

Weekly Voice

The Senior School is a Busy Place!

Well, here we are back at it for another exciting school year! The Senior School has had a great start; we have welcomed seven new faculty and staff members, and 38 fantastic new students. This week we will be celebrating the House Picnic on Friday, September, 21 where students and faculty will run in the Terry Fox Run that afternoon. Students are encouraged to bring a donation to their Advisory for the Terry Fox Foundation. Lunch next Friday will be available for all Senior School students for only \$3 and will include a hamburger or veggie burger, salad, and a drink. Students should dress in their house colours ready for an afternoon of activity, and they should be prepared to get a little wet and dirty. We will be outside from 11:30 on, rain or shine, so dress appropriately for the weather.



On Thursday, September 27, we will be hosting our annual Mini-School Night in the Senior School. Many parents say this is their favourite night of the year, so please plan on attending. The evening is designed for parents and guardians to meet each of their child's teachers and actually follow their schedule through eight 15 minute blocks. We are changing the start time slightly this year, and ask that all parents arrive between 6:15 pm and 6:25 pm. Please go directly to the Senior School Gym where you will sign in and pick up your child's schedule. At 6:30 I will be addressing the parents in the Alan Brown Great Hall and at 6:45 parents will begin following their child's timetable for the rest of the evening. Everything will be finished by 9:00 and I personally guarantee you will enjoy the



evening. Please be aware that students are not to come to Mini-School Night - the event is for parents or guardians only.

The week of October 1 - 5 is Leadership Experience Week (LEW) in the Senior School. LEW provides students with experiences in a variety of events and activities that are designed to help them form connections with each other and with the faculty in different settings. Our Grade 8 and 9 students will travel to Strathcona Park on Vancouver Island where they will experience life outdoors with a variety of exciting challenges and activities. Camping outdoors under nothing but a strategically placed tarp is an experience few will ever forget. This is an important 5-day trip for students to fully integrate into life at Southridge, make new friendships, and experience the great outdoors.



Our Grade 10 students will be involved in a variety of service activities outside of the school for the week at such organizations as Semiahmoo House, Orphaned WildLife (OWL), Pacific Riding for Developing Abilities, Surrey Off Road Cycling, and The Residences at Morgan Heights to name just a few.

Following Career Information Day on Monday, October 3 where many parents and guest speakers will talk to Grade 11 and 12 students about their careers, the Grade 11s go off-campus for a Career Experience Day. Based on their interests and the research they are doing, students get to spend a day at a job site, touring, asking questions, and meeting with professionals from an area of interest. The Grade 12s also take part in Career Information Day on Monday, and then are off to Rockridge Canyon for the Grade 12 Retreat on Tuesday, returning Thursday after lunch. The 12s finish the week on Friday with a university application and essay-writing workshop.



LEW is an incredibly rich week for all students in the Senior School, laying the groundwork for a successful Senior School experience as well as preparation for life beyond Southridge. Special thanks to all of the faculty who plan, chaperone, and organize these remarkable and unforgettable experiences for our students!

Have a great week!

Brad Smith Senior School Principal





Important Dates

Event	Date	Time	Location
Grade 5 Outdoor Education Meeting	Thursday, September 20	6:00 pm	Junior School
Grade 6 Outdoor Education Meeting	Thursday, September 20	6:00 pm	Junior School
Grade 7 Outdoor Education Meeting	Thursday, September 20	6:00 pm	Junior School
New to PYP Information Session	Thursday, September 20	6:00 pm	Junior School
Junior School Curriculum and Meet the Faculty Evening	Thursday, September 20	7:00 pm	Junior School
Junior School Terry Fox Run	Friday, September 21	1:00 pm	Junior School
Senior School House Picnic and Terry Fox Run	Friday, September 21	1:00 pm	Senior School
Senior School Assembly	Monday, September 24	8:35	Alan Brown Great Hall
Grade 7 Outdoor Education Trip to Camp Summit	Tuesday, September 25	7:30 am	Junior School
Grade 6 Outdoor Education Trip to Camp Quanoes	Tuesday, September 25	11:00 am	Junior School
Grade 5 Outdoor Education Trip to Camp Elphinstone	Wednesday, September 26	7:30 am	Junior School
Junior School Assembly	Wednesday, September 26	8:10 am	Junior School Great Hall
Grade 9 Immunization Clinic	Wednesday, September 26	9:00 am	Junior School
Senior School Mini School Night	Thursday, September 27	6:30 pm	Senior School
CUE Fair	Friday, September 28	9:00 am	Senior Gym
Senior School Course Change Deadline	Friday, September 28		Senior School



Junior School News

Introduction To PYP, Camp Information Sessions, and Meet the Teacher/Curriculum Night - Thursday, September 20

Please join us on Thursday, September 20 for the following important sessions:

Introduction to the PYP at 6:00 pm - for parents new to the PYP, Mrs. Jo-Ann Murchie, our PYP Coordinator, will provide an overview of the philosophy and framework of the International Baccalaureate Primary Years Program (IB PYP).

