



OCTOBER 12, 2016
ISSUE #06

Head of School

I'll Take the Service Entrance

Taking care of the spirit of Southridge is no easy task, but I feel very fortunate to be at a school like ours because it has such a wonderful focus on its vision and mission statements. A community where every spirit soars truly resonates with so many of us, and I know for a fact that our teachers choose to work at Southridge in large part because of our vision. Certainly, I can think of no other Canadian accredited (CAIS) school with such a powerful and inspiring message entwined in its very fabric.

Alas, and perhaps due to the promise it holds for us, we sometimes misunderstand the intent of a community where every spirit soars. For example, spirits soaring 24/7 is not an intent, and it never was. As a matter of fact, a good vision statement is inherently unattainable, and yet, at the same time, it is also inspiring enough to keep us striving toward it. Our vision does just that.

Southridge is a place of learning, and learning is sometimes uncomfortable. You may find it surprising that the role of a good teacher is to disturb and create discord that is needed to push students gently out of their comfort zones. If we were in a state of perpetual spirit soaring (happiness, contentment), there wouldn't exist the unease that is necessary to grow, develop and evolve.

Besides the messy discomfort of learning, the pathway of life itself is full of potholes, bumps and obstacles that present challenges and knock our children off balance. It would be unreasonable to think that they will be presented with a yellow brick road along their journeys through life. When our children fall, as they will, it is good practice to remember that there is a blessing in the skinned knee they receive. Unfortunately, skinned knees don't translate well to the emotion associated with spirits soaring.

I like to think of our school's vision as a house with two entrances. The front entrance is the obvious one. It is attractive and inviting. It is the one you immediately go to, sometimes without much thought. Metaphorically, the front door translates into entering the community of spirits soaring by virtue of making the sports team, playing the band instrument you want to play or getting the role you'd like in the drama production. As you would expect, however, the front door is not always open, and this realization is often filled with disappointment and sometimes very strong emotions.



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On the other hand, the other entrance, the “backdoor”, is always unlocked and there is always a soft light shining over it to remind us of its location. It is not immediately apparent and we often forget that it is even there. This entrance into the community of spirits soaring translates into helping others, acting with integrity and doing good – often when no one is looking. The backdoor is really the service entrance to the community and it is an easy one to access once you know where it is and how to find it.

Rather than spirit soaring being related to happiness for getting what you want, it is related to the fulfillment that comes from being of service to others. Both doors are fine to use, but our students really *do* need to use both . . . and over their time at Southridge they’ll probably use the backdoor much more often than the front.

Have a wonderful week!

Drew Stephens
Head of School

Important Dates

Event	Date	Time	Location
Used Uniform Sale	October 12-13	2:30 – 4:30 pm	Junior School Great Hall
Grade 5 Coffee Hour	Wednesday, October 12	7:45 am	Junior School Great Hall
MYP Mid-term Report Card Goes Home	Friday, October 14 th	3:00 pm	Junior School
Kindies to the Pumpkin Patch	Monday, October 17 th	8:00 am	Junior School
MYP Day 3 Assembly	Monday, October 17 th	8:10 am	Junior School Great Hall
Grade 6 Teach Your Children Band Night	Tuesday, October 18 th	6:30 pm	Junior School Great Hall
Photo Retake Day	Wednesday, October 19 th	8:15 – 11:00 am	Junior School Great Hall
Pro-D – No School	Friday, October 21 st	All Day	Both Schools
Half-Term Holiday	Monday, October 24 th	All Day	Both Schools
Full School Assembly	Tuesday, October 25 th	9:40 – 10:30 am	Senior Gym
Junior School Noon Dismissal	Thursday, October 27 th	Noon	Junior School
Junior School Parent-Teacher Interviews	Thursday, October 27 th	1:00 pm onward	Junior School



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Junior School News

Head of Junior School

Walls of Thanks

Last week, a beautiful and inspiring provocation arrived in the Junior School Great Hall courtesy of our MYP Art teacher, Ms. Mac Holm. You may have noticed the bright, large letters that read “Wall of Thanks” and “I am Thankful For...” flanking each side of the Great Hall.

