

SOUTHRIDGE

Wednesday

OCTOBER 4, 2017
ISSUE #05

Weekly Voice

Where's Waldo?

Apparently, there is a massive shortage of empathy in students these days. According to sociology researchers at the University of Michigan, young people are approximately 40 percent less empathetic than they were ten years ago. Dr. William Axinn, the Director of the Population Study Centre, says that this most concerning result has prompted us to ask why kids, who are more connected than ever, find it so difficult to feel compassion toward one another.

While I don't know the answer to this (although I have my suspicions) the good news is that I do know that empathy is alive and well at Southridge.

Last February we conducted our usual set of Kindergarten observation days. They are lots of fun, but let's be clear, finding great kids in a sea of wonderful four year old's is like looking at the cereal box and trying to locate Waldo. Despite his funny hat and striped shirt he doesn't always stand out that well.

Anyhow, on this particular day, we were just heading to the gym with our last group of little ones when I heard someone call my name. I turned around to see one of our Grade 7 boys running after me, with a treasure in hand - let's call him "Waldo" for the purposes of this story.

"Excuse me, Ms. Lepp." said Waldo breathlessly. "My class had a party today and we ended up with a lot of extra treats, so I was just wondering if you might like to have these to give to the Kindies who are visiting us?" He proceeded to hand me two large boxes of Tim-bits and continued, "I still remember the first time I came to Southridge for my test. I was really nervous because I didn't know anyone – so I thought, maybe a Tim-bit might be good if someone was feeling scared like I did." I assured him that it would and thanked him for his kindness.

I tell you this story to underscore that we hope all of our kids will develop their "inner Waldo" during their time at Southridge. Waldo is a leader. Not because he has a charismatic personality, gets straight A's, wins the speech contest, or is selected captain of the soccer team. Waldo is a leader because he has developed the "empathy gene" - the ability to stand in another's shoes, even someone he doesn't know. I am absolutely

confident this character trait will make him successful in ways that a degree and money will not. I am also sure that this trait is developed first in a home that models and highly values it.

I've thought about Waldo many times since that day. They say we are the average of the five people we spend the most time with. Waldo is the type of person I want in my five. Waldo is the type of person you should want for a friend, a son-in-law or an employee. I hope that as we head into Open House season you will invite a "Waldo" you know to come and consider joining us... I'm always on the look-out for one more.

Renee Lepp
Director of Admissions
rllepp@southridge.bc.ca

Important Dates

Event	Date	Time	Location
Leadership Experience Week	Monday, October 2 – Friday, October 6		Senior School
Junior School Southridge Writes	Tuesday, October 3		Junior School
Junior School Assembly	Wednesday, October 4	8:10 am	Junior School Great Hall
House Captain Theme Day	Friday, October 6	All Day	Junior School
Thanksgiving Holiday	Monday, October 9	All Day	Both Schools
Late Start	Tuesday, October 10	10:25 am	Both Schools
Regulation Winter Dress Uniform Begins	Tuesday, October 10		Both Schools
Junior School Assembly	Wednesday, October 11	8:10 am	Junior School Great Hall
Terry Small Study Skills for Grade 5	Wednesday, October 11	10:10 am	Junior School Great Hall
Movie Event: "Screenagers"	Thursday, October 12	7:00 pm	Alan Brown Great Hall
Outdoor Ed Mountain Bike Trip	Sunday, October 15		Senior School
Photo Retake Day	Tuesday, October 17	8:00 am	Junior School Great Hall
Junior School Assembly	Wednesday, October 18	8:10 am	Junior School Great Hall
Grade 8 Parents Coffee Morning	Wednesday, October 18	8:30 am	Southridge Cafe
Grade 7 Teach Your Parent Band Night	Thursday, October 19	6:30 pm	Junior School Great Hall
Casual Day	Friday, October 20	All Day	Both Schools
Kindergarten Pumpkin Patch Trip	Monday, October 23	9:15 am	Junior School
Grade 10 BC Legislature Field Trip	Tuesday, October 24	8:30 am	Senior School
Junior Assembly Cancelled	Wednesday, October 25		Junior School
Full School Assembly	Wednesday, October 25	9:30 – 10:30 am	Senior Gym
Junior School Noon Dismissal	Thursday, October 26	Noon	Junior School
Junior School Learning Conferences	Thursday, October 26	1:00 – 8:00 pm	Junior School

