



SOUTHRIDGE

Wednesday

JANUARY 24, 2018
ISSUE #18

Weekly Voice

What's it Take to Make a Difference in the World?

The summary sentence of our mission statement is to educate individuals who make a difference in the world. Certainly, the many descriptors listed in our mission statement provide insight into what it means to be successful, but, ultimately, we tend to think of success as making a difference. For example, while we consider pursuing one's passion or being able to work effectively as part of a team as evidence of success, having the proclivity to act with the moral imperative of doing good in the world is really what Southridge is all about. As our new strategic plan states, we're driven to make a difference here.

Such a strong assertion begs the question of whether or not we are providing the background and experiences it will take for our students to fulfill our mission statement. In other words, as educators, it forces us to think about the underlying educational principles that influence the daily interactions we have with our students, which are at the heart and soul of who we are as school community.

Without question, it is no secret that Southridge emphasizes and balances academics and character. We've always said that knowledge and goodness must work hand in hand, and that one without the other is ineffectual and, potentially, dangerous. However, without clearly describing the foundational principles that drive our actions as educators, we risk squandering valuable resources, chasing "latest and greatest" programs, operating without gumption and making decisions without a judicious basis. We'd be directionless.

Alas, independent schools have often attempted to capture their educational essence with generic terms such as "university preparatory", or they have aligned themselves with rigorous and well-recognized programs and organizations such as the International Baccalaureate, Advancement Placement or the Canadian Accredited Independent Schools (CAIS). Schools like ours have done so for good reason; these descriptors and programs capture a clear direction, they convey high quality and they communicate meticulous expectations.



Dig a little deeper, though, and the essential ingredients of what it takes to make a difference become clearly needed. In other words, university preparatory, IB, AP and CAIS don't enunciate the principles of our educational philosophy, and they don't describe what it takes to make a difference. At Southridge, we believe that to make a difference we need to be curious and passionate; we need to have ingenuity, communication skills and collaboration skills; we need to think creatively and conceptually; we need to know how to understand complex issues, solve multi-faceted problems and connect knowledge across disciplines; and, of course, we need to have solid and dependable character. We need, in essence (and in principle), a very liberal philosophical underpinning to our educational fabric.

To be clear, at Southridge we move well beyond developing productive workers, and we don't limit ourselves to preparing children for specific careers pathways or post-secondary programs. We are focused on cultivating engaged citizens who make a difference in the world by exposing our students to multiple thinking frameworks across a spectrum academic/artistic disciplines that teach them how to adapt, reason, argue effectively, judge fairly and communicate clearly.

Have a wonderful week!

Drew Stephens
Head of School

Important Dates

Event	Date	Time	Location
KFACE Classic Basketball Tournament	January 25 – 27		Senior School Gym
Admissions Related Non-Instructional Day for Kindergarten Students	Friday, January 26	All Day	Junior School
No Casual Day in Junior School	Friday, January 26	All Day	Junior School
Grade 8 World Religions Field Trip	Friday, January 26	7:20 am	Senior School
Re-enrollment Forms Mailed Home	Friday, January 26		Both Schools
Artona Grad Portraits and Group Photos	Friday, January 26 and Saturday, January 27		Artona Studios
Grade 5 Parents Coffee	Tuesday, January 30	8:00 am	Junior School Great Hall
Course Selection Presentation Grade 8 & 9	Tuesday, January 30	8:50 am	Alan Brown Great Hall
Junior School Assembly	Wednesday, January 31	8:10 am	Junior School Great Hall
Course Selection Grade 10	Wednesday, January 31	8:50 am	Alan Brown Great Hall
Jump Rope for Heart	Friday, February 2	All Day	Junior School Gym
Casual Day for Jump Rope for Heart	Friday, February 2	All Day	Junior School
Grade 6 Parents Coffee	Tuesday, February 6	8:00 am	Alan Brown Great Hall
Course Selection Presentation Grade 11	Tuesday, February 6	8:50 am	Alan Brown Great Hall
Junior School Assembly	Wednesday, February 7	8:10 am	Junior School Great Hall
Senior School Lunch Dismissal	Thursday, February 8	12:30 pm	Senior School
Student Led Conferences	Thursday, February 8	1:30 pm	Senior School
Pro-D Day	Friday, February 9	All Day	Both Schools
BC Family Day Holiday	Monday, February 12	All Day	Both Schools
Late Start	Wednesday, February 14	10:25	Both Schools

