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Head of School

Congratulations to Mr. Anderson and the Senior Boys Basketball Team

Although Mr. Palm has written a more extensive article about the boys' AAA provincial championship game, I would also like to add my congratulations and appreciation to his thoughts and perspective. It goes without saying that achieving such a high level of success is no easy task, but doing so with such grace and composure is something truly remarkable.

Despite the breathtakingly close championship game, our team didn't lose hope, they didn't succumb to pressure, they didn't let the challenges of falling behind get them down and they didn't lose their self-control. Having a fourth provincial championship banner hanging in our gym (joining our boys A and girls A soccer championships, our girls have won twice) is something to be proud of, but the thing I will remember for a long time to come was the demonstration of the spirit and character of our school's community.

Certainly, the character of senior boys was on display for everyone to witness, but it was Mr. Anderson's clear leadership as a role model for our boys that allowed our team to pull together and play the way it did. On top of that, though, was the spirit and energy of our school community that contributed to the outcome of the game by letting our players know that we were behind them, that we believed in them and that we were excited for them. Students, teachers, staff, parents, alumni and alumni parents created an atmosphere that will not soon be forgotten.

Congratulations to our Senior Boys AAA Provincial Basketball Champions, and thank you to everyone from Southridge who was at the final game to support our boys. Southridge really showed up on Saturday night, and I, for one, couldn't have been more proud or excited to be a part of it. Go Storm!

Head of the Senior School Appointment

After a comprehensive search, the hiring committee for the Head of the Senior School is very pleased to announce that Mr. Brad Smith will be joining Southridge as the new Head of the Senior School as of August 1st, 2016.



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Mr. Smith is currently the Head of the Senior School at Stratford Hall. He has spent the past five years in this position and has played an instrumental role in overseeing all aspects of the day to day operation of the Senior School, while working collaboratively to enhance and create new programs. Prior to this he held a variety of positions with Pacific Academy including Vice Principal, Counsellor and Curriculum Coordinator. His public school teaching experience of Grades 8 to 12 was gained at Handsworth Secondary School. Mr. Smith brings to Southridge more than 25 years of experience in education with five plus years as a senior school administrator and has worked in both public and private secondary school settings.

Mr. Smith holds a Masters in Educational Leadership, a diploma in Guidance Counselling and a Bachelor of Education coupled with the completion of the ISABC Prospective Heads Leadership programme and has his Level 3 IB certification.

Throughout Mr. Smith's career he has participated in a number of professional development opportunities that have helped shape his leaderships skills and hone his craft as a school administrator. Mr. Smith is highly regarded and well respected within the Independent School Association. He is an experienced, collaborative, energetic and engaging educator and leader who prides himself on being able to establish strong and authentic connections with students, faculty and parents. He appreciates and enjoys taking time to engage with students and continues to be involved in coaching school sports, sponsoring student activities, participating in field trips and chaperoning trips.

He is extremely excited about the opportunity to lead and support both the students and the staff of our Senior School, while also working as part of the Senior Management Team to help guide the overall programmatic and strategic direction of Southridge.

Mr. Smith is looking forward to connecting and contributing to the Southridge community. In the more immediate future, to support and assist Mr. Smith in his transition to Southridge, we will be working in partnership with him to plan a visit to the school in late June so that he will have the opportunity to begin his preparations for a smooth and effective integration into our school.

Please join me in welcoming Brad Smith to Southridge.

Have a wonderful week!

Drew Stephens
Head of School



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Important Dates

| Event | Date | Time | Location |
|--|--|-------------------|------------------------------|
| PYP Musical | Wednesday, March 16 th | 6:30 pm | Junior School Great Hall |
| Speech Day | Wednesday, March 16 th | All Day | Senior School |
| Spring Break | Saturday, March 19 th – April 4 th | | Both Schools |
| Late Start | Monday, April 4 th | 10:25 am | Both Schools |
| Internet/Social Media Safety Presentation | Tuesday, April 5 th | 6:30 – 8:30 pm | Junior School Great Hall |
| Authors' Week | Monday, April 11 th – Friday, April 15 th | All Week | Both Schools |
| Italy Night Concert & Italy Tour Launch | Thursday, April 14 th | | Senior School Great Hall |
| <i>Relay for Life</i> | Friday, April 15 th | 2:00 – 10:00 pm | Senior School Field |
| Peruvian Amazon Trip Info Night | Monday, April 18 th | 7:00 pm | Senior School Library |
| Speaker Series – Julie Lythcott-Haims | Tuesday, April 19 th | 7:00 – 8:30 pm | Junior School Great Hall |
| Country Fair | Saturday, May 7 th | 9:00 am – 4:00 pm | Junior and Senior Schools |

