



JANUARY 25, 2017
ISSUE #18

Head of School

We are all One – Inner and Outer

We are all one is a strong statement about who we are as a community – an acknowledgement that we are all connected, that our values are similar and that collectively our individual talents and abilities create one very special place.

More than that, *we are all one* is a reminder that our inner and outer worlds are intricately connected as one. It reminds us all that appearances are sourced from a generative spirit that lives deep inside all of us. In other words, who we are as a school is sourced from the invisible essence that lies inside – an essence that speaks far more loudly than buildings, grounds, championship banners or school rankings.

I have visited countless independent schools across our country, have served on numerous accreditation teams for ISABC and CAIS schools, have sat on accreditation councils and membership committees, and I have been a student at independent schools in both Canada and the United States. In fact, I have been a part of independent schools – either as a student or teacher – for over 40 years.

What I have never felt before in any other school is the special spirit that exists here. The soul of our place is beyond what other schools loosely describe as a sense of community. The warmth and connectedness of our community's spirit is something we should all take great pride in because it hasn't happened without hard work and intention.

Just as the outer world of our buildings and grounds require maintenance and care, our school's spirit requires constant upkeep and emotional tending. Whereas other schools may have more impressive buildings, more people who groom their properties or views that take your breath away, none of them have the blessing of an inner world like we do, and this is what makes our school truly beautiful.

Keeping the spirit of Southridge alive takes all of us. It takes our collective energy and, more importantly, our collective belief that it's important to preserve and cultivate the spirit that makes our school beautiful. When we show up as your best selves – as teachers, as staff members and as parents – we are contributing to the essence of how



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we are all one, connecting us and providing the energy it takes to nurture the spirit of our school, which is then reflected back to us in our students.

The potential of our students is truly limitless. For them to realize their full potential they need us. They need us to come together as one to support them in finding their own personal connection to their own inner world and they need us to create the conditions for them to express it honestly and authentically so that collectively their individual talents and abilities create the soul of a community where every spirit soars.

Have a wonderful week!

Drew Stephens
Head of School

Important Dates

Event	Date	Time	Location
Jump Rope for Heart	Thursday, January 26	All Day	Junior School
Casual Day	Thursday, January 26	All Day	Junior School
No School for PYP	Friday, January 27	All Day	PYP Only
Internet & Social Media Safety Presentation	Monday, January 30	6:30 pm – 8:30 pm	Junior School Great Hall
Professional Development Day	Friday, February 10	All Day	Both Schools
Family Day	Monday, February 13	All Day	Both Schools
End of Term Holiday	Tuesday, February 14	All Day	Both Schools
Noon Dismissal	Thursday, February 23	Noon	Junior School
No Kindergarten Classes	Friday, February 17	All Day	Junior School
Student Led Conferences	Thursday, February 23	1:00 pm	Junior School
Senior Play	Thursday, February 23	7:00 pm	Alan Brown Great Hall
Senior Play	Friday, February 24	7:00 pm	Alan Brown Great Hall
Senior Play	Saturday, February 25	2:00 pm	Alan Brown Great Hall
Senior Play	Saturday, February 25	7:00 pm	Alan Brown Great Hall



Junior School News

Head of Junior School

A Series of Fortunate Events...

When my children were young, one of my favorite things was our nightly read aloud time. As a mom and teacher, it was my mission to instill in my children a love of reading, so it was a big priority that we spend time reading together every night. We read together for the entirety of their elementary school years. Many of my fondest memories of those years center around sharing a good picture or chapter book with my kids. Elija, Rowan and Jonas still talk about the books we shared and some of the silly antics I would get up to when we read (like the time I turned into “Captain Tickle Me Bones” when we read *Pirates Past Noon*.) It was a sad day for me when I finally had to let go of that daily time together.

One of our reading adventures, which lasted over several years was the reading of Lemony Snicket's, *A Series of Unfortunate Events*. Thirteen books, each with thirteen chapters, rife with mischief and misfortune, but always a glimmer of hope for the poor Baudelaire orphans, perpetually trying to escape the evil clutches of Count Olaf. We had a lot of fun reading those books, and they remain on our family bookshelf, the date we finished each book carefully written on the last page. As my kids became more fluent readers, we'd all take turns reading pages and then chapters, discussing what we thought Count Olaf would look like, and even what great movies the books would make. (We didn't like the Jim Carey movie version.)

Fast forward to January 13, 2017 and the release of a Netflix interpretation of the series. All five of us on the couch together again to revisit an old favorite. As we watched the first episode, memories surfaced and comparisons between this new representation of the books and our recollections of the stories began. We are all feeling a little nostalgic as we relive the story events. I am surprised by how much my kids remember from those stories - it's been many years since we finished reading them together. We all had a good laugh at remembering how it was through reading the first book, “The Bad Beginning” that we discovered pasta puttanesca, a dish we'd never heard of but decided we should find a recipe for and have for dinner one night because the ingredients seemed like ones we'd enjoy. To this day, pasta puttanesca remains on our dinner menu rotation thanks to those books. We've resisted the temptation to binge watch the first season of episodes, which depict the first four books - I fully intend to stretch out this family time together as long as I can! (And I'm so glad Netflix did not release episodes for all thirteen books, for that very reason.)

For those of you who are still at the age and stage of reading with your kids - hold fast to this precious time together as long as you can. Know that the investment of reading together matters, and that it does make a difference in your child's learning. That daily investment will pay off in dividends when you least expect it.

Tanya de Hoog
Head of Junior School



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Non-Instructional Day for PYP Students - Friday, January 27th

Please note that school will not be in session for PYP (Kindergarten - Grade 4) students on Friday, January 27th. PYP teachers will be supporting admissions testing and observations for prospective students on this day. Please mark your calendars and do not send your child to school if they are in Kindergarten through Grade 4. It will be a regular school day for MYP students (Grades 5-7).

FSA Testing for Grades 4 and 7 Students

Ministry of Education Foundation Skills Assessments (FSA) will take place beginning in the coming weeks through February 17th. Grade 4 and 7 teachers have now communicated the specific testing schedules via Schoology. Please do not schedule appointments or plan any absences during testing times as students who miss tests are given an incomplete score. Testing consists of a combination of online and hand-written components for Literacy (reading and writing) and Numeracy. This will be the last iteration of the current FSA format, as the Ministry will shift to a format that is more aligned with the redesigned curriculum for the 2017-2018 school year. Future FSA testing will take place in October and November, beginning in the fall of 2017.

For more information about the current FSA tests, visit:

<http://www2.gov.bc.ca/assets/gov/education/kindergarten-to-grade-12/teach/pdfs/assessment/fsabrochure.pdf>.

For information regarding changes to FSAs in the 2017-2018 school year please visit:

<https://curriculum.gov.bc.ca/assessment-reporting/new-foundation-skills-assessment>.

Professional Development Day, Family Day Holiday and Half-Term Holiday, Friday, February 10th – Tuesday, February 14th

Friday, February 10th is a Professional Development Day – school will not be in session for students. School will be closed for the Family Day Holiday on Monday, February 13th and for the Half-Term Holiday on Tuesday, February 14th. Classes will resume with a late start on Wednesday, February 15th at 10:25 a.m. ***Please do not bring students any earlier than 10:10 a.m. as all faculty and staff are in meetings and no supervision is provided.***



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Kindergarten Parents- No school on Friday, February 17th

There is no school for Kindergarten students on Friday, February 17th due to entrance assessments for prospective kindergarten students. Thank you in advance to Kindergarten parents for making alternate arrangements for your children on this day.

