



SOUTHRIDGE WEDNESDAY

Our Weekly News

DECEMBER 14, 2016
ISSUE #15

Head of School

Great Learning Going On in our Great Halls

This is the season for concerts and performances at Southridge, and I hope you have had (or will take advantage of) the opportunity to see one or two of our many Junior and Senior School performances. For those parents who have students in both schools, you may very well have seen all of our music students perform – right from Kindergarten to our Senior Concert Band. I have been lucky enough over the years to see the variety and diversity of our musical talents and creativity at Southridge, and I have observed a couple of things about the importance of music at Southridge along the way.

First of all, music at Southridge is important because it places our students at the centre. From an educator's perspective, student-focussed and experiential learning opportunities act as a cornerstone for personal growth and development. Not only do our students learn the skills associated with playing a musical instrument, but they also learn about important elements of good character – perseverance, responsibility, truthfulness, taking risks and working as part of a team. Character development is an essential ingredient to a Southridge education and our music program helps guide our students in their growth as good people.

Second, music at Southridge is important because it develops critical skills our students will need to be successful after they leave our school, whether or not they continue to play a musical instrument or sing. Thinking creatively, collaborating with peers in the pursuit of a common goal, communicating effectively in a variety of ways and critically thinking about contributions are all part of the music experience at Southridge. Analysis, synthesis and evaluation, all of which are high-level thinking and reasoning skills, are abundantly evident through music – as they are in all of the arts here.

I am very thankful to the music teachers at Southridge – Mrs. Winterburn, Dr. Bessflug, Mr. Burrage, Ms. Parker and Mr. Mitchell. Along with our other teachers in the Junior and Senior Schools, they facilitate a wonderfully student-centred and collaborative learning environment where our students are challenged to learn important skills and to develop as people. As we transition into the winter break and we look forward to enjoying time with family and friends, I hope you make the time to appreciate the beauty of the season through music.



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Happy Holiday Wishes

On behalf of the Southridge community of teachers and staff, I would like to extend all the very best to our parents and students for a peaceful and restful holiday season. I hope the break from our school routine provides an opportunity to spend fun and relaxing time with family and friends. For those of you who plan to travel, I hope your journeys are safe and trouble free. All the best to everyone in 2017!

Have a peaceful three weeks!

Drew Stephens
Head of School

Important Dates

Event	Date	Time	Location
Junior Christmas Concert	Wednesday, December 14	6:30 pm	Junior School Great Hall
PYP Feast	Thursday, December 15	11:30 am	Junior School Great Hall
Senior School Feast	Thursday, December 15	5:30 pm	Alan Brown Great Hall
MYP Breakfast	Friday, December 16	8:00 am	Junior School Great Hall
Noon Dismissal	Friday, December 16	Noon	Both Schools
Junior School Report Cards Sent Home	Friday, December 16	Noon	Junior School
Christmas Holidays	December 17 – January 8		Both Schools
Alumni Christmas Reunion	Wednesday, December 21	6:00 – 9:00 pm	Alan Brown Great Hall
Late Start	Monday, January 9	10:25 am	Both Schools
Senior School Noon Dismissal	Thursday, January 12	Noon	Senior School
Senior School Parent-Teacher Interviews	Thursday, January 12	TBC	Senior School
Guest Speaker: Brie Mathers – “Love the Skin You’re In”	Monday, January 16	1:30 pm - 3:00 pm	Senior School
GR 7 Parent Evening	Thursday, January 19	7:00 – 9:00 pm	Alderdice Library
GR 6 & 7 Dance	Friday, January 20	7:00 pm - 9:30 pm	Junior School Gym



Junior School News

Head of Junior School

The Red Kite: A Metaphor

During the summer of 2015, my family and I took a road trip along the Oregon and Washington coast. It was a magical experience for all of us as we explored different beaches and forests, and just took in the sheer beauty of it all. Truly a trip worth taking. Before we stopped to visit Cannon Beach, my husband Ian insisted that we stop to purchase a kite - not just any kite, but a red kite. He had a mental image of himself and the kids flying a red kite on Cannon Beach and he wanted to make it a reality. So purchase a red kite we did. While it wasn't the windiest of days or the fanciest of kites, that little red kite took flight just as the sun was setting across the beach. It was a moment that took my breath away as I stood back, camera in hand and watched my husband and kids set the kite soaring while their bodies danced across the beach, racing to keep up with it. It's a magical image, and one that I revisit in mind's eye often.