Junior School News

Changeover to Winter Uniform is Coming

The last day for students to wear Summer Uniform is Friday, October 6th. All students begin wearing Winter Uniform on Tuesday, October 10th. Winter Uniform consists of the following clothing options:

Regulation Winter Dress: worn daily and at all formal school occasions beginning on the Tuesday after Thanksgiving through to Good Friday (or the Friday before April Break if Easter falls during Spring Break), as follows:
Choice of: <ul style="list-style-type: none"> • Green vest • Green cardigan • Pullover green sweater • Navy blazer
Choice of: <ul style="list-style-type: none"> • Grey dress pants with grey socks (black belt optional) • Tunic (K-Gr. 3) or kilt (Gr. 4-7) hemmed no higher than 8 cm above the knee with black knee socks or black tights
White button-down dress shirt with school tie
All black, polishable leather shoe with black molded outer sole and no obtrusive logo (heel no higher than 5 cm including sole).
Hair accessories should be in uniform colors.

Medication at School

Please be advised that we do not administer non-prescription medications to students during the school day, unless they have been provided to the JS Receptionist by a parent for a specific reason (e.g. allergies). Medications should be placed inside a clear, Ziploc bag with specific dosage instructions, along with any information about previous dosages (e.g. the dosage your child had before school). If your child needs non-prescription medication (e.g. Advil or Tylenol) to feel better during the school day, then it's likely that they should be at home. Junior School students should not come to the Reception Desk asking for medication without verbal or written consent given to Ms. Orellana directly from a parent.

Thanksgiving Long Weekend and Late Arrival

Please note that the school will be closed on Monday, October 9th for the Thanksgiving holiday. Classes resume with a late start at 10:25 am on Tuesday, October 10th. Students need to arrive between 10:10 am and 10:20 am for a start time of 10:25 am. ***Please do not bring students any earlier than 10:10 am as all teachers and staff are in meetings and no supervision is provided.***

Pro-D Day and Half Term Holiday

Friday, October 27, 2017 is a Southridge professional development day. Faculty will be involved in in-school workshops throughout the day. School is not in session for students on this day, and school will also be closed on Monday, October 30, 2017 for the half-term holiday. Enjoy the 4 day weekend!

Full School Assembly

Wednesday, October 25th - 9:40 – 10:20 am

Please join us in the Senior School gymnasium for our second Full School Assembly of the year, led by Mr. Stephens.

Parent- Teacher Interviews

Thursday, October 26th - Noon Dismissal

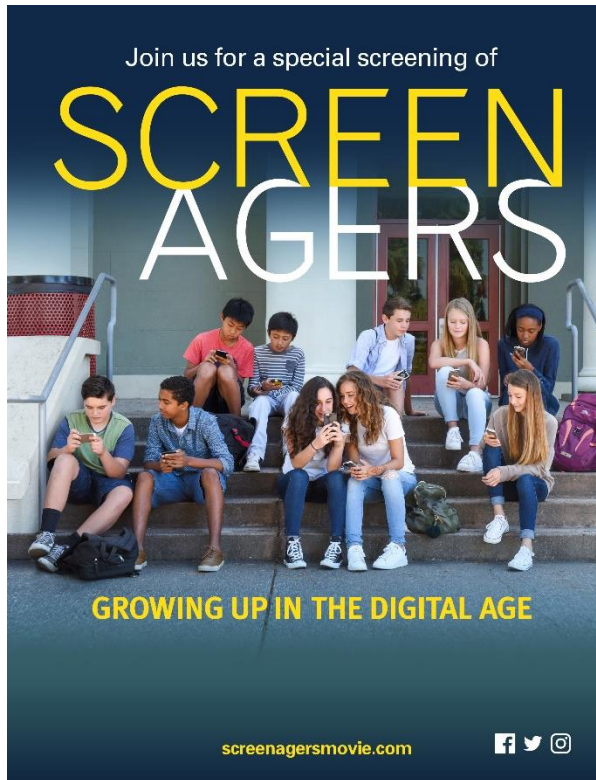
Parents please mark your calendars for the upcoming parent teacher interview day on Thursday, Oct. 26, 2017 from 1:00 pm to 8:00 pm. Please note that there is a noon dismissal for K-7 students on this day. You will be able to schedule your interview appointments using 'Pick a Time'. Mr. Anderson and Ms. Rickard are in the process of preparing the interface, and login information and instructions will be made available soon. The teachers look forward to the opportunity to discuss your child's behaviour, and learning strengths and areas for growth to date.

