



# SOUTHRIDGE WEDNESDAY

## Our Weekly News

SEPTEMBER 28, 2016  
ISSUE #04

### Head of School

#### Breaking the Dead Shells of Yesterdays

John O'Donohue was a philosopher and poet who wrote beautifully on the Celtic spirit. I came across some of his work this past summer and was literally stopped in my tracks by his moving thoughts and imaginative expressions. His poetry in particular is quite thought provoking and, besides being beautifully written, holds simple wisdom that is both striking and uplifting.

In his book called *To Bless this Space between Us*, a poem about welcoming the morning is a great way to remember the tendency we all have to rest in the comfort of the safety and warmth of the shells that we create around us. Alas, these shells are also the source of immobility and, despite their coziness, they often hold us back from growth in all of its fullness embodying intellect, emotion and spirit.

The stanza from the poem that I am referring to is written in a way that resonates well with schools because of its open posture towards the discomfort that is often required to learn something new; discomfort that is particularly “disturbing” when the learning in question challenges sources of comfort and predictability. He writes,

*May your mind come alive today  
To the invisible geography  
That invites you to new frontiers,  
To break the dead shell of yesterdays,  
To risk being disturbed and changed*

If you happened to be around in 1975, you may remember the song “Hide in Your Shell” written and composed by Roger Hodgson of Supertramp (<https://www.youtube.com/watch?v=TRPi1DIdt5k>). I don't think it's coincidental that the song originally appeared on the album *Crime of the Century*, for it certainly would a horrible crime if we didn't break the dead shells that keep us hidden – safe, perhaps, but hidden nevertheless.

Learning is all about change and growth; and it's about being less hidden, isn't it? Southridge strives to create a learning environment that feels safe enough for our students (and all of us, really) to take risks, to try something new, to speak out, to be



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“disturbed”, to explore new frontiers and to . . . well . . . come out of our shells to become the most whole people we are called to be.

Have a wonderful week!

Drew Stephens  
Head of School

### Important Dates

| Event                                   | Date  | Time    | Location                  |
|---|---|---------|---------------------------|
| Senior School Mini School Night         | Thursday, September 29 <sup>th</sup>                              | 6:30 pm | Senior School             |
| Casual Day                              | Friday, September 30 <sup>th</sup>                                | All Day | Both Schools              |
| Grade 8 & 9 Strathcona Week – Drop Off  | Sunday, October 2 <sup>nd</sup>                                   | 9:25 am | Tsawwassen Ferry Terminal |
| L.E.W. – Leadership Experience Week     | Monday, October 3 <sup>rd</sup> – Friday, October 7 <sup>th</sup> |         | Senior School             |
| Grad Retreat                            | Tuesday, October 4 <sup>th</sup>                                  |         | Senior School             |
| Junior School AR Information Session    | Thursday, October 6 <sup>th</sup>                                 | 8:30 am | Junior School             |
| Junior School AR Information Session    | Thursday, October 6 <sup>th</sup>                                 | 6:00 pm | Junior School             |
| CUE Fair                                | Friday, October 7 <sup>th</sup>                                   | 9:00 am | Senior Gym                |
| Grade 8 & 9 Strathcona Week – Pick up   | Friday, October 7 <sup>th</sup>                                   | 2:40 pm | Tsawwassen Ferry Terminal |
| Grade 11 Career Experience Day          | Friday, October 7 <sup>th</sup>                                   | All Day | Senior School             |
| Junior School House Captains' Theme Day | Friday, October 7 <sup>th</sup>                                   | All Day | Junior School             |
| Thanksgiving Holiday                    | Monday, October 10 <sup>th</sup>                                  | All Day | Both Schools              |
| Late Start                              | Tuesday, October 11 <sup>th</sup>                                 | 10:25   | Both Schools              |



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### Junior School News

#### Head of Junior School

##### Run LIKE Terry

Our annual Terry Fox event, held on September 23<sup>rd</sup>, was a great success, collectively raising approximately \$1,735 for the Canadian Cancer Foundation. Despite the rain and the fall chill in the air, the Junior School made a commitment to not just run FOR Terry, but to also run LIKE Terry. Running LIKE Terry meant that despite the wet and cold, we had to persevere and get a little wet. Terry ran almost 42 km/day for 143 days. He ran in his iconic blue and white Adidas "Onion" sneakers. Those shoes took quite a beating, and by the time Terry's Marathon of Hope came to an end, those shoes were tired, worn and patched together with shoe goo.

Before we headed off on our run, we took a moment to look at an image of Terry's Adidas Onion shoes. While we often see photos of Terry running, how often do we look at his shoes? Shoes that carried him through communities, up and down the open road, in heat, rain and sleet. Shoes that went the distance along with Terry. When we think about Terry's legacy, and how the Marathon of Hope has lived on far beyond Terry ever could have dreamed, it's important to think about how we can run LIKE Terry to keep his dream alive. Running LIKE Terry means we must put ourselves in his shoes, if only for a moment, to be courageous and completely committed to a cause.

Huge thanks go out to Ms. Graham, Mr. Gates and the Grade 7 classes for their organization and leadership leading up to and during the event, and to all of the parents who joined us - your cheers and smiles kept those laps coming. LIKE Terry, we felt the power and support of our community as we ran our laps. Together, we ran a total of 1,668 laps - small in comparison to what Terry ran, but significant when we think about those shoes and how many pairs of shoes since, including our own, have run together to make a difference in the fight against cancer. If those shoes could talk, just imagine the story they would tell us.

