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Head of School

Sobering Stuff

As part of our research into the school's strategic planning efforts – *Charting Our Pathway Forward* – our leadership team has been keeping a close watch on the youth mental health picture in our country. Post secondary institutions are experiencing unprecedented demand for mental health services among young people today, which is raising alarm bells among medical experts.

Many university and colleges across Canada are increasing their mental health budgets and responding to heightened needs for accommodating students with mental health concerns. The university of British Columbia, for instance, increased its budget for mental health services 86 percent since 2010. In Ontario alone, helplines have experienced a 340 percent increase in calls since 2010 by people 25 or younger, and a major survey of university students in that province showed that between 2013 and 2016 there was a 50 percent increase in incidence of reported anxiety, a 47 percent increase in depression and an 86 percent increase in substance use.

In fact, two of the top three most common conditions for which post-secondary students have been diagnosed with and/or received treatment for in the last 12 months were mental health conditions (anxiety and depression). If that isn't sobering enough, of the ten conditions cited by university students as having a negative impact on academics, the top 4 were all related to their state of mental health: stress, anxiety, sleep difficulties and depression. Clearly, many of our youth are suffering.

The problem is reaching overwhelming proportions, according to some experts in the field, but no one knows exactly what the causes are. Youth today feel more pressure; the competitive job market means that a university degree is no longer a guarantee of a career, and the 24/7 world of the Internet/social media is exposing our youth to images and content that make them feel like they aren't good enough as they are. Kids as young as 8 years old have an overdependence on social media and digital connectivity! (Take a look at Grade 12 student Chris Zang's interpretation of being overly connected [here](#)). Compounding the considerations of experts is the fact that the decreased stigma around mental health is allowing people to come out of hiding because they are no longer ashamed to admit that they are suffering.



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Let's not let ourselves off the hook as part of the problem, either. Although evidence is circumstantial, changes in parenting styles can't be ignored as potential contributing factors. Parents of today tend to do more for their children than generations past, and this tendency can leave youth ill-prepared to navigate the world as they set out on their own as being less capable of accepting and dealing with small failures.

Admittedly, finding solutions to complex societal health-related concerns is no easy task, especially when the underlying causes are not clearly understood. Be that as it may, Southridge will not stand by idly as the future dawns. We recognize the importance of student wellness and anticipate that our next strategic plan will identify student life as a critical element of purposeful engagement as we continue to strive towards creating the holistic conditions within which our students can make a difference in the world. It's not just about balancing academics and character anymore, for without a grounding in wellness it is difficult to take any action at all.

Have a wonderful week!

Drew Stephens
Head of School

Important Dates

Event	Date	Time	Location
Annual Golf Tournament	Friday, June 9	11:00am – Late	Hazelmere Golf Club
Junior Sports Day	Monday, June 19	All Day	Junior School
PYP Speech Celebration	Tuesday, June 20	8:30am – 12:00pm	Junior School Great Hall
MYP Speech Celebration	Tuesday, June 20	1:20 – 3:00 pm	Junior School Great Hall
PYP Celebration Picnic	Wednesday, June 21	9:00am	Centennial Beach, Tsawassen
Grade 7 Greek Feast & Festival	Wednesday, June 21	10:30am – 3:00pm	Junior School Great Hall
MYP Certificate Ceremony	Thursday, June 22	8:10 – 9:10am	Junior School Great Hall
MYP Early Dismissal	Thursday, June 22	12:00 noon	Junior School
Grade 7 Graduation BBQ Dinner and Dance	Thursday, June 22	5:30pm	Junior School Great Hall
Junior School Closing Ceremonies	Friday, June 23	9:00am	Senior Gym
Senior School Commencement	Friday, June 23	7:00pm	Senior Gym



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Junior School News

Head of Junior School

The Paradox of June

“Every new beginning comes from some other beginning’s end.” Seneca, the Elder

June is an interesting month in schools. It is one that is filled with much emotion as we prepare to say goodbye to one school year, and begin to plan for another. It’s a bit of a paradox for educators because it is a time to both look back and look forward. It’s a time to feel the exhilaration and satisfaction that comes when we take stock of all the learning milestones and growth. It’s also a time to acknowledge how the challenges and moments of uncertainty helped us to learn about who we are and what we can do to keep growing. June truly is a time to simply feel the joy that comes when we think about just how much we’ve all learned and grown as we’ve journeyed together across this school year.