Junior School House Captain Theme Day Friday, October 6th

Friday, October 6th Kindergarten through Grade 7 are invited to dress in their zaniest outfits from head to toe for Wacky Day. The cost is \$2 to participate, and all proceeds go to the Grade 7 Legacy Fund: supporting local, provincial, national, and international service projects.

Ms. McNeil - MYP Division Leader

Senior School News



Join Us: Special Screening of Screenagers (October 12th)

SCREENAGERS: Growing up in the Digital Age

Are you becoming increasingly concerned about how the digital world impacts your child? Join us for a special screening of the award-winning documentary, SCREENAGERS. Based on her own parenting experiences, physician and filmmaker Delaney Ruston created SCREENAGERS because she believes deeply in the importance of helping kids find balance in our tech-filled world. She takes a very personal approach to this topic by

exploring the impact of social media, video games, and internet addiction on her own two children. SCREENAGERS offers strategies for parents to help minimize the potentially harmful effects of the digital age.

EVENT DETAILS:

- Thursday, October 12th
- 7:00 - 9:00 pm
- Southridge School – Senior School - Alan Brown Great Hall
- No pre-registration or entry fee is required
- FREE and open to all parents, faculty, and staff

Together, let's work to understand and help our children navigate our tech-filled world!

Thank you in advance – we hope to see you on October 12!

Laura Holland
Senior School Learning Resource Teacher
lholland@southridge.bc.ca

Jaden Sanghe takes his inspirational message to ISABC School Leaders

Last Tuesday morning, I was attending a meeting of Academic heads from the Independent Schools Association of British Columbia (ISABC) at Collingwood School when, to my surprise, I saw a familiar face in a Southridge uniform. Jaden had been contacted by Brooke Sherwood, a Senior Manager from the Canadian Cancer Society, and asked to give a presentation on the significant contributions that Independent Schools have made, and can be inspired to make, in supporting the cause of Cancer research and cancer prevention.



Jaden was a composed, eloquent, and passionate speaker as he addressed a room full of academic heads and assistant heads of schools throughout the lower mainland. He noted the outstanding contribution that Southridge has made through the “Relay for Life” initiative that has been a feature of our charitable outreach programs over the past few years.

It was Serena Bonneville, our former Head Girl, herself a cancer survivor, who had first worked with the head boy of St Georges to get our student body involved in this event. Her dedicated and inspirational story was given a further amazing chapter when Justin Sanghe (Jaden’s elder brother) led a student driven and student organized event in 2016, and again in 2017, that raised over \$50, 000 in 2016 and edged over \$100,000 last year in a staggering display of collective capacity, student involvement, and extraordinary leadership. As I sat and listened to Jaden speak of his desire to continue the work of his brother, and noted how impressed the audience were with his manner and message, I was very proud of him and our whole school community.

Jaden’s purpose at our meeting, was to draw attention to the good work that Independent Schools are doing with regards to cancer research; to allow the representative from the Canadian Cancer Society an opportunity to offer her sincere thanks for the significant contributions already made, and to motivate other schools to take up the challenge of

funding research. I just wanted to highlight this moment, as Jaden was a wonderful ambassador and spokesperson for our school with its ethos of service and contribution. Thank you, Jaden, for your commitment, the powerful message you delivered, and for your confident, clear and inspiring delivery.

Ms. Jan Holt
Academic program Director

The Martha Currie Mentoring and Tutoring program will be starting up again on Wednesday, October 10th

I am looking for about 8-10 students, in Grades 11 and 12, each week, who love working with kids from Grades 4-7. The program will be every Wednesday from when we leave the school at 2:45 pm, to when we arrive back to Southridge at 4:15 pm. This opportunity is perfect for someone who loves teaching, spending time with kids and wants to make a difference to help children in our community.

Service hours will also be awarded for the program. These kids depend on you, so let's make a difference together!

If interested, please email me at: everma@southridge.bc.ca

I look forward to hearing from you!