Junior School News

Student-Led Learning Conferences: Thursday, February 22nd (noon dismissal)

Throughout the learning process, students actively select work samples and write reflections to include in their PYP or MYP Portfolios. These pieces reflect many different subject areas, skills and attributes as they relate to the elements of the IB PYP and MYP programs and demonstrate their own personal reflections and growth as a learner. On Thursday, February 22, 2018 students will have the opportunity host their own student-led learning conference. This is an important opportunity for students to showcase and communicate their growth with their parents. Please be aware that there will be a **12:00 noon dismissal** on that day to accommodate the conferences. Please save the date and plan to be present to support your child.

Professional Development Day, Family Day Holiday and Half-Term Holiday, Friday, February 9th – Tuesday, February 13th

Friday, February 9 is a Professional Development Day – school will not be in session for students. School will be closed for the Family Day Holiday on Monday, February 12 and for the Half-Term Holiday on Tuesday, February 13. Classes will resume with a late start on Wednesday, February 14 at 10:25 a.m. ***Please do not drop off students any earlier than 10:10 a.m. as all faculty and staff are in meetings and no supervision is provided.***

Mark Your Calendar: Admissions Related Non-Instructional Day in January 2018

In order to assess and get to know prospective students applying to the school for the 2018-19 school year, the following dates will be non-instructional dates for the specific grades indicated:

- **Friday, January 26, 2018** – No school for Kindergarten students (Kindergarten Admissions Assessment Day). School is in session for Gr. 1-7 students.

Thank you in advance for making alternative arrangements for your child on the affected dates.

Registration Now Open for After School Clubs Program

The After-School Clubs Program is a wonderful and fun alternative to after-school childcare for busy families!

To read more about the Clubs Program please refer to the emails sent on Thursday, January 18th and Monday, January 22, 2018.

PYP Celebrates the Arts!

Instead of a PYP musical this year, we are very excited to introduce “PYP Celebrates the Arts!” to Southridge. This is going to be a holistic celebration of the arts in all their forms: visual art, music, dance, and drama. The best part of it all is that it will be very student-centered. The work that is showcased will come from the students and their classes (PYP art and PYP music, but also work within their homerooms, French classes, and others.) It will be highly collaborative, from the planning through to the finished performances and works that are featured—and there will be much emphasis placed on the artistic process that leads to the final products. It’s a shift moving from our traditional PYP musical, but we all believe that “PYP Celebrates the Arts” is an even more authentic way for our students to live out the inquiry-based learning that is so important to the PYP philosophy and a meaningful arts education here at Southridge. We are sure that you will agree when you see your children celebrating the arts the afternoon of Tuesday, March 13th or the evening of Wednesday, March 14th!

Mrs. Winterburn, Dr. Bspflug, and Ms. Redies

Axis Theatre Performance for Junior School Students

On Thursday, January 18th, the Junior School students enjoyed an excellent performance by Axis Theatre. Their play *Robinson Crusoe & Friday*, based on the classic work by Daniel Defoe, has been described as an “imaginative retelling emphasizing communication, embracing cultural differences and empathy.” We would have to agree! From our youngest kindergarten students to our grade 7 leaders, the performance had something for everyone. Students seemed to particularly appreciate the versatile sets, the acrobatics and choreographed movements, and the use of humour. The grade ones commented that they loved the “tricks and the sound effects” and the grade fives mentioned how impressed they were by the creativity and enthusiasm shown by the actors. We thank Axis Theatre for bringing this captivating performance to Southridge, and we look forward to future visits from their theatre company.

Mrs. Winterburn and Dr. Bspflug

Jump Rope for Heart February 2nd

Thank you very much for your participation in our Heart and Stroke Foundation fundraiser. Your pledges are of great support to research projects and medical intervention for existing patients, and to aid preventative educational initiatives. Please remember to return the pledge envelopes to the homeroom teachers by Friday, February 2nd. If you did not receive an envelope via your child please email me at jmurchie@southridge.bc.ca or drop by my office. I have extras.

