girls. Thank you for making sure the uniform is clean, pressed and worn in a smart manner. We are representing our school in our actions and deeds, but also attire. Let us represent the school well.

Meet the Teacher Evening- Thursday, September 24, 2015 7:00 – 8:00 p.m.

As parents, you are an important partner in your child's education, and we seek to have very strong relationships with you. As such, we are pleased to have our 'Meet the Teacher' on Thursday, September 24 at 7:00 – 8:00 p.m. The format of 'Meet the Teacher' evening will be somewhat altered to provide opportunity for parents to meet with all their children's teachers. This evening is important in that our teachers have some very specific information about how their class is organized and the routines that are in place. The format will be as follows:

7:00 – 7:10 p.m. - Introductory Meeting in Junior School Great Hall –Mrs. Middelaer will introduce specialist teachers and present a brief overview of our programme. Mr. Anderson will briefly touch on LMS (Learning Management System) and school communication.

7:10 – 7:40 p.m. - Formal presentation by class room teachers in your child's homeroom. Please be on time for this as our teachers have a lot of information to convey, and will be as efficient as they can in presenting. We highly recommend that if parents have 2 or more children, they attend the session of the youngest child.

7:40 – 8:00 p.m. - Mix and Mingle in classrooms- if you did not get to attend the formal presentation in one of your children's classrooms, please visit that room during this time. This time is designed to be less formal, and the teachers can provide you with any handouts that you missed. However, it is really important to make that connection with the teacher. Specialist teachers (music, French, PE and art) will also be in the Great Hall at this time for a chat or visit.

8:00 p.m. – Dismissal- Everyone will depart to their respective families, teachers as well.

Earlier in the evening in our great hall, we are also offering an '**Introduction to PYP**' (Primary Years Programme) for any of our new families from 6:00 – 6:45 p.m. so that we can explain the philosophy and teaching practices of an International Baccalaureate World School (IB). Ms. Shanaz Ramji-Motani, our PYP Coordinator, will be pleased and honoured to explain our programme.

Outdoor Education Camps

All students in Grades 4 through 7 will be going on exciting adventures during the year. Please note that a decision has been made to have the Grade five students attend their camp in the fall so that all MYP students have this valuable experience at the same time. Here are the dates of the trips:

- Grade 4: Sea-to-Sky Outdoor School, Web Weavers Program, June 15-17, 2016 (compulsory)
- Grade 5: Sea-to-Sky Outdoor School, Discovery Program, Sept. 28- 30 , 2015 (compulsory)
- Grade 6: Camp Qwanoes, Adventure Program, September 29 – October 2, 2015 (compulsory)
- Grade 7: Camp Summit Outdoor Camp, September 29 – October 2, 2015 (compulsory)

Outdoor Education Parent Information Sessions - Thursday, September 24, 2015

As we have outdoor education outings in mid-September, we will be hosting Parent Information Evenings on the same evening as 'Meet the Teacher' night. The time and location will be as follows:

- Grade Five 6:00 – 6:50 p.m. Mr. Best's classroom
- Grade Six 6:00 – 6:50 p.m. Mr. Anderson's classroom
- Grade Seven 6:00 – 6:50 p.m. Ms. McNeil's classroom

Continuing the legacy – the Marathon of Hope

On Friday, September 25th, Southridge Junior school students will participate in our annual Terry Fox run. 2015 marks the 35th anniversary of this event.

Here is quick summary of who Terry Fox was. Terry Fox was born on July 28, 1958 in Manitoba, and he moved to B.C when he was only a child. He was described as a serious child and at a young age displayed qualities of tenacity and determination which contributed to the successes he enjoyed in his all too short life. He wasn't a tall person, nor was he a naturally gifted athlete, but he never let these limitations stand in his way. He set goals for himself, and he always did what was necessary to achieve them.

At 18, Terry was diagnosed with bone cancer, and got an artificial leg that started a few inches above his knee all the way down his leg and foot. But instead of giving up like a usual patient with cancer, Terry did something else. When a friend of his told him about a man who ran a marathon with an amputated leg, Terry Fox did something completely unexpected.

He started to run a marathon every day. He thought that if he ran across the country, he could raise awareness for cancer. He dipped his foot in the Atlantic Ocean and started running-across Canada. He called it the Marathon of Hope. This marathon started on April 12, 1980 in St. John's, Newfoundland. Terry ran and ran, pushed on and on, running an average of over 35 kilometers a day.

Sadly, on Sep 1, just outside of Thunder Bay, Ontario, 5,373 kilometers from where he started, Terry was forced to stop running because the cancer had spread to his lungs. He passed away ten months later. Even though his ending was a tragic one, he raised over 24 million dollars for cancer awareness just in the Marathon of Hope.

On September 25th, the students of Southridge Junior School will continue his legacy and continue the Marathon of hope. Students are expected to come to school dressed in their house colors, and are expected to contribute a minimum of \$5.

"I don't feel that this is unfair. That's the thing about cancer. I'm not the only one, it happens all the time to people. I'm not special. This just intensifies what I did. It gives it more meaning. It'll inspire more people. I just wish people would realize that anything's possible if you try; dreams are made possible if you try". Terry Fox

Wasif Somji Grade 7 student
Madame Boyle (Junior School Service coordinator)

Grade 7 Bandathon a Big Success!

On Thursday, September 17th, our Grade Seven beginning band students took part in Southridge School's annual 'Bandathon.' This special event is a day-long celebration of music, where the students spend the school day working with professional musicians from the Vancouver Symphony Orchestra. At this year's event, we were very fortunate to have four amazing instrumentalists who were also exceptional teachers. Each clinician worked with one of our beginning band sectional groups: flutes, clarinets, trumpets, or low brass (trombones and baritones). Over the course of the day, the students learned everything from how to assemble their instrument, to correct posture, to embouchure, to fingerings, and even musical articulation.

