

GIRLS VARSITY: TEAM AWARDS LIST

1.	87	Moorhead	(15:49.9 1:19:09.3)				
	10	Taylor Janssen 9TH	15:26.9	5	22	Kelly Brammer SR	16:01.1
	16	Kaylee Litch SR	15:49.4	6	(32)	Morgan Christian SR	16:23.6
3	19	Karlee Richards JR	15:52.8	7	(35)	Mackenzie Randklev SO	16:29.0
4	20	Taylor Polomny JR	15:59.1				
2.	89	Monticello	(15:43.8 1:18:39.0)				
	1	2 Erica Seidenkranz SO	15:01.8	5	30	Brooke Rasmussen 8TH	16:16.7
	2	5 Amber Seidenkranz 8TH	15:05.3	6	(38)	Krista Steele 7TH	16:34.4
	3	25 Amber Stoick SO	16:06.9	7	(46)	Mandy Witschen SR	16:49.5
	4	27 Corinne Steele SO	16:08.3				
3.	98	Alexandria	(15:51.4 1:19:16.7)				
	1	7 Jamie Piepenburg SO	15:20.4	5	37	Shelby Iverson FR	16:30.5
	2	9 Chelsey Richardson SR	15:22.7	6	(55)	Kaci McCoy SO	17:15.5
	3	14 Katie Iverson JR	15:46.2	7	(59)	Randee O'Brien SR	17:20.9
	4	31 Tess Boucher JR	16:16.9				
4.	109	Sartell	(15:51.5 1:19:17.5)				
	1	1 Heidi Peterson SR	14:51.5	5	44	Melissa Jacobs SR	16:46.7
	2	4 Hannah Kellerman SR	15:03.8	6	(51)	Lauren Schluenz SR	16:59.1
	3	18 Mackenzie Dockendorf 7TH	15:52.2	7	(52)	Allie Rengel JR	16:59.2
	4	42 Anna Lindstrom 8TH	16:43.3				
5.	132	Brainerd	(16:09.4 1:20:46.9)				
	1	21 Rebecca Yeh JR	15:59.4	5	34	Michaela Quast SO	16:27.7
	2	23 Anna Gessell JR	16:01.9	6	(49)	Sarah Fairbanks FR	16:59.0
	3	26 Megan Holmes JR	16:08.2	7	(75)	Gretchen Kletscher SO	17:49.4
	4	28 Courtney Wing SR	16:09.7				
6.	188	Little Falls	(16:28.8 1:22:23.7)				
	1	6 Manon Gammon-Deering JR	15:13.3	5	72	Lauren Zimny 8TH	17:35.4
	2	33 Chelsea Rutz FR	16:24.6	6	(101)	Laura Moe 8TH	19:08.0
	3	36 Mattia Hendrickson FR	16:29.7	7	(110)	Whitney Evans SO	20:34.7
	4	41 Maria Hauer 8TH	16:40.7				
7.	220	St. Michael-Albertville	(16:44.4 1:23:41.6)				
	1	15 Christine Thorn SO	15:47.6	5	71	Raelyn Sampson JR	17:33.9
	2	17 Maddi Sjelin FR	15:51.5	6	(85)	Jina Schoenborn JR	18:09.9
	3	48 Erin Autio 8TH	16:56.9	7	(88)	Cortney Woodis FR	18:17.2
	4	69 Beth Hinkemeyer FR	17:31.7				
8.	233	Rocori	(16:53.5 1:24:27.2)				
	1	11 Kristin Mehr 8TH	15:42.1	5	67	Brittany Stein FR	17:29.4
	2	40 Maggi Gertken FR	16:39.9	6	(78)	Kate Dockendorff SO	18:00.5
	3	57 Raija Eskuri SO	17:16.3	7	(82)	Sam Peterson SO	18:05.1
	4	58 Shandel Dingmann FR	17:19.5				
9.	246	Bemidji	(16:58.3 1:24:51.2)				
	1	12 Kim Truedson SO	15:42.6	5	92	Alex Lyren SO	18:26.2
	2	13 Jenna Truedson 7TH	15:45.2	6	(96)	Leanne Oakes FR	18:41.0
	3	39 Bailey Drewes JR	16:37.2	7	(99)	Betsy Richards SR	19:01.9
	4	90 Hana Felix SO	18:20.0				
10.	257	Becker	(16:58.0 1:24:49.7)				
	1	8 Kaitlyn Yoerg SO	15:21.1	5	73	Kristy Henkel SO	17:46.7
	2	43 Maria Zimmerman SO	16:43.4	6	(79)	Katelynn Andres JR	18:00.9
	3	63 Roseanne Tripp FR	17:26.4	7	(80)	Lauren Reisem 8TH	18:02.4
	4	70 Katie Gretsche FR	17:32.1				
11.	271	Detroit Lakes	(17:08.4 1:25:42.0)				
	1	29 Abby Ullyott 7TH	16:14.7	5	65	Annie Holzgrove 8TH	17:27.9
	2	54 Brita Johnson JR	17:09.5	6	(66)	Mackenzie Foltz 8TH	17:28.7
	3	61 Marie Yokan JR	17:24.1	7	(103)	Veronica Haverkamp 9TH	19:17.5
	4	62 Berit Skoyles 8TH	17:25.8				
12.	312	Fergus Falls	(17:22.8 1:26:53.9)				
	1	3 Haylie Zenner FR	15:03.2	5	97	Katelyn Nelson FR	18:48.3
	2	60 Callie Ann Hoffbeck FR	17:23.4	6	(104)	Rachel Styve JR	19:20.5
	3	68 Taylor Vatnsdal JR	17:31.0	7	(107)	Emily Borowski FR	19:31.2
	4	84 Katie Vosberg FR	18:08.0				