MYP Camp Information Sessions at 6:00 pm

- Grade 5 Camp Elphinstone in 5MH (Mr. Harder and Ms. Morely's homeroom)
- Grade 6 Camp Qwanoes in 6 IA (Mr. Anderson and Mrs. Ito's homeroom)
- Grade 7 Camp Summit in 7MG (Ms. McNeil and Mr. Gallant's homeroom)

Curriculum Night/Meet the Teachers @ 7:00 pm – 8:00 pm. We will begin the evening in the Junior School Great Hall @ 7:00 pm sharp with an introduction by Mrs. Tanya de Hoog, Junior School Principal. Parents will then meet with their child's home room teachers to hear about the grade-level program and expectations. Teachers will communicate specific information about meeting locations via Schoology as the date approaches.

Shifting Weather – Be Prepared

Please ensure your child comes to school prepared for the weather. As the season changes, the weather can be unpredictable. All students, K-7, should have access to a rain jacket at school. Primary students are also encouraged to bring a pair of rubber boots for outdoor play on rainy/wet days. Students do play outdoors in the rain and need to be prepared with proper outerwear to ensure their comfort throughout the day. Indoor recesses are only called when the weather is particularly inclement.



Updated Co-Curricular Calendar now available

An updated version of the 2018-19 Co-Curricular calendar is now posted in the Calendars and Schedules section in the Resource Centre of the Parent Portal. Please use this schedule when planning for your child's involvement in Junior School athletics and clubs.

Medication at School

Please be advised that we do not administer non-prescription medications to students during the school day, unless they have been provided to Ms. Becky Orellana, the Junior School Receptionist by a parent for a specific reason (e.g. seasonal allergies). Prescription medications that a student needs to take during the school day must be placed inside a clear, ziploc bag with specific dosage instructions, along with any information about previous dosages (e.g. the dosage your child had before school). If your child needs non-prescription medication (e.g. Advil or Tylenol) to feel better during the school day, they will be sent home to avoid the spread of viruses and germs. Junior School students should not come to the Reception Desk requesting medication during the school day without direct parent communication with Ms. Orellana.

Illness and Injury

Should your child fall ill during the school day (e.g. fever, vomiting) or sustain an injury that warrants parent notification (e.g. head injury, suspected bone injury) you will receive a call from the school. If we cannot reach a parent directly, we will call your emergency contact. Please do not send your child to school if they have a fever, or if they are vomiting or have diarrhea. Children should be fever and symptom free for a full 24 hours before they return to school.



Senior School News

London-Paris-Battlefields 2019 Tour

In case you are still interested, there are a few spots still available for the summer tour to Europe. The trip dates are June 26 to July 6 and it will take us to three European countries: England, France and Belgium.

Highlights include starting our tour in London, England. There we will visit Buckingham Palace, the Tower of London, Parliament and Big Ben, and go on the London Eye (Millennium Wheel). From London, we will take the Eurostar train to Paris, which only takes 2 hours!

In Paris we will visit the Louvre, Notre Dame Cathedral, the Arc de Triomphe, the Latin Quarter and so much more. During the Western Battlefields portion of the tour, we will go to the D-Day Beaches in Normandy, go to Dieppe, Beaumont Hamel and Vimy Ridge.

In addition, we will also spend some time in Belgium at Ypres, Passchendaele, and pay our respects at the Menin Gate ceremony. If you are interested, please contact me for details on how to apply.

Mr. Knihniski jknihniski@southridge.bc.ca 604-542-2325

Senior School House Picnic and BBQ

This year's senior school picnic is on Friday, September 21. The House Picnic has always been a great time for everybody, so make sure to come out with enthusiasm! This year, the picnic is at the school and will start period three.

The afternoon will start with the Terry Fox Run, then we will have our welcoming ritual, and finally the tug of war. New students and teachers will get their house t-shirts at the picnic. Students are encouraged to come to school on this day wearing their house colours or spirited costumes and bring:

- Athletic Shoes (they are probably going to get dirty)
- Goggles (as we are going have a flour shower during the welcoming activities)
- A towel to clean up after welcoming activities and change of clothes.
- Raingear---we go rain or shine
- Donation for Terry Fox Run



• \$3 for the BBQ (hamburger/hotdog, salad, drink and a cupcake) – a great deal!