Junior School News

Head of Junior School

Helping Every Spirit SOAR

I have recently begun researching the topic of executive function. It is becoming an increasingly popular term in education and child development; and for me, an increasingly important consideration in setting students up for success. I attended a seminar last week on executive function geared toward parents and educators, and I wanted to share some of the information presented. Executive function is a set of skills that allows individuals to control their behaviour or manage themselves to complete a goal or task. There are three main components to executive function: planning, working memory, and attention. Researchers at the Frameworks Institute compare executive



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function to air traffic control at a busy airport. “It regulates the flow of information and the focus on tasks, creates mental priorities, and keeps the system flexible and on time. In children, this mechanism needs to be actively geared up as early as possible”¹ Performing the duties of an air traffic controller are difficult and stressful. Enhancing these skills in children can hopefully reduce some of the stress associated with organization, managing time, prioritizing, and completing difficult, challenging tasks. The research into executive function is brain-based. Most of these skills involve the pre-frontal cortex part of the brain and this area of the brain continues to develop in children well into the teen years. So, the good news is that executive function is a skill that can be developed. It is not something that is determined at birth. We, as parents and educators, can help our students and children increase their capacity to develop executive function skills. ParentFurther, a Search Institute resource for families (www.parentfurther.com) uses the acronym SOAR to describe four things that parent and educators can do to help promote executive function in children:

Support Imagination: pretend play in young children and “what if” scenarios in older children help to keep this skill active.

Offer Choice within Limits: allow children to do things on their own within reasonable limits.

Assist Reflection: encourage your child to share their thoughts and questions, talk through problems and promote empathy.

Raise Activity Levels: increasing blood flow to the brain helps brain development and being active also reduces stress which allows for executive function skill growth.

SOAR should be an easy acronym to remember as it fits nicely within our community vision. In this case, the acronym offers some fairly simple, concrete suggestions to help our students build the skills necessary to take on the challenges of busy and ever-changing environment.

I hope you enjoy a wonderful, relaxing Spring Break!

Alison Graham
Interim Head of Junior School

¹ Kendall-Taylor, N., Erard, M., Davey, L., & Simon, A. (2010). Air traffic control for your brain: Translating the science of executive function using a simplifying model. Washington, DC: Frameworks Institute.



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Spring Break - Term Two Report Cards - FSA Booklets

For those anticipating the Spring Break, the last day of school is Friday, March 18th, with a return to school on Monday, April 4th, (late start). Report cards will be distributed at dismissal on Friday, March 18th. To maintain consistency for all our students, the report cards will not be distributed any earlier than dismissal time. Students in Grade 4 and 7 will have their FSA booklet and final FSA report sent to them in the mail and should receive this in early April.

Communicating Absences/Late arrivals

Just a friendly reminder to please communicate all absences or late arrivals to the following address attendance@southridge.bc.ca

Junior School Track and Field

Track and Field in the Junior School will be starting up on the first Tuesday back from Spring Break: Tuesday, April 5th.

Track practices will be every Tuesday and Thursday from 3:15 - 4:15 pm. Our meeting spot is on the Junior School grass field.

The Track and Field team is open to anyone in Grades 3 - 7. It is expected that every team member commits to attending both practices each week. The different events include: relays, sprints, long-distance, long jump, and shot put (also discuss for MYP students).

There will be more detailed information to come after our first practice! We are looking forward to another strong season of Track and Field. See you on **Tuesday, April 5th at 3:15 pm**. Please email Ms. Morley if you have any questions: mmorley@southridge.bc.ca.

Junior School Track and Field Coaches



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Twoonie Friday This Week!

Don't forget to bring in your twoonie for casual Friday this week in support of Country Fair's Games prize table. We need everyone's support to help purchase all the great prizes that are given away for the indoor games at Country Fair, so show your Southridge spirit and support by donating a twoonie on Friday! Thank you!

Indoor and Outdoor Games Committee

Senior School News

Head of Senior School

Southridge Spirit on Full Show!

After last Saturday, there was no possibility that my submission for this week would be anything other than the amazing achievement of our Senior Boys Basketball Team winning the Triple 'A' Provincial Championships! They put together an absolutely amazing season from beginning to end and their dedication, work ethic, and teamwork was something to behold.

