

# **Weekly Voice**

# The Changing Face of Academic Rigor

When you think of a rigorous academic environment, what's the first thing that comes to mind? I would imagine descriptors such as high expectations, challenging course material, attention to detail, a demanding workload and exacting standards are foundational for many people. There is, of course, an element of accuracy to that line of thinking; however, truth be told, there is no clear definition of academic rigor, or even consensus among educators about what it is. On the other hand, there are plenty examples of good intentions gone wrong – even at Southridge.

It should come as no surprise that there are many stereotypes associated with independent schools, especially independent schools that strive to develop an academic environment that prepares students for a post-secondary education. To be sure, "university prep" schools are often considered the most highly rigorous of all independent schools, and for good reason. After all, if the perceived value of a school is to enable its students to gain entrance into reputable post-secondary programs and institutions, it stands to reason that its academic program better be rigorous.

What's interesting to observe, however, is how academic rigor is demonstrated both programmatically and culturally within schools. At Southridge, for example, academic rigor was once demonstrated programmatically by our students sitting two full sets of five examinations (in December and June) every year – beginning in Grade 4. Being a "university prep" school, it was reasoned, the sooner we begin replicating the assessment practices that universities use, the better the chances of success for our students. Culturally, we also believed it was good practice to demonstrate academic rigor by posting student class rankings publicly – beginning, again, in Grade 4.

It didn't take us long to realize that the genesis of our demonstrations of academic rigor had very little to do with what is best for student learning. In fact, the assessment practices we were replicating from universities were based on economics – money and efficiencies. Universities gave very little, if any, consideration to what is best for learners. And those public class rankings? A dangerously erroneous way to motivate.

Admittedly, there remain elements of our practices at Southridge that are based on the commonly held fundamental perceptions of academic rigor. For example, academic prizes and awards based on percentage grades alone that recognize academic achievement as the sole arbitrator of ability may seem rigorous, but I wonder how the



vast majority of our students feel about their own growth and development when they receive the clear public message that they didn't do well enough? Do awards and prizes send the right message?

As with so many ethical dilemmas about what's right (and wrong), the paradigm that underscores our actions and decisions needs careful consideration. Southridge is no less rigorous for having varied assessment practices that no longer require 9-year-old children to write two sets of five exams in an examination hall, or to see their names publicly displayed on a list of who's "smart" and who isn't. To be sure, Southridge is even more rigorous today than it was back in the day.

On a daily basis, we have high expectations for our students to be more demonstrably engaged in their own learning as they actively construct knowledge; our teachers and the design of their courses challenge our students to think more critically, more creatively and more conceptually than ever before; we pay even more attention to the details surrounding the kinds of higher level analytical questions we ask our students to grapple with and discuss; our students are faced with the demand of work that calls on them to form their own opinions and support them with intelligent evidence; and there is an even more overt demonstration of learning as it relates to the implementation of standards based assessment practices.

Certainly, there is a critical paradigm shift in the demonstration of academic rigor – high expectations, the sense of challenge, attention to detail, demanding work and exacting standards. Thankfully, the changing face of academic rigor at Southridge will continue to evolve, and our learning environment will be all the better for it.

Have a wonderful week!

Drew Stephens Head of School



# **Important Dates**

Event	Date	Time	Location
Senior Play – Animal Farm	Wednesday, February 21	7:00 pm	Alan Brown Great Hall
Junior School Noon Dismissal	Thursday, February 22	Noon	Junior School
Junior Student Led Conferences	Thursday, February 22	1:00 pm	Junior School
Senior Play – Animal Farm	Thursday, February 22	7:00 pm	Alan Brown Great Hall
Casual Day	Friday, February 23	All Day	Both Schools
Junior School Design Fair	Friday, February 23	8:00	Junior School Great Hall
Senior Play – Animal Farm	Friday, February 23	7:00 pm	Alan Brown Great Hall
Senior Play – Animal Farm (SOLD OUT)	Saturday, February 24	7:00 pm	Alan Brown Great Hall
Full School Assembly	Tuesday, February 27	10:20 am	Senior Gym
Junior School Assembly	Wednesday, February 28	8:10 am	Junior School Great Hall
Grade 8 Bandfest	Thursday, March 1-2	8:00 am	Victoria
Term 2 Ends	Friday, March 2		Both Schools
Term 2 AR Deadline	Friday, March 2		Junior School
House Assembly	Friday, March 2	8:35 am	Junior School
Term 3 Begins	Monday, March 5		Both Schools
Junior Assembly	Wednesday, March 7	8:10 am	Junior School Great Hall
PYP Arts Showcase Tech Rehearsal	Friday, March 9	8:30 am	Junior School Great Hall
House Captain Theme Day	Friday, March 9	All Day	Junior School
Senior School Captain Forum	Monday, March 12	8:30 am	Alan Brown Great Hall
PYP Celebrates the Arts! Dress Rehearsal for MYP Classes	Monday, March 12	12:45 pm	Junior School Great Hall
PYP Celebrates the Arts! Matinee Performance	Tuesday, March 13	1:45 pm	Junior School Great Hall
Junior Assembly	Wednesday, March 14	8:10 am	Junior School Great Hall
PYP Celebrates the Arts! Evening Performance	Wednesday, March 14	6:30 pm	Junior School Great Hall



