



SOUTHRIDGE WEDNESDAY

Our Weekly News

JANUARY 20, 2016
ISSUE #17

Head of School

Sometimes We Cry

Life, like learning, can be tough sometimes. When Van Morrison wrote the lyrics to the song [*Sometimes We Cry*](#) in 1997, I doubt very much he was thinking about a growth mindset and the importance of struggle in the learning process. However, there is definitely some alignment between the words he wrote and what the past seventy-five years of research has documented – that learning is enhanced when students persist through perplexity and dilemma and struggle until successful. You don't need to take the song literally, of course, to get the message of the first stanza.

*Sometimes we know, sometimes we don't
Sometimes we give, sometimes we won't
Sometimes we're strong, sometimes we're wrong
Sometimes we cry*

As a matter of fact, it was educational philosopher John Dewey who, over a century ago, described learning as beginning with a dilemma – an uncertainty about how to proceed. Struggling to work through uncertainty and ambiguity to discover a solution was, for Dewey, essential to meaningful learning. Learning in the classroom and learning in life are the same kind of thing, after all. Sometimes we don't align the two experiences, treating school learning in one way and life learning in a different way, but, as Dewey said, "Education is not preparation for life; education is life itself" . . . and as Van Morrison wrote,

*Sometimes it's bad when the going gets tough
When we look in the mirror and we want to give up
Sometimes we don't even think we'll try
Sometimes we cry*

To be sure, and I know I speak for all of the teachers at Southridge when I say this, we don't want your children literally crying every night as they fight through their homework. Of course not! The point is that learning is often a struggle, though. It is more often confusing than straight-forward, more often messy than clear and tidy, and it is more often uncertain than unquestionable. The solution?



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*Well, we're gonna have to sit down and think it right through
If we're only human what more can we do?
The only thing to do is eat humble pie
Sometimes we cry*

We're going to struggle. We're going to make mistakes. We're going to feel emotional when we can't figure it out the first time. Is that so bad?

Have a wonderful week!

Drew Stephens
Head of School

Important Dates

Event	Date	Time	Location
Grade 7 Parent Information Session	Thursday, Jan. 21 st	7:00 – 9:00 pm	Senior School Great Hall
Grade 6 & 7 Dance	Friday, Jan. 22 nd	7:00 – 9:30 pm	Junior School Gym
Junior Assembly	Monday, Jan. 25 th	8:05 am	Junior School Great Hall
Casual Day <i>Jump Rope for Heart</i>	Friday, Jan. 29 th	All day	Junior School
Grad Photo Session	Friday, Jan. 29 th	Book online	Artona Studios (Vancouver)
Grad Photo Session	Saturday, Jan. 30 th	Book online	Artona Studios (Vancouver)
Course Selection Assembly (Gr. 10)	Monday, Feb. 1 st	8:30 – 9:20 am	Alan Brown Great Hall
Course Selection Assembly (Gr. 11)	Monday, Feb. 1 st	9:30 – 10:40 am	Alan Brown Great Hall
Junior Assembly	Tuesday, Feb. 2 nd	8:05 am	Junior School Great Hall
Professional Development Day	Thursday, Feb. 4 th	All day	No School
Professional Development Day	Friday, Feb. 5 th	All day	No School



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Junior School News

Head of Junior School

CAIS Basketball Tournament: A focus on character on & off the court

Every January, fifteen CAIS schools send a U-13 boys basketball team to one of our CAIS schools for a three day basketball tournament. For several months, Mr. Gallant has been working diligently with coaching, and planning for a great tournament and overall experience for these boys. This year, the tournament is held at Collingwood School in West Vancouver, so parents can participate by watching these excellent games.

Our team for this year includes:

Joel Aisenstat
Nabil Ashrafi
Kabir Buttar
Simar Dhamrait
Cameron Hexter
Jacob Jordan-Knox

Garrett Kidd
Ian Salh
Shaan Sandhu
Gurjas Singh
Jaden Thind

Although the tournament is about basketball, it is also about character, on and off the court. At the closing ceremonies, one boy from each team will be selected for the **Jeff Trickett Memorial Award**. Jeff Trickett was a student at Strathcona Tweedsmuir School who played in the U-13 tournament when it was hosted by Holy Trinity School in 2000. Tragically, he was killed in an avalanche while on a school outing in 2007. The award was established by Neil Morgan (Holy Trinity School) in 2007 and is presented annually by Strathcona-Tweedsmuir School. The criteria for the award is: *An inspirational boy of strong character, a team player: on and off of the court.*

Please join me in wishing our boys well as they will participate in some fine basketball and in demonstrating great character, on and off the court. Have a great tournament, boys!

Have a great week,

Laurel Middelaer
Assistant Head/Head of Junior School



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Grade 7 Parent Information Session - Thursday, January 21st

On Thursday, January 21st, there is a Grade 7 parent night in the Senior School Great Hall from 7:00 - 9:00 pm. This is a great opportunity to meet some of the Senior School team, receive information about life in the Senior School, and hear about how we prepare the students for this important transition. See you there!

FSA Test Dates

This is a reminder to parents for the upcoming important dates for our FSA (Foundations Skills Assessment) testing. Grade 4 students will write during the month of February; Ms. Milan and Mr. Harder will send home a complete schedule to parents.

