

45TH ANNUAL ROCKET RUNCorcoran, MN
Shamrock Golf Course

Thursday, September 7, 2017

OFFICIAL MEET REPORT
printed: 9/7/2017 6:21 PM**Race #1**
MEN & WOMEN (Junior High) • 2.5 Kilometers (1.55 Miles)**Final Results****TEAM SCORING SUMMARY****Boys**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Northwest Homeschool	34	1-5-6-7-15(22)(27)	50:46	10:10	1:16.8
2 Delano	36	2-3-4-8-19(24)(28)	50:45	10:09	1:22.8
3 Dassel-Cokato	67	10-11-12-14-20(25)(26)	54:15	10:51	0:19.6
4 ROCORI	73	9-13-16-17-18(21)(23)	54:21	10:53	0:19.0

Girls

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 ROCORI	21	1-2-3-6-9(10)(11)	56:37	11:20	0:45.7
2 Delano	48	4-5-7-15-17(22)	59:03	11:49	1:10.9
3 Providence Academy	86	8-16-18-21-23(27)(30)	1:02:03	12:25	1:25.5
4 Northwest Homeschool	90	13-14-19-20-24(25)(26)	1:02:38	12:32	0:42.8
5 Spectrum High School	132	12-28-29-31-32	1:18:24	15:41	10:53.2

INDIVIDUAL RESULTS

Athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. km
1 Jeremiah Gavin	8th	2106	Northwest Homesc	1	9:37.4	---	6:12.5	3:51.0
2 Caden Zens	7th	2019	Delano (1)	2	9:40.2	0:03.2	6:14.3	3:52.1
3 Justin Zens	7th	2020	Delano (2)	3	9:46.6	0:09.6	6:18.4	3:54.6
4 Jacob Bergh	8th	1988	Delano (3)	4	9:50.8	0:13.8	6:21.1	3:56.3
5 Seth Calcamuggio	8th	2103	Northwest Homesc	5	9:52.5	0:15.6	6:22.3	3:57.0
6 Josiah Simmer	7th	2122	Northwest Homesc	6	9:57.7	0:20.7	6:25.6	3:59.1
7 Will Hutchinson	7th	2109	Northwest Homesc	7	10:24.2	0:47.2	6:42.7	4:09.7
8 Carter Jostock	7th	1995	Delano (4)	8	10:24.5	0:47.5	6:42.9	4:09.8
9 Zeke Legatt	7th	2242	ROCORI (1)	9	10:39.3	1:02.4	6:52.5	4:15.7
10 Broden Lang	7th	1942	Dassel-Cokato (1)	10	10:45.1	1:08.1	6:56.2	4:18.0
11 Nathan Tulkki	7th	1960	Dassel-Cokato (2)	11	10:46.4	1:09.5	6:57.0	4:18.6
12 Carson Tormanen	7th	1957	Dassel-Cokato (3)	12	10:47.5	1:10.5	6:57.7	4:19.0
13 Jaymis Bauer	7th	2226	ROCORI (2)	13	10:49.1	1:12.1	6:58.7	4:19.6
14 Brandon Bollman	7th	1926	Dassel-Cokato (4)	14	10:51.0	1:14.0	7:00.0	4:20.4
15 Judah Chernyavsky	7th	2104	Northwest Homesc	15	10:54.2	1:17.3	7:02.1	4:21.7
16 Vincint Kaluza	7th	2239	ROCORI (3)	16	10:56.0	1:19.0	7:03.2	4:22.4
17 Jack Spoden	8th	2251	ROCORI (4)	17	10:58.0	1:21.0	7:04.5	4:23.2
18 Nick Asfeld	8th	2224	ROCORI (5)	18	10:58.3	1:21.3	7:04.7	4:23.3
19 Selma Dingmann	7th	2195	ROCORI (1)	1	10:58.5	1:21.5	7:04.8	4:23.4
20 Jacob Stoudt	8th	2015	Delano (5)	19	11:03.0	1:26.0	7:07.7	4:25.2
21 Dylan Seaberg	7th	1954	Dassel-Cokato (5)	20	11:04.6	1:27.6	7:08.8	4:25.8
22 Brady Weber	7th	2254	ROCORI (6)	(21)	11:09.0	1:32.0	7:11.6	4:27.6
23 Sam Monseth	8th	2115	Northwest Homesc	(22)	11:09.2	1:32.2	7:11.7	4:27.7
24 Kaitlyn Motter	7th	2212	ROCORI (2)	2	11:10.9	1:33.9	7:12.8	4:28.3
25 Brayden Davis	7th	2231	ROCORI (7)	(23)	11:14.9	1:37.9	7:15.4	4:29.9
26 Zachary Krueger	7th	1996	Delano (6)	(24)	11:15.0	1:38.0	7:15.5	4:30.0
27 Merigth Theis	7th	2219	ROCORI (3)	3	11:15.7	1:38.7	7:15.9	4:30.3
28 Kylah Link	7th	1978	Delano (1)	4	11:21.0	1:44.0	7:19.4	4:32.4

