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Head of School

A Life Remembered – Matthew Sinitsin, Class of 2010

Matt Sinitsin graduated from Southridge in June 2010 after spending 13 years with us as a student in our community. Very sadly, Matt passed away on February 2nd, at just 24 years of age. It was shocking for those of us who knew Matt to receive the news of his death, and I know it caused many of us to pause and reflect.

Today, I would like to celebrate Matt's life in numbers, and being his math teacher in Grade 7, it kind of makes sense that I do so. Before I get to the numbers, though, I would like to celebrate the kind of person Matt was – both in terms of his character and the way he expressed his spirit. Matt and I came to Southridge in the same year, 1997; he in Kindergarten and I as a Grade 5 teacher. Eventually, I became the Head of the Junior School while Matt finished the first 8 years of his journey at Southridge. I was also the Head of School for the final 4 years of Matt's high school journey. Matt was a lifer at Southridge, and he was, as a matter of fact, a member one of the first true lifer classes having spent the entire first 13 years of his school life with us.

Matt was a quiet soul. There is a lyric from a song called *All My Days* by Alexi Murdoch that says, "I have been quietly standing in the shade, all of my days." That line reminds me of Matt. As a basketball player, Matt was not interested in the rah/rah and the hype, and he didn't need the flash and the fanfare to motivate him. Standing in the shade was what made him so dependable. In tight game situations on the senior boys' team, for example, Mr. Anderson said that the emotion of the moment didn't get to Matt, and he played as though he'd been in the situation before – even when he hadn't. While most of his teammates got caught up in the excitement and let it affect the way they played, Matt was rock steady and gave much needed ballast to his team.

Steady and dependable, Matt could and would simply get the job done. He listened, he did what was asked of him and he always did his best – never once complaining. When he was in Grade 7, Matt played on the Southridge basketball team that competed with schools from across the country at the CAIS independent school national championship tournament for U13 boys. The tournament was held at St. Andrew's College in Aurora, Ontario, just north of Toronto, and was organized in such a way that teams played 3 full games a day.



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Mr. Gallant remembers that Matt was the leader of his team. Alas, he was not feeling well at this tournament – he had a sore throat, a slight fever and was likely exhausted from fighting his sickness and playing 3 games a day for the first two days. Nevertheless, Mr. Gallant needed him to be on the court for all three games on the final day and, when called upon to do so, that is exactly what Matt did; he stayed on the court and, despite his sickness, put his team first and led in the best way he knew how – even with tears in his eyes. Matt demonstrated a character that still resonates with his coaches to this day.

Basketball, of course, was how Matt expressed himself and how his spirit came to the surface for all of us to see. We were lucky to have Matt in our lives at Southridge because he shared his passion with us. You may think that expressing your spirit and pursuing your passion is easy but it isn't. It requires vulnerability. Especially for a quiet person like Matt, it means sharing something deep inside of you, something that you find value in, something that you care deeply about, something that brings you joy (and sorrow), something that causes you to share feelings and sensations that a quiet, private person would be much more comfortable keeping to himself.

That is what made Matt's time at Southridge beautiful; he shared a part of his soul with us through the expression of his passion. We were witness to, and blessed by, his spirit. His passion could have been art, it could have been drama, it could have been debate, it could have been outdoor education, it could have been band, it could have been anything, really. For Matt, it was basketball and being with his friends. The part of Matt's life that I celebrate in this reflection is the beauty of the experience he shared with us. We were part of his intimate sacred journey and we benefitted from it because it moved us.

Now to the numbers. Matt's basketball number was 22. Matt took his last breath in his Southridge basketball shorts at 11:11 pm (the sum of the first two digits is 2 as is the sum of the final two digits) (22), and he did so on the second day of the second month (22). It is only fitting, therefore, that on February 22 (today), we remember and celebrate Matt's life.

After all, as Mr. Anderson says, "the kind of character that Matt showed is the kind of person we want at Southridge." Matt's spirit will always be a part of our school community.

Drew Stephens
Head of School



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Important Dates

Event	Date	Time	Location
Noon Dismissal	Thursday, February 23	Noon	Junior School
Student Led Conferences	Thursday, February 23	1:00 pm	Junior School
Senior Play	Thursday, February 23	7:00 pm	Alan Brown Great Hall
Senior Play	Friday, February 24	7:00 pm	Alan Brown Great Hall
AR Reading Deadline	Friday, February 24		Senior School
Casual Day	Friday, February 24	All Day	Both Schools
Senior Play	Saturday, February 25	2:00 pm	Alan Brown Great Hall
Senior Play	Saturday, February 25	7:00 pm	Alan Brown Great Hall
Author Visit – Michelle Mulder	Monday, February 27	All Day	Junior School Great Hall
Full School Assembly	Tuesday, February 28	9:40 am	Senior Gym
Grade 8 Bandfest Trip	Thursday, March 2 and Friday, March 3	All Day	
Junior School House Captain Theme Day	Friday, March 3	All Day	Junior School
Junior School Term 2 AR Deadline	Friday, March 3		Junior School
Term 3 Begins	Monday, March 6		Both Schools
Junior Assembly	Tuesday, March 7	8:10 am	Junior School Great Hall
Italy Send-off Concert	Wednesday, March 8	7:00 pm	Alan Brown Great Hall
MYP Musical Dress Rehearsal	Monday, March 13	8:10 am	Junior School Great Hall
MYP Muscial – “Dear Edwina”	Tuesday, March 14	1:15 pm	Junior School Great Hall
MYP Muscial – “Dear Edwina”	Wednesday, March 15	6:30 pm	Junior School Great Hall

Junior School News

Head of Junior School

Students Take the Lead for Student-Led Conferences, Thursday, February 23rd

Each year we host Student-Led Conferences in the Junior School. Student-Led Conferences are designed to be developmentally appropriate opportunities for learners to take the lead in communicating with you about their learning and reflections, with the



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opportunity to see the attributes of the IB Learner Profile and the Approaches to Learning in action. Student-Led Conferences are not just about WHAT students are learning, but HOW they are learning. In preparing for their conferences, students are gaining insight and understanding into who they are as learners by contextualizing where they've come from, where they are at, and where they need to go. Every child has strengths and areas that they are developing, and it's important to honour where each learner is at in his/her journey at this moment in time. Here are some tips to help empower your child during his/her conference:

1. Start with a smile.
2. Let your child lead.
3. Listen actively and attentively.
4. Validate what you see and hear with positive feedback and affirmations.
5. Ask open-ended questions that promote a growth mindset, such as:
 - What is the most important thing for me to know about you as a learner right now?
 - What's going really well for you as a learner right now?
 - What's tricky for you as a learner right now?
 - How can I support you?
6. Let your child know you are proud of them and that you appreciate all the effort they put into preparing for their conference.