Evanee Verma
Grade 12

Outdoor Ed Mountain Biking Trip

On Monday, October 16th we will be offering a mountain biking trip to the North Shore. This trip will depart from Southridge at 8:00 am and head to Mount Fromme in North Vancouver. There we will participate in a skills session, followed by and ride up and descent down fun, flowing singletrack trails. We are pleased to be working again with Endless Biking, who will provide mountain bike guides as well as instruction. The two teachers on this trip will be Mr. Mitchell and Mr. Jones. The cost is \$100, or \$120 if you wish to rent a mountain bike and helmet. Please see Mr. Mitchell or Mr. Jones for a form. Spots on this trip are limited to 10, and the last trip filled up very quickly, so get your forms in as soon as possible if you are interested!

Best Practices in Assessment and The First Term Interim Report card

Summer is now officially behind us and the vibrant energy and enthusiasm of all our students, staff and faculty once again permeates our hallways and classrooms. The school's current strategic plan has placed the emphasis squarely on helping our students grow and flourish within the Southridge school environment and, to this end, we are aligning our assessment practice and protocols to ensure that we are adopting best pedagogical practices.

The importance of "formative assessment", which allows teachers to monitor student learning and provide ongoing feedback without the imposition of a percentage or grade, is a key element in helping students to improve their learning and allows faculty to more closely target their instruction and support for students. The aim of this kind of instructional feedback is to help students identify their strengths and weaknesses and focus on areas that need attention, while helping faculty recognize and address problems immediately. This is the rationale behind our diagnostic assessment of all Grade 8s in mathematics. Our aim has been to place them in classes that will facilitate their growth in confidence and intellectual capacity by targeting our instruction to their needs. The provision of more feedback and formative assessment does not mean that we are eliminating, or rejecting, the value of summative assessments, simply that we want to provide our students with time and more than one opportunity to improve their learning before a final "test" of mastery of skills or content.

Many of the assignments in the opening five weeks of school are formative and diagnostic in nature as teachers focus, not only on evaluating their skills, but also on getting to know their students. The value of establishing strong, respectful and authentic relationships between student and teacher has long been recognized as a central element in fostering student success. The Leadership Experience Week (LEW) builds on those relationships and on nurturing those between our students. LEW also provides leadership opportunities, tests resourcefulness and resilience, and promotes cooperation, collaboration, and communication. These are among the 'core' competencies that the BC Ministry, in its new approach to curriculum, is emphasizing. The Southridge Senior School Education Program (SSEP) has similarly articulated and endorsed these essential capacities and skills.

Our first interim report represents the first summative report of student progress, but it is very limited in its scope and in its assessment of a student's potential ability, coming as it does so soon in the school year after just over four weeks of classes and the Leadership Experience Week in early October. Parents are encouraged to contact individual faculty if they are concerned about a student's progress and similarly advisors and subject

teachers will call or email parents if specific problems or concerns arise. Our Parent/Teacher interviews are scheduled for **Wednesday, November 8th**, in order to provide a much earlier opportunity for dialogue between teachers and parents.

In the first interim report, Grade 8 students and all students new to Southridge will receive a comment, letter grade and attitude and effort mark from each of their teachers. Any student who falls below a C- or receives a '2' for effort will also receive a comment indicating the areas for improvement. All remaining students will receive letter and effort grades only. The BC Ministry of Education letter grades and descriptors are outlined below.

It's my hope that the opening weeks of school have been positive ones for your son or daughter and that we can continue to work to provide a stimulating, safe and productive environment for all.

BC Provincial Letter Grades

- A = The student demonstrates excellent or outstanding performance in relation to expected learning outcomes for the course or subject and grade.
- B = The student demonstrates very good performance in relation to expected learning outcomes for the course or subject and grade.
- C+ = The student demonstrates good performance in relation to expected learning outcomes for the course or subject and grade.
- C = The student demonstrates satisfactory performance in relation to expected learning outcomes for the course or subject and grade.
- C- = The student demonstrates minimally acceptable performance in relation to expected learning outcomes for the course or subject and grade.

Ms. Jan Holt
Senior School Academic Director

University Counselling and Career Education

The 2018 university and college recruiting season is gearing up and will be in full swing in the next few weeks as post-secondary representatives travel throughout Canada to do their admissions and program information sessions. The visits will entail a variety of options for our students. Some of the sessions are for any senior grades who wish to gather information and ask questions and some sessions are specifically for Grade 11s and/or 12s:

FAIRS

1. Interested in studying in the U.S.? Sign up for a seat on the bus travelling to West Point Grey Academy (for Grades 10, 11 & 12)

Date: October 12, 2017

Time: afternoon, bus will leave Southridge at lunch and return to school by 4:00 pm

Mrs. Becker will be announcing and posting a sign-up sheet for seats on the bus to enable students interested in the U.S. for post-secondary to go to the U.S. fair where over 100 colleges will be represented.

