



SOUTHRIDGE

Wednesday

APRIL 4, 2018
ISSUE #26

Weekly Voice

The Liberal Arts: Their Rightful and Relevant Place in Education

At Southridge we move well beyond developing productive workers, and we don't limit ourselves to preparing children for specific careers pathways or post-secondary programs. We are focused on cultivating engaged citizens who make a difference in the world by exposing our students to multiple thinking frameworks across a spectrum of academic/artistic disciplines that teach them how to adapt confidently, reason intelligently, argue effectively, judge fairly and communicate clearly.

On a daily basis, we have high expectations for our students to be noticeably engaged in their own learning as they actively construct knowledge. All of our teachers strive to design their courses and learning experiences to challenge our students in the ways they think. To be clear, we do not believe thinking simply involves the memorization of facts, or the ability to plug new data into familiar algorithms and/or recognizable formulas. Formulaic thinking has its place and it may provide comfort for learners, but in our dynamic and ever-changing world it's prescribed approach and mechanical nature simply will not serve people who strive to make a difference. Indeed, methodic and systemic thinking is more prone to have the *exact opposite* effect because it tends to be uninspired and commonplace.

Not so at Southridge where we strive to present relevant and frequent opportunities for our students to think more critically, more creatively and more conceptually than ever before. To do so, we pay close attention to the details surrounding the kinds of higher level analytical questions we ask our students to grapple with and discuss. While we certainly expect our students to recall facts and explain ideas or concepts, we also expect them to use information in new situations, draw connections among ideas, justify a position or decision and produce original work.

To be sure, our students are faced with the demand of work that calls on them to draw connections from different perspectives or dissimilar ways of looking at the world. To do so through a single lens of experience by virtue of concentration in a certain subject discipline is limiting, and that is why Southridge embraces a Kindergarten to Grade 12 liberal arts education inclusive of required courses beyond Ministry of Education requirements in the humanities, the arts, the sciences and math.

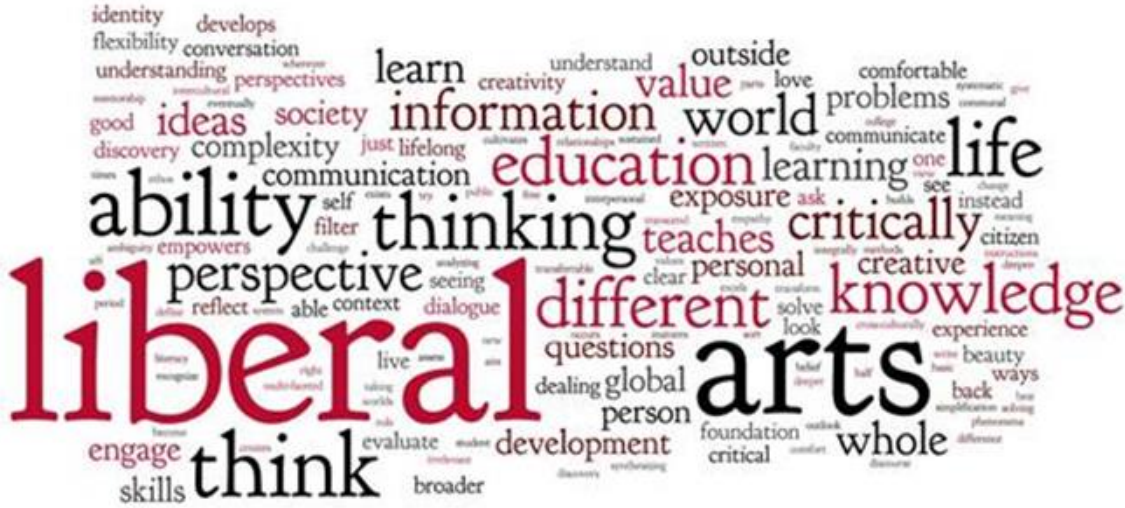
While our school recognizes the need to prepare our students for specific post-secondary programs, we are, in reality, even more driven by the mission we have as a community. To educate people who make a difference in the world requires expectations that press against the inherent limitations of preparing children for specific careers pathways or post-secondary programs that often have narrow sets of required courses for entry.