Student Led Conferences: Thursday, February 23rd (noon dismissal)

Throughout the learning process, students actively select their own pieces of work to include in their Portfolios. These pieces reflect many different subject areas as they relate to the elements of the IB PYP and MYP programs and demonstrate their own personal reflections and growth as a learner. On Thursday, February 23, 2017 students will have the opportunity to share their portfolios as they host their own student-led conference. This is an important opportunity for students to showcase and communicate their learning with their parents. Please be aware that there will be a **12:00 noon dismissal** on that day to accommodate the conferences. Please save the date and plan to be present to support your child.

Keeping Each Other Healthy

Please keep your child home if they are unwell, particularly if they have fever, cough, nausea or diarrhea. Students should be fever and symptom free for at least 24 hours before returning to school. To help prevent the spread of viruses please review hand washing procedures with your child and remind them to cough or sneeze into their sleeve instead of their hands. Please also be sure to inform the school first thing in the morning via phone or email (attendance@southridge.bc.ca) if your child will be absent, with the reason for the absence indicated.

Kids Lit Quiz Regional Competition

Over the last two terms, MYP students who love reading have been coming out to Kids Lit Quiz at lunch to have fun with book trivia. Last Friday (January 20, 2017) we got serious and entered two teams to compete against other schools in BC with New Zealand quizmaster, Wayne Mills, while another two teams came out to support them and gain experience for future years of quizzing. All students answered 100 questions – 10 rounds of a particular category with 10 questions each.

Our two competing teams performed well against other ISABC schools and public schools, including last year's winners from Tecumseh Elementary. Each team won a



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book prize for answering the most correct questions in a particular category of questions. The team of Nora Zhu, Alyssa Hai, India Povey and Grace Barrett also had an exciting second place finish, just six points behind the winning team from St. Michael's University. They surged to the top three position by getting a perfect score in the Middle Earth category, which was also their preselected category in which they were allowed to double their points.

Congratulations to all the Kids Lit Quiz competitors and team members!

Mrs. Gardecki
Junior School Librarian

Upcoming Author Visit: Michelle Mulder

Students in Grades 1-3 and Grades 5-6 thoroughly enjoyed our last author visit with Métis storyteller, David Bouchard. Next month, students in grades 4-7 will get an opportunity to learn and be inspired by another great Canadian author.

Michelle Mulder is an award winning author of both fiction and non-fiction books. She is coming to Southridge on Monday, February 27, 2017. Michelle has an interesting array of life experience, including cycling around the world, teaching creative writing in the Arctic, and keeping in touch with her pen pal long enough to eventually marry him! She has a dynamic personality, engaging stories and zest for making this world a better place. Michelle will be spending the entire day at our school doing a presentation on peace and conflict resolution for Grades 4-5, a presentation about social activism for Grades 6-7, and a writer's workshop for all Grade 7's. She will also be answering student questions and doing book signings after her talk.

Students in Grades 4-7 will be receiving a letter this week regarding this presentation, and they will also have an opportunity to pre-order books so they will arrive in time for her visit. Please look out for this letter and the pre-order deadline.

Mrs. Gardecki
Junior School Librarian

Jump Rope for Heart Thursday, January 26th

Thank you very much for your tremendous commitment to raising funds and awareness for Jump Rope for Heart. The money raised supports awareness of heart health, research, and equipment purchases. In addition, 10% of funds raised is donated back to the school and given directly to W.E. Kinvig to support their school programmes and



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students with whom we have enjoyed a strong relationship with in both the Junior and Senior Schools for many years.

All donations are due tomorrow, Thursday, January 26th, and are in lieu of the usual Casual Day donation of two dollars. Also, please remember to send your children dressed in pink and/or red active wear for tomorrow's fun day of jumping in PE or DPA. He or she may also wear a heart to honour a special family member or friend affected by heart or stroke conditions. Thank you for your enthusiastic support.

Mrs. Murchie

Senior School News

Head of Senior School

Transitions

Last Thursday night I met with about 20 Grade 7 parents whose kids will be transitioning to the Senior School next year. This is a big step, not only for the students, but also for the parents - especially if this is their firstborn making the switch. Parents will inevitably experience a bit of loss as their child moves on to Grade 8 and may miss that camaraderie that develops over years of being parents in the Junior School. The dropoff and pickup times where they have a chance to get out of the car and chat with each other, the opportunities for more direct interaction with teachers, and that feeling of community and connectedness that are common in Junior Schools will not be the same.

I told the parents on Thursday night that Grade 8 is a time for students to take a larger step towards independence. It's time for parents to begin loosening their grip just a little bit and support their child as he/she becomes more of a self-advocate. Grade 8 marks a milestone in life where students leave the comfort of a single homeroom teacher to experience the teaching styles, personalities and demands of up to 12 different teachers in a single year. Managing their time, organizing their workloads, binders and online files, and navigating the requirements of the many different courses they will take will require considerable attention, focus and motivation on their part. Get ready parents, because this is the hard part: Grade 8 is a time where adolescents begin to separate from you just a little bit. You will notice that friends will become more of a factor, social media will likely be a more significant aspect of their lives to navigate, and they may seem to distance themselves somewhat. You will find that your child might not want you



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to wait inside the Senior School for them at the end of the day (though you are certainly welcome to come in and chat!) - this is ok - it's normal. It's part of growing up.

One way that the Senior School at Southridge reaches out to help make this transition easier is through advisory. Your son or daughter will be placed in an advisory group with about 12 - 14 other Senior School students from grade 8 -12 where, under the leadership of a teacher-advisor and older students, your child will learn what being a Senior School student at Southridge is all about. Advisory is essential to a successful experience at Southridge and we hope that students will invest in this important aspect of what makes our school different.

Another piece of advice I gave the Grade 7 parents last week (which also ties in to my article from last Wednesday where I promised to write this week about preparing for life after high school) is that it is important for parents to support their child as they navigate potential postsecondary and career options, but to know this: they *will* get into university. They will. So everyone can just relax, breathe, and know that it will happen. Will everyone get into their first choice school? Not likely. Will everyone who applies get into Harvard? No, of course not. To put it into perspective, for the Class of 2020 at Harvard, there were just under 40,000 applications, and only 2106 were admitted. Of that group, only 11% were from outside the USA. Although I can't guarantee which school your son or daughter will get into, I can guarantee that everyone who wants to go to a postsecondary institution will get there. So stop worrying. Your kids need your support, not worry or pressure. Life as a teen today is stressful. Southridge students get into university - often into their first choice. Support your child through the various transitions they will go through, and along the way encourage them to volunteer, to be balanced, to have fun, and of course to work hard and strive for excellence. The rest will take care of itself.

Brad Smith
Head of Senior School

Holidays

At Southridge, we have a significant amount of time that is devoted to holidays where families can book trips and get away from the winter weather, or visit family in other parts of the world. In addition to long weekends, and mid-term breaks, the main holidays are the three-week Winter Break, two-weeks at Spring Break, and of course the Summer Break for the two-months of July and August.