We all look forward to the jump rope activities and mindfulness about those special family members and friends who have been touched by heart and stroke challenges. As such, the homeroom teachers will also create or send home paper hearts the week of the event to personalize in honour of your affected loved ones. On Friday, February 2nd, students should come dressed in comfortable clothing in the colours of pink or red as a silent symbol of support. As that Friday is a Casual Day your donations are in lieu of the usual donation. Thank you very much for your thoughtful involvement.

Jo-Ann Murchie
PYP Coordinator

Senior School News

Calling All History Buffs!

Do you love answering history trivia questions? If so, the History Bee and Bowl competition is for you! It is a buzzer-based history quiz competition and includes individual and team categories. The first competition is at West Point Grey Academy on March 10th. The top competitors will continue to Nationals held in Toronto in April. From there, the top competitors continue to Internationals on July 14-22 in Berlin, Germany. Please contact Ms. Alexandra and/or complete the google form that was sent to your inbox if you are interested in participating.

Musings Upon the Play

Play season is upon us! Students are busy rehearsing, the set is being built, and costumes are being accumulated. We are well on our way to another amazing play. And as many of you have perhaps heard this year's production is an adaptation of George Orwell's *Animal Farm*. As it is set on a farm, it is an ensemble heavy piece, and is a true example of "no small roles." For the majority of the play every member of the cast and musicians are present on stage. While the play is issue based and on the heavier side, I think this is a treat for you, the audience, because every so often, if you listen carefully

during some of the choral outcries, you'll hear a comedic golden nugget. The same goes for the multitude of facial expressions.

Personally, this production has stretched me in a creative sense. I've been going through and adding poems for my character which has tested my ability to write rhyming couplets that deal with the themes and the action of the play. I must say that I'm very proud that I rhymed "salvation" with "abdication." Not only have I written poetry, but I've had to sing, because this is a musical (though, I think it is more of a play with songs, then a proper "musical") and I would not consider myself a singer...even a little bit! It has been a steep learning curve and now, thanks the help of Dilly Cooner, our Musical Director, I can manage to carry tune in the group numbers, and if I do say so myself, our ensemble sounds pretty good! If you don't believe me, you should come to the play to hear for yourself. See you at the show!

Molly Maguire
Drama Steward
Grade 12 Student

Taking AP Courses and Examinations at Southridge

Every May many students at Southridge take Advanced Placement examinations in what is the culmination of often rigorous and intensive courses of study. AP courses are recognized around the world and demonstrate a student's ability to think critically, to reason, to analyze and to write effectively. They are the equivalent of first year university programs and, as such, can be used for credit and acceleration at a wide range of schools in the US, UK and Canada. Currently we provide the following courses:

- AP Calculus (AB)
- AP Calculus (BC)
- AP Microeconomics
- AP Chemistry
- AP Biology
- AP Physics 1
- AP Physics 2
- AP European History
- AP Human Geography
- AP English Language & Composition
- AP English Literature & Composition
- AP French Language & Culture

As we strive to create the best learning opportunities for our students we offer a balanced program of AP courses and intentionally restrict them to students in Grades 11 and 12, as the likelihood of achieving excellent grades is much higher at this later stage of maturity. Students who have completed AP courses in high school are very well prepared for university level study and, as the available data confirms, that they do very well in the successful completion of undergraduate degree programs.

However, we are repeatedly advised that what the admissions personnel at post-secondary schools want to see is a rigorous course of study within the school's curriculum offerings. To that end, Southridge will only permit students who have completed Advanced Placement courses at Southridge to take the AP exam at the school.

The rationale for this is clear. At Southridge students are guided by caring, committed teachers and our programs are thoughtfully developed and well-supported with appropriate resources such as adequate laboratory time and the provision of tutorial help. We cannot say that of courses taken beyond our classrooms and, for this reason, we are not able to support students who have self-studied for an exam or who have enrolled in an outside program. Students are still at liberty to study additional AP courses if they wish, but students will not be able to take those examinations here.

In summary, I encourage all students seeking the challenge and deeper learning offered by the study of AP courses, to take them here at Southridge and to immerse themselves in a discussion based classroom where inquiry and questioning are paramount, where course content is thoughtfully and carefully covered, and where experienced faculty can fully support their learning.

Jan Holt
Senior School Academic Program Director.