Because Student-Led Conferences are about your child and you, teachers play a minimal role during the conference itself. As such, one of your child's teachers will be present in the room. We hope you will find your child's presentation informative and insightful, and above all, we hope that you will see who your child is as a learner. We look forward to seeing you this Thursday for your child's conference!

Tanya de Hoog
Head of Junior School

Grade 7 A Boys Basketball Win Gold at ISEA Championships

The Grade 7 A boy's basketball team travelled to St. George's School for the ISEA Basketball Championships on Monday, February 20th. The team was ranked 3rd in the league following a 40-39 loss to Mulgrave last week and started the day with a 31-25 victory over 6th place St. John's School. With that win we had a semi-final game set



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against host St. George's School. The boys were ready for a battle and that it was finishing with a victory in triple overtime 37-32 and a ticket to the finals.

In the finals, we faced Mulgrave who we lost to the week before. Again it was a close game all the way through but in the end we defeated them 41-39 to capture our 1st ever Boys Division 1 title. This is historic because St. George's has won 24 consecutive basketball titles from 1992-2016. The team had a great season finishing with a season record of 16 wins and 10 losses. Outstanding season boys!!!

Kirby Gallant
Junior School Athletic Director

Term Two Progress Reports

Term Two Progress reports for all PYP and MYP students will be sent home on Friday, March 17th at 3:00 p.m. Please be aware that we are not able to provide students with their progress reports early. If your child will not be present to receive his/her progress report on March 17, you can come by the school during the break to pick up their report, or it will be provided when school reopens on Monday, April 3rd.

March Break Dismissal and Return

On Friday, March 17th, all students will be dismissed at 3:00 p.m. for March Break. March Break is two weeks long with a return to school date of Monday, April 3rd, (Day 2). Please mark your calendars accordingly. Please also note that Monday, April 3rd is also a late start day, and students need to arrive between 10:10 and 10:20 for a start time of 10:25 a.m. ***Please do not bring students any earlier than 10:10 a.m. as all teachers and staff are in meetings and no supervision is provided.***

Student Led Conferences: Thursday, February 23rd (noon dismissal)

Throughout the learning process, students actively select their own pieces of work to include in their Portfolios. These pieces reflect many different subject areas as they relate to the elements of the IB PYP and MYP programs and demonstrate their own personal reflections and growth as a learner. On Thursday, February 23rd students will have the opportunity to share their portfolios as they host their own student-led conference. This is an important opportunity for students to showcase and communicate their learning with their parents. Please be aware that there will be a **12:00 noon dismissal** on that day to accommodate the conferences. Please save the date and plan to be present to support your child.



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AR Reading Cut Off Date – Friday, March 3rd – Grades 3-7

Just a reminder to all students from Grades 3-7 that the last day for writing AR tests for Term 2 is on Friday, March 3rd. All tests completed from Monday, March 6th will count for Term 3. It is helpful to know that this deadline is looming in order to avoid a last minute rush on test-writing. Ideally, students set realistic goals in consultation with their teachers, and the AR goal is manageable and attainable; we are just supporting good reading habits. However, we are mindful that lives get busy, and knowledge of deadlines is very helpful.

Students who have already reached their goals are welcome to set higher personal goals to achieve or to read non-AR books until the start of Term 3.

Happy reading!

Mrs. Gardecki
Junior School Teacher Librarian

After-school-care program update

Thank you to all parents who took the time to fill out our preliminary survey about the proposal for an after-school-care program at Southridge, beginning September 2017. We are very pleased to share that after a resounding positive response, we are now pursuing this option and plan on having a program in place for September for our K-7 students.

There are many details to determine and we do not have more to share at this time; please stay tuned for more information regarding registration later this spring!

A Country Fair Shout Out for Gift Basket Items!

One of the most popular attractions at Country Fair each year is the gift basket table and this year we're pulling out all the stops to make it one of the best yet!

From Wednesday, February 22nd until Wednesday, March 1st, we are asking each Junior School student to bring in **AT LEAST ONE NEW ITEM with a minimum \$10 value that will complement our gift baskets.**



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Each grade will be assigned a specific 'theme' for their donation item (lists will be posted outside of each classroom) and collection bins will be placed inside of each classroom for item drop-off. This is a great opportunity for everyone to get creative and think of unique items that will complement the theme for their grade.

All items must be NEW and have a minimum \$10 value and below are the assigned categories for each grade and some donation item ideas:

Kindergarten & Grade 1: Children's Toys and Games (either baby toys or toys for children 6 and up. items like: lego, craft kits, crayola sets, hair accessories, activity sets, barbie dolls, baby dolls, books, and any other popular children's toys) Please no Dollar Store toys.

Grades 2 & 3: Kitchen and Gourmet Items (cook books, fancy spices, oil and vinegar sets, garlic presses, cheese harps, ice cream scoops, colanders, mixing bowls, tea towels, spatulas, whisks, measuring spoons and cups, baking pans and trays, aprons, non perishable GOURMET food items, or gift certificates)

Grades 4 & 5: Outdoors Items (outdoor games such as bocce ball, cricket sets, ring toss, or things like portable BBQ's, camping gear, coolers, picnic items, garden planters, garden gloves, seeds, watering cans, garden tools, car wash items, or a gift certificates)

Grades 6 & 7: Mother's Day Items (bath products, spa items, candles, perfume, lotions, fancy soaps, bubble bath, scarves, fitness accessories, sewing and knitting items, chocolates, tea and coffee products, or gift certificates)

The success of the gift basket table is due to your generous donations, so if each student brings in **at least one new item with a \$10 value by Wednesday, March 1st,** it will ensure we have a wide variety of items that will be sure to delight and please fair-goers of all ages!