When families book vacations during school time, it does create difficulties for your child as significant amounts of class-time is missed. Because the Senior School has adopted



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the discussion-based Harkness method of teaching, when a student misses classes, he/she misses important discussion and learning that simply cannot be made up.

Certainly students who are on family holidays within the regular school calendar are encouraged to keep up with classes on Schoology, but teachers will not be giving out packages of work and material for students to work on while travelling. It is the student's responsibility to keep up to date with their school work and to catch up immediately upon return.

Parents, please realize that these types of vacations can have detrimental effects on student performance and you are encouraged to plan vacations during our school holidays.

The Long-Awaited Lifer Ties

The first assembly of the year is always about celebrating milestones. We have the incoming Kindies and the outgoing Grade 12s come in together and the moms of both groups have a common moment of disbelief that their child has arrived at this point. I'm sure you are wondering why I'm talking about a September assembly when it's January (when will this cold weather be over!?!). Stick with me a little longer and my ramblings will come to a point – I promise. As part of our celebration of the Grade 12s in September, we make a point of recognizing the Lifers – those students who have been here since Kindergarten – by giving them a special “lifer tie” which they can wear with their uniforms. Unfortunately, the ties did not arrive in time for the September assembly. In fact, they did not arrive until January. So finally, this past Monday, we handed out the Lifer Ties to our twenty-eight Grade 12 students who have been here since Kindergarten. We made a party out of it with lights and music and it was a great – if belated – time of celebrating this unique group of students. We will also recognize the lifers at the full school assembly on February 21st so parents have an opportunity to take pictures and be part of the acknowledgment.

Brenda Becker
Upper Division Coordinator

Student Led Conferences

Student led conferences are a valued part of Southridge's approach to education and provide an alternative means of assessment. These are 20 minute presentations that take place between the advisor, advisee and parents. They allow the student to celebrate his or her accomplishments,



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reflect on past experience and set goals for the future. In each grade, the students are asked to follow a particular theme and build on their goals and reflections. Please see the following link if you wish to see the themes and suggested guidelines for each grade. In order to encourage students to improve the authenticity of their presentations and increase the sophistication of their reflective thinking we have created ten optional questions for students in grade 10-12.

Student Led Conference Guidelines
Student Led Conference Reflective Questions

This year the conferences will be held on February 8, 2017 between 1:00PM-7:00PM. Please use the Student Led Conference link on the website to book a conference with your son or daughter's advisor. For further instructions on how to book an appointment please click on the link below. Advisors have been allotted time for dinner and in a few cases family and extracurricular commitments. These will show up as blank spaces on their schedule.

Parent SLC sign up [\[link\]](#)

Thank you for your time and support for the Southridge advisory program.

Norman Dods
Advisory Chair
ndods@southridge.bc.ca

Course Selection for 2017-2018

In the next few weeks I will be talking to students about their course selection options for the next academic year. There are limited choices for students currently in grade 8, but an increasing range of elective courses as students move into the senior grades. I will be speaking to the grade 8 and 9 students during period 2 on Thursday, January 26th. Ms. Becker, Ms. Livingston and I will present to the grade 9s and 10s during period 1 on Monday, January 30th and to the grade 11s during period 1 on Thursday, February 2nd.



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Students will be given course selection sheets in their planning classes to complete prior to entering their selections into Naviance – the data base system that we use to record and manage their choices. The course selection sheets are attached here for your convenience (they are also available on the parent portal) and to allow you to discuss the various options with your children. The closing date for students to enter their choices on Naviance is Monday, March 6th.

We will also be holding an information evening on Wednesday February 15th in the Junior School Great Hall from 7:00 – 9:00 pm. The first part of the evening will cover a brief outline of the major changes that the Ministry is introducing to the graduation program and a review of the course options for students entering grades 9-12 in September 2017 (our current grade 8-11 students). Ms. Becker will outline entry requirements and procedures for post-secondary study at Canadian, US & UK Universities. The Curriculum Guide for 2017-18 will also be posted on the Southridge website from February 15th and hard copies will be available at the evening information session.

I would encourage all students to talk to their peers, teachers, parents and counsellors; to gain as much knowledge as they can in order to make informed choices as they move forward with their academic goals. I think it is also important to stress that students should follow those courses in which they have a genuine interest or passion, remembering that excellence usually comes from engagement and commitment.

Jan Holt
Senior School Academic Program Director

Senior Play – A Midsummer Night’s Dream

I have been fortunate enough to be able to take part in the High School theatre production for the second year in a row, this time portraying the character of Lysander in Shakespeare’s ‘A Midsummer Night’s Dream’. I am very excited to be back at work with all of the awesome people in the drama department, and I think that our play this year will really be something to mark on your calendars - it will have comedy, drama, action, romance, and donkeys (asses).

Shakespeare’s use of language has been an interesting undertaking for all of the cast members in this year’s production – memorisation of lines has had an entire other dimension added on to it. I will also be involved with planning the sound, music, and lighting portion of the production - along with my friend Colin Gottwald, who is playing the part of the fairy trickster Puck. We are all anticipating being able to make you laugh,



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make you cheer, make you boo, make you laugh again, and maybe even make you cry. We hope to see you there!

Ryan Kniel
Grade 11

Show dates are:

- Thursday, February 23 – 7:00 pm
- Friday, February 24th – 7:00 pm
- Saturday, February 25th – 2:00 pm and 7:00 pm

Celebrate our Musical Achievements

Two of our grade 9 music students have had recent musical accomplishments that should be celebrated!

Last week, Emma Hoglund performed in a piano masterclass for legendary pianist Emmanuel Ax at the VSO School of Music. Emma had to audition to have the honour of being one of four pianists chosen to perform for Mr. Ax, who then worked with her in front of an audience including Maestro Bramwell Tovey of the VSO at Pyatt Hall. I think this would be akin to one of our basketball players getting free throw pointers from Steve Nash in front of a huge crowd!

Judy Li completed her ARCT in piano, achieving first class honours. The Associate of The Royal Conservatory (ARCT) diplomas for Performers and Teachers are the highest academic standings awarded by The Royal Conservatory. The ARCT Teacher's diploma is respected internationally as a teaching qualification. She also received the highest mark award for her performance on this exam. We look forward to her taking over as head of the Southridge Music Department.

Join us in congratulating Emma and Judy!

Mr. Mitchell, Ms. Parker, and Mr. Burrage

VSO Open Rehearsal

I was invited to go along on a sort of “field trip” last week, to visit the Vancouver Symphony Orchestra in a rehearsal of one of the pieces that they will be performing in the future, “Ein Heldenleben” or, “A Hero’s Life”, by Richard Strauss. The trip was a fascinating look into the practicing etiquette and technique of a professional orchestra,



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and the music that we heard was unique and interesting. We were also able to see our very own Mr. Mitchell play alongside his trumpet compadres, except for when they left the room to do an original off-stage trumpet-only section of the piece; this was intended to create the effect of triumphant music from a far distance away. This kind of ingenuity within the piece made for captivating listening, and nobody uttered a word for two hours.

We were also privileged enough to be able to chat with members of the orchestra during the break at the “intermission”, learning about what schools they went to, how they started in music, and what their daily practice routines were. I am very grateful to Mr. Mitchell for inviting me, and given the opportunity, I would do it again in a heartbeat.