Due to the CAIS basketball tournament, Grade 7 students have their testing scheduled shortly before, and during the following few weeks of February. Our Grade 7 teachers will send home the schedule shortly. If you have any comments or concerns, please contact Laurel Middelaer directly (lmiddelaer@southridge.bc.ca).

Kindergarten Parents - No school on Friday, February 12th

Just a reminder to our Kindergarten parents – there will be no school for their children on Friday, February 12th due to entrance testing for prospective Kindergarten students. Thank you for making alternate arrangements for your children on that day.

Student Led Conferences:

Thursday, February 18th (noon dismissal)

Throughout the school term, students have been actively selecting their own pieces of work to add to their portfolio. These pieces reflect many different subject disciplines and should demonstrate their own personal growth as a student. On Thursday, February 18th, we will be holding student led conferences so that the students can share their portfolios with their parents. This opportunity is empowering for students as they can share their own journey as a learner and actively reflect on each piece. Please also be aware that there will be a **12:00 noon dismissal** on this day to accommodate the conferences.

Grades 6/7 Dance

On Friday, January 22nd from 7:00 – 9:30 pm, there is a dance for Grades 6 and 7 students in the Junior School Gym. Admission is \$7.00, and there will also be snacks



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and drinks for sale. All proceeds go to the Grade 7 Legacy Fund supporting local, national, and international service projects.

Ms. McNeil
MYP Division Leader

Casual Day Jump Rope for Heart - Friday, January 29th

Thank you for your involvement in our current school-wide fundraiser for local health initiatives. Many families are impacted by heart and stroke health challenges, and it is clear that this cause resonates deeply. Thank you for your efforts to raise funds for research, treatment and preventative education, and for talking with your children about the importance of sleep, nutrition, managing stress and not smoking.

Please remember to return the pledge envelopes to the homeroom teachers by Friday, January 29th.

Thank you!

Voluntary Sandwich Making

Many students and parents work each week to prepare about fifty sandwiches for the local [Surrey Urban Mission](#). They go on Friday mornings with a Senior School advisory group who serves lunch and distributes our sandwiches to the guests.

We are grateful to the parent volunteers who organize the supplies for immediate use at 3:00 pm and to the many parents and students who donate mayonnaise, cheese, or cash/gift cards to keep the sandwich making going. COBS Bread generously supplies our weekly bread.

If your family would like to join us each Thursday, we would love to have you attend whenever you are able. We would also appreciate your financial support to sustain this voluntary effort; for more information, please contact me at jmurchie@southridge.bc.ca.

Thank you!

Jo-Ann Murchie
PYP Service Coordinator



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iGirl. A place where young, modern girls can learn the ropes.

Move over, Barbies and Polly Pockets, it's time for Sexting, Snapchat, low tops and high skirts.

Parents, take a minute here and catch your breath. Ready? Good.

iGirl is a straight-to-the-point, light-hearted, two- or three-day workshop that prepares 9–12 year old girls for the multimedia pressure-cooker they'll soon encounter. Knowledge is power and this workshop, created and led by Saleema Noon B.A. M.A., will give your daughter the power to make smart decisions and to successfully navigate the changes galloping into her young life.

In a style that's relevant to preteens, Saleema and her team take the role of big sister, tackling topics like: what to expect from puberty, safety on the Internet, understanding what makes a healthy body image, and how to be assertive in even the toughest situations.

Join us **Saturday, Feb. 27 & Sunday, Feb. 28** at **Ocean Park Library, South Surrey!**

For more information or to register, go to www.saleemanoon.com.

(Also, see attached poster for more details.)

New Volunteer Positions Available

Hot Lunch Positions

Junior School Operations is looking for two volunteers to shadow the current Hot Lunch Coordinators for the remainder of the school year, and begin the roles in September 2016. The Hot Lunch Scheduler arranges the volunteer shifts, creates and distributes the order forms and organizes the orders. The Hot Lunch Kitchen Liaison works with the Cafeteria Staff to plan the meals, and oversees the serving of lunches each Wednesday. Further details can be found under Job Descriptions on the Volunteer Corner of the Parent Portal. Contact Stephanie Schmidt at nuffers@ymail.com if you are interested.

Playground Positions

As we round the corner into 2016, Junior School Operations is looking for two playground volunteers to shadow the current Playground Coordinators for the remainder



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of the school year, and begin the role in September 2016. The Playground Scheduler communicates with the playground volunteers to provide orientation, confirm ongoing interest, schedule shifts and send reminder emails. Schedules are set twice a year, October 1st and March 1st. The other Playground Coordinator maintains the playground duty room, ensuring that supplies are stocked and schedules are current. Contact Stephanie Schmidt at nuffers@ymail.com if you are interested.

Library Scheduler

Junior School Operations is looking for a volunteer to shadow the role of Library Scheduler for the remainder of the school year, and begin the role in September 2016. The Scheduler is responsible for preparing the monthly schedule for Junior School Library volunteers, contacting current and prospective volunteers, and coordinating their requested time preferences with available shifts to produce a schedule for each term. The scheduler also emails reminders to volunteers and updates the schedule as required. Further details can be found under Job Descriptions on the Volunteer Corner of the Parent Portal. Contact volunteer@southridge.bc.ca if you are interested.

