



SOUTHRIDGE

Wednesday

JANUARY 31, 2018
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Weekly Voice

Driven to Make A Difference

Our new strategic plan, *Driven to Make a Difference* will ensure that the Southridge community continues to evolve over the next decade. Southridge was founded by a community that was driven to make a difference, and that idea of making a difference remains at the core of what we do.

According to the Merriam Webster online dictionary, the word *driven* means to be “propelled or motivated by something”. As our new Strategic Plan unfolds, we will be propelled by our students, and that is why they have been placed at the center of our strategic plan.

As a faculty and staff, we are driven to make a difference in the lives of the children that come to Southridge. We believe that we can shape a powerful and positive future through the influence we have on their lives. We are motivated by the hope of contribution, and we do this passionately through the relationships that form within the schoolhouse.

Like so many things in our world, the schoolhouse is evolving. Some of the changes we are experiencing in the education sector are exciting, while others seem a bit overwhelming, and sometimes even impossible. However, when we keep our focus on students at the center, we are better able to decide what is truly worth pursuing. Because we are driven to make a difference in the lives of our students, the status quo is not enough. We are both motivated and challenged to create a community where every spirit soars. To effectively do this, we must ask one fundamental question: *what is best for our students?* In asking this question, we are stating that students are our priority. This is a powerful and inspiring purview that will lead us forward. Putting students at the center of every decision we make and every action that we take is a tall order, but we are up for the challenge because we are driven to make a difference.

Putting students at the center does not mean that students rule the roost or run the show. What it does mean is that as educators who play a significant role in shaping your children's' futures through actively participating in their learning and character development, we must thoughtfully consider how to equip them for the futures that they will step into.

Our faculty believe that they play a fundamental role in realizing our mission, vision and values through their interactions and relationships with your children. Being driven to

make a difference means that we are in a perpetual state of doing our best for our students each and every day. It means we are continually reflecting on what is best for our students as we make decisions and work in partnership with you, that will ultimately enable them to fulfil their potential in society at large, so that they too will be *driven to make a difference*.

Volet!

Tanya de Hoog
Head of Junior School

Important Dates

Event	Date	Time	Location
Jump Rope for Heart	Friday, February 2	All Day	Junior School Gym
Casual Day for Jump Rope for Heart	Friday, February 2	All Day	Junior School
Grade 6 Parents Coffee	Tuesday, February 6	8:00 am	Alan Brown Great Hall
Course Selection Presentation Grade 11	Tuesday, February 6	8:50 am	Alan Brown Great Hall
Junior School Assembly	Wednesday, February 7	8:10 am	Junior School Great Hall
Senior School Lunch Dismissal	Thursday, February 8	12:30 pm	Senior School
Student Led Conferences	Thursday, February 8	1:30 pm	Senior School
Pro-D Day	Friday, February 9	All Day	Both Schools
BC Family Day Holiday	Monday, February 12	All Day	Both Schools
Late Start	Wednesday, February 14	10:25	Both Schools
Junior School Assembly	Wednesday, February 14	10:30	Junior School
Hoops for Heart	Wednesday, February 14	1:00 pm	Senior School
Grade 7 Parent Coffee Social	Thursday, February 15	8:00 am	Junior School Great Hall
Senior School Course Selection Evening	Thursday, February 15	7:00 pm	Junior School Great Hall
Junior School Assembly - Cancelled	Wednesday, February 21		
Senior Play – Animal Farm	Wednesday, February 21	7:00 pm	Alan Brown Great Hall
Junior School Noon Dismissal	Thursday, February 22	Noon	Junior School
Junior Student Led Conferences	Thursday, February 22	1:00 pm	Junior School
Senior Play – Animal Farm	Thursday, February 22	7:00 pm	Alan Brown Great Hall
Casual Day	Friday, February 23	All Day	Both Schools
Junior School Design Fair	Friday, February 23	8:00	Junior School Great Hall
Senior Play – Animal Farm	Friday, February 23	7:00 pm	Alan Brown Great Hall
Senior Play – Animal Farm	Saturday, February 24	7:00 pm	Alan Brown Great Hall

Junior School News

Student-Led Learning Conferences: Thursday, February 22nd (noon dismissal)

Throughout the learning process, students actively select work samples and write reflections to include in their PYP or MYP Portfolios. These pieces reflect many different subject areas, skills and attributes as they relate to the elements of the IB PYP and MYP programs and demonstrate their own personal reflections and growth as a learner. On Thursday, February 22, 2018 students will have the opportunity host their own student-led learning conference. This is an important opportunity for students to showcase and communicate their growth with their parents. Please be aware that there will be a **12:00 noon dismissal** on that day to accommodate the conferences. Please save the date and plan to be present to support your child.