13.	314	Big Lake	(17:24.4 1:27:01.9)					
1	47	Emily Ralph SR	16:55.0	5	76	Olivia Crocker 8TH	17:50.1	
2	53	Paige Vensland SR	17:00.1	6	(77)	Carli Lastavich FR	17:54.2	
3	64	Rachel Olson 7TH	17:27.3	7	(87)	Alison Morehead FR	18:15.7	
4	74	Brooke Goracke JR	17:49.4					
14.	363	St. Cloud Apollo	(17:54.8 1:29:34.0)					
1	24	Moriah Novacinski SR	16:04.4	5	102	Casey Laudenschach SR	19:16.5	
2	50	Erin Nelson FR	16:59.1	6	(106)	Betsy Jolkovsky JR	19:29.0	
3	93	Maddie Schug JR	18:34.2	7	(108)	Angel Spooner SR	19:39.5	
4	94	Julia Stiegel JR	18:39.8					
15.	390	St. Cloud Tech	(17:58.7 1:29:53.2)					
1	45	Maria Null FR	16:48.3	5	95	Miranda Simon 8TH	18:41.0	
2	81	McCall Henkel SR	18:03.0	6	(100)	Charity Modi 7TH	19:05.7	
3	83	Rachel Bailey JR	18:07.4	7	(109)	Austin Voigt JR	19:45.6	
4	86	Cece Blomberg FR	18:13.5					
16.	439	Sauk Rapids-Rice	(18:28.7 1:32:23.5)					
1	56	Alicia Armstrong JR	17:16.1	4	98	Ellarose Kayfes 8TH	18:58.9	
2	89	Haley Thielen 8TH	18:18.3	5	105	Stina Lindholm 8TH	19:28.0	
3	91	Mariah Ballard FR	18:22.2	6	(111)	Katie Krep 8TH	22:12.5	

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SECTION 8AA CROSS COUNTRY MEET
October 29, 2009 - Little Falls Country Club - Little Falls, MN