We also enjoyed a wonderful concert by the musicians, a question and answer session, and many yummy treats that were generously provided by our families. Feedback from the Grade Sevens has been very positive, with many expressing amazement at how much they were able to learn in just one day. We look forward to sharing this learning with our parents at 'Teach Your Parent Night' on October 20th-when the grade seven students will take on the role of teachers!

Dr. Bessflug, Mr. Burrage, and Mr. Mitchell

AR Junior School Parent Information Sessions – October 8th 8:30 am or 6:00 pm – MacDougall Library (Jr. School)

All parents interested in the AR Reading program in the Junior School are invited to attend a parent information session in the morning or evening on October 8th in the MacDougall Library (Jr. School).

The AR program is introduced in Grade 3 and students from grades 3-7 participate in this daily reading and comprehension program. Please come by for a review of the program and Q & A session.

Ms. Chong, Mrs. Khangura and Mrs. Gardecki

Senior School News

Head of Senior School

BC's New Education Plan

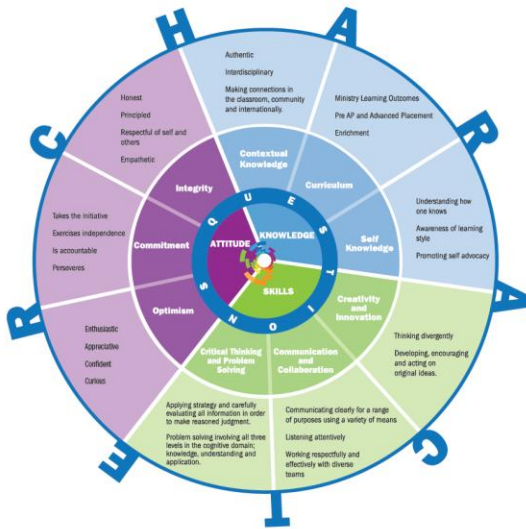
As Mr. Stephens and Mrs. Middelaer both commented in last week's Wednesday, this fall, the BC Ministry of Education released the dates for the implementation of the new curriculum as part of the BC Education Plan. Teachers across the province were involved in collaboratively writing this curriculum, and it represents best practices in teaching and learning. The focus is on a student-centred approach and this is a core belief of Southridge's educational philosophy.

Our Senior School Educational Program (SSEP) is aligned very well with many aspects of the new curriculum.

- Learning occurs through authentic experiences and connect with students' interests and passions.
- Foundation skills (reading, writing, oral language and numeracy) are important
- Learners assume increasing responsibility for themselves and others
- Competencies (which include collaboration, communication, creative and critical thinking) develop over time.
- Learning is assessed and reported in meaningful ways that help students improve.

As you look at the SSEP graphic that provides an overview of our educational model, you will note that the skills we are focused on developing align perfectly with the core competencies that the BC Ministry has identified. These include critical thinking and problem solving, creativity and innovation. Additionally, the new curriculum emphasizes the importance of students contributing to a collaborative classroom environment. Our student-centred, discussion-based collaborative learning or Harkness approach to learning provides students vital opportunities to

SOUTHRIDGE Senior School Educational Program



develop their own learning by collaborating with their peers and teachers cultivating the ability to ask thoughtful and reflective questions. Along with the opportunities to present their ideas in many ways through projects, reports and public speaking and debating, students are preparing this vital skill for their future.

Knowledge has always been an important part of our curriculum and will continue to do so; however, we are consistently looking for ways to find connection across disciplines and through authentic experiences. This is another important additional to the new curriculum. Experiential education has been a key element of a Southridge education through the many opportunities that students are provided through trips, tours, service learning and co-curricular activities in additional to the many ways that learning in the classroom is tied to authentic, ‘real-life’ experiences.

Perhaps most encouraging with this new curriculum is the focus on personal and social competency. As the Ministry explains, “this encompasses the abilities students need to thrive as individuals, to understand and care about themselves and others, and to find and achieve their purposes in the world.” Southridge’s focus on developing character and goodness through service learning provides students the ability to look outwards and find ways to help others. In fact our mission and vision statements align with this above statement very clearly as we want our students spirits to soar and our graduates to make a difference in the world.

We are very excited about the changes that are taking place in education and support the transformations that being introduced by the Ministry of Education. Our Senior School Educational Plan provides us with a clear and aligned plan to prepare our students to be successful learners and well prepared for future Post-secondary options and beyond.

Have a great week!

Mr. Doug Palm
Head of Senior School

Welcome to the Southridge Senior School Mini School Evening

There are several opportunities to get to know teachers on an informal basis early in the school year at events such as the Welcome Back Picnic and on the sidelines at sporting events, but on **Thursday October 1st from 6:30 to 9:15** Southridge invites you to the Senior School Mini School Night.

This evening provides you with an opportunity to follow your son or daughter’s schedule and to meet his or her teachers. This popular event has received excellent feedback from parents who have found it to be a very informative and valuable experience. To parents of students in all grades please come and join us and learn a little more about the varied curriculum and daily lives of our students in the Senior School.

Registration begins promptly at 6:30pm in the Senior School gym. We look forward to seeing you there.

Ms. Jan Holt
Senior School Academic Program Director

University Counselling News

University visits are well underway for the Fall visits. Please note the following:

1. Southridge welcomes four prestigious U.S. universities to Southridge on Thursday, September 29 at 3:30pm in the Senior School Library. Senior school students and parents are welcome to attend to hear information from Duke, Northwestern, Vanderbilt and Georgetown.
Please register at www.ugadm.northwestern.edu/session/international
2. The Canadian Universities Fair will be held in the Senior School Gym on Monday, October 5th – all Grade 11 and 12 students will be attending as part of Leadership Experience Week. Representatives from 50 Canadian universities and colleges will be available between 1:40 to 3:00pm to answer questions and provide information at their booth.
3. Interested in direct-entry medicine programs in the UK? Attend the St. George's Medical School info session on Tuesday, October 6 at 7pm in the Senior School Library. Senior School students and parents are welcome! No registration required.
4. Interested in UK universities? Attend the UK University Fair at Crofton House School on Thursday, October 8th from 6pm to 8pm. Enter the school via Balaclava Street entrance. Meet with representatives from Durham, King's College, Royal Veterinary College, Nottingham, Newcastle, St. George's, UCL, St. Andrew's, Bath, University of the Arts, Queen Mary.