Professional Development Day, Family Day Holiday and Half-Term Holiday, Friday, February 9th – Tuesday, February 13th

Friday, February 9 is a Professional Development Day – school will not be in session for students. School will be closed for the Family Day Holiday on Monday, February 12 and for the Half-Term Holiday on Tuesday, February 13. Classes will resume with a late start on Wednesday, February 14 at 10:25 a.m. ***Please do not drop off students any earlier than 10:10 a.m. as all faculty and staff are in meetings and no supervision is provided.***

Reminder: Take the Assessment & Reporting System Survey!

Junior School families should have received an email on Sunday, January 27th, requesting your participation in an anonymous survey on our Junior School assessment and reporting communication systems. If you've already taken the time to share your feedback, we sincerely thank you. If you haven't yet had the chance, we would still like your input and are counting on your response to ensure the most meaningful results. [Click here](#) to take the survey. Submissions will be accepted until February 9th. Thank you in advance; we appreciate your time!

Junior School Assessment & Reporting Advisory Committee

Student Arrival in the Morning

There are an increasing number of students arriving unsupervised in the mornings. Junior School Students should not be dropped off to wait in the Junior School Great Hall prior to 7:45 a.m. as there is no supervision prior to this time. If you arrive early, please have your child either wait in the car with you, or come inside to supervise them until 7:45 a.m.

Thank you for your cooperation.

Registration Now Open for After School Clubs Program

The After-School Clubs Program is a wonderful and fun alternative to after-school childcare for busy families!

To read more about the Clubs Program please refer to the emails sent on Thursday, January 18th and Monday, January 22, 2018.

Jump Rope for Heart February 2nd

Thank you very much for your participation in our Heart and Stroke Foundation fundraiser. Your pledges are of great support to research projects and medical intervention for existing patients, and to aid preventative educational initiatives. Please remember to return the pledge envelopes to the homeroom teachers by Friday, February 2nd. If you did not receive an envelope via your child please email me at jmurchie@southernridge.bc.ca or drop by my office. I have extras.

We all look forward to the jump rope activities and mindfulness about those special family members and friends who have been touched by heart and stroke challenges. As such, the homeroom teachers will also create or send home paper hearts the week of the event to personalize in honour of your affected loved ones. On Friday, February 2nd, students should come dressed in comfortable clothing in the colours of pink or red as a silent symbol of support. As that Friday is a Casual Day your donations are in lieu of the usual donation. Thank you very much for your thoughtful involvement.

Jo-Ann Murchie
PYP Coordinator

Senior School News

Meet the Pigs!

Q and A with a few cast members of *Animal Farm*!

Why should the Audience watch out for your character? What has made him or her a challenge to perform?

Colin (Squealer):

Squealer is an interesting character in the production of *Animal Farm*, as he is never really involved in any decisions made throughout the play, but he does carry out their actions. I guess you could say that he is kind of like the sidekick that does all the dirty work. He convinces others to be on Napoleon's side through his charm. This makes him a very interesting two-faced character. The actions that he carries out on the stage are not always the same as his internal desires. This makes him a very fun character to play because while those internal desires need to be made clear to the audience, it is also important to not completely show them to the other characters. Squealer is symbolic of propaganda, and thus he needs to be a very convincing character. I hope that all these qualities will be present during my performance as the character Squealer in Southridge's production of *Animal Farm*.

Dilly (Snowball):

In this year's production, I play Snowball, an idealistic pig who "dreams of perfecting the future". Without revealing too much, she rises as a natural leader on Animal Farm, motivating the animals to work toward their goals, antagonizing Napoleon's approach. As the "good guy" in the show, I think that my character is compelling because she not only has strong and firm beliefs, that she will do anything to fight for, but she is layered in a complex way. On the one hand, she is a natural leader, a motivational speaker; she is passionate about her cause and recognizes the value in every member of the farm to contribute toward their future. On the other hand, she is young and naïve, she craves adoration and wears her heart on her sleeve. In the play, she struggles to balance her self-interest with the interest of others whilst striving to do what is right for the majority. I hope that you enjoy watching the complex and interesting characters that will be created by this year's cast and I encourage you to think about what leadership means to you, as Snowball tries to embody being the greatest leader that she can be.

