

FEBRUARY 8, 2017 ISSUE #20

#### **Head of School**

#### **Junior School Parking Lot Update**

Hello again Junior School parent drivers. I know I have said it before but thank you, once again, for your cooperation over the past few weeks as we have worked to refine our morning drop off routine and its associated traffic flow implications. Over the past week or so we have seemed to hit our stride with respect to efficiencies and coordination.

Many parents provided some very good feedback with most reported frustration stemming from the long line that typically develops on 160<sup>th</sup> Street from between 7:53 and 8:05 am. In my last Southridge Wednesday parking lot update, I asked parents to help relieve the pressure on 160<sup>th</sup> Street by arriving to campus slightly earlier than usual. Thank you to those of you who have been able to adjust your morning routines.

In an effort to help matters, the morning supervision crew decided to trial the removal of the forced merge when entering our campus at the north gate. I note that people are using the extra lane very well when entering campus. Thank you for the feedback regarding the concerns you had about the forced merge, and an even bigger thank you to parents for not abandoning their vehicles along the driveway.

By my watch, I have seen that the line up along 160<sup>th</sup> Street heading south to enter our property at the north gate is significantly shorter and clears out much earlier than it did before the Christmas break. The combination of people arriving on campus slightly earlier, the removal of the forced merge and drivers using our driveway along the Junior School playing field as it is intended – that is, as a 30 second kiss and drop zone – has meant that congestion on 160<sup>th</sup> Street is relieved by 8:00 am rather than 8:05 am, which has translated into a reduced peak congestion time period on campus of only 7 or 8 minutes. Thank you.

So, in an effort to draw the trial period to a close, I summarize the routine as it now stands for implementation:

1. Our facilities team will be in place to provide parking lot supervision between 7:45 and 8:05 am

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- 2. We will provide supervision for students and parents when they cross our driveway at the eastern-most crosswalk
- 3. We will designate an additional drop off zone in the western bay of the parking lot
- 4. We will establish a safe walk zone using blocked parking stalls along the southern border of the driveway from the western drop-off zone to the supervised crosswalk
- 5. We will oversee the safe walk zone and provide supervision for students crossing the two parking bays as they make their way to the supervised crosswalk

I also ask that drivers and pedestrians follow these simple rules:

#### **Drivers**

- a. Leave home earlier than you think you need to
- b. Aim for a 7:45 to 7:50 am arrival rather than aiming for the first bell (8:00 am)
- c. Drive more slowly than you think you need to while on campus
- d. NEVER leave your car unattended in the kiss and drop lane to be clear, this is the lane that runs along the sidewalk beside Junior School playing field (this applies at drop off and pick up times)
- e. Be patient and allow people in the drop-off lane along the curb to rejoin the flow of traffic
- f. Avoid hard cuts into traffic in an effort a create your own short loop, especially at the crosswalk areas if you want to be quick about it, please use the western drop-off zone
- g. If you are not using the western drop-off zone, please pull up as far as possible along the kiss and drop lane – moving all the way up to the front doors of the Junior School helps to alleviate congestion
- h. **NEVER** use a cell phone while driving

#### **Pedestrians**

- a. When leaving your vehicle, head directly over to the safe walk zone, please do not zig-zag between parked cars
- Only cross the driveway at designated crosswalks, and preferably at the supervised crosswalk
- c. As a note, the facilities team who help with supervision is comprised of Mr. McGarry, Ms. Beer, Mr. McBurnie and Mr. Dyck in order as they usually stand



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from west to east (Mr. Dyck is typically positioned at the crosswalk); kindly help your children address them by name when saying thank you.

Thank you again for helping to create a caring school environment for our students. We all have a role to play in ensuring that our parking lot is safe, and, the simple truth is, when we work together as a team with our students at the centre of our focus, good things happen.

Have a wonderful week!

Drew Stephens Head of School

#### **Important Dates**

Event	Date	Time	Location
Re-enrollment Contracts Due	Friday, February 10		Both Schools
Professional Development Day	Friday, February 10	All Day	Both Schools
Family Day	Monday, February 13	All Day	Both Schools
End of Term Holiday	Tuesday, February 14	All Day	Both Schools
Late Start	Wednesday, February 15	10:25	Both Schools
Senior School Course Selection Evening	Wednesday, February 15	7:00 pm	Junior School Great Hall
Hoops for Heart	Thursday, February 16		
No Kindergarten Classes	Friday, February 17	All Day	Junior School
Noon Dismissal	Thursday, February 23	Noon	Junior School
Student Led Conferences	Thursday, February 23	1:00 pm	Junior School
Senior Play	Thursday, February 23	7:00 pm	Alan Brown Great Hall
Senior Play	Friday, February 24	7:00 pm	Alan Brown Great Hall
AR Reading Deadline	Friday, February 24		Senior School
Casual Day	Friday, February 24	All Day	Both Schools
Senior Play	Saturday, February 25	2:00 pm	Alan Brown Great Hall
Senior Play	Saturday, February 25	7:00 pm	Alan Brown Great Hall
Full School Assembly	Tuesday, February 28	9:40 am	Senior Gym
Grade 8 Bandfest Trip	Friday, March 3	All Day	
Junior School House Captain Theme Day	Friday, March 3	All Day	Junior School
Junior School Term 2 AR Deadline	Friday, March 3		Junior School

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#### **Junior School News**

#### **Head of Junior School**

#### Moving beyond the average...

Every term our faculty has the opportunity to participate in a professional book club. This term, the book was, *The End of Average* by Todd Rose. In the book, Rose establishes the context for the rise of *averagarian thinking* and how it has influenced science and psychology, along with the world of education.

Over time, the average has become the benchmark by which we define success. If average represents what is desirable, then anything less than that is below average, and anything more is above average. Rose argues that *averagarian thinking* ignores the science of the individual, and leads us to see humans as one-dimensional, when we are really complex, multi-dimensional beings, each with unique talents, abilities, gifts and challenges.

He relates his research to education and how schools, including higher education institutions, use averages to measure achievement and make decisions about learning. He argues that if we measure learners by how many degrees they are either above or below the average, we miss out on the opportunity to truly be responsive to their individual needs as learners and in supporting the development of their passions. Rose poses the following question: "Do we want a system of...education that compels each student to be like everyone else-only better? Or do we want a system that empowers each student to make her own choices?" (p. 179)

In a school like Southridge, where our mission calls us to develop "well-rounded students with the knowledge, integrity, character and confidence to realize their full potential..." it's important that we never stop seeing each learner as an individual and that we always consider the ways we might respond to who each learner truly is and who they might become, and not define them by how close, below or above average the metrics tell us they are.