Yvette Livingston
 Director of University Counselling
ylivingston@southridge.bc.ca

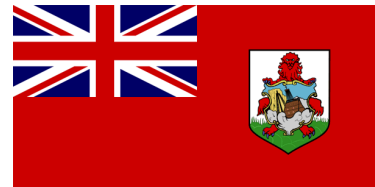
Senior School Fall Canoe Trip - Main Lakes Chain, Quadra Island - Oct 1 – 4, 2015

Each Fall six to ten enthusiastic students take four days out of their busy suburban existence to get away from all the noise, both literal and metaphorical. This year's trip will head to the beautiful Main Lakes Provincial Park on Quadra Island. We'll be camping in tents, cooking our own food, canoeing, hiking, and just sitting around the campfire swapping stories and riddles while the peaceful stars shine down. The trip itself may be used as either a practice or qualifying journey for Silver or Gold levels of the Duke of Edinburgh Award program. It is open to students in Grade 10 to 12. We leave early Thursday morning, October 1 and return Sunday evening, Oct 4. Forms are attached; please see Mr. Burrage if you have any questions.

Mr. Burrage
sburrage@southridge.bc.ca

Rugby Tour 2016 – Bermuda!

In Spring Break of this school year, the Senior Boys rugby team plans to head out on tour to Bermuda. This tour is scheduled to happen every three years, so that each senior player has the opportunity to go on one tour. Usually the destination is the UK, but this year the UK schools are on their break at the same time we are, which is why we are planning to go to Bermuda to connect with the CAIS school, Saltus. The trip will be approximately ten days and the boys will be able to play four different teams, as well as participating in skill-development workshops organized by the Bermuda Rugby Football Union.



Who: The tour is open to any boys with rugby experience in Grades 10 – 12.
When: 17 – 26 March 2016
Where: Bermuda
Cost: approximately \$3100 (flight, meals, lodging included)
Deposit: \$1000 due Wednesday, 30 September.

There are still several spots open for boys who want to go. We need to have a full roster in order for the tour to happen.

If you have any questions, feel free to contact Mr. Johnstone at ajohnstone@southridge.bc.ca or Mrs. Becker at bbecker@southridge.bc.ca.

Both Schools

Southridge School Town Hall Meeting – Monday September 28th.

Southridge will once again hold a Town Hall political debate for the candidates of the White Rock/South Surrey Riding. The debate will be moderated and conducted by the students themselves. Samir Saincher and Megan Galbraith will be the political moderators and questions to the candidates will be given by some of our Social Studies 11 students. It is in the Socials 11 curriculum where students learn in-depth about our Canadian governmental system and politics. Given this is an election year, it is a wonderful opportunity for the students to experience a political debate first-hand and also to be a part of it. Mr. McInnes will be recording the event and it will be available for viewing on our website by the evening of the 28th. If you have the time, you are also welcome to attend the Town Hall meeting.

Location: Senior School Great Hall

Time: 8:10 to 9 am

Audience: Grade 8 to 12 students, plus parents are welcome to attend

Candidates: Dianne Watts (Conservative Party), Larry Colero (Green Party), Judy Higginbotham – still to be confirmed (Liberal Party) and Pixie Hobby (NDP)

Mr. Knihniski
Social Studies Curriculum Leader

Criminal Record Check Required for Volunteers

This is a reminder to all parents that some volunteer positions at Southridge require you to complete and submit a Criminal Record Check to the school prior to volunteering. These include:

- Drivers for field trips, sporting events, games and other activities such as music events or service activities,
- Designated chaperones,
- Coaches or assistant coaches,
- Library assistants,
- Lunch hour supervisors,
- Uniform shop volunteers, and
- Any other position that may include having access to children without the presence of a teacher or school administrator

If you are planning to volunteer for any of these, you MUST submit a completed CRC to the school as soon as possible. Unfortunately, the forms that were mailed to you previously are no longer accepted by the RCMP.

If you are a resident of the City of Surrey, use the attached NEW form, fill out this form and bring the attached cover letter with you to the RCMP detachment at 14355 57th Avenue along with 2 pieces of government-issued ID.

You must go to the RCMP detachment in person. That is to say, you cannot bring your spouse's form for them. When your check is complete (usually done while you wait at the detachment), bring the completed forms back to the school.

If you are not a resident of the City of Surrey, you must go to your own community's police detachment and fill out their CRC forms (it varies from city to city). There may be a minimal charge associated with the check.

Your CRC is kept on file for five years. We will contact you when it has expired and you are required to complete the check again.

If you have any questions, please contact me directly at chodson@southridge.bc.ca.

Thank you for taking the time to complete this check and for volunteering at Southridge!

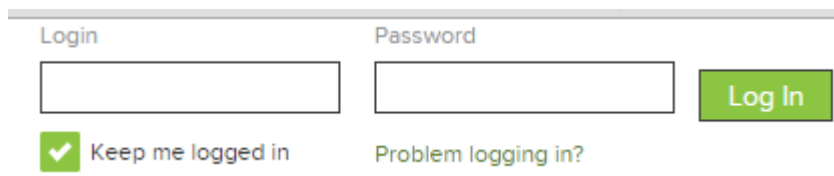
Christiane Hodson
Director of Advancement

Getting Started. Logging Onto Vidigami

By now you should have received an invitation to join our new Southridge community photo sharing service: Vidigami. www.vidigami.com It is a powerful, yet easy way for each of us to upload and share photos. In the past, photos taken by the school were unavailable to parents. All of that has changed as now photos from events and activities at the school will be uploaded to Vidigami where parents can view them and download them for personal use. Parents can also upload and share the many photos they take at school events and field trips.