Tony Hu Grade 12

University & Career Education Update

Students Share Their Summer Career & Post-Secondary Experiences Exciting Times Exploring Steam with Shad!

This summer, Southridge had 5 students (4 Grade 12s and 1 Grade 11), who were chosen from applicants across the country, to attend a month-long university and career exploration program called SHAD www.shad.ca Once accepted into the program, they were placed at partner universities in Canada to participate in science, technology, engineering, arts, and mathematics adventures. The following is a much-condensed version of the reflections that the five of them wrote upon their return to school. They all had amazing and wonderful stories to tell and will be hosting SHAD info sessions throughout the fall to share more about their exciting experiences.

Mia Cender (Grade 12) - Dalhousie University, Halifax, Nova Scotia

We were able to learn and experiment in the STEAM areas, participate in invaluable leadership and teamwork activities, and explore the beautiful Maritimes. Some of my favourite experiences included walking out into the Bay of Fundy during low tide and helping local fishermen catch fish in their weir, exploring the red sand beaches of Prince Edward Island where we camped under the stars, and sticking my hand inside a cannulated cow at the Agricultural campus. In my twenty-eight days at SHAD, I made the most amazing connections with some of the most creative, inventive, kind, and simply incredible people. Most importantly, SHAD taught me how to embrace stepping out of my comfort zone, take risks, and create opportunities for myself. I am forever grateful for this wonderful experience!





Nicole Elliott (Grade 12), Ryerson University, Toronto, Ontario

SHAD is about community and leadership; it's about having the world open up around you. Engaging lectures with university professors, business leaders, entrepreneurs and innovators, workshops, projects and activities, and most notably solving a complex issue with an entrepreneurial mindset. Being in the heart of Toronto was an invaluable asset since SHAD Ryerson was mere steps away from some of Canada's and North America's largest innovative hubs - hospitals, research centers, business incubators, and so much more.

We had lecturers from rising fields such as: User Experience, medical, and research professionals, and those taking action to improve the sustainability of industries such as power plants and water systems. As eye-opening and motivational these speakers and opportunities are, I think SHAD's true value comes from the extended SHAD network of all SHAD fellows. The people I met at SHAD Ryerson are unforgettable and I look forward to collaborating with them in future endeavours.



Amadea DeWit (Grade 12), Memorial University, St. John's Newfoundland

When people ask me what Shad is, I tell them that it is a "summer enrichment program that is based around STEAM" (Science, Technology, Engineering, Arts, and Math), but it is really much more than that. It's about meeting like-minded people, attending lectures each morning about a variety of fascinating topics, participating in hands-on seminars, going on many field trips, and exploring the amazing Newfoundland coastline with Grade 11 students from across Canada.

One trip was a tour of the famous archeological site called "The Colony of the Avalon". Here we got the opportunity see the remains of a 17th century community and then got to cook in a kitchen replicated from that era.



Another trip was to the "#2 Iron Ore Mine" on Bell Island, where we toured the 100-yearold underground tunnels. Our guide, whose grandfather worked in the mine, told fascinating stories and I learned so much about what life was like for the young boys and men of all ages that worked there for decades.

Another highlight of the program for me was the lectures and seminars. The lectures covered topics such as icebergs, plate tectonics and supercontinents, and "bioproducts and bioprocessing". I would highly recommend SHAD to anyone who is interested in pursuing a career in STEAM and would like to learn new things, meet amazing people, and travel to a new place!



William Liu (Grade 11) University of Saskatchewan, Saskatoon, Saskatchewan Every waking moment of my 28 days in this program was jam packed with activities. In the mornings, we had engaging and mind-opening lectures from university professors and CEOs.

I met Yann Martel, the author of "Life of Pi" who gave an inspiring talk about his life and experiences in writing. Another insightful lecture was by researchers at VIDO-InterVac, an international vaccine research center that has some of the world's most advanced level 2 and 3 containment research facilities. They explained how they were currently studying why bats are immune to deadly diseases such as MERS and SARS and possibly relating the concept to humans. Discoveries made in the future could help develop pharmaceutical agents.