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**Race #1
MEN & WOMEN (Junior High) • 2.5 Kilometers (1.55 Miles)****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. km
29 Lila Ford	7th	1973	Delano (2)	5	11:24.9	1:47.9	7:21.9	4:34.0
30 Gabe Helget	7th	1935	Dassel-Cokato (6)	(25)	11:25.9	1:48.9	7:22.5	4:34.3
31 Jackson Resop	7th	1950	Dassel-Cokato (7)	(26)	11:26.4	1:49.4	7:22.8	4:34.5
32 Carson Amundson	7th	1924	Dassel-Cokato	-	11:26.7	1:49.7	7:23.0	4:34.7
33 Paige Larsen	7th	2210	ROCORI (4)	6	11:27.3	1:50.3	7:23.4	4:34.9
34 Hailey Ness	7th	1981	Delano (3)	7	11:28.2	1:51.2	7:24.0	4:35.3
35 Sophie Koch	7th	2135	Providence Academ	8	11:28.2	1:51.2	7:24.0	4:35.3
36 Will Shafer	7th	2121	Northwest Homesc	(27)	11:32.8	1:55.9	7:27.0	4:37.1
37 Calvin Kippley	7th	2111	Northwest Homesc	-	11:37.8	2:00.8	7:30.1	4:39.1
38 Madison Terres	7th	2218	ROCORI (5)	9	11:44.2	2:07.2	7:34.3	4:41.7
39 Colin Tormanen	7th	1958	Dassel-Cokato	-	11:46.0	2:09.0	7:35.5	4:42.4
40 Chet Jakola	7th	1994	Delano (7)	(28)	11:50.7	2:13.7	7:38.5	4:44.3
41 Brooklyn Hofer	7th	2201	ROCORI (6)	(10)	11:52.2	2:15.2	7:39.4	4:44.8
42 Benny Seefeldt	7th	1955	Dassel-Cokato	-	11:53.9	2:16.9	7:40.5	4:45.5
43 Albert Hoffman	7th	1937	Dassel-Cokato	-	11:54.5	2:17.5	7:41.0	4:45.8
44 Wyatt Thompson	7th	2285	Spectrum High Sch	-	11:56.1	2:19.1	7:42.0	4:46.4
45 Abby Pueringer	7th	2216	ROCORI (7)	(11)	11:57.8	2:20.8	7:43.1	4:47.1
46 Kohlton Beck	7th	1987	Delano	-	11:58.6	2:21.6	7:43.6	4:47.4
47 Greg Witt	7th	1962	Dassel-Cokato	-	12:07.1	2:30.1	7:49.0	4:50.8
48 Colton Hern	7th	2237	ROCORI	-	12:07.9	2:30.9	7:49.6	4:51.1
49 Morgan Alders	7th	2258	Spectrum High Sch	12	12:11.7	2:34.7	7:52.0	4:52.7
50 Amanda Calcamuggio	7th	2083	Northwest Homesc	13	12:13.3	2:36.3	7:53.1	4:53.3
51 Luci Chamberlain	8th	2084	Northwest Homesc	14	12:13.3	2:36.4	7:53.1	4:53.3
52 Audrey Parks	7	2241	ROCORI	-	12:13.4	2:36.5	7:53.2	4:53.4
53 Kaden Johnson	7th	1940	Dassel-Cokato	-	12:13.5	2:36.5	7:53.2	4:53.4
54 Estle Nelson	7th	2213	ROCORI	-	12:14.8	2:37.8	7:54.1	4:53.9
55 Lily Balsiger	7th	1966	Delano (4)	15	12:17.1	2:40.1	7:55.5	4:54.8
56 Alexander Rynder	8th	2156	Providence Academ	-	12:23.1	2:46.2	7:59.4	4:57.2
57 Ty Lieser	7th	2243	ROCORI	-	12:23.8	2:46.8	7:59.9	4:57.5
58 Caleb Zabinski	7th	2255	ROCORI	-	12:24.7	2:47.7	8:00.4	4:57.9
59 Olivia Menzel	8th	2139	Providence Academ	16	12:25.2	2:48.2	8:00.8	4:58.1
60 Sophia Hanson	7th	2171	Rockford High Scho	-	12:27.8	2:50.8	8:02.4	4:59.1
61 Rhett Niemela	7th	1947	Dassel-Cokato	-	12:30.7	2:53.7	8:04.3	5:00.3
62 Faith Kremer	7th	2208	ROCORI	-	12:31.1	2:54.1	8:04.5	5:00.4
63 Carly Stuckmayer	7th	1985	Delano (5)	17	12:31.9	2:54.9	8:05.1	5:00.7
64 Parker Sjomeling	7th	2013	Delano	-	12:33.3	2:56.3	8:06.0	5:01.3
65 Aly Marshall	7th	2138	Providence Academ	18	12:34.0	2:57.0	8:06.4	5:01.6
66 Sidney Kiffmeyer	7th	2205	ROCORI	-	12:35.1	2:58.1	8:07.1	5:02.0
67 Allina Salmen	8th	1921	Dassel-Cokato	-	12:35.5	2:58.5	8:07.4	5:02.2
68 Trenton Zeidler	7th	1963	Dassel-Cokato	-	12:36.0	2:59.0	8:07.7	5:02.4
69 Joe Cady	7th	1927	Dassel-Cokato	-	12:36.4	2:59.5	8:08.0	5:02.6
70 Jada Kodl	8th	2092	Northwest Homesc	19	12:37.3	3:00.3	8:08.6	5:02.9
71 Lila Hutchinson	8th	2091	Northwest Homesc	20	12:37.4	3:00.4	8:08.6	5:02.9
72 Jaden Nemeth	7th	2279	Spectrum High Sch	-	12:37.7	3:00.7	8:08.8	5:03.1
73 Kira Cmiel	7th	2130	Providence Academ	21	12:42.0	3:05.0	8:11.6	5:04.8
74 Samantha Paul	7th	1982	Delano (6)	(22)	12:43.3	3:06.3	8:12.4	5:05.3