Thank you,

Megan Hunter & Kimi Schellenberg
2017 Gift Basket Co-Chairs



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Senior School News

Head of Senior School

Senior School Updates

The weeks between Christmas Holidays and Spring Break are perhaps the busiest of the school year. In this issue of The Southridge Wednesday, I will update the community on some of the major happenings around the school.

A Midsummer Night's Dream will be hitting the stage on Thursday night with shows Thursday, Friday and Saturday at 7:00 p.m. with an additional Saturday matinee at 2:00 p.m. The cast and crew have been working tirelessly for the past few months getting prepared for what will no doubt be an entertaining rendition of Shakespeare's comedy. Tickets are available on the school website, but hurry, they are selling out!

We are gearing up for student government elections. This year we had seven boys complete applications for the position of Head Boy and 12 girls for Head Girl! This is the most applicants the school has ever had for these positions. Staff will have the extremely difficult task of paring the lists down to only three names for each position and students will then select next year's Head Boy and Girl by secret ballot. It's great to see so much interest in student leadership in the Senior School!

We have four international trips heading off at Spring Break. Our Concert Band will be travelling to Italy March 16 - 26; the Girls Soccer trip to Spain is happening March 18 - 28; and we have two service trips, one to Guatemala and the other to Cambodia, March 18 - April 2. There is a lot going on in the Senior School as students prepare for what will ultimately be unforgettable travel and service opportunities.

Our basketball teams have been busy battling for ISABC championships and for berths into the Provincial Championships. Our Grade 8 Girls finished 3rd at the ISABC Championships narrowly missing the finals with a heartbreaking overtime loss to Collingwood (the eventual tournament champions). The grade 8 boys team fell one win short of repeating as ISA champs, losing a hard-fought game to Mulgrave in the finals. The highlight for the 8s was a come from behind win over Saint George's in the semi-finals. The Senior Boys played their final game of the season on home court and defeated Brookwood in a tough battle on Saturday night. They are now competing in the Fraser Valley Championships with their sights set on the Provincials. Our Senior Girls finished 3rd in the Fraser Valleys with a dramatic and scrappy win over Holy Cross on Saturday, and are one win away from a berth in the AA Provincial Championships!



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As basketball season comes to an end within the next week or two, tennis, rugby and soccer will be starting this week or next! Never a dull moment!

Important Talk on Drugs & Fentanyl – Wednesday, March 1

The impact of the opioid crisis is touching the lives of people from all walks of life in the Lower Mainland. No longer is death by overdose something that happens only to people in areas where poverty, homelessness and addiction are prevalent. Young people and their families from all socio-economic backgrounds are suffering from the devastating and indiscriminate consequences of Fentanyl and Carfentanyl. I urge Senior School parents and students to attend the March 1st, presentation "Drugs & Fentanyl: Understanding the Dangers and What We Can Do," so you can be better equipped to deal with this crisis in the event it touches someone close to your family.

Have a great week,

Brad Smith
Head of Senior School

Southridge Presents - 'A Midsummer Night's Dream'

Southridge School's Senior Drama Department is excited to present a panto-infused adaptation of '**A Midsummer Night's Dream**' by William Shakespeare.

'A Midsummer Night's Dream' is one of Shakespeare's most popular comedies. It is a magical adventure of four young lovers, a group of amateur actors, and wood fairies that takes place in mythical Athens and an enchanted forest. Three parallel stories explore the idea of love and all of its complications: confusion, disappointment, love-triangles and marriage. As Lysander says: "The course of true love never did run smooth."

Pantomime is a form of musical comedy, designed for family entertainment. With brightly coloured costumes and slap-stick comedy, the audience is encouraged to shout out phrases to the performers and even sing along!

Purchase tickets today, so that you can be a part of our whimsical twist on a classic masterpiece!

Event Details



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Location:

Southridge School - Alan Brown Great Hall

Showtimes:

- Thursday, February 23 | 7:00 pm
- Friday, February, 24 | 7:00 pm
- Saturday, February, 25 | 2:00 pm
- Saturday, February, 25 | 7:00 pm

Tickets (open to the public):

- General Seating: \$10 - [Purchase Online!](#)
*Premium Seating: \$20
- General Seating (Saturday Matinee): \$5 - [Purchase Online!](#)
*Premium Seating (Saturday Matinee): \$15

For ticket enquiries or to purchase premium tickets, please contact Lisa Byrom at 604-542-2340 or lbyrom@southridge.bc.ca.

For more information regarding the production, please contact Glen Pope at 604-542-2326 or gpope@southridge.bc.ca.

Thank you, we look forward to seeing you there!

Glen Pope
Senior School Drama Teacher

Seeing as it may have been a few years since you last studied *A Midsummer Night's Dream*, the cast of this year's production has kindly written for you a brief description of each character in the play. We hope you enjoy their comedic summaries and will see you at the play on February 23rd, 24th, and 25th at 7:00pm (Thursday, Friday, Saturday) or at the matinee on Saturday Feb. 25th. – Lauren Andrews, Drama Steward

ACTOR	CHARACTER	CHARACTER DESCRIPTION
Georgie Adams	Helena	Lovestruck rag doll



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Lauren Andrews	Titania	The sass-master fairy queen
	Theseus	The local governing moron
Emma Choat	Hermia	Starcrossed lover
Claire Friesen	Fairy	Whimsical firecracker
Dolphy Pradhan	Demetrius	Pathological lover
Colin Gottwald	Puck	Single-handedly messes everything up
Ryan Kniel	Lysander	Very, very misguided by love
Molly Maguire	Oberon	A child in a man's body
Dilly Cooner	Frances Flute	Frustrated flower
	Bramble	Enthusiastic goodie two shoes
Arshia Dhanju	Robin Starveling	Who's Starveling?
	Mustardseed	At least she has her looks
Laura Inoue-Cheng	Peter Quince	Anxiety ridden perfectionist
Areeba Naeem	Snug	Roar.
	Peaseblossom	All icing, no cake
Sabrina Redies	Philostrate	Uptight party planner
	Cherry Blossom	Bubbly yet cynical
Asha Sandhu	Egeus	Vexatious control freak
	Moth	Warmhearted guardian