Ryan Kniel
Grade 11

Southridge at VMUN 2017

3 days, 7 committee sessions, 20 committees, 21 hours of debate, and over 1,300 delegate participants: Vancouver Model United Nations, commonly known as VMUN, is a completely student-run annual conference held in downtown Vancouver. For Southridge Model UN members, it is a time to showcase the skills of discussion, debate, and diplomacy on which we pride ourselves at our school. This year at VMUN, students participated in a range of committees to discuss issues ranging from regional conflicts and issues to international security, human rights, and health issues.

Our delegates spoke of their experiences at VMUN 2017:

I joined the United Nations Security Council (UNSC) representing the country of Venezuela. I enjoyed having to try to increase my country's significance in the committee despite being a fairly powerless country in comparison to the other countries represented in the UNSC. Attending Model UN conferences made me really able to think in many perspectives and to evaluate pros and cons quickly. Model UN has certainly enhanced my speaking skills at the Harkness table. I also gained leadership skills such as pitching ideas and throwing questions that are applicable to whole class discussions. - Jason Xu

This year I was the chair for the United Nations Human Rights Council (UNHRC). Over the weekend, UNHRC discussed two pressing issues in society: the ethics of mass surveillance and upholding human rights in prisons. I had an unforgettable experience at VMUN and really enjoyed viewing the exciting debate through the perspective of the Dais while also teaching and encouraging delegates to perform their best. Model UN



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conferences like VMUN have always given me the valuable opportunity to become more aware and educated about some of the most prominent issues in our fast-paced world today. It is through ModelUN that I have developed diplomatic skills and learned the power of compromise, collaboration, and critical thinking. Model UN has also helped me improve my public speaking skills and I have been able to implement all these skills in Harkness discussions at school as well. - Sanya Grover

I joined the United Nations Environmental Programme (UNEP) as Equatorial Guinea. I really enjoyed our heated up debates, the laughs, and our Southridge team dinner. Attending conferences has changed my view of Model United Nations. Ever since I did my first official conference, Model UN has never been the same ever since I had fully experienced it at the level of utmost professionalism. Being in Model UN has definitely enhanced my Harkness skills as it taught me to listen when others talk and also allows me to talk with others listening intently. - Kevin Liu

This year at VMUN I joined the United Nations Security Council (UNSC) representing Uruguay. I greatly enjoyed my experience at VMUN because of the high level of debate that was present in my committee and the opportunities that I had to discuss global issues with other students that had similar interests. It is unusual that I have the opportunity to spend so much time working with other people to come up with solutions to problems that affect the world today. I feel like after the weekend, I gained a deeper insight into world politics and the many nuances that come along with it. The guest speakers that I heard, including Dr. Nutt, a doctor who came in to talk to us about the humanitarian work and Yonah Martin, the deputy leader of the opposition in the Canadian Senate, personalized the issues that we talked about. I think Model UN has made me a better public speaker and given me the opportunity to do research and discuss topics that I would not even know about otherwise. Also, hearing the stories of the speakers, such as Dr. Nutt and Yonah Martin, I am more aware of the issues that many people around the world face every day. In many ways, Model UN sessions are similar to Harkness in that it is a giant discussion where you have to listen to the ideas of others and build on with your own. It has also given me a lot of useful information about the world, which I can often bring up in Harkness discussions in school to make topics that we discuss more applicable. - Harry Xie

The Road to Success . . .

There is a saying that 'the road to success is always under construction.' It came to mind on Friday after speaking to Mr. Shaw, the grade 8 boys' basketball coach, about his team's recent loss. He was particularly upbeat despite the boys just falling short on the scoreboard. He explained how it was the third time they had played this team this



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season, a big “AAA” school. The first game, they had lost by 20 points. The second match-up was closer. And on Thursday afterschool, the margin was only 2 points.

Both he and his assistant coach (grade 11 student Kale Fehr) were especially happy about the gutsy, late comeback. A 3 pointer with under a minute left cut the lead to a single basket. And although the ensuing shot missed, the coaches were also justifiably pleased that the boys were able to get off a potential game-tying shot off after inbounding the ball with just 0.6 seconds left.

This is a great example of the partnership between coaches and players as well as the power of focusing on the process. This approach started at try-outs as the coaches decided to keep an unusually large roster of 16 boys. In doing so, they gave a lot of players the chance to develop and be part of the team social culture, something especially important at the grade 8 level.

A loss can be framed in numerous ways. Credit is due to the players for sticking with it and fighting to the very end. Mr. Shaw and Kale set the stage however, pushing the team to win but conveying to their team that improvement is also a victory. Perhaps later in the season, come play-off time, these teams will meet again and Southridge will breakthrough. They are definitely on the right track.

Gord Smith
Senior School Athletic Director

Why Take the Delf?

Today French is an official language in almost 50 countries, including Canada. It is spoken by more than 200 million people on five continents. It is also an official language of the United Nations, the Red Cross, and many other international organizations.

A DELF or DALF diploma offers:

International recognition of French proficiency:

1. Life-long certification whether obtained in the candidate’s country or another country.
2. Based on the same international standard used in 154 countries (CFR).
3. Facilitates interprovincial dialogue in Canada.

A testimonial to one's success in learning French:

1. Recognition of the candidate’s accomplishments to date on the path to French proficiency.



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2. Represents an official document recognized internationally, that enriches the candidate's school or professional portfolio.

Advantages for post-secondary education:

1. Recognized internationally by francophone post-secondary institutions including a growing number in Canada.
2. Acceptance into a university in France (B2 or higher)

Enhances one's resume:

1. A description in meaningful terms what the candidate is capable of doing in French.
2. An aid for professional advancement.
3. Helps to open doors to a wide range of career and recreational opportunities throughout Canada and the around the world.

If you are interested in taking a DELF exam, please contact Madame Lew at the school to register! You can make contact in person or by emailing: mlew@southridge.bc.ca. Support tutorials will start in January, as the exams are in April.

Math for All

We are back for another term of Math for All! It is a mathematics peer tutoring environment, open to all students at Southridge. The sessions will run every Tuesday, from 3:15 - 4:15 pm in the Senior School library.

If you would like to sign up as a tutor, please see/email Mr. Sterelyukhin. If you would like to come by and get help, just do that, all grades are welcome!

Thank all you very much!

Max Sterelyukhin

Senior School Mathematics Teacher
msterelyukhin@southridge.bc.ca

Cross Country Skiing on Cypress Mountain

We are excited to host Cross Country Skiing outings to Cypress Mountain on the following Fridays (weather-permitting):

- Friday, January 27



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- Friday, February 3
- Friday, February 17
- Friday, February 24

If your child is interested, please have them pick up a Parent Consent Letter from Mr. Sterelyukhin or Julia L.

For these outings, the group will leave right after school and come back around 9:00 pm. Watch this video for some inspiration (go to 1:52:50 and hit play from there):

<https://www.youtube.com/watch?v=YJYIn9sywoA>

Max Sterelyukhin

Senior School Mathematics Teacher; Cross Country Club Organizer

University Counselling

Study Law, Health Sciences and Business in the UK - Information Session

The **British Council and British Consul-General** are pleased to invite students and their parents to attend the *Information Session - Study Law, Health Sciences and Business in the UK* in the evening of February 28th, at BCIT, Burnaby Campus-Council Chambers.