# **Junior School News**

# Student-Led Learning Conferences: Thursday, February 22<sup>nd</sup> (noon dismissal)

Throughout the learning process, students actively select work samples and write reflections to include in their PYP or MYP Portfolios. These pieces reflect many different subject areas, skills and attributes as they relate to the elements of the IB PYP and MYP programs and demonstrate their own personal reflections and growth as a learner. On Thursday, February 22, 2018 students will have the opportunity host their own student-led learning conference. This is an important opportunity for students to showcase and communicate their growth with their parents. Please be aware that there will be a **12:00 noon dismissal** on that day to accommodate the conferences. Please save the date and plan to be present to support your child.

## **Mark Your Calendars!**

Please mark your calendars – registration for Term 3 of After-School Clubs will open on Thursday, March 1st. Term 3 will run from April 3rd to June 21st.

Program details to follow!

Rita Rai After-School Clubs Coordinator

# Great Season for the Grade 6 Girls' Basketball Team

The Grade 6 Girls' Basketball team have had a great season full of hard work, grit, and determination! This past week, they represented Southridge at the ISEA Play Day held at the Richmond Olympic Oval. With a season of four wins, two losses, and one tie, they knew that they wanted to leave it all out on the court for their final matches of the year. The girls won two games and lost two games. The games that they did lose were by one and two baskets. It was great to watch the team setting up plays, rebounding at the baskets, and sinking their layups. Way to go girls, you should all be proud of a wonderful season!



# **Senior School News**

## **Last Chance: Purchase Your Tickets for 'Animal Farm'**

The Senior School Drama Department's four-show run of George Orwell's 1945 classic, Animal Farm, kicks off tonight!

This play begins as a young boy and girl take the novel *Animal Farm* from a bookshelf and sit by a toy barnyard to read. While they do so, the barnyard becomes an imaginative set in which the barnyard animals seek to take control of the yard. The theme for this show is "absolute power, corrupts absolutely."

The production will NOT be videotaped this year, so your only chance to see it is by attending one of the shows!

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## Performances run from February 21-24 in the Alan Brown Great Hall, as follows:

- Wednesday, February 21 7:00 pm
- Thursday, February 22 7:00 pm
- Friday, February 23 7:00 pm
- Saturday, February 24 7:00 pm (SOLD OUT)

## Click here for tickets.

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Our cast and crew have dedicated many hours to bringing this story to life, and we have created something very special that you won't want to miss!

We hope to see you there!

Senior School Drama Department

# Senior School Basketball Keeps Rolling!

It has been another banner season for our teams, and they are not all done yet. Thank you to all the fans (including students, faculty, staff and parents) who have supported the teams throughout the year. It makes for a great atmosphere and, without question, inspires our players to give that little bit of extra effort. Our student-athletes have represented Southridge exceptionally well and couldn't have done it without the support and leadership of all our coaches, sponsor teachers, and managers.

The Grade 8 Girls' Basketball team completed their season with 2 wins and 2 losses at the ISA Championships, placing 6th out of 10 teams. There is a strong, keen group of



players that developed this year. Meanwhile, the Grade 8 Boys won the ISA Championship over the weekend, which is their 3<sup>rd</sup> tournament title this year. Congratulations to both Grade 8 teams!

On the Junior side, the Junior Girls placed 7<sup>th</sup> in the Surrey playoffs and lost a tough battle to Abby Secondary in the first round of Fraser Valleys which ended their season. After a disappointing season last year, the Junior Boys bounced back to compile an impressive record of 24 wins and 6 losses. Although their season came to an end with an upset during the Fraser Valley tournament, they finished a very high 3<sup>rd</sup> out of all the Surrey teams to go along with their ISA Championship win. Congratulations to both Junior teams on their seasons!