Varsity Girls - 4K

Place	TmPl	Tea/Tot	No.	Name	Year	School	Time	Pace	
1	1	1/7	105	Heidi Peterson	SR	Sartell	14:51.43	5:59	I
2	2	1/7	75	Erica Seidenkranz	SO	Monticello	15:01.73	6:03	T
3	3	1/7	62	Haylie Zenner	FR	Fergus Falls	15:03.18	6:04	I
4	4	2/7	103	Hannah Kellerman	SR	Sartell	15:03.78	6:04	I
5	5	2/7	74	Amber Seidenkranz	8TH	Monticello	15:05.28	6:05	T
6	6	1/7	65	Manon Gammon-Deering	JR	Little Falls	15:13.28	6:08	I
7	7	1/7	7	Jamie Piepenburg	SO	Alexandria	15:20.38	6:11	I
8	8	1/7	16	Kaitlyn Yoerg	SO	Becker	15:21.03	6:11	I
9	9	2/7	8	Chelsey Richardson	SR	Alexandria	15:22.68	6:12	I
10	10	1/7	83	Taylor Janssen	9TH	Moorhead	15:26.88	6:13	T
11	11	1/7	95	Kristin Mehr	8TH	Rocori	15:42.03	6:20	
12	12	1/7	26	Kim Truedson	SO	Bemidji	15:42.53	6:20	
13	13	2/7	25	Jenna Truedson	7TH	Bemidji	15:45.13	6:21	
14	14	3/7	3	Katie Iverson	JR	Alexandria	15:46.13	6:21	
15	15	1/7	140	Christine Thorn	SO	St. Michael-Albertville	15:47.58	6:22	
16	16	2/7	85	Kaylee Litch	SR	Moorhead	15:49.38	6:22	T
17	17	2/7	138	Maddi Sjelin	FR	St. Michael-Albertville	15:51.48	6:23	
18	18	3/7	99	Mackenzie Dockendorf	7TH	Sartell	15:52.13	6:24	
19	19	3/7	89	Karlee Richards	JR	Moorhead	15:52.73	6:24	T
20	20	4/7	87	Taylor Polomny	JR	Moorhead	15:59.08	6:26	T
21	21	1/7	44	Rebecca Yeh	JR	Brainerd	15:59.33	6:26	
22	22	5/7	81	Kelly Brammer	SR	Moorhead	16:01.08	6:27	T
23	23	2/7	37	Anna Gessell	JR	Brainerd	16:01.83	6:27	
24	24	1/7	120	Moriah Novacinski	SR	St. Cloud Apollo	16:04.38	6:28	
25	25	3/7	79	Amber Stoick	SO	Monticello	16:06.88	6:30	T
26	26	3/7	38	Megan Holmes	JR	Brainerd	16:08.13	6:30	
27	27	4/7	76	Corinne Steele	SO	Monticello	16:08.23	6:30	T
28	28	4/7	43	Courtney Wing	SR	Brainerd	16:09.63	6:31	
29	29	1/7	52	Abby Ulyott	7TH	Detroit Lakes	16:14.63	6:33	
30	30	5/7	73	Brooke Rasmussen	8TH	Monticello	16:16.68	6:33	T
31	31	4/7	2	Tess Boucher	JR	Alexandria	16:16.88	6:34	
32	32	6/7	82	Morgan Christian	SR	Moorhead	16:23.58	6:36	T
33	33	2/7	70	Chelsea Rutz	FR	Little Falls	16:24.58	6:37	
34	34	5/7	40	Michaela Quast	SO	Brainerd	16:27.63	6:38	
35	35	7/7	88	Mackenzie Randklev	SO	Moorhead	16:28.98	6:38	T
36	36	3/7	67	Mattia Hendrickson	FR	Little Falls	16:29.63	6:39	
37	37	5/7	4	Shelby Iverson	FR	Alexandria	16:30.43	6:39	
38	38	6/7	78	Krista Steele	7TH	Monticello	16:34.38	6:41	T
39	39	3/7	18	Bailey Drewes	JR	Bemidji	16:37.13	6:42	
40	40	2/7	93	Maggi Gertken	FR	Rocori	16:39.88	6:43	
41	41	4/7	66	Maria Hauer	8TH	Little Falls	16:40.63	6:43	
42	42	4/7	104	Anna Lindstrom	8TH	Sartell	16:43.23	6:44	
43	43	2/7	17	Maria Zimmerman	SO	Becker	16:43.33	6:44	
44	44	5/7	102	Melissa Jacobs	SR	Sartell	16:46.68	6:46	
45	45	1/7	130	Maria Null	FR	St. Cloud Tech	16:48.28	6:46	
46	46	7/7	80	Mandy Witschen	SR	Monticello	16:49.48	6:47	T
47	47	1/7	33	Emily Ralph	SR	Big Lake	16:54.93	6:49	
48	48	3/7	133	Erin Autio	8TH	St. Michael-Albertville	16:56.88	6:50	
49	49	6/7	36	Sarah Fairbanks	FR	Brainerd	16:58.98	6:50	
50	50	2/7	119	Erin Nelson	FR	St. Cloud Apollo	16:59.03	6:50	
51	51	6/7	107	Lauren Schluenz	SR	Sartell	16:59.03	6:50	
52	52	7/7	106	Allie Rengel	JR	Sartell	16:59.13	6:51	
53	53	2/7	35	Paige Vensland	SR	Big Lake	17:00.03	6:51	