My memory of flying that red kite has also become a metaphor for learning for me. The process of learning is much like flying a kite. There are certain conditions that need to be in place for the kite to get up in the air - there needs to be wind, there needs to be open space, there needs to be some understanding of how a kite works. When the kite finally launches, the challenge then becomes keeping it up in the air. However, ultimately, the kite will come down from its heights and its cord will likely need some untangling, before the launch process is reset. Learning is much like this - the conditions need to be right for each learner to fly his/her "learning kite". When learning takes flight, much like when a kite does the same, there is joy, a little bit of magic, and a feeling of limitlessness (otherwise known as flow). However, just as the kite must come down from its heights, inevitably, so must learning. This is the ebb and flow of the learning process - the challenge of getting the "learning kite" in the air, the success that comes as the kite soars, followed by the challenge (and sometimes let down) of the kite descending from its heights. But, what always remains is the invitation to try to fly it again. Untangling that metaphorical "learning kite" cord when the kite comes down is where the important lessons are learned, new skills are solidified, and the grit and resilience to try to soar again is born.

On Friday, your child will bring home his/her Term One Progress Report. As you take in the feedback about your child's learning so far this school year, think of that red kite and the metaphor. Each child has different needs as we seek to create the conditions for his/her "learning kite" to soar. It's our role as educators and parents, working together, to encourage and support each learner to build the resilience and determination to continue



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to want to fly their “learning kite” again and again. Celebrate both the successes and the challenges that have arisen over this first term of learning, and remember that flying the “learning kite” is a continuous process rather than a finite destination.

Wishing You a Wonderful Break

Thank you parents and students for your incredible support of our Holiday Hamper Program – the boxes brimming with items for families that have lined our hallways over these last couple of weeks are such a testament to the generous, caring and committed community that Southridge is. While we won't see the reactions of those who receive the hampers, it is heartwarming and inspiring to imagine the warmth, comfort and smiles they will undoubtedly bring to each family this holiday season. Whether you are celebrating cultural or faith based traditions, spending time at home with family, or traveling, on behalf of the Junior School faculty and Staff, I wish you a wonderful break filled with meaningful memories and a good dose of fun!

Tanya de Hoog
Head of Junior School

Term One Progress Reports

Term One Progress reports for all PYP and MYP students will be sent home on Friday, December 16. Please be aware that we are not able to provide students with their progress reports early. If your child will not be present to receive his/her progress report on December 16, you can come by the school during the week of December 18-23 to pick up their report, or it will be provided when school reopens on Monday, January 9, 2017.

Dismissal for Christmas Holidays and Return for Monday, January 9th - Late Start

On Friday, December 16, all students will be dismissed at 12:00 noon. Christmas break is three weeks long with a return to school date of Monday, January 9, 2017 (Day 3). Please mark your calendars accordingly. Please also note that Monday, January 9, is also a late-start day, and students need to arrive between 10:10 and 10:20 am for a start time of 10:25 am. ***Please do not bring students any earlier than 10:10 am as all teachers are in meetings and no supervision is provided.***



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Grade 7 Parent Info Session - Thursday, January 19

For parents of current Grade 7 students, please plan to attend the Senior School Information Night on Thursday, January 19, in the Alderdice Library from 7:00 – 9:00 pm. This will be a great opportunity for you to learn more about the transition from Junior School to Senior School, meet some of the Senior School team, receive information about the Senior School Education Plan (SSEP), and learn about student-life and opportunities in the Senior School. We hope to see you there!