Photo by Clinton Hussey, <http://rw.runnersworld.com/selects/terry-fox.html>

Tanya de Hoog  
Head of Junior School



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### Drop off and Pick Up Safety Reminders

Please be mindful of safety during student drop off and pick up:

- Watch for pedestrians when turning off of 160th Street onto the school property.
- Keep the area in front of the Junior School entry a single lane - turn right ahead of the cross-walk if you are not pulling up to the curb in front of the Junior School.
- Please do not pull up to the curb where the crosswalk is. It's important to ensure that the cross-walk is kept clear and safe for students and adults crossing from the parking lot to the walkway.

### Important Date Change

Due to a conflict with our Ministry of Education Inspection Visit, Junior School Parent-Teacher interviews have been rescheduled from Thursday, October 20<sup>th</sup> to Thursday, October 27<sup>th</sup>. Please save the date, mark your calendars and plan accordingly. We apologize for any inconvenience this may cause and appreciate your understanding.

### Hot Lunch Orders Due (Kindergarten - Grade 3)

Hot Lunch orders are now overdue. Thank you to those of you who have ordered and submitted their payment. If you have not yet ordered please go to [www.munchalunch.com/schools/southernridgesurrey](http://www.munchalunch.com/schools/southernridgesurrey) before midnight this evening when the site will be locked. **All cheques are due tomorrow - Thursday, September 29<sup>th</sup>.** Please submit your cheque (made payable to "CANUEL CATERERS") to the Junior School front desk to ensure your child's order is processed. *Please note: we cannot serve your child hot lunch until payment is received.*

Hot lunch service will begin [Wednesday, October 5<sup>th</sup>](#). If you have any problems or concerns please contact your Hot Lunch Chairs: Gabe Embley & Cindy Moreno [southernridgehotlunchhelp@gmail.com](mailto:southernridgehotlunchhelp@gmail.com)

### Volunteering at Southridge

Did you know that many of the things that make our school great depend on volunteers? Volunteering gives you a wonderful glimpse into the world of your child, and is a great way to give back to the Southridge community.



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We are critically short for both **baking volunteers** and **volunteer playground supervisors**. Volunteers are also needed for library, hospitality, and lost and found. Volunteer positions follow a schedule, and you can let the coordinators know what frequency would work best for you (weekly, biweekly, monthly).

### **Baking Committee**

Calling all bakers! Are you looking for a volunteer position that you can do at home? If you are a busy parent who can't always be on-site to volunteer, the Southridge Baking Committee is the perfect position—you can even bake ahead and freeze it! The baking committee provides home-baked goods to the faculty at the Junior and Senior Schools each Friday morning. With enough volunteers, most committee members end up baking only 4-5 times over the year. Contact [Vanessa.Lapointe@shaw.ca](mailto:Vanessa.Lapointe@shaw.ca) for more information.

### **Playground Supervisors**

These are critical roles that help ensure the safety of our children outside at lunch, provide minor first aid when necessary, act as a referee or mediator and also help remind them of the playground rules from time to time! And besides those important aspects - it's also a great way to see your child at play and interacting with their friends and classmates!

The supervision shift is only 60 minutes - from 12:20-1:20pm - and the commitment is totally flexible, from 1 or 2 days a month to 5 days a week! Five volunteers are required per school day, 2 volunteers in the Junior School field, 2 volunteers in the Junior School pea gravel playground/basketball area & 1 volunteer to watch the MYP kids playing basketball between the schools (and the occasional traffic).

### *Additional Information:*

[Criminal Record Check Required](#) - good for 5 years

[Additional Training Required](#) - easy and quick

If you have any questions please email the playground supervision coordinators:

Tracy Povey ([tracy.povey@gmail.com](mailto:tracy.povey@gmail.com))

Ian Povey ([ianpovey@gmail.com](mailto:ianpovey@gmail.com))

### **Lost and Found**

We are looking for one volunteer to come in on Fridays at 11:45 for about 30 minutes, and periodically pop in during the week to tidy and sort the lost and found closet. The position also includes washing unlabeled clothing once a week.



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**\*Reminder:** please ensure all items are clearly labelled. The Junior School lost and found cabinet is located near the exit to the playground. Valuable items such as eyeglasses, jewelry, and watches will be held at the junior school office.

**Please be a part of these volunteer roles within the Southridge community and signup today:** <https://registration.campbrain.com/Portal/Home.aspx>

More information about these processes can be found in the Parent Portal under "Volunteer Corner." If you have any questions about volunteering at Southridge, please don't hesitate to contact the Volunteer Committee at [volunteer@southridge.bc.ca](mailto:volunteer@southridge.bc.ca).

Thank you so much for volunteering at Southridge and keeping our strong tradition of volunteer support alive!

Thank you!