54	54	2/7	49 Brita Johnson	JR	Detroit Lakes	17:09.43	6:55
55	55	6/7	5 Kaci McCoy	SO	Alexandria	17:15.48	6:57
56	56	1/6	108 Alicia Armstrong	JR	Sauk Rapids-Rice	17:16.03	6:57
57	57	3/7	92 Raija Eskuri	SO	Rocori	17:16.28	6:57
58	58	4/7	90 Shandel Dingmann	FR	Rocori	17:19.48	6:59
59	59	7/7	6 Randee O'Brien	SR	Alexandria	17:20.88	6:59
60	60	2/7	55 Callie Ann Hoffbeck	FR	Fergus Falls	17:23.33	7:00
61	61	3/7	53 Marie Yokan	JR	Detroit Lakes	17:24.03	7:01
62	62	4/7	51 Berit Skoyles	8TH	Detroit Lakes	17:25.78	7:01
63	63	3/7	14 Roseanne Tripp	FR	Becker	17:26.33	7:01
64	64	3/7	32 Rachel Olson	7TH	Big Lake	17:27.28	7:02
65	65	5/7	48 Annie Holzgrove	8TH	Detroit Lakes	17:27.83	7:02
66	66	6/7	45 Mackenzie Foltz	8TH	Detroit Lakes	17:28.63	7:02
67	67	5/7	98 Brittany Stein	FR	Rocori	17:29.33	7:03
68	68	3/7	60 Tayler Vatnsdal	JR	Fergus Falls	17:30.98	7:03
69	69	4/7	134 Beth Hinkemeyer	FR	St. Michael-Albertville	17:31.68	7:04
70	70	4/7	10 Katie Gretsck	FR	Becker	17:32.08	7:04
71	71	5/7	136 Raelyn Sampson	JR	St. Michael-Albertville	17:33.88	7:05
72	72	5/7	71 Lauren Zimny	8TH	Little Falls	17:35.38	7:05
73	73	5/7	11 Kristy Henkel	SO	Becker	17:46.68	7:10
74	74	4/7	28 Brooke Goracke	JR	Big Lake	17:49.33	7:11
75	75	7/7	39 Gretchen Kletscher	SO	Brainerd	17:49.33	7:11
76	76	5/7	27 Olivia Crocker	8TH	Big Lake	17:50.03	7:11
77	77	6/7	29 Carli Lastavich	FR	Big Lake	17:54.13	7:13
78	78	6/7	91 Kate Dockendorff	SO	Rocori	18:00.43	7:15
79	79	6/7	9 Katelynn Andres	JR	Becker	18:00.88	7:15
80	80	7/7	13 Lauren Reisem	8TH	Becker	18:02.33	7:16
81	81	2/7	128 McCall Henkel	SR	St. Cloud Tech	18:02.98	7:16
82	82	7/7	97 Sam Peterson	SO	Rocori	18:05.03	7:17
83	83	3/7	124 Rachel Bailey	JR	St. Cloud Tech	18:07.38	7:18
84	84	4/7	61 Katie Vosberg	FR	Fergus Falls	18:07.98	7:18
85	85	6/7	137 Jina Schoenborn	JR	St. Michael-Albertville	18:09.88	7:19
86	86	4/7	125 Cece Blomberg	FR	St. Cloud Tech	18:13.48	7:20
87	87	7/7	31 Alison Morehead	FR	Big Lake	18:15.63	7:21
88	88	7/7	141 Cortney Woodis	FR	St. Michael-Albertville	18:17.18	7:22
89	89	2/6	114 Haley Thielen	8TH	Sauk Rapids-Rice	18:18.28	7:22
90	90	4/7	19 Hana Felix	SO	Bemidji	18:19.98	7:23
91	91	3/6	109 Mariah Ballard	FR	Sauk Rapids-Rice	18:22.18	7:24
92	92	5/7	21 Alex Lyren	SO	Bemidji	18:26.18	7:26
93	93	3/7	121 Maddie Schug	JR	St. Cloud Apollo	18:34.18	7:29
94	94	4/7	123 Julia Stiegel	JR	St. Cloud Apollo	18:39.73	7:31
95	95	5/7	131 Miranda Simon	8TH	St. Cloud Tech	18:40.93	7:31
96	96	6/7	22 Leanne Oakes	FR	Bemidji	18:40.93	7:31
97	97	5/7	56 Katelyn Nelson	FR	Fergus Falls	18:48.28	7:34
98	98	4/6	110 Ellarose Kayfes	8TH	Sauk Rapids-Rice	18:58.88	7:39
99	99	7/7	23 Betsy Richards	SR	Bemidji	19:01.83	7:40
100	100	6/7	129 Charity Modi	7TH	St. Cloud Tech	19:05.68	7:41
101	101	6/7	68 Laura Moe	8TH	Little Falls	19:07.98	7:42
102	102	5/7	117 Casey Laudenbach	SR	St. Cloud Apollo	19:16.43	7:46
103	103	7/7	47 Veronica Haverkamp	9TH	Detroit Lakes	19:17.48	7:46
104	104	6/7	59 Rachel Styve	JR	Fergus Falls	19:20.48	7:47
105	105	5/6	112 Stina Lindholm	8TH	Sauk Rapids-Rice	19:27.93	7:50
106	106	6/7	116 Betsy Jolkovsky	JR	St. Cloud Apollo	19:28.93	7:51
107	107	7/7	54 Emily Borowski	FR	Fergus Falls	19:31.18	7:52
108	108	7/7	122 Angel Spooner	SR	St. Cloud Apollo	19:39.48	7:55
109	109	7/7	132 Austin Voigt	JR	St. Cloud Tech	19:45.53	7:57
110	110	7/7	64 Whitney Evans	SO	Little Falls	20:34.68	8:17
111	111	6/6	111 Katie Krep	8TH	Sauk Rapids-Rice	22:12.48	8:57