Tanya de Hoog Head of Junior School

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## Let's Make Kindness "Go Viral": Random Acts of Kindness Weeks

February  $8^{th} - 22^{nd}$  are Random Acts of Kindness Weeks in the Junior School. All students, teachers and parents are invited to go out of their way to show simple/random acts of kindness to each other in their day to day interactions. Today, in assembly we launched some school wide initiatives:

- Grade 7 House Captains will be paying forward a grade level kindness initiative and making a video to share
- Each class has been given a pack of brightly coloured sticky notes to send kind messages by "sticking em' up with kindness"
- Students, teachers and parents who receive or witness an act of kindness are
  encouraged to complete a kindness boomerang and leave it in the basket in the
  Great Hall. We will share kindness boomerangs at each assembly.
- Mrs. de Hoog will visit classes to read stories that have a kindness focus

This is just the start...the rest is up to the students, teachers and YOU! We encourage you to find ways to promote random acts of kindness at home. Random Acts of Kindness weeks will culminate with Pink Shirt Day on February 22<sup>nd</sup> and a Celebration Assembly on February 23<sup>rd</sup>. If you witness an act of kindness, or better yet, catch a photo of one, please email Mrs. de Hoog. Let's make kindness "go viral" and set each other's spirits soaring!

#### **Keeping Each Other Healthy**

Please keep your child home if they are unwell, particularly if they have fever, cough, nausea or diarrhea. Students should be fever and symptom free for at least 24 hours before returning to school. To help prevent the spread of viruses please review hand washing procedures with your child and remind them to cough or sneeze into their sleeve instead of their hands. Please also be sure to inform the school first thing in the morning via phone or email (<a href="attendance@southridge.bc.ca">attendance@southridge.bc.ca</a>) if your child will be absent, with the reason for the absence indicated.

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#### Professional Development Day, Family Day Holiday and Half-Term Holiday, Friday, February 10th – Tuesday, February 14th

Friday, February 10<sup>th</sup> is a Professional Development Day – school will not be in session for students. School will be closed for the Family Day Holiday on Monday, February 13<sup>th</sup> and for the Half-Term Holiday on Tuesday, February 14<sup>th</sup>. Classes will resume with a late start on Wednesday, February 15<sup>th</sup> at 10:25 a.m. *Please do not bring students any earlier than 10:10 a.m. as all faculty and staff are in meetings and no supervision is provided.* 

#### Kindergarten Parents- No school on Friday, February 17th

There is no school for Kindergarten students on Friday, February 17<sup>th</sup> due to entrance assessments for prospective kindergarten students. Thank you in advance to Kindergarten parents for making alternate arrangements for your children on this day.

## Student Led Conferences: Thursday, February 23rd (noon dismissal)

Throughout the learning process, students actively select their own pieces of work to include in their Portfolios. These pieces reflect many different subject areas as they relate to the elements of the IB PYP and MYP programs and demonstrate their own personal reflections and growth as a learner. On Thursday, February 23, 2017 students will have the opportunity to share their portfolios as they host their own student-led conference. This is an important opportunity for students to showcase and communicate their learning with their parents. Please be aware that there will be a **12:00 noon dismissal** on that day to accommodate the conferences. Please save the date and plan to be present to support your child.

## Grade 6/7 Boys Basketball Make Final 4 at U13 CAIS Tournament

The Grade 6/7 boy's basketball team travelled to Hillfield Strathallan College in Hamilton, Ontario last week to play in the U13 CAIS basketball tournament. The boys had a great first day finishing with 2 wins and 1 loss by defeating Sterling Hall School of Toronto by score of 41-28 and Strathcona Tweedsmuir School of Okotoks, Alberta by score of 37-18. The only loss that day was to Upper Canada College by a score of 46-



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36 and placed us 2<sup>nd</sup> in our pool and a ticket to the top 8 or championship side of the draw.

In the second day, we played some great basketball with a big win vs. our cross town rivals, St. George's School by a score of 30-18. We then had a very close game against Selwyn House from Montreal defeating them 35-34 and then played eventual tournament champions Hillfield Strathallan College in our third game and were defeated 41-16. The 2-1 record that day put us 2<sup>nd</sup> in our pool and a spot in the "Final Four".

On the final day, we once again played Upper Canada College in the semi-final. The boys fought hard but were outmatched and lost the game 42-24. In the bronze medal match, we played Crescent School of Toronto. It was a nail biter down to the last seconds but we lost 37-36 placing us 4<sup>th</sup> in the tournament. This tied our 3<sup>rd</sup> best showing in the CAIS U13 boys basketball tournament in the past 16 years.

Great job boys!!! A big congratulations to Kabir Buttar who was chosen by his peers and coaches as the Jeff Trickett Memorial award which is an award for his great sportsmanship and character.

Kirby Gallant Junior School Athletic Director

#### **Students Learn About Nutrition**

On Tuesday, January 31<sup>st</sup>, the Grade 5 students welcomed Ms. Kathy Nowak, RHN, to their Personal Development classes. Ms. Nowak introduced the students to basic nutrition, the four food groups, and how food affects our bodies. She discussed the importance of healthy breakfast choices and the students were invited to sample some healthy snacks and play an interactive game at the end of the presentation. The students enjoyed the informative mini-workshop!

Ms. Turriff, Ms. Bennett, & Ms. MacHolm

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#### **Senior School News**

#### **Head of Senior School**

#### **Senior Night**

Last Wednesday night our Senior Girls Basketball team played their final regular season home game in front of a large, raucous home crowd. Following the game in which the girls easily defeated North Delta 81-21, and improved their regular season record to 7 - 0, our Grade 12 players were honoured by their coaches in what has become a tradition at Southridge called Senior Night.

Mr. Di Pietro gave a heartfelt speech where he talked about the inspirational leadership the Grade 12 girls have provided and the way the team has bonded in a way where all players from Grade 9 - 12 are made to feel that they belong on this close-knit team. The positive and welcoming attitude of our Grade 12s is a large reason for this.

Mr. Chiarenza then took the microphone and called up each of the five players individually (Andrea Otamendi, Georgie Adams, Hannah Morrison, Steph Pak and Madisen Muncey-Buckley) and team manager (EJ Khurana) and described in six different emotional and inspiring speeches about how the strengths, gifts, and special qualities of each one of these players has made an unforgettable impact on the character of the Senior Girls team. Mr. Chiarenza's comments about his Grade 12 players highlighted an important aspect of the Southridge community: that Southridge teachers will develop strong, caring relationships with your kids and will know them well as individuals.

If you have had the pleasure of watching our Senior Girls play you know that these six girls are irreplaceable. If you haven't seen them play, the season is not over yet! You will get the chance in an upcoming playoff game as the Fraser Valley Championships begin next week followed by the Provincial Championships - don't miss it! Coming next week, our Senior Boys Basketball team will host Delta Secondary next Tuesday, February 14 and will also be having their Senior Night. As playoffs approach for many of our teams, the gym will be a busy place. Go Storm!

Brad Smith Head of Senior School

#### **Course Selection for 2017-2018**



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In the next few weeks I will be talking to students about their course selection options for the next academic year. There are limited choices for students currently in grade 8, but an increasing range of elective courses as students move into the senior grades. I will be speaking to the grade 8 and 9 students during period 2 on Thursday, January 26<sup>th</sup>. Ms. Becker, Ms. Livingston and I will present to the grade 9s and 10s during period 1 on Monday, January 30<sup>th</sup> and to the grade 11s during period 1 on Thursday, February 2<sup>nd</sup>.