This will be an excellent opportunity for you and your students to learn more about law, health sciences and business programmes and opportunities the UK offers to Canadians in the following academic fields: Law, Business or Health Sciences (e.g. Medicine, Dentistry, Optometry, Physiotherapy, Pharmacy, etc.).

The event will begin at 5:30pm with a formal panel with all the representatives. During the panel there will be a brief overview of studying in the UK and experts will speak on the process students face to practice law of a health sciences degree (academic subject TBC) in Canada. The information session will wrap up with a question and answer period, where attendees will have the opportunity to inquire about work experience opportunities for students, admission requirements and scholarships.

Special presentations and guests:

Practice Law in Canada with a UK degree (presentation) by Alan Treleaven, Director, Education & Practice Law Society of British Columbia

Practice Pharmacy in Canada with a UK degree (presentation) by Doreen Leong, Director of Registration, College of Pharmacists of BC.

Other presentations TBC



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This event will take place from **5:30pm to 8:00pm on Tuesday, February 28th**, 2017 at:

BCIT-Burnaby Campus – Council Chambers

3700 Willingdon Ave, Burnaby, BC V5G 3H2, Canada

Registration process:

Counsellors, students and parents who are interested in participating in this free event must register online at: bit.ly/2iYhPAx

Interesting article in the Globe & Mail describing reasons for a large increase in the numbers of U.S. applicants wanting to study at Canadian universities

<http://www.theglobeandmail.com/news/national/education/canadian-universities-see-rise-in-us-applicants/article33713288/>

Career Education Update – Health Sciences

Throughout the fall, students had opportunities to participate in career exploration. In addition to the Grade 11 Career Experience Day during Leadership Experience Week, students who have a passion for health sciences and medicine could attend sessions at BC Children's Hospital.

Azra Panjwani (Grade 12) and Cassidy Fu (Grade 11) were selected to attend "Mini Med School 2016". The 6 part series was held every Wednesday, October 19 to November 23 from 7:00 to 9:00pm. Here are Azra's reflections about this experience:

I was nominated to attend the BC Children's Hospital's Mini Med School. This program, focussed on genetic counselling and the role genetics play in clinical care, immediately transformed an interest I developed in Biology class, into a passion. Over a series of 6 sessions, I learned about various genetic conditions, the profession of genetic counselling, and how testing affects patients and their families. The lecturers discussed their roles in a patient's care and what to think about when considering genetic testing.

Throughout the sessions, we learned about various specialties within genetic counselling and explored its impact on all stages of life, from prenatal diagnosis to late onset diseases. Since the field of genetics is relatively new, the impact of some mutations is still unknown. Nevertheless, the genetic counsellors described the development taking place within the field, and where they expect it will go.



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I learned the basics about various diseases, including their onset, testing and treatment. A presentation by Dr. Emily Morris, a psychiatric genetic counsellor, inspired me to study the effects of mutations on psychiatric conditions. Prior to attending this session, I was unaware that genetics impact mental illnesses. Through this experience, I learned that psychiatric conditions are caused by a variety of factors, which may be genetic, environmental, experiential, or a combination. Dr. Morris also explained that certain genetic mutations can increase one's susceptibility to developing a particular mental illness, but the absence or presence of this mutation neither guarantees the development of nor immunity to this condition. I was interested to learn that there is not a definitive factor resulting in mental illness, and that each case has unique influences. I became immersed in investigating twin and adoption studies and was fascinated by the impact genetics have on behaviour. I developed my intellectual inquiry after finding research uncovering the specific mutations that increase susceptibility, and with these investigations comes the hope of presymptomatic genetic testing. These innovative studies pioneer the future of medicine, as they can completely revolutionize the diagnosis of illnesses.

I am grateful for the opportunity to have attended this session and am excited for the prospect of further developing my knowledge in the field of genetics as I embark on a career in medicine.



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Both Schools

Internet & Social Media Safety Presentation – January 30th

We look forward to seeing you at our parent information evening on **Monday, January 30th from 6:30 – 8:30 pm**, in the **Junior School Great Hall**, where Darren Laur of Personal Protection Systems Inc. will share his wealth of knowledge on current trends in youth online behaviour. We will explore how to keep our children safe in the online world. Mr. Laur will highlight why parents need to support young people in learning about digital literacy skills so that they understand the importance of protecting their personal information, the concept of digital permanence, and the impact of online decision making.

By attending, you'll learn what you can do to help keep your child(ren) safe on-line, increase their privacy and protect their digital footprint. **ALL parents (K-12) are invited to join us!**

EVENT DETAILS:

Monday, January 30, 2017

6:30 – 8:30 pm

Southridge School - 2656 160th Street, Surrey, BC
(Junior School Great Hall)

No pre-registration or entry fee is required.

Thank you – I hope to see you there!

Wendy Turriff
Junior School Counsellor

Southridge Café

The Café staff like feedback! Feel free to let us know some of your favourites and not-so-favourites. As we try out new dishes, let us know what you think. This way, we will know whether to add it to our menu or not. You can provide us with your comments or suggestions at: southridge@canuelcaterers.ca

Please see the attached menus for January and February.



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Uniform Shop News

The Uniform Shop will be closed for inventory check on Jan 30th (Monday) and Jan 31st (Tuesday). We will resume our regular hours on Feb 1 (Wednesday). Thank you for your understanding.

Our opening hours are:

Monday – Thursday 7:45-9:00am and 2:00-4:00pm

Friday: closed

Phala Tan

Business Services Manager



Student Led Conferences

The following SLC chart is intended to provide students with more structure to help them prepare for their conferences. It is only a guide and does not constitute a set of criteria set in stone and should continue to encourage creativity. Also, this model does not prevent students who wish to build their conferences around the traditional four pillars to do so.

Grade	Requirements
Grade 8	<p>Theme: The Senior School Experience Question: Discuss your transition to the Southridge Senior school. What challenges did you encounter? How have you overcome these challenges? - Most students will choose to use Strathcona and Term 1-2 sports seasons in their answer to this question.</p> <p><u>Also</u></p> <ul style="list-style-type: none"> i. Students should articulate 1-3 goals and include at least 2 artifacts. ii. At least one goal must be academic but must be connected to specific skill rather than grade improvement. ie. I would like to improve my long answer and paragraph writing skills on tests. As a result, the student would show a sample of test writing and discuss tactics for improvement. iii. At least one goal must be non-academic and may involve character development, athletics, service, arts etc. iv. Students may also wish to reflect and celebrate their greatest achievement(s) from the last year.
Grade 9	<p>Theme: The Southridge Student Question: How does the Southridge mission statement resonate with your long term goals? Also:</p> <ul style="list-style-type: none"> i. Students may wish to briefly revisit grade 8 goals and provide and provide an update on their progress. ii. Students should articulate 1-3 new goals and include at least 3 new artifacts. iii. At least one goal must be academic but must be connected to a specific skill rather than grade improvement. ie. I would like to improve my long answer and paragraph writing skills on tests. As a result, the student would show a sample of test writing and discuss tactics for improvement. iii. At least one goal must be non-academic and may involve character development, athletics, service, arts etc. iv. Students may also wish to reflect and celebrate their greatest achievement(s) from the last year.
Grade 10	<p>Theme: "Pay it Forward" Question: Create a personal statement which reflects your service goal(s). This may</p>