Non-Instructional Day for PYP Students - Friday, January 27

Please note that school will not be in session for PYP (Kindergarten - Grade 4) students on Friday, January 27. PYP teachers will be supporting admissions testing and observations for prospective students on this day. Please mark your calendars and do not send your child to school if they are in Kindergarten through Grade 4. It will be a regular school day for MYP students (Grades 5 - 7).

PYP Feast - Dreams/Wishes/Hopes

Date: Thursday, December 15

Theme: Dreams/Wishes/Hopes

Dress up: In something sparkly or whatever you 'wish' to wear

Purpose: To promote the PYP community by coming together to celebrate. Promote relationships between grades. Provide leadership for Grade 4's. To have fun!

We will begin with assembly in the Great Hall and move to our multi-age groups to play games and make crafts. The actual eating or '*feasting*' begins at 11:30 am.

The signup sheets for volunteering will be posted by December 2nd outside of your child's classroom door. You also may be contacted via your room representative. We will need help with set up, clean up or preparing food. Sabrina Pawa is our parent volunteer co-coordinator for the feast. Thanks once again for all your support.



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What do you need to do as a parent?

1. Sign up on the list outside of your child's classroom to bring food or to help with set up and clean up
2. Help your child dress in 'theme wear' – sparkles

Thank you,

Rowena Raber
PYP Division Leader

MYP Breakfast

The MYP Breakfast for Grades 5 - 7 is coming up on Friday, December 16. Please remember to send your child to school HUNGRY, as they will be eating a huge breakfast at 8:30 am. Students are allowed to wear either their pajamas or winter wonderland wear (hats, toques, festive sweaters, etc.) The schedule for the morning is as follows:

8:00 - 8:30 am	Students with homeroom teacher
8:30 - 9:15 am	Breakfast in Great Hall
9:15 - 10:00 am	Holiday songs sing-a-long in Great Hall (including Grades 5 and 6 song parodies)
10:00 - 10:25 am	Recess
10:30 - 11:30 am	Vancouver Theatre Sports presentation in Great Hall
11:30 am - 12:00 pm	Back with homeroom to receive report cards
12:00 pm	Dismissal

Sue McNeil
MYP Division Leader



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Happy Holiday Hampers

Your empathy and commitment toward children and their families this holiday season is such a positive example for our impressionable students. As a Junior School community we have helped a total of 17 families with your many non-perishable items, gifts and gift cards. Your thoughtfulness and generosity are very much appreciated by all of the Options staff members and even more by the recipients in their community programmes, as you truly make a difference in their lives this holiday season.

Our teachers also appreciated the time many parents put into organizing the hampers and working with the children to choose, purchase, and wrap items for others. Learning to see others' perspectives and feeling appreciative of our own circumstances are valuable experiences for everyone. Best wishes for a wonderful holiday season.

Jo-Ann Murchie
PYP Coordinator; Learning Resource Teacher

Overdue Books

I hope you all enjoy some time together with family and friends this holiday. I wish you many opportunities to snuggle by a warm fire with a good book. Please note that there are still some students with overdue books from the summer holidays, and perhaps this winter you will have a chance to revisit a vacation destination where you may have left your book. Overdue slips were sent home at the end of last week and summer overdues were highlighted. During these next few weeks off, I would encourage all students to check for missing books from the summer and please speak to me about any discrepancies.

All winter check outs will be due on January 9, 2017 when we return.

Have a wonderful holiday season and happy reading!

Christine Gardecki
Junior School Librarian



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Senior School News

Head of Senior School

'Tis the Season

Well, it's that time of year again, when our evenings seem to fill up with work parties, Christmas Concerts, family events, outings to the mall and other holiday festivities. The weeks leading up to Christmas are likely the busiest of the year as everything ramps up at a blazing pace and the hecticness of preparing for the holidays seems to take on a life of its own. Amidst all the business, however, our students did an absolutely amazing job organizing and collecting gifts through their advisory groups for the Options BC Growing Together Program. I am so proud of their commitment to take care of others in our community who are struggling or in difficult circumstances.