INDIVIDUAL VISITS

Universities and colleges from Canada, U.S. and U.K. book individual visits during the fall to meet with prospective students (especially the grade 12s) to discuss programs. These sessions are booked and posted on Naviance/Family Connection as well as on the board outside the University Counselling Centre. Sessions that are booked during lunch or after school are open for any grades to attend. Please note the following evening events that are open for students and parents to attend:

1. UBC visits Southridge on Wednesday, October 25 at 6:30pm in the Senior School Great Hall. All are welcome!
2. McGill visits Southridge on Thursday, November 16th at 7pm (location will be announced). All are welcome!

STAYING UP-TO-DATE ON UNIVERSITY & COLLEGE ADMISSIONS

Mrs. Becker and Ms. Livingston have recently returned from the National Association for College Admission Counselling conference. This massive event brings together all stakeholders in the world of university, college and career counselling (over 7000 attendees – counsellors, admissions professionals, exhibitors and supporting organizations) offering plentiful opportunities to grow professionally to understand and build awareness of the shifting landscape of post-secondary admissions. The conference offered over 100 educational sessions and workshops as well as one of the biggest college fairs where we met with admissions reps to discuss updates. In between these

sessions, we met and networked with colleagues from independent schools to share and work together to build best practices. We have brought back the most up-to-date information that we will share with our students to ensure they are ready and aware of how to determine the right college or university fit for their specific needs.

Ms. Livingston
Director of University Counselling

Both Schools

Eat, Drink & Be Giving!



THE POWER OF COMMUNITY

Saturday, November 18th

We're excited to announce details for the Southridge Annual Gala...

Our Gala committee has been busy planning over the summer and they have chosen a theme for this year's event – "The Power of Community". This theme celebrates our diversity, recognizes the circles of connection in our community, and speaks to the amazing ways in which we can contribute to the world when 'we are all one'.

"The Power of Community" Gala will be held on **Saturday, November 18th** in the **Senior School Gymnasium**. It promises to be a very special evening of celebration and

entertainment filled with fabulous food and music, impressive live and silent auctions, dancing, camaraderie, and much, much more!

Funds raised will support the purchase of essential capital items that enrich the lives of students here at Southridge, so don't miss out on the opportunity to generously contribute!

Here's how you can:

1. **Donate an item or service** – the auction is an incredibly popular part of the evening and is a great fundraiser.

Please consider donating:

- Tickets to a sporting event or concert
- Gift certificates to your favorite restaurant, spa or sporting store
- Your family's ski/summer retreat or timeshare
- A product or service from your family or friend's business
- Bottles of your favorite wine or drink

No item is too small! [Make your donation now.](#)

2. **Purchase tickets to attend** – this year's Gala has been specially designed for the foodie! Special thanks to the [Joseph Richard Group](#) and S+L Kitchen, who as the Official Dinner Sponsor, will provide our guests with an amazing array of food throughout the evening. [Purchase tickets now.](#)
3. **Become a Gala Sponsor** – you, your company or your organized group of friends (like 'The Oriental Pearls') can support the Gala by making a charitable donation to ensure its success. [Sponsor the Gala now.](#)
4. **Volunteer** – where would this school be without its tireless parent volunteers who help set up and tear down, as well as ensure the event night runs smoothly? We need you! [Sign up as a volunteer now.](#)

The success of the Gala will be due to the incredible support of our school families who generously contribute to the power of our community. **Please let us know how you would like to participate soon!**

[Visit the Gala website](#) for more details.

With thanks,

Shelley Carse, Jackie Christofferson, Megan Hunter, Heidi Luking, Shaida Nanji, Kimi Schellenberg-Cavaleri, Stephanie Schmidt, Y.Y. Skleryk
2017 Gala Committee

Volunteering @ Southridge

Junior School Volunteer Opportunities

Volunteers are still needed for the baking committee, hospitality, and lost and found.