	<p>focus on: school, local community or International initiative.</p> <p>Also:</p> <p>i. Students may wish to briefly revisit grade 9 goals and provide and provide an update on their progress.</p> <p>ii. If possible students should demonstrate progress by comparing artifacts between grades 9-10.</p> <p>ie. Perhaps the student could show a two laboratory reports and point out their skill development.</p> <p>iii. Students should articulate 1-3 new goals and include at least 2 new artifacts.</p> <p>iv. At least one goal must be academic but must be connected to a specific skill rather than grade improvement.</p> <p>ie. I would like to improve my long answer and paragraph writing skills on tests. As a result, the student would show a sample of test writing and discuss tactics for improvement.</p> <p>v. At least one goal must be non-academic and may involve character development, athletics, service, arts etc.</p> <p>vi. Students may also wish to reflect and celebrate their greatest achievement(s) from the last year.</p>
Grade 11	<p>Theme: My Career Question: What are my career goals? Comment on the skills and values which are informing career decisions?</p> <p>(students may wish to use the outcome of their personality and career survey from Planning 11 to help them to provide more sophisticated analysis for this question)</p> <p>Also:</p> <p>i. Students may wish to briefly revisit grade 10 goals and provide and provide an update on their progress.</p> <p>ii. If possible students should demonstrate progress by comparing artifacts between grades 9-10.</p> <p>ie. Perhaps the student could show a two laboratory reports and point out their skill development.</p> <p>iii. Students should articulate 1-3 new goals and include at least 2 new artifacts.</p> <p>iv. At least one goal must be academic but must be connected to a specific skill rather than grade improvement.</p> <p>ie. I would like to improve my long answer and paragraph writing skills on tests. As a result, the student would show a sample of test writing and discuss tactics for improvement.</p>

	<p>v. At least one goal must be non-academic and may involve character development, athletics, service, arts etc.</p> <p>vi. Students may also wish to reflect and celebrate their greatest achievement(s) from the last year.</p>
Grade 12	<p>Theme: Past, Present and Future</p> <p>Question(s):</p> <p>What are your best memories from Southridge? What is your legacy at Southridge? What do you foresee as being your biggest challenges at university?</p> <p>Note: Students are not required to discuss their university application process or choice of university. In some cases students may find it is helpful to relate what they are discussing to their university application/progress but should not be pressured to do so.</p>

SLC Reflective Questions

1. Create a cover letter and resume as if you were applying for a job highlighting your strengths, ambitions, goals etc and present this as part of your conference. Ask your advisor or parents to prepare questions that you may encounter during a job or university interview.
2. If you were required to write a paragraph about yourself as part of a university or job application using only 200 words, how would you describe yourself?
3. Discuss a mistake you made over the past year? How have you learned from it?
4. If a university scholarship committee or potential employer examined your digital footprint what picture of yourself would be created? How do you think you could better market your online persona to potential employers?
5. Consider how collaboration in the classroom has affected a success in one of your classes.
6. Discuss how the delivery of curriculum in the Southridge classroom has influenced your learning? What has worked well for you and what has not? What feedback would you like to give to your teachers that would help them make you a better student?
7. Research leadership styles? Which type of leader do you aspire to be? Provide an example from the past year which exemplifies this type of leadership style? Do you think different leadership styles should be applied to different situations and individuals? Elaborate.
8. Tell me about your role in a project, team or dramatic production. Did it unfold as you had envisioned? What challenges did you face and what were your reactions?
9. Research conflict resolution styles? What is your most natural response to conflict? What skills would you like to develop in order to become a better conflict resolver?
10. If you were creating a monument similar to Mt. Rushmore and needed to pick four individuals to venerate for their heroism who would you choose and why?



Southridge School

Course Selection – Grade 9 – 2017/18

Name: _____

Please prepare this sheet carefully before completing your course selections in Naviance.

1	English 9	← Required
2	Social Studies 9	← Required
3	Mathematics 9 & ADST: Robotics 9*	← Required
4	Science 9	← Required
5	French 9	← Required
6	Physical & Health Education 9	← Required
7	Career Education 9	← Required
8		← Elective 1 st Choice
9		← Elective 2 nd Choice
		← Elective 3 rd Choice

- We will make every attempt to give you your first two choices, but this will be subject to class size and scheduling restrictions.

Elective Choices:

Art 9	Concert Band 9	Drama 9
ADST: Media Arts 9	Jazz Studies 9**	Spanish 9

*ADST 9: Robotics is integrated into the Mathematics 9 program.

**If you enrol in Jazz Studies 9, you must also be enrolled in Concert Band 9 unless you have permission from Mr. Burrage.



Southridge School

Course Selection – Grade 10 – 2017/18

Name: _____

Please prepare this sheet carefully before completing your course selections in Naviance.

1	English 10			← Required
2	Social Studies 10			← Required
3	Foundations of Math 10		Pre-Calculus 11	← One Required
4	Science 10			← Required
5	Physical & Health Education 10			← Required
6	Career Education 10			← Required
7	French 10		Spanish 10*	← One Required
8				← Elective 1 st Choice If you want 2 languages write French or Spanish here
9				← Elective 2 nd Choice
				← Elective 3 rd Choice

- We will make every attempt to give you your first two choices, but this will be subject to class size and scheduling restrictions.

Elective Choices:

Art 10	Drama 10	Media Arts 10
Spanish 10*	Instrumental Music 10	Information Technology 11
Theatre Company 10***	Instrumental Jazz 10**	

*To take Spanish 10, you must have completed Spanish 9

**If you enrol in Instrumental Jazz 10, you must also be enrolled in Instrumental Music 10 or have permission from Mr. Burrage.

*** If you enrol in Theatre Company you are committed to take part in the major school play.



Southridge School



Course Selection – Grade 11 – 2017/18

Name: _____

Please prepare this sheet carefully before completing your course selections in Naviance.

Grade 11 is the first year in which students have significant choice in selecting their courses. It is important that students and their families consider their options carefully. Students should research areas of interest and consider the available grade 12 courses in the light of obtaining the prerequisites for their chosen university programs. It is strongly recommended that students utilize the course selection planning grid before entering course requests in Naviance. Spares are not permitted in Grade 11.

Important Note: It is a Southridge expectation that students will take a fine art course in grade 11 or 12. (Visual Art, Media Arts, Band, Drama)

1	English 11		English 11 (AP)		← One Required
2	Active Living 11				← Required
3	Career Education 11				← Required
4	Foundations of Math 11				← One Required
	Pre- Calculus 11				
	Pre-Calculus 12				
5	French 11				← One Required. You may select another language as an elective
	French 12				
	Spanish 11/12				
6					← Required (a Science Course)
7					← Required (a Social Studies Course in Grade 11 or 12)
8					← Elective
					← Elective

Please see reverse side of this page for important information about course selection and planning.