Though holiday season is upon us, it seems like just yesterday we were starting a new school year, sliding across slip-and-slides and engaging in fierce tug-of-war battles at the Senior School Picnic, enjoying a burger and a root beer float at the Welcome Back BBQ, and heading off to various camps and retreats during Leadership Experience Week. But here we are, with only a couple of days to go before the Winter Break. My first few months at Southridge have been amazing. I have quickly been made to feel that I belong here - that this light-hearted place of serious purpose has captured a bit of my heart, and I know that this is indeed a very special place with incredible students and staff.

As we prepare for the last week before the break, an event of epic proportions awaits on **Thursday night** - the **Southridge Christmas Feast**. Stories from Feasts past are monumental, and I look forward to this event with great anticipation. Knowing how incredibly talented our faculty and students are, I can't wait to see what everyone comes up with - it's going to be a great night and great way to finish off 2016 at Southridge!

In whatever ways you and your family choose to celebrate during the holiday season, I wish all of our Southridge families a restful, reflective and happy time with loved ones - a holiday sprinkled with love, good deeds, rest and hope. Happy Holidays!

Brad Smith
Head of Senior School



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“Celebrate-a-Life,” the White Rock South Surrey Hospice Society and Southridge Art Students

For the past few months, Southridge art students have been diligently working on delicate dove ornaments. With the winter season approaching, the art room is a place of creativity and festivity. Once again, Southridge’s senior students, along with invited artists from the peninsula, contribute to the White Rock South Surrey Hospice Society’s annual event, “Celebrate-A-Life.”

Inspired by the winter season and Christmas spirit, the Grade 11 and 12 Visual Art students have been painting beautiful scenes and intricate patterns on the ornamental wooden doves that the hospice has provided; these doves are meant to be the carriers of celebration and hope, which also serves the purpose of raising funds for the society.

Here is how it works: visitors at the Semiahmoo Shopping Center during the Christmas season (December 1st to the 23rd) will be able to stop by the Celebrate-A-Life Tree, write down the name of a lost loved one on a paper dove and hang it on the tree. Our doves, along with other artists’, are also up for donation. For a \$20 donation, you not only get to hang your loved one’s name on the tree, but you also get to bring home a hand-painted wooden dove ornament of your choice!

The Southridge Art department is most grateful to the students for creating these, and ever grateful to be included amongst such talented artistic company for such a resonating cause.

The dove pictured is by Sophie Maskall.

Please visit the hospice site for more information:

<https://www.eventbrite.ca/e/celebrate-a-life-event-2016-tickets-29911703711>

<http://www.peacearchnews.com/community/404298606.html>

Susy Baranszky-Job and Art Stewards, Megan Tang and Rachel Tong

Cross Country Skiing on Cypress Mountain

We are excited to host Cross Country Skiing outings to Cypress Mountain on the following Fridays (weather-permitting):

- Friday, January 13
- Friday, January 27
- Friday, February 3



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- Friday, February 17
- Friday, February 24

If your child is interested, please have them pick up a Parent Consent Letter from Mr. Sterelyukhin or Julia L.

For these outings, the group will leave right after school and come back around 9:00 pm. Watch this video for some inspiration (go to 1:52:50 and hit play from there):

<https://www.youtube.com/watch?v=YJYIn9sywoA>

Max Sterelyukhin
Senior School Mathematics Teacher; Cross Country Club Organizer

Both Schools

School Closed for Winter Break

Please note, Southridge School will be **closed for the Winter Holidays starting Saturday, December 24 through to Monday, January 2, inclusive**, and will re-open for business on Tuesday, January 3. When classes are not in session, the school's office hours are 8:30 am to 3:30 pm.

Students are expected to return to school on Monday, January 9. Please note that we have a late-start that day and students need to arrive between 10:10 and 10:20 am for a start time of 10:25 am. Please do not bring students any earlier as the faculty will be in meetings and unavailable to supervise.