Bakers

Baking is the perfect opportunity for parents who cannot volunteer on-site! If you are a busy parent, the Southridge Baking Committee is just the position for you. We provide home-baked goods to the faculty at the Junior and Senior Schools on Friday mornings. With enough volunteers, most committee members end up baking only 4-5 times per year. As of September 25th, the committee is still looking for volunteers to fill **5 Junior School** and **1 Senior School** spot. If you are interested in joining the Baking Committee, please register online (<https://southridgevolunteer.campbrainregistration.com>). Feel free to contact vanessa@hiltonslanding.com if you have any questions.

Lost & Found

We are looking for volunteers to come in on Fridays at 11:45 am for about 30 minutes, and periodically pop in during the week to tidy and sort the Lost & Found cabinet. The position also includes washing unlabeled clothing once a week.

Senior School Volunteer Opportunities

Senior School Hospitality Co-Chair

We are looking for a Senior School Hospitality Co-Chair to oversee the Hospitality Volunteers in the Senior School. The Co-Chair will assist in planning and coordinating hospitality functions for Senior School events, as well as maintaining an inventory of refreshment supplies, and replenishing as needed.

Senior School Hospitality

Senior School Hospitality volunteers provide coffee and treats when required for events and meetings in the Senior School. Volunteers help with setting up and taking down at

the end of the event or meeting. Volunteers are required approximately 2-3 times per month.

Sign Up Today!

Similar to previous years, volunteer positions are posted online through the Parent Portal, and you can sign up today through the Volunteer Corner by clicking on the orange 'Volunteer Now' button! <https://southridgevolunteer.campbrainregistration.com/>

If you have any questions about volunteering at Southridge, please don't hesitate to contact the Volunteer Committee at volunteer@southridge.bc.ca.

Thank you so much for volunteering at Southridge and keeping our strong tradition of volunteer support alive!

The Volunteer Committee

Please Donate Your Gently Used Uniform Items

The grad committee is requesting donations for the Fall Used Uniform Sale. Please bring gently used uniform items to the Senior School foyer and put them in the box labelled "Used Uniforms". The date for the sale will be on October 11th and 12th (the Wednesday and Thursday after Thanksgiving) from 2:30 pm to 4:30 pm.

Thank you for all your support!

Grad Committee 2018

Southridge Cafè

Welcome Back! We are excited to be back cooking for you once again this school year. A few things that hopefully will help you and help us keep everyone happy and with full tummies.

- We welcome feedback of any kind. Please do not hesitate to email us with any concerns or requests. southridge@canuelcaterers.ca
- The kitchen is always happy to help accommodate anyone with diet concerns or allergies.

- Breakfast is ready each morning at 7:30. Each morning we also bake fresh muffins, cookies, scones and cinnamon buns.

Please see the attached menus for the month of September.

Canuel Caterers

Uniform Shop News

Just a reminder that winter uniform starts on Oct 10th! Do make sure your children have all the required items and that they still fit! We are open:

Monday – Thursday 7:45-9:00 am, 2:00-4:00 pm (On days with late start, we are open only in the afternoon.)

Friday – Closed

Phala Tan
Business Services Manager



SOUTHRIDGE.
We are all one.

SPONSORSHIP COMMITMENT FORM

The annual Southridge Gala is the biggest fundraising event for our school and your generous financial support is essential for the evening to be an amazing and memorable occasion.

As a sponsor, you will be acknowledged according to your level of sponsorship, which includes your name on the big screen, on special signage during the event, and in our 2017-18 Annual Report.

Your generous support will serve as a charitable donation, so please choose the amount of giving that is the right fit for your family or company.

Sponsorship Opportunities

- | | |
|--|-----------------------------------|
| <input type="checkbox"/> Marquis | \$15,000 |
| <input type="checkbox"/> Leadership | \$10,000 |
| <input type="checkbox"/> Visionary | \$7,500 |
| <input type="checkbox"/> Opportunity | \$5,000 |
| <input type="checkbox"/> Inspirational | \$2,500 |
| <input type="checkbox"/> Patron | \$1,000 |
| <input type="checkbox"/> Supporting | Any amount is greatly appreciated |

For sponsors at the \$5,000 level or higher, reserved parking will be provided for the evening.