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Athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. KM
75 Ellie Koeniger	7th	2206	ROCORI	-	12:53.1	3:16.1	8:18.8	5:09.2
76 Eleanor Young	7th	2149	Providence Academ	23	12:53.7	3:16.7	8:19.1	5:09.5
77 Eliana Compton	8th	2087	Northwest Homesc	24	12:56.0	3:19.0	8:20.6	5:10.4
78 Kooper Frank	7th	2232	ROCORI	-	12:57.3	3:20.3	8:21.4	5:10.9
79 Lorelei Wigginton	8th	2101	Northwest Homesc	(25)	13:06.8	3:29.8	8:27.6	5:14.7
80 Bella Gavin	7th	2089	Northwest Homesc	(26)	13:06.9	3:29.9	8:27.6	5:14.7
81 Todd Tormanen	7th	1959	Dassel-Cokato	-	13:09.8	3:32.9	8:29.6	5:15.9
82 Emma Speier	7th	2145	Providence Academ	(27)	13:10.9	3:33.9	8:30.2	5:16.3
83 Brianna Weber	8th	2221	ROCORI	-	13:23.3	3:46.3	8:38.2	5:21.3
84 Gabrielle Rinowski	8th	2267	Spectrum High Sch	28	13:24.3	3:47.3	8:38.9	5:21.7
85 Rebecka Harju	7th	1909	Dassel-Cokato	-	13:25.2	3:48.2	8:39.5	5:22.1
86 Conner Tuman	7th	1961	Dassel-Cokato	-	13:25.8	3:48.8	8:39.8	5:22.3
87 Bethany Nielsen	8th	2097	Northwest Homesc	-	13:26.4	3:49.4	8:40.3	5:22.6
88 Brian Schroedl	7th	2011	Delano	-	13:43.5	4:06.5	8:51.3	5:29.4
89 Brenna Lundy	7th	2093	Northwest Homesc	-	13:48.1	4:11.1	8:54.2	5:31.2
90 Soren Olson	7th	1949	Dassel-Cokato	-	13:49.2	4:12.2	8:54.9	5:31.7
91 Joshua Liska	7th	2114	Northwest Homesc	-	13:58.5	4:21.5	9:01.0	5:35.4
92 Sidney Oehmen	7th	2215	ROCORI	-	14:08.0	4:31.0	9:07.1	5:39.2
93 John Patrick Otto	7th	2004	Delano	-	14:14.7	4:37.7	9:11.4	5:41.9
94 Rachel Van Slyke	8th	2100	Northwest Homesc	-	14:41.6	5:04.6	9:28.8	5:52.6
95 Emily Hattling	7th	2263	Spectrum High Sch	29	14:46.9	5:09.9	9:32.2	5:54.7
96 Isabella Anzalone	7th	2127	Providence Academ	(30)	14:52.9	5:15.9	9:36.0	5:57.1
97 Alia Reiger	7th	1920	Dassel-Cokato	-	14:53.9	5:16.9	9:36.7	5:57.6
98 Audry Tice	8th	2268	Spectrum High Sch	31	14:55.5	5:18.5	9:37.7	5:58.2
99 Evan Kopp	7th	2277	Spectrum High Sch	-	15:51.7	6:14.7	10:14.0	6:20.7
100 Gehrig Helget	7th	1936	Dassel-Cokato	-	16:31.8	6:54.8	10:39.9	6:36.7
101 Meadow Freshour	7th	2166	Rockford High Scho	-	16:50.8	7:13.9	10:52.1	6:44.3
102 Evan Johnson	7th	1939	Dassel-Cokato	-	19:55.0	10:18.0	12:50.9	7:58.0
103 Katrina Kotek	7th	2265	Spectrum High Sch	32	23:04.9	13:27.9	14:53.4	9:13.9

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WOMEN (Varsity) • 5 Kilometers (3.11 Miles)**Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Providence Academy	38	4-6-7-8-13(36)	1:48:01	21:37	0:46.4
2 ROCORI	43	3-5-9-12-14(19)(24)	1:48:17	21:40	1:02.6
3 Rockford High School	61	2-10-11-18-20(21)(27)	1:50:46	22:10	2:22.8
4 Delano	123	15-23-25-26-34(38)(39)	1:56:49	23:22	1:52.3
5 Dassel-Cokato	141	17-28-30-31-35(46)(47)	1:58:48	23:46	1:20.5
6 Northwest Homeschool	154	1-29-32-41-51	2:00:01	24:01	6:18.4
7 Spectrum High School	157	16-22-37-40-42(45)(52)	1:59:46	23:58	2:13.5
8 Lester Prairie Schools	217	33-43-44-48-49(50)	2:05:34	25:07	1:57.4

INDIVIDUAL RESULTS

Athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. KM
1 Erika Swanson	JR	2099	Northwest Homesc	1	20:28.4	---	6:35.0	4:05.7
2 Ava Cusciotta	8th	2164	Rockford High Scho	2	20:57.1	0:29.1	6:44.2	4:11.4
3 Carley Kremer	SO	2207	ROCORI (1)	3	21:06.4	0:38.4	6:47.2	4:13.3
4 Emma Kelly	7th	2134	Providence Academ	4	21:20.1	0:52.1	6:51.6	4:16.0
5 Melanie Illies	FR	2202	ROCORI (2)	5	21:22.2	0:54.2	6:52.3	4:16.4
6 Riley Nechanicky	SO	2140	Providence Academ	6	21:25.0	0:57.0	6:53.2	4:17.0
7 Caitlin Heaney	JR	2131	Providence Academ	7	21:30.6	1:02.6	6:55.0	4:18.1
8 Brigid Burns	FR	2128	Providence Academ	8	21:38.5	1:10.5	6:57.5	4:19.7
9 Callie Swanberg	SR	2217	ROCORI (3)	9	21:40.3	1:12.3	6:58.1	4:20.1
10 Ellie Sather	9th	2176	Rockford High Scho	10	21:40.9	1:12.9	6:58.3	4:20.2
11 Grace Clark	JR	2163	Rockford High Scho	11	21:55.1	1:27.1	7:02.9	4:23.0
12 Rachel Heinen	8th	2198	ROCORI (4)	12	21:59.4	1:31.4	7:04.2	4:23.9
13 Emma Grace Hendrickson	SO	2132	Providence Academ	13	22:06.5	1:38.5	7:06.5	4:25.3
14 Amanda Brawthen	SR	2194	ROCORI (5)	14	22:09.0	1:41.0	7:07.3	4:25.8
15 Grace Jostock	FR	1976	Delano (1)	15	22:16.2	1:48.2	7:09.6	4:27.2
16 Martha Bergley	SO	2259	Spectrum High Sch	16	22:36.6	2:08.7	7:16.2	4:31.3
17 Lydia Niemela	8th	1916	Dassel-Cokato (1)	17	22:49.1	2:21.1	7:20.2	4:33.8
18 Emma Sather	8th	2177	Rockford High Scho	18	22:53.0	2:25.0	7:21.5	4:34.6
19 Ava Larsen	8th	2209	ROCORI (6)	(19)	23:17.9	2:49.9	7:29.5	4:39.6
20 Natasha James	8th	2174	Rockford High Scho	20	23:19.9	2:51.9	7:30.1	4:40.0
21 Makayla Graunke	8th	2168	Rockford High Scho	(21)	23:20.1	2:52.1	7:30.2	4:40.0
22 Kristen Borchert	8th	2260	Spectrum High Sch	22	23:24.3	2:56.4	7:31.5	4:40.9
23 Sylvia Leonard	SO	1977	Delano (2)	23	23:25.4	2:57.4	7:31.9	4:41.1
24 Ava Legatt	SO	2211	ROCORI (7)	(24)	23:25.9	2:57.9	7:32.0	4:41.2
25 Natalie Bjorklund	SR	1967	Delano (3)	25	23:29.0	3:01.0	7:33.0	4:41.8
26 Emily Haag	FR	1974	Delano (4)	26	23:29.7	3:01.7	7:33.3	4:41.9
27 Alix Gifford	8th	2167	Rockford High Scho	(27)	23:38.9	3:10.9	7:36.2	4:43.8
28 Leah Lyngen	JR	2033	DeLaSalle High Sch	-	23:43.3	3:15.3	7:37.6	4:44.7
29 Madeline Pokornowski	9th	1918	Dassel-Cokato (2)	28	23:48.8	3:20.9	7:39.4	4:45.8
30 Jerilyn Simmer	SO	2098	Northwest Homesc	29	23:51.6	3:23.6	7:40.3	4:46.3
31 Kristiana Anderson	SO	1905	Dassel-Cokato (3)	30	23:59.6	3:31.6	7:42.9	4:47.9
32 Katelyn Raisanen	JR	1919	Dassel-Cokato (4)	31	24:01.0	3:33.0	7:43.3	4:48.2
33 Margaret Myskowski	SO	2096	Northwest Homesc	32	24:03.6	3:35.6	7:44.2	4:48.7
34 Lillian Dietrich	SO	2068	Lester Prairie Scho	33	24:06.9	3:38.9	7:45.2	4:49.4