At first glance, like me, you might have wondered what they were there for. And if you took a second glance, like me, you would also have noticed a small table covered in various types of sticky notes and supplies with an invitation that read, “*For who or what are you truly thankful?*” It was truly remarkable to watch students engage with the provocation throughout the week. You could hear laughter as they crowded around the little table to write down and post their thankful thoughts. One by one, small notes of gratitude began to emerge. Taking pause to read each little note is an uplifting adventure into the minds of our students. One can’t help but to feel grateful themselves as they read them. An attitude of gratitude is contagious, and when gratitude is practiced on a daily basis it cultivates a joy that transcends circumstance. Thank you to Ms. Mac Holm and all of the students who chose to be mindful for a moment, reminding us that there is much to be thankful for. Here is a sampling of some of the things Junior School students are thankful for - I guarantee you’ll feel a little more grateful yourself after reading them:

- My amazing family
- Being happy
- Playing
- Swimming
- Soccer
- My Friends
- My bike
- Books
- Learning
- Electricity
- Water
- Food
- Travel
- Going on Vacation



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- A sunny day
- Shelter
- A good life in general
- Life, nature and everything else
- Being a part of the Southridge community
- Having Enough
- Love

Tanya de Hoog
Head of Junior School

MYP Interim Report

MYP students (Grades 5-7) will receive an interim report card on Friday, October 14, 2016. The MYP Interim Report includes a letter mark and an attached rubric; there are no written comments. The MYP interim report serves as a basis for discussion during the parent-teacher interview.

Pro-D Day and Half Term Holiday

Friday, October 21st, is a province wide professional development day. Faculty will either be collaborating on the implementation of the BC Ed Plan or attending various professional learning opportunities offered in Vancouver and surrounding areas. School is not in session for students on this day, and school will also be closed on Monday, October 24, 2016 for the half-term holiday.

Full School Assembly - October 25th, 9:40 – 10:30 am

Please join us in our senior school gymnasium for our second full school assembly of the year, led by Mr. Stephens.

Parent-Teacher Interviews - Thursday, October 27th - Noon Dismissal

Please mark your calendars for Parent-Teacher Interviews, on Thursday, Oct. 27th, from 1:00 to 8:00 pm. Interviews will be 20 minutes in length for home room teachers, and 10 minutes in length for specialist teachers. Please note that there is a noon dismissal on that day. You will be able to schedule your interview appointments using 'Pick a Time'. Mr. Anderson and Ms. Rickard are in the process of preparing the interface, and login



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information and instructions will be made available soon. The teachers look forward to the opportunity to discuss your child's learning to date.

Important Date Change

Due to a conflict with our Ministry of Education Inspection Visit, Junior School Parent-Teacher interviews have been rescheduled from Thursday, October 20 to Thursday, October 27th. This means that school will be in session for the **full day** on Thursday, October 20th. Students will be dismissed at noon on Thursday, October 27th. We apologize for any inconvenience this may cause and appreciate your understanding.

Regulation Winter Uniform

The fall chill is not in the air, and October is upon us so this means Winter Uniform is now in effect. Please pack away all Summer Uniform items until May. A full description of the Winter Uniform can be found on page 82 of the [Family Handbook](#). As the seasons change it's a good time to review all uniform regulations, which are included in section 10.31 of the Family Handbook.

Junior Cross Country Team at WPGA

Please excuse the error in our posting last week. Talia Partovi placed 2nd (not 6th) at the Boundary Bay run. Way to go!

The cross country team enjoyed a very successful meet at WPGA on Tuesday, October 4th. Ribbons were awarded for the first 20 runners and the following students placed:

- India Povey - 4th
- Canon Nyline - 6th
- Talia Partovi - 7th
- Tyler Spence - 9th
- Lizzie Lawson - 9th
- Taric Somani - 10th
- Jady Choi - 10th
- Joel Spence - 15th
- Aleksa Dolecki - 18th
- Selina Jiang - 18th
- Jordyn Reed - 20th



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This was a challenging and hilly course and we were very proud of all participants for running as fast as they could! Special thanks Rachel Lawson for driving students back to school as well as Rob Reed and Cheryl Spence being available if we needed them! Another big thank you to the two grade 4 moms Emily He's mom Mei and Renee Weng's mom Elaine who spent the day with us and carefully supervised the students before and after the races. Also, Akshay's mom Ritu took photos which are posted on [Vidigami](#). Please take a look at the Cross Country 3-7 folder.