Students will be given course selection sheets in their planning classes to complete prior to entering their selections into Naviance – the data base system that we use to record and manage their choices. The course selection sheets are attached here for your convenience (they are also available on the parent portal) and to allow you to discuss the various options with your children. The closing date for students to enter their choices on Naviance is Monday, March 6<sup>th</sup>.

We will also be holding an information evening on <u>Wednesday February 15<sup>th</sup></u> in the Junior School Great Hall from 7:00-9:00 pm. The first part of the evening will cover a brief outline of the major changes that the Ministry is introducing to the graduation program and a review of the course options for students entering grades 9-12 in September 2017 (our current grade 8-11 students). Ms. Becker will outline entry requirements and procedures for post-secondary study at Canadian, US & UK Universities. The Curriculum Guide for 2017-18 will also be posted on the Southridge website from February 15th and hard copies will be available at the evening information session.

I would encourage all students to talk to their peers, teachers, parents and counsellors; to gain as much knowledge as they can in order to make informed choices as they move forward with their academic goals. I think it is also important to stress that students should follow those courses in which they have a genuine interest or passion, remembering that excellence usually comes from engagement and commitment.

Jan Holt Senior School Academic Program Director

#### **Senior Play – A Midsummer Night's Dream**

This year's production of *A Midsummer Night's Dream* is shaping up to be one of the more challenging endeavours taken on by the Southridge School Tech team, mainly due to the complexity of the play's story and setting. For a bit of background, the Tech team normally handles the lighting, audio, and visuals for assemblies, the Country Fair, school dances, guest speakers, general school events, and school plays. Every year in



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February, the team spends many hours preparing the lighting and audio for the play. Our responsibilities include hanging up extra lights, programming said lights so that each scene of the play has its own lighting cue, setting up extra speakers for audio, and managing over 15 different microphones for each of the characters. This might seem like a daunting task, but we on the team love doing it. The best part about it is seeing the effort that we put into events like these come into fruition on show days, and watching the reactions of the audience to scenes both the actors and the tech team put so much work into.

A Midsummer Night's Dream is a fun, comedic, and romantic play that takes place mainly in a forest, this means that the lighting and visuals will have to be nothing short of magical to convey the mood and atmosphere of the play to the audience. We hope to utilise different techniques and types of equipment to properly set the tone of this years play.

We on the team have a saying: "If you do your job right, nobody should notice you at all", meaning our work should be so well integrated with the performance, that it would take a mistake for people to notice us. However, we hope that you do notice the work of the Tech team when you come out to watch the play, and we hope it allows you to appreciate the wonderful performance that the Theatre Performance group will put on even more. See you there!

Haaziq Karim Grade 11

Tickets are now on sale. Festival seats are \$10 and can be <u>purchased online</u>. Premium front and side are \$20 and can be purchased by calling Lisa Byrom at 604-542-2340.

#### Show dates are:

- Thursday, February 23 7:00 pm
- Friday, February 24<sup>th</sup> 7:00 pm
- Saturday, February 25<sup>th</sup> 2:00 pm and 7:00 pm

#### **Calling All Tennis Players!**

Try-outs for the senior school (grade 8-12) tennis team will be on February 24<sup>th</sup> and March 3<sup>rd</sup> from 6:00 – 8:00 pm at the Surrey Tennis Centre. Students who are interested will need to make arrangements for transportation and bring their own racket.



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We will let students know before spring break if they have made the team. If you have any questions, please contact Mrs. Rodriguez-Lang at <a href="mailto:crodriguez-lang@southridge.bc.ca">crodriguez-lang@southridge.bc.ca</a>.

#### Math for All

We are back for another term of Math for All! It is a mathematics peer tutoring environment, open to all students at Southridge. The sessions will run every Tuesday, from 3:15 - 4:15 pm in the Senior School library.

If you would like to sign up as a tutor, please see/email Mr. Sterelyukhin. If you would like to come by and get help, just do that, all grades are welcome!

Thank all you very much!

#### Max Sterelyukhin

Senior School Mathematics Teacher msterelyukhin@southridge.bc.ca

#### **Cross Country Skiing on Cypress Mountain**

We are excited to host Cross Country Skiing outings to Cypress Mountain on the following Fridays (weather-permitting):

- Friday, February 17
- Friday, February 24

If your child is interested, please have them pick up a Parent Consent Letter from Mr. Sterelyukhin or Julia L.

For these outings, the group will leave right after school and come back around 9:00 pm. Watch this video for some inspiration (go to 1:52:50 and hit play from there): <a href="https://www.youtube.com/watch?v=YJYIn9sywoA">https://www.youtube.com/watch?v=YJYIn9sywoA</a>

Max Sterelyukhin Senior School Mathematics Teacher; Cross Country Club Organizer

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#### **University Counselling News**

### Course Selections and University Counselling Support for 2017/18 Support for Grades 10 & 11

Over the next two weeks, Mrs. Becker and I will be supporting the Grade 10s and 11s as they research and prepare their course choices for next year. We will be attending the Grade 10 Planning classes to discuss any questions following Mrs. Holt's recent presentation. We remind students that they are welcome to come into the University Counselling area and to pick up any viewbooks for universities and colleges that are of interest to them. They can also access their Naviance/Family Connection to see information about colleges and universities. Also, students are reminded to go into their Career Cruising accounts to check resources and program information relating to their careers of interest.

#### Course Selection Evening – February 15th

Parents will also be provided with university preparation information during the course selection information evening on February 15<sup>th</sup> at 7:00 pm in the Junior School Great Hall.

#### Coffee Mornings for Parents – March 1st and 7th

Parents are invited to an open house and coffee morning to discuss U.S. College admission on March 1<sup>st</sup> at 8:00 am in the University Counselling Centre. Mrs. Becker will host this session. On March 7th at 8:00 am in the University Centre, Ms. Livingston will host an open house and coffee morning to discuss U.K. university admission process

Yvette Livingston
University Counsellor
<a href="mailto:ylivingston@southridge.bc.ca">ylivingston@southridge.bc.ca</a>

#### Are AP courses worth the effort?

Every May students nationwide, and likewise at Southridge, take Advanced Placement exams in what is the culmination of often rigorous and intensive courses of study. The successful completion of several APs is widely viewed as an inviolable step toward enhancing a student's chances of being admitted to a top-ranked US university. For this reason, I think it is worth reviewing the undoubted advantages of advanced study in high school, and the sometimes detrimental effects that may arise from taking a very heavy course load with multiple AP courses.

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The AP program is administered by the <u>College Board</u> in Princeton, New Jersey and over 1,000 post-secondary institutions in the USA and Canada regularly grant advanced placement into a second year, or allow students to gain credit for first year courses if they achieve AP examination results of 4 or 5. AP courses are recognized around the world and demonstrate a student's ability to think critically, to analyze and write effectively; to embark early on college level work. Students seeking entrance to competitive programs in the USA and the UK are advised to have at least one or two courses at the Advanced Placement level. However, this needs to be combined with excellent letters of reference from their teachers and counsellors and an authentic interest in other areas of school life that demonstrate the student's passions beyond the classroom.