If you haven't received an email invitation or you haven't logged on yet, you can go to the Vidigami website; www.vidigami.com and through a few simple steps get set up to log on.

1. Go to www.vidigami.com
2. Click on the "Problem logging in?" link. You will be prompted to enter your email address and you will then be sent a password reset email.
3. Follow the steps to reset your password and then you will be able to log on.



The image shows a login form with the following elements:

- Two input fields: "Login" and "Password".
- A green "Log In" button.
- A checkbox labeled "Keep me logged in" which is checked.
- A link labeled "Problem logging in?".

Please let me know if you have any problems getting onto Vidigami. You can contact me at amcinnnes@southridge.bc.ca We want every parent to have access to the wealth of photos that are available in this rapidly expanding collection of great memories.

Alan McInnes
Manager
Web and AV Service
amcinnnes@southridge.bc.ca

Playground Project Update

Last week was a very exciting one for the playground project! As the structure began to take shape, the kids were watching in eager anticipation. This week will probably be even more exciting as Phase 1 should be very close to being completed!

A huge thank you to all the families who have already contributed to the new playground! To-date, we have raised nearly \$50,000. When you see them, please be sure to thank them for their support.

They are:

- The Panaich Family
- The Grootendorst Family
- The Xie Family
- The Yang/Wang Family
- The Yue Family
- The Brown Family
- The Povey Family
- The French Family
- May Zhang & Ben Lu
- Isabel & Louis Kim
- The Mao Family
- The Embley Family
- The Favor/Mantini Family
- Ziheng Wu's Family
- The Lawson Family
- Gemma Martini and Terry Vipond
- The Hodson Family
- The Robins Family
- The Toporowski Family
- The Gallant/Hodder Family
- Anonymous

It's not too late to give! Our fundraising goal for Phase 1 is \$150,000, so we still need your support. Please consider making a gift towards this special campaign. [Click here](#) to make a gift online or contact me directly to discuss your contribution at chodson@southridge.bc.ca or 604-542-2330. All donors who contribute \$1,000 or more will be recognized on a special donor wall on the playground. Thank you, in advance, for your generous support.

Phase 1, which includes an amazing climbing structure, as well as a new play structure with 4 slides, multiple platforms and lots of monkey bars, will replace the two oldest structures on the current site and is scheduled for completion this week. The playground will be gated off until construction is complete.

Phase 2, which will incorporate our students' input and ideas, will be supported through the annual gala on November 21st. Installation will take place in the spring and will be a 'community build' which means that you can be involved in building the playground that your children will enjoy every day!

If you have any questions about the playground project, [click here for more information](#), or contact me directly any time.

Thank you,

Christiane Hodson
Director of Advancement
chodson@southridge.bc.ca

Human Resources News

Mrs. Joyce Kim has joined Southridge on a part-time temporary basis as an English Teacher. Joyce is an experienced English Language Arts teacher and English Language Learning Teacher with over 15 years of experience teaching both overseas and in Canada. Joyce comes to us from St. Margaret's School where she worked

for 5 years as a Senior Years English Teacher and taught English 10 – 12 as well as English Literature 12, AP English Language and Literature as well as preparatory courses for Provincial English 10 and 12 examinations. Joyce spent the last two years as a Middle Years Teacher and taught English Language Art 5 -8. In addition, Joyce has been working with the University of Victoria as an English Language Instructor for seven years. Joyce holds a Bachelor of Arts and Bachelor of Education in English and is currently working towards the completion of her Masters of Educational Technology. Joyce is committed to lifelong learning and professional development and is a passionate advocate of technology based learning and innovation.

Mrs. Linda MacHolm is entering her first year of teaching as a part-time Art Teacher in the Junior School. She has recently finished her Bachelor of Education at UBC where she was part of the IB DP Cohort. As an artist and photographer, she has lived and studied in England, Denmark, Sweden and Canada. Passionate about working with children and youth, she has designed and facilitated art programming for students from pre-school through grade twelve. Avid about the concepts of Reggio Emilia and the IB approach to art education, she looks forward to contributing positively to the school community as a whole.

Mrs. Christina Simpson joined Southridge on August 31st as a part-time receptionist. Christina will be providing lunch coverage for both the Junior and Senior school reception desks. Christina began her career in the field of radio broadcasting at Star FM, where she worked as an on-air announcer before branching into marketing and promotions with the Abbotsford Airshow, Hancock House Publishing and Western Versatile Construction. For the past several years she has been busy volunteering her time with her children at school, fundraising, managing and supporting various minor sports teams.

Darcie Sagert
Director of Human Resources
dsagert@southridge.bc.ca

Volunteers are paid in six figures S-M-I-L-E-S!!!

A huge thank you to all our volunteers for their hard work and help at our Welcome Back BBQ. The event was a great success and we are so fortunate to have a community that is always willing to be there for us whenever they are needed. The key to our success is having committed volunteers like you and your amazing dedication and incredible support was much appreciated last Friday – great job!

Ms. Slaughter
Advancement Officer

Welcome Back Bar-b-que Photos on Vidigami

The photos taken in the Junior School Great Hall during the Welcome Back Bar-b-que are now posted to Vidigami. Families that posed for the photographer may review and download the photos in the School Events section.

Enjoy!

Alan McInnes
Manager
Web and AV Services

Thanks for the Freezies!

On behalf of all senior school students, I would like to thank Theresa Andreou for supplying all the freezies for the house picnic. They were enjoyed by all, and they were a wonderful treat after a rambunctious day of fun and frolic. Theresa has been donating the 400+ freezies and delivering them frozen and on time for many, many years. Thanks so much, Theresa!

Kierstan McCaw

Volunteer Sign-up Now Open!

We hope that you have had a wonderful summer! The first day of school is nearly here and we'll need our parent volunteers to sign-up for everything from hot lunch to gala set-up! Similar to previous years, volunteer positions are currently posted online and you can sign up today for the positions you're interested in.