Ryan (Napoleon):

Personally, I find the character of Napoleon compelling because of the way he never truly reveals his intentions. From the beginning of the play, Napoleon is plotting against his rivals and planning to take ownership of the farm for himself. However, at that point it is important to have all of the animals trust him - so my goal at the beginning is to try and

make him seem as friendly, helpful, and likable as possible. However, as the story progresses, his patience with the less intelligent animals begins to wane, and cracks in his facade begin to show. This darker side of him is also very fun to play around with, but the hardest part is the transition between the two and making sure that it is as jarring and unexpected as possible for the audience members. Not to mention by the end of the play, he has his likable mask back on as he tries to further manipulate the humans who he works with to his advantage. I don't think Napoleon ever truly tells anyone the truth of his actions, not even those closest to him - and this creates a lot of opportunity for subtle physicality and voice intonation in playing him.

Student Led Conferences

Dear Senior School Parents,

We invite you to participate in Student Led Conferences. These conferences are a valued part of Southridge's approach to education and provide an alternative means of assessment. These are 20 minute presentations that take place between the advisor, advisee and parents. They allow the student to celebrate his or her accomplishments, reflect on past experience and set goals for the future. In each grade, the students are asked to follow a particular theme and build on their goals and reflections. Please [click here](#) if you wish to see the themes and suggested guidelines for each grade.

This year, the conferences will be held on February 8th from 1:30 - 7:00 pm. Please use the Student Led Conference link in the Parents' Portal to book a conference with your son or daughter's advisor. Advisors have been allotted time for dinner and, in a few cases, family and extracurricular commitments. These will show up as blank spaces on their schedule.

Thank you for your time and support of the Southridge advisory program.

Norman Dods
Advisory Chair

Course Selections for 2018-2019

In the next few weeks I will be talking to students about their course selection options for the next academic year. There are limited choices for students currently in Grade 8, but an increasing range of elective courses as students move into the senior grades. I will be speaking to the Grade 8 and 9 students during period 1 on Tuesday, January 30th and to the Grade 10s during period 1 the following day, Wednesday, January 31st. Ms.

Livingston, Ms. Becker and I will join forces to speak to the Grade 11s during period 1 on Tuesday, February 6th.

Students will also be given course selection sheets in their planning classes to complete prior to entering their selections into Naviance – the data base system that we use to record and manage their choices. The course selection sheets are attached here for your convenience to allow you to discuss the various options with your children. The closing date for students to enter their choices on Naviance is Monday, March 5th.

We will also be holding an information evening on Thursday, February 15th in the Junior School Great Hall from 7:00 – 9:00 pm. The first part of the evening will cover a brief outline of the major changes that the Ministry is introducing to the graduation program and a review of the course options for students entering Grades 9-12 in September 2018 (our current Grade 8-11 students). Ms. Livingston will outline entry requirements and procedures for post-secondary study at Canadian and UK Universities and Ms. Becker will speak to the requirements and procedures for applications to US schools. The Curriculum Guide for 2018-2019 will also be posted on the Southridge website from February 15th and hard copies will be available at the evening information session.

I would encourage all students to talk to their peers, teachers, parents and counsellors, gaining as much knowledge as they can in order to make informed choices as they move forward with their academic goals. I think it is also important to stress that students should follow those courses in which they have a genuine interest or passion, remembering that excellence usually comes from engagement and commitment.

Jan Holt
Senior School Academic Program Director

Exploring a Career in Medicine

Each fall, Southridge provides opportunities for students to apply to a variety of programs to explore career pathways. Today's article is focussed on medicine. Each September, students in Grades 10, 11 or 12 can apply for nomination for a number of student experiential learning seminars at BC Children's Hospital and Gairdner Research Institute. Here is a summary of two of the opportunities and reflections from the students who participated:

Mini Med School

This year, two of our Grade 12 students completed the six week Mini Med School held in the evening at BC Children's Hospital, Samara Reyes and Jennifer Zhang wrote about their experience:

“Mini Med School is a series of seminars modelling medical school that introduce high school students to the different specialties of surgical medicine. Professors from the University of British Columbia spoke to us about the basics of surgical and anesthetic training, as well as about their own path to medicine. Learning about the integration of clinical care, education, and research to improve patient outcomes, the cases we explored pulled us into the world of medicine and left us hanging around long after each lecture to ask questions. Not only did we learn about the more technical aspects of each branch of surgery, the doctors offered insight into the impact of the profession on their lifestyles. We would both highly recommend this experience to anyone looking to gain insight into medicine and learn a little about healthcare!” Samara Reyes and Jennifer Zhang, Grade 12