The Volunteer Committee

## Senior School News

### Head of Senior School

#### Outdoor Education Trips in the Senior School

Last week 15 students braved the at times blustery West Coast fall weather to tackle the Juan de Fuca Trail with Mr. Dods and Mlle. Lew. The group consisted of one grade 8 student, seven grade 9s, one each from grade 10 and 11, as well as five grade 12 students. When I asked Mr. Dods to give me a highlight from the weekend, he said that although there were of course many little highlights while hiking on what is arguably one of the most beautiful trails on the planet, what stood out to him was the leadership the grade 12 students demonstrated. Although there was a wide variety of age groups on the trip, the grade 12 students made sure that everyone was included in the evening games and sharing campfire stories, ensuring that all students felt comfortable and part of the group. Being a completely voluntary trip, I was impressed that there were students from grades 8, 10 and 11 who were the only ones from their grade on the hike. Special thanks to Mr. Dods and Mlle. Lew for leading this spectacular trip!



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This week, Mr. Burrage and Ms. Alexandra will be casting off with 10 students (four from Grade 10, two 11s, and four Grade 12s to Main Lake Provincial Park on Quadra Island for a four day canoeing trip. Have a safe and exciting trip!

Brad Smith  
Head of Senior School

### Welcome to the Southridge Senior School Mini School Night

There are several opportunities to get to know teachers on an informal basis early in the school year at events such as the Welcome Back Picnic and on the sidelines at sporting events, but on Thursday September 29<sup>th</sup> from 6:30 to 9:30 pm Southridge invites you to the Senior School Mini School Night.

This evening provides you with an opportunity to follow your son or daughter's schedule and to meet his or her teachers. This popular event has received excellent feedback from parents who have found it to be a very informative and valuable experience. To parents of students in all grades please come and join us and learn a little more about the varied curriculum and daily lives of our students in the Senior School.

Registration begins promptly at 6:30 pm in the Senior School gym. We look forward to seeing you there.

Ms. Jan Holt  
Senior School Academic Program Director

### Strathcona Reminders

All Grade 8 & 9 students are departing for their Outdoor Ed trip this Sunday. Please be at the Tsawwassen ferry terminal by **9:25am Sunday, Oct. 2<sup>nd</sup>**. Pick up will be at the Tsawwassen ferry terminal at **2:40pm on Friday, Oct 7<sup>th</sup>**. Packings lists and other information can be found on Schoology in your grade group.

Thanks,

Anna Szymczak  
Outdoor Education Coordinator



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### Laptop Backpacks

Dear Parents,

We are trying to ensure that all students use the backpacks provided by the school for transporting laptops to and from the home. These specially designed backpacks have extra padding that protects the laptops from damage, and a protective chamber beneath the laptop storage area that is specifically designed to protect a laptop when the backpack is dropped. Other thin-walled canvas backpacks (such as Vans or Herschel brands) do not provide any protection for laptops. Some students have even been seen carrying their laptops in plastic or paper shopping bags. Please help us as we strive to limit the amount of damage to the laptops students are provided by the school.

### The Annual House Picnic - What a day it was!

Our annual Senior School House Picnic took place on Friday, September 23<sup>rd</sup>. While the plan had been to board 8 school buses and send 361 spirited students down to Crescent Park, a decision was made to change the venue based on a potential external risk that surfaced that morning (Mr. Smith sent out a message to the school community explaining the situation). What followed was inspiring.

The Grade 12 House Captains took charge, and re-worked their plans for the day. A venue change threw many challenges at them, mainly with the logistics of the welcoming ritual for Grade 8s and our new Senior School students. But they worked together, and they worked quickly. The fruits of their efforts were quickly apparent. New students (and teachers) were soon sliding through a mixture of paint and water on the slip-and-slide tarps in the rain. Soon after, the traditional flour fight broke out on the back field. Kids were soaking wet, coated in flour and grass, smiling and laughing.

After the flour fight, teachers and the facilities staff watched in horror as our multi-coloured, waterlogged students turned towards the school for their lunches. Despite having teachers at every entrance asking students to clean themselves before entering the building, and despite the students' best efforts to comply, the school quickly began to take on the smell of damp clothing and wet turf. Clumps of grass littered the entrances and spread into the hallways. Inevitably, wet footprints could be seen throughout the school. Wet socks and shoes were strewn about. Though not intentionally, the building was a mess.

As I walked through the hallways assessing the situation, I saw students picking up clumps of grass and putting them in to the garbage. I saw teachers with brooms and dust pans sweeping the hallways, stairwells, and entries. People were still smiling and





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laughing as they warmed up briefly before heading back outside for the Terry Fox run and the House tug-of-war competition.

Back out on the field, the students spent 30 minutes walking/running dutifully, in honour of Terry Fox. While we didn't quite make our fundraising goal, we did raise a total of \$973.25 which is roughly twice the amount we raised at the event last year! Thanks to those who contributed to a wonderful cause. Students persevered through the drizzling rain before regrouping on the back field for the annual House Tug-of-War, where cheers, chants, and furious shouts of, "PULL...PULL..." filled the air. Honestly, I'm not even sure which House won. It seems less important than the fact that people were having fun!

The point of me writing this piece was to let the larger community know that despite massive changes to an already complicated day, it was inspiring to see the collaboration, adaptability, and spirit of our students and staff! Everyone did their part to ensure that the event still went on, and that it was fun, safe, and spirited as planned. Many, many thanks to everyone who helped ensure that the day was a success!

I am already looking forward to next year's House Picnic.