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**Race #2
WOMEN (Varsity) • 5 Kilometers (3.11 Miles)****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. km
35 Naomi Eskola	JR	1972	Delano (5)	34	24:08.4	3:40.5	7:45.7	4:49.7
36 Carrie Nelson	SO	1915	Dassel-Cokato (5)	35	24:09.5	3:41.5	7:46.1	4:49.9
37 Celia Raney	9th	2143	Providence Academ (36)	(36)	24:13.8	3:45.8	7:47.5	4:50.8
38 Maria Novotny	JR	2266	Spectrum High Sch	37	24:21.3	3:53.3	7:49.8	4:52.2
39 Campbell Logan	8th	1979	Delano (6)	(38)	24:27.9	3:59.9	7:52.0	4:53.6
40 Gretchen Ness	FR	1980	Delano (7)	(39)	24:33.1	4:05.1	7:53.7	4:54.6
41 Makayla Harmer	8th	2262	Spectrum High Sch	40	24:33.5	4:05.5	7:53.8	4:54.7
42 Marielle Chamberlain	SO	2085	Northwest Homesc	41	24:50.0	4:22.0	7:59.1	4:58.0
43 Phoebe Holmes	8th	2264	Spectrum High Sch	42	24:50.1	4:22.1	7:59.1	4:58.0
44 Clara Leverich	SR	2072	Lester Prairie Scho	43	24:52.0	4:24.0	7:59.7	4:58.4
45 Brooke Heimerl	7th	2069	Lester Prairie Scho	44	24:53.4	4:25.4	8:00.2	4:58.7
46 Ella Burfeind	FR	2261	Spectrum High Sch	(45)	25:02.2	4:34.2	8:03.0	5:00.4
47 Allison Folven	9th	1906	Dassel-Cokato (6)	(46)	25:09.7	4:41.7	8:05.4	5:01.9
48 Kara Witt	SO	1923	Dassel-Cokato (7)	(47)	25:29.1	5:01.1	8:11.6	5:05.8
49 Reina Balley	JR	2022	DeLaSalle High Sch	-	25:33.3	5:05.3	8:13.0	5:06.7
50 Paige Heimerl	9th	2070	Lester Prairie Scho	48	25:36.9	5:09.0	8:14.2	5:07.4
51 Muriel Ambrus	JR	2021	DeLaSalle High Sch	-	25:47.6	5:19.6	8:17.6	5:09.5
52 Emilie Berry	SR	2066	Lester Prairie Scho	49	26:04.2	5:36.2	8:23.0	5:12.8
53 Grace Dietrich	SR	2067	Lester Prairie Scho	(50)	26:18.6	5:50.6	8:27.6	5:15.7
54 Naomi Brenden	SR	2082	Northwest Homesc	51	26:46.7	6:18.7	8:36.6	5:21.3
55 Kendra DeRosa	JR	2061	Legacy Christian Ac	-	28:24.3	7:56.3	9:08.0	5:40.8
56 Frances Haase	JR	2029	DeLaSalle High Sch	-	29:02.9	8:34.9	9:20.4	5:48.6
57 McKenzie Alders	SO	2257	Spectrum High Sch	(52)	31:40.5	11:12.5	10:11.1	6:20.1

45TH ANNUAL ROCKET RUNCorcoran, MN
Shamrock Golf Course

Thursday, September 7, 2017

OFFICIAL MEET REPORT
printed: 9/7/2017 6:21 PM**Race #3
MEN (Varsity) • 5 Kilometers (3.11 Miles)****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 ROCORI	54	1-6-12-14-21(31)(32)	1:33:31	18:43	2:06.1
2 Spectrum High School	64	2-8-15-19-20(29)(37)	1:34:32	18:55	2:02.4
3 Delano	89	7-17-18-22-25(34)(41)	1:36:28	19:18	0:48.7
4 Rockford High School	133	5-16-26-38-48(52)	1:39:18	19:52	3:03.3
5 Providence Academy	135	9-10-27-42-47(51)(56)	1:39:54	19:59	2:20.7
6 Dassel-Cokato	151	11-28-30-36-46(53)(55)	1:40:25	20:05	2:10.9
7 Lester Prairie Schools	159	3-13-39-50-54(57)(58)	1:42:14	20:27	4:52.1
8 Northwest Homeschool	160	4-33-35-43-45	1:41:19	20:16	2:58.4
9 DeLaSalle High School	180	23-24-40-44-49	1:42:17	20:28	2:00.0