results by Pickle Events

results posted on: www.pickleevents.com

BOYS VARSITY: TEAM AWARDS LIST

1. 55 Moorhead (17:13.5 1:26:07.3)

- 1 1 Lukas Gemar JR 16:33.2 5 20 Jacob Geraghty SO 17:36.1
- 2 6 Derrick Nelson JR 17:05.2 6 (27) Matt Nicolai SR 17:47.0
- 3 13 Ezra Olson 9TH 17:24.4 7 (30) Dan Sederquist SR 17:53.4
- 4 15 Christian Larson JR 17:28.4

2. 64 Alexandria (17:20.1 1:26:40.4)

- 1 4 Zach Hodgson JR 16:55.3 5 21 Dan Gorghuber JR 17:36.5
- 2 11 Will Sieling SO 17:14.1 6 (25) Mitch Ronning JR 17:40.9
- 3 12 Austin McCoy SR 17:21.4 7 (35) Dave Ohman SR 18:04.4
- 4 16 Sam Vinje SR 17:33.1

3. 122 Monticello (17:43.1 1:28:35.5)

- 1 10 Scott Albares SR 17:11.9 5 44 Luke Gruhlke SO 18:27.0
- 2 19 Hunter Kopff JR 17:35.3 6 (47) Miles Anderson SR 18:31.9
- 3 23 Colin Lyndorff FR 17:38.2 7 (70) Brett Kalnbach SR 19:08.5
- 4 26 Phillip Lavallee SO 17:43.1

4. 137 Brainerd (17:46.7 1:28:53.5)

- 1 3 Jimmy Dean SR 16:53.1 5 60 Alek Rudstrom SR 18:48.0
- 2 7 Chris Knutson SR 17:08.7 6 (77) Jack Hegarty JR 19:13.4
- 3 24 Riley Nelson SO 17:39.3 7 (81) James McLean SR 19:20.6
- 4 43 Jeff Emery SR 18:24.4

5. 152 Sartell (17:57.1 1:29:45.3)

- 1 9 Alex Van Heel SO 17:11.6 5 48 Jack Fischer SR 18:32.7
- 2 18 Tyler Broadwell SO 17:34.3 6 (51) Jacob Yapp SO 18:35.2
- 3 32 Andrew Deters JR 17:57.6 7 (62) Austin Barkley JR 18:54.1
- 4 45 Parker Kohlman SO 18:29.1

6. 167 Detroit Lakes (18:02.7 1:30:13.4)

- 1 14 Leif Johnson SR 17:26.2 5 53 Brandon Olson SO 18:36.7
- 2 17 Dylan Ramstad-Skoyle JR 17:33.5 6 (56) Jason Stallman SO 18:43.2
- 3 41 Wes Bakken SO 18:18.0 7 (58) Mike Okeson FR 18:44.5

4 42 Luke Weibolt FR 18:19.0

7. 169 St. Michael-Albertville (17:56.7 1:29:43.3)

- 1 2 Jake Autio SR 16:41.2 5 71 John Delozier SR 19:09.6
- 2 5 Nathan Robeck SR 17:01.6 6 (83) Matt Eiyneck SO 19:24.4
- 3 37 Peter Mason JR 18:13.1 7 (84) Kyle Salonek SR 19:28.6
- 4 54 Michael Lindquist JR 18:37.8

8. 216 Fergus Falls (18:19.8 1:31:38.7)

- 1 22 Zach Haus SO 17:38.0 5 67 Anthony Hanson SR 19:03.1
- 2 29 Keeghan Hurley 8TH 17:51.7 6 (68) Sam Wasberg SO 19:05.1
- 3 46 Lucas Ness-Allen JR 18:29.9 7 (72) Eddie Roberts JR 19:10.2
- 4 52 Seth Prazak SR 18:36.0

9. 230 St. Cloud Tech (18:25.3 1:32:06.2)