The Senior Girls competed in the Fraser Valley playoffs last week. After winning their opening game against Samuel Roberts Technical, they came up short against Langley Christian. In what turned out to be their final game against Abbotsford Christian, they played really well defensively but unfortunately couldn't capitalize on their chances underneath the hoop. Even though the season had a disappointing end, they are proud of how much their team grew as players and individuals and are really looking forward to next season.

The Senior Boys remain as the final Southridge team still playing. After an awesome Senior's Night home victory over Pacific Academy last Thursday, they have earned the right to host several of the opening round games in the Fraser Valley Championships. Archbishop Carney plays Pacific Academy at 3:15 pm on Wednesday, February 21<sup>st</sup> while our own Southridge Storm faces Langley Fundamental at 4:45 pm. If they win Wednesday, Southridge will play again at 4:45 pm on Thursday, February 22<sup>nd</sup>. With the Senior School Drama Production of *Animal Farm* at 7:00 pm on both those nights, you can enjoy a great Southridge 'double-header'!

Katherine Toy, Kale Fehr (Athletic Stewards) Gordon Smith (Senior School Director of Athletics)

# Senior Boys' Basketball

Please come out and support our Senior Boys as they take on Langley Fundamental TODAY at 4:45 pm in our gym in game #1 of the Fraser Valley Championships. To spice up the game a little bit, Mr. Smith has made a bet with his good friend, Adam Moore (the Principal at Langley Fundamental) and the losing Principal has to wear the other school's jersey all day the next day! Let's get a big Southridge crowd out to the game!





Katherine Toy, Kale Fehr (Athletic Stewards)
Gordon Smith (Senior School Director of Athletics)

# **Southridge Senior School Gymnastics**

This year, Tatum Byrne and Charlotte Luking are competing for Southridge, most recently at the Fraser Valley Championships on Monday, February 12<sup>th</sup>.

Tatum and Charlotte had a great turnout at the gymnastics Fraser Valley Championships. Tatum competed in level 1 and came first overall with great scores on beam, bars, vault and floor. She has qualified for the Provincials in March and is very excited. Charlotte competed in level 2 and came 6<sup>th</sup> overall with a great turnout on both vault, and floor. Charlotte has also qualified for the Provincials and will be excited to compete that in March alongside Tatum.

# **Casual Day \$5 Donation for Country Fair Gift Baskets**

Now that the Country Fair is just around the corner (Saturday, May 5th), we are asking your support to ensure that your child makes a **\$5 Donation** to the Senior School casual day, this Friday.

All monies raised will go towards purchasing items for the always-popular Gift Basket table and your child's **\$5 Donation** will help to ensure that this year's Country Fair is one of the best yet!



Thank you in advance for your kind support and contribution to this amazing community event – see you May 5th!

Kimi Cavaleri and Cheryl Spence 2018 Gift Basket Team

# **The Cinderella Project**

It was another amazing year at Boutique Day for Cinderella Project. We helped to provide 187 Cinderella and Cinderella Fellas with outfits for their upcoming graduation (2018). Thank you to the Grade 12 Cinderella Project Committee for making their dreams come true! A Grade 12 legacy program, Southridge has been fundraising for the Cinderella Project for 15 years!

Monica Froh
Parent Volunteer

# Summer Session Math Opportunity: Foundations of Math & Pre-Calculus 10

A number of students have expressed interest in attending a summer session to complete the requirements for FMP 10, which would, if successful, allow them to move into Pre-Calculus 11 in the 2018-19 school year. Students who are contemplating this degree of acceleration are advised that they should have an "A" in their current Math program or have the recommendation of their teacher. The course would also be open to students who have completed FMP 10 but who might wish to improve their understanding of the course content and potentially upgrade their marks.

This course will be delivered through a combination of at home preparation, video lessons, on-line tutorials and on-campus classes. Students can expect to complete 10-12 hours of work at home per week. Students must be available to be in full attendance each day of the course and any student with more than two absences might be required to withdraw.

If you are interested in this opportunity we would need the registration form, together with the authorization to charge your account for the full cost of the program, by Monday, March 12<sup>th</sup>. The course will need a minimum of 9 students in order to run.

### Dates and cost:

Tuesday July 3<sup>rd</sup> Friday August 10<sup>th</sup> Tuesday through Friday: 8:00am – 11:00am



Cost: \$1,300

A flyer with full details of this opportunity will be posted on the parent portal and copies will also be available at the front desk by Wednesday, February 14<sup>th</sup>.