Mr. Jones

### **Jazz Retreat – October 27<sup>th</sup>-29<sup>th</sup> - Rockridge Canyon**

This will be our eleventh Jazz Retreat, and we are pleased to announce that we will be returning to the beautiful Rockridge Canyon Retreat Centre in Princeton, BC. Truly, this has become a bit of a Southridge tradition! If you speak with anyone who has been in previous years, I'm sure they'll tell you it was a great time... musically and in every other way! This year's retreat will be held from Thursday through Saturday, October 27<sup>th</sup>-29<sup>th</sup>.

Our days will be filled with full band sessions, sectional rehearsals, as well as workshops on improvisation. Each evening, we'll be treated to a jazz jam session extraordinaire with our clinicians. Also, they'll be lots of free time for relaxing or playing a game of pool, basketball, or simply soaking up the awe inspiring scenery. Students will stay in dormitory style accommodations.

If you are playing in one of the Jazz Bands or sing in the Choir this year, you will not want to miss this amazing retreat. The sign up forms are now available; check in front of the bulletin board outside room 103.



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Parents, if you are willing to help, please email [cmitchell@southeridge.bc.ca](mailto:cmitchell@southeridge.bc.ca). Each year, we have about 5 or 6 parents join us, to help with the younger students' cabin supervision and some of the food. The evening concerts are definitely a highlight. Any parents who have been before have certainly enjoyed the retreat.

Ms Parker, Mr. Mitchell & Mr. Burrage

### Outdoor Ed Mountain Biking Trip

On Monday, October 17<sup>th</sup> we will be offering a mountain biking trip to the north shore. This trip will depart from Southridge at 8:00 AM and head to Mount Fromme in North Vancouver. There we will participate in a skills session, followed by and ride up mountain highway (gravel road) and descent down Bobsled, a fun, flowing singletrack trail (we will repeat this loop several times while developing skills throughout the afternoon). We are pleased to be working again with Endless Biking, who will provide mountain bike guides as well as instruction. The two teachers on this trip will be Mr. Mitchell and Mr. Jones. The cost is \$80, or \$100 if you wish to rent a mountain bike and helmet.

Please see Mr. Mitchell or Mr. Jones for a form. Spots on this trip are limited to 10, and the last trip filled up very quickly, so get your forms in as soon as possible if you are interested!

### Volunteering at Southridge - Info for New Parents

Did you know that many of the things that make our school great depend on volunteers? Volunteering gives you a wonderful glimpse into the world of your child, and is a great way to give back to the Southridge community. Below are a few key ways that Senior School parents can volunteer at Southridge.

#### Baking Committee

Calling all bakers! Are you looking for a volunteer position that you can do at home? If you are a busy parent who can't always be on-site to volunteer, the Southridge Baking Committee is the perfect position—you can even bake ahead and freeze it! The baking committee provides home-baked goods to the faculty at the Junior and Senior Schools each Friday morning. With enough volunteers, most committee members end up baking only 4-5 times over the year. Contact [Vanessa.Lapointe@shaw.ca](mailto:Vanessa.Lapointe@shaw.ca) for more information.

#### Playground Supervisors



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These are critical roles that help ensure the safety of our children outside at lunch, provide minor first aid when necessary, act as a referee or mediator and also help remind them of the playground rules from time to time. Of the five playground supervisors, one supervisor is needed in the “breezeway” between the Jr and Sr schools, and is a great volunteer opportunity for new Grade 8 parents that want an opportunity to see daily life at Southridge.

The supervision shift is only 60 minutes - from 12:20-1:20pm - and the commitment is totally flexible, from 1 or 2 days a month to 5 days a week!

### Additional Information:

[Criminal Record Check Required](#) - good for 5 years

[Additional Training Required](#) - easy and quick

If you have any questions please email the playground supervision coordinators:

Tracy Povey ([tracy.povey@gmail.com](mailto:tracy.povey@gmail.com))

Ian Povey ([ianpovey@gmail.com](mailto:ianpovey@gmail.com))

### Uniform Shop

The uniform shop is located in the Senior school and volunteers are needed for set shifts, either 1.5 hours in the morning, or 2 hours in the afternoon. Training is provided. Contact [volunteer@southridge.bc.ca](mailto:volunteer@southridge.bc.ca) for additional details.

**Please be a part of these volunteer roles within the Southridge community and signup today:** <https://registration.campbrain.com/Portal/Home.aspx>

More information about these processes can be found in the Parent Portal under “Volunteer Corner.” If you have any questions about volunteering at Southridge, please don’t hesitate to contact the Volunteer Committee at [volunteer@southridge.bc.ca](mailto:volunteer@southridge.bc.ca).

Thank you so much for volunteering at Southridge and keeping our strong tradition of volunteer support alive!

Thank you!

The Volunteer Committee



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### BC Ministry Curriculum and Provincial Examination Changes for 2016-2017

#### A Brief Background

As you may know the Ministry of Education in British Columbia has been working on changes to the curriculum since 2011 when the need for changes to the existing graduation program was initially highlighted. The Ministry, in consultation with stakeholders, has been working on modernizing curriculum, assessment and the graduation program since that time.

It is worth noting that Southridge developed its own [Senior School Education Program \(SSEP\)](#) in response to many of the same imperatives for better meeting students' needs in the increasingly diverse, technology rich, collaborative, and globally focused world in which we live and work.

The changes envisaged by the Ministry will be brought in over the next few years after further consultation with post-secondary institutions. In order to allow schools to adjust to the new curriculum and new provincial exams, only modest changes to the graduation credit requirements will be made for now.