Senior School News

Head of Senior School

Relationships Strengthen Learning

It is well documented that a strong, positive relationship between student and teacher creates a vital environment in order for learning to be successful. I'm sure each one of us can attest to this from our own experiences; that special teacher you had that believed in you and gave you confidence to do your best. Perhaps it was a coach that saw a strong potential in you and asked for your very best. Or even someone that just listened to you as you worked through a problem and helped you persevere through the challenge. In all of these cases, it is the strong trust and respect that is forged between the teacher and student that provides a base for the learning.

No less important in the success of student learning is a strong relationship between parent and teacher. Similarly, with the student-teacher relationship, when a teacher and



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parent are aligned and able to collaborate in their support and encouragement towards the student, it provides an environment for success. We know how important it is to foster these relationships at Southridge and this past week, our newly-instituted Parent Teacher Conferences aimed to strengthen our connection with you and build our community.

It was wonderful to see so many parents (and students!) take advantage of this opportunity. As I walked around the gym, there were so many engaged conversations taking place. The obvious instance, where the student's progress was being discussed among the group, finding agreed upon ways to build upon this progress, and even sharing a piece of work to help demonstrate the point. The less obvious example, were the connections and conversations between a former teacher and parent or student; taking a brief moment to ask how they are, to catch up and to ensure that they still enjoy a specific subject. Finally, it was nice to see so many parents stop and say hi to one another as they travelled around the gym. Throughout the afternoon and evening, there were many smiles and much laughter and I found the overall ambiance to be one of enjoyment and hope.

I know our teachers are very caring individuals that want all of their students to be successful and it is so important to see this empathy and encouragement face-to-face. Sometimes when a report card is the only communication, this important aspect of the relationship can become lost. The conferences can help to remind us that we are all reaching for the same goal. We're also thankful to the many parents who took the time to provide feedback which will help us to improve the conferences next year. If you have any additional comments, I would be most appreciative for you to share them with me at dpalm@southridge.bc.ca.

Following the conferences, one very intuitive faculty member succinctly summarized the day by saying, "it makes the learning experience human" – I couldn't agree more.

Have a great week!

Doug Palm
Head of Senior School



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Course Selections for 2016-17

“Two roads diverged in a wood and I – I took the route less traveled by, and that has made all the difference.” ~ Robert Frost

In the next few weeks, I will be talking to students about their course selection options for the next academic year. There are limited choices for students currently in Grade 8, but an increasing range of elective courses as students move into the senior grades.

I will be speaking to the Grade 8 and 9 students during period 1 on Tuesday, January 26th. Mr. Weaver, Ms. Livingston and I will present to the Grade 9s and 10s during period 1 on Monday, February 1st and to the Grade 11s during period 2 on the 1st. At that time, students will be given course selection sheets to complete prior to entering their selections into Naviance – the database system that we use to record and manage their choices. The course selection sheets are attached here for your convenience (they are also available on the parent portal) and to allow you to discuss the various options with your children. The closing date for students to enter their choices on Naviance is Monday, March 7th.

We will also be holding an information evening on Thursday, February 11th. The first part of the evening from 6:30 – 7:15 pm will be directed at choices for our current Grade 8 and 9 students, and the latter part of the evening from 7:15 – 8:15 pm will cover the options available to our students in Grades 10 and 11. Of course, everyone is welcome to attend the entire presentation. The Curriculum Guide for 2016-17 will be available on the Southridge website soon and hardcopies will be available at the evening session on Thursday, February 11th.

The timetable for 2016-2017 is built from the students' choices and we strive to create a schedule of classes that will deliver the optimum choices for the most students. However, it is highly probable that we will not be able to satisfy the elective choices of all students. For this reason, it is imperative that your son or daughter clearly identify his or her first, second, and third choices. Every effort will be made to give students their first choice, but students may be placed in their second or third choice options in order to avoid timetable conflicts or to balance class size.



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I would encourage all students to talk to their peers, teachers, parents and counsellors; to gain as much knowledge as they can in order to make informed choices as they move forward with their academic goals. I think it is also important to stress that students should follow those courses in which they have a genuine interest or passion, remembering that excellence usually comes from optimism, engagement and commitment.

Jan Holt
Senior School Academic Program Director

Grad 2016 Artona Photos

It's time to book your appointments with Artona for your grad photos.

When: January 29 – 30th

Where: Artona Studios (Vancouver)

How: Book online at www.artonagroup.com

What: The photo session includes grad portraits in casual and dressy outfits. A \$60 refundable deposit is collected at your appointment. When you login online to confirm your yearbook photo and place an order, there will be a \$60 credit in your account.

Questions: Please call Artona at 604-872-7272 (Extension 0).

All appointments are on a first come, first serve basis, so if you have limited availability, please book early! Please take a look at the attached PDF on how to sign up for your grad photos. There is a video for you to view in the LMS Grade 12 Parent and Grade 12 Student Groups. Please take a look for more information!

Senior Drama – *Peter Pan* Production

You may have heard rumblings that this year, the Senior Drama department is performing JM Barrie's iconic *Peter Pan* – you heard correctly! ***Peter Pan* will have its opening night at Southridge on Thursday, February 25th**. As there are many versions, the Theatre Performance class all agreed on a script that is very close to JM Barrie's original piece with a few minor alterations made by students. The spirit of the whole piece is one that is traditional and set in Edwardian London at the turn of the century.



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Up until opening week, every *Southridge Wednesday* features an article written by a member of the cast or crew. I hope you enjoy this next piece, written by Lauren Andrews.