At the end of last season when Mr. Anderson spoke of moving to the Triple 'A' level, I completely admit to having serious doubts. We had just had a very narrow defeat in the semi-final game and then came back to defeat Collingwood in the Bronze medal game. Surely, I thought, we could really take the Double 'A' banner this year. Why move up? As Mr. Anderson so aptly explained after the team's amazing accomplishment last weekend, it was the team's idea and they felt they were ready. He trusted their confidence and effort and throughout the season they demonstrated that they were more than ready to compete at that level. What I hadn't realized was the effect that the team would have on our community and specifically, on our spirit.

We got an initial glimpse of the team's potential when they won the Tsumura Invitational Tournament which had a highly competitive field. Their league play demonstrated commitment to developing teamwork, mentoring the younger members of the team and consistently demanding improvement each quarter of each game. They won their league and set themselves up for a run at another Fraser Valley Banner. Once again, they took each game individually, wanting to be certain they weren't looking too far



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ahead to the ultimate goal which led to becoming Fraser Valley Champs and giving them the #1 seed in the Provincial Tournament.

As the team's journey was progressing from one game to the next, the community began to commit to the team as well. There were always the diehard fans – moms and dads, a few teachers, students that were friends – coming out to support. But with last year's success and it continuing to build this year, the word was out that this was one ticket you didn't want to miss. I admit that I loved watching them – they make it look so easy out there. The rhythm they get into, the obvious synergy they have as teammates, and for me, the mentorship that the older students provide to the younger members of the team is wonderful to see! Each game and tournament created more interest and pride in our school.

Fast forward to the Provincial Final last Saturday at the Langley Events Centre...getting there for the team hadn't been as difficult as maybe some had envisioned; all three games prior were won pretty handily. As I walked into the stadium to watch, I was blown away by the support from the school! There were literally hundreds of our community out to watch: students decked out in blue and orange with faces painted and noisemakers ready. Many of them stood at the end of the court cheering each basket and free throw made. There were teachers and their families, parents, alumni, alumni teachers and I even saw Junior School families there at the game. To be completely honest, and I know this is going to sound cliché, but just the turnout for the game alone was the best part for me. It will be a lasting memory that I will have for my entire life and one that made me incredibly proud to be a part of the community!

As you will know, the game was one for the ages, both teams played incredibly and neither was backing down from the challenge. It went back and forth and when Southridge seemed to pull a little ahead, Steveston-London would push back and match the intensity. As the final seconds ticked away and the victory was complete, the students "stormed" the court and reveled in the team's accomplishment! I stood and cheered until I had no voice and clapped my hands until they were sore. It was a very special night for anyone who was there.

I hope that each person who attended the game from our school can remember how amazing it was to be there – how it felt to show your spirit and school pride. I challenge us all to find that same spirit for the next game you attend, or the next time you hear about a member of our community who is showcasing their talent or empathy. It really doesn't have to be for a Provincial Championship – but what an amazing demonstration of spirit we gave last Saturday!



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Have a great week and a well-deserved Spring Break and three cheers for our banner winning basketball team!

Doug Palm
Head of Senior School

Senior Storm Win BC Boys High School Basketball AAA Championship Banner

For those who couldn't make the game on Saturday, it was an historic evening for our basketball program and our school. I won't go into too much detail because so many of you were there, but our boys played one of the most dramatic games of the season vs. Steveston-London Secondary, and won 77-71. An unbelievable effort from every kid that hit the court!

It's the first AAA Provincial banner that will grace the walls of the Southridge gymnasium! A huge congratulations to Mr. Steve Anderson and his assistant coaches, Jonathan and Randip! The magnitude of the season is hard to comprehend right now, but it will go down in Southridge history, without question.

Thanks to everyone who made it out to watch. In my 16-year history with the school, I have NEVER seen a Southridge crowd like that at a sporting event before. I know it meant a lot to the team to have so many teachers in the crowd as well.

For those of you that missed the game, there's a great highlight reel, [available here](#).

Again, congratulations to the entire Southridge basketball program, from the Grade 8's to the Seniors. I am sure this must be the most successful basketball season on record for the school!

Darren Jones
Senior Social Studies Teacher

Congratulations to Isabelle Lei!