- 1 8 Emmanuel Modi SR 17:10.8 5 90 Zach Wood SR 19:45.2
- 2 36 Ryan Schmidt JR 18:08.5 6 (91) Elliot Busta JR 19:46.2
- 3 39 Sam Anderson JR 18:17.3 7 (93) Patrick Delles JR 20:00.8
- 4 57 James Bzdok SR 18:44.4

10. 236 Bemidji (18:26.4 1:32:11.9)

- 1 28 Andy Berrube JR 17:47.6 5 64 Devin Danielson SO 18:57.3
- 2 34 Alex Schoneberger JR 17:59.9 6 (65) Dan Clemenson SO 18:57.5
- 3 49 John Buckanaga JR 18:34.0 7 (78) Dylan Jones SR 19:14.8
- 4 61 Jake Urban JR 18:53.1

11. 277 Little Falls (18:43.3 1:33:36.3)

- 1 31 Preston Zimmy SO 17:57.4 5 87 Alexander Kresha FR 19:39.7
- 2 40 Eli Ploof SR 18:17.4 6 (88) Stephen Luing JR 19:40.2
- 3 50 Ricky Devine JR 18:34.0 7 (92) Will Marvin JR 19:51.4
- 4 69 Austin Gessell JR 19:07.8

12. 328 Big Lake (18:57.4 1:34:46.8)

- 1 55 John Moore SR 18:40.2 5 75 Peter Olson FR 19:11.0
- 2 59 Andrew Crocker SR 18:47.7 6 (82) Tommy Markley SR 19:21.0
- 3 66 Ken st Marie SR 18:57.7 7 (99) Brandon Quast SO 20:23.8
- 4 73 John Adams JR 19:10.2

13. 353 St. Cloud Apollo (19:10.5 1:35:52.5)

1	33	Mitch Bengtson	FR	17:57.8	5	94	Leon Sontag	JR	20:07.2
2	63	Nick Theisen	JR	18:56.2	6	(100)	Andrew Lerch	SR	20:24.1
3	74	Jack Stiegel	SR	19:10.7	7	(104)	Nolan Rial	SR	20:57.9
4	89	Sean Lerch	FR	19:40.6					

14. 394 Roccori (19:29.7 1:37:28.3)

1	38	Eric Folwarski	SR	18:15.8	5	97	Chris Molitor	FR	20:13.9
2	79	Stefan Tomovic	FR	19:16.1	6	(101)	Josh Kruiize	FR	20:38.7
3	85	Josh Peterson	8TH	19:34.7	7	(102)	Trek Franttti	SO	20:41.0
4	95	Mathews Bauer	8TH	20:07.8					

15. 436 Sauk Rapids-Rice (19:44.3 1:38:41.5)

1	76	Brandon Kern	SR	19:11.6	5	98	Nathan Keller	SO	20:21.9
2	80	Nathan Miller	SO	19:17.7	6	(103)	Logan Wendt	SR	20:50.1
3	86	Josh Keuhn	JR	19:39.2	7	(105)	Eric Neimi	SO	21:02.1
4	96	Craig Gapinski	SO	20:11.1					

SECTION 8AA CROSS COUNTRY MEET
 October 29, 2009 - Little Falls Country Club - Little Falls, MN
 Varsity Boys - 5K

Place	Tmpl	Tea/Tot	No.	Name	Year	School	Time	Pace
1	1	1/7	214	Lukas Gemar	JR	Moorhead	16:33.14	5:20
2	2	1/7	268	Jake Autio	SR	St. Michael-Albertville	16:41.14	5:23
3	3	1/7	169	Jimmy Dean	SR	Brainerd	16:53.04	5:27
4	4	1/7	144	Zach Hodgson	JR	Alexandria	16:55.24	5:27
5	5	2/7	274	Nathan Robeck	SR	St. Michael-Albertville	17:01.54	5:29
6	6	2/7	218	Derrick Nelson	JR	Moorhead	17:05.19	5:30
7	7	2/7	173	Chris Knutson	SR	Brainerd	17:08.64	5:32
8	8	1/7	265	Emmanuel Modi	SR	St. Cloud Tech	17:10.74	5:32
9	9	1/7	239	Alex Van Heel	SO	Sartell	17:11.54	5:33
10	10	1/7	205	Scott Albares	SR	Monticello	17:11.84	5:33
11	11	2/7	149	Will Stieling	SO	Alexandria	17:14.09	5:33
12	12	3/7	146	Austin McCoy	SR	Alexandria	17:21.39	5:36
13	13	3/7	220	Ezra Olson	9TH	Moorhead	17:24.34	5:37
14	14	1/7	180	Leif Johnson	SR	Detroit Lakes	17:26.14	5:37
15	15	4/7	217	Christian Larson	JR	Moorhead	17:28.34	5:38
16	16	4/7	150	Sam Vinje	SR	Alexandria	17:33.09	5:39
17	17	2/7	184	Dylan Ramstad-Skoyle	JR	Detroit Lakes	17:33.44	5:40