The changes to the provincial examination program are effective as of July 1, 2016, which is the legislated start to the school year. Under the new curriculum, the path to graduation is designed to be more flexible. The graduation program still spans Grade 10, 11 and 12, but a student's path to their Dogwood may be more varied than before.

There is a clear emphasis on real-life experiences - community involvement, gaining business knowledge, and hands-on learning. Beginning in the 2017/18 school year, every student will have to take Career Education to graduate with the intent to build closer links between classroom learning and future career goals and pathways.

The emphasis in B.C.'s redesigned curriculum is the core competencies of communication, creative & critical thinking, and social & personal responsibility <https://curriculum.gov.bc.ca/competencies>, essential learning, and foundational literacy and math skills. **The current provincial examinations are being discontinued**, and will be replaced with two new exams, which focus on literacy and math skills.



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### What This Means for Students

#### For students entering Grades 10-12 in the 2016/2017 school year:

- **Grade 10 students will:**

- Follow most of the current Graduation Program requirements
- Take a Math 10, a Language Arts 10 and Science 10, with classroom assessments **instead of provincial exams**
- Meet Social Studies graduation requirements with classroom assessments
- **Write a provincial math skills exam and a provincial literacy exam before graduation**

- **Grade 11 students will:**

- Have completed a Math 10, a Language Arts 10 and Science 10 or equivalent and written the provincial exams
- Meet Social Studies graduation requirements with classroom assessments instead of a provincial exam
- Write a provincial literacy exam before graduation
- Not write the new provincial math skills exam

- **Grade 12 students will:**

- Finish all the current Graduation Program requirements
- Have completed a Math 10, a Language Arts 10, Science 10 and Social Studies 11 (or equivalent) and have written provincial exams
- Take Language Arts 12 (or equivalent) and write the associated provincial exam
- Not write the new provincial literacy or provincial math skills exams
- Students who have completed courses associated with discontinued exams by June 30, 2016 will have until June 2017 to write or re-write exams
- Students taking summer school during July and August 2016 will not be



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required to write provincial exams in Math 10, Language Arts 10, Science 10 and Social Studies 11 (or equivalent)

There is considerably more detailed information on the Ministry's website and I would encourage all parents and students to review the information there.

<https://curriculum.gov.bc.ca>

Jan Holt  
Senior School Academic Program Director

## Both Schools

### Save the Date! Gala 2016

This year's gala will be on Saturday, November 19<sup>th</sup>. Please read the attached flyer for further details.

### Thanks to you . . .

Our Southridge community really is remarkable. Each year, through the generosity of donors, we are able to purchase items, supplies and equipment that we would otherwise do without. From technology to athletic equipment, your support of our fundraising events really does make a difference in the lives of our teachers and students.

In fact, thanks to you, our cafeteria (now known internally as the "Southridge Café") underwent a fairly substantial upgrade over the summer. Walls were painted, brick and wood accents were incorporated throughout, new flooring and lighting was installed, additional tables and new chairs were added, and several accent walls now proudly feature our crest and branding. Overall, the Café not only holds more students, but it is a beautiful space for sharing meals and conversation.

At the gala in November 2015, more than \$185,000 was raised. A portion of this was earmarked for the Cafeteria upgrades. Thanks to our gala sponsors, attendees and item donors, we were able to turn this renovation project into a reality. If you have a child in



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Grade 4 to 12, be sure to ask them about the new and improved Southridge Café! Thank you for your support!

Every year we ask our families to make a donation to Southridge. If you have not yet made a donation this year, please consider [making your gift online today](#). Your gift can be directed to an area at the school that means the most to you including Arts, Athletics, any of our bursary funds, or you can choose to support our Greatest Need fund – which is telling the school to use your donation where it's needed most. All gifts are sincerely appreciated.

If you have any questions about making a gift to Southridge, please don't hesitate to contact me directly any time at 604-542-2330 or via email at [chodson@southridge.bc.ca](mailto:chodson@southridge.bc.ca).

Thank you for your continued support.

Christiane Hodson  
Director of Advancement

## 2016 Alumnus Simrat Dial Wins Sovereign's Medal for Volunteers

Simrat Dial who recently graduated from Southridge has been awarded the Sovereign's Medal for Volunteers, which recognizes the exceptional volunteer achievements of Canadians from across the country and celebrates a wide range of voluntary contributions. This honour, which was officially created by the Crown, and is given on behalf of the Right Honourable David Johnston, Governor General of Canada, is given to Canadians who have made "a significant, sustained and unpaid contribution to their community, in Canada or abroad."

Simrat, an exemplary student and human being, was the recipient of the Spirit of Southridge award at our commencement ceremony in late June of this year, which attests to the high regard we had for her within our own community. She was at the centre of so many large and small volunteer initiatives; ever present at service club and helping out with fund raising events. She was very much a "hands on" leader, exemplified when at Christmas time she would wrap gifts at the Semiahmoo Mall for the Cancer society, and in her willingness to help others with their projects such as in the Relay for Life and Mini We Day at Southridge. In her grade 12 year she led the group of students who went out to Uganda on our inaugural service trip there, seeing this trip as



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a life changing opportunity and embracing it, as she did all her volunteer work, with her wonderfully fulsome heart.

Simrat is also being recognized for the hundreds of hours which she gave to her community especially with the city of Surrey in working with environmental initiatives and a wide variety of cultural events. One of her great strengths, and her leadership style, was to encourage, support and empower others to make their own unique contributions to service.

