

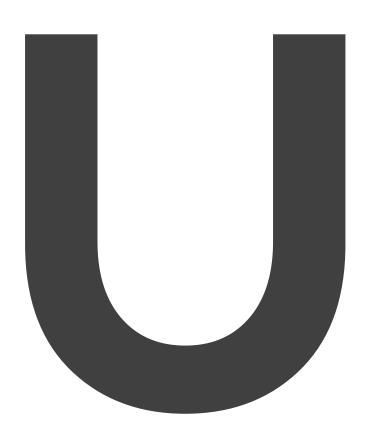




# **MORALITY**

Morality is the human attempt to define what is right and wrong about our actions and thoughts, and what is good and right about being who we are.

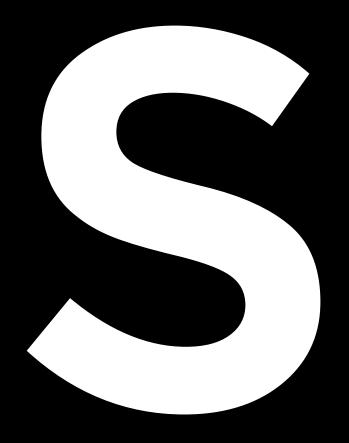




#### UNDERSTANDING

Understanding is the ability to be sympathetically aware of other people's feelings and respond with tolerance and forgiveness.





#### **SPIRIT**

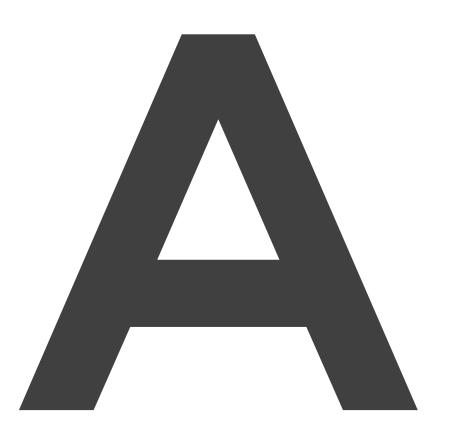
Spirit is the sense of identity, community, and enthusiasm shared by members of a community.



## **TRUTH**

Truth refers to a facet of moral character and encourages integrity and honesty in all situations.

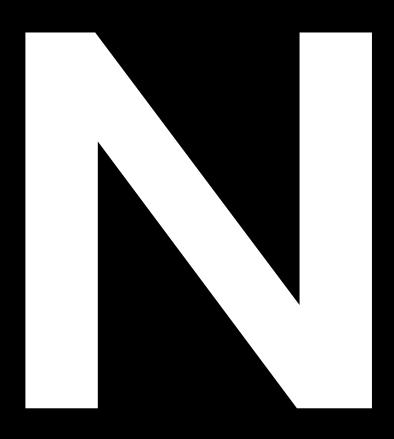




## **APPRECIATION**

Appreciation is the ability to understand and acknowledge the worth, quality, or importance of something or someone.





# NOTEWORTHINESS

Noteworthiness refers to the pride and humility associated with being recognized as interesting, remarkable, or significant in some way.





## **GRIT**

Grit is persistence toward a purpose or action that you have decided to embark upon in the face of all sorts of difficulties.





#### **SELF-RESPECT**

Self-Respect, at its simplest level, is making choices that allow you to feel your best and represent your best self.





"Darkness cannot drive out darkness; only light can do that. Hate cannot drive our hate; only love can do that"

Martin Luther King