June is also filled with sadness. While it is celebratory and joyful in nature, behind the scenes, we must begin to say good-bye to the learners who have been in our care for the last ten months. We have to let one group of learners go so we can embrace the next group come September. As we approach our final weeks of school, let us lean into the emotions of June together; let us be sensitive to what was, what is, and what will be. Hug a teacher, hug a child, and just lean into the emotion as we celebrate an amazing year filled with successes, challenges and the joy of learning and growth.

Have a great week,

Tanya de Hoog
Head of Junior School

Class Placements for 2017-18

At this time of year, some parents may be reflecting on the current school year and thinking about the coming school year. At Southridge, we strive to create the best educational groupings possible by considering the individual needs of each child within the wider grade-level context. In doing so, we consider a multitude of factors, including but not limited to: learning diversity and needs, gender balance, relationship and social dynamics, personality combinations, and athletic well-roundedness. While we do our best to ensure each child has at least one close friend in their class, there are only two class options to choose from, which can sometimes pose challenges when creating groupings.



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There is a considerable amount of deliberation and care inherent in our placement process:

- Current homeroom teachers create the initial lists, assigning students to Class A or Class B (NOTE: no homeroom teachers are not assigned at this point)
- Specialist teachers and the PYP and MYP Division leaders and coordinators review the lists and make further suggestions
- Once the lists are approved they are signed-off on by all the teachers and submitted to the Head of Junior School for a final review
- The Head of Junior School reviews and finalizes the lists, assigns new students to each class and determines the homeroom teacher

Given the extremely delicate nature and extensive work that goes into determining class placements, it is our policy not to entertain parental requests for certain teachers or peer groupings. We strive to have parallel programming in all our classes with the teachers working collaboratively in their planning and assessment, and we truly believe that our students will thrive in any classroom setting. We thank you for your confidence in our faculty as we endeavor to consider a wide variety of needs as we determine class placements for the 2017-18 school year.

Library Books and Inventory

Please ensure all library books are returned to the Junior School Library **no later than Friday, June 9th**. To help all those library books find their way back home, overdue notices will be sent home with students on Monday, June 5th. The Junior School library will be closed for borrowing from Monday, June 12th through Friday, June 16th so that volunteers can conduct a full inventory of the library collection. Fee notices for outstanding materials will be sent home following the inventory. The library will re-open on Monday, June 19th, and students will have the opportunity to select books for summer reading throughout the final week of school.

Mrs. Camp
Junior School Teacher Librarian



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Senior School News

Head of Senior School

End of Year School Events

It's hard to believe it's already June and the school year is quickly coming to a close! I mentioned to students in our last Senior School Assembly on Monday that it is amazing how quickly this year has flown by - it seems like just a blink of an eye since I first addressed the students in our first assembly of the year in September.

What an amazing year it has been! Highlights for me include our Sr. School House Picnic in September; getting to know our wonderful Grade 12s at the Grad Retreat in October; watching and cheering on our incredible athletics teams throughout the year; the Senior Formal Dance in November; of course the amazing Southridge Feast in December; the Big White ski trip in January; our theatre department's hilarious rendition of A Midsummer Night's Dream in February; Speech Day in March; Relay for Life and watching the incredible films our students have created during April's Film Nights; and a busy May with the Country Fair, Art Exhibits, One Act Plays, Café Concerto and our three male track and field athletes bringing home the Provincial Championship banner (congratulations Landon Gill (Gr. 12), Elija de Hoog (12) and Roy Jiang (8)!). This year has been simply amazing and I thank each and every Senior School student for his or her contributions to making Southridge so great.

Looking back on a fantastic year is always fun, but graduation, awards, and school closing ceremonies are coming, and while all of these events are on the Schoology calendar, it can be challenging to find these specific dates. Below you will find a chart showing these important upcoming dates to help you with your end of the year planning. We have created a link to this chart for your reference on the Parent Portal that can be accessed at any time. If you do have any further questions about the end of the school year, please feel free to contact Senior School reception.

Thank you for your contributions to such an awesome year - I look forward to seeing many of you at our June events!

Have a great week!

Brad Smith

Date	Event	Time
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Monday, June 5	Grade 11 Parent University Info Night	7:00 p.m. - 8:30 p.m.
Wednesday, June 7	Parent Laptop Information Evening	6:30 p.m. - 7:30 p.m