Senior School News

Head of Senior School

Reflections on the Grade 12 Retreat at Rockridge Canyon

When I first heard that I would be one of the eight faculty members travelling with the Grade 12 students to Rockridge Canyon for the Grade 12 Retreat last week, I was excited, but there was also considerable anxiety. Will I be responsible for running certain activities? Do I have to go swimming? What are the sleeping arrangements? Will I even sleep at all? Trips like these create all sorts of excitement and anxiety for students as well as staff, but in the end, the goal is to bring a grade or a group together for some much-needed relaxation, group-bonding, down-time and fun. This year's Grade 12 Retreat at Rockridge Canyon accomplished all of the above.

Here's what I came away with after a 3-day trip to Rockridge Canyon with our grade 12s last week: our students are awesome! I had a great time getting to know students and staff better on the basketball court, the ropes course and in the games room playing ping pong, pool or foosball, and I loved hearing about their ideas around how to make the Southridge Senior School even better. They are truly a fun-loving group of young people who participated in all of the activities with enthusiasm and joy.

The first night we had a giant game of bump with at least 40 people at the start on the basketball court, meanwhile a hockey game broke out on the hockey court, while others played a variety of games in the games room. Ms. Becker introduced the concept of "legacy" to students in an evening session and students were divided into groups to discuss the kind of legacy the graduating class would leave at Southridge.



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The following day many students overcame their fear of heights and took on the challenges of the Rockridge ropes course and zipline, proving to themselves that what looks difficult or even impossible is in fact possible and even fun. In the evening, students completed a scavenger hunt that involved mental and physical challenges as well as discussing deeper questions about their final year of high school and what lies beyond. Each group presented their suggestions for what they would like to leave as their legacy, and everything from a suit of armour to tennis courts made the list of suggestions.

The final morning started early with about 20 students participating in the annual Polar Bear swim and the rest there to cheer them on, and then a final session that had students let others know how much they are appreciated, admired, and valued. A quick lunch and a quiet, sleepy four-hour bus ride home and there you have it, a successful Grade 12 Retreat. I am so glad that I had the opportunity to spend a few days getting to know our Grade 12s.

As mentioned in my Wednesday article last week, our Leadership Experience Week (LEW) is a very important week in the lives of Southridge students and staff. It's what makes us different. It's things like LEW that makes Southridge a place where every spirit soars.

Brad Smith
Head of Senior School

Battlefields Tour Video

This past summer saw senior school students travel to Europe for the Battlefields Tour. Here is a video of that journey.

https://www.youtube.com/watch?v=mIXF6M9pzM&feature=em-upload_owner

Jazz Retreat - Parent chaperones needed!

We are still looking for 5 or 6 parent chaperones for this year's jazz retreat. If you are willing to help please contact Chris Mitchell at cmitchell@southridge.bc.ca.

This will be our eleventh Jazz Retreat, and we are pleased to announce that we will be returning to the beautiful Rockridge Canyon Retreat Centre in Princeton, BC. Truly, this has become a bit of a Southridge tradition! If you speak with anyone who has been in



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previous years, I'm sure they'll tell you it was a great time... musically and in every other way! This year's retreat will be held from Thursday through Saturday, October 27 - 29.

Our days will be filled with full band sessions, sectional rehearsals, as well as workshops on improvisation. Each evening, we will be treated to a jazz-jam-session-extraordinaire with our clinicians. Also, there will be lots of free time for relaxing or playing a game of pool, basketball, or simply soaking up the awe-inspiring scenery. Students will stay in dormitory-style accommodations.

If you are playing in one of the Jazz Bands or sing in the Choir this year, you will not want to miss this amazing retreat!