At Southridge we offer a balanced program of AP courses and intentionally restrict them to students in grades 11 and 12, as the likelihood of achieving very successful grades is much higher at this later stage of cognitive development. Embarking on first year university level course work in grades 9 and 10 can significantly increase a student's level of stress and anxiety and this can compromise a student's appetite and passion for learning. As students approach their grade 11 year many question if they should, or should not, take an AP course or courses and ask, "Is it really worth it anyway?" It's a valid question.

To be clear, for Canadian schools it is not a requirement to complete any AP courses in high school and Canadian Universities do not weight AP courses more highly in terms of entrance averages. So, no, no advantage in gaining entry to Canadian universities. However, as many students have returned to tell me, the AP courses they took at Southridge undoubtedly prepared them very well for their first and second year courses and enabled them to excel at the post-secondary level. APs may not help you get in, but the data does support the fact that students who have taken Advanced Placement courses, are well able to complete their programs very successfully once there. So, if you are truly interested in the subject, are stimulated by being challenged intellectually, enjoy collaborating and working with similarly motivated students, then an AP course or courses would be a good fit for you.

It is a reality that, for those students who hope to gain entry to US schools, AP courses are viewed as a defacto "requirement". However, we are repeatedly advised that what the admissions personnel at US schools want to see is a rigorous course of study within the school's curriculum offerings. So, yes, APs in your grade 11 or 12 year, but not a bevy of additional courses taken with outside educational providers. At Southridge you are guided and supported by experienced and committed teachers, our programs are thoughtfully developed and well-supported with appropriate resources such as adequate laboratory time, and the provision of tutorial help. It can be mentally and physically

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draining to cope with a heavy workload in the senior grades and the additional burden of pushing through more AP courses of study in your 'spare' time. Students who compromise their sleep, have little time for friends and relaxation, only perfunctorily engage in the vibrant and varied life of their school, can suffer the detrimental effects of stress, anxiety, isolation and ill-health.

So are APs courses worth the effort? Undoubtedly they can be and will serve some students very well, and others not so much. Please speak to your sons and daughters about their goals and aspirations, have them consult with their teachers and mentors, have them reach for excellence but don't burden them with an academic load that is more than their young hearts and minds can bear.

Jan Holt (Senior School Academic Program Director)

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#### **Both Schools**

#### **Snow Closure Procedures**

It has been brought to our attention that some members of our community are not receiving text message alerts regarding school schedule changes due to inclement weather. We have followed up with our service provider and discovered that they are experiencing technical difficulties, and are working diligently to resolve them.

Knowing that more winter weather may be on its way, and because we don't yet have a resolution to the technical issue, we have temporarily updated our snow closure procedures and will not be distributing school updates via text message.

Until further notice, you will receive communications from Southridge in the following ways:

- **Email** an email will be delivered to the email addresses that have been provided to the school.
- **Website** a notice of school closure will be posted to our school website (<u>www.southridge.bc.ca</u>). The message will appear as a pop-up notice when you visit the site.
- Social Media a notice of closure will be posted to our <u>Facebook</u> and <u>Twitter</u> accounts.
- Radio/Television Local media will be informed of school closures: CKNW, News 1130, CBC and Red FM.

We will aim to communicate any changes to the school schedule (due to inclement weather) with you by 6:15 am.

Thank you for your patience as we work to ensure reliable and effective communication with our school community.

#### **Great Turnout for Internet and Social Media Safety Talk**

Thank you to the eighty parents, caregivers, and faculty who attended last Monday's presentation by Darren Laur of Personal Protection Systems Inc. In his two hour talk, Mr. Laur provided us with important information about how we can provide our children with skills to encourage solid digital citizenship. Highlights from his presentation were:



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- Online desirable behaviour versus online less desirable behaviour
- What parents can do to minimize online risks
- Steps to home internet safety, including: supervision, parental participation, boundary setting, and digital hygiene
- The realities of social networking
- Protection of digital dossiers
- The importance of communicating with our children that everything we do online is public, searchable, permanent, and exploitable

For more information, please visit Personal Protection Systems Inc.'s website: <a href="https://www.personalprotectionsystems.ca">www.personalprotectionsystems.ca</a>.

We look forward to welcoming Mr. Laur back to Southridge next year and thank him for his informative presentation.

Wendy Turriff
Junior School Counsellor

#### **Annual Fundraising Campaign**

Thank you to all our parents who have already made their annual donation to Southridge this school year! Each year, through the Annual Campaign, and because of your generosity, we are able to purchase important items for our students, classrooms and campus – 'wish list' items that we would otherwise do without.

Over the years, the Annual Campaign has supported the purchase of specialized athletic equipment, supplies for our arts programs, library purchases, technology, and upgraded equipment for our facilities team. You can read about some of these purchases and the impact they've had in "Thanks to You" articles in future issues of The Wednesday.

If you have not made your donation yet, there is still time! In fact, we still **need to raise** an additional \$5,000 towards Athletics in order to purchase new branded tents and soccer nets. We also still require an additional \$4,500 to purchase a short throw projector for our music and drama programs. Your gift to each of these areas would be most appreciated by our teachers and students.

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Contributing to the **Greatest Need** fund allows Southridge to use your donation where it is needed most. The books we purchase for the library each year, all our science and lab equipment, technology, sports uniforms and PE equipment... all these items are supported by undesignated donations to the school. If you have not yet made a donation to Southridge this year, please consider supporting the **Greatest Need** fund today. **Our goal is to raise an additional \$55,000 towards our most pressing needs**. Finally, directing your gift towards our endowment funds allows us to offer bursaries to students who would otherwise be unable to attend Southridge. **This is a remarkable way to make a real impact on a student's life.** Contributing to either the Carol E. Levy Memorial Endowment Fund or the Alan Brown Memorial Endowment fund also allows us to be more accessible to a broader socio-economic family population.

Have you ever considered donating publicly traded securities or shares? When you donate such securities to Southridge (or any Canadian registered charity), you do not have to pay a capital gains tax. Capital gains, or the increase in value of your securities over the price you paid when you purchased them, would be subject to tax if you were to simply sell them, even if you plan to donate the proceeds from the sale. But when you donate securities that have increased in value directly to Southridge, those capital gains are not subject to tax and your donation can have an even larger impact. The process is simple – just contact me directly if you have any questions or would like additional information at 604-542-2330.

We are asking you to make one gift to Southridge this year. Please consider an area at Southridge that you would like to support and <u>make your gift online today</u>.

Please contact me if you have any questions at all. <a href="mailto:chodson@southridge.bc.ca">chodson@southridge.bc.ca</a>

Thank you again for making a donation to Southridge this year!

Christiane Hodson
Director of Advancement

#### Save The Dates!

Over the course of each school year, Southridge hosts three major fundraising events and the proceeds support important capital purchases that help to enrich your child's learning experience at the school. Whether you participate as a guest, sponsor, donor or volunteer, your support is the reason we all succeed!

- Country Fair Saturday, May 6th
- Southridge Golf Classic (Hazelmere Golf Club) Friday, June 9th



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Southridge Gala – Saturday, November 18th

The website for volunteers to sign up for Country Fair shifts will be available by March 1st, so we encourage you to start thinking about how you might like to help this year!