Exploring a Career in Medicine

Each fall, Southridge provides opportunities for students to apply to a variety of programs to explore career pathways. Today's article is focussed on medicine. Each September, students in Grades 10, 11 or 12 can apply for nomination for a number of student experiential learning seminars at BC Children's Hospital and Gairdner Research Institute. Here is a summary of two of the opportunities and reflections from the students who participated:

Mini Med School

This year, two of our Grade 12 students completed the six week Mini Med School held in the evening at BC Children's Hospital, Samara Reyes and Jennifer Zhang wrote about their experience:

“Mini Med School is a series of seminars modelling medical school that introduce high school students to the different specialties of surgical medicine. Professors from the University of British Columbia spoke to us about the basics of surgical and anesthetic training, as well as about their own path to medicine. Learning about the integration of clinical care, education, and research to improve patient outcomes, the cases we explored pulled us into the world of medicine and left us hanging around long after each lecture to ask questions. Not only did we learn about the more technical aspects of each branch of surgery, the doctors offered insight into the impact of the profession on their lifestyles. We would both highly recommend this experience to anyone looking to gain insight into medicine and learn a little about healthcare!” Samara Reyes and Jennifer Zhang, Grade 12

The 6-weeks seminar series curriculum included:

Anesthesia Research & Technology, Global Surgery, Surgical Education, Cardiac Surgery, Eye Surgery, Neurosurgery, Surgical Training and Plastic Surgery

Discovery Days in Medicine

Morgan Muncey-Buckley attended a one day intensive program in December. She writes the following:

“This year, I was given the opportunity to participate in Discovery Days, held at BC Children’s Hospital. At the event, students were given a variety of stations to choose from, such as suturing, casting, and diagnosing various conditions, and getting hands on experience in the area. I was able to participate in both the Newborn Intensive Care and The Art of Casting stations, where I was able to learn about the fascinating differences between a fetus and a newborn, and the various processes it completes in order to become a full, healthy baby, as well as the results if any of these processes go wrong, as well as learn about the various forms of casting. I was able to get hands on experience in both these sessions, as I was able to perform CPR on a mechanical baby, as well as listen to, and measure the heartbeat of the baby, and in addition, I was able to practice casting on real humans, and try different techniques for different fractures. Overall, I would definitely recommend this experience for anyone interested in pursuing a career in medicine/health sciences.” Morgan Muncey-Buckley, Grade 11

BC Children’s Hospital and the Gairdner Research Institute provides a number of additional opportunities for high school students to explore the field of medicine:

Volunteering

Are you interested in job shadowing, career exploration, work experience or volunteering? The research institute does not have a formal placement process for

students but those interested in medicine can get involved in research by volunteering to work with investigators at BC Children's Hospital. Interested students are encouraged to [view the profiles of affiliated investigators](#) and contact the research teams directly about available opportunities.

Please note, for safety reasons you must be at least 16 years old to volunteer onsite.

Other Opportunities

Students interested in learning more about research may also be interested in the following programs offered in the Lower Mainland:

[Centre for Molecular Medicine and Therapeutics](#) – Training for Young Scientists

[James Hogg Research Centre](#) – Training Program

[UBC Let's Talk Science](#) - Lecture Series

[BC Cancer Agency](#) – High School Internship

[Science World](#) – Opening the Door

[StemCellTalks](#) - Lecture Series

[Cafe Scientifique](#) - Informal Talks

[Science in Action](#) - Outreach Programs

[Geneskool](#) - Workshops

[RISE](#) - Research in Science Exhibition

[Operation Med School](#) - Conference

[SHAD](#) - Summer Program

UPCOMING EVENT – “Spotlight On Medicine And Panel Discussion” at Southridge, Thursday, March 8th at 6:30pm – more details about the evening will be available shortly.

Ms. Livingston

Director of University Counselling and Career Education

University Update

(getting a taste of university in Grade 11 or 12)

Each year, universities invite high school students to attend conferences that help them understand various faculty and programs and the opportunity to experience the campus. There are numerous programs advertised through the University Counselling Office and often require nomination by the high school to attend.