I knew her personally from our interactions on the hockey field, but more closely from teaching her throughout her grade 11 year. Our first meeting though was in grade 10 when I drove her home from a service activity and I admired her from the outset. Courteous, smiling, infinitely good-natured, helpful, resilient, principled, fun loving and kind, to me Simrat embodied all the qualities that characterize a person of integrity and compassion.

I think I can speak for all of us at Southridge when I say that I can think of no one more deserving of this prestigious award, and no one who could accept it with such humility and grace. She works for others, helps others, devotes her time to others because it that is what her religious faith, family, and community have nurtured in her and she, and her family, should be justly proud of this distinguished honour, which we are so pleased to acknowledge and celebrate with her. Many congratulations from us all, Simrat.

### **Video Training for Schoology – Lesson 3 How to subscribe to a calendar**

Ms. Mosher, our Senior School Education Technology Leader, is creating a series of videos to show you how to use Schoology. In this third video, she demonstrates how to subscribe to your calendars. [Click here to view the video.](#)

### **School Photos are Ready to Order**

Artona has uploaded school photos to their website, please visit <https://artona.schooldayphoto.com/> to view your child's photo and order photo packages. If you place your order by September 28<sup>th</sup>, the packages will be delivered on October 4<sup>th</sup>. Photos ordered between September 29<sup>th</sup> and October 12<sup>th</sup> will be delivered on Photo Retake Day, October 19<sup>th</sup>. If you are having trouble viewing photos or placing orders, please contact Artona for assistance 604-872-7272.





# **SOUTHRIDGE WEDNESDAY**

## **Our Weekly News**

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SEPTEMBER 28, 2016  
ISSUE #04

Photo Retake day will take place on October 19<sup>th</sup> from 8:15 – 11:00am in the Junior School Great Hall (for both Junior and Senior students). Those who missed photo day need to have their photo taken on retake day and will need to wear Number 1 Uniform, including blazer, sweater and official school tie.

A big thank you to all the volunteers that helped make photo day run so smoothly!

### **Southridge Café**

Milk Rewards is back! For every milk you purchase you get a ticket with a chance to win Free Milk. You also collect points with each card to redeem for great prizes online.

Please see the attached menu for September 26<sup>th</sup> – 30<sup>th</sup>.

We look forward to welcoming you to our newly renovated café.

### **Uniform Shop News**

The Uniform Shop has introduced the stainless steel vacuum insulated water bottle. It keeps drinks hot for up to 12 hours and cold for up to 24 hours. Come in and take a look!

Please be advised of the following opening hours of the Uniform Shop:

- Monday to Thursday            7:45am – 9:00am  
   2:00 -4:00 pm
- Closed on Fridays

Looking forward to seeing you again,

Phala Tan  
Business Services Manager





# SAVE THE DATE

*Saturday, November 19, 2016*

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*Please join us for an elegant evening of Southridge comradery  
and exceptional cuisine inspired by  
The Joseph Richard Group & S+L Kitchen & Bar*

Cocktails and hors d'oeuvres at 6:00 pm

Dinner programme at 7:30 pm

Dancing immediately following the live auction at 9:30 pm

Impressive silent & live auction items throughout the evening

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*Dress to impress in 'Cocktail Chic' attire*

**More event & ticket details coming soon...**

# Hot Lunch Program

2016-2017

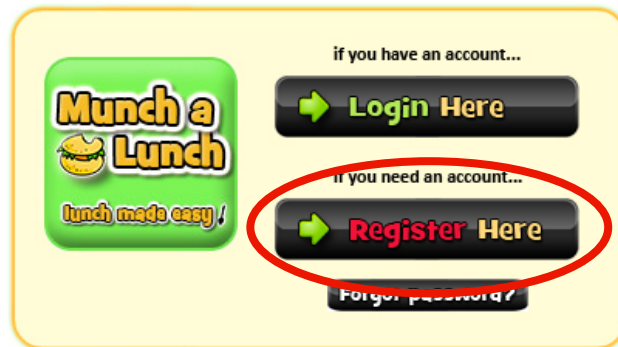
Our ordering system is going green! Instead of filling out a paper order form, parents will place their child's hot lunch order online using Munchalunch.com!

Please follow these simple instructions.

Simply visit

[www.munchalunch.com/schools/southridgesurrey](http://www.munchalunch.com/schools/southridgesurrey)

Click the **"Register Here"** button and follow the prompts



After adding your child/children's name, grade and class, click the green **"Order Lunch"** button at the top of the screen



There are 6 hot lunch menus: Pizza, Chicken Strips, Macaroni & Cheese, Hamburgers, Perogies & Souvlaki. Beginning October 5th, the meals are served every Wednesday on a six week cycle.

To order from a menu you must select a combo:

Click on one item from the **"Meal"** category

Click on one item from the **"Drinks"** category

Click on one item from the **"Treats"** category.