Thanks,

Glen Pope
Senior School Drama Teacher

Lauren Andrews Discusses her Role as Peter Pan

Peter Pan, the eternal youth, faces quite the challenge when he is asked to grow up. He doesn't want to, but there are moments when we are made to believe that he understands it's the best thing to do, and the only way to keep Wendy by his side.

Whether he grows up at all is in question, so interpreting his actions and character development has proven to be quite the challenge (as if a 16-year-old girl deciphering the motives of an ordinary nine year old boy wasn't hard enough). Does he truly ignore Wendy's feelings for him because he doesn't understand, or because he doesn't want to understand? Either way, the tale is enchanting, but in order to find out if Peter Pan grows up, I guess you'll just have to see for yourself.

To find out what Peter does, you can **buy tickets through the website as of Monday, February 1st.**

Lauren Andrews
Grade 11

Heritage Week - Monday, January 18th to Friday, January 22nd

This week, the Senior School Social Studies Department is celebrating heritage week!

From Wednesday through to Friday on lunch break, watch 'The Da Vinci Code' movie in the library. Thursday is 'Cultural Celebration Day' and will feature a cultural bake sale.

Additionally, every day of the week, in Room 210, there will be pioneer crafts – learning to crochet a scarf or toque.

Ira Alexandra
Senior School Social Studies Teacher



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Guadeloupe Language Tour Highlights

Our trip to Guadeloupe had many highlights! Ms. Higgins and I took 12 hard-working students to Sainte-Anne for an educational and cultural exchange from Saturday, December 26th to Thursday, January 7th.

The students attended 30 hours of French instruction at Media Langues with their teacher Christian. They studied French grammar and learned about the Creole culture.

Outside of school hours, students had many opportunities to use their French in the community; ordering gelato, buying groceries and communicating with the residents of Sainte-Anne.

We went kayaking through the mangroves, visited the Edgar Clerc Museum of Archeology in Moule, took rides on Segways, and went to the Museum of Slavery in Pointe-a-Pitre. Students enjoyed a field trip with Christian to Bassin-Paradis, a waterfall on the other half of the island called Basse-Terre. On the weekend, we enjoyed a day trip to an adjacent island called Petite Terre and snorkeled the lagoon. Students were able to see sharks, rays and many tropical fish. We were treated to barbecued fish right on the beach and were able to check out the iguanas that cover the island. We spent the second day of the weekend on a speed boat, where we explored other islands, like l'île Caret. We were able to enjoy more fresh fish on an island where we were knee-deep in Caribbean waters with fish swimming around us!

It was through these experiences, the students learned about French culture, and also how independence comes with responsibility. It was a fantastic trip and I would like to thank the students for being great ambassadors of our School. We hope to visit Guadeloupe again in the future!

Madame Lew
Senior School French Teacher



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Both Schools

Playground Project Update

A HUGE thank you to all of our families who have supported the Playground Project to-date. Between the success of the gala and our fundraising efforts, Phase 2 is nearly a reality.

Phase 2 is just being finalized and will include nearly all our students' wish list items, including a 'saucer' swing, a climbing wall and climbing net, a 'tree house fort' structure, a teeter-totter, diggers and LOTS of spinning equipment! Once completed, our playground will be **the** place to be at lunch and recess!

It is not too late to donate! If your family would like to make a contribution to the playground, we could still use your support! **Please consider making your gift today.** All families who contribute \$1,000 or more will be listed on a special donor wall that will be installed on the playground this summer. [Click here](#) to give online today or contact me directly to discuss your contribution at chodson@southridge.bc.ca or 604-542-2330.

Thank you, in advance, for your generous support.

Also, please thank the families that have supported the playground to-date:

The Zhu/Li Family	Isabel & Louis Kim
The Harrad Family	The Mao Family
The Zu Family	The Embley Family
The Panaich Family	The Favor/Mantini Family
The Grootendorst Family	Ziheng Wu's Family
The Xie Family	The Lawson Family
The Yang/Wang Family	The Martini/Vipond Family
The Yue Family	The Hodson Family
The Brown Family	The Robins Family
The Povey Family	The Toporowski Family
The French Family	The Gallant/Hodder Family
May Zhang & Ben Lu	Anonymous

Phase 2 is currently scheduled for installation during Spring Break. Although we had hoped to organize a 'community build' for this phase, unfortunately the equipment we've selected must be professionally installed. On the plus side, this means that the



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equipment will be ready for our kids when they return to Southridge on Monday, April 4th!

If you have any questions about the playground project, [click here](#), or contact me directly any time.

Thank you,

Christiane Hodson
Director of Advancement

Pro-D Days – Thursday, February 4th & Friday, February 5th BC Family Day - Monday, February 8th Half Term Holiday - Tuesday, February 9th Late Start - Wednesday, February 10th

As a faculty, we greatly value time together for professional collaboration and growth. On Thursday, February 4th and Friday, February 5th, we will have two professional development days, resulting in no school for students. Thank you for your support of our faculty's growth.

The following Monday is BC's Family Day holiday and Tuesday will be our half term holiday, so please enjoy this extended weekend with your family.

We commence with a late start on Wednesday, February 10th. As with all late starts, please do not bring students until about 10:10 am, since our faculty are in meetings and there is no one to supervise. Classes commence at 10:25 am (period 3) on this Day 3.