Also, please remember that tickets for the golf and gala events are limited and sell-out fast.

As always, make sure to keep reading the Wednesday for future event updates!

And if you have any questions, please contact Shelley Slaughter at 604-542-2334 or sslaughter@southridge.bc.ca.

Shelley Slaughter Advancement Department

#### **Baking Committee Chair**

We are looking for a Baking Committee Chair to oversee all of the fabulous baking volunteers at Southridge! Every week, parent volunteers take turns helping to express our gratitude by baking for our wonderful teachers. The Chair schedules a team of approximately 20 bakers to provide baking every Friday to the staff rooms in both the Junior and Senior schools. The baked goods are prepared at home and delivered on Friday mornings—when someone cannot bake for their scheduled day, the Baking Chair takes care of making alternative arrangements.

#### **Country Fair Signage—Department Head**

The Country Fair is on the horizon, and there is an opening for the Signage Department Head. The Onsite Signage Department Head is responsible for:

- Preparing and organizing signage for the Fair.
- Attending Country Fair meetings as needed.
- Liaising with fellow department heads to determine signage needs.
- Preparing submissions for the Southridge Wednesday as applicable.
- Being onsite all day the Friday before the Fair—until about 8pm—and then available for teardown on the day of the Fair.

#### Southridge Café



#### **Our Weekly News**

FEBRUARY 8, 2017 ISSUE #20

The Café staff like feedback! Feel free to let us know some of your favourites and not-so-favourites. As we try out new dishes, let us know what you think. This way, we will know whether to add it to our menu or not. You can provide us with your comments or suggestions at: <a href="mailto:southridge@canuelcaterers.ca">southridge@canuelcaterers.ca</a>

Please see the attached menus for January and February.

#### **Uniform Shop News**

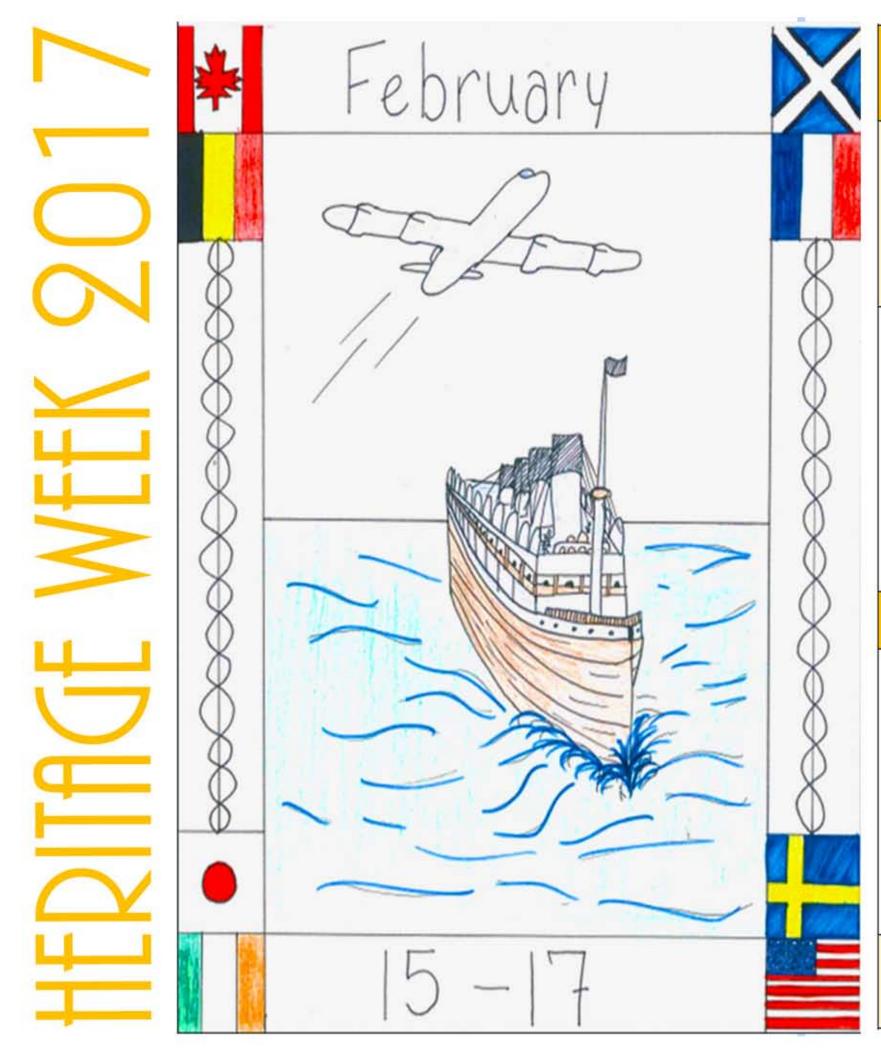
The Uniform Shop is open for our regular hours.

Our opening hours are:

Monday – Thursday 7:45-9:00am and 2:00-4:00pm

Friday: closed

Phala Tan Business Services Manager



WEDNESDAY THURSDAY FRIDAY
February 15 February 16 February 17

Quote Board located outside the library: Best Historical Quotation

#### History of the Board Game!

Try a new game each day located around the Sen ior School

#### Daily Trivia!

Guess that Historical Figure
Dress up as your Favourite
Historical Figure (Sign up on the
google form by Thursday,
February 9<sup>th</sup>)

#### Marconi-O-Gram

(Supporting Cambodia Service Trip) Send a friend a message using morse code! \$2 includes a bag of candy.

#### Celebrate Canada's 150<sup>th</sup>!

Bring \$2 dress in Red and White to Canada's 150<sup>th</sup> Birthday!! (Supporting Guatemala Service Trip)





### Lunch Time Activities

Calligraphy in Rm 210 (pre-registration required) Guest Speaker: Raz Chan Racial Tolerance and Bullying

Sign up Outside the Library: Baked Goods and Tea included! Limited to 32 people. Calligraphy in Rm 210

(pre-registration required)

#### Bake Sale

(Proceeds go to support Guatemala Service Trip)

Lunchtime Movie Feature: Forrest Gump

Bring a Pillow and Blanket to the Alan Brown Great Hall!