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Ella Slaughter	Nick Bottom	Idiotic, overconfident, flamboyant ass-head
Rachel Stephens	Tom Snout	Stone cold
	Cobweb	A bedazzled explosion
Doug Barnim	Hippolyta	Grizzled femininity

Surrey Schools Jazz Festival

Last Friday, two of our jazz ensembles, the Grade 9s and Seniors, attended a local jazz festival held at the Bell Center for the Performing Arts in Surrey with Mr. Mitchell and Mr. Burrage. Schools from all over the British Columbia come to the festival to perform in big bands, combos and vocal jazz ensembles; the standard is high! Our groups played well, representing themselves, our school, and music itself with pride.

The day began with the Senior Jazz Band, who headed to the festival at 10:40 am. They arrived in time to hear the St. George's Senior Jazz Band before eating a quick lunch in time for warm-up. They then took the stage at the beautiful Bell centre and performed three pieces: An Ellington Tribute, featuring solos from Harry Xie, Ethan Han, and Jonathan Zhao; Danny Boy, with a beautiful trombone solo by Luke Zhang, and El Castor Loco, an authentic Afro Cuban tune with solos from Jonathan Zhao, Armaan Abraham, and Rhett Cunningham. A huge shout out to Harry Xie, who won the award for best alto saxophone player in a Junior/Senior band at the festival!

Following our performance, the students were treated to a 45-minute clinic with Mr. Rob Goddard, who has taught at Langley Fine Arts school for 30 years, and will be coming to Southridge to work with the Grade 8's before they head off to Victoria next week.

As the Seniors left, the Grade 9s arrived at 2:15 pm. They had time to hear some of the other groups before heading in for their performance at 4:15 pm. They also performed three numbers: Sentimental Journey, with a smokin' solo from Braeden Mussato on trumpet, Louis Armstrong's famous What a Wonderful World, and Reboot with a face melting rock bass solo by Graeme Lister. The Grade 9's then showed remarkable focus during their amazing clinic with Mr. Brent Taylor. They then headed back to school in time to get home for dinner after a long and musical day!



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Three of our musicians were back in the Bell Center Auditorium for the evening concert. They had been selected to participate in the “Rep” bands at the festival. One or two members from each ensemble attending Envision are chosen to play in either the junior or senior bands. Cassidy Fu and Harry Xie, both playing alto saxophone, represented Southridge in the Junior/Senior Rep Band, and Graeme Lister represented Southridge on Bass in the Junior Rep Band. Graeme said of the experience that “It was amazing to get to play with and watch people who love music as much as I do! It was a wonderful experience, and I’ll never forget it.” For four hours on the two previous Saturdays, these musicians had been challenged to learn several difficult selections and ‘pull things together’ quickly for the concert. We both enjoyed their performances!

Mr. Burrage and Mr. Mitchell

Grade 8 Concert Band – Bandfest 2017

The Grade 8 Concert Band will cross the water to Vancouver Island on Thursday, March 2nd to participate in the University of Victoria Bandfest. The group has been working hard and I am really excited about their collective sound and focus as we prepare for our performance. The students are to arrive at Southridge on Thursday at 8:00 am in FULL WINTER UNIFORM including a blazer, as we will start our day with a workshop and performance for the Junior School students. The concert is at 10:40 am in the Junior School Great Hall if you are available to join us in the audience. Then we are off to Victoria!

We return to the school on Friday, March 3 at 3:15 pm. Students will need to collect their instruments and luggage prior to departing the school.

A full itinerary and packing list will be posted on Schoology for your information. If you have any questions, please contact Jenna Parker (jparker@southridge.bc.ca or 604-542-5377).

The Senior School Music Department

Math Challengers Competition

On Saturday, February 18th, I had the pleasure of accompanying 20 students (2 teams of Grade 8’s and 2 teams of Grade 9’s) to participate in the wildly popular Math Challengers Competition (Lower mainland Regionals) held at UBC. There were about 500 Grades 8 & 9 contestants from the lower mainland, representing about 40 schools,



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both public and private. Our students worked hard in the two individual rounds and one Co-op round. It was an eye-opening experience and a great time for all.

One Grade 8 student (Cindy Zhang) and two Grade 9's (Katherine Lu and Judy Li) made to the top 10 in our pool. We are waiting to hear if we will advance to the Provincials in April.

Ms Lai
Senior School Math Department

Service Project to Support Homeless Women

This week, I have organized a drive to collect and donate feminine hygiene products to support homeless women in our local community. The products will be donated to Sources Women's Place in South Surrey/White Rock. The need for feminine hygiene products is very pressing within the homeless population but it is often overlooked.

A variety of products are welcome, including pads and tampons. There will be a collection box by the front door, as well as a box for cash donations. Donations will be collected every morning this week, as well as at the school play. If you are attending the Midsummer Night's Dream production, please consider bringing a donation of either cash or products, which will be collected at the door.

Azra Panjwani
Grade 12

Project Backpack

It is estimated that on any given night, when we are at home surrounded by the warmth of our home and tucked safely in bed, there are approximately 700 youth in the Vancouver area living on the streets, trying to find a safe place to sleep and survive the night. This is where the Project Backpack campaign comes in. This campaign was started by Cara Sinclair, who delivered backpacks to schools so that students could fill them with items that would be most needed by youth living on the street – in essence, youth helping other youth. Project Backpack has now grown to several schools in the Lower Mainland and to this date, over 2,500 backpacks have been collected.