New Pro-D Day in May to support the BC Education Plan - Friday, May 20th

With the implementation of the new BC Educational Plan, the Ministry of Education has given additional hours for Pro-D for teachers across the Province. Southridge School will use these hours on Friday, May 20th for curriculum planning and mapping.

Our teachers will use this planning time to ensure that they are fully prepared for the new curriculum implementation coming September 2016 and as a consequence, this gives our families an extra-long Victoria Day weekend. Traditionally, Southridge School



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has two Pro-D days per year, but with the adoption of the BC Education Plan, it is necessary to support our school's faculty in this tangible way. The protocol of two Pro-D days per year will return next year. Enjoy this extended weekend.

Stories of Character: Episode IX

One definition of character is what you do and how you behave when no one is watching. This description came to mind last Thursday, when our Senior School receptionist and the generally-recognized soul of our school, Ms. MacKinnon, told me a story.

As you may know, last Thursday was an early dismissal for Senior School students as we hosted Parent Teacher Conferences. While they were certainly a worthwhile experience for many of us, some students naturally saw it as an afternoon to relax and pretend they were still on Christmas holiday.

What Ms. MacKinnon inadvertently saw, however, indicates that other students saw it as an opportunity to do some good. She was using her lunch break to take a refreshing stroll through the neighbourhood in the bracing but sunny winter weather. Walking past a trailhead, she heard some laughter and spotted some young kids having fun. Thinking they looked familiar, she investigated further. Sure enough, there was Michaela Blake, Harkaran Dial, Louie Lu, and Jason Kitikul on the path ahead. But rather than simply hanging out, these ninth graders were picking up trash. In fact, they had filled a garbage bag full of litter they found along the forested trail. Ms. MacKinnon didn't say anything, but it made her recall that she had noticed how clean the trail had been recently, and she had seen three large bags stuffed with garbage at the 162nd Street trail entrance.

Further investigation revealed that these students were not alone nor picking up trash just this one sunny day. It turns out that several Grade 9s were seeking out service opportunities in autumn, when one of them, the exuberant Jason, decided to organize their own instead of selecting from the list provided. This group of worthy souls has been committed to visiting this trail and keeping it clean for several hours every Thursday afternoon throughout November and December. As it turns out, they didn't see our half-day last week as a 'day off' but rather, another 'day on' to make our world a little bit better.

Daryl Weaver
Director of Experiential Education



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Save the Dates!

Mark your calendars now for our three 2016 annual fundraising events – whether you contribute as a sponsor, donor or volunteer, your support is needed and much appreciated!

Country Fair - Saturday, May 7th
Golf (Hazelmere Golf Club) - Friday, June 10th
Gala - Saturday, November 19th

Stay tuned for further details in future issues of the *Southridge Wednesday* or contact Shelley Slaughter at 604-542-2334 or sslaughter@southeridge.bc.ca.

Shelley Slaughter
Advancement Officer

Ms. Middelaer's Final Junior School Assembly

As you are aware, Ms. Middelaer's last day at Southridge will be Wednesday, February 3rd. She will host her final assembly in the Junior School on **Tuesday, February 2nd at 8:00 am**. All members of the Southridge community are welcome to attend as we wish Ms. Middelaer great success on her new adventure!

Please note that as this is a special assembly, it may run a little longer than usual.

Friends of Southridge Ride to Conquer Cancer

"Act as if what you do makes a difference. It does." ~ William James

This is a call-out to all of you who have seen the devastating impacts of cancer, and it is thanks to the millions of dollars raised every year through events like **The Ride to Conquer Cancer**, that cancer awareness has grown and treatments have advanced over the years.

This is an invitation to anyone who would like to be part of the team that raises this money. We will host another meeting on **Sunday, January 24th at 9:00 am at the Southridge Junior School**.



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In my last article, I spoke about two of my close family members who had recently been diagnosed with cancer: my oldest brother, Martin, and my niece, Eimear, his daughter. Both of them have had their surgeries already, and the prognosis is very good. My brother is the more fortunate one – he does not require chemotherapy – but my niece who has breast cancer and had a mastectomy has to follow up with several treatments.

It is times like this, I feel very fortunate to be able to participate in **The Ride to Conquer Cancer**, and I would never pretend that it is easy for me, but I also realize that it only lasts for two days. I know this year, that I will carry my niece's spirit with me all the way, and when I am feeling sorry for myself, I will think about her and what she will have gone through.

Once again, even if you are only curious about the event, please come to our meeting. The only experience necessary is the ability to ride a bike.

Anne Boyle
MYP French Teacher;
Ride to Conquer Cancer Team Member

Uniform Shop News

Just a kind reminder: the Uniform Shop has long-sleeved PE shirts available for Junior and Senior students who would like better warmth for outdoor activities during winter.

Regular Uniform Shop Hours:

Monday – Thursday (closed Fridays) between 7:45 – 9:00 am and 2:00 – 4:00 pm.