This menu contains "Combo-Items" (in yellow)  
For the Combo price, you must purchase:  
1 each of Meal/Drink/Treat  
If other (white-colored) items are also presented,  
they may be purchased restriction-free

**Perogies MENU**  
Nov 02, Dec 14, Feb 15, Apr 12, May 24.

| Item Name  | Item Description                                      | Price  |
|--|---|--------|
| - 1: Meals   |   |        |
| CHEESE PEROGIES WITH SMOKEY BEEF SAUSAGE served with raw mixed veggies | Served with sour cream on the side                    | \$6.75 |
| CHEESE PEROGIES served with raw mixed veggies                          | Vegetarian option. Served with sour cream on the side | \$6.75 |
| - 2: Drinks  |   |        |
| 2% Milk  |   | \$0.00 |
| 2% Chocolate Milk  |   | \$0.00 |
| Apple Juice  |   | \$0.00 |
| Bottle water   |   | \$0.00 |
| Drink not wanted   | Please note, combo will remain the same price         | \$0.00 |
| - 3: Treats  |   |        |
| Oatmeal chocolate chip cookie  |   | \$0.00 |

To begin: click items on the left to add.

**Sally's Order**

| Item Name  | Price Each | Qty | Daily Total | # of Days | Menu Total | remove |
|--|------------|-----|-------------|-----------|------------|--------|
| CHEESE PEROGIES WITH SMOKEY BEEF SAUSAGE served with raw mixed veggies | \$6.75     | 1   | \$6.75      | 5         | \$33.75    |        |
| 2% Milk  | \$0.00     | 1   | \$0.00      | 5         | \$0.00     |        |
| 2% Chocolate Milk  | \$0.00     | 1   | \$0.00      | 5         | \$0.00     |        |
| Oatmeal chocolate chip cookie  | \$0.00     | 1   | \$0.00      | 5         | \$0.00     |        |
| Totals:  |            |     | \$6.75      |           | \$33.75    | remove |

Menu 5 of 6

< Prev Menu    Next Menu >

or go to:  
Perogies

(if finished) click here to go to Last Menu >

PLEASE NOTE: You do not have to order from every menu. For example, if your child does not eat Pizza and he/she does not wish to participate in Hot Lunch that day simply hit **"Next Menu"**

This menu contains "Combo-Items" (in yellow)  
For the Combo price, you must purchase:  
1 each of Meal/Drink/Treat  
If other (white-colored) items are also presented,  
they may be purchased restriction-free

**Perogies MENU**  
Nov 02, Dec 14, Feb 15, Apr 12, May 24.

| Item Name  | Item Description                                      | Price  |
|--|---|--------|
| - 1: Meals   |   |        |
| CHEESE PEROGIES WITH SMOKEY BEEF SAUSAGE served with raw mixed veggies | Served with sour cream on the side                    | \$6.75 |
| CHEESE PEROGIES served with raw mixed veggies                          | Vegetarian option. Served with sour cream on the side | \$6.75 |
| - 2: Drinks  |   |        |
| 2% Milk  |   | \$0.00 |
| 2% Chocolate Milk  |   | \$0.00 |
| Apple Juice  |   | \$0.00 |
| Bottle water   |   | \$0.00 |
| Drink not wanted   | Please note, combo will remain the same price         | \$0.00 |
| - 3: Treats  |   |        |
| Oatmeal chocolate chip cookie  |   | \$0.00 |

3 items are ready to be added.  
-CHEESE PEROGIES...  
-2% Chocolate Milk...  
-Oatmeal chocolate...

click arrow to add

**Sally's Order**

| Item Name  | Price Each | Qty | Daily Total | # of Days | Menu Total | remove |
|--|------------|-----|-------------|-----------|------------|--------|
| CHEESE PEROGIES WITH SMOKEY BEEF SAUSAGE served with raw mixed veggies | \$6.75     | 1   | \$6.75      | 5         | \$33.75    |        |
| 2% Milk  | \$0.00     | 1   | \$0.00      | 5         | \$0.00     |        |
| 2% Chocolate Milk  | \$0.00     | 1   | \$0.00      | 5         | \$0.00     |        |
| Oatmeal chocolate chip cookie  | \$0.00     | 1   | \$0.00      | 5         | \$0.00     |        |
| Totals:  |            |     | \$6.75      |           | \$33.75    | remove |

Menu 5 of 6

< Prev Menu    Next Menu >

or go to:  
Perogies

(if finished) click here to go to Last Menu >

Once you select your three items from the menu they will be highlighted in green. When you are happy with your selection click the green **"Add"** button.

This menu contains "Combo-Items" (in yellow)  
For the Combo price, you must purchase:  
1 each of Meal/Drink/Treat  
If other (white-colored) items are also presented,  
they may be purchased restriction-free

**Perogies MENU**  
Nov 02, Dec 14, Feb 15, Apr 12, May 24.

| Item Name                                     | Item Description                                      | Price  |
|---|---|--------|
| - 1: Meals                                    |   |        |
| CHEESE PEROGIES served with raw mixed veggies | Vegetarian option. Served with sour cream on the side | \$6.75 |
| - 2: Drinks                                   |   |        |
| 2% Milk                                       |   | \$0.00 |
| 2% Chocolate Milk                             |   | \$0.00 |
| Apple Juice                                   |   | \$0.00 |
| Bottle water                                  |   | \$0.00 |
| Drink not wanted                              | Please note, combo will remain the same price         | \$0.00 |
| - 3: Treats                                   |   |        |
| Treat not wanted                              | Please note, combo will remain the same price         | \$0.00 |

To add more items: select them from the left.