## Southridge School Course Selections 2017-18

The current educational context

## BC Ministry Key components of the new curriculum: Core Competencies



Communication



**Creative Thinking Critical Thinking** 



Positive Personal & Cultural Identity
Personal Awareness & Responsibility
Social Responsibility



ICT enabled environments – current and emerging technologies

## **Key Components**



Aboriginal perspectives & Knowledge



Inquiry and question based approaches



Collaboration & community



Flexible learning environments

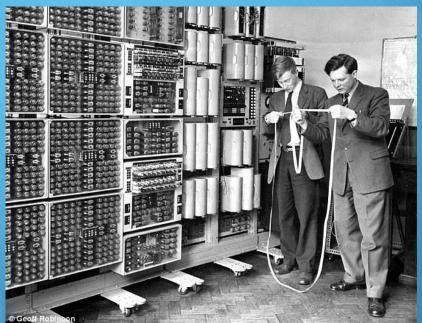


# Why are these changes taking place now?

It's no longer about getting information, it's about what we do with it.









learning networks social bookmarking cloud computing podcasting online tools Web 2.0 wikis microblogging aggregators mindmaps blogs

Did you know?...
Time for human knowledge to double:

1900 = 100 years

• 1945 = 25 years

2014 = 13 months

2025 = 25 hours





## **Education** is shifting

#### **Teacher directed**

- I sit at my desk
- I learn on my own
- ♦ I am an observer
- I know facts
- I receive information
- My teacher holds the knowledge
- My teacher gives me the answer

#### **Discussion** based

- \* I come to the table with others
- ♦ I collaborate with others
- ♦ I am an engaged participant
- I understand and evaluate ideas and concepts
- ♦ I learn from experiencing
- My teachers help me to discover the knowledge
- My teacher supports me in finding the answer



## Shifting the emphasis: from teaching to learning

- Teachers become guides scaffolding learning
- ☐ Discussion based learning stimulates greater interest & engagement in the learner
- ☐ The focus is on greater depth of understanding not rote memorization
- Content is covered and is important, but skills, understanding and processes are paramount.





has increasingly informed what we know about teaching & learning

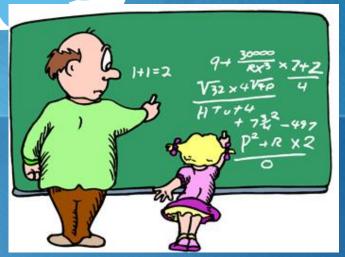
- Learning activities are highly effective if they are:
  - complex, interactive experiences
  - engage students actively in solving real problems
  - are meaningful and challenging
  - \*are taught in shorter bursts interspersed with other material (distributed practice).



## The human brain is a social brain

- "If brain-based pedagogy could be summed up in one sentence, it would be, knowledge should be socially created" (Slavkin, 2004, p. 44).
- ☐ Erlauer (2003) suggests that, "Collaborative learning provides the brain with the means to explore new information, typically in a problem-solving situation" (p. 136).





- Students who can participate actively in teaching and learning in the classroom become more excited about their education." (Goldberg & Stevens, 2001).
- "When students can share their own knowledge and skills with others, not only do the "receivers" gain because they learn something new, but the student who is acting as the teacher will solidify his or her knowledge teaching it to others." (Erlauer, 2003, p. 145)

## Students at the centre of their own learning



# So what does this mean for you?

Changes for the 2017-18 academic year

## Changes to Provincial Exams

- □ No grade 10 provincial exams in Math, English & Science.
  Classroom based assessment instead.
- ☐ No Social Studies 11 exam. Classroom based assessment instead.
- □ English 12 provincial exam for 2017 and 2018 but then to be replaced with a final literacy exam before graduation.

## **Changes to Provincial Exams**

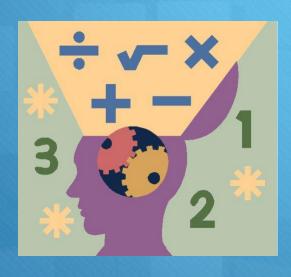
- ☐ Students will write a final numeracy exam before graduation. (This will be introduced in 2017)
- ☐ The number of credits required to graduate remains the same (80)

#### **Grade 11 Students**

- ☐ Will write a provincial numeracy skills exam.
- ☐ Will <u>not take Social Studies 11 (This is discontinued</u> as a course)
- □ Students must take a minimum of ONE social science course in grade 11 or 12 (eg. Economics, History, AP Human Geography, Philosophy\*\*)

### **Grade 10 Students**

□ Will write a provincial numeracy skills exam and a provincial literacy exam before graduation.





### Grade 8 & 9 Students

- Must complete an Applied Skills and Design Course in both grade 8 and 9 (ADST 8; ADST 9)
- ☐ Southridge will meet this requirement through the Arts, ADST rotation in grade 8 and through the introduction of a Robotics component in Math 9





# Course Selection for Grade 9

For grade 8 students entering grade 9 in September 2017

## Required Courses

- ☐ English Language Arts 9
- ☐ French 9
- □ Career Education
- Mathematics 9
- Physical & Health Education 9
- ☐ Social Studies 9
- ☐ Science 9
- □ Applied Design, Skills & Technologies 9 (Part of Math 9 rotation)









## Elective Choices (2)



☐ Concert Band 9

□ Drama 9

☐ Jazz Studies\* 9

☐ Media Arts 9

☐ Spanish 9







\* You must be enrolled in Concert Band to select this option or have the express permission of Mr. Burrage, Curriculum Leader for Music, to take Jazz studies alone.

# Course Selection for Grade 10

For grade 9 students entering grade 10 in September 2017

## Required Courses

- ☐ English 10
- ☐ French or Spanish 10
- Mathematics 10
- ☐ Physical & Health Education 10
- ☐ Social Studies 10
- ☐ Science 10
- ☐ Career Education 10











## Elective Choices (2)

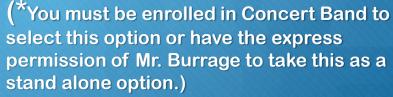
- ☐ Art 10
- Instrumental Music 10
- ☐ Drama 10
- Theatre Company 10 (Participation in major school production required)
- ☐ Media Arts 10







- Information Technology 11
- \*Instrumental Jazz 10







### Summer School FMP 10

- This year Southridge will offer FMP 10 as a summer session program to run from early July to mid August. (Tuesday to Friday (am in class and on-line)
- The course is open to grade 9 students who wish to accelerate, and who have a current minimum mark of 90%. Given successful completion of the course, students would be eligible to enrol in Pre-Calculus 11 next year.
- Students who have completed FMP 10 but want to strive for an improved understanding and mark may also enrol in this course.

#### What do I do now?

- ☐ Discuss with your parents & teachers
- ☐ Enter your course selections in Naviance by Monday March 6 (Your Career Education teachers will help you with this)
- ☐ Fill in the Course Selection sheet and hand in to Ms. Byrom by Monday March 6
- ☐ Summer session applications, together with the required deposit, should also be returned by Monday March 6

## QUESTIONS?









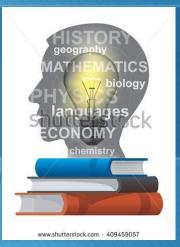


# Course selection for Grade 11

For grade 10 students entering grade 11 in September 2017

## Required Courses

- English 11 or AP English Language & Composition
- Foundations of Math 11 or Pre-Calculus 11/12
- ☐ A Science 11
- French or Spanish 11 (UBC currently requires a grade 11 language credit as one of its entry criteria.)
- ☐ Active Living 11 (PE 11)
- ☐ Career Education 11
- ☐ A social studies elective (grade 11 or 12)



## **Elective Options**

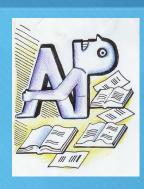


#### Fine Arts & Languages

- Art Foundations 11
- □ AP English Language & Composition
- □ Concert Band 11
- ☐ TPA: Acting 11



- Media Arts 11
- ☐ French 11 or 12
- Spanish 11&12







#### English 12

- ☐ Grade 11 students who meet the requirements of an English course mark of 90%, and obtain a Southridge June examination mark of 86% or higher in English 11, may write the English 12 provincial examination in June 2016. Consultation with current English teacher & Ms. Kim or Ms. Holt is required.
- ☐ It should be noted that students are still required to take an English course in Grade 12 at Southridge.
  - □AP English Literature & Composition
  - □AP English Language & Composition
  - □Creative Writing 12 (English 12)

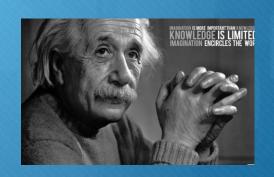
### Science Electives



- ☐ Life Sciences 11 (was Biology 11)
- ☐ Pre-AP Biology (was Biology 11 Hons)
- ☐ Anatomy & Physiology 12 (was Biology 12)
- □ Chemistry 11
- □ Pre-AP Chemistry 11
- ☐ Physics 11
- ☐ AP Physics 1











#### Social Studies Electives

A minimum of <u>ONE</u> course in grade 11 or 12.