About 10 days ago, Isabelle competed in the BC AAA Swimming Championships at the Common Wealth Saanich pool in Victoria. During this three meet, she earned a Senior National time in her 100-free with a time of 56.92, which is very fast! This is a huge step in her swimming career and one of which she can be really proud. She managed to win



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a bronze medal in her 50-free, which was very exciting for Isabelle as she hadn't won a provincial medal in a few years. She placed top 10 in all her races! Way to go, Isabelle!

Heike Beer
Senior School Swim Team Coach

Italy Night Concert and 2017 Italy Tour Launch

On Thursday, April 14th, the Grade 9 and Senior Concert Bands will perform a concert that will be followed by some Italian treats and information about our next music tour opportunity for the 2016/2017 school year. The concert will be held in the Senior School Great Hall and all are welcome to attend to hear the bands perform. Mark this event on your calendar, as we need all members of the bands to attend to be at our best!

See you at the show!

Senior School Music Department

Southridge Heads to Peruvian Amazon in 2017

I am delighted to tell you about a scientific research expedition to the Peruvian Amazon that will be happening in 2017. The expedition is open to all Southridge pupils who will be 16 years of age in the year of the expedition, and who will be studying Biology in Grades 11 or 12. Others who have a particular interest in wildlife, conservation, and ecology may also apply for a place on this two week trip. An informational presentation will be taking place on **Monday, April 18th at 7:00 pm** in the **Senior School Library** and we hope you will be able to join us!

The expedition is being run in conjunction with **Operation Wallacea** and will be a mixed expedition with Peruvian biologists, academics and university students from around the world. The objective of the visit is to help with a major biodiversity survey in the **Pacaya Samiria Amazonian reserve**, while simultaneously offering students a first-hand experience of conservation biology. The group will fly to Lima, Peru and then onto Iquitos in the heart of the Amazon. From there, they will join a research ship, which will travel for 2-3 days to the remote study area. While on route, there will be lectures on Amazonia, its wildlife and conservation. On the return trip, we will visit a Cocama Indian village, a manatee rescue centre, a primate rescue centre, and enjoy a tour of Belen.

The research ship will moor at the study site and the group will rotate between a series of research teams. These teams will be: using small boats to survey for macaws,



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wading birds, and fishing bats; walking transects through the forest to estimate populations of tapirs, ungulates and game birds; and developing behaviour studies on giant river otters or the 13 species of primates found in the area. In addition, there are teams estimating the populations of the two species of river dolphins, completing fishery surveys to describe the fish communities, and spotlighting and noosing 3 species of caimans. Students will be working directly with university academics and Operation Wallacea staff. All data collected goes toward furthering conservation efforts in the region and toward publications in scholarly journals.

The cost of the expedition will cover each student's food, accommodation, training and participation in the research programmes. In addition, it will also cover the cost of flights, overnight accommodation in Iquitos, as well as comprehensive travel insurance. The quote will be presented at the information presentation on **Monday, April 18th at 7:00 pm.**

We hope to see you there!

Anna Szymczak
Outdoor Education Coordinator

Relay For Life - for your life, your loved one's life, for those who have no loved ones.

Cancer, runs in so many families. Cancer, destroys so many families. It needs to be stopped! We, the students at the Senior School will be hosting a *Relay for Life* to play our part in doing just that. We would like everyone's help, students and parents.

- WHAT: Relay for Life (Canadian Cancer society fundraiser)
- WHERE: Senior School field
- WHEN: Friday, April 15th from 2 pm -10 pm

DETAILS: Form or join a team online on the website at www.relayforlife.ca/southernridge, fundraise and come out on Friday, April 15th for a great evening of music from DJ's, food and other activities. Come and hang out with your friends while helping a great cause! If you can't make it that night, you can still help by DONATING.

PRIZES for top fundraisers: a Macbook Air from Class Electrical, 4 box concert tickets from the Salh family, Headphones from the HiFi centre, 4 tickets to either a Whitecaps or BC Lions game from Mr. Rob Reed (The Beat radio station).



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PLEASE support us in raising money to stop cancer from destroying any more families!

Also, if you are a Cancer Survivor, please register online as a survivor as you will be honored for your fight against cancer at the beginning of the event!

Justin Sanghe and the Relay Committee

Both Schools

Thanks to you....

Through our fundraising campaigns and events, our community continues to give generously. In fact, thanks to you, our students and teachers have the tools, equipment and facilities they need on a daily basis. For example...

Last spring, our Junior School track students enjoyed a new high jump mat thanks to our Annual Campaign donors who opted to support Athletics last year. Although the previous mat was in really poor condition, we needed the financial support of our community to replace it. High jump mats are not inexpensive items! Thank you for supporting our Athletics program.