The 6-weeks seminar series curriculum included:

Anesthesia Research & Technology, Global Surgery, Surgical Education, Cardiac Surgery, Eye Surgery, Neurosurgery, Surgical Training and Plastic Surgery

Discovery Days in Medicine

Morgan Muncey-Buckley attended a one day intensive program in December. She writes the following:

“This year, I was given the opportunity to participate in Discovery Days, held at BC Children’s Hospital. At the event, students were given a variety of stations to choose from, such as suturing, casting, and diagnosing various conditions, and getting hands on experience in the area. I was able to participate in both the Newborn Intensive Care and The Art of Casting stations, where I was able to learn about the fascinating differences between a fetus and a newborn, and the various processes it completes in order to become a full, healthy baby, as well as the results if any of these processes go wrong, as well as learn about the various forms of casting. I was able to get hands on experience in both these sessions, as I was able to perform CPR on a mechanical baby, as well as listen to, and measure the heartbeat of the baby, and in addition, I was able to practice casting on real humans, and try different techniques for different fractures. Overall, I would definitely recommend this experience for anyone interested in pursuing a career in medicine/health sciences.” Morgan Muncey-Buckley, Grade 11

BC Children’s Hospital and the Gairdner Research Institute provides a number of additional opportunities for high school students to explore the field of medicine:

Volunteering

Are you interested in job shadowing, career exploration, work experience or volunteering? The research institute does not have a formal placement process for

students but those interested in medicine can get involved in research by volunteering to work with investigators at BC Children's Hospital. Interested students are encouraged to [view the profiles of affiliated investigators](#) and contact the research teams directly about available opportunities.

Please note, for safety reasons you must be at least 16 years old to volunteer onsite.

Other Opportunities

Students interested in learning more about research may also be interested in the following programs offered in the Lower Mainland:

[Centre for Molecular Medicine and Therapeutics](#) – Training for Young Scientists

[James Hogg Research Centre](#) – Training Program

[UBC Let's Talk Science](#) - Lecture Series

[BC Cancer Agency](#) – High School Internship

[Science World](#) – Opening the Door

[StemCellTalks](#) - Lecture Series

[Cafe Scientifique](#) - Informal Talks

[Science in Action](#) - Outreach Programs

[Geneskool](#) - Workshops

[RISE](#) - Research in Science Exhibition

[Operation Med School](#) - Conference

[SHAD](#) - Summer Program

UPCOMING EVENT – “Spotlight On Medicine And Panel Discussion” at Southridge, Thursday, March 8th at 6:30pm – more details about the evening will be available shortly.

Ms. Livingston
Director of University Counselling and Career Education

University Update (getting a taste of university in Grade 11 or 12)

Each year, universities invite high school students to attend conferences that help them understand various faculty and programs and the opportunity to experience the campus. There are numerous programs advertised through the University Counselling Office and often require nomination by the high school to attend.

Two examples:

1. Each November, Queen's University offers a week-long immersive experience in studying business for high school grads with their QLEAD program. Linda Otamendi attended this year and had an amazing week exploring entrepreneurship, finance, operations, economics etc. QLEAD (Queen's Leadership, Excellence and Development) cultivates a collaborative environment that empowers young leaders to excel. Through exposure to engaging business challenges and networking opportunities, senior high school students can learn from other's diverse perspectives and discover their leadership potential.
2. Every January, UBC invites Grade 12s across the province to attend their annual Leadership Conference. It is a day jam-packed with speakers, workshops and presenters. This year's theme was "Create Momentum" and Saavin Lidder attended. Here are her reflections:

"On Saturday January 13th, I had the pleasure of attending the UBC Student Leadership Conference. The annual event is the largest student organized conference in Canada, where I had the opportunity to explore my leadership abilities and connect with amazing individuals. The theme this year was "Create Momentum"; the idea that all change begins with a single action, an idea and desire to turn "ripples into waves". I was able to participate in several engaging workshops that developed this theme. I also participated in a Living Library, where I was able to speak with an active member of the community in a small group consisting of only 7 other students. We were able to ask questions directly to a Ph.D candidate who turned his research on concussions into a business, creating an online platform (Headcheck Health) for coaches to store data on their athletes. To hear from influential keynote speakers, Gabrielle Scrimshaw and George Stroumboulopoulos, was an invaluable experience. Their insightful discussions on current important issues such as reconciliation, freedom of speech on university campuses and diversity have greatly influenced how I think about taking action. I would highly recommend anyone to attend this impressive event. Speaking with some of the greatest thought leaders of our time and student leaders has simply been an amazing, inspiring experience."