INDIVIDUAL RESULTS

Athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. km
1 Brent Heinen	SR	2236	ROCORI (1)	1	17:21.3	---	5:34.8	3:28.2
2 Zack Anderson	SR	2269	Spectrum High Sch	2	17:24.6	0:03.6	5:35.9	3:28.9
3 Evan Lee	SO	2074	Lester Prairie Scho	3	17:59.1	0:38.1	5:47.0	3:35.8
4 Luke Swanson	8th	2123	Northwest Homesc	4	18:15.0	0:54.0	5:52.1	3:39.0
5 Nels Trandahl	SO	2191	Rockford High Scho	5	18:19.3	0:58.3	5:53.4	3:39.8
6 Jonah Olson	SO	2247	ROCORI (2)	6	18:21.3	1:00.3	5:54.1	3:40.2
7 Charlie Otto	SR	2003	Delano (1)	7	18:44.8	1:23.9	6:01.7	3:45.0
8 Ben Harvey	SR	2273	Spectrum High Sch	8	18:55.4	1:34.4	6:05.1	3:47.1
9 Tyson Hohenecker	SR	2152	Providence Academ	9	18:56.6	1:35.6	6:05.4	3:47.3
10 Tommy Wehmann	SR	2160	Providence Academ	10	19:02.6	1:41.6	6:07.4	3:48.5
11 Ben Zobel	SO	1964	Dassel-Cokato (1)	11	19:02.9	1:41.9	6:07.5	3:48.6
12 Gavin Neugart	SO	2246	ROCORI (3)	12	19:08.6	1:47.6	6:09.3	3:49.7
13 Drew Jackson	SR	2073	Lester Prairie Scho	13	19:11.4	1:50.4	6:10.2	3:50.3
14 Mathew Thormodson	SR	2252	ROCORI (4)	14	19:12.2	1:51.2	6:10.5	3:50.4
15 Nevin Sagstetter	SR	2283	Spectrum High Sch	15	19:18.4	1:57.4	6:12.5	3:51.7
16 Leo Duffy	SO	2182	Rockford High Scho	16	19:18.7	1:57.7	6:12.6	3:51.7
17 Jack Balsiger	SO	1986	Delano (2)	17	19:19.0	1:58.1	6:12.7	3:51.8
18 Caleb Schrein	FR	2010	Delano (3)	18	19:21.6	2:00.6	6:13.5	3:52.3
19 Zachary Reese	FR	2281	Spectrum High Sch	19	19:26.3	2:05.3	6:15.0	3:53.2
20 Desmond Orton	JR	2280	Spectrum High Sch	20	19:27.0	2:06.0	6:15.2	3:53.4
21 Keyshawn Cremers	JR	2230	ROCORI (5)	21	19:27.3	2:06.4	6:15.3	3:53.5
22 Isayas Rodriguez	FR	2009	Delano (4)	22	19:28.5	2:07.5	6:15.7	3:53.7
23 Alex Wenner	JR	2059	DeLaSalle High Sch	23	19:29.0	2:08.0	6:15.9	3:53.8
24 Isaac Blaine-Sauer	JR	2039	DeLaSalle High Sch	24	19:30.9	2:09.9	6:16.5	3:54.2
25 Cameron Robinson	SO	2008	Delano (5)	25	19:33.5	2:12.6	6:17.3	3:54.7
26 Lucas Klonne	SR	2187	Rockford High Scho	26	19:36.0	2:15.0	6:18.1	3:55.2
27 Will Horinek	SO	2153	Providence Academ	27	19:41.4	2:20.4	6:19.9	3:56.3
28 Cole Niemela	9th	1946	Dassel-Cokato (2)	28	19:44.3	2:23.3	6:20.8	3:56.8
29 Andrew Hattling	SO	2274	Spectrum High Sch	(29)	19:44.9	2:24.0	6:21.0	3:57.0
30 Wyatt Niemela	JR	1948	Dassel-Cokato (3)	30	19:48.4	2:27.4	6:22.1	3:57.7
31 Blake Vogt	JR	2253	ROCORI (6)	(31)	19:54.7	2:33.7	6:24.1	3:58.9
32 Clark Nelson	FR	2245	ROCORI (7)	(32)	20:03.0	2:42.0	6:26.8	4:00.6

45TH ANNUAL ROCKET RUNCorcoran, MN
Shamrock Golf Course

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**Race #3
MEN (Varsity) • 5 Kilometers (3.11 Miles)****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. km
33 Jayden Peterman	SO	2119	Northwest Homesc	33	20:19.8	2:58.8	6:32.2	4:04.0
34 Jonah Eskola	FR	1992	Delano (6)	(34)	20:26.9	3:05.9	6:34.5	4:05.4
35 Jeremy Davie	SO	2063	Legacy Christian Ac	-	20:32.0	3:11.1	6:36.1	4:06.4
36 Grant Olson	SO	2118	Northwest Homesc	35	20:33.5	3:12.5	6:36.6	4:06.7
37 Nathan Dahlseng	SO	1930	Dassel-Cokato (4)	36	20:35.7	3:14.7	6:37.3	4:07.1
38 Noah Ritter	SO	2282	Spectrum High Sch	(37)	20:40.2	3:19.3	6:38.8	4:08.0
39 Nolan Aker	SO	2179	Rockford High Scho	38	20:41.3	3:20.3	6:39.1	4:08.3
40 Cooper Manske	SO	2065	Legacy Christian Ac	-	20:41.5	3:20.5	6:39.2	4:08.3
41 Beau Schmidt	9th	2080	Lester Prairie Scho	39	20:42.4	3:21.4	6:39.5	4:08.5
42 Nathan Omodt	SO	2053	DeLaSalle High Sch	40	20:44.8	3:23.8	6:40.3	4:09.0
43 Reier Sjomeling	JR	2014	Delano (7)	(41)	20:55.7	3:34.7	6:43.7	4:11.1
44 Jack McElroy	8th	2154	Providence Academ	42	20:55.8	3:34.8	6:43.8	4:11.2
45 Phillip Kippley	JR	2112	Northwest Homesc	43	20:57.5	3:36.5	6:44.3	4:11.5
46 Shane Zenk	FR	2060	DeLaSalle High Sch	44	21:03.3	3:42.3	6:46.2	4:12.7
47 A.J. Ulwelling	JR	2124	Northwest Homesc	45	21:13.4	3:52.4	6:49.4	4:14.7
48 David Kivisto	JR	1941	Dassel-Cokato (5)	46	21:13.7	3:52.7	6:49.5	4:14.7
49 William Wehmann	8th	2161	Providence Academ	47	21:17.2	3:56.2	6:50.7	4:15.4
50 Caleb Duerr	SR	2181	Rockford High Scho	48	21:22.5	4:01.5	6:52.4	4:16.5
51 Sam Decker	FR	2045	DeLaSalle High Sch	49	21:29.0	4:08.0	6:54.5	4:17.8
52 Simon Mendoza	SO	2076	Lester Prairie Scho	50	21:29.2	4:08.2	6:54.5	4:17.8
53 Lane O'Meara	JR	2155	Providence Academ	(51)	21:42.5	4:21.5	6:58.8	4:20.5
54 Michael Nelson	9th	2190	Rockford High Scho	(52)	21:58.1	4:37.1	7:03.8	4:23.6
55 Calyn Rieger	JR	1952	Dassel-Cokato (6)	(53)	22:05.7	4:44.7	7:06.3	4:25.1
56 Johnny Howse	FR	2064	Legacy Christian Ac	-	22:48.1	5:27.1	7:19.9	4:33.6
57 Alex Nelson	9th	2078	Lester Prairie Scho	54	22:51.2	5:30.2	7:20.9	4:34.2
58 Josh Skouge	JR	1956	Dassel-Cokato (7)	(55)	22:53.9	5:32.9	7:21.8	4:34.8
59 Thomas Villafana	SO	2159	Providence Academ	(56)	23:29.5	6:08.5	7:33.2	4:41.9
60 Sam Olsen	9th	2079	Lester Prairie Scho	(57)	23:44.4	6:23.4	7:38.0	4:44.9
61 Rod Medina	JR	2075	Lester Prairie Scho	(58)	25:15.9	7:55.0	8:07.4	5:03.2
62 Lucas Anderson	FR	2062	Legacy Christian Ac	-	26:56.0	9:35.0	8:39.6	5:23.2