In the afternoons, we visited area businesses including a business incubator to learn about starting a company. Evenings were project time and groups had to engineer, market, and construct a product that solves an assigned problem. This year, the theme was revealed to us by Astronaut Drew Feustel at the International Space Station. We



were challenged to create a solution for Canadians to be more resilient in a natural disaster. My group of 8 formed a company called Lotice in which we designed a device to protect powerlines from falling in severe ice storms. Conceptually, a small machine would ride on a powerline soaking it with a hydrophobic coating to prevent snow, ice, and water from collecting. Due to the hydrophobic coating, the substances would slip directly off. I worked on the engineering aspects while other group members helped with public statements and financial plans. After 3D printing a working prototype of our product, our group pitched the product to three CEO's. Out of the other six groups, our product was chosen to be the 2018 SHAD Cup winner which was amazing. My group is now working with sPropel incubator to develop our product into a reality.



Gabby Hartshorne-Mehl (Grade 12), University of Prince Edward Island, Charlottetown, PEI

Everyday, we listened to science and business lectures or participated in fascinating workshops and seminars, from testing out the kinesiology equipment and learning sports psychology, to observing a necropsy in the Atlantic Veterinary College at UPEI and taking a crash course on business plans and pitching to investors.

We also went on several fun field trips, including camping, beach days, and even visiting a dairy farm. I was exposed to exciting hands-on experiences that allowed for a better understanding of some science and business fields I am considering for university, and I was able to meet top professionals of these fields and learn some of their secrets to success.

I also was able to meet so many amazing people, and I now have at least one friend to visit in every province. SHAD is a great opportunity to expand your comfort zone, grow your network, and learn more about yourself and what interests you. I would recommend everyone to apply to SHAD, you will not regret it!





Students Share Summer Experiences In Medicine Morgan Muncey-Buckley (Grade 12), GapMedics, Dominican Republic

During the summer, I got to take part in an eye-opening volunteer opportunity called GapMedics. GapMedics is a specialist company dedicating to arranging health shadowing programs and opportunities for students applying to a variety of health degree programs including medicine, and nursing. They specialize in programs for a variety of ages, including 16-17 year olds, as well as 18+ year olds. From delivering babies, to giving IVs, volunteering at local hospitals in the Dominican Republic was nothing short of amazing.

As medicine is something I want to pursue, this opportunity caught my eye, as it included both a tropical location, as well as the volunteer experience in the field I am interested in. During my two week stay, I was placed in an OBGYN, as well as an ER placement at the local hospital in La Romana, DR, where I got to experience and witness numerous cases and procedures. I not only got to shadow the health professionals, but also got hands-on experience helping patients in the hospital. For anyone interested in pursuing medicine, I would highly recommend this opportunity.





Mikaela Wilson (Grade 12), Public Hospital Experience, Honduras

While visiting my family in Honduras, I had the opportunity to meet and shadow two doctors at a public hospital, Benjamin Fortin, an OBGYN, and Eric Cherenfant, a plastic surgeon.

Shortly after getting my scrubs, hair net, booties, and mask on, I went straight to the labour and delivery room with Dr. Fortin. I was extremely nervous for the day and even had butterflies in my stomach as I observed the women in labour.

From there I went to the OR, where they were closing a patient who had just undergone a C-section. The room had no air circulation, there was a powerful smell of blood, and the light above the patient was almost blinding. After initially feeling faint, I recovered and then watched a full C-section.

For most days, I helped out with morning rounds and then had opportunities to return to the OR with Dr. Cherenfant. Most of the surgeries were just small cleanings but one of them was a large leg wound that needed to be closed. I actually got to assist in this surgery and had to "scrub in". Meaning I had to wash my hands for about 5 minutes straight in a very specific way before the nurses put a lab coat on me and gave me a pair of gloves, just like you see in the movies.

All in all, my trips to the hospital left me in such fascination of the medical field that I now have a better idea of what I want to do for my post-secondary education. I was so thankful for the experience because I never would have been able to do something like that in Canada.



Both Schools

Volunteering at Southridge

Did you know that many of the things that make our school great depend on volunteers? Volunteering gives you a wonderful glimpse into the world of your child and is a great way to meet other parents and give back to the Southridge community!

Junior School Volunteer Opportunities

Playground Supervision

Volunteer as a playground supervisor and help keep our students and Junior school safe and secure during lunch break. Choose which day or days, of the week work for your schedule, and how often you would like to volunteer (from 1 day a month to twice a week). On-Call Playground Supervisor positions are also available if you can't commit to a schedule but would like to help out when there are vacant shifts. Please sign up online and contact ianpovey@gmail.com and tracy.povey@gmail.com for more information.

NEW THIS YEAR: special 2 for 1 BONUS offer!! You can sign up for BOTH hot lunch and playground supervision and complete both shifts back-to-back on the same day!! And you don't even need a coupon!