Phala Tan
Business Services Manager

Southridge Cafè News

Please see attached menus for the Southridge Cafè for the rest of this week and January.





iGirl is a lighthearted, two or three-day workshop that prepares 9–12 year old girls for the multimedia pressure-cooker they'll soon encounter. Saleema Noon and her iGirl team tackle topics including puberty, safety on the internet, healthy body image, and how to be assertive in even the toughest situations.

outline

i am my own BFF

Celebrate your strengths and feel great about your unique self.

i think my body's a beauty

Magazine bodies are make-believe. We'll help you see how all of us are gorgeous in our own way.

i know the facts of life

Learn the real deal about periods, pads, breasts, bras, baths and showers ... no boys allowed!

i get the 'net

Facebook, sexting, and safety online ... we've got you covered.

i have healthy relationships

Friends, family, and [sigh] dating someday — let's make sure you know what you want and deserve.

i am the best i can be

Get the low-down on what you need to do to reach your personal best, both now and when you're 90.

i expect respect

Stand up to bullying and peer pressure in a way that works using — you guessed it — "i" statements.

Smart decisions start here.

t 604.418.9417
e saleema@saleemanoon.com
w www.saleemanoon.com

schedule

November 28 and 29: Vancouver, Croatian Cultural Centre

February 27 and 28*: Surrey, Ocean Park Library

April 23 and 24**: North Vancouver, Capilano Library

June 4 and 5: Vancouver, Jewish Community Centre

cost

Two-Day Session: \$179

- \$20 off if you register a month or more before, or
- \$25 off if you register with a friend

Price includes GST, one discount per participant. Limited sponsorship available.

Programs run 10am-3pm unless otherwise specified. Participants must bring a packed lunch.

***Due to library hours, this program will run 11:30am to 4:30pm on Saturday, February 27 and 1pm to 5pm on Sunday, February 28.**

****Due to library hours, this program will run 11:30am to 4:30pm on Saturday, April 23 and 10am to 3pm on Sunday, April 24.**





Southridge School

Course Selection – Grade 9 – 2016/17

Name: _____

Please prepare this sheet carefully before completing your course selections in Naviance.

1	English 9	← Required
2	Social Studies 9	← Required
3	Mathematics 9	← Required
4	Science 9	← Required
5	French 9	← Required
6	Physical & Health Education 9	← Required
7	Health and Career Education 9	← Required
8		← Elective 1 st Choice
9		← Elective 2 nd Choice
		← Elective 3 rd Choice

- We will make every attempt to give you your first two choices, but this will be subject to class size and scheduling restrictions.

Elective Choices:

Art 9	Concert Band 9	Drama 9
Media Arts 9	Jazz Studies 9	Spanish 9

**If you enrol in Jazz Studies 9, you must also be enrolled in Concert Band 9 unless you have permission from Mr. Burrage.



Southridge School

Course Selection – Grade 10 – 2016/17

Name: _____

Please prepare this sheet carefully before completing your course selections in Naviance.

1	English 10			← Required
2	Social Studies 10			← Required
3	Foundations of Math 10		Pre-Calculus 11	← One Required
4	Science 10			← Required
5	Physical Education 10			← Required
6	Planning 10			← Required
7	French 10		Spanish 10*	← One Required
8				← Elective 1 st Choice If you want 2 languages write French or Spanish here
9				← Elective 2 nd Choice
				← Elective 3 rd Choice

- We will make every attempt to give you your first two choices, but this will be subject to class size and scheduling restrictions.

Elective Choices:

Art 10	Drama 10	Media Arts 10
Spanish 10*	Concert Band 10	Information Technology 11
Theatre Performance 10***	Jazz Studies 10**	

*To take Spanish 10, you must have completed Spanish 9

**If you enrol in Jazz Studies 10, you must also be enrolled in Concert Band 10 or have permission from Mr. Burrage.

*** If you enrol in this course you are committed to take part in the major school play.



Southridge School



Course Selection – Grade 11 – 2016/17

Name: _____

Please prepare this sheet carefully before completing your course selections in Naviance.

Grade 11 is the first year in which students have significant choice in selecting their courses. It is important that students and their families consider their options carefully. Students should research areas of interest and consider the available grade 12 courses in the light of obtaining the prerequisites for their chosen university programs. It is strongly recommended that students utilize the course selection planning grid before entering course requests in Naviance. Spares are not permitted in Grade 11.

Important Note: To comply with BC Ministry graduation requirements a student must have a grade 11 or 12 science course, a fine art or applied skill in grade 10, 11, or 12. A grade 11 language course is a university requirement for UBC. A grade 12 language is highly recommended for students entering university arts faculties, as this is a minimum degree requirement at many institutions. It is a Southridge expectation that students will take a fine art course in grade 11 or 12.

1	English 11		English 11 (AP)		← One Required
2	Social Studies 11				← Required
3	Physical Education 11 & Planning 10 (cont'd)				← Required
4	Foundations of Math 11				← One Required
	Pre- Calculus 11				
	Pre-Calculus 12				
5	French 11				← One Required. You may select another language as an elective
	French 12				
	Spanish 11/12				
6	A Science 11				← Required (Students must have a grade 11 or 12 Science to graduate)
7					← Elective
8					← Elective

Please see reverse side of this page for important information about course selection and planning.



Grade 11 Course Choices and Electives

English Electives	Humanities Electives	Science Electives	Language Electives	Arts/Applied Skills Electives
English 11 English 11 (AP): AP English Language and Composition ³ AP English Literature 12 ⁴	Economics 12 Law 12 AP European History 12 AP Human Geography 12	Chemistry 11 Chemistry 11 ¹ (Hons) Physics 11 AP Physics 1 Biology 11 Biology 11 ² (Hons) Biology 12 ²	French 11 Spanish 11/12	Art Foundations 11 ⁵ Media Arts 11 Concert Band 11 Theatre Performance 11 Information Technology 11 ⁶ Information Technology 12

Please read the following notes carefully:

Science

Science and Applied Science university programs typically require Chemistry 12 and/or Physics 12. Life and Health science university programs typically require Chemistry 12 and/or Biology 12. Physics 11 and Chemistry 11 are prerequisites for Physics 12 and Chemistry 12 respectively.