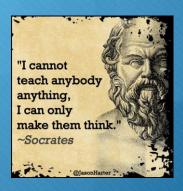
- □ AP European History
- AP Human Geography
- AP Microeconomics
- ☐ Economics 12



- ☐ History 12
- ☐ Law 12
- ☐ Philosophy 12 \*\*







#### \*\* Philosophy 12: A new elective

Fulfils the requirement for a socials studies elective and 4 Grade 12 credits.

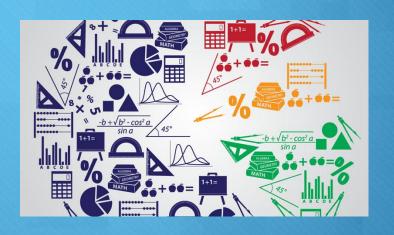
- Universities which will accept Philosophy 12 in the entrance average:
  - ♦ McGill
  - ❖ Western
  - Waterloo
  - \* SFU

- Universities which currently will not accept Philosophy for entrance purposes:
  - Queens
  - Calgary
  - University of Toronto
  - ◆ UBC
  - U Vic

## **Math Electives**



- ☐ Pre-Calculus 11
- ☐ Pre-Calculus 12
- ☐ Foundations of Math 11





#### Computer Systems & Programming

- Computer Information Systems 11
- □ Computer Programming 12





## Pre-Requisites

- ☐ Art Foundations 11 is a prerequisite for Art 12
- □ For AP English Language 11 a course mark of 90% and the recommendation of the teacher is required.
- □ For Grade 11 students selecting Pre-AP Biology 11 or Anatomy & Physiology 12 as an elective, a Science 10 minimum mark of 86% is required.
- □ Pre- AP Chemistry 11and AP Physics 1 require a minimum mark of 86% in Math 10 & Science 10.

## Pre-Requisites

- ☐ Chemistry 11 and Physics 11 are prerequisites for Chemistry & Physics 12.
- □ Pre-AP Chemistry 11 is a prerequisite for AP Chemistry 12.
- ☐ AP Physics 1 is a prerequisite for AP Physics 2
- □ Information Technology 11 is a prerequisite for Information Technology 12.

#### Please take note:

- Students must take an English course in Grade 12.
- ☐ Grade 12 students have priority in enrolling in grade 12 courses
- □ A grade 12 language credit or university level equivalent is required to graduate in the Faculty of Arts at UBC.

#### Please take note:

- ☐ It is a Southridge expectation that you will take an art elective in grade 11 or 12
- □ Foundations of Math 11 is designed for students who require mathematical understanding and critical thinking skills for post secondary studies that do NOT require the study of theoretical calculus.
  - (eg Engineering/Science/Some Business Programs)

#### Pre-Requisites for University Programs

- □ Science and Applied Science university programs typically require Grade 12 Chemistry and/or Grade 12 Physics.
- ☐ Life and Health Science university programs typically require Grade 12 Chemistry and/or Anatomy & Physiology 12

## QUESTIONS?







# Course selection for Grade 12

For grade 11 students entering grade 12 in September 2017

## Into the future

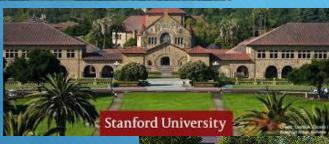
















## **Mandatory Requirements**

- □ English 12 is required for graduation and there is a mandatory provincial examination which is worth 40% of the final mark. Southridge requires all grade 12 students to take an English course at Southridge.
- ☐ Career Education Capstone Project (Portfolio 12)
- ☐ Students must take 6 subjects in Grade 12.

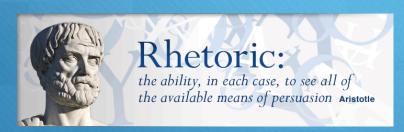
#### **Career Education**

- □ Portfolio 12 will cover requirements to graduate with 4 credits towards Career Education (Capstone Project)
- ☐ Career skills, employability skills, work experience, postgrad plan, labour market trends, workplace safety knowledge
- ☐ Grad or exit interview



## **English Electives**

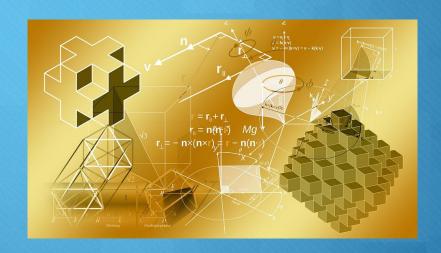
- □ AP English Literature & Composition
- AP English Language & Composition
- ☐ English 12 (Creative Writing focus)





#### **Mathematics Electives**

- ☐ Foundations of Math 12
- ☐ Pre-Calculus 12
- ☐ Calculus 12
- ☐ AP Calculus (AB)
- ☐ AP Calculus BC

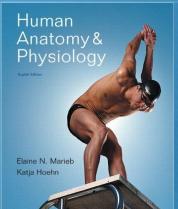


### Science Electives



- ☐ Chemistry 12
- ☐ AP Chemistry
- ☐ Physics 12
- ☐ AP Physics 2
- ☐ Anatomy & Physiology 12 (Biology 12)
- ☐ AP Biology





- HEY!!!

  ARE YOU READY

  TO ENTER

  THE WONDERFUL WORLD OF BIOLOGY
- ☐ A grade 11 science if required & scheduling permits

### **Humanities Electives**

- ☐ Philosophy 12
- ☐ History 12
- ☐ Law 12
- ☐ AP European History
- □ AP Human Geography
- ☐ Economics 12
- **□** AP Microeconomics





## Modern Languages



- ☐ French 12
- ☐ AP French Language & culture
- □ Spanish 11/12





#### Art, Music, Media Electives

□Art Foundations 12

□Concert Band 12



□\*Theatre Company 12 (Participation in school production required)

□Media Arts 12



### **Physical Education and Information Technology Electives**



□ Information Technology 12



# QUESTIONS?







# Canadian Universities

Sample Program Admission Requirements

# CALCULATING THE ADMISSION AVERAGE

The majority of universities calculate the Grade Point Average for admission using four Grade 12 academic courses (usually Term 2 marks)

**ALL UNIVERSITIES USE ENGLISH 12 MARK** 

McGill, Calgary, Alberta use 5 courses

Carleton uses 6 courses (2 can be at Grade 11 level)

#### **UBC** Science

Average calculated on four Grade 12 courses:

- O English 12
- Pre-Calculus 12
- One of Biology 12, Chemistry 12, or Physics 12
- The next highest "Acceptable Grade 12 course"

PERSONAL PROFILE IS REQUIRED!