Yvette Livingston
Director of University Counselling

Both Schools

Country Fair VOUNTEERS NEEDED!

Have you ever wanted to get more involved with planning the Country Fair? Here's your chance!

This year we are looking to fill several "shadow" positions, which are for interested volunteers to learn the ropes in order to take over the role in 2019.

Recycled Toys—DEPT HEADS (Shadows)

Two people are needed to shadow the Department Heads in Recycled Toys in order to take over in 2019. The Recycled Toys Department Head is responsible for:

- Organizing and managing the recycled toys area during the 7 days of collection week and Fair Day.
- Attending committee meetings as needed.
- Determining volunteer requirements and ensuring volunteers follow policy and procedures.
- Liaising with fellow department heads to determine logistical, equipment, supply, signage and space needs for assigned area.
- Organizing and working with volunteers on Fair Day to set up, run, and tear down area as directed. Of note, hours of operation are earlier and longer than regular Fair hours and include setting up on Friday.
- The Department Heads must also supervise volunteers with cash.

Bake Table—DEPT HEAD (Shadows)

Two people are needed to shadow the Bake Table Department Heads in order to take over in 2019. The Bake Table Department Head is responsible for:

- Organizing the collection of baked goods from parents as per Fraser Health's established requirements.
- Coordinating, as desired, baking volunteers to assist in additional bake table submissions for families wishing to provide a donation in-lieu.

- Organizing assigned volunteers to package, label, price and display baked goods.
- Attending committee meetings as needed.
- Determining volunteer requirements and ensuring volunteers follow policy and procedures.
- Liaising with fellow department heads to determine logistical, equipment, supply, signage and space needs for assigned area.
- Organizing and working with volunteers on Fair Day to set up, run, and tear down area as directed. Of note, hours of operation are earlier and longer than regular Fair hours, including Collection Day.
- The Department Heads must also supervise volunteers with cash.

Ready to jump right in? A Department Head is needed *immediately* for:

Recycled Treasures—DEPT HEAD

Someone is needed immediately to join the other Department Head in Recycled Treasures! The Recycled Treasures Department Head is responsible for:

- Organizing and managing the Recycled Treasures area during the 7 days of collection week and Fair Day.
- Attending committee meetings as needed.
- Determining volunteer requirements and ensuring volunteers follow policy and procedures.
- Liaising with fellow department heads to determine logistical, equipment, supply, signage and space needs for assigned area.
- Organizing and working with volunteers during collection week and on Fair Day to set up, run, and tear down area as directed. Of note, hours of operation are earlier and longer than regular Fair hours and include setting up on Friday.
- The Department Heads must also supervise volunteers with cash.

Please contact volunteer@southridge.bc.ca if you are interested in filling one of these essential positions!

GALA COMMITTEE

The annual Southridge Gala is our premier fundraising event, held the second Saturday in November. Each year, our volunteer Gala Committee sets the tone with a unique theme, décor and atmosphere for the enjoyment of our community. If you are interested in becoming involved with the Gala 2018, we will find a position that is just perfect for you. Please contact volunteer@southridge.bc.ca so we can start the conversation!

Join the Southridge School Sun Run Team!

The days are getting longer and the weather is getting warmer—making it the perfect time to get running and training for the Vancouver Sun Run. This year’s event will take place on Sunday, April 22nd at 9:00 AM. We had a large Southridge contingent last year, and we are hoping for an even bigger team this year! All ages are welcome to take part in this fun and fit community event. Whether your goal is to run the full 10 K race or the 2.5 K Mini Sun Run, we would love to have you join us on the Southridge team.

Thanks you to the 15 of you who have already joined our school team! For those of you who have not yet had the chance and would like to run with the Southridge team, beat the rush and sign up by February 15th to enjoy an ‘early bird’ discount— making the cost only \$22 per student and \$35 per adult! To register, go to <https://register.vancouversunrun.com/#!/events/2018-vancouver-sun-run> and click on “Join an existing team.” Our team name is “Southridge School” and the password to join the team is “southridge”. The online registration seems to be very user-friendly this year, but please email us if you have any questions.

Happy running!