Once again, parents, if you are willing to help, please email cmitchell@southridge.bc.ca. Each year, we have about 5 or 6 parents join us, to help with the younger students' cabin supervision and some of the food. The evening concerts are definitely a highlight. Any parents who have been before have certainly enjoyed the retreat.

Jenna Parker, Chris Mitchell & Steve Burrage
Senior School Music Department

Both Schools

Gala Funds

Since 1999, the annual Southridge School gala has raised a total of \$2,500,000! This demonstrates a tremendous commitment from our community, as most of our gala sponsors, attendees and donors are parents, staff and friends of the school.

Each year, through the budget planning process, teachers and staff submit budget requests. Most of these requests are considered to be necessary items for classrooms and programs. Other requests are submitted as 'wish list items' and may be earmarked for fundraising event support, depending on the number and cost of our most pressing needs.

This year, your support of the gala will support some important and necessary items at Southridge, including:



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- **Athletics equipment and uniforms** – Our athletics program has never looked stronger. Coming off a banner year, our team and coaches require Gala funds to purchase new and replacement equipment and uniforms. In total, \$35,000 from Gala revenue will be spent on these items.
- **Technology** – Southridge continues to lead the way in how we incorporate technology in our classrooms and students' learning. Smart TVs, projectors, document readers, and digital recorders are all important items that will be supported with Gala revenue this year.
- **Classroom furnishings** – Many of the furnishings in our classrooms are originals, purchased nearly 20 years ago when the school was furnished for the first time. New desks, Harkness tables, and replacement chairs may not be particularly exciting, but they are necessary and costly purchases for the school. Your support of the Gala will allow us to make these important purchases.

Thank you to everyone for your ongoing support of our gala, our largest fundraising event of the year! **Please consider attending, sponsoring, donating an auction item and/or volunteering to support the school and make these purchases possible.** Visit the [Gala webpage](#) for more information.

Christiane Hodson
Director of Advancement

Annual Report and Spirit Magazine – Going Digital!

You should have received an email earlier this month letting you know that in an effort to reduce paper consumption, and make the best use of our financial resources, the Marketing & Communications office is moving to a digital-first strategy for the school's two primary publications: Annual Report and Spirit Magazine.

What this means is that, by default, parents will receive digital versions of each publication. Only those parents who OPT IN to print copies will receive these items in a print format.

To OPT IN, please email elabbe@southridge.bc.ca with either Option A, Option B or Option C, by Friday, October 14:

- A. BOTH the Annual Report and Spirit Magazine in print format
- B. Annual Report ONLY in print format (and Spirit Magazine in digital format)



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C. Spirit Magazine ONLY in print format (and Annual Report in digital format)

No action is required if you are happy receiving only digital versions of these publications. If you have already responded to this request by emailing us with your option, thank you for your response!

Many thanks for supporting our efforts to be more efficient in our use of resources!

Erin Labbé
Director, Communications & Marketing

Open House – Hospitality Volunteers Needed

Our largest admissions event is taking place on Thursday, November 3rd from 6:00 - 8:30 pm. We are still looking for 3-4 hospitality volunteers to help in the Junior School. The shift will run from 5:30 – 9:15 pm and the responsibilities will include setting up the refreshment area, ensuring refreshments are replenished as needed, and general clean-up ensuring the lobby area looks clean at all times.

To volunteer, please email Jasmine Boyes at jboyes@southernridge.bc.ca

Thank-you in advanced for your support!

Ms. Jasmine Boyes
Community and Alumni Relations Manager

Video Training for Schoology

Ms. Mosher, our Senior School Education Technology Leader, has created a series of videos to show you how to use Schoology. In the videos, she demonstrates everything from how to login to how to navigate the Schoology mobile application. [Click here to view the videos.](#)

Alan McInnes
Web and AV Services Manager



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Video Training for Vidigami

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Alan McInnes
Web and AV Services Manager

Used Uniform Sale – October 13th

The grads will be hosting their second Used Uniform Sale from 2:30 – 4:30 pm in the Junior School Great Hall. Come and shop for winter uniform items that your child has out-grown over the summer at an affordable price! If you have any items to donate, please bring them to the Senior School (attention: Grad Committee or Heather Mosher) or bring them to the Junior School during the sale to donate. Thank you for your support!