Senior School Volunteer Opportunities

Grade Parent

A Senior School Grade Parent assists with recruiting parent volunteers from their child's grade with planning grade-specific coffee mornings or other events where appropriate, and is a contact for other parents in that grade. The time commitment is minimal, and the position is best suited for someone who is a returning Senior School parent.

Uniform Shop

Volunteers are still needed in the Uniform Shop for afternoon shifts once a week on Monday, Wednesday or Thursday afternoons. Junior and Senior School parents are welcome to volunteer, and training is provided. Contact volunteer@southridge.bc.ca for additional details.

CRIMINAL RECORD CHECK

At Southridge, student safety is a top priority. Volunteers at Southridge who work directly with students are required to complete a Criminal Record Check every 5 years.



To obtain a criminal record check, go to the online link: https://justice.gov.bc.ca/eCRC/. The result will be sent electronically to the Advancement Office. **Use the access code:** DLQGJ6CENS

We have been advised that some people are denied by the system when they attempt to complete their Criminal Record Check online. Don't worry!! This doesn't mean that you've been up to no good—the system can be picky, and it just might be picking on you that day!

If the system does not allow you to complete your check online, you can print out the form and bring it in to the school to submit.

SIGN UP TODAY!

Similar to previous years, volunteer positions are posted online through the Parent Portal, and you can sign up through the Volunteer Corner by clicking on the orange 'Volunteer Now' button. Please check out the Galaxy FAQ attachment for additional information about signing up using the new volunteer system.

If you have any questions about volunteering at Southridge, please don't hesitate to contact the Volunteer Committee at volunteer@southridge.bc.ca.

Thank you so much for volunteering at Southridge!

The Volunteer Committee

Photo Day Orders and Retake Day

Photo day was today. Please visit https://artona.com/schools/SRIS to purchase photo packages. Photos ordered by September 28 will be shipped to the School on October 5. Photo re-take day will take place on October 16 in the morning.

Welcome to Vidigami for 2018-2019

I'm happy to report that, thanks to Andrew Wong's (our Database Manager) efforts, we are now ready to launch Vidigami for this year. You will be receiving an email invitation to log onto Vidigami shortly. You can log on with your old credentials for those of you who were on Vidigami in previous years. For new parents, you will receive your log on credentials in the email. It will include a temporary password that you can change once you log on.



You may also want to upload the Vidigami app to your phone as it provides quick access to all the albums and even a way to create an album in the appropriate group and then upload your photos straight from your phone to the album in Vidigami.

For new parents, you may be wondering what is Vidigami? It is a password protected website (www.vidigami.com) that is exclusive to the Southridge community for uploading and sharing photos. When you log on, you will see it is organized by Grades, Athletics, Arts, Events, Clubs, Junior and Senior Schools. Within each of these groups, you create albums and upload photos to them. Vidigami's powerful feature is that you can tag students in the photos so that they show up as collections for the parents. As you or others tag your children's photos, they will show up as collections for you to enjoy. This also allows you to search by student name for photos of that student. You can also create "Sets" of virtual collections for projects. These Sets are private for yourself. Vidigami has a great support portal with lots of "how to" videos and documentation to help you become a proficient user. It has been designed to be easy to use though.

Our Grade 8 -12 students were invited to participate in Vidigami last year and again for this year. They will be allowed to create albums and upload photos. It is also hoped that they will help with tagging to ensure that all students are identified in the photos. By inviting the students to participate, it is hoped that we will capture more of the many wonderful photos that our many talented student photographers take inside school and on trips.

If we all upload our photos to Vidigami, we will create a wealth of photos to choose from for Yearbook, Grad Books, Full School Assembly presentations, and school projects. Not to mention, the joy you will receive by having access to beautiful photos of your children while at Southridge.

For any technical help with Vidigami you can ask Steve Anderson, the Junior School Education Technology Leader or Heather Mosher, the Senior School Education Technology Leader. I am also happy to help you with any log on or general use questions you may have.

I look forward to a very well photo documented year.

Alan McInnes Manager, Web and AV Services amcinnes@southridge.bc.ca



Used Uniform Collection

Do you have a pile of uniform items in your house that your child has grown out of? In October and April every year, the grad committee sells used uniforms as a fundraiser. A couple of weeks in advance of the sale, a request for used uniforms will be posted in the Wednesday with information about when and where to drop them off. Please do not bring any items in to the school outside the designated times because we do not have the space to store them.

Remember: Watch the Wednesday for drop-off information.