Two examples:

1. Each November, Queen's University offers a week-long immersive experience in studying business for high school grads with their QLEAD program. Linda Otamendi attended this year and had an amazing week exploring entrepreneurship, finance, operations, economics etc. QLEAD (Queen's Leadership, Excellence and Development) cultivates a collaborative environment that empowers young leaders to excel. Through exposure to engaging business challenges and networking opportunities, senior high school students can learn from other's diverse perspectives and discover their leadership potential.
2. Every January, UBC invites Grade 12s across the province to attend their annual Leadership Conference. It is a day jam-packed with speakers, workshops and presenters. This year's theme was "Create Momentum" and Saavin Lidder attended. Here are her reflections:

"On Saturday January 13th, I had the pleasure of attending the UBC Student Leadership Conference. The annual event is the largest student organized conference in Canada, where I had the opportunity to explore my leadership abilities and connect with amazing individuals. The theme this year was "Create Momentum"; the idea that all change begins with a single action, an idea and desire to turn "ripples into waves". I was able to participate in several engaging workshops that developed this theme. I also participated in a Living Library, where I was able to speak with an active member of the community in a small group consisting of only 7 other students. We were able to ask questions directly to a Ph.D candidate who turned his research on concussions into a business, creating an online platform (Headcheck Health) for coaches to store data on their athletes. To hear from influential keynote speakers, Gabrielle Scrimshaw and George Stroumboulopoulos, was an invaluable experience. Their insightful discussions on current important issues such as reconciliation, freedom of speech on university campuses and diversity have greatly influenced how I think about taking action. I would highly recommend anyone to attend this impressive event. Speaking with some of the greatest thought leaders of our time and student leaders has simply been an amazing, inspiring experience."

Yvette Livingston
Director of University Counselling

Both Schools

Country Fair VOUNTEERS NEEDED!

Have you ever wanted to get more involved with planning the Country Fair? Here's your chance!

This year we are looking to fill several "*shadow*" positions, which are for interested volunteers to learn the ropes in order to take over the role in 2019.

1. **Country Fair CO-CHAIRS (Shadows)**

We are looking for two people to shadow our current Co-Chairs in overseeing the production of the entire Fair. The Country Fair Chairs are responsible for:

- Coordinating and overseeing the function of the fair departments, working with the Advancement Department, and ensuring the overall success of the Fair.
- Scheduling & chairing committee meetings.
- Reviewing past financials, establishing a budget, and monitoring budget controls.
- Maintaining communication with Department Heads, and drafting Wednesday submissions.
- Debriefing with each department, and drafting a post-event summary.

2. **Recycled Toys—DEPT HEADS (Shadows)**

Two people are needed to shadow the Department Heads in Recycled Toys in order to take over in 2019. The Recycled Toys Department Head is responsible for:

- Organizing and managing the recycled toys area during the 7 days of collection week and Fair Day.
- Attending committee meetings as needed.
- Determining volunteer requirements and ensuring volunteers follow policy and procedures.
- Liaising with fellow department heads to determine logistical, equipment, supply, signage and space needs for assigned area.
- Organizing and working with volunteers on Fair Day to set up, run, and tear down area as directed. Of note, hours of operation are earlier and longer than regular Fair hours and include setting up on Friday.
- The Department Heads must also supervise volunteers with cash.

3. *Bake Table—DEPT HEAD (Shadows)*

Two people are needed to shadow the Bake Table Department Heads in order to take over in 2019. The Bake Table Department Head is responsible for:

- Organizing the collection of baked goods from parents as per Fraser Health's established requirements.
- Coordinating, as desired, baking volunteers to assist in additional bake table submissions for families wishing to provide a donation in-lieu.
- Organizing assigned volunteers to package, label, price and display baked goods.
- Attending committee meetings as needed.
- Determining volunteer requirements and ensuring volunteers follow policy and procedures.
- Liaising with fellow department heads to determine logistical, equipment, supply, signage and space needs for assigned area.
- Organizing and working with volunteers on Fair Day to set up, run, and tear down area as directed. Of note, hours of operation are earlier and longer than regular Fair hours, including Collection Day.
- The Department Heads must also supervise volunteers with cash.

Ready to jump right in? A Department Head is needed immediately for:

Recycled Treasures—DEPT HEAD

Someone is needed immediately to join the other Department Head in Recycled Treasures! The Recycled Treasures Department Head is responsible for:

- Organizing and managing the Recycled Treasures area during the 7 days of collection week and Fair Day.
- Attending committee meetings as needed.
- Determining volunteer requirements and ensuring volunteers follow policy and procedures.
- Liaising with fellow department heads to determine logistical, equipment, supply, signage and space needs for assigned area.
- Organizing and working with volunteers during collection week and on Fair Day to set up, run, and tear down area as directed. Of note, hours of operation are earlier and longer than regular Fair hours and include setting up on Friday.
- The Department Heads must also supervise volunteers with cash.