Please remember that some positions require a completed and returned Criminal Record Check. If you have completed one in previous years, you do not need to re-submit one (they expire every 5 years). If you are new this year or have not submitted one previously, please do so as soon as possible. More information about this process can be found in the parent portal under "Volunteer Corner". Also, if you are planning on driving students on a field trip or sports trip this year, you must submit your Driver's Abstract and have a Criminal Record Check on file at the school. Driver's Abstracts expire every year. More information about this process can also be found in the volunteer corner of the parent portal.

All positions that require a Criminal Record Check, will also require you to watch a short training video. We will send out the link to this video in early October when the schedules have been finalized.

Some positions also have other pre-requisites or required skills (for example, a class parent must be a returning parent). Please click on the "read more" links for more information about a position.

Country Fair and Golf Tournament volunteer opportunities will become available in February/March. Please watch for more information in *The Wednesday* for specific dates.

The Welcome Back BBQ chairs are still looking for some volunteers for the afternoon of September 18th. If you are interested in volunteering specifically for that event, please contact Graham directly at gsrobins@aacb.com.

The Gala Committee is desperate for procurers for the live and silent auction. Please contact Shelley at 604-542-2334 or email her directly sslaughter@southridge.bc.ca if you can help out.

If you have any questions about volunteering at Southridge, please don't hesitate to contact the Volunteer Committee at volunteer@southridge.bc.ca.

Thank you so much for volunteering at Southridge and keeping our strong tradition of volunteer support alive!

Volunteer Committee

Bakers Needed

Are you looking for a volunteer position that you can do at home? Nurture the teachers that nurture your children. Volunteers are needed for Friday morning baking for faculty. This requires contributing two dozen home-baked items every 1-2 months. Both Junior and Senior school parent/grandparent/big person volunteers are needed. Contact Vanessa.Lapointe@shaw.ca for more information. Sign-up is done through the Volunteer Corner of the parent portal (click on the orange "volunteer now" button). Happy baking!

Operations Volunteers

Did you know that many daily and weekly school operations are dependent on volunteers? These positions give you a wonderful glimpse into the world of your child and are a great way to give back to the Southridge community. Volunteers are currently needed for junior school library, uniform shop and baking committee. More specifically, library coverage is needed for the following schedule slots:

- Mondays – AM and PM shift
- Tuesdays – AM shift
- Wednesdays – AM and PM shift
- Thursdays – AM shift

Sign up on the Volunteer Corner of the parent portal by clicking on the orange “Volunteer Now” button. For Library shifts, please also email amandeepdhillon78@googlemail.com to confirm your shift preference.

Have you got old style uniforms that you aren’t sure what to do with?

Now that the old style uniforms are no longer to be worn at school you may be wondering what to do with your old uniform items. Is it garbage? No. Many people do not know the negative effect on the environment by throwing clothing in the landfill.

Did you know:

- Textiles make up 5% of our local landfill
- Natural fibers can take hundreds of years to decompose and may release methane and Carbon-dioxide gas into the atmosphere
- Synthetic materials do not decompose, and can release toxic substances into the groundwater and soil

By recycling textiles instead of throwing them away, water and energy consumption is reduced, there is reduced pollution and less use of dyes.

We are organizing a textile-recycling program for the old uniforms at the school so please hang on to those old uniforms and stay tuned for more details to come soon.

Charlotte Luking
Grade 7

Used Uniform Sale

The grad committee will be holding the first Used Uniform Sale to help support the Grad 2016 Celebration & Fundraising. We will have all of the new style uniform items that are required this year for sale.

Date: September 22nd – 24th

When: 2:30 pm – 4:00 pm

Where: Junior School Great Hall

We will be accepting used uniform donations in the boxes at the front of the Senior School Great Hall and the Junior School Great Hall. Please ensure they are washed prior to dropping off. Any old-styled uniform items that are donated will go to support Charlotte Luking’s textile-recycling program.

Thank you for supporting the 2016 Celebration & Fundraising!

Heather Mosher
Grad Committee Coordinator

Uniform Shop Hours

The Uniform Shop is open during the following hours.

Monday – Thursday (closed Fridays)

7:45 - 9:00.a.m and 2:00 – 4:00 p.m.

Phala Tan
Business Services Manager
ptan@southeridge.bc.ca



Canadian Accredited Independent Schools

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EXECUTIVE DIRECTOR

MS. ANNE-MARIE KEE

September 2015

Dear Parents:

As parents, we seek the best for our children. Amidst all the tumult, noise and distractions, we want for them a life of opportunity and challenge and compassion.

I would like to congratulate you on choosing Southridge School, a member of Canadian Accredited Independent Schools (CAIS). Together with each of our member schools – 96 and growing – CAIS takes these responsibilities and opportunities seriously.

You already know that CAIS is a community of the top schools in Canada, that our member schools meet the highest national and international standards, and that graduates from CAIS schools attend the most prestigious Canadian and international universities.

As part of our ongoing commitment to CAIS parents and children, we are also continuously engaged in thinking about the future that awaits your children.

I was particularly interested in recent research by David Deming of the Harvard Graduate School of Education. In a working paper tracing connections between earnings and skills over time, he found that the labour market is increasingly rewarding social skills such as teamwork, collaboration, and the ability to communicate effectively – even over the sort of cognitive skills that we think of as being essential in our era of expanding technology.

CAIS also recently commissioned the Academica Group to summarize for us the trends related to online learning in postsecondary institutions. In order to ensure that our member schools understood this shifting landscape, we wanted to know how much online learning will influence your children's postsecondary education.

Casting our attentions even further into the future, CAIS is actively engaged in our own "2051 Project" – which gathers best international practices and creates business and academic strategies to ensure the ongoing strength, independence and permanence of all CAIS member schools.

I invite you to seek out the Harvard study, the Academica research, and The 2051 Project on [our website](#).