Administration Team

Advancement Update - Gala 2016 Results!

Thank you again to all our generous families and friends who contributed to the **We Are All One Gala 2016!** What an amazing event!

We had an early sell-out with 310 guests in attendance and good representation from each class. Thank you to everyone who bought a ticket – I'm certain you enjoyed a wonderful evening with good friends in support of our school.



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The **live and silent auctions raised more than \$178,000!** Thank you to everyone who bought an item and to all the families and local businesses who donated an item. A list of our item donors is **attached** below. Please read over the list and be sure to thank them for their support of our Gala when you see them and/or are visiting their business. It means a lot to them to know that their contribution made a difference – and hearing it in person from a parent at our school has an extraordinary impact.

When we create a budget for the Gala, we always work to ensure that ticket revenue covers the cost of the event. This year, through **the extraordinary generosity of Ryan and Cindy Moreno and The Joseph Richard Group**, guests were treated to an amazing meal at a fraction of the real cost. This amazing gift-in-kind, along with some excellent financial prudence from the Gala Committee, ensured that we met our budget targets.

For this reason, every sponsorship dollar goes right back to the school. This year, **sponsors generously donated \$60,000!** Thank you to each of them for their generous support. Their names are also included in the list below. Thank you, thank you, thank you!

By all accounts, the **We Are All One Gala 2016** was a huge success – in fact, based on our records, it was one of the most successful galas in our school's history, **raising more than \$250,000** for our students and programs. WOW!

Although we had identified a number of important projects and items that would be funded from the Gala revenue this year, we were in the very fortunate position of having to identify additional items based on the success of the night. Because of your generosity, the following items will be in your students' classrooms and hallways this year:

- 4 sets of tools for the STEAM program
- New athletics uniforms and PE equipment
- Additional technology, including smart TVs, document readers, a short throw projector and digital recorders
- Additional Harkness tables
- New desks and chairs for several Junior School classrooms, including a classroom that will trial different types of desks and chairs (ex. stand-up desks) to accommodate different learning styles and student preferences



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- New and additional assembly chairs for the Junior School
- A robot that will be used as part of a robotics/coding program that will be offered to our Senior School students next year
- Upgrading our wireless network/system
- Motorizing our bleachers in the Senior School Gym, which will prolong their lifespan and prevent injuries
- Designing an improved Grade 12 student space, including countertop study spaces, charging stations and improved furnishings

Our community really is extraordinary! For everything you did to contribute to the Gala – from volunteering to set-up on Friday to the clean-up crew on Sunday and everything in between – **THANK YOU SO MUCH!**

Also, you will definitely want to **'Save the Date' for next year – November 18, 2017!**

Thank you all!

Christiane Hodson
Director of Advancement

End-of-Year Donations to Southridge

Thank you to all our parents who have already made their annual donation to Southridge this year!

As you know, Southridge relies on parent donations for many of the capital items our students and teachers use on a daily basis. From all the resources in our libraries to athletics equipment and lab supplies, your donations make all the difference!

If you have not made your donation yet, there is still time! All gifts made online on or before December 31, 2016 will receive a charitable tax receipt for 2016. Donations can be made safely and easily by credit card [online here](#).

If you would prefer to make a donation by cheque, please ensure that you have dropped off your donation to the school by December 21st **OR** it is mailed and postmarked by December 31st.



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At this time of year, we are asking you to consider making a donation to a number of priority areas at the school:

- **Greatest Need Fund** – Supporting this fund allows the school to use your donation towards items that have been requested by teachers for this school year as well as facilities upgrades.
- **Athletics Fund** – This year, your support of Athletics will be earmarked for tents that are used for tournaments and away games.
- **Arts Fund** – Arts donations will be used to purchase a short-throw projector for Drama and Media Arts.
- **Endowment Funds** – Please consider supporting the Alan Brown Memorial Endowment Fund or the Carol Levy Memorial Endowment Fund. Both fund bursaries for deserving Southridge students who would otherwise be unable to attend.