**Sally's Order**

| Item Name  | Price Each | Qty | Daily Total | # of Days | Menu Total | remove |
|--|------------|-----|-------------|-----------|------------|--------|
| CHEESE PEROGIES WITH SMOKEY BEEF SAUSAGE served with raw mixed veggies | \$6.75     | 1   | \$6.75      | 5         | \$33.75    |        |
| 2% Milk  | \$0.00     | 1   | \$0.00      | 5         | \$0.00     |        |
| 2% Chocolate Milk  | \$0.00     | 1   | \$0.00      | 5         | \$0.00     |        |
| Oatmeal chocolate chip cookie  | \$0.00     | 1   | \$0.00      | 5         | \$0.00     |        |
| Totals:  |            |     | \$6.75      |           | \$33.75    | remove |

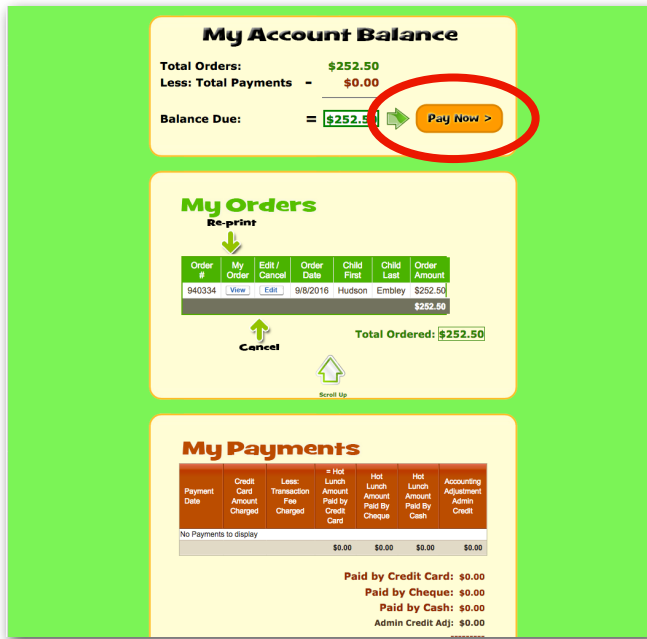
Menu 5 of 6

< Prev Menu    Next Menu >

or go to:  
Perogies

(if finished) click here to go to Last Menu >

Your order will now be shown on the right hand side of the screen. To continue press **"Next Menu"** Complete all 6 menus and review your summary.



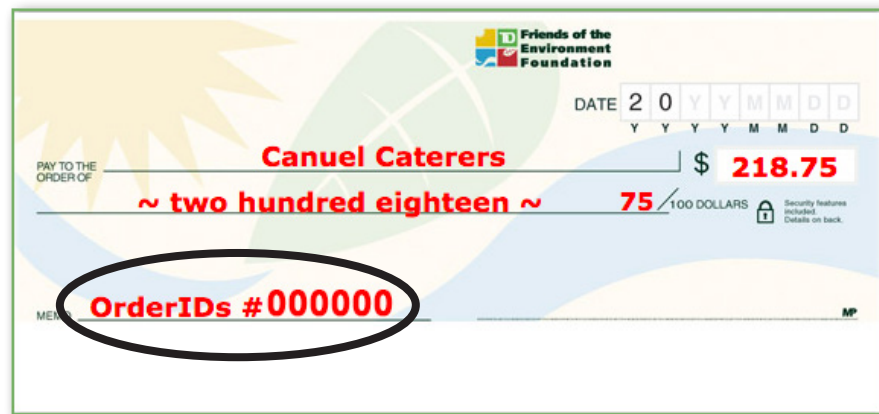
When you arrive at the My Account Balance page hit the **"Pay Now"** button. This will take you to the Payment Details page. Here you will see the following **IMPORTANT INSTRUCTIONS:**



Please submit your cheque to the Junior School front desk by **Thursday, September 29th** to ensure your child's order is processed. The cheque must be made payable to **CANUEL CATERERS**. It is also essential that your cheque has your unique **OrderIDs number** on the memo line.

This page will also display an example cheque with your unique OrderIDs Number and the total amount due.

**Cheque must include your unique OrderIDs number!**



Once your online order is complete you will receive an email confirmation.

If you have any problems at all, please contact your Hot Lunch Chairs:

Gabe Embley & Cindy Moreno

**southridgehotlunchhelp@gmail.com**

Mon-26

Tues-27

Wed-28

Thur-29

Fri-30

**Breakfast**

**Blueberry Muffin**

**Smoothie Day**

**Bacon Wrap**

**Berry Scone**

**Smoothie Day**

**Chef's Entree**

**Chicken Chow Mein**

**Salad Bar**

**Chicken Fajita**

**Salad Bar**

**Fish Taco**

**Pasta Bowl**

**Gnocchi**

**Ravioli**

**Macaroni & Cheese**

**Cheese Tortellini**

**Pasta Marinara**

**Grill Central**

**Spicy Chicken Sub**

**BBQ Ribber**

**Pizza**

**Beef Dip**

**Chicken Pot Pie**

**Weekly Panini**

**BBQ Chipolte chicken**

**BBQ Chipolte chicken**

**BBQ Chipolte chicken**

**BBQ Chipolte chicken**

**BBQ Chipolte chicken**

**Great Greens**

**Pasta Salad**

**Salad Bar**

**Chef Salad**

**Salad Bar**

**Caesar Salad**

We always offer our regular menu in addition to our daily specials