18	18	2/7	233 Tyler Broadwell	SO	Sartell	17:34.29	5:40	
19	19	2/7	210 Hunter Kopff	JR	Monticello	17:35.24	5:40	
20	20	5/7	215 Jacob Geraghty	SO	Moorhead	17:36.09	5:40	T
21	21	5/7	143 Dan Gorghuber	JR	Alexandria	17:36.44	5:41	T
22	22	1/7	189 Zach Haus	SO	Fergus Falls	17:37.94	5:41	
23	23	3/7	212 Colin Lyndorff	FR	Monticello	17:38.14	5:41	
24	24	3/7	175 Riley Nelson	SO	Brainerd	17:39.24	5:41	
25	25	6/7	148 Mitch Ronning	JR	Alexandria	17:40.84	5:42	T
26	26	4/7	211 Phillip Lavallee	SO	Monticello	17:43.04	5:43	
27	27	6/7	219 Matt Nicolai	SR	Moorhead	17:46.99	5:44	T
28	28	1/8	152 Andy Berrube	JR	Bemidji	17:47.59	5:44	
29	29	2/7	190 Keeghan Hurley	8TH	Fergus Falls	17:51.64	5:45	
30	30	7/7	221 Dan Sederquist	SR	Moorhead	17:53.34	5:46	T
31	31	1/7	204 Preston Zimny	SO	Little Falls	17:57.39	5:47	
32	32	3/7	235 Andrew Deters	JR	Sartell	17:57.54	5:47	
33	33	1/7	250 Mitch Bengtson	FR	St. Cloud Apollo	17:57.74	5:47	
34	34	2/8	158 Alex Schoneberger	JR	Bemidji	17:59.84	5:48	
35	35	7/7	147 Dave Ohman	SR	Alexandria	18:04.39	5:50	T
36	36	2/7	266 Ryan Schmidt	JR	St. Cloud Tech	18:08.49	5:51	
37	37	3/7	272 Peter Mason	JR	St. Michael-Albertville	18:13.09	5:52	
38	38	1/7	226 Eric Folwarski	SR	Rocori	18:15.74	5:53	
39	39	3/7	259 Sam Anderson	JR	St. Cloud Tech	18:17.24	5:54	
40	40	2/7	203 Eli Ploof	SR	Little Falls	18:17.34	5:54	
41	41	3/7	179 Wes Bakken	SO	Detroit Lakes	18:17.99	5:54	
42	42	4/7	186 Luke Weibolt	FR	Detroit Lakes	18:18.99	5:54	
43	43	4/7	170 Jeff Emery	SR	Brainerd	18:24.34	5:56	
44	44	5/7	208 Luke Gruhlike	SO	Monticello	18:26.94	5:57	
45	45	4/7	237 Parker Kohlman	SO	Sartell	18:29.04	5:57	
46	46	3/7	192 Lucas Ness-Allen	JR	Fergus Falls	18:29.84	5:58	
47	47	6/7	206 Miles Anderson	SR	Monticello	18:31.84	5:58	
48	48	5/7	236 Jack Fischer	SR	Sartell	18:32.69	5:59	
49	49	3/8	153 John Buckanaga	JR	Bemidji	18:33.94	5:59	
50	50	3/7	197 Ricky Devine	JR	Little Falls	18:33.99	5:59	
51	51	6/7	240 Jacob Yapp	SO	Sartell	18:35.14	5:59	
52	52	4/7	193 Seth Prazak	SR	Fergus Falls	18:35.94	6:00	
53	53	5/7	183 Brandon Olson	SO	Detroit Lakes	18:36.69	6:00	
54	54	4/7	271 Michael Lindquist	JR	St. Michael-Albertville	18:37.79	6:00	
55	55	1/7	163 John Moore	SR	Big Lake	18:40.14	6:01	
56	56	6/7	185 Jason Stalman	SO	Detroit Lakes	18:43.14	6:02	
57	57	4/7	261 James Bzdok	SR	St. Cloud Tech	18:44.34	6:02	
58	58	7/7	182 Mike Okeson	FR	Detroit Lakes	18:44.49	6:02	
59	59	2/7	161 Andrew Crocker	SR	Big Lake	18:47.69	6:03	
60	60	5/7	176 Alek Rudstrom	SR	Brainerd	18:47.99	6:04	
61	61	4/8	159 Jake Urban	JR	Bemidji	18:53.09	6:05	
62	62	7/7	232 Austin Barkley	JR	Sartell	18:54.04	6:06	
63	63	2/7	258 Nick Theisen	JR	St. Cloud Apollo	18:56.14	6:06	