When we rise above the focus on becoming a “fill-in-career-choice-here” and recognize how a liberal arts education helps our children learn how to reason intelligently, argue effectively, judge fairly and communicate clearly it becomes evident how they – and the world – will be the better for it.

Have a wonderful week!

Drew Stephens
Head of School

Value of Liberal Arts Education



Important Dates

Event	Date	Time	Location
World Culture Day	Thursday, April 5		Junior School
Junior School Assembly	Wednesday, April 11	8:10 am	Junior School
Author Visit - Magriet Ruurs for Grades 4-7	Wednesday, April 11		Junior School
Euclid Math Contest	Wednesday, April 11		Senior School
House Captain Elections	Thursday, April 12		Senior School
Dance Classes	Monday – Friday, April 16-20	Various Times	Junior School
Junior School Assembly	Tuesday, April 17	8:10 am	Junior School Great Hall
Grade 6 Immunizations	Tuesday, April 17	8:30 am	Junior School
Future Design School Event	Wednesday, April 18	8:30 am	Junior School Great Hall
Film Nights by Media Arts	Wednesday, April 18	7:00 pm	Black Box Theatre
Sexual Health Presentation for K-7 Parents	Thursday, April 19	8:00 – 8:40 am	Junior School Great Hall
Sexual Health Presentation for K-7 Students	Thursday, April 19	8:50 am	Junior School Great Hall
Film Night by Media Arts	Thursday, April 19	7:00 pm	Black Box Theatre
ISA Jr & Sr Girls Soccer Tournament	Thursday, April 19	8:00 am	Southridge School
ISA Jr & Sr Girls Soccer Tournament	Friday, April 20	8:00 am	Southridge School
April Break	Monday, April 23		Both Schools
Grade 7 Band In-House Festival	Tuesday, April 24	10:10 am	Junior School
Parent Presentation – Safer Schools Together	Tuesday, April 24	7:00 pm	Junior School Great Hall
Junior School Assembly – Cancelled	Wednesday, April 25		Junior School
Full School Assembly	Wednesday, April 25	9:40 am	Senior Gym
Safer Schools Together – Grade 4-7 Student Social Media/Digital Literacy Presentations	Thursday, April 26	8:45 am	Junior School Great Hall
Casual Day	Friday, April 27	All Day	Both Schools

Junior School News

Summer Dress Now in Effect

Summer Dress will be in effect through to Friday, October 5th. Please note that white tights are not a part of Summer uniform options. On chilly spring days, students wishing to wear tights should wear black tights with their kilt or tunic. Please ensure that all of your child's uniform items are clearly labelled with their first and last name. Please see the chart below for permitted Summer uniform options.

<p>Regulation Summer Dress: worn daily beginning on the Tuesday following Easter Monday through to the Friday before Thanksgiving, as follows:</p>
<p>Choice of:</p> <ul style="list-style-type: none"> ● Green vest ● Green cardigan ● Pullover green sweater ● Navy blazer
<p>Choice of:</p> <ul style="list-style-type: none"> ● Grey dress pants with grey socks (black belt optional) ● Tunic (K- Gr. 3) or kilt (Gr. 4-7) hemmed no higher than 8 cm above the knee with black knee socks or black tights ● Black walking shorts with plain, white, logo-free knee or ankle socks ● Black skort with plain, white, logo-free knee or ankle socks (no lace or frills please)
<p>Choice of:</p> <ul style="list-style-type: none"> ● White, button-down dress shirt ● White, Southridge-crested golf shirt <p>Please note: The summer shirt may be untucked if the hem is no longer than 8 cm below the waist.</p>
<p>All black, polishable leather shoe with black molded outer sole and no obtrusive logo (heel no higher than 5 cm including sole).</p>

April Break – Monday, April 23rd

On years such as this, where Spring Break and Easter break are combined, there is a scheduled April Break long weekend. This year, April Break is on Monday, April 23rd. School will not be in session on this day. Classes will resume on Tuesday, April 24th with a regular 8:00 a.m. start time.

Gift Basket Collection

One of the most popular areas of the Country Fair is the Gift Basket table in the Junior School Great Hall. These gift baskets are assembled with donations of NEW items from each of our families.