Each year we canvass our new families as part of the Legacy Giving Campaign. The vast majority of our families make generous 5-year pledges to this campaign. The funds we raise through this campaign support capital purchases at the school, but it is also the reason we have been able to pay down our debt so significantly over the years. From its peak of \$18 million, our debt is now down to \$3.94 million, thanks to you.

Last year, through the Annual Campaign and through half the proceeds of the Country Fair, we were able to invest more than \$100,000 into our endowment funds. One of our funds is the Alan Brown Memorial Endowment fund which now generates enough interest revenue to fund a new student bursary at Southridge. Thanks to our bursary donors, lives are forever changed for having attended Southridge School.

Thanks to you, we have come a long way as a relatively young school. If you have not yet made a donation to Southridge this year, please consider [making your gift online today](#). Your gift can be directed to an area at the school that means the most to you, including: Arts, Athletics, the Playground Project, any of our bursary funds, or you may choose to support our Greatest Need fund.



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If you have any questions about making a gift to Southridge, please don't hesitate to contact me directly at 604-542-2330 or via email at chodson@southridge.bc.ca.

Thank you for your continued support.

Christiane Hodson
Director of Advancement

Creating Meaningful Experiences at the Country Fair

My first experience with the Country Fair was May 2015 – one week after I started my role here at Southridge. I was invited to volunteer and was told that this was the school's biggest event of the year...that thousands of people from the local community would be in attendance. I couldn't wait to see this thing in action!

The morning of Country Fair, I arrived to find the streets and parking lots around Southridge FULL of cars. It was a beautiful sunny day, and families with kids of all ages were pouring through the gates of the school. Everywhere I looked I saw happy people, laughing and having fun, coming together to share in this annual community experience. Throughout the day, as I wandered around with my own family, and over the several hours I spent volunteering in different areas of the Fair, I continued to observe the cheerful actions and reactions of our guests. I was proud and impressed by what I saw.

And it struck me that this was possibly the only connection that many of these people ever have with Southridge. Certainly, they likely pass by our gates, or read about us in the newspaper, see our school buses driving around town, or glance at an advertisement for our Open Houses – but it is very likely that many of them never **feel a connection** with Southridge...except at Country Fair. Here, on our property, were thousands of kids and adults from homes and businesses in our community, having fun, interacting with our parents, students and staff, enjoying a happy day at Southridge – **experiencing our school community**. What an amazing sight it was – and what an opportunity!

As human beings, we equate our emotions, opinions, ideas and perceptions with experiences. When Southridge opens its doors to thousands of people for the Country Fair, we are given the wonderful opportunity to show them who we truly are: generous, kind, community-minded, approachable, helpful and fun! Through experiencing our community our guests form a memorable and emotional connection with Southridge that influences and shapes their perceptions of our school. Whether this leads to a family



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deciding to apply, a positive comment on a social media page, or a changed-opinion about our school, each experience and interaction is important.

Geoff Cottril, former Chief Marketing Officer for Converse (and previously VP of global entertainment at Starbucks, and group director of entertainment marketing at Coca-Cola Co) has said, “No advertising campaign will get you the kind of credibility that a meaningful experience will.”

I couldn't agree more – and the Southridge Country Fair is the perfect opportunity for all of us to work together to create valuable, meaningful and positive experiences for our guests.

I am very excited to volunteer alongside you on May 7th!

Erin Labbé
Director, Communications & Marketing

Start Collecting for the Country Fair!

Now that spring is just around the corner, it's time to start setting aside your gently-used toys, household items, clothes, furniture, etc. for our **Annual Country Fair!** We advertise the Country Fair as a 450-family garage sale, so we need each family's support to keep the crowds coming year after year!

We will accept the following items:

- **Clothing:** We welcome all men's, women's, children's, baby clothing and accessories that are clean and new or gently used.
- **Books:** Please set aside all types of children's, adult fiction and non-fiction books, as well as good quality coffee table and music books. We will not accept books that have missing or torn pages, used colouring books, and National Geographic magazines.
- **Loonie Bags:** Please start collecting your gently used small toys, such as McDonald's toys, loot bag items, hockey cards, etc. These are all great items for our loonie bags.
- **Toys:** We are looking for a wide variety of good quality toys, including Lego, Barbie, games, collectibles, outdoor toys, and even larger items like play



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kitchens. Please ensure the items are CLEAN and all small pieces are bagged together.