I also invite you to wander around our website and read about the wealth of academic, leadership, athletic, social, artistic and other skills that we help foster and encourage. You'll find this information in our National Tracking Project as well as elsewhere on our site.

No other Canadian accreditation or standards organization in education is as complete or as thorough as CAIS, and because we exist at arm's length from member schools' own administration, ongoing evaluation enables schools such as Southridge to be more accountable directly to the Southridge community.

Congratulations again on picking Southridge School for your child. At CAIS, we encourage parents to be actively engaged in Canadian education, in asking the hard questions, and participating in the rigorous improvements continuously needed to reimagine Canada's best schools – both for our students today and for generations to come. By picking Southridge School you are the first and essential part of this ongoing activity.

Established in 1981, CAIS remains focused on you, and on your children. They, after all, represent the future of all that we do.

With my very best wishes to you – and your children – for this academic year.

Sincerely,

A handwritten signature in black ink that reads "Anne-Marie Kee". The signature is written in a cursive, flowing style.

Anne-Marie Kee
Executive Director



Southridge School

2656 – 160th Street, Surrey, B.C. V3S 0B7

PH: 604-535-5056 FAX: 604-535-3676

SRS Fall Canoe Trip, 2015. Main Lakes Chain, Quadra Island

Dear Parents:

September 15, 2015

This fall's canoe trip will be to paddle the beautiful waters of the Main Lakes Chain, on Quadra Island. A gear list and menu planning sheet will be given to the students for their planning. This excursion will be a 4-day trip, in order not only to enjoy the great outdoors, but also to qualify for the Duke of Edinburgh's Silver or Gold Award. (since a qualifying journey needs to precede both the Silver and Gold level trips, students should check to ensure that their D of E requirements are met).

The teachers attending the trip will be Ms. Beer and Mr. Burrage. The teachers will have a complete first aid kit, including two Epi pens. In addition, they will carry a cell phone, an emergency locator signalling device, as well as extra cold and wet weather gear.

The students should ensure that they complete the menu plan. They must also agree not only to be conscientious in the great outdoors, but also to inform the teachers immediately if they feel ill or are injured in any way. We expect that each of them is in good physical condition and has canoed in the past. Additionally, they must attend two pre-trip meetings, Thurs, Sept 24 and Tues, Sept 29, both in Rm. 103 at lunch.

The gear list must be used AS YOU PACK. Comfort and safety are at stake when items on the list are not brought. Please ensure that your child has everything. A toque, non-cotton clothing, good waterproof raingear, a warm sleeping bag, and a proper ground insulation sleeping mat (thermarest or closed cell foam) are vital. Southridge will provide all of the following: tent, stove and fuel, pots, canoes, with PFDs, paddles, bailers, and rope, one large dry bag per cooking group, and a means to purify water for drinking.

The costs for the trip will be \$100 - 150, depending on the numbers, billed to the student's Southridge Account. Students will also be expected to buy their own food for the trip.

The safety of our students is the first priority in planning any outdoor activity. In addition, we ensure that the challenges presented by the excursion match the skill level of the student. However, as with any outdoor activity, there are some risks that each parent or guardian should be aware of including, but not limited to, the following:

- Our trip is in the backcountry, and therefore we will be some hours away from a major hospital. We will not be within road access for an ambulance, so immediate access to that level of medical attention is not possible. If there is a severe accident, students would be airlifted (weather and light permitting) to the nearest hospital.
- The weather can be unpredictable and severe. We would not go on the water in severe winds (over 10 knots) or serious waves.
- Students are only permitted to wade up to waist deep in calm water without a PFD.
- PFD's must be worn if in deeper water and while paddling.
- Students must sometimes rely upon and trust their lives to technical equipment such as canoes, life jackets, tents and ropes etc.
- The natural environment and wilderness contain many dangers and hazards, such as rivers, reefs, currents and cliffs etc.;
- Wild animals (such as raccoons, cougars, rodents and bears) could frequent the areas in which we travel.
- Students will be preparing food, using knives and camp stoves.

Southridge School attempts to address these issues and minimize these potential risks by maintaining proper staffing, planning and supervision during each trip. This trip will have teachers with first aid training, and training in canoeing skills. The number of students is limited to ensure an appropriate teacher/student ratio.

Please sign page 3 and return to Mr. Burrage by Wednesday, Sept 23. Keep pages 1 & 2 for your reference.

Sincerely,

Steve Burrage
sburrage@southridge.bc.ca

Info for this park on BC Parks Website: http://www.env.gov.bc.ca/bcparks/explore/parkpgs/main_1k/

SRS Fall Canoe Trip, 2015.

Main Lakes Chain, Quadra Island.

Page 2 of 3

Trip Itinerary:

Wednesday, Sept 30	after school	load trailer and group gear.
Thursday, Oct 1	6am	meet at SRS Drive to Tsawwassen Ferry Terminal, catch 7:45am ferry to Duke Point Drive north to Campbell River, catch ferry to Quadra Island (students may want food money for food on journey) Drive to Main Lake Provincial Park, unload gear and away we go!
Friday & Saturday, Oct 2 & 3		explore on the water, hike, practice/learn canoe skills, discuss first aid, map reading, survival stuff.
Sunday, Oct 4	early	Canoe back to school bus. Load boats and gear and retrace steps (ferry, drive, ferry & drive) (students may want food money for food on return journey)
	6pm	arrive back at SRS & unload gear; wash canoes.
	7pm	Parents pick up students at SRS.

Food Matters: (yes, it does!)

Mr. Burrage's philosophy of learning about Outdoor Ed includes planning your menu with your food group and, then buying, packaging, transporting, cooking, and eating it. Yum! Bring your menu plan to the Thurs, Sept 24th meeting, which then gives you the weekend to shop.

Plan for the following meals:

Thurs	lunch & supper
Fri	breakfast, lunch, & supper
Sat	breakfast, lunch, & supper
Sunday	breakfast (lunch can be bought enroute home)

Check the separate menu plan sheet for more information

Gear List

Supplied at the first pre-trip meeting and via email.