Thank you for your interest.

Jan Holt Senior School Academic Program Director

# "Getting to know you...getting to know all about you"

Just like the lines from this song from a popular musical, there is an important role that post-secondary guidance fulfills in helping students get to know about university and college programs.

In addition to the preparation and support provided in our school through our Career Education courses, university counsellors must also travel outside the school to promote how we prepare our students for success in a post-secondary environment. That means we take time to meet with admissions professionals and receive updated program and application information by attending conferences, updates and workshops hosted by the universities.

As Mr. Smith wrote last week, Mrs. Becker has recently returned from visiting the California colleges that have been of popular interest for our student body. Over the past 3 years, Ms. Livingston has visited universities and met with admissions folks in the U.K. (England and Scotland) and toured our own amazing universities in Ontario, Saskatchewan and the Maritime provinces of Nova Scotia and New Brunswick.

On these visits, we are familiarizing ourselves with the campus and listening to what each university and admissions team is looking for but more crucially we are engaging in a two-way conversation, where we promote our school, our students, the integrity of our teaching and academics as well as the robust co-curricular programming that builds character and strengths beyond the classroom.

One of the ways in which the relationship building with universities works well for our students, is that we are marketing what our school does best and building their familiarity with what our students will bring to their campus and program of interest. Each fall, we then invite the university recruiters to visit Southridge to meet with our students, to tour our wonderful school and see first-hand the teaching and co-curricular activities in action.



If you would like to know more about the services and support provided by the University Counsellors, we will be presenting:

- Wednesday, February 28<sup>th</sup> at 9:00 am in the University Counselling Area, Room 238. Join us for coffee and conversation about U.K. universities with Ms. Livingston
- Thursday, March 8<sup>th</sup> at 9:00 am in the University Counselling Area, Room 238. Join us for coffee and conversation about what's new in Canadian universities admissions and programs with Ms. Livingston

Yvette Livingston
Director, University Counselling

# **Paying It Forward!**

This week, we welcome members of the class of 2017, who are home for Reading Break, to come back for two sessions around the fireplace in the Library with the Class of 2018. They will share their advice, tips and wisdom about their experiences in university.

Yvette Livingston
Director, University Counselling

# Parents of 2018 Grads - Save The Date!!

Now that we are in 2018, questions regarding the details for the Grad 2018 Convocation and Dinner & Dance are starting to arise. We will be mailing formal invitations to families of the graduates at the beginning of Spring Break which will have all the relevant information. However, for those who are starting to plan now, these are the details:

#### Convocation

Date: Friday, 22 June 2018
Location: Southridge gymnasium
Cost: none (no tickets needed)

RSVP: no need to RSVP

### **Dinner & Dance**

Date: Saturday, 23 June 2018

Location: Vancouver Convention Centre
Cost: \$125 per ticket (including graduate)
# of Tickets: 4 per graduate (including graduate)
RSVP dates: ordering opens Monday, March 26<sup>th</sup>



ordering closes Monday, April 9th

Additional ticket requests can be made at the time of purchase and will be considered after May 1st.

Feel free to contact me if you have any questions.

Brenda Becker bbecker@southridge.bc.ca

# **Languages Tour to Guadeloupe 2018**

We will again be taking 12 students to Guadeloupe from December 29<sup>th</sup> to January 12<sup>th</sup>, 2019 to study French and the culture of the island. The students will attend four hours of classes each day, working towards the appropriate DELF level for their skills. The other half of the day will be filled with immersion in the community through museum visits and activities. If you are interested in this tour, please email Madame Lew at the school (mlew@southridge.bc.ca). There will be a **parent meeting on Thursday, March 1<sup>st</sup> at 6:30 pm in Room 221** for anyone who is interested in the tour. Approximate cost of the tour is \$4,600 but is dependent on the activities the group chooses.

Myrna Lew Senior School French Teacher

# **Both Schools**

# **Get Involved with the Country Fair!**

Have you ever wanted to get more involved with planning the Country Fair? Here's your chance!

We are still looking to fill several "shadow" positions, which are for interested volunteers to learn the ropes in order to take over the role in 2019.