Grade 11 Course Choices and Electives

English Electives	Humanities Electives	Science Electives	Language Electives	Arts Electives
English 11 English 11 (AP): AP English Language and Composition ³ AP English Literature 12	Economics 12 History 12 Law 12 Philosophy 12 AP European History 12 AP Human Geography 12	Chemistry 11 Pre-AP Chemistry 11 ¹ Physics 11 AP Physics 1 Life Science 11 (Biology 11) Pre-AP Biology ¹¹ ² Anatomy and Physiology 12 (Biology 12) ²	French 11 French 12 Spanish 11/12	Art Foundations 11 ⁴ Media Arts 11 ⁵ Concert Band 11 Theatre Performance 11 Theatre Company 11 ⁶
				Applied Skills Electives
				Information Technology 11 ⁷ Information Technology 12

Please read the following notes carefully:

¹ In order to enroll in Pre-AP Chemistry 11 or AP Physics 1 students must achieve 86+% in Math 10 **and** 86+% in Science 10 and permission from the Curriculum Leader. Pre-AP Chemistry 11 **is required** for AP Chemistry. AP Physics 1 **is required** for AP Physics 2. Pre-AP Biology 11 **is required** for AP Biology.

² Students who select Pre-AP Biology 11 or Biology 12 in grade 11 must have 86% in Science 10.

³ English 11 (AP) requires 90% in English 10 and recommendation by the instructor.

⁴ Art Foundations 11 is a prerequisite for Art Foundations 12.

⁵ Media Arts 11 is a cross-disciplinary course that meets the requirements for both Arts and Applied Skills. Media Arts 11 is a pre-requisite for Media Arts 12.

⁶ Students enrolled in Theatre Company 11 are expected to perform in the major Senior School production

⁷ Information Technology 11 is a prerequisite for Information Technology 12 unless previous computer proficiency can be demonstrated to and accepted by the instructor.

Grade 11 students will have the opportunity to take available grade 12 courses. Students who choose AP courses in grade 11 must show demonstrated ability in the subject area, have the recommendation of their Grade 10 teacher, and have the approval of the Curriculum Leader. **Priority will be given to Grade 12 students.**



Southridge School



Course Selection – Grade 12 – 2017/18

Name: _____

Please prepare this sheet carefully before completing your course selections in Naviance.

It is strongly recommended that students utilize the course selection planning grid before entering course requests in Naviance. Southridge School expects that every student will **be enrolled in 6 classes**. Southridge students are also expected to have completed a fine art course in either grade 11 or 12. Portfolio 12 is a mandatory university preparatory class, but should not be included as one of the six required courses, as it meets only once per 8 day cycle.

English 12 is required for graduation and there is a mandatory provincial examination for this course. Students can meet the requirements for English 12 through English 12 (Creative Writing Focus) and AP English Language and Composition.

1	English 12		← One Required
	English 12 (W)		
	AP English Language		
	AP English Literature		
2			← Required Elective
3			← Required Elective
4			← Required Elective
5			← Required Elective
6			← Required Elective
7			← Optional Elective
8			← Optional Elective
	Portfolio 12 (Career Education)		← Required (Once per cycle)

Please see reverse side of this page for important information about course prerequisites.



Grade 12 Course Choices and Electives

English Electives	Mathematics Electives	Science Electives	Humanities Electives	Modern Language Electives	Additional Electives
English 12		Chemistry 11			
		Chemistry 12			
		AP Chemistry ¹	Economics 12		Concert Band 12
English12 (Creative Writing Focus)	Foundations of Mathematics 12	Physics 11	AP Microeconomics		Media Arts 11
	Pre-Calculus Mathematics 12	Physics 12	History 12	French 12	Media Arts 12 ⁴
AP English Literature & Composition	Calculus 12	AP Physics 1	Law 12	Spanish 11/12	Theatre Company 12
	AP Calculus AB	AP Physics 2 ²	Philosophy 12	AP French Language & Culture	Active Living 12 (PE 12)
AP English Language and Composition	AP Calculus BC	Life Sciences 11 (Biology 11)	AP European History		Art Foundations 12 ⁵
		Anatomy and Physiology 12 (Biology 12)	AP Human Geography		Information Technology 11 or 12 ⁶
		AP Biology ³			

Prerequisites:

Science

Science and Applied Science university programs typically require Chemistry 12 and/or Physics 12. Life and Health science university programs typically require Chemistry 12 and/or Biology 12. Biology 11 is not required to take Biology 12.

¹ Students must have completed Pre-AP Chemistry 11 in order to enroll in AP Chemistry.

² Students must have completed AP Physics 1 in order to enroll in AP Physics 2.

³ Students must have completed Pre-AP Biology 11 in order to enroll in AP Biology.

Humanities & Applied Skills

Students who completed English 12 in their grade 11 year **must** enroll in ONE of:

- AP English Literature & Composition
- AP English Language and Composition (choose APEN 12 in Naviance)
- English 12 (Creative Writing Focus)

⁴ Students who have not taken Media Arts 11 need permission from the instructor to enroll in Media Arts 12.

⁵ Art Foundations 11 is a prerequisite for Art 12.

⁶ Information Technology 11 is a prerequisite for Information Technology 12 unless previous computer proficiency can be demonstrated to and accepted by the instructor.

NEWS UPDATE FROM THE UNIVERSITY COUNSELLING OFFICE

December 15, 2016

Holiday Greetings Students and Parents!



As the festive season and a welcome break approaches, I would like to take this opportunity to provide updates on University Counselling at Southridge.

Support for Applying to University!

In addition to the university application preparation that is provided in Portfolio classes and individual appointments, students had multiple opportunities to work on, and get help with, their supplemental essays and videos. Staff members were available at three university essay workshops in November to brainstorm and read through the submissions. Students also attended the “Application Bash” on November 21st where a number of teachers helped with answering questions about finishing on-line applications and polishing essays.

Important notes from these workshops:

- Even though we live in a tech-savvy world, the on-line applications can feel daunting as sometimes the wording of questions or instructions is confusing. Often, students just need someone to read through instructions with them and offer encouragement as they fill in the forms.
- Once a payment is made to the university, it is important to check the replies in response to the applications and follow the ‘next steps’ in setting up the student portal or account as directed by each university.
- Note that university student portals are often unavailable on Sundays as this is when they run weekly maintenance checks.
- Despite best efforts on everyone’s part, glitches can happen as universities process many applications. Students are encouraged to ask questions or seek help if they have any concerns about what is happening with their application e.g. this week I had a student who had typed her e-mail address incorrectly. Another had a problem filling in an on-line form for essays because the internet browser was not optimizing the use of the website.

PLEASE NOTE THAT UNIVERSITY PROCESSING CENTRES (e.g. OUAC) AND UNIVERSITIES DO SHUT DOWN OVER THE HOLIDAY BREAK.

Sending Marks To Canadian Universities

Once students have applied to a university, the institution will then communicate next steps to follow for providing marks information. Students are reminded to check their application status regularly for updates.

MOST UNIVERSITY OFFERS HAPPEN BETWEEN MID-MARCH TO MID-MAY!

Canadian Universities do not have “early” offers in the same structured way that US colleges do. Some review applications on a rolling basis and will provide opportunities to send marks early for review but they will not “reject” applications based on 1st term marks. If an offer is not made, the student will be reminded to send updated marks (either Mid-Year or Term 2 marks).