45TH ANNUAL ROCKET RUNCorcoran, MN
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MEN & WOMEN (Junior Varsity) • 5 Kilometers (3.11 Miles)****Final Results****TEAM SCORING SUMMARY****Boys**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 ROCORI	34	3-4-5-10-12(14)(20)	1:40:44	20:09	1:23.6
2 Spectrum High School	68	1-2-16-23-26(38)(39)	1:44:18	20:52	4:04.4
3 Dassel-Cokato	69	6-8-9-22-24(27)(32)	1:46:49	21:22	2:13.7
4 Delano	72	7-11-17-18-19(21)(28)	1:45:08	21:02	0:57.5
5 Northwest Homeschool	138	15-29-30-31-33(36)(37)	1:55:07	23:02	2:55.4
6 DeLaSalle High School	147	13-25-34-35-40(41)(42)	1:58:28	23:42	5:02.6

Girls

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Dassel-Cokato	52*	8-9-10-11-14(15)(16)	2:10:03	26:01	1:19.7
2 ROCORI	52*	1-2-3-18-28(37)	2:09:09	25:50	4:14.3
3 Delano	56	4-5-12-13-22(23)	2:10:16	26:04	2:55.8
4 Rockford High School	81	6-7-17-24-27(30)(35)	2:13:40	26:44	2:57.2
5 Providence Academy	117	19-20-21-25-32(33)(34)	2:20:06	28:02	2:05.1
6 DeLaSalle High School	160	26-29-31-36-38	2:29:45	29:57	4:05.6

***Tiebreakers**

Dassel-Cokato	8	9	10	11	14	15
ROCORI	1	2	3	18	28	37

INDIVIDUAL RESULTS

Athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. kM
1 Ben Nauman	FR	2278	Spectrum High Sch	1	18:42.5	---	6:00.9	3:44.5
2 Matthew Helser	SO	2275	Spectrum High Sch	2	18:59.7	0:17.7	6:06.4	3:47.9
3 Esteban Pantoja	JR	2248	ROCORI (1)	3	19:30.5	0:48.5	6:16.3	3:54.1
4 Braeden Cremers	JR	2229	ROCORI (2)	4	19:42.2	1:00.2	6:20.1	3:56.4
5 Carter Austad	SR	2225	ROCORI (3)	5	19:54.1	1:12.1	6:23.9	3:58.8
6 Erick Rossow	SO	1953	Dassel-Cokato (1)	6	20:29.7	1:47.7	6:35.4	4:05.9
7 Austin Carlson	FR	1989	Delano (1)	7	20:29.7	1:47.7	6:35.4	4:05.9
8 Henry Dahlman	SO	1929	Dassel-Cokato (2)	8	20:30.9	1:49.0	6:35.8	4:06.2
9 Elliot Anderson	SO	1925	Dassel-Cokato (3)	9	20:31.1	1:49.1	6:35.8	4:06.2
10 Jack Spengler	SR	2250	ROCORI (4)	10	20:43.2	2:01.2	6:39.7	4:08.6
11 Samuel Schuler	FR	2012	Delano (2)	11	20:46.2	2:04.2	6:40.7	4:09.2
12 Charlie Matuska	SO	2244	ROCORI (5)	12	20:54.0	2:12.0	6:43.2	4:10.8
13 Henry Fisher	SO	2047	DeLaSalle High Sch	13	21:03.6	2:21.6	6:46.3	4:12.7
14 Devin Gertken	SR	2234	ROCORI (6)	(14)	21:07.2	2:25.2	6:47.4	4:13.4
15 Joshua Gavin	SO	2107	Northwest Homesc	15	21:07.2	2:25.2	6:47.5	4:13.4
16 Cole Schwinghammer	JR	2284	Spectrum High Sch	16	21:10.7	2:28.7	6:48.6	4:14.1
17 Matthew Reardon	SO	2007	Delano (3)	17	21:12.5	2:30.5	6:49.1	4:14.5
18 Hunter Ulferts	FR	2017	Delano (4)	18	21:12.5	2:30.5	6:49.1	4:14.5
19 Samson Streachek	JR	2016	Delano (5)	19	21:27.2	2:45.2	6:53.9	4:17.4
20 Ian Fuller	SR	2233	ROCORI (7)	(20)	21:32.0	2:50.0	6:55.4	4:18.4
21 Steven Fogle	SO	2151	Providence Academ	-	21:47.5	3:05.6	7:00.4	4:21.5