- **Recycled Treasures:** This is your chance to recycle any used household items such as linens, small appliances, home décor items, sporting goods, hardware, arts and crafts supplies, seasonal decorations, baby items, and furniture.

Drop-off for household items, clothing, toys and books is from Saturday, April 30th to Thursday, May 5th (no drop-off on Friday, May 6th).

Please note we are not able to accept the following items:

- Anything that is broken, damaged, stained or in need of repair
- Large Appliances (Fridges, freezers, stoves or micro-waves)
- Televisions and monitors
- Electronics without remotes (ie: VHS/DVD etc...)
- All forms of Car Seats (Boosters, Infant seats, etc...)
- Athletic machines
- Old Skis
- Helmets of any kind
- Window Blinds
- Mattresses
- Cribs
- Books that have missing or torn pages, used colouring books, magazines and National Geographic magazines

All our families are encouraged to donate items and your cooperation with all of the above is very much appreciated.

Drop-off of large items will only be accepted on Thursday, May 5th.

It costs the school to dispose of damaged and unsellable items, so please be considerate when you drop off your donations.

Thank you!

Country Fair Committee



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Urgent Vacancies

With the Country Fair quickly approaching, the Volunteer Committee is still looking for volunteers to train in the areas of Books, Signage, and Pie making. Training is provided, just a willingness to provide leadership in these areas is needed. Contact volunteer@southeridge.bc.ca for details or to express interest.

Country Fair Volunteer Shifts are now AVAILABLE!

As you all know, the Country Fair requires the support of all our parents and there are 900 volunteer shifts for pre-fair and fair day available! The safety and success of this important event depend on our community coming together in support and commitment.

Shifts are available for online sign-up and it's first-come, first-served, so if you want that afternoon shift in Recycled Treasures, be sure to sign up right away! Click [here](#) to sign up, or go to the Volunteer Corner and select "Volunteer Now".

Not sure what you want to do or don't have a preference? Sign up for a "**Wherever I'm Needed**" shift and we'll assign you a great position. Having trouble signing up? Contact the Advancement Department at **604-542-2303** or advancement@southeridge.bc.ca

The 2016 Volunteer Committee

Calling all Savvy Car Enthusiasts!

Do you have a hidden gem in your garage that's a showpiece car, truck or motorcycle? If you do, then we'd like to invite you to take part in the second annual "Show & Shine" car show at this year's Country Fair on Saturday, May 7th.

This is a fantastic opportunity to exhibit your pride and joy, and we're looking for anybody with an impressive automobile from the past, present and future to participate – low riders, classic cars, motorcycles and trucks are all welcome! Entry fee is \$10/vehicle and two voting categories will be available (kids and adults) for the coveted "Best in Show" award.

The event will take place rain or shine and space is limited, so email a picture of your wheeled treasure to Jaime-Lyn Hugh at carshow@southeridge.bc.ca for more details.

The "Show & Shine" Car Show Committee



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Outdoor Country Fair Signage Sites Needed!

With Country Fair just around the corner, we are in need of outdoor space in high traffic areas to place three large advertising signs (98" x 48") from Friday, April 1st – Sunday, May 8th, plus the manpower to put the signs up and take them down.

This is a great way to fulfill your Country Fair volunteer hours and help promote the event to the community, so please contact Shelley Slaughter on sslaughter@southeridge.bc.ca or 604-542-2334, for more details.

Thank you!

Shelley Slaughter
Advancement Officer

Internet/Social Media Safety Presentation: Tuesday, April 5th

Presented by: Darren Laur of Personal Protection Systems Inc.

Location: Junior School Great Hall

Date and Time: Tuesday, April 5th from 6:30 – 8:30 pm

Parents are the foundation when it comes to youth online interactions. Attending this Internet/Social Media Safety presentation will offer you insight into social media use, along with valuable tools needed to help navigate the online world when it comes to digital literacy and privacy. Both Junior and Senior School parents are invited to come and learn what your children already know!

Wendy Turriff and Natasha Bains

Authors' Week: Monday, April 11th – Friday, April 15th

We have a number of exciting events lined up for our annual Authors' Week this year to showcase some local talent and to inspire our students as both readers and writers.