Southridge will be participating in this campaign once again. The next two long advisories (Feb.22nd and March 2nd) will be dedicated to filling a total of 56 backpacks with items that youth need in their day to day lives – some examples include socks,



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gloves, shampoo, toothbrushes, toiletries, and gift cards to pharmacies, food, and transportation. These backpacks will be dropped off at Directions Youth Services in downtown Vancouver distributed directly to local youth.

We ask that you please bring in your item to your advisory by March 2nd. It is very important for them to know that others care about what happens to them – in particular, that other youth care. By assembling these backpacks, we will be able to make a positive difference in the daily lives of homeless youth.

If you would like to know more about Project Backpack, please watch this video:

<https://www.youtube.com/watch?v=1DgrGeDCIZM>

Thank you for your support!

Sanya Grover
Grade 11

We Need Board Games!

This is a call for any wooden game boards that people are willing to donate. The games will be used to promote Health and Wellness in the Senior School so students have social activities to engage in during lunch. Please bring your board game to Ms. Alexandra in room 210 or to her office in room 201.

Arman Soheili Wins BC Championship for Biathlon

Arman Soheili just won BC's for biathlon in his age group. He is on Team BC competing all in various competitions over the coming weeks.

Charlotte Luking to Represent Southridge at Provincials

Grade 8 student-athlete Charlotte Luking, is excited to be heading to Prince George later this week to represent Southridge at Provincials. On Family Day she also competed in the Fraser Valley Championships, placing 2nd on the vault with a score of 9.5 and 4th on both floor and bars.

Service Projects in the Senior School

Wow. It's really hard to believe how fast the year has passed. It's almost March, which is both crazy and exciting. From a Service perspective, our students have been out in full force since they arrived back in September.



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Soup Kitchen Visits - Surrey Urban Mission

Our weekly advisory visits to the Surrey Urban Mission (www.sumsplace.ca) resumed as soon as the year began. Every Friday our students have the opportunity to prepare and serve a lunch to those who rely on the kitchen for its meal program. It's a rewarding experience that our students have supported since 2007 - ten years now! More to come in an upcoming edition of the Wednesday.

Casual Day Proceeds - various local, national, and international organizations

Throughout the year, our Service Club has raised and donated over \$2,000 through our casual day donation fundraisers. We have shared the profits between student, teacher, and community partnership initiatives that have been local, provincial, national, and international in scope, including:

- Orangutan Foundation International (<https://orangutancanada.ca/>) - Service Club
- Helping Point India (<http://helpingpoint.org/>) - Service Club
- Covenant House Vancouver (<http://www.covenanthousebc.org/>) - Service Club
- K.F.A.C.E. (<http://www.kface.org/>) - Mr. Chiarenza's mother's foundation
- Coldest Night of the Year (<https://canada.cnoy.org/home>) - Surrey Urban Mission

Holiday Hampers - Growing Together Daycare

In December, our advisories and staff provided 29 holiday hampers to young families with teenage mothers who are supported by Options Community Services and Growing Together Daycare.

(<http://www.options.bc.ca/families-children/growing-together-daycare>).

Clothing, food, toys, household goods, and gift cards were collected and distributed to 29 families in our community. We have enjoyed a longstanding relationship with the fine folks that run Growing Together Daycare, and our students look forward to connecting through volunteerism and giving on an annual basis.

This time of year has always been a busy one for our school, but our service program tends to be flex its might annually around now.

Service trips, and raffles this week!

Our international service learning trips to Guatemala and Cambodia depart mid-March. Groups have been busy fundraising for a variety of non-governmental organizations in their host countries, and their drive continues this week. Students have been organizing a variety of raffles throughout the week, and they will continue on Thursday and Friday



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with our two most impressive raffles. The draw is open to students and staff, and tickets are priced:

\$2 for 1 ticket
\$5 for 3 tickets
\$10 for 10 tickets

Draw date: Thursday February 23rd

Two tickets to the February 28th Vancouver Canucks vs. Detroit Red Wings game at Rogers Arena. Thank you to Ms. Slaughter for giving up the tickets!
(value: wowza!)

Draw date: Friday February 24th

Personalized Starbucks or Tim Horton's service for one week. Your order will be delivered by one of our Grads - directly to your period one classroom or office and at **no charge** for one week (February 27th - March 3rd).
(value: priceless)

Project Backpack

Another of our long standing community partnerships is on display right now in the Senior School. Through Project Backpack (<http://www.projectbackpack.ca/>) our advisories are currently collecting goods that will benefit homeless youth throughout Vancouver and the Lower Mainland. Each advisory is collecting for one male and one female youth. Among the items being collected are socks, soap, shampoo, water bottles, gift cards, towels, sketchbooks, batteries, mittens, toques, etc. Students should have coordinated with their advisor as to what they will each contribute. It is a wonderful initiative that has impactful consequences in our local community.

So there it is. A long but overdue update from the Service program at Southridge. Two international service trips, TREK, Relay 4 Life, and more...still to come. It's fast paced...it's exciting...and it's making a difference in our world!

Until next time,

Mr. Jones
Assistant Head of Senior School



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Both Schools

Only One Week Away: Drug & Fentanyl Presentation – Wednesday, March 1 Calling all parents with children in Grades 7 through 12!

As you will have hopefully read in last week's issue of *The Wednesday*...

One week from today, on Wednesday, March 1 at 6:30 pm, Southridge School is excited to host **Nancy Smith, Youth Diversity Liaison Surrey - Safe Schools**, for a presentation on, "**Drugs & Fentanyl: Understanding the Dangers and What We Can Do**". Nancy will be joined by **George Passmore, Program Manager of Counselling and Substance Use Services at Sources Community Resources**.

The fentanyl crisis has been a leading news story this year. What does it mean for our schools, children and community? How are we better able to prepare children and parents to navigate the risk of drug use? Drug use is not predicated on socio-economic status, family situation, intelligence or where one lives. Understanding drug use, the dangers of fentanyl, what to do when someone is under the influence of drugs, and how to have conversations with our children about these issues will be the focus of this presentation. The new reality of drug use impacts every community, and the presentation will look at how we can keep our children connected to us and provide them with the information that helps in making healthy choices.