SRS Fall Canoe Trip, 2015.

Main Lakes Chain, Quadra Island.

Page 3 of 3

Parent/Guardian Acknowledgement of Risk and Consent:

The undersigned, as the parent(s) or guardian(s) of the student, having reviewed the information on this form, hereby:

- a) Consent to the student participating in the activities described in this letter and the attached pages.
- b) Recognize and understand the inherent risk associated with these types of activities including but not limited to the hazards of vehicle travel, accident/illness in places without nearby medical facilities, weather, and other circumstances beyond the control of Southridge School employees and its agents, specifically including, but not limited to, issues relating to camping, cooking, hiking, swimming and canoeing.
- c) Authorize teacher and/or trip leaders to consent to medical treatment for the student by any qualified medical practitioner as may be necessary in the event of an emergency.

Parent/Guardian (please print): _____ Signature: _____ Date: _____

Student (please print): _____ Signature: _____ Date: _____

Medical Information:

(we will take the information from the school's medical binder on each child's emergency contact and any allergies/medical info; please ensure that the school has current and correct information for your child).

Please provide any necessary additional information below:

Wet Suits:

Depending on the water conditions and weather forecast, students and teachers will paddle the canoes wearing wet suits. The school has some of these for their use:

I have my own wet suit I need a school one, size (circle) S M L XL



Royal Canadian Mounted Police
O/C Surrey Detachment
14355 – 57th Avenue
Surrey, BC V3X 1A9

RE: Background Checks for Volunteers at Southridge School

To Whom it May Concern:

Southridge School is an Independent School that operates under the Ministry of Education. Volunteers are an integral part of the operation of our school and a vital link in supporting our educational program. As volunteers, their primary responsibility is to support the supervision of students at school and on off-campus excursions.

Having completed the *Police Information Check*, the adult volunteer applicant who has attended your Detachment with this letter and suitable identification, agrees to all required background checks being conducted.

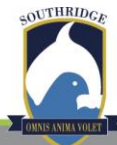
As these background checks are required for certain volunteer positions at the school, Southridge School understands that processing or administrative fees normally associated with this service are waived by your Detachment.

All information received as a result of the background checks will be treated confidentially by Southridge School. We request that the results of completed checks be given directly to the applicant.

If you require any further clarification, please contact the Head of School, Drew Stephens, at 604-535-5056.

Sincerely,

Christiane Hodson
Director of Advancement



ONE idea can influence the world
voice can connect a community
spirit can inspire others to soar
act can change lives



Police Information Check

IDENTIFICATION – one form must be photo ID (office use only).

Type of ID Produced:	Number:
Type of ID Produced:	Number:

INSTRUCTIONS FOR COMPLETION

(PERSONAL INFORMATION ON THIS FORM IS COLLECTED UNDER THE AUTHORITY OF THE BC FREEDOM OF INFORMATION AND PROTECTION OF PRIVACY ACT & FEDERAL PRIVACY ACT)

Please complete clearly in ink

You must apply in person at the Police Agency in the jurisdiction you reside. At the time of application you must present:
 Any applicable fee (see website for costs and payment options).
 One piece of current, government-issued photo identification and one piece of identification verifying name and date of birth.
 If you are unable to provide proper identification the police agency cannot complete your check.

Your Police Information Check will review all available law enforcement systems, including any local police records. This check will NOT include: overseas or US records, traffic tickets, Motor Vehicle Act offences or municipal bylaw offences.

The results of this check will not be forwarded to a third party
 (with the exception of confirmed positive Vulnerable Sector responses, or if a "Duty to Warn" arises).

PART I – PERSONAL INFORMATION (COMPLETED BY APPLICANT)

LAST NAME	FIRST NAME	MIDDLE NAME(S)	
PREVIOUS NAMES (including name changes and birth/maiden name)			SEX (circle one) M F
DATE OF BIRTH (YYYY/MM/DD)	PLACE OF BIRTH:		
ADDRESS (Apartment, street # and name)	CITY	PROV	POSTAL CODE
PHONE NUMBER (residence)	PHONE NUMBER (cell)		

PREVIOUS ADDRESS (LIST ALL ADDRESSES WITHIN THE LAST FIVE YEARS)

*Check Completed (office use only)

STREET NAME: _____	CITY: _____	PROVINCE: _____	<input type="checkbox"/> yes <input type="checkbox"/> no
STREET NAME: _____	CITY: _____	PROVINCE: _____	<input type="checkbox"/> yes <input type="checkbox"/> no
STREET NAME: _____	CITY: _____	PROVINCE: _____	<input type="checkbox"/> yes <input type="checkbox"/> no
STREET NAME: _____	CITY: _____	PROVINCE: _____	<input type="checkbox"/> yes <input type="checkbox"/> no
STREET NAME: _____	CITY: _____	PROVINCE: _____	<input type="checkbox"/> yes <input type="checkbox"/> no

REASON FOR APPLICATION (check appropriate): Volunteer (attach letter) - Employment Other (specify below)

Key Contact Name: Christiane Hodson

Volunteer Agency/Employer Name: Southridge School

Volunteer Agency/Employer Address and Phone Number: 2656 160th Street, Surrey, BC 604-542-2330

IS YOUR REQUEST RELATED TO WORK/VOLUNTEERING WITH VULNERABLE PERSONS: YES NO

(if yes – please complete Vulnerable Sector Search Consent FORM 1 on page 2)

Applicant Name	Applicant DOB
----------------	---------------

VULNERABLE SECTOR APPLICANTS:

FORM 1 – CONSENT FOR A CRIMINAL RECORD CHECK FOR A SEXUAL OFFENCE FOR WHICH A PARDON HAS BEEN GRANTED OR ISSUED

This form is to be used by a person applying for a position with a person or organization responsible for the well-being of one or more children or vulnerable persons, if the position is a position of authority or trust relative to those children or vulnerable persons and the applicant wishes to consent to a search being made in criminal conviction records to determine if the applicant has been convicted of a sexual offence listed in the schedule to the Criminal Records Act and has been pardoned.