Please contact volunteer@southridge.bc.ca if you are interested in filling one of these essential positions!

GALA COMMITTEE

The annual Southridge Gala is our premier fundraising event, held the second Saturday in November. Each year, our volunteer Gala Committee sets the tone with a unique theme, décor and atmosphere for the enjoyment of our community. If you are interested in becoming involved with the Gala 2018, we will find a position that is just perfect for you. Please contact volunteer@southridge.bc.ca so we can start the conversation!

Join the Southridge School Sun Run Team!

Now that the holidays are over and the new year is here, it's the perfect time to get running – especially with the Sun Run just around the corner. This year's event will take place on Sunday, April 22nd at 9:00 am. We had a large Southridge contingent last year, and we are hoping for an even bigger team this year! All ages are welcome to take part in this fun and fit community event. Whether your goal is to run the full 10 K race or the 2.5 K Mini Sun Run, we would love to have you join us on the Southridge team.

Beat the rush and sign up by February 15th to enjoy an 'early bird' discount– making the cost only \$22 per student and \$35 per adult! To register, go to <https://register.vancouversunrun.com/#!/events/2018-vancouver-sun-run> and click on "Join an existing team." Our team name is "Southridge School" and the password to join the team is "southridge". The online registration seems to be very user-friendly this year, but please email us if you have any questions.

Happy running!

Dr. Bospflug (kbespflug@southridge.bc.ca) and Ms. Fera (dfera@southridge.bc.ca)

Southridge Café

Here are a few things that hopefully will help you and help us keep everyone happy and with full tummies.

- We welcome feedback of any kind. Please do not hesitate to email us with any concerns or requests. southridge@canuelcaterers.ca

- The kitchen is always happy to help accommodate anyone with diet concerns or allergies.
- Breakfast is ready each morning at 7:30 am. Every morning, we also bake fresh muffins, cookies, scones and cinnamon buns.

Please review the attached menus for January.

Canuel Caterers

Uniform Shop News

The Uniform Shop will be closed for inventory check on January 31st (Wednesday) and February 1st (Thursday). We will resume our regular hours on February 5th (Monday). Thank you for your understanding.

Our opening hours are:

Monday – Thursday 7:45 - 9:00 am and 2:00 - 4:00 pm
Friday: closed

Phala Tan
Business Services Manager

Mon-22

Tues-23

Wed-24

Thur-25

Fri-26

Breakfast

Smoothie Day

Breakfast Burrito

Smoothie Day

Blueberry Muffin

Smoothie Day

Chef's Entree

Perogies and Sausage

Salad Bar

Lemon Grass Chicken

Salad Bar

Fish Sticks & Rice Pilaf

Pasta Bowl

Tortellini

Bow Ties

Mac and Cheese

Rose'

Primavera

Grill Central

Smokie

Red Thai Curry

Pot Pie

Personal Pizza

Poutine

Weekly Panini

Chicken Pizza

Chicken Pizza

Chicken Pizza

Chicken Pizza

Chicken Pizza

Great Greens

Grain Salad

Salad Bar

Caesar Salad

Salad Bar

Tossed Salad

We always offer our regular menu in addition to our daily specials



	Mon-29	Tues-30	Wed-31	Thur-1	Fri-2
Breakfast	Smoothie Day	Blueberry Muffin	Smoothie Day	Bacon Egger	Smoothie Day
Chef's Entree	Chicken & Fries	Salad Bar	Burrito Bar	Salad Bar	Fish Taco
Pasta Bowl	Cannelloni	Spaghetti	Mac and Cheese	Alfredo	Marinara
Grill Central	Fish Burger	Stuffed Chicken	BBQ Ribber	Pizza	Japa Dog
Weekly Panini	Chicken Caesar	Chicken Caesar	Chicken Caesar	Chicken Caesar	Chicken Caesar
Great Greens	Chic Pea Salad	Salad Bar	Chef Salad	Salad Bar	Tossed Salad

We always offer our regular menu in addition to our daily specials