We are asking you to make your 2016 gift to Southridge this year. Please consider an area at Southridge that you would like to support and [make your gift online today](#).

Please contact me if you have any questions at chodson@southridge.bc.ca. Thank you again for making a donation to Southridge this year!

Have a wonderful and restful holiday season.

Christiane Hodson
Director of Advancement

Southridge Yarn Club Supports the Saheli Foundation

The Southridge Yarn Club volunteers, in affiliation with The Saheli Foundation, have knitted beautiful infinity scarves and hats for adults and children. The Saheli Foundation is a registered, local non-profit organization dedicated to providing children in need with the tools, resources, and support they need to be successful in all aspects of life. These scarves make beautiful holiday presents. 100% of the profit will go towards supporting our ongoing programs.



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If you would like to purchase one, please email us at thesahelifoundation@gmail.com or Amaan@southeridge.bc.ca. The Saheli Foundation will also be selling these at the Morgan Crossing Shopping Centre along with providing giftwrap by donation from December 17 to December 24. Please come by to show your support for this local initiative!

Ira Alexandra
Senior School Social Studies Teacher; Yarn Club Organizer

Save the Date: Personal Protection Systems Presentation (January 30)

Parents, please mark your calendars! **Darren Laur of Personal Protection Systems Inc.** will be returning to Southridge School on **Monday, January 30, 2017 from 6:30 - 8:30 pm** to talk about youth on-line interactions.

Attending this Internet Safety presentation will offer you insight into social media use, along with valuable tools needed to help navigate the online world when it comes to digital literacy and privacy. **All parents are welcome to attend.**

Wendy Turriff
Junior School Counsellor

Southridge Café

The Café staff like feedback! Feel free to let us know some of your favourites and not-so-favourites. As we try out new dishes, let us know what you think. This way, we will know whether to add it to our menu or not. You can provide us with your comments or suggestions at: southeridge@canuelcaterers.ca

Please see the **attached** menus for December and January.

Uniform Shop News

The Uniform Shop is closed over the holidays from December 16th – January 8th and will re-open in the afternoon on Monday, January 9, 2017. Have a happy and safe holiday!

Phala Tan
Business Services Manager



We Are All One Gala 2016

SPONSOR LISTING

Bo Zhao and Honglei Jin - Oriental Pearls
Bradley and Nancy Smith
Brian Hockertz and Nikki Chiu
Chunming Lian and Jianqing Yu
Cory and Sandip Saran
Cris Bennett and Kayce Lewis
Dr. Alan Abraham and Dr. Elham Fasihy - Avecina Medical Clinic
Dr. Lourenco and Wendy Lei
Dr. Michael and Dr. Barbara Mittermaier Inc.
Drew Stephens and Kierstan McCaw
Drs. Dorothy Sonya-Hoglund and Jay Nagamatsu - White Rock Orthodontic Center
Frank Jin and Jenny Cao
Hai Bo Yu and Mei Peng
Hong Jun Yue and Ying Zhuo - Four Plus
Imad Hassan and Aida AlHashimi
Jack Liu and Kelly Xie - Oriental Pearls
Jerry and Pauline Basran - The Basran Wealth Management Group
Jia Quan Zhang and Gai Rong Yang
Jianjun Li and Jie Wang
Jianzhong Dai and Xiao Wen Wang
Jizhong Yang and Yu Wang - Four Plus
Joseph Richard Group & S+L Kitchen & Bar, Langley
Jun Yan and Ping Wu - Oriental Pearls
Mark and Asia Van Spronsen
Mingyao Lu and Chunping Chen
Olev and Marit Rumm
Parminder and Kal Purewall - PHL Capital Corp.
Randeep Panaich and Arwinder Gill - Panaich Properties Ltd.
Ravinder and Shivreen Hayer - Hayer Builders Group
Robert and Monica Froh
Scott Cowie and Susan Lee
Shanghai Zhao and Li Wan
Sheng Li and Lin Liu
Sheng Zhong Hui and Hong Bian
Stephen and Rachael Lawson
Terry Vipond and Gemma Martini
Abercromby Melnychuk CPA's
Upninderjit and Monica Harrad
Wei Fan and Xueping Liu - Oriental Pearls
Wei Hem Yeh and Connie Chen - Oriental Pearls
Wei Xie and Biyu Yu - Four Plus
Wenlong Yang and Limin Gong
Xiudong Wu and Yi Zhang - Four Plus
Yan Zhang - Oriental Pearls
Yi Wang and Lili Yao