We are asking each Junior School family to contribute item(s) of at least \$10 in value OR \$10 cash to be used to purchase an item for the baskets. For Kindie-Grade 3, please bring in “kitchen or gourmet” items. For families with children in Grades 4-7, please bring in “Mother’s Day items” like spa items, candles, garden items, chocolates, etc. (no dollar store items, please).

There are bins near or in the classrooms for collection, so please help us fill these bins so we can put together beautiful baskets again this year. We ask that you bring in your items or cash (leave with your child’s homeroom teacher) by **April 20th**!

We also need actual **BASKETS**, so please bring in any that you have so we don’t need to purchase any. They can also be put in the collection bins.

Thank you for your support of the Country Fair and the Gift Baskets table. We couldn’t do it without you!

Kimi Cavaleri and Cheryl Spence
Gift Basket Co-Chairs

Save the Date – Reunification Drill, Friday, May 18, 2018

On **Friday, May 18**, both the Junior and Senior Schools will be conducting a Reunification Drill (a simulation of the procedures the School would undertake to reunite students with families/care-givers in the event of an emergency situation that warrants evacuating and/or closing our school). Schools are required to run reunification drills by the Ministry of Education, in order to ensure appropriate plans and procedures are in place in the event of emergencies.

Our reunification drill will require that Junior School students be picked up from the School by a parent or designated adult on the afternoon of May 18th. More specific details will follow in the weeks to come; however, we'd like to have maximum participation in the drill and request that you save the date.

Senior School News

Vice Principal: Learning

I am pleased to announce that Ms. Kierstan McCaw has been selected from 18 outstanding applicants as the Senior School's new Vice Principal of Learning for the 2018-2019 school year. Ms. McCaw has a Masters Degree in Educational Administration, with a focus on curriculum implementation. She is an energetic and enthusiastic educator with 25 years experience with independent schools as a science teacher, curriculum leader, administrator, and of course, as a parent. Ms. McCaw brings a vast array of experiences in educational assessment, innovation and creativity as well as a passion for teaching and learning to this newly created position that was designed around the announced retirement of our beloved Academic Program Director, Ms. Janet Holt. I congratulate Ms. McCaw and am excited to be working with her in her new role in the coming school year.

Brad Smith
Head of Senior School

Summer Uniforms

Parents, please ensure that all uniform items are in good condition and that they fit properly. Shorts and skirts that were worn in Junior School are likely too small and must be replaced. Although summer uniforms can now be worn, students are always welcome to wear their winter uniforms, and are encouraged to do so while the weather is less than summer-like. Please be advised that students are required to wear their blazers every Monday in assembly year-round.

2018 Film Nights

The Media Arts students of Southridge are pleased to present Film Nights, a celebration of some of this year's top student work. Film Nights will take place over two nights: Wednesday, April 18th and Thursday, April 19th at 7:00 pm. Film Nights will take place in the Black Box Theatre at the Senior School. Admission is \$7 for an adult and \$5 for a student.

To purchase tickets for Film Nights, click here:
<https://www.netdirectories.com/~srs/oler2.cgi?1179>

University Counseling Events

UK Coffee morning coming up on **Thursday, April 5th at 9:00 am** – Parents are invited to join Ms. Livingston in the University Counselling Centre for a discussion about preparing and investigating university programs in the United Kingdom!

Included in this issue:

- Updates on Activities/Events for The Remainder of the 2017/18 Year for all Grades Including:
 - ✓ Grade 8 Class visits to University Counselling Centre
 - ✓ Grade 9 Refresher on University Counselling Services and myblueprint
 - ✓ Grade 10 Preparation for LEW and resume writing help
 - ✓ Grade 11 Completion of Grad Transitions components and preparation for Grade 12
- Grade 12 University/College Offers and Graduation Transitions Interviews
- US University Update
- Plans for the 2018/19 Year - Save the Dates!

Grade 8 Students Visit the University Counselling Centre

During April and May, Grade 8 Career Ed classes visit the University Counselling Centre, tour through the room to gain an understanding of the services provided and answer a quiz. The intention is not to cause any concern or anxiety over university admissions at this stage, it is all about familiarization with information available and to welcome them to ask questions anytime...there may even be candy for those who venture in to look at the viewbooks, pennants and maps showing where Southridge Alumni have been accepted and where they are studying.