SELF-REPORTING MARKS VIA AN ON-LINE WEB PORTAL

Some universities will ask students to self-report their marks and they will guide them on how to do this. For example:

1. Western (students are guided once they apply)
2. McGill (2 stages Jan 6 to Feb 1 for term one or mid-year marks, and March 1 to May 1 for term two marks)
3. UVic (students are guided once they apply – portal opens mid-February to Mar 31)
4. UBC (Opens in March for Term Two marks ONLY-UBC does not want to receive transcripts prior to that date)
5. SFU (Portal Opens January 4 to April 30 – students are guided once they apply and can update marks anytime)
6. York (Self-report done when application is submitted)
7. U of Alberta & U of Calgary (Self-report done when application is submitted-transcript can also be sent)
8. U of Toronto – 2 stage process as students self-report and also upload a pdf of their Southridge transcript

SENDING SOUTHRIDGE TRANSCRIPTS (either in paper form or electronically-handled by Ms. Byrom)

Transcript schools include most Ontario universities e.g.:

1. Carleton – send Mid-year mark in February
2. Concordia – transcripts can be uploaded to online application
3. Dalhousie – submit official transcripts by March 15
4. Queen’s – Official transcript showing Gr 11 and First Term Gr 12 marks can be sent by Jan 9 for early consideration for top academic students (at least 90% average). Because the bulk of offers are made between March and May 17th, there is no disadvantage to waiting for mid-year marks to be sent for consideration. Queen’s reviews updated marks as they are made available.
5. Waterloo-an official transcript of your completed and current courses and a transcript of your winter mid-term marks as soon as they’re available
6. U of Guelph – Guelph would like to receive transcripts for early consideration by Jan 11th but they stress this is not a firm deadline as they are continually accepting updated information. Students who are very keen on Guelph should request a transcript to be sent.
7. McMaster – Interim (1st term or mid-year) should be submitted as soon as possible. If interim average is sufficiently high you may be considered for an early “conditional” offer of admission. If McMaster is one of your top choices and you have a strong average, request a Term One transcript be sent.

This is a sampling of universities – students are reminded that they must check e-mail notifications from the universities they have applied to and follow the next steps and to-do items that they are instructed on. Mid-year Transcripts will be prepared on, or around, February 1, 2017.

Note that Ms. Byrom will return to the office before students return on Jan 9th. She will be checking Naviance for any transcript requests that grads have submitted and will send Term One transcripts during the week.

US Application Update

University of California candidates finished their application process at the end of November, and all other US applicants need to have completed all of their applications before they leave for Christmas holidays. This means they need to have their Common Application done, letters of reference from their teachers submitted online through Naviance, and their final university lists up to date. I will be sending all of this hard work off before the holidays start. The only exceptions to this rule are the specific university supplemental essays, which often consume so much time that students need to wait until the break to do a fine job on them. However, they are responsible for sending these off (electronically) by New Year’s Eve at the latest.

Some Early Decision students may be hearing results by the middle of this month. As always, students need to be aware that most students will not hear about university admissions until well into the spring so they should be careful about celebrating good results. Finally, don’t forget that, as in Canada, all offers are conditional on keeping marks at the level at which they were reported.

PSI CHOICES FORM

All Grade 12 students in BC are required to complete their on-line PSI (post-secondary institutions) Choices Form. This is a legal document that the Ministry of Education requires students to sign off to authorize release of official and final transcripts confirming high school graduation. All Grads were guided on completion of this during Portfolio classes.

SCHOLARSHIPS AND AWARDS

In Grade 11 Planning, all Southridge students create a profile on www.studentawards.com or www.scholarshipscanada.com to research awards, scholarships, bursaries that are available across Canada. These profiles remain active throughout Grade 12 and provide Grads with lists of scholarships they are matched to. Over the next two to three months, this is the peak time for opportunities to apply for awards. We will be covering this topic in further depth during Portfolio classes.

Christmas Greetings to the Grads!

Finally, I wish you and your family a peaceful and joyful holiday season. I hope that you find time to rest and rejuvenate and return to school on January 9th ready to begin the remainder of the high school journey. Don't forget that attendance at Portfolio classes and personal appointments is a requirement for your Graduation Transitions credits. Mrs. Becker and I look forward to continuing to work with you and to help you achieve success in your post-secondary and university goals.

Yvette Livingston
Director of University Counselling
Southridge School

	Mon-6	Tues-7	Wed-8	Thur-9	Fri-10
Breakfast	Cheese Scone	Smoothie Day	Sausage Egger	Blueberry Muffin	Bacon egger
Chef's Entree	Chicken Quesadilla	Tandoori Chicken	Salad Bar	BBQ Ribber	No
Pasta Bowl	Cannelloni	Mac and Cheese	Chicken Penne	Primavera	
Grill Central	Pizza	Pizza Dog	Spicy Chicken Brg	Poutine	School
Weekly Panini	Chicken Pesto	Chicken Pesto	Chicken Pesto	Chicken Pesto	Chicken Pesto
Great Greens	Pasta Salad	Chef Salad	Salad Bar	Green Salad	Caesar Salad

We always offer our regular menu in addition to our daily specials



Mon-13

Tues-14

Wed-15

Thur-16

Fri-17

Breakfast

Berry Muffin

Bacon Wrap

Smoothie Day

Chef's Entree

No

No

Salad Bar

Chicken Pot Pie

Fish and Chips

Pasta Bowl

Mac and Cheese

Marinara

Pasta Alfredo

Grill Central

School

School

Beef Dip

BBQ Bacon Burger

Hot Wrap

Weekly Panini

Pulled Pork

Pulled Pork

Pulled Pork

Great Greens

Salad Bar

Tossed Salad

Chef Salad

We always offer our regular menu in addition to our daily specials



Mon-20

Tues-21

Wed-22

Thur-23

Fri-24

Breakfast

Raspberry Scone

Smoothie Day

Sausage Egger

Blueberry muffin

Smoothie Day

Chef's Entree

Butter Chicken

Chicken Chow Mein

Salad Bar

Chicken Enchilada

Fish Taco

Pasta Bowl

Pasta Alfredo

Ravioli

Mac and Cheese

Primavera

Italiano

Grill Central

Soft Taco

Spring Rolls

Calzone

Bacon Cheese Brg.

BBQ Ribber

Weekly Panini

Chicken Pizza

Chicken Pizza

Chicken Pizza

Chicken Pizza

Chicken Pizza

Great Greens

Chic Pea Salad

Chicken Caesar

Salad Bar

Tossed Salad

Caesar Salad

We always offer our regular menu in addition to our daily specials



	Mon-30	Tues-31	Wed-1	Thur-2	Fri-3
Breakfast	Sausage Egger	Smoothie Day	Berry Muffin	Bacon Wrap	Smoothie Day
Chef's Entree	Sweet and Sour stifry	Chicken Chow Mein	Salad Bar	Lemongrass Chicken	Pizza
Pasta Bowl	Mac and Cheese	Alfredo	Pork and Black Bean	Marinara	Asian Spaghetti
Grill Central	Pot Stickers	Spring Rolls	Chicken Fried Rice	Spicy Chicken Brg	Japa Dog
Weekly Panini	Chicken Caesar	Chicken Caesar	Chicken Caesar	Chicken Caesar	Chicken Caesar
Great Greens	Chick Pea Salad	Tuna Salad	Salad Bar	Chef Salad	Tossed Salad

We always offer our regular menu in addition to our daily specials