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MEN & WOMEN (Junior Varsity) • 5 Kilometers (3.11 Miles)****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. km
22 Michael Straszewski	JR	2158	Providence Academ	-	21:52.6	3:10.6	7:02.0	4:22.5
23 Quinten Ruhlund	SR	2249	ROCORI	-	21:57.5	3:15.5	7:03.6	4:23.5
24 Samuel Yunker	SR	2018	Delano (6)	(21)	22:04.4	3:22.4	7:05.8	4:24.9
25 Mark Bicknell	SO	2227	ROCORI	-	22:17.5	3:35.5	7:10.0	4:27.5
26 Jack Kraemer	FR	2240	ROCORI	-	22:18.3	3:36.3	7:10.3	4:27.7
27 Mitchell Hawkinson	FR	2235	ROCORI	-	22:19.7	3:37.7	7:10.8	4:27.9
28 Luke Fonkert	SO	1932	Dassel-Cokato (4)	22	22:33.5	3:51.5	7:15.2	4:30.7
29 Abram Harvey	FR	2272	Spectrum High Sch	23	22:37.9	3:55.9	7:16.6	4:31.6
30 Chad Dischinger	SO	1931	Dassel-Cokato (5)	24	22:43.3	4:01.3	7:18.4	4:32.7
31 Alec Charlton	SR	2042	DeLaSalle High Sch	25	22:44.6	4:02.6	7:18.8	4:32.9
32 Ethan Evans	8th	2271	Spectrum High Sch	26	22:46.8	4:04.8	7:19.5	4:33.4
33 Emmanuel Johnson	7th	1938	Dassel-Cokato (6)	(27)	22:56.1	4:14.1	7:22.5	4:35.2
34 Nicholas Egly	FR	1991	Delano (7)	(28)	23:03.6	4:21.6	7:24.9	4:36.7
35 Isaac Nielsen	9th	2117	Northwest Homesc	29	23:11.9	4:29.9	7:27.5	4:38.4
36 John Hutchinson	SO	2108	Northwest Homesc	30	23:12.8	4:30.8	7:27.8	4:38.5
37 Kirby Schmalz	SO	2120	Northwest Homesc	31	23:32.1	4:50.1	7:34.0	4:42.4
38 Will Nelson	JR	1945	Dassel-Cokato (7)	(32)	23:36.2	4:54.2	7:35.3	4:43.2
39 Billy Buckner	SO	2228	ROCORI	-	23:40.6	4:58.6	7:36.8	4:44.1
40 Alan Leukuma	SO	1998	Delano	-	23:41.9	4:59.9	7:37.2	4:44.4
41 Luke Mueller	SO	2116	Northwest Homesc	33	24:02.6	5:20.6	7:43.8	4:48.5
42 Eli Santelman	FR	2157	Providence Academ	-	24:06.2	5:24.2	7:45.0	4:49.2
43 Stewart Nelson	FR	2052	DeLaSalle High Sch	34	24:06.2	5:24.2	7:45.0	4:49.2
44 Madilynn Nilson	SO	2214	ROCORI (1)	1	24:12.9	5:30.9	7:47.2	4:50.6
45 Emmett Dowdal-Osborn	FR	2046	DeLaSalle High Sch	35	24:27.3	5:45.3	7:51.8	4:53.4
46 Autumn Johnson	SR	2203	ROCORI (2)	2	24:31.1	5:49.1	7:53.0	4:54.2
47 Lilly Johnson	SR	2204	ROCORI (3)	3	24:31.3	5:49.3	7:53.1	4:54.3
48 Nathan Leukuma	SO	1999	Delano	-	24:40.0	5:58.0	7:55.9	4:56.0
49 Lauren Degn	SR	1971	Delano (1)	4	24:41.9	5:59.9	7:56.5	4:56.4
50 Sam Resop	SO	1951	Dassel-Cokato	-	24:54.4	6:12.4	8:00.5	4:58.9
51 Jack Liska	SO	2113	Northwest Homesc	(36)	24:59.2	6:17.2	8:02.1	4:59.8
52 Nate Kilsdonk	SO	2110	Northwest Homesc	(37)	24:59.8	6:17.8	8:02.2	5:00.0
53 Gabriel Brenden	9th	2102	Northwest Homesc	-	25:00.6	6:18.6	8:02.5	5:00.1
54 Jenna Bunker	FR	1969	Delano (2)	5	25:01.5	6:19.5	8:02.8	5:00.3
55 Aigul Simpson	9th	2178	Rockford High Scho	6	25:02.5	6:20.5	8:03.1	5:00.5
56 Nathan Church	8th	2270	Spectrum High Sch	(38)	25:07.7	6:25.7	8:04.8	5:01.5
57 Ari Wilson	FR	2286	Spectrum High Sch	(39)	25:11.1	6:29.1	8:05.9	5:02.2
58 Matthew Clark	JR	1990	Delano	-	25:15.2	6:33.3	8:07.2	5:03.0
59 Jack Kaluza	FR	2276	Spectrum High Sch	-	25:20.9	6:38.9	8:09.0	5:04.2
60 Evan Hubbs	SO	2186	Rockford High Scho	-	25:21.8	6:39.8	8:09.3	5:04.4
61 Torrey Hagen-Johnson	9th	2170	Rockford High Scho	7	25:23.6	6:41.6	8:09.9	5:04.7
62 Simon Otto	SO	2005	Delano	-	25:30.8	6:48.8	8:12.2	5:06.1
63 Nolan Carlson	8th	1928	Dassel-Cokato	-	25:31.2	6:49.2	8:12.3	5:06.2
64 Emilie Minkin	9th	1914	Dassel-Cokato (1)	8	25:35.3	6:53.3	8:13.6	5:07.1
65 Jewels Jorgensen	8th	1910	Dassel-Cokato (2)	9	25:39.6	6:57.6	8:15.0	5:07.9
66 Cressa Looft	SO	1913	Dassel-Cokato (3)	10	25:41.3	6:59.3	8:15.6	5:08.3
67 Matthew McCullough	SR	2000	Delano	-	25:50.8	7:08.8	8:18.6	5:10.1