¹ In order to enroll in Chemistry Honour or AP Physics 1 students must achieve 86+% in Math 10 **and** 86+% in Science 10 and permission from the Curriculum Leader. Chemistry 11 Honours **is required** for AP Chemistry. AP Physics 1 **is required** for AP Physics 2. Biology 11 (Hons) **is required** for AP Biology

² Students who select Biology 11 (Hons) or Biology 12 in grade 11 must have 86% in Science 10.

Humanities & Applied Skills

Grade 11 students will have the opportunity to take available grade 12 courses (AP Human Geography, AP European History, Biology 12, Economics 12, Law 12 and IT 12). Students who choose AP courses in grade 11 must show demonstrated ability in the subject area, have the recommendation of their Grade 10 teacher, and have the approval of the Curriculum Leader. **Priority will be given to Grade 12 students.**

³ English 11 (AP) requires 90% in English 10 and recommendation by the instructor.

⁴ AP English Literature 12 requires permission from Ms. Holt.

⁵ Art Foundations 11 is a prerequisite for Art Foundations 12.

⁶ Information Technology 11 is a prerequisite for Information Technology 12 unless previous computer proficiency can be demonstrated to and accepted by the instructor.



Southridge School



Course Selection – Grade 12 – 2016/17

Name: _____

Please prepare this sheet carefully before completing your course selections in Naviance.

It is strongly recommended that students utilize the course selection planning grid before entering course requests in Naviance. Southridge School expects that every student will **be enrolled in 6 classes**. Southridge students are also expected to have completed a fine art course in either grade 11 or 12. Portfolio 12 is a mandatory university preparatory class, but should not be included as one of the six required courses, as it meets only once per 8 day cycle.

English 12 is required for graduation and there is a mandatory provincial examination for this course. The provincial graduation scholarship of \$1250 is based upon a student’s results in English 12 and on the four other mandatory exams: English 10, Science 10, Math 10, & Social Studies 11. To qualify for this scholarship students must obtain a “B” (73%) in English 12 and rank among the top 3,000 students in BC. The top 20 students will receive \$2,500.

1	English 12		English 12 (W)		← One Required
2					← Required Elective
3					← Required Elective
4					← Required Elective
5					← Required Elective
6					← Required Elective
7					← Optional Elective
8					← Optional Elective
	Portfolio 12 (University Planning Class)				←Required (Once per cycle)

Please see reverse side of this page for important information about course prerequisites.



Grade 12 Course Choices and Electives

English Electives	Mathematics Electives	Science Electives	Humanities Electives	Modern Language Electives	Arts, Applied Skills & Physical Education
English 12		Chemistry 11			Concert Band 12
English 12 (Creative Writing Focus)	Foundations of Mathematics 12	Chemistry 12	Economics 12		Media Arts 11
AP English Literature & Composition	Pre-Calculus Mathematics 12	AP Chemistry ¹	AP Microeconomics	French 12	Media Arts 12 ⁴
AP English Language and Composition (English 11AP)	Calculus 12	Physics 11	History 12	Spanish 11/12	Theatre Performance – Acting 12
	AP Calculus AB	Physics 12	Law 12	AP French Language & Culture	Physical Education 12
	AP Calculus BC	AP Physics 1	AP European History		Art Foundations 12 ⁵
		AP Physics 2 ²	AP Human Geography		Information Technology 11 or 12 ⁶
		Biology 11			
		Biology 12			
		AP Biology ³			

Prerequisites:

Science

Science and Applied Science university programs typically require Chemistry 12 and/or Physics 12. Life and Health science university programs typically require Chemistry 12 and/or Biology 12. Biology 11 is not required to take Biology 12.

¹ Students must have completed Chemistry 11 Hons in order to enroll in AP Chemistry.

² Students must have completed AP Physics 1 in order to enroll in AP Physics 2.

³ Students must have completed Biology 11 Hons in order to enroll for AP Biology.

Humanities & Applied Skills

Students who completed English 12 in their grade 11 year **must** enroll in ONE of:

- AP English Literature & Composition
- AP English Language and Composition (choose English 11 AP in Naviance)
- English 12 (Creative Writing Focus)

⁴ Students who have not taken Media Arts 11 need permission from the instructor to enroll in Media Arts 12.

⁵ Art Foundations 11 is a prerequisite for Art 12.

⁶ Information Technology 11 is a prerequisite for Information Technology 12 unless previous computer proficiency can be demonstrated to and accepted by the instructor.

GRAD 2016

FOUR COMPLETELY DIFFERENT STYLES
AND SIXTEEN DIFFERENT POSES.

MODERN LOOK

This is where it all begins.
A unique, fashionable, studio set.
We recommend a coordinated full length
outfit. You can use any of our props or
bring any from home.



CLASSIC LOOK

Get inspired with bold style and creative
flare in our classic Black and White set.
A variety of close-ups come to life in your
second photographic experience.



