

Heart Attack

Definition:

A heart attack also known as “Myocardial Infarction”, is a rapid disruption or lack of the supply of blood to the heart due to an occlusion or obstruction of a coronary artery. The heart muscle becomes fragile from lack of oxygen and starts to die.

Signs & Symptoms:

- Chest pain
- Blue lips
- Sweating
- Gaspings
- Sudden fainting or dizziness

Treatment for heart attack:

- Lay the patient down.
- Dial 140 for Red Cross ambulance.
- Give anti-coagulant, if available, such as aspirin tablet.
- Be prepared to resuscitate, if needed, until the arrival of medical help.