Grade 9 Students: Reminder of University Counselling Services

One of the tools we use at Southridge to assist students as they research careers and post-secondary programs, is a web-based assessment and information resource called "myBlueprint". Over the past few weeks, Grade 9s have been creating their personal accounts and will be shown the variety of sources and information available on this Canadian-based web site to look at careers and university and college programs. Students will be shown how to invite parents to share in the information. If your student

does not remember this, we will send reminders to families at the start of Grade 10 Career Education in September.

Grade 10 Class Visits & Resume Workshop

A number of visits have been made by Mrs. Holt and Ms. Livingston over the past 3 months to answer questions about university program admissions requirements and course selections for Grade 11. We also encourage students to plan their Grade 12 year at the same time using a number of resources available to them at the school as well remembering to access the course planning tool on “myBlueprint” to research admissions information for their programs of interest. Ms. Livingston along with other administrators have been sitting in on the Career Presentations for each Grade 10 and will be using the information to plan for Career Info Day and Career Experience Day during LEW 2018.

Grade 11 Career Ed Classes

The remaining classes for the 2018/19 year concentrate on two important preparations for starting Grade 12 year in a confident and organized manner and ready to respond to application deadlines with the documentation students need to provide the universities. Many universities require supplemental essays, personal profiles, statements, letters of intent and resumes. We have spent the past two cycles helping students with the task of preparing the additional information as it takes practice and polish to get it right. They have had the opportunity to receive feedback from both Mrs. Becker and Ms. Livingston as well as English 11 teachers on this style of essay writing. We have also started Resume Writing Workshops and these are being taught with the same approach to professional resume presentation that is expected for University Co-operative Education Programs. Students are encouraged to research university programs that offer diverse and exciting work-study options through Co-op Programs!

Career Ed classes continue to be divided, with those who are focussing on US colleges meeting once per cycle with Mrs. Becker. All other students have classes with Ms. Livingston.

Save The Date - Please note that Grade 11 students and parents are invited to a “Rising Grade 12 Information Night” on Wednesday, June 6th in the evening. This will be held in the Great Hall and Ms. Livingston and Mrs. Becker will present on timelines, deadlines and preparation tips for Grade 12 and university and college applications.

Grade 12 Update

Grads are reminded that although the main timeframe for Canadian university offers occurs mid-March to mid-May, there may continue to be offers up until July. A number of our students have been receiving offers but we have experienced longer decision times from universities such as – Calgary, Waterloo, York and Toronto. Grads are reminded that this is not a personal judgement if a university has not responded yet. Each institution

has its own business model for admissions that has many facets, algorithms and evaluation timelines attached to the decision-making process. Any Grads that are concerned about not having heard from a university are encouraged to speak with Ms. Livingston or Mrs. Becker as we can investigate the status of applications.

In Career Ed classes we are completing the final components of the Graduation Transitions Program (GTP) which is worth 4 credits and is required for graduation. The capstone activity is the Grad Transitions Interview where each Grad is interviewed to discuss their time at Southridge, their accomplishments and achievements and plans for life after high school. The interview is intended to be good practice for a formal interview style and Grads are asked to bring their polished and professional resumes for evaluation. Interviews will take place after AP exams are completed on during the week of May 22nd to 25th. Each year, community representatives as well as Junior School parents from a variety of backgrounds and professions participate as interviewers.

Us University Admissions Update

We have now reached the conclusion of our American university application process, and we are proud to say it has been a very successful one! This year, we set records, as we had nearly a quarter of the graduating class applying to an American university! The results have been very impressive: our students were offered admission to a number of schools that suit them very well. These include the small but highly regarded Pomona College in California, several offers to the beautiful University of Washington just across the border, opportunities to explore science, technology and engineering at Georgia Tech, Johns Hopkins and Carnegie Mellon, and athletic scholarships to the University of Arizona and James Madison University.

At the same time, our Grade 11s (or Juniors, in American speak) are well into their planning process. Since December, they have been attending separate Planning classes if they indicated interest in attending university down south, and they have been focussing their budgeting, essay writing, and above all, their university searching, on US schools. Now, they are each meeting with Mrs. Becker one-on-one to focus their specific plans, including the wrap-up to their SAT or ACT testing and refining their college list. Many are planning on using the summer for visits or further research in the latter area. We look forward to another successful year with these candidates in 2019.

Plans for Next Year – Save The Dates!