Southridge Café

We hope you have had a chance to try the freshly made food in our cafeteria prepared by Sage. Just in case you have missed the information, if you would like to know the menus for the coming weeks until Christmas break, you can access them here and in the parent portal. All the menus for breakfast and lunch are in there, together with ingredients information. If you have any allergy concerns, please talk to Chef Gary in the kitchen or email him at sage@southridge.bc.ca

Uniform Shop News

Want some hair accessories that match the Southridge uniform? The Uniform Shop has a selection of headbands, hair clips, and hair ties that match our uniforms nicely. Come in and take a look!

Regular hours are:

Monday – Thursday: 7:45 - 9:00 am and 2:00 - 4:00 pm

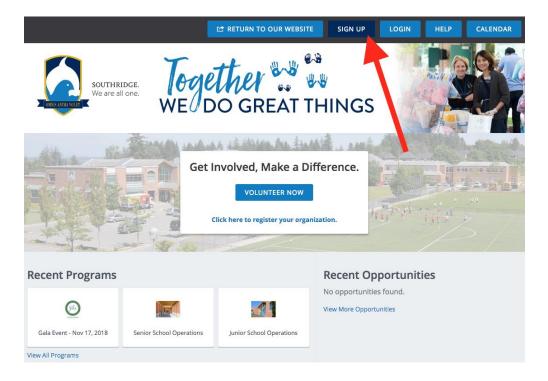
Friday: Closed

Phala Tan Business Services Manager

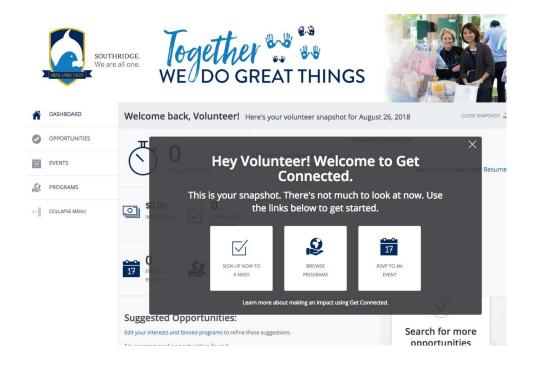
Volunteering at Southridge - Signing up through Galaxy!

STEP 1:

Getting started on the new Southridge Volunteer system is quick and easy! Go to https://southridgebc.galaxydigital.com. Click on the "Sign Up" button at the top.

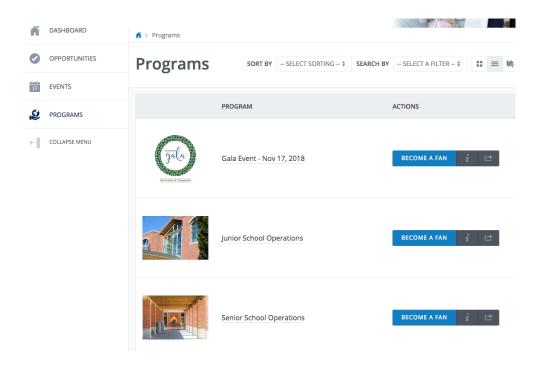


You can create your account with your email, or through your Facebook account. Once you've created your account, you will move to the dashboard:



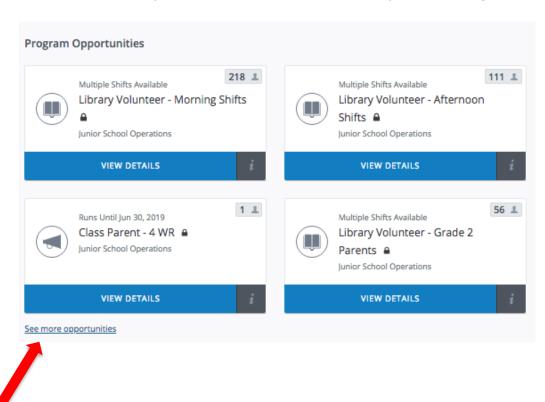
STEP 2:

On the dashboard screen, you can select "Sign up Now to a Need" or "Browse Programs", both are accessible on the left hand menus as "Opportunities" and "Programs" as well. By selecting "Programs" the volunteer opportunities will automatically be categorized for you.



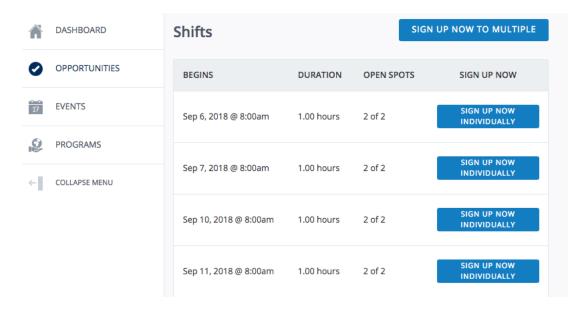
STEP 3:

Simply select the applicable program, then browse the volunteer needs. Don't forget the "see more opportunities" button if you don't see the volunteer position you are looking for!