We Are All One Gala 2016

DONOR LISTING

94.5 Virgin Radio/Bell Media
Access MRI- Spencer Lister
Arthur Murray Dance Studio
Aru Spa & Salon
Bala Siran
Barry and Cheryl Spence
Beast and Brine Local Provisions
Bharta Saincher
Birdies & Buckets Family Golf Centre
Blow Dry Hair Bar
Brad and Heather Elliott
Brian and Shelley Carse
Brian Hockertz and Nikki Chu
Burritt Bros. Carpets and Floors Ltd./Keith and Kate Donegani
Cactus Club Café Langley
Camp Cody
Canuel Caterers
Casbah Day Spa – Nicole King
Cat Paws Inn
Centrepont Career – Doris Bentley
Chen Jing
Clover Crossing Liquor Store
Coates Portrait Design
Cobs Breads - South Pointe Annex
Creative Goldsmiths
Cultivé Frozen Yogurt
Derek Stobbs and Sabine Aichinger
Diva Fitness & Pilates Studios
Dolterra – Shannon Baldin
Dr. Ashok Krishnamoorthy
Dr. San Bhatha - Southridge Dental
Dr. Will Chow, Panorama Orthodontics
Dustin Schroer and Jen Wu-DiPopolo
Edward Chang
Ethical Addiction
Excellent Ice
Famoso Neapolitan Pizzeria
Float House
Florissa
Franco Cavaleri & Kimi Schellenberg
Golden Glory Fitness & Martial Arts
Graham Robins and Suzanne Burgess Robins
Grandview Gynecology and Obstetrics
Greg & Jackie Christofferson
Gui Ping Chang



Gurjinder Bhurji - Royal LePage Wolstencroft
Haydn Richardson
Health Express
Ian and Tracy Povey
Ian de Hoog
Innovative Fitness White Rock
Inspire Arts Academy Inc.
Jack & Emilia Golos
Junwei Zhu and Li Li
Jasmine and Adam Boyes
Jean Chai - Royal Lepage Northstar
Jordan's Rugs Ltd.
Joseph Richard Group
Joyce Zhu
JP Mode Salon
Kathy Yang
Kent and Launi Bowie
Kim Veldhuis
Kimberley and David Markey
Kitchen Therapy
Kukri Sports Canada
Labatt Canada
Leaf Tea Ltd.
Lidia's European Cleaning Services
Lin Liu
Magical Fairy of Zen Gardens – Daniela Fisher
Matt & Lisa Lewis
Maya & Bob Yu
MD Wellness Solutions – Dr. Shelin Tkatch
Michael and Helen Wong
Ming Zhou and Jing Chen
Mr. Jun Yin Lu and Ms. Bin Liang
Nadia & Keith Leach
Nature's Fare - White Rock
Neil & Manny Ramsbottom
Noel Asmar Equestrian
Ocean Park Driving School
Ocean Promenade Hotel
Orderly Concepts & Solutions - Janis Nylund
Park'n Fly Airport Parking
Paul and Shelina Babul-Wellar
Paul Friendship
Pedersen's Event Rentals
Peter Dolecki - RE/MAX Westcoast
Pilar Osing
Pilar Rodriguez Designs
Play It Again Sports
Ryan and Cindy Moreno
Richard Woodhead
Robbie Dickson
Robert and Y.Y. Skleryk