We have three authors who will be running interactive workshops and making presentations in our English classes. Along with contests and opportunities for creative expression, Black Bond Books will once again be in the Senior Library for a book sale on Tuesday with a percentage of proceeds from the book sale coming back to our school. Here are the highlights of what to expect for the week:



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- **Monday, April 11th and Tuesday, April 12th:** Joanne Arnott, a Metis writer and arts activist, will share her works with our classes. She is a founding member of the Aboriginal Writers Collective West Coast and has won the Gerald Lampert award for *Wiles of Girlhood*. Ms. Arnott is a poet, essayist, activist, mentor and blogger who applies storytelling strategies in her work in the literary arts.
- **Tuesday, April 12th:** Our local Black Bond Books will be in the Senior School Library for a book sale. Students can make their purchases on their student accounts and partial proceeds will be directed back to our school.
- **Wednesday, April 13th and Thursday, April 14th:** Holman Wang is a former middle school teacher who is currently a full-time children's author, illustrator, and sometimes lawyer. Holman along with his brother Jack are the creators of the very successful *Cozy Classics* and *Star Wars Epic Yarns* series, and he will share his creative experiences with our classes.
- **Thursday, April 14th and Friday, April 15th:** Ivan Coyote is an award-winning author, poet, spoken-word artist, performer, storyteller and creative writing instructor who will be presenting to our senior classes. *Bow Grip* won the ReLit award and was named a Stonewall Honor Book by the American Library Association and is being developed as a feature film.
- **Friday, April 15th:** We will have our annual book swap in the library at lunch. Students can bring their gently-used books and exchange for a new read. Any leftover books will be donated to the Country Fair.

We are looking forward to hosting this exciting and interactive week,

Maggie Yee
Senior School Teacher Librarian

Summer at Southridge – Registration Now Open!

You should have received an email last Friday advising you that registration is now open for the *Summer at Southridge* day camp program. Please visit www.southeridgesummer.ca to view all of the program details including the full camp schedule.

As most of you know, **our camps fill up quickly**, so I encourage you to **register early!** Please don't forget to register for after camp care if you need it, since these spots also fill up very fast.



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For students who are 14+, the summer camp program provides tons of fun volunteer opportunities. Helping with the summer camp program is a great way to gain practical experience, acquire valuable leadership experience and of course, earn volunteer hours. To learn more about opportunities or to obtain a volunteer form, [click here](#). The deadline for applications is April 22, 2016.

If you have any questions, please contact the *Summer at Southridge* office at 604-542-5385 or email summercampinfo@southridge.bc.ca. We hope to see you this summer!

Jasmine Boyes
Community and Alumni Relations Manager

Stories of Character: Episode XII

These stories are inspired by our students and the amazing things they do every day that in turn inspire us and make us thankful that we get the opportunity to work and learn with them. We also hope that they will inspire you and others to find those big and little ways to make a difference in your world.

We are often inspired by our student's sense of initiative, and we've certainly seen more of that than ever these days as the Harkness philosophy (which fosters student voice and encourages well thought-out planning) brings more stories to the forefront. But bringing dogs into our school? Can this really reflect our students' character?

Well, yes, most definitely! The student in question is Sophie Wirch in Grade 11. As a member of our Student Wellness Committee, she championed a new idea a few months ago that is currently being done at some of the best universities across the continent. Put simply, her idea was to bring a few puppies into our Senior School during a particularly busy academic timeframe (last week, in this case) and allow senior students to spend ten minutes in their company as a way to relieve their stress. While this idea may seem novel and perhaps controversial to you, Sophie brought it to successful fruition by doing detailed research that supported the theory behind it, creating a risk assessment that mitigated any negative unintended consequences, and presenting formally to Senior School leadership and then to Mr. Stephens himself. Her thoughtful and thorough approach showed a mature but determined attitude and spoke volumes about the strength of her character.

However, what most resonated for me about this story is the intent behind Sophie's action. While we always appreciate an entrepreneurial spirit in our students, Sophie's



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initiative was motivated by her desire to help others – in this case, her peers. She received no payment, marks, recognition, or any other extrinsic reward for her substantial efforts, but in knowing her, I am certain she was motivated by a genuine empathy for others. This goodness and generosity of spirit inspires us every day at Southridge.

Daryl Weaver
Director of Experiential Education

Uniform Shop News

The Uniform Shop is proud to offer ‘wheeled backpacks’ – these innovative bags offer great convenience – they easily accommodate a laptop and they also fit perfectly into a locker! The ‘wheeled backpack’ is light and durable and comes with a limited warranty. Come in for a visit and have a look!

Regular Uniform Shop Hours:

Monday – Thursday (closed Fridays) between 7:45 – 9:00 am and 2:00 – 4:00 pm.