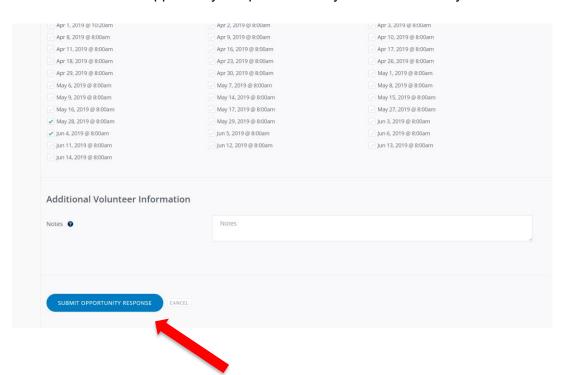


STEP 4:

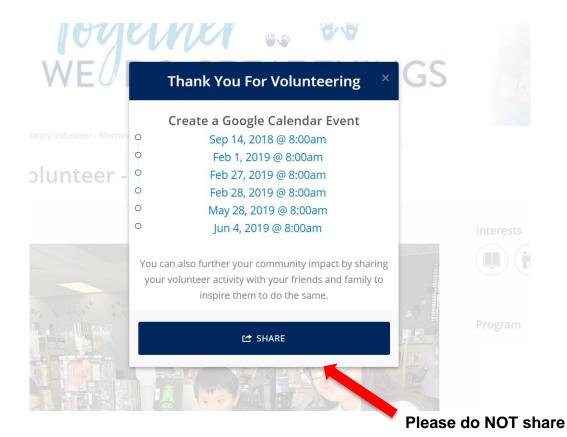
Once you have found the volunteer opportunity you are looking for, click on "View Details". You can then sign up for a single shift or multiple shifts.



STEP 5:Be sure to click on "Submit Opportunity Response" once you have selected your desired shifts.



The system will summarize the opportunities you have selected and may give you the option of adding it to your google calendar (only if you selected a specific shift).



You will also be asked to 'Share' this information on social media. This is an automatic feature of the Galaxy system that we cannot turn off. Please **do not** share your volunteering on social media. We really don't want your friends, neighbours or second cousins signing up to serve hot lunch*.

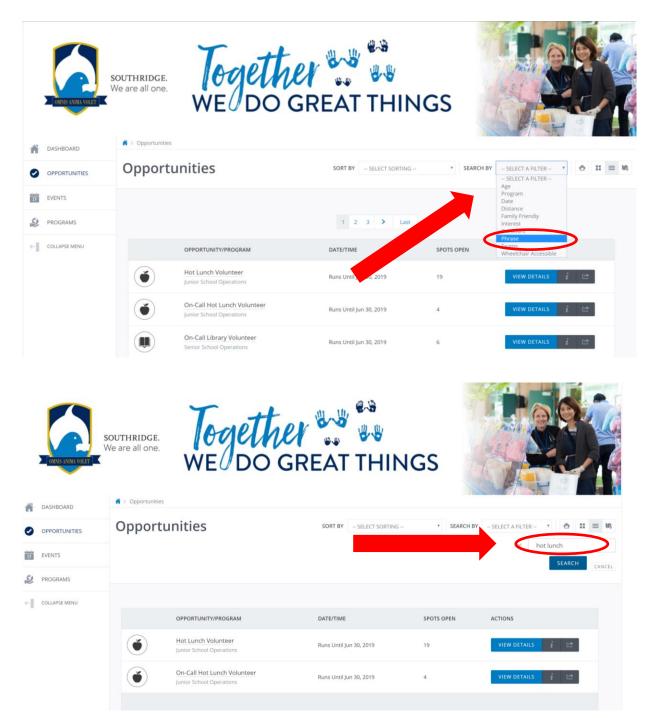
If you have any questions, please contact Sherry Hu at shu@southridge.bc.ca or by phone at 604-542-2303.