Reason for Consent:

I am an applicant for a paid or volunteer position with a person or organization responsible for the well-being of one or more children or vulnerable person(s).

Description of the paid or volunteer position (*what you will be doing*): _____

Provide details regarding the children or vulnerable person(s) (*what ages, type of client(s) you will be in authority over*):

Consent: I consent to a search being made in the automated criminal records retrieval system maintained by the Royal Canadian Mounted Police to determine if I have been convicted of, and been granted a pardon for, any of the sexual offences that are listed in the schedule to the Criminal Records Act. I understand that as a result of giving this consent, if I am suspected of being the person named in a criminal record for one of the sexual offences listed in the schedule to the Criminal Records Act in respect of which a pardon was granted or issued, that record may be provided by the Commissioner of the Royal Canadian Mounted Police to the Minister of Public Safety of Canada, who may then disclose all or part of the information contained in that record to a police force or other authorized body. That police force or authorized body will then disclose the information to me. If I further consent in writing to disclosure of that information to the person or organization referred to above that requested the verification, that information will be disclosed to that person or organization.

_____ Signature of Applicant	_____ Date Signed
---------------------------------	----------------------

DECLARATION OF A CRIMINAL RECORD (if applicable) – Completed by Applicant

By declaring any offences of which you have been convicted, your criminal convictions record can be confirmed without needing to submit your fingerprints for verification of your identity and the processing delay that this causes.

- **Please list below** all offences of which a judge has convicted you (whether indictable or summary) and specifically identify the offence, date you were convicted, and place where the offence was committed.
- **Do Not** disclose convictions for which you have received a pardon pursuant to the *Criminal Records Act*, or charges that were dismissed, stayed, or resulted in absolute or conditional discharges.
- **Do Not** disclose offence convictions where you were found guilty of an offence committed while you were a “young person” (younger than eighteen years), pursuant to the *Youth Criminal Justice Act*.

Date of Conviction	Nature of Offence	Location/Jurisdiction

_____ Signature of Applicant	_____ Date signed
---------------------------------	----------------------

Applicant Name	Applicant DOB
----------------	---------------

SEARCH AND DISCLOSURE CONSENT, AND LIABILITY RELEASE

I request and consent to the Surrey Royal Canadian Mounted Police (RCMP) and its employees searching any policing agency or court databases, based on the information I have provided, in order to locate any records and information in which I am referred to, and to report, by way of this form, any formal criminal records or pending charges that I am the subject of. If I have indicated that I will be working with the vulnerable sector, I also request and consent to the reporting of any documented adverse contact with police, any incident in which no charges were laid, or any matter regulated by provincial statutes, that I am the subject of. I understand that records may continue to exist even if they are no longer listed in particular records database indices.

I understand that information collected as a result of this Police Information Check will only be released **directly to me and not to any third party**; however, I specifically intend to provide the reported information to the employer or volunteer agency that I have listed. I understand that they alone, and not the police, will determine the impact of any reported search results, on whether I obtain the position for which I am being considered. I understand that the accuracy of the reported information, to be disclosed to me, is not and cannot be guaranteed, and may include errors or omissions.

By my signature below, and for and in consideration of this Police Information Check being completed for me, the receipt and sufficiency of which I hereby acknowledged, I agree not to bring any legal actions, claims or demands, for losses or damages, including indirect or consequential, that I might sustain by reason of the Police Information Check being performed for me, against the City of Surrey / Royal Canadian Mounted Police, its associated Police Board and any employees thereof, and to release them each from any and all liability and any actions, claims or demands, even if arising from their negligence or even gross negligence.

I have read and understood this form, and in particular this section, and by signing below I am consenting to the above terms. By signing, I also certify that the information that I have provided is true and correct to the best of my knowledge and belief.

Signature of Applicant

Date Signed

*******FOR OFFICE USE ONLY*******

<u>QUERY TYPE</u>	<u>Queried by:</u>	<u>Negative</u>	<u>Attached</u>	<u>Date</u>
<u>CPIC</u>				
<u>PRIME</u>				
<u>PIP/LEIP</u>				
<u>JUSTIN</u>				
<u>VS – FP REQ.</u>				

NOTES (office use only):

Sept 21-Sept-25

Specials

Mon-21

Tues-22

Wed-23

Thur-24

Fri-25

Breakfast

**Bagel/Cream
Cheese \$2.00**

**Bacon &
Egger \$2.50**

**Raspberry
Scone \$1.50**

**Cinnamon
Bun \$2.00**

**Blueberry
Muffin \$1.50**

**Chef's
Entree**

**Quesadilla
Chicken \$4.00**

**Teri Chicken
Stirfry \$4.50**

**Chicken Fried
Rice \$4.50**

**Lemon Grass
Chicken \$4.50**

**Fish & Chips
\$4.00/ \$5.00**

**Pasta
Bowl \$3.50**

**Mushroom
Ravioli**

**Creamy
Bowtie**

**Pasta
Rose**

**Macaroni &
Cheese**

**Spaghetti &
Meat sauce**

**Grill
Central**

**Spicy Chicken
Burger \$4.00**

**Japa Dog
\$3.00**

**Pizza
Slice \$3.00**

**BBQ
Ribber \$4.00**

**BBQ Bacon
Burger \$4.00**

**Soup
Pot \$1.75**

**Cream of
Broccoli**

**Chicken
Noodle**

**Vegetable
Chowder**

**Italian
Noodle**

**Potato
Leek**

**Great
Greens**

**Pasta
Salad**

**Garden
Salad**

**Chicken Caesar
Salad**

**Chefs
Salad**

**Spicy Chicken
Salad**

We always offer our regular menu in addition to our daily specials