Phala Tan
Business Services Manager

Southridge Cafè News

Canuel Caterers is asking all students who have an outstanding to please remember to bring in money to settle their accounts. If you are not sure whether you have an outstanding balance or the amount, please check with a member of the cafeteria staff or refer to their list. Outstanding balances are to be settled before Spring Break.

Please see attached menus for the Southridge Cafè for April.



| April | Mon-4 | Tues-5 | Wed-6 | Thur-7 | Fri-8 |
|---------------|--------------------|----------------------|--------------------|--------------------|--------------------|
| Breakfast | Late Start | Smoothie Day | Bacon wrap | Blueberry Muffin | Smoothie Day |
| Chef's Entree | Quesadilla | Salad Bar | Lemongrass chicken | Salad Bar | Chicken Pot Pie |
| Pasta Bowl | Mac & Cheese | Ricotta Spinach Ravi | Pasta Marinara | Alfredo | Bow Tie W/ Peppers |
| Grill Central | Bacon Mozza Burger | Pulled Pork | Pizza | Spicy Chicken | Fish Taco |
| Weekly Panini | Turkey/Bacon Ranch | Turkey/Bacon Ranch | Turkey/Bacon Ranch | Turkey/Bacon Ranch | Turkey/Bacon Ranch |
| Great Greens | Chefs Salad | Salad Bar | Grain Salad | Salad Bar | Garden Salad |

We always offer our regular menu in addition to our daily specials



| April | Mon-11 | Tues-12 | Wed-13 | Thur-14 | Fri-15 |
|---------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Breakfast | Bacon Egger | Smoothie Day | Berry Scone | Breakfast Wrap | Smoothie Day |
| Chef's Entree | Perogies | Salad Bar | Butter Chicken | Salad Bar | Personal Pizza |
| Pasta Bowl | Asian Style Spaghetti | Lasagna | Mac & Cheese | Sacchetti Pasta | Pasta Rose |
| Grill Central | Smokie | Mushroom burger | Pizza | Greek Wrap | Fish Burger |
| Weekly Panini | Sundried Tomato Chick | Sundried Tomato Chick | Sundried Tomato Chick | Sundried Tomato Chick | Sundried Tomato Chick |
| Great Greens | Pasta Salad | Salad Bar | Chefs Salad | Salad Bar | Chicken Ceasar |

We always offer our regular menu in addition to our daily specials



April 18-22
Specials

Mon 18

Tues-19

Wed-20

Thur21

Fri-22

Breakfast

Breakfast
Bagel

Smoothie
Day

Pumpkin
Scone

Raspberry
Muffin

Smoothie
Day

Chef's
Entree

Chicken
Strips

Salad
Bar

Chicken
Chow Mein

Salad
Bar

Fish and
Chips

Pasta
Bowl \$3.50

Pasta
Marinara

Mac &
Cheese

Pasta
Alfredo

Spaghetti
W/ Meat
sauce

Stuffed
Pasta

Grill
Central

BBQ Bacon
Cheeseburger

Chicken
Fajita

Pizza

BBQ Ribber

Soft Taco

Weekly
Panini \$5.50

Chipotle
Chicken

Chipotle
Chicken

Chipotle
Chicken

Chipotle
Chicken

Chipotle
Chicken

Great
Greens

Thai
Pasta

Salad
Bar

Chefs
Salad

Salad
Bar

Garden
Salad

We always offer our regular menu in addition to our daily specials



| APRIL | Mon-25 | Tues-26 | Wed-27 | Thur-28 | Fri-29 |
|---------------|--------|----------------------|----------------------|----------------------|----------------------|
| Breakfast | closed | Smoothie Day | Cheesy Scone | Breakfast Bagel | Smoothie day |
| Chef's Entree | / | Salad Bar | Honey Garlic Stirfry | Salad Bar | Chicken Quesadilla |
| Pasta Bowl | Happy | Mac & Cheese | Italiano | Chicken Lasagna | Smoked Salmon Pasta |
| Grill Central | Spring | Italian Pizza Wrap | Pizza | Smoked Salmon Bagel | Fish Taco |
| Weekly Panini | \ | Turkey, Apple Cheese | Turkey, Apple Cheese | Turkey, Apple Cheese | Turkey, Apple Cheese |
| Great Greens | / | Salad Bar | Grain Salad | Salad Bar | Garden Salad |

We always offer our regular menu in addition to our daily specials