64	64	5/8	156 Devin Danielson	SO	Bemidji	18:57.24	6:07
65	65	6/8	155 Dan Clemenson	SO	Bemidji	18:57.44	6:07
66	66	3/7	167 Ken St Marie	SR	Big Lake	18:57.64	6:07
67	67	5/7	188 Anthony Hanson	SR	Fergus Falls	19:03.09	6:08
68	68	6/7	195 Sam Wasberg	SO	Fergus Falls	19:05.09	6:09
69	69	4/7	199 Austin Gessell	JR	Little Falls	19:07.79	6:10
70	70	7/7	209 Brett Kalnbach	SR	Monticello	19:08.49	6:10
71	71	5/7	269 John Delozier	SR	St. Michael-Albertville	19:09.54	6:10
72	72	7/7	194 Eddie Roberts	JR	Fergus Falls	19:10.14	6:11
73	73	4/7	160 John Adams	JR	Big Lake	19:10.14	6:11
74	74	3/7	257 Jack Stiegel	SR	St. Cloud Apollo	19:10.69	6:11
75	75	5/7	164 Peter Olson	FR	Big Lake	19:10.99	6:11
76	76	1/7	244 Brandon Kern	SR	Sauk Rapids-Rice	19:11.54	6:11
77	77	6/7	172 Jack Hegarty	JR	Brainerd	19:13.34	6:12
78	78	7/8	157 Dylan Jones	SR	Bemidji	19:14.74	6:12
79	79	2/7	231 Stefan Tomovic	FR	Rocori	19:16.04	6:13
80	80	2/7	247 Nathan Miller	SO	Sauk Rapids-Rice	19:17.64	6:13
81	81	7/7	174 James McLean	SR	Brainerd	19:20.59	6:14
82	82	6/7	162 Tommy Markley	SR	Big Lake	19:20.94	6:14
83	83	6/7	270 Matt Elynck	SO	St. Michael-Albertville	19:24.34	6:15
84	84	8/8	154 Justin Byers	SR	Bemidji	19:27.44	6:16
85	84	7/7	275 Kyle Salonek	SR	St. Michael-Albertville	19:28.59	6:17
86	85	3/7	230 Josh Peterson	8TH	Rocori	19:34.69	6:19
87	86	3/7	245 Josh Keuhn	JR	Sauk Rapids-Rice	19:39.14	6:20
88	87	5/7	200 Alexander Kresha	FR	Little Falls	19:39.64	6:20
89	88	6/7	201 Stephen Luing	JR	Little Falls	19:40.14	6:20
90	89	4/7	253 Sean Lerch	FR	St. Cloud Apollo	19:40.59	6:20
91	90	5/7	267 Zach Wood	SR	St. Cloud Tech	19:45.19	6:22
92	91	6/7	260 Elliot Busta	JR	St. Cloud Tech	19:46.14	6:22
93	92	7/7	202 Will Marvin	JR	Little Falls	19:51.39	6:24
94	93	7/7	262 Patrick Delles	JR	St. Cloud Tech	20:00.74	6:27
95	94	5/7	256 Leon Sontag	JR	St. Cloud Apollo	20:07.14	6:29
96	95	4/7	223 Mathews Bauer	8TH	Rocori	20:07.74	6:29
97	96	4/7	242 Craig Gapsinski	SO	Sauk Rapids-Rice	20:11.04	6:30
98	97	5/7	229 Chris Molitor	FR	Rocori	20:13.89	6:31
99	98	5/7	243 Nathan Keller	SO	Sauk Rapids-Rice	20:21.89	6:34
100	99	7/7	166 Brandon Quast	SO	Big Lake	20:23.79	6:34
101	100	6/7	252 Andrew Lerch	SO	St. Cloud Apollo	20:24.09	6:34
102	101	6/7	228 Josh Kruiuze	FR	Rocori	20:38.64	6:39
103	102	7/7	227 Trek Frantti	SO	Rocori	20:40.99	6:40
104	103	6/7	249 Logan Wendt	SR	Sauk Rapids-Rice	20:50.09	6:43
105	104	7/7	255 Nolan Rial	SR	St. Cloud Apollo	20:57.84	6:45
106	105	7/7	248 Eric Neimi	SO	Sauk Rapids-Rice	21:02.04	6:47

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