Roberto and Danna Bresciani
S+L Kitchen & Bar, Langley
Sacha and Anna Szymczak
Sands and Son Automotive
Sangeeta Reyes
Scott Moe - Moe Real Estate Team
Sereno Wellness Spa
Shaida Nanji
Sheila's Bistro & Lounge
Skoah Morgan Crossing
South Point Dry Cleaners
Southridge School
Southridge School Students
Southridge School Uniform Shop
Spa Utopia
Sticky's Candy
Suki's Morgan Crossing
Sun Cabo Vacations
The Bennett/Lewis Family
The Eggertson Family
The French Family
The Grootendorst Family
The Hilton Family
The Jiang Family
The Lei Family
The Mussato Family
The Oliver-Trygg Family
The Singh Family
The Van Spronsen Family
The Wildgrove Family – Wildgrove Custom Woodwork
The Wooden Spoon Brunch & Bistro Co.
Tim Kleinschmidt, CFP
Top Marks
Vancouver Giants
Vaughn and Christiane Hodson
Vicki & Bob Carpenter
Washington Avenue Grill
Wayne and Jan Peace
White Rock Orthodontic Center
White Spot Restaurant – Morgan Crossing
Wow Photography - Michelle Murray
Xin Liu
Zheng Tao Ma
Zig Zag Fashions
Zong Xiang Liu

	Mon-12	Tues-13	Wed-14	Thur-15	Fri-16
Breakfast	Bacon Egger	Smoothie Day	Sausage Muffin	Cheese Scone	Smoothie Day
Chef's Entree	Butter Chicken	Chicken Pot Pie	Stir Fry	Pizza	Have a
Pasta Bowl	Ravioli	Spaghetti meat sauce	Penne Alfredo	Mac and Cheese	Great
Grill Central	BBQ Bacon Brb	Thai Chicken Flat Bread	BBQ Ribber	Spicy Chicken Brg.	Christmas
Weekly Panini	Chicken Pizza	Chicken Pizza	Chicken Pizza	Chicken Pizza	Break!
Great Greens	Chick Pea Salad	Tossed Salad	Salad Bar	Caesar Salad	

We always offer our regular menu in addition to our daily specials



Mon-16

Tues-17

Wed-18

Thur-19

Fri-20

Breakfast

Bacon Egger

Smoothie Day

Blueberry Scone

Sausage Wrap

Smoothie Day

Chef's Entree

Chow Mein

Perogies and Sausage

Salad Bar

Lemongrass chicken

Chicken Pot Pie

Pasta Bowl

Alfredo Pasta

Gnocchi

Chicken Curry

Primavera

Mac and Cheese

Grill Central

Spring Rolls

Thai Chk Flatbread

Meatball Sub

Japa Dog

Spicy Chicken Brg

Weekly Panini

Thai chili Chicken

Thai Chili Chicken

Thai Chili Chicken

Thai Chili Chicken

Thai Chili Chicken

Great Greens

Pasta Salad

Chicken Caesar

Salad Bar

Chef Salad

Tossed Salad

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Mon-23

Tues-24

Wed-25

Thur-26

Fri-27

Breakfast

Sausage
Egger

Smoothie
Day

Berry
Muffin

Bacon Wrap

Smoothie
Day

Chef's
Entree

Taco Bowl

Greek
Chicken

Salad Bar

Individual
Pizza

Fish and
Chips

Pasta
Bowl

Pasta
Italiano

Mac and
Cheese

Chicken
Alfredo

Cheese
Ravioli

Pasta
Marinara

Grill
Central

Thai Chicken
Sub

BBQ Bacon
Brg

Quesadilla

Spicy
Chicken Brg

Chicken
Fajita

Weekly
Panini

Chicken
Caesar

Chicken
Caesar

Chicken
Caesar

Chicken
Caesar

Chicken
Caesar

Great
Greens

Chick Pea
Salad

Tuna Salad

Salad Bar

Chef Salad

Tossed
Salad

We always offer our regular menu in addition to our daily specials