Sponsor Contact & Payment Information

Company or Individual Name (for recognition) _____

Contact Name _____

Phone Number _____ Email _____

Payment ☐ Credit Card* ☐ Cheque, payable to *Southridge School* (please attach)

**Our Advancement Assistant will contact you for credit card information. (Sherry Hu: 604-542-2303, shu@southridge.bc.ca).*

Signature _____ Total _____

Tax Receipt ☐ Yes* ☐ No

**You must provide your email address to receive a tax receipt. Receipts will be issued to the name on your cheque or credit card.*

SUBMIT THIS FORM:

Attention: Shelley Slaughter, Advancement Officer
Southridge School, 2656 160th Street, Surrey, BC, V3Z 0B7
T 604-542-2334 | F 604-535-3676 | sslaughter@southridge.bc.ca

Submission Deadline: Friday, November 10, 2017

Mon-

Tues-

Wed-

Thur-8

Fri-9

Breakfast

**Smoothie
Day**

**Pumpkin
Spice Scone**

**Smoothie
Day**

Bacon Egger

**Smoothie
Day**

**Chef's
Entree**

Hot Wrap

**Chicken
Nuggets**

**Chicken Soft
Taco**

Pizza Bagel

Poutine

**Pasta
Bowl**

Marinara

Alfredo

Italiano

Rose'

**Mac and
Cheese**

**Grill
Central**

Pizza

Fries

**Mashed
Potato**

Pot Pie

**Special
Burger**

**Weekly
Panini**

Pulled Pork

Pulled Pork

Pulled Pork

Pulled Pork

Pulled Pork

**Great
Greens**

Pasta Salad

Chef Salad

**Caesar
Salad**

**Tossed
Salad**

**Chicken
Caesar**

We always offer our regular menu in addition to our daily specials



Mon-9**Tues-10****Wed-11****Thur-12****Fri-13****Breakfast****Thanksgiving****Pumpkin
Muffin****Smoothie
Day****Bacon Wrap****Smoothie
Day****Chef's
Entree****NO****Salad Bar****Chicken
Noodle Bowl****Salad Bar****Fish and
Chips****Pasta
Bowl****School****Spaghetti****Mac and
Cheese****Rose' Pasta****Marinara****Grill
Central****Chicken
Fajita****BBQ Ribber****Personal
Pizza****Japa Dog****Weekly
Panini****Pesto Chicken****Pesto Chicken****Pesto Chicken****Pesto Chicken****Great
Greens****Grain Salad****Salad Bar****Tossed
Salad****Salad Bar****Chef Salad**

We always offer our regular menu in addition to our daily specials



Mon-16

Tues-17

Wed-18

Thur-19

Fri-20

Breakfast

**Smoothie
Day**

**Sausage
Wrap**

**Smoothie
Day**

**Blueberry
Muffin**

**Smoothie
Day**

**Chef's
Entree**

**Perogies
and Sausage**

Salad Bar

**Chicken
Chow Mein**

Salad Bar

Fish Taco

**Pasta
Bowl**

Ravioli

Bow Ties

**Mac and
Cheese**

Alfredo

Primavera

**Grill
Central**

Smokie

**Butter
Chicken**

Spring Rolls

Pizza

**Spicy Chick
Burger**

**Weekly
Panini**

**Chicken
Caesar**

**Chicken
Caesar**

**Chicken
Caesar**

**Chicken
Caesar**

**Chicken
Caesar**

**Great
Greens**

Thai Noodle

Salad Bar

Chef Salad

Salad Bar

**Tossed
Salad**

We always offer our regular menu in addition to our daily specials



Mon-23

Tues-24

Wed-25

Thur-26

Fri-27

Breakfast

**Smoothie
Day**

**Cranberry
Muffin**

**Smoothie
Day**

**Sausage
Wrap**

NO

**Chef's
Entree**

**Thai Curry
Rice Bowl**

Salad Bar

**Lemon grass
Chicken**

Salad Bar

School

**Pasta
Bowl**

Marinara

Alfredo

**Mac and
Cheese**

**Curried
Pasta**

Enjoy!

**Grill
Central**

**Pulled Pork
Sandwich**

**Thai
Flatbread**

Pot Pie

Pizza

**Weekly
Panini**

**Chicken
Pizza**

**Chicken
Pizza**

**Chicken
Pizza**

**Chicken
Pizza**

**Great
Greens**

Grain Salad

Salad Bar

Salad Bar

We always offer our regular menu in addition to our daily specials