Dr. Bospflug (kbspflug@southridge.bc.ca) and Ms. Fera (dfera@southridge.bc.ca)

Southridge Cafè

Here are a few things that hopefully will help you and help us keep everyone happy and with full tummies.

- We welcome feedback of any kind. Please do not hesitate to email us with any concerns or requests. southridge@canuelcaterers.ca
- The kitchen is always happy to help accommodate anyone with diet concerns or allergies.

- Breakfast is ready each morning at 7:30 am. Every morning, we also bake fresh muffins, cookies, scones and cinnamon buns.

Please review the attached menus for January.

Canuel Caterers

Uniform Shop News

The Uniform Shop will be closed for inventory check on February 1st (Thursday). We will resume our regular hours on February 5th (Monday). Thank you for your understanding.

Our opening hours are:

Monday – Thursday 7:45 - 9:00 am and 2:00 - 4:00 pm

Friday: closed

Phala Tan
Business Services Manager



Southridge School

Course Selection – Grade 9 – 2018/19

Name: _____

Please prepare this sheet carefully before completing your course selections in Naviance.

1	English 9	← Required
2	Social Studies 9	← Required
3	Mathematics 9 & ADST: Robotics 9*	← Required
4	Science 9	← Required
5	French 9	← Required
6	Physical & Health Education 9	← Required
7	Career Education 9	← Required
8		← Elective 1 st Choice
9		← Elective 2 nd Choice
		← Elective 3 rd Choice

- We will make every attempt to give you your first two choices, but this will be subject to class size and scheduling restrictions.

Elective Choices:

Art 9	Concert Band 9	Drama 9
Media Arts 9	Jazz Studies 9**	Spanish 9

*ADST 9: Robotics is integrated into the Mathematics 9 program.

**If you enrol in Jazz Studies 9, you must also be enrolled in Concert Band 9 unless you have permission from Mr. Burrage.



Southridge School

Course Selection – Grade 10 – 2018/19

Name: _____

Please prepare this sheet carefully before completing your course selections in Naviance.

1	English 10			← Required
2	Social Studies 10			← Required
3	Foundations of Math 10		Pre-Calculus 11	← One Required
4	Science 10			← Required
5	Physical & Health Education 10			← Required
6	Career Education 10			← Required
7	French 10		Spanish 10*	← One Required
8				← Elective 1 st Choice If you want 2 languages write French or Spanish here
9				← Elective 2 nd Choice
				← Elective 3 rd Choice

- We will make every attempt to give you your first two choices, but this will be subject to class size and scheduling restrictions.

Elective Choices:

Art 10	Drama 10	Media Arts 10
Spanish 10*	Instrumental Music 10	Information Technology 11
Theatre Company 10***	Instrumental Jazz 10**	

*To take Spanish 10, you must have completed Spanish 9

**If you enrol in Instrumental Jazz 10, you must also be enrolled in Instrumental Music 10 or have permission from Mr. Burrage.

*** If you enrol in Theatre Company you are committed to take part in the major school play.



Southridge School



Course Selection – Grade 11 – 2018/19

Name: _____

Please prepare this sheet carefully before completing your course selections in Naviance.

Grade 11 is the first year in which students have significant choice in selecting their courses. It is important that students and their families consider their options carefully. Students should research areas of interest and consider the available grade 12 courses in the light of obtaining the prerequisites for their chosen university programs. It is strongly recommended that students utilize the course selection planning grid before entering course requests in Naviance. Spares are not permitted in Grade 11.

Important Note: It is a Southridge expectation that students will take a fine art course in grade 11 or 12. (Visual Art, Media Arts, Band, Drama)

1	English 11		English 11 (AP)		← One Required
2	Active Living 11		Fitness and Conditioning 11		← One Required
	Career Education 11				← Required
3	Foundations of Math 11			← One Required	
	Pre- Calculus 11				
	Pre-Calculus 12				
4	French 11			← One Required. You may select another language as an elective	
	French 12				
	Spanish 11/12				
5				← Required (a Science Course)	
6				← Required (a Social Studies Course in Grade 11 or 12)	
7				← Elective	
8				← Elective	
				← Alternate Elective	

Please see reverse side of this page for important information about course selection and planning.