TRADITIONAL COMPOSITE

Celebrating graduation means
connecting with your family, friends,
and classmates. It also means connecting
your Artona portrait with the school yearbook
and graduation composite.



GRAND LIBRARY

Formal cap and gown presentation in our elegant
library setting. **Gentlemen** are required to
wear a white or light coloured dress shirt and tie.
Ladies, we suggest a plain white blouse with
a simple neckline or wear a top that fits under
the gown neckline.



Your Portrait Session is FREE.

We require a \$60 refundable deposit to provide you with your personal preview
booklet and online access. Your deposit will be applied to any purchase or
refunded if you choose not to place an order.



CLICK TO PLAY

View our **How To Prepare** video to
make the most out of your session!



CONTEMPORARY GROUP ROOM

Group portrait sessions for 4 or more are available in
our contemporary group room.

Group sessions must be scheduled separately by
one person representing the entire group.

\$15 each and everyone will receive a Digital Image.

REMEMBER

You must be photographed by Artona to appear in the
yearbook and Graduation Wall Composite.

Please plan on a one hour session.

Arrive at least 15 minutes prior to your appointment.

Find us on Facebook and Twitter!



Find us on Facebook:
www.facebook.com/ArtonaGroup

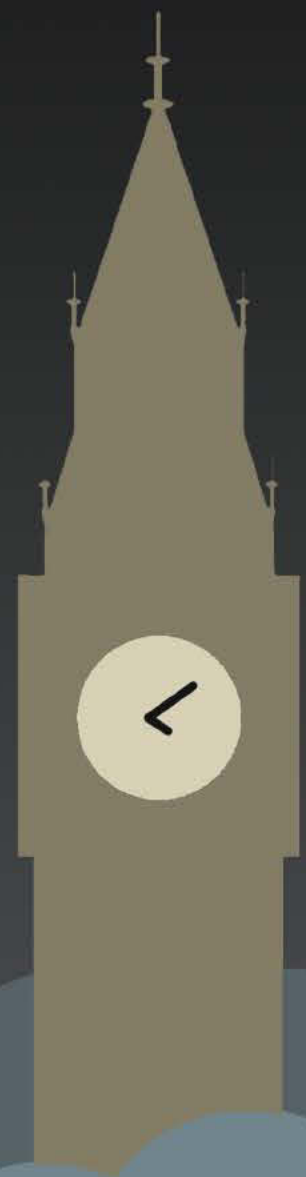


Find us on Twitter:
[@Artona](https://twitter.com/Artona)

Peter Pan

Peter Pan & Wendy

A comedy / adventure adapted by Doug Rand
from the novel by J.M. Barrie
with additional adaptations by the cast.



February 25-27, 2016

7:00pm with a matinee **Feb. 27** at **2pm**

Southridge School
Alan Brown Great Hall

For ticket information please visit
www.southridge.bc.ca

published by Playscripts Inc.

2656 - 160th Street, Surrey, BC

Jan 18-Jan 22

Specials

Mon-18

Tues-19

Wed-20

Thur-21

Fri-22

Breakfast

**Bagel/Cream
Cheese**

**Berry
Smoothie**

**Raspberry
Scone**

**Blueberry
Muffin**

**Banana
Smoothie**

**Chef's
Entree**

**Quesadilla
Chicken**

**Chicken
Chow mein**

**Chicken Fried
Rice**

**Italian
Calzone**

**Lemon Grass
Chicken**

**Pasta
Bowl \$3.50**

**Pasta
Alfredo**

**Creamy
Bowtie**

**Pasta
Rose**

**Macaroni &
Cheese**

**Spaghetti &
Meat sauce**

**Grill
Central**

**Hot Italian
Sub**

Japa Dog

**Pizza
Slice**

**BBQ
Ribber**

Fish Taco

**Panini of
the week**

**chicken
pesto**

**chicken
pesto**

**chicken
pesto**

**chicken
pesto**

**chicken
pesto**

**Veggie
Selection**

**Veggie
Quesadilla**

**Creamy
Bow Tie**

**Veggie
Pizza**

**Veggie
Calzone**

**Caesar
Salad**

We always offer our regular menu in addition to our daily specials



Jan 25- Jan 29

Specials

Mon-25

Tues-26

Wed-27

Thur-28

Fri-29

Breakfast

**Breakfast
Wrap**

**Berry
Smoothie**

**Breakfast
Bagel**

**Banana
Bread**

**Banana
Smoothie**

**Chef's
Entree**

**Pizza Bagel
With salad**

**Butter
Chicken Pot
Pie**

**Chicken
Stirfry**

**Honey Garlic
Meatballs**

**Fish and
Chips**

**Pasta
Bowl \$3.50**

**Pasta
Primavera**

**Mushroom
Ravioli**

**Macaroni &
Cheese**

**Rotini
Italiano**

**Pasta
Alfredo**

**Grill
Central**

**Spicy
Chicken Burg**

**Chicken
Fajita**

**Pizza
Slice**

**BBQ Pork
Ribber**

**Bacon
Mozza Burg**

**Panini of
the week**

Pulled Pork

Pulled Pork

Pulled Pork

Pulled Pork

Pulled Pork

**Veggie
Selection**

**Asian Noodle
Salad**

**Mushroom
Ravioli**

**Veggie
Pizza**

**Rotini
Italiano**

**Pasta
Alfredo**

We always offer our regular menu in addition to our daily specials