Activities for Leadership Experience Week are well underway and once again, Grade 11s and 12s will participate in a Careers and Post-Secondary Information Day on **Monday, October 1st**. We will be hosting a variety of professionals to talk about careers. The following day, **Tuesday, October 2nd**, all Grade 11s will go to work spend a day exploring their career of interest at a job site.

The US University/College Fair is scheduled for **Thursday, October 13th** from noon to 3:00 pm at West Point Grey Academy. We will be transporting interested Grade 10s, 11s and 12s to this event where they will meet with over 100 representatives from US colleges and universities.

In addition to the large fairs, Southridge will be inviting university and college representatives to run admissions workshops and information sessions. These individual visits occur between October 1st and November 30th and are scheduled at lunch or 3:00 pm.

Yvette Livingston
Director, University Counseling

Both Schools

The Country Fair Team

On Saturday, May 5th, we will be hosting between 5,000 to 8,000 guests at our 23rd annual Country Fair. What an amazing opportunity for all of us to showcase our amazing school community and our spirit of volunteerism.

Last year, in our first year as Chairs for the Fair, we were amazed (and a little scared) at the amount of work that goes on behind the scenes to make sure the Country Fair is fun, organized and safe for everyone. However, it didn't take us long to realize that remarkable teamwork and a "all-hands-on-deck" mentality ensured that the event was executed to perfection.

The County Fair team is so much bigger than the two of us. In fact, there are nearly 60 department leaders and shadows this year, already busy organizing their supplies, rentals and schedules. We want to thank them, in advance, for saying 'yes' when they were asked to take their department on. The Fair could not happen without them. Their names are listed below – please thank them when you see them or, better yet, volunteer to help them out!

In fact, volunteer shifts are already filling up, so please don't wait to [sign up](#). We ask every family to sign-up for at least two shifts – with one of those on fair day. Thank you for your help in ensuring a safe and fun event for all!

It's also time to start that spring cleaning in preparation for drop-off week which starts on Saturday, April 28th. We collect books, toys, clothing, household items, furniture, bikes, etc. For more information about what we do/do not accept, visit the Country Fair website.

Thank you for everything you do to make our Country Fair a success year after year. There is something very special about the Southridge community and every year on the first Saturday in May, we get to show it off just a little 😊

Your 2018 Country Fair Co-Chairs

Maria Flather & Kelly Xie

Co-Chairs:	Kelly Xie Maria Flather
Co-Chair Shadows:	Angelina Luo Riaz Virani
50/50:	Ken Kobylanski
Bake Table:	Cari Shorrock Amanda Silvers
Bake Table Shadow:	Anita Hundal
Beverage Station:	Launi Bowie
Books:	Francesca Clarke
Books Shadows:	Lily Yao Mia Zhang
Clothing:	Jessie Zhang Gina Liu
Clothing Shadows:	Maggie Chen Yvonne Jiang
Clothing Boutique:	Suzanne Burgess-Robins Kate Donegani

SOUTHRIDGE *Wednesday*

APRIL 4, 2018
ISSUE #26

Face Painting:	Sonia Bassi
Food Trucks:	Heidi Nyline
Food:	Sejal Shah
Outdoor Games:	Tammy Hart
Indoor Games:	Shaida Nanji
Gift Baskets:	Kimi Cavaleri Cheryl Spence
Henna:	Roshan Gill Shalina Ladhani
Logistics:	Ian Povey Tim Kleinschmidt Dietmar Dorrer
MC:	Dave Firby
Parcel Depot:	Sharon Sall
Pie Baking:	Vanessa Hilton
Popcorn/Candy Floss:	Kierstan McCaw Drew Stephens
Recycled Treasures:	Angela Clarke May Hu Ying Chu
RT Large Items:	Mike Schmidt
Sanitation:	Greg Christofferson Rob Skleryk
Security:	Peter Dolecki
Southridge Cafe:	Krinder Rai Sukhi Sunner

	Zehra Moledina
Southridge Garden:	Kasia Dolecki
Student Entertainment:	Dorothy Sonya-Hoglund
Student Tech:	Alan McInnes Haaziq Karim
Toys:	Yili Ma Spring Zhao
Toys Shadows:	Abby Wang Viola Zhang
Traffic & Parking:	Kyle Labbe Bob Carpenter
Volunteer Centre:	Stephanie Schmidt Sherry Hu
Student Volunteers:	Noral Engholm Joanne Thacker

You're Invited: Moment Musical Concert! ~ Saturday April 14th

Have you ever wanted to relax to a night of classical music and help support a good cause? Come and enjoy an extraordinary evening of saxophone and piano music! There will be a variety of masterpieces composed by Beethoven, Chopin, Decruck and more. Entry will be by donation and all the proceeds will be donated to the Surrey Urban Mission. Moment Musical will take place at Southridge School on April 14th, from 7:00 - 8:00 pm.