EVENT DETAILS:

Wednesday, March 1, 2017

6:30 – 8:00 pm

Southridge School - 2656 160th Street, Surrey, BC

(Alan Brown Great Hall – Senior School)

No pre-registration or entry fee is required.

We sincerely hope you will join us next week! And please, feel free to bring your child(ren) along!

Thank you,

Natasha Bains
Senior School Counsellor



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Baseline Concussion Testing

In recent years there has been a heightened awareness surrounding concussions. As a result, it is becoming standard practice for many schools to have their athletes perform baseline tests prior to participation. Parents and students should not be alarmed by the testing, bumps, bruises and occasional injuries are part of sports, but it is helpful to have this baseline information in the unlikely event that it is needed. Southridge School will be conducting baseline concussion testing for student-athletes prior to the start of the Term 3 sports seasons. This will affect Junior school students in Grades 5-7 and Senior school students in Grades 8-12 intending to participate in girls' soccer or boys' rugby. There will be skill sessions prior to the test dates so they can get learn the basic skills and tactics without contact. If they decide not to formally try-out following the skill sessions, they will not have to do the baseline test. These tests will be conducted annually for student-athletes participating in contact sports such as rugby as well for team sports such as volleyball, soccer, and basketball where concussions also occasionally occur.

The tests will be conducted by certified athletic therapists from February 27th to March 2nd. The [SCAT3 form](#) will be used for Senior school students and the [Children's SCAT3](#) form for Junior school students. The SCAT 3's are the standard sport concussion tools for baseline testing and concussion assessment. The cost for the test is \$10 that students will need to bring for the test. (This is a discounted rate; students who do not complete the baseline test during February 27th - March 2nd

at school will need to make arrangements to do so privately prior to be able to try-out, practice or play for either girls soccer or boys rugby in Term 3).

Students will be assigned a time and location within the school; most testing will be completed during the school day although a few students may have to be tested after school. The test is straightforward and provides a baseline level in terms of cognitive and physical levels (such as balance) and take approximately 15 minutes to complete. In the unlikely event that there was a suspected concussion in the future (whether at the school or in an outside club activity), coaches and medical practitioners would have additional information to aid the diagnosis and treatment plan.

Southridge School has a comprehensive concussion protocol and policy for students to return to learn and return to play that follows certain guidelines and that is ultimately designed to support students academically as they return to full activity. Junior school parents will need to complete the parent portion of the Child-SCAT3 prior to the test and students must bring the form on test day. Further information and exact times will be forthcoming.



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Junior school parents will need to complete the parent portion of the Child-SCAT3 (titled “For Parent/carer to complete”) in the ‘background’ section on page 1 as well as section 4 (‘Parent report’) prior to the test. Parents [can download](#) and print their own copy. Students will also be given a paper copy to take home prior to the test. Students must bring the form on test day.

Thank you,

Gordon Smith, Senior School Athletic Director

Norman Dods, Lower Division Coordinator, Risk Management Advisory Chair

Annual Fundraising Campaign Update

Thank you, thank you, thank you! Many of our families have made an annual donation to Southridge this year and we are so grateful for your support.

In fact, our Arts project for the year – a short-throw projector that will be used by our Media Arts and Drama departments, has been fully funded! Thank you so much!

Our Greatest Need and Athletics funds still need your support. Gifts to the Athletics fund will allow us to purchase additional branded outdoor tents for our teams and spectators. Currently, we don’t have enough working tents for each of our teams playing outdoors on any given day. Given the number of tournaments and rainy days we have, our Storm athletes need them! Alternatively, gifts to the Greatest Need Fund will allow us to purchase capital items throughout the school (lab equipment, library books, technology purchases) and improve our campus and facilities (landscaping and field maintenance, HVAC maintenance, etc.).

Every year we ask our families to make a donation to Southridge. If you have not yet made a donation this school year, we will be sending you a letter and pledge card in the mail soon. Or, alternatively, please consider [making your gift online today](#). Your gift can be directed to an area at the school that means the most to you including the Greatest Need Fund, Athletics, or any of our bursary funds. All gifts are sincerely appreciated.

If you have any questions about making a gift to Southridge, please don’t hesitate to contact me directly any time at 604-542-2330 or via email at chodson@southridge.bc.ca.



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Thank you for your continued support.

Christiane Hodson
Director of Advancement

Save The Dates Now!

If you haven't already marked your calendar, below are the dates for our three major fundraising events in 2017. Whether you participate as a guest, sponsor, donor or volunteer, please plan on joining us at these important community building activities:

- **Country Fair – Saturday, May 6th**
- **Southridge Golf Classic (Hazelmere Golf Club) – Friday, June 9th**
- **Southridge Gala – Saturday, November 18th**

The Country Fair volunteer portal will be available by March 1st, so start thinking now about how you would like to help this year and sign-up early!

Also, please remember that tickets for golf and gala are limited and sell-out fast, so be sure to keep reading the Wednesday for future event updates.

Questions about the events? Then contact Shelley Slaughter at 604-542-2334 or sslaughter@southridge.bc.ca for further details.

Your support is the reason we all succeed – thank you!

Ms. Slaughter
Advancement Office

Strategic Planning Update: Charting our Journey Forward

As you may recall, last November you were invited to provide feedback about your hopes and concerns for the future of Southridge. This undertaking was part of **Phase One** of the School's strategic planning process – **Charting our Journey Forward**. Your feedback was invaluable and will play an important role in informing our next strategic plan, which is set to launch in early 2018. Thank you for taking the time to share your thoughts and ideas! Since November, a significant amount of work has taken place and



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we would like to bring you up-to-speed with where we are in our process, as well as share what you can expect as we continue with the next phases of planning.