### SFU Science

Average calculated on 4 courses:

- O English 12
- O Pre-Calculus 12

And two additional approved Science 12 courses from Biology, Chemistry, Physics

### McGill Science

Average calculated using "Top 5" Grade 12 courses

English 12

**Pre-Calculus 12** 

2 of Grade 12 Biology, Chemistry or Physics

Next highest Grade 12 academic course

# Western Arts (Social Science)

Average calculated on 4 academic Grade 12 courses

- O English 12
- 3 academic Grade 12 courses (list includes Foundations of Math 12)

## University of Toronto, Rotman, St. George

St. George campus has specific requirements about mathematics

- O English 12
- Pre-Calculus 12
- O Calculus 12
- O 1 Academic Acceptable Grade 12 courses

Supplemental application also required for this program(video & essays)

# AP COURSES & CANADIAN UNIVERSITIES

ALL AP COURSES ARE CONSIDERED "ACADEMIC" OR "ACCEPTABLE" FOR USE IN CALCULATING THE ADMISSIONS AVERAGE.

THE TERM 2 SCHOOL PERCENTAGE MARK IS USED BY THE UNIVERSITIES.

AP COURSES ARE NOT GIVEN EXTRA WEIGHT BY CANADIAN UNIVERSITIES – CHOOSE CAREFULLY

# AP COURSES & U.S. COLLEGES

AP courses are often given added weight as part of the 'most challenging course load' available at a school. It does not benefit you to take AP courses outside of school unless it indicates a particular academic passion. The most competitive universities prefer to see a balanced course load that includes four years (grades 9-12) of math, science, English, social studies, and a foreign language as a rigorous course load.

# What are U.S. Colleges looking for?

Most U.S. universities consider all academic courses from grade 9 to grade 12, especially Grade 11 courses. (Most Canadian universities only consider grade 12)

The perceived rigour of the academic program and test scores (eg: SAT or ACT) are two of the most important considerations for admission to US universities.

### Begin early (Grade 11)

Consider:

Desire to study in U.S. Application process takes considerable time

**Finances** 

SATs

# U.K. and International (professional programs)

Readiness to go abroad and pursue direct-entry to medicine, dentistry, veterinary, law etc.

Transferability of professional training from the UK back to Canada

AP courses can boost chances of admission to some programs

Finances – check costs

Entrance testing such as LNAT, UKCAT, TSA etc. Must begin preparation in grade 11



### Making choices



- □ Research university entrance requirements carefully. (McGill and AP exams for example)
- Be realistic and honest with yourself. A rigorous course load will help you to gain admission to the programs and universities of choice.
- ☐ Courses cannot be added or dropped after September 30<sup>th</sup> of the academic year.





- □ Distance Education courses yes there are opportunities but beware of their limitations. An on-line course cannot provide the level of instruction and depth of knowledge that you will need to succeed at the next level.
- □ Retaking courses. Some universities average all attempts, some only take the first attempt, while others will take the highest mark.
- ☐ Life is long and there are multiple opportunities to change direction, to make mistakes, and to find new things you love. Grade 11 will not determine your entire future! Be happy and enjoy all that the school offers.

### Scholarships

- ♦ BC Achievement Scholarships 8000 awarded \$1,250
- District/Authority Scholarships 5500 awarded \$1,250
- ♦ BC Excellence Scholarship 55 awarded \$5,000. One student only is nominated by the school
- Pathway to Teacher Education Scholarship 20 awarded -\$5,000.

	Mon-6	Tues-7	Wed-8	Thur-9	Fri-10
Breakfast	Cheese Scone	Smoothie Day	Sausage Egger	Blueberry Muffin	Bacon egger
Chef's Entree	Chicken Quesadilla	Tandoori Chicken	Salad Bar	BBQ Ribber	No
Pasta Bowl	Cannelloni	Mac and Cheese	Chicken Penne	Primavera	
Grill Central	Pizza	Pizza Dog	Spicy Chicken Brg	Poutine	School
Weekly Panini	Chicken Pesto	Chicken Pesto	Chicken Pesto	Chicken Pesto	Chicken Pesto
Great Greens	Pasta Salad	Chef Salad	Salad Bar	Green Salad	Caesar Salad

We always offer our regular menu in addition to our daily specials



Mon-13	Tues-14	Wed-15	Thur-16	Fri-17
		Berry Muffin	Bacon Wrap	Smoothie Day
No	No	Salad Bar	Chicken Pot Pie	Fish and Chips
		Mac and Cheese	Marinara	Pasta Alfredo
School	School	Beef Dip	BBQ Bacon Burger	Hot Wrap
		Pulled Pork	Pulled Pork	Pulled Pork
		Salad Bar	Tossed Salad	Chef Salad
	No	No No	Berry Muffin  No No Salad Bar  Mac and Cheese  School Beef Dip .  Pulled Pork	Berry Muffin  No  No  Salad Bar  Chicken Pot Pie  Mac and Cheese  School  School  Beef Dip BBQ Bacon Burger  Pulled Pork  Pulled Pork  Salad Bar  Tossed

We always offer our regular menu in addition to our daily specials



Mon-20	Tues-21	Wed-22	Thur-23	Fri-24
Raspberry Scone	Smoothie Day	Sausage Egger	Blueberry muffin	Smoothie Day
Butter Chicken	Chicken Chow Mein	Salad Bar	Chicken Enchilada	Fish Taco
Pasta Alfredo	Ravioli	Mac and Cheese	Primavera	Italiano
Soft Taco	Spring Rolls	Calzone	Bacon Chasse Bra	BBQ Ribber
			cheese brg.	
Chicken Pizza	Chicken Pizza	Chicken Pizza	Chicken Pizza	Chicken Pizza
Chic Pea Salad	Chicken Caesar	Salad Bar	Tossed Salad	Caesar Salad
	Raspberry Scone  Butter Chicken  Pasta Alfredo  Soft Taco  Chicken Pizza	Raspberry Scone  Butter Chicken Chow Mein  Pasta Alfredo  Soft Taco Spring Rolls  Chicken Pizza  Chicken Pizza  Chicken	Raspberry Scone  Smoothie Day  Sausage Egger  Butter Chicken Chow Mein  Pasta Alfredo  Ravioli  Mac and Cheese  Soft Taco  Spring Rolls  Chicken Pizza  Chicken Pizza  Chicken Pizza  Chicken Salad Bar  Chicken Salad Bar	Raspberry Scone  Smoothie Day  Butter Chicken Chow Mein  Chicken Chow Mein  Ravioli  Soft Taco  Spring Rolls  Chicken Pizza  Chicken Pizza

We always offer our regular menu in addition to our daily specials