## Bake Table - Department Head (Shadows)

Two people are needed to shadow the Bake Table Department Heads in order to take over in 2019. The Bake Table Department Head is responsible for:



- Organizing the collection of baked goods from parents as per Fraser Health's established requirements.
- Coordinating, as desired, baking volunteers to assist in additional bake table submissions for families wishing to provide a donation in-lieu.
- Organizing assigned volunteers to package, label, price and display baked goods.
- Attending committee meetings as needed.
- Determining volunteer requirements and ensuring volunteers follow policy and procedures.
- Liaising with fellow department heads to determine logistical, equipment, supply, signage and space needs for assigned area.
- Organizing and working with volunteers on Fair Day to set up, run, and tear down area as directed. Of note, hours of operation are earlier and longer than regular Fair hours, including Collection Day.
- The Department Heads must also supervise volunteers with cash.

## Ready to jump right in? Department Heads are needed immediately for:

## Recycled Treasures - Department Head

Someone is needed immediately to join the other Department Head in Recycled Treasures! The Recycled Treasures Department Head is responsible for:

- Organizing and managing the Recycled Treasures area during the 7 days of collection week and Fair Day.
- Attending committee meetings as needed.
- Determining volunteer requirements and ensuring volunteers follow policy and procedures.
- Liaising with fellow department heads to determine logistical, equipment, supply, signage and space needs for assigned area.
- Organizing and working with volunteers during collection week and on Fair Day to set up, run, and tear down area as directed. Of note, hours of operation are earlier and longer than regular Fair hours and include setting up on Friday.
- The Department Heads must also supervise volunteers with cash.



## Student Volunteer Centre - Department Head

Two people are needed immediately to take over as Department Heads for the Student Volunteer Centre. The Student Volunteer Department Head is responsible for:

- Overseeing student volunteers to assist with Country Fair games and activities at the Volunteer Check-In Centre on Fair Day.
- Attending committee meetings as needed.
- Determining volunteer requirements and ensuring volunteers follow policy and procedures.
- Liaising with fellow department heads to determine logistical, equipment, supply, signage and space needs for assigned area.
- Organizing and working with volunteers on Fair Day to set up, run, and tear down area as directed. Of note, hours of operation may be earlier and longer than regular Fair hours.

Please contact <u>volunteer@southridge.bc.ca</u> if you are interested in filling one of these essential positions!

#### **Gala Committee**

The annual Southridge Gala is our premier fundraising event, held the second Saturday in November. Each year, our volunteer Gala Committee sets the tone with a unique theme, décor and atmosphere for the enjoyment of our community. If you are interested in becoming involved with the Gala 2018, we will find a position that is just perfect for you. Please contact volunteer@southridge.bc.ca so we can start the conversation!

## Chinese New Year Thank You

Thank you so much to all the parent volunteers who decorated the school, prepared treats and served an amazing dumpling feast for Chinese New Year last Friday!

Students, staff and parents were also treated to an amazing assembly in the Junior School with music, singing and a spectacular lion dance.

What a wonderful way to ring in 2018 – the Year of the Dog – at Southridge!

Photos of the festivities can be found in Vidigami, our photo sharing website.



Thank you again!

Christiane Hodson Director of Advancement

## **2018-2019 Re-Enrolment**

Re-Enrolment forms for the 2018-2019 school year were mailed out on Friday, January 26<sup>th</sup>, and were due back at the school on Friday, February 9<sup>th</sup>. Both the signed form and the re-enrolment deposit are required at the school to complete the re-enrolment process.

If you have not returned either the form or made the required deposit, either online or by cheque, please do so this week. If you have completed the process, we thank you. Please note that it is not necessary to phone the school for verification if your payment has been made and your form has been returned.

Wendy Simpson
Director of Finance & Administration

## **Human Resources News**

Please join me in welcoming Mila Miller and Arnold Mercado to Southridge School and in wishing Shelley Slaughter all the best as she leaves Southridge to pursue a new opportunity.

Mila Miller joined Southridge on January 30<sup>th</sup> as an After-School Clubs Instructor. Mila holds her Bachelor of Science in Early Childhood and Elementary Education from Warner Pacific College, Portland, Oregon along with her Early Childhood Educator Assistant License. Mila has over three years of experience working with young learners in the preschool, daycare and after-school care settings. Mila is a committed educator with a strong passion to educate young minds and help them to evolve into responsible, self sufficient and successful individuals.

Arnold Mercado will be joining the Facilities Team on February 20<sup>th</sup>. Arnold is a recent graduate of the Building Services Worker Program and is looking forward to starting his new position at Southridge School where he will be providing day-to-day routine building and vehicle maintenance. Since relocating to Canada, Arnold has spent the past two years working at Cactus Club and providing office maintenance and janitorial services to a variety of clients.