Moving into **Phase Two**, all survey responses were compiled and organized, so that the Board of Governors and the School's Leadership Team could identify common opinion trends, as well as consider the more unique ideas that were brought forward. This work was achieved with the support of our external consultant, Susan Wright, who is helping the School navigate the strategic planning process. Susan brings significant experience in strategy, governance and organizational development services for not-for-profit and public sector clients, including many well-known and respected independent schools across Canada. Susan met with the Board of Governors, Senior Management Team, and the Strategic Planning Steering Committee to review all the feedback that was received. This information is now being used to consider and reflect upon potential strategic priorities that could guide Southridge through the next 5+ years. This process includes extensive conversation and careful consideration of everything we heard from our school community. It is challenging work, yet exciting and very inspiring! We will continue in Phase Two until approximately April 2017. After that time, the Strategic Planning Steering Committee will connect back with the community to share the plans for **Phase Three**, which will include further consultation with the School community.

In the interim, should you have any questions or concerns about the strategic planning process, **please contact Erin Labbé, Director of Communications & Marketing @ elabbe@southridge.bc.ca.**

Thank you again for helping us to chart our journey forward and ensure the future of Southridge is bright!

Strategic Planning Steering Committee

Drew Stephens, Head of School
Lori Dams, [Board of Governors](#)
Rachael Lawson, [Board of Governors](#)
Preet Brar, [Board of Governors](#)
Christiane Hodson, Director of Advancement
Erin Labbé, Director of Communications & Marketing



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Get to know your Board of Governors

Over the next few months, through articles in The Southridge Wednesday, we will be sharing information with you about Southridge School's Board of Governors. Through this series, we hope you will develop a deeper understanding of the role of the Board at Southridge, how Governors are elected, and a stronger connection with the individuals who serve Southridge in this capacity. Later in the series you will also have the opportunity to pose questions to the Board and our responses will be shared here with all members of our community. Our intent is to create a space for open dialogue and conversation, so that everyone at Southridge feels connected and involved in our vibrant community!

Nick Nuraney, Chair, Board of Governors

It is not our job to govern – but to ensure proper governance

Did you know that all current Southridge parents are also members of the South Surrey Independent School Society (SSISS)? The SSISS operates Southridge School and is a non-profit society registered under the BC Societies Act. The SSISS is overseen by the School's Board of Governors. Board members are elected to serve based on their commitment to the School and the expertise they bring. All Board members are volunteers who work closely with the School's Senior Leadership team to develop the School's strategic direction, ensure the financial stability of the School, and mitigate any risk and to advance the School's vision and mission. They are also responsible for assessing the performance of the school and implementing volunteer activities.

Working with Senior Management through the annual budgetary process, all revenues and expenditures are approved by the Board.

The Board is also responsible for appointing the Head of School to whom it delegates authority over the day-to-day operations of the School and matters of curriculum and staffing. While the only staff member who reports to the Board is the Head of School, the Board and the School's Senior Management Team work very closely together to ensure they are aligned in advancing the School's strategy (you will see an update about our strategic planning process also in this week's Wednesday.) The Board is extremely grateful to work so closely with our Head of School and his team of faculty & staff who are very dedicated to Southridge.

Stay tuned for our next article in this series when you will be introduced to the 13 members of your Board of Governors!



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Southridge Café

The Café staff like feedback! Feel free to let us know some of your favourites and not-so-favourites. As we try out new dishes, let us know what you think. This way, we will know whether to add it to our menu or not. You can provide us with your comments or suggestions at: southridge@canuelcaterers.ca

Please see the attached menus for February and March.

Uniform Shop News

Basketball tournaments are coming up! The Uniform Shop has recently stocked up with cowbells with our STORM logo. Come and get one to cheer for our STORM teams!

Our opening hours are:

Monday – Thursday 7:45-9:00am and 2:00-4:00pm

Friday: closed

Phala Tan
Business Services Manager



...HELPING HOMELESS YOUTH SURVIVE ON THE STREET

Student:

" PBP made me realize how fortunate I really am & how we sometimes take things for granted. "

Student:

" I like being a part of PBP, because even though I made a small difference it's big enough to make a difference in someone's life. "

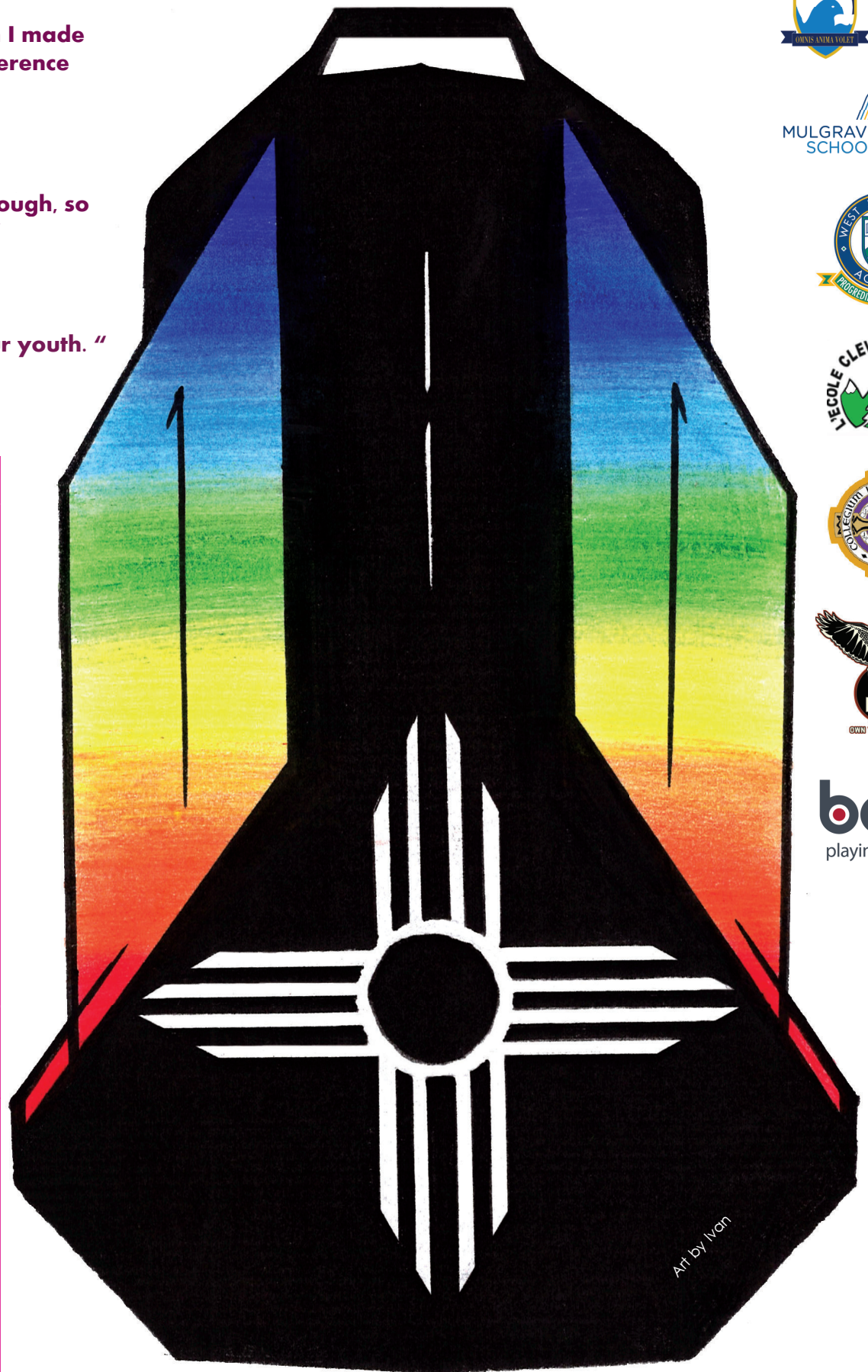
Homeless Youth:

" Getting judged as a homeless person is bad enough, so feeling clean definitely gives me a moral boost. "

Case Worker:

" These supplies really affect the daily lives of our youth. "

PARTICIPATING SCHOOLS & ORGANIZATIONS



SUGGESTED ITEMS

- Socks & Underwear
- Toques & Gloves
- Scarves & Warm Clothes
- Toiletries
- New Razors & Shaving Cream
- Deodorant
- Feminine Products
- Dental Supplies
- Water Bottles & Thermoses
- Bus Tickets
- Sewing Kits
- First Aid Kits
- Art Supplies
- Hair Accessories & Make-up
- Combs & Brushes
- Flashlights & Batteries
- Shampoo / Conditioner
- Telephone Cards

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BENEFITTING



GROSVENOR



Mon-20

Tues-21

Wed-22

Thur-23

Fri-24

Breakfast

**Raspberry
Scone**

**Smoothie
Day**

**Sausage
Egger**

**Blueberry
muffin**

**Smoothie
Day**

**Chef's
Entree**

**Butter
Chicken**

**Chicken
Chow Mein**

Salad Bar

**Chicken
Enchilada**

Fish Taco

**Pasta
Bowl**

**Pasta
Alfredo**

Ravioli

**Mac and
Cheese**

Primavera

Italiano

**Grill
Central**

Soft Taco

Spring Rolls

Calzone

**Bacon
Cheese Brg.**

BBQ Ribber

**Weekly
Panini**

Chicken Pizza

Chicken Pizza

Chicken Pizza

Chicken Pizza

Chicken Pizza

**Great
Greens**

**Chic Pea
Salad**

**Chicken
Caesar**

Salad Bar

**Tossed
Salad**

**Caesar
Salad**

We always offer our regular menu in addition to our daily specials



	Mon-27	Tues-28	Wed-1	Thur-2	Fri-3
Breakfast	Lemon Poppy Seed	Smoothie Day	Raspberry Muffin	Bacon Wrap	Smoothie Day
Chef's Entree	Perogies and Sausage	Salad Bar	Lemongrass Chicken	Salad Bar	Fish Burger
Pasta Bowl	Alfredo	Cannelloni	Mac and Cheese	Pasta Rose	Primavera
Grill Central	Pizza Dog	Chicken Fajita	Spicy Chick Burger	Pulled Pork Sub	Pizza
Weekly Panini	BBQ Chipotle Chicken	BBQ Chipotle Chicken	BBQ Chipotle Chicken	BBQ Chipotle Chicken	BBQ Chipotle Chicken
Great Greens	Pasta Salad	Salad Bar	Chef Salad	Salad Bar	Tossed Salad

We always offer our regular menu in addition to our daily specials



	Mon-6	Tues-7	Wed-8	Thur-9	Fri-10
Breakfast	Blueberry muffin	Smoothie Day	Bacon Egger	Apple Scone	Smoothie Day
Chef's Entree	Stuffed Chicken	Salad Bar	Teriyaki Stir Fry	Salad Bar	Fish and Chips
Pasta Bowl	Mac and Cheese	Chicken Penne	Italiano	Tortellini	Marinara
Grill Central	Bacon Cheese Brg	Turkey Pot Pie	Spring Rolls	Pizza	Spicy Chicken Brg
Weekly Panini	Chicken Caesar	Chicken Caesar	Chicken Caesar	Chicken Caesar	Chicken Caesar
Great Greens	Chic Pea Salad	Salad Bar	Caesar Salad	Salad Bar	Chef Salad

We always offer our regular menu in addition to our daily specials



	Mon-13	Tues-14	Wed-15	Thur-16	Fri-17
Breakfast	Chocolate chip muffin	Smoothie Day	Sausage Wrap	Raspberry Scone	Smoothie Day
Chef's Entree	Taco Bowl	Salad Bar	Personal Pizza	Salad Bar	Fish Taco
Pasta Bowl	Mac and Cheese	Gnocchi	Pasta Alfredo	Cannelloni	Primavera
Grill Central	Vietnamese Sub	5 Spice Chicken	Japa Dog	BBQ Ribber	Beef Dip
Weekly Panini	Chicken Pesto	Chicken Pesto	Chicken Pesto	Chicken Pesto	Chicken Pesto
Great Greens	Thai noodle	Salad Bar	Chicken Caesar	Salad Bar	Chef Salad

We always offer our regular menu in addition to our daily specials