*Of course, if a non-parent does sign-up, we won't actually allow them to serve hot lunch. ©

Volunteering at Southridge – Looking up volunteer opportunities

Step 1:

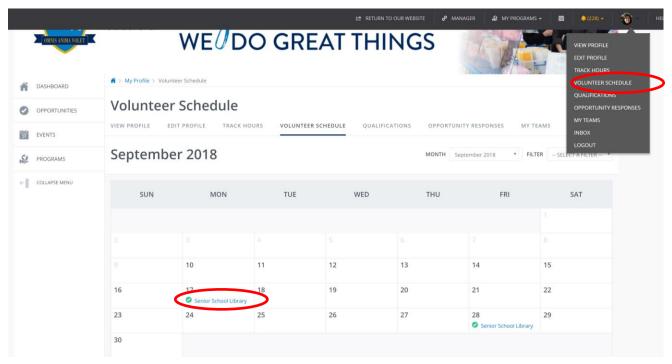
After creating an account and logging in (https://southridgebc.galaxydigital.com), click on 'Opportunities'. You can search for a specific opportunity like "hot lunch" or "playground" by selecting 'Phrase' in the 'Search By' list. Type in the key word(s) and any opportunity that includes that word will appear.



Volunteering at Southridge – Modifing your volunteer schedule

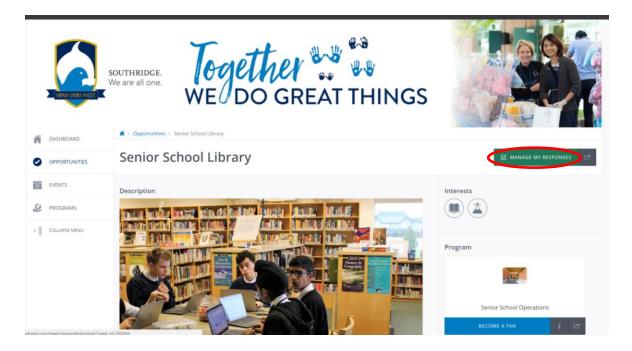
Step 1:

Galaxy has a great calendar feature that you can use to confirm or change your volunteer schedule. To access your calendar, click on your profile photo (or initials) on the top right corner, then select 'Volunteer Schedule' from the drop-down menu.

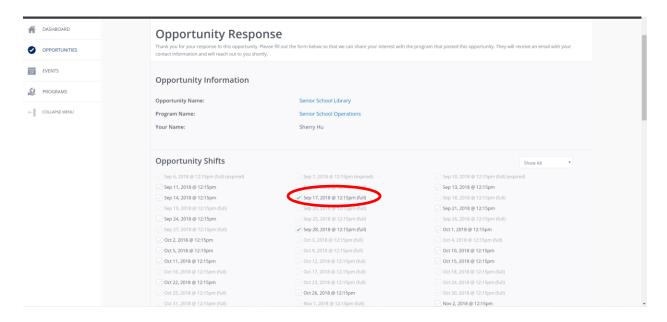


Step 2:

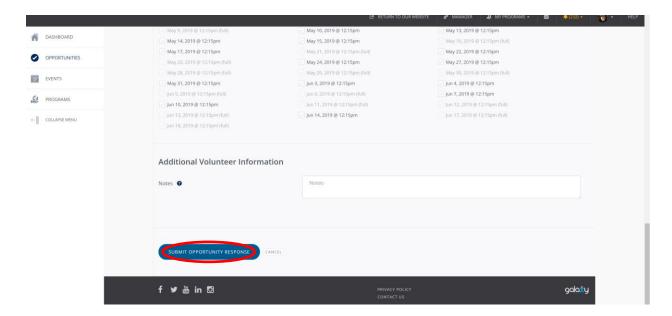
From the calendar view, click on a shift (in blue writing with a green check mark). If you don't see any writing in the calendar, you haven't signed up for anything yet for that month. On the next page, click on the green button, 'MANAGE MY RESPONSES'.



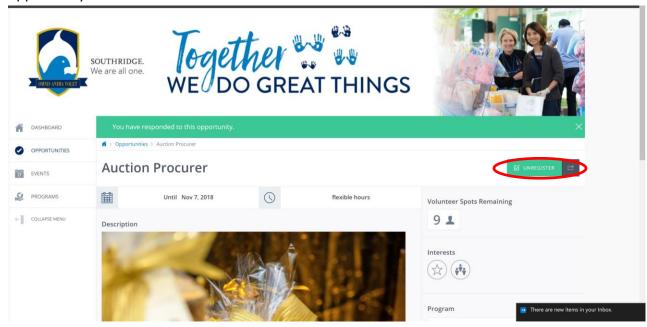
Step 3: Un-check green check marks to remove specific shift(s) from your schedule.



Step 4:Remember to click on the blue button, 'SUBMIT OPPORTUNITY RESPONSE' at the bottom of the page. This will 'save' your cancellations.



Alternatively, you can click on the green button, 'UNREGISTER', to remove yourself from an opportunity.



If you have any questions, please contact Sherry Hu at shu@southridge.bc.ca or by phone at 604-542-2303.