Shelley Slaughter has recently shared with us that she will be resigning from Southridge, effective April 6<sup>th</sup>, to pursue a new opportunity. Shelley has been an Advancement Officer at Southridge since September of 2013 and has played an instrumental role in elevating and fine-tuning the school's three main signature fundraising events. Under her leadership, the Gala and Golf Tournament, in particular, have seen tremendous growth and remarkable success. Throughout each event, Shelley has engaged volunteers and worked tirelessly to build and create a sense of community and connection. Shelley takes great pride in ensuring the successful execution of all school events and her expertise coupled with her keen eye for details will be greatly missed. We would like to thank Shelley for her commitment and dedication to Southridge and we wish her great success in her new endeavour.

Darcie Sagert Human Resources Manager

# Southridge Cafè

Here are a few things that hopefully will help you and help us keep everyone happy and with full tummies.

- We welcome feedback of any kind. Please do not hesitate to email us with any concerns or requests. <a href="mailto:southridge@canuelcaterers.ca">southridge@canuelcaterers.ca</a>
- The kitchen is always happy to help accommodate anyone with diet concerns or allergies.
- Breakfast is ready each morning at 7:30 am. Every morning, we also bake fresh muffins, cookies, scones and cinnamon buns.

Please review the attached menus for February.

**Canuel Caterers** 



# **Uniform Shop News**

The Uniform Shop has slim-fit styles of the men's and ladies' grey pants. We still keep the regular styles; the slim-fit version is just another option for senior students looking for a more tailored fit. Do come in and try them on.

Our opening hours are:

Monday – Thursday 7:45 - 9:00 am and 2:00 - 4:00 pm

Friday: closed

Phala Tan Business Services Manager

	Mon-19	Tues-20	Wed-21	Thur-22	Fri-23
Breakfast	Smoothie Day	Sausage Wrap	Smoothie Day	Berry Muffin	Smoothie Day
Chef's Entree	Chicken and Fries	Salad Bar	Burrito Bar	Salad Bar	Fish Taco
Pasta Bowl	Italiano	Ravioli	Mac and Cheese	Alfredo	Primavera
Grill Central	Pot Pie	Chicken Noodle Bowl	BBQ Ribber	Pizza	Spicy Chicken Brg
Weekly Panini	Chicken Caesar	Chicken Caesar	Chicken Caesar	Chicken Caesar	Chicken Caesar
Great Greens	Pasta Salad	Salad Bar	Chicken Caesar	Salad Bar	Tossed Salad

We always offer our regular menu in addition to our daily specials



Mon-26	Tues-27	Wed-28	Thur-1	Fri-2
Smoothie Day	Bacon Wrap	Smoothie Day	Blue Berry scone	Smoothie Day
Chicken Enchilada	Salad Bar	Red Thai Curry	Salad Bar	Fish and Chips
Cannelloni	Alfredo	Mac and Cheese	Italiano	Marinara
BBQ Bacon Burger	Stuffed Chicken	Hot Wrap	Personal Pizza	Spicy Chicken Brg
Chicken Pizza	Chicken Pizza	Chicken Pizza	Chicken Pizza	Chicken Pizza
Chic Pea Salad	Salad Bar	Chef Salad	Salad Bar	Tossed Salad
	Smoothie Day  Chicken Enchilada  Cannelloni  BBQ Bacon Burger  Chicken Pizza	Smoothie Day  Chicken Enchilada  Cannelloni  BBQ Bacon Burger  Chicken Pizza  Chic Pea Salad Bar  Salad Bar  Chicken Pizza	Smoothie Day  Chicken Enchilada  Cannelloni  Bacon Wrap Smoothie Day  Red Thai Curry  Curry  Mac and Cheese  BBQ Bacon Burger  Chicken Chicken  Pizza  Chicken Pizza  Chic Pea Salad Bar  Chef Salad	Smoothie Day  Bacon Wrap  Chicken Enchilada  Cannelloni  Alfredo  Bacon Wrap  Red Thai Curry  Salad Bar  Curry  Taliano  Cheese  BBQ Bacon Burger  Chicken Pizza  Chicken Pizza  Blue Berry Scone  Red Thai Curry  Falad Bar  Cheese  Alfredo  Alfredo  Cheese  Chicken Pizza  Chicken Pizza  Chicken Pizza  Chicken Pizza  Chef Salad  Salad Bar

We always offer our regular menu in addition to our daily specials