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Athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. km
68 Lucius LaFramboise	JR	1997	Delano	-	26:05.6	7:23.6	8:23.4	5:13.1
69 Harrison Rowe	SR	2056	DeLaSalle High Sch	40	26:06.1	7:24.1	8:23.6	5:13.2
70 Mara Peterson	JR	1917	Dassel-Cokato (4)	11	26:11.4	7:29.5	8:25.3	5:14.3
71 Sarah Strandemo	SR	1984	Delano (3)	12	26:14.9	7:32.9	8:26.4	5:15.0
72 Peter Weber	SR	2125	Northwest Homesc	-	26:18.2	7:36.2	8:27.4	5:15.6
73 Nicholas Poll	SR	2006	Delano	-	26:18.3	7:36.3	8:27.5	5:15.6
74 Anna Blonigen	JR	1968	Delano (4)	13	26:40.0	7:58.0	8:34.5	5:20.0
75 Sienna Chernyavsky	SR	2086	Northwest Homesc	-	26:49.9	8:07.9	8:37.6	5:22.0
76 Greyson Zenner	FR	2256	ROCORI	-	26:54.8	8:12.8	8:39.2	5:23.0
77 Lydia Harju	JR	1907	Dassel-Cokato (5)	14	26:54.9	8:12.9	8:39.3	5:23.0
78 Jennah Keith	9th	1911	Dassel-Cokato (6)	(15)	26:55.4	8:13.4	8:39.4	5:23.1
79 Payton Amundson	8th	1903	Dassel-Cokato (7)	(16)	26:57.6	8:15.7	8:40.1	5:23.5
80 Liam Meyer	SO	2077	Lester Prairie Scho	-	27:07.9	8:26.0	8:43.4	5:25.6
81 Keegan Finger	SR	2184	Rockford High Scho	-	27:14.4	8:32.4	8:45.5	5:26.9
82 Erin Hopkins	JR	2173	Rockford High Scho	17	27:20.8	8:38.8	8:47.6	5:28.2
83 Ella Hanlon	FR	2197	ROCORI (4)	18	27:26.3	8:44.3	8:49.3	5:29.2
84 Sharon Glover	9th	2090	Northwest Homesc	-	27:27.0	8:45.0	8:49.6	5:29.4
85 Lucia Orlandi	JR	2142	Providence Academ	19	27:28.9	8:46.9	8:50.2	5:29.8
86 Carter Kulavik	SO	2188	Rockford High Scho	-	27:29.5	8:47.5	8:50.4	5:29.9
87 Samantha Mahoney	FR	2137	Providence Academ	20	27:30.7	8:48.7	8:50.8	5:30.1
88 Bridget Hodgkin	8th	2133	Providence Academ	21	27:37.4	8:55.5	8:52.9	5:31.5
89 Chloe Rodriguez	SO	1983	Delano (5)	22	27:37.7	8:55.7	8:53.0	5:31.5
90 Emma Andreassen	JR	1965	Delano (6)	(23)	27:51.8	9:09.8	8:57.5	5:34.4
91 Hannah Moe	8th	2175	Rockford High Scho	24	27:53.1	9:11.1	8:58.0	5:34.6
92 Ella von Dohlen	FR	2148	Providence Academ	25	27:54.4	9:12.4	8:58.4	5:34.9
93 Sydney Riley	SO	2035	DeLaSalle High Sch	26	27:57.2	9:15.2	8:59.3	5:35.4
94 Sydney Boyd	9th	2162	Rockford High Scho	27	27:59.6	9:17.6	9:00.1	5:35.9
95 Alaxander Mika	FR	2001	Delano	-	28:23.8	9:41.8	9:07.8	5:40.7
96 Alexa Hennen	JR	2199	ROCORI (5)	28	28:27.2	9:45.2	9:08.9	5:41.4
97 Kieran Rowe	FR	2057	DeLaSalle High Sch	(41)	28:55.4	10:13.4	9:18.0	5:47.1
98 Eleanor Weckswerth	SO	1922	Dassel-Cokato	-	28:56.6	10:14.7	9:18.4	5:47.3
99 Cole Carlson	SR	2041	DeLaSalle High Sch	(42)	29:03.7	10:21.7	9:20.7	5:48.7
100 Joe Dieter	SR	2180	Rockford High Scho	-	29:07.4	10:25.4	9:21.9	5:49.5
101 Emma Shapiro	SO	2036	DeLaSalle High Sch	29	29:18.0	10:36.0	9:25.3	5:51.6
102 Horobin George	JR	1993	Delano	-	29:23.9	10:41.9	9:27.1	5:52.8
103 Erin McGowan	SO	2095	Northwest Homesc	-	29:25.9	10:43.9	9:27.8	5:53.2
104 Alex Holan	SR	2238	ROCORI	-	29:29.2	10:47.2	9:28.9	5:53.8
105 Greta Greniger	9th	2169	Rockford High Scho	(30)	29:30.4	10:48.4	9:29.2	5:54.1
106 Molly Molloy	SR	2034	DeLaSalle High Sch	31	29:30.8	10:48.8	9:29.4	5:54.2
107 Cristina Albee	SO	2126	Providence Academ	32	29:33.9	10:51.9	9:30.4	5:54.8
108 Jamie Trende	JR	2147	Providence Academ	(33)	29:40.7	10:58.7	9:32.6	5:56.1
109 Katy Newman	FR	2141	Providence Academ	(34)	29:42.1	11:00.1	9:33.0	5:56.4
110 Emma Ryan	FR	2144	Providence Academ	-	29:45.9	11:04.0	9:34.2	5:57.2
111 Adelle Anderson	8th	1904	Dassel-Cokato	-	30:08.0	11:26.0	9:41.3	6:01.6
112 Charlotte Faue	SR	2165	Rockford High Scho	(35)	30:33.5	11:51.5	9:49.5	6:06.7
113 Natalie Delgado	JR	2027	DeLaSalle High Sch	36	30:55.5	12:13.5	9:56.6	6:11.1

45TH ANNUAL ROCKET RUNCorcoran, MN
Shamrock Golf Course

Thursday, September 7, 2017

**OFFICIAL MEET REPORT**
printed: 9/7/2017 6:21 PM**Race #4**
MEN & WOMEN (Junior Varsity) • 5 Kilometers (3.11 Miles)**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. km
114 Joel Harju	SO	1934	Dassel-Cokato	-	31:25.1	12:43.1	10:06.1	6:17.0
115 Jenna Barker	SR	2192	ROCORI (6)	(37)	31:36.0	12:54.0	10:09.6	6:19.2
116 Katie Leines	8th	2136	Providence Academ	-	31:57.4	13:15.4	10:16.5	6:23.5
117 Alli Biermaier	JR	2023	DeLaSalle High Sch	38	32:02.8	13:20.8	10:18.2	6:24.6
118 Rebecca Compton	SO	2088	Northwest Homesc	-	32:57.0	14:15.0	10:35.7	6:35.4
119 Carter Nelson	JR	2002	Delano	-	33:31.0	14:49.0	10:46.6	6:42.2
120 Alyssa Lang	9th	1912	Dassel-Cokato	-	36:01.4	17:19.4	11:35.0	7:12.3