Grad Committee

School Photos Are Ready to Order

Artona has uploaded school photos to their website, please visit [https://artona.schooldayphoto.com/](https://artona schooldayphoto.com/) to view your child's photo and order photo packages. Photos ordered between September 29 and October 12 will be delivered on Photo Retake Day, October 19. If you are having trouble viewing photos or placing orders, please contact Artona for assistance 604-872-7272.

Photo Retake day will take place on October 19 from 8:15 – 11:00 am in the Junior School Great Hall (for both Junior and Senior students). Those who missed photo day need to have their photo taken on retake day and will need to wear the Number 1 Uniform, including blazer, sweater and official school tie.

A big thank you to all the volunteers who helped make photo day run so smoothly!



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Southridge Café

Halloween is coming. Look out for some cool treats in the café this month. Also we will need your help judging our pumpkin carving skills later this month. Keep a look out and ask us how you can take part in voting for your favorite.

Please see the attached menus for the month of October.

We look forward to welcoming you to our newly renovated café.

Uniform Shop News

Winter uniform has started and as such, we would like to remind you that the Uniform Shop offers girl's grey dress pants if your daughters are interested in wearing pants in the winter.

Please be advised of the following opening hours of the Uniform Shop:

- Monday to Thursday 7:45 – 9:00 am
 2:00 – 4:00 pm
- Fridays Closed

Phala Tan
Business Services Manager



Mon-10

Tues-11

Wed- 12

Thur- 13

Fri- 14

Breakfast

Happy

LATE Start

Sausage
Egger

Berry
Muffin

Smoothie
Day

Chef's
Entree

Thanksgiving

Salad Bar

Butter
Chicken

Salad Bar

Fish Taco

Pasta
Bowl

Spaghetti
meat sauce

Macaroni
and Cheese

Chicken
Lasagna

Pasta
Marinara

Grill
Central

Cheese &
Bacon Potato

Greek Wrap

Spicy
Chicken Brg

Pizza

Weekly
Panini

Chicken
Caesar

Chicken
Caesar

Chicken
Caesar

Chicken
Caesar

Great
Greens

Salad Bar

Chef Salad

Salad Bar

Tossed
Salad

We always offer our regular menu in addition to our daily specials



Mon-17

Tues-18

Wed-19

Thur- 20

Fri- 21

Breakfast

Bacon Wrap

Smoothie Day

Blue Berry Scone

Smoothie Day

Pro

Chef's Entree

Chicken Enchilada

Salad Bar

Lemon Grass Chicken

Salad Bar

D

Pasta Bowl

Pasta Alfredo

Chicken Penne

Pasta Primavera

Tortellini

Day

Grill Central

Japa Dog

BBQ Bacon Brg

Pizza

Spicy Chicken Brg

No School

Weekly Panini

Turkey Bacon Ranch

Turkey Bacon Ranch

Turkey Bacon Ranch

Turkey Bacon Ranch

Great Greens

Pasta Salad

Salad Bar

Chicken Caesar

Salad Bar

We always offer our regular menu in addition to our daily specials



Mon-24

Tues-25

Wed-26

Thur-27

Fri-28

Breakfast

Half

Smoothie Day

Bacon Egger

Berry Scone

Smoothie Day

Chef's Entree

Term

Salad Bar

Taco Bowl

Salad Bar

Fish and Chips

Pasta Bowl

Break

Portabella Medallions

Mac and Cheese

Beef Ravioli

Pasta Marinara

Grill Central

No

Greek Chicken Sub

Pizza

Bacon Cheese Brg

Hot Pizza Wrap

Weekly Panini

School

BBQ Chipotle Chicken

BBQ Chipotle Chicken

BBQ Chipotle Chicken

BBQ Chipotle Chicken

Great Greens

Salad Bar

Chef Salad

Salad Bar

Chicken Caesarct

We always offer our regular menu in addition to our daily specials