Musicians:

- William Liu on Piano
- Harry Xie on saxophone accompanied by Frank Lin on Piano
- Emma Hoglund on Piano

Make sure to read the next Wednesday for more information on the musicians and the programme if you are interested.

We hope to see you there!

William Liu

Mark Your Calendar: Social Media Awareness + Parenting in the Digital World

On **Tuesday, April 24** from **7:00 - 9:00 pm**, we invite parents to join us for a presentation from Safer Schools – **“Social Media Awareness + Parenting in the Digital World”**.

With society heading in a direction of being constantly connected to technology, what do we need to know as parents to protect our kids and teach them responsible and appropriate use of technology? The parameters of rules and expectations that you put in place at home will undoubtedly guide their behaviour in the years to come. This informative presentation will cover the following topics and more!

- **Social Media Update** – The most current apps & trends in social media
- **Pick Your Battles!** – You will have to balance the yin with the yang, promote independence whilst taking a strong stance on certain subjects
- **Current Research** – Brain development & technology, violent video games
- **Digital Footprint and Reputation** – With their future approaching, recruiters and employers are taking note – What will they find? What will they leave behind?
- **Tips & Tricks to Use at Home**

EVENT DETAILS

Tuesday, April 24, 2018
7:00 - 9:00 pm
Southridge School (Junior School Great Hall)

Open to parents of children in both the Junior and/or Senior Schools.
No pre-registration or entry fee is required.

Thank you, we hope you will consider joining us.

Wendy Turriff
Junior School Counsellor

Campus Security

The safety of students and staff is always a priority and we need to be responsive to our everchanging local community.

You may have noticed a security presence on our campus for a few weeks before spring break. In recognition of the changing surrounding community and the increased busyness of our campus itself, the school instituted a trial with our security company to provide an after-school presence on campus. Southridge will be continuing with having Alphacore Security on our campus from 2:30 to 6:30 pm daily. The primary areas of coverage will be in our parking lots and in the Senior School after 4:00 pm when the senior reception desk closes and the school is open for parent pick up from the After School Clubs program.

We have also taken the opportunity to update the hours that our front gates are open in the evening. The middle exit gate and the Junior School entrance gate will be closing at 6:00 pm. Exit is still available from the middle gate for a right turn northbound on 160th by triggering the sensor with your vehicle. The south main entrance/exit gate will remain open until 8:00 pm every evening. This should be ample time for parents to pick up students at the end of the day from various activities. Coaches or staff may set up times when gates are open longer to provide access for events or athletic teams.

If there are any security concerns that you may have, please do not hesitate to bring them to the attention of the school through the Facilities Manager, Jim McGarry or to myself.

Wendy Simpson
Director of Finance

Please Donate Your Gently Used Uniform Items

The grad committee is requesting donations for the Spring Used Uniform Sale. Please bring gently used uniform items to the Junior or Senior School foyer on the morning of Tuesday, April 3rd and put them in the box labelled "Used Uniforms". There will be a group of parents sorting used uniforms that morning, so please bring them then. The date of the sale is TBD.

Thank you for your support!

Grad Committee 2018

Join the Southridge Sun Run Team!

The days are getting longer and the weather is getting warmer—making it the perfect time to get running and training for the **Vancouver Sun Run**. This year's event will take place **on Sunday, April 22 at 9:00 am**. We had a large Southridge contingent last year, and we are hoping for an even bigger team this year! All ages are welcome to take part in this fun and fit community event. Whether your goal is to run the full 10K race or the 2.5K Mini Sun Run, we would love to have you join us on the Southridge team!