Grade 11 Course Choices and Electives

English Electives	Humanities Electives	Science Electives	Language Electives	Arts Electives
English 11 English 11 (AP): AP English Language and Composition ³	Economics 12 History 12 Law 12 Philosophy 12 AP European History 12 AP Human Geography 12	Chemistry 11 Chemistry 11: Honours ¹ Physics 11 AP Physics 1 Life Science 11 (Biology 11) Biology 11: Honours ² Anatomy and Physiology 12 (Biology 12) ² Geology 12	French 11 French 12 Spanish 11/12	Art Foundations 11 ⁴ Media Arts 11 ⁵ Concert Band 11 Theatre Performance 11 Theatre Company 11 ⁶
			Physical Education Electives	Applied Skills Electives
			Active Living 11 Fitness and Conditioning 11	Information Technology 11 ⁷ Information Technology 12

Please read the following notes carefully:

- ¹ In order to enroll in Chemistry 11 Honours or AP Physics 1 students must achieve 86+% in Math 10 **and** 86+% in Science 10 and permission from the Curriculum Leader. Chemistry 11 Honours **is required** for AP Chemistry. AP Physics 1 **is required** for AP Physics 2. Biology 11 Honours **is required** for AP Biology.
- ² Students who select Biology 11 Honours or Biology 12 in grade 11 must have 86% in Science 10.
- ³ English 11 (AP) requires 90% in English 10 and recommendation by the instructor.
- ⁴ Art Foundations 11 is a prerequisite for Art Foundations 12.
- ⁵ Media Arts 11 is a cross-disciplinary course that meets the requirements for both Arts and Applied Skills. Media Arts 11 is a pre-requisite for Media Arts 12.
- ⁶ Students enrolled in Theatre Company 11 are expected to perform in the major Senior School production
- ⁷ Information Technology 11 is a prerequisite for Information Technology 12 unless previous computer proficiency can be demonstrated to and accepted by the instructor.

Grade 11 students will have the opportunity to take available grade 12 courses. Students who choose AP courses in grade 11 must show demonstrated ability in the subject area, have the recommendation of their Grade 10 teacher, and have the approval of the Curriculum Leader. **Priority will be given to Grade 12 students.**



Southridge School



Course Selection – Grade 12 – 2018/19

Name: _____

Please prepare this sheet carefully before completing your course selections in Naviance.

It is strongly recommended that students utilize the course selection planning grid before entering course requests in Naviance. Southridge School expects that every student will **be enrolled in 6 classes**. Southridge students are also expected to have completed a fine art course in either grade 11 or 12. Career Ed 12 is a mandatory university preparatory class, but should not be included as one of the six required courses, as it meets only once per 8 day cycle.

English 12 is required for graduation and there is a mandatory provincial examination for this course. Students can meet the requirements for English 12 through English 12, English 12: Creative Writing or English 12: Journalism and English 12: AP English Literature and Composition.

1	English 12	← One Required
	English 12 (Creative Writing)	
	English 12 (Journalism)	
	English12: AP English Literature	
2		← Required Elective
3		← Required Elective
4		← Required Elective
5		← Required Elective
6		← Required Elective
7		← Optional Elective
	Career Education 12	← Required (Once per cycle)

Please see reverse side of this page for important information about course prerequisites.



Grade 12 Course Choices and Electives

English Electives	Mathematics Electives	Science Electives	Humanities Electives	Modern Language Electives	Additional Electives
English 12 English 12 (Creative Writing Focus) English 12 (Journalism Focus) AP English Literature & Composition	Foundations of Mathematics 12 Pre-Calculus Mathematics 12 Calculus 12 AP Calculus AB AP Calculus BC	Chemistry 11 Chemistry 12 AP Chemistry ¹ Physics 11 Physics 12 AP Physics 1 AP Physics 2 ² Anatomy and Physiology 12 (Biology 12) AP Biology ³ Geology 12	Economics 12 AP Microeconomics History 12 Law 12 Philosophy 12 AP European History AP Human Geography	French 12 Spanish 11/12 AP French Language & Culture	Concert Band 12 Media Arts 11 Media Arts 12 ⁴ Theatre Company 12 Theatre Performance 12 Active Living 12 Fitness and Conditioning 12 Art Foundations 12 ⁵ Information Technology 11 or 12 ⁶

Prerequisites:

Science

Science and Applied Science university programs typically require Chemistry 12 and/or Physics 12. Life and Health science university programs typically require Chemistry 12 and/or Biology 12. Life Science 11 (Biology 11) is not required to take Anatomy and Physiology 12 (Biology 12).

¹ Students must have completed Chemistry 11 Honours in order to enroll in AP Chemistry.