Thanks to everyone who has already signed up! For those of you who have not yet had the chance and would like to run with the Southridge team, **please do so by the Youth Team Challenge deadline of March 16th**. To register, [CLICK HERE](#) and select “Join an Existing Team.” Our team name is “Southridge School” and the password to join the team is “southridge”. The online registration seems to be very user-friendly this year, but please email us if you have any questions.

Happy running!

Dr. Bospflug (kbspflug@southridge.bc.ca) and Ms. Fera (dfera@southridge.bc.ca)

Family Day Change for 2019

The BC government recently announced that Family Day will move to the third week of February so that it aligns with other Canadian provinces. As of 2019, Family Day will fall on the third Monday of the month and the 2018-2019 school year calendar has been updated to reflect this change. The 2018-2019 school year calendar can be found in the Parents' Portal Resources under the Calendars section.

Southridge Cafè

Here are a few things that hopefully will help you and help us keep everyone happy and with full tummies.

- We welcome feedback of any kind. Please do not hesitate to email us with any concerns or requests. southridge@canuelcaterers.ca
- The kitchen is always happy to help accommodate anyone with diet concerns or allergies.

- Breakfast is ready each morning at 7:30 am. Every morning, we also bake fresh muffins, cookies, scones and cinnamon buns.

Please review the attached menus for April.

Canuel Caterers

Uniform Shop News

It's time to check if you need to get new summer uniforms as the warmer weather is finally coming. The Uniform Shop has volunteers who will help you to get the right sizes.

Our opening hours are:

Monday – Thursday 7:45 - 9:00 am and 2:00 - 4:00 pm

Friday: closed

Phala Tan
Business Services Manager



Film

NIGHTS

2018

BLACK BOX THEATRE

STUDENT \$5 | ADULT \$7

WEDNESDAY, APRIL 18

THURSDAY, APRIL 19

7 PM



	Mon-2	Tues-3	Wed-4	Thur-5	Fri-6
Breakfast	Happy	Bacon Egger	Smoothie Day	Blueberry Muffin	Smoothie Day
Chef's Entree	Easter	Salad Bar	Chicken Noodle Bowl	Salad Bar	Fish and Chips
Pasta Bowl	No	Alfredo	Mac and Cheese	Rose'	Marinara
Grill Central	School	Teriyaki Meatballs	Hot Greek Wrap	Pizza	Pot Pie
Weekly Panini		Chicken Caesar	Chicken Caesar	Chicken Caesar	Chicken Caesar
Great Greens		Salad Bar	Chef Salad	Salad Bar	Tossed Salad

We always offer our regular menu in addition to our daily specials



	Mon-9	Tues-10	Wed-11	Thur-12	Fri-13
Breakfast	Smoothie Day	Apple Cin muffin	Smoothie Day	Breakfast Bagel	Smoothie Day
Chef's Entree	Perogies and Sausage	Salad Bar	Chicken Taco Bowl	Salad Bar	Fish Sticks and Rice
Pasta Bowl	Stuffed Pasta	Alfredo	Mac and Cheese	Rose'	Primavera
Grill Central	Smokie	Red Thai Curry	BBQ Bacon Brg	Personal Pizza	Hot Wrap
Weekly Panini	Chicken Pizza	Chicken Pizza	Chicken Pizza	Chicken Pizza	Chicken Pizza
Great Greens	Pasta Salad	Salad Bar	Caesar Salad	Salad Bar	Tossed Salad

We always offer our regular menu in addition to our daily specials



Mon-16

Tues-17

Wed-18

Thur-19

Fri-20

Breakfast

Smoothie Day

Apple cin Muffin

Smoothie Day

Sausage Wrap

Smoothie Day

Chef's Entree

Butter Chicken

Salad Bar

Burrito Bar

Salad Bar

Fish Taco

Pasta Bowl

Stuffed pasta

Alfredo

Mac and Cheese

Rose'

Marinara

Grill Central

Meatball Sub

Lemon Grass Chicken

Spicy Chicken Brg

Pizza

BBQ Ribber

Weekly Panini

Chicken Pesto

Chicken Pesto

Chicken Pesto

Chicken Pesto

Chicken Pesto

Great Greens

Chic Pea Salad

Salad Bar

Chef Salad

Salad Bar

Chicken Caesar

We always offer our regular menu in addition to our daily specials