² Students must have completed AP Physics 1 in order to enroll in AP Physics 2.

³ Students must have completed Biology 11 Honours in order to enroll in AP Biology.

Humanities & Applied Skills

⁴ Students who have not taken Media Arts 11 need permission from the instructor to enroll in Media Arts 12.

⁵ Art Foundations 11 is a prerequisite for Art 12.

⁶ Information Technology 11 is a prerequisite for Information Technology 12 unless previous computer proficiency can be demonstrated to and accepted by the instructor.

	Mon-29	Tues-30	Wed-31	Thur-1	Fri-2
Breakfast	Smoothie Day	Blueberry Muffin	Smoothie Day	Bacon Egger	Smoothie Day
Chef's Entree	Chicken & Fries	Salad Bar	Burrito Bar	Salad Bar	Fish Taco
Pasta Bowl	Cannelloni	Spaghetti	Mac and Cheese	Alfredo	Marinara
Grill Central	Fish Burger	Stuffed Chicken	BBQ Ribber	Pizza	Japa Dog
Weekly Panini	Chicken Caesar	Chicken Caesar	Chicken Caesar	Chicken Caesar	Chicken Caesar
Great Greens	Chic Pea Salad	Salad Bar	Chef Salad	Salad Bar	Tossed Salad

We always offer our regular menu in addition to our daily specials



	Mon-5	Tues-6	Wed-7	Thur-8	Fri-9
Breakfast	Smoothie Day	Blue Berry Muffin	Smoothie Day	Bacon Egger	
Chef's Entree	Butter Chicken	Salad Bar	Pot Pie	Salad Bar	No School
Pasta Bowl	Ravioli	Italiano	Mac and Cheese	Rose'	
Grill Central	BBQ Bacon Burger	Stuffed Chicken	Beef Dip and Fries	Pizza	No School
Weekly Panini	Chicken Pesto	Chicken Pesto	Chicken Pesto	Chicken Pesto	Chicken Pesto
Great Greens	Thai Noodle	Salad Bar	Chef Salad	Salad Bar	Tossed Salad

We always offer our regular menu in addition to our daily specials



	Mon-12	Tues-13	Wed-14	Thur-15	Fri-16
Breakfast	Family	No	Smoothie Day	Bacon Egger	Smoothie Day
Chef's Entree	Day	School	Chicken Chow Mein	Salad Bar	Chicken Fried Rice
Pasta Bowl	No		Mac and Cheese	Alfredo	Primavera
Grill Central	School	No	Spring Rolls	Lemon Grass Chicken	Japa Dog
Weekly Panini		School	BBQ Chipotle	BBQ Chipotle	BBQ Chipotle
Great Greens			Caesar Salad	Salad Bar	Chef Salad

We always offer our regular menu in addition to our daily specials



Mon-19

Tues-20

Wed-21

Thur-22

Fri-23

Breakfast

Smoothie Day

Sausage Wrap

Smoothie Day

Berry Muffin

Smoothie Day

Chef's Entree

Chicken and Fries

Salad Bar

Burrito Bar

Salad Bar

Fish Taco

Pasta Bowl

Italiano

Ravioli

Mac and Cheese

Alfredo

Primavera

Grill Central

Pot Pie

Chicken Noodle Bowl

BBQ Ribber

Pizza

Spicy Chicken Brg

Weekly Panini

Chicken Caesar

Chicken Caesar

Chicken Caesar

Chicken Caesar

Chicken Caesar

Great Greens

Pasta Salad

Salad Bar

Chicken Caesar

Salad Bar

Tossed Salad

We always offer our regular menu in addition to our daily specials



	Mon-26	Tues-27	Wed-28	Thur-1	Fri-2
Breakfast	Smoothie Day	Bacon Wrap	Smoothie Day	Blue Berry scone	Smoothie Day
Chef's Entree	Chicken Enchilada	Salad Bar	Red Thai Curry	Salad Bar	Fish and Chips
Pasta Bowl	Cannelloni	Alfredo	Mac and Cheese	Italiano	Marinara
Grill Central	BBQ Bacon Burger	Stuffed Chicken	Hot Wrap	Personal Pizza	Spicy Chicken Brg
Weekly Panini	Chicken Pizza	Chicken Pizza	Chicken Pizza	Chicken Pizza	Chicken Pizza
Great Greens	Chic Pea Salad	Salad Bar	Chef Salad	Salad Bar	Tossed Salad

We always offer our regular menu in addition to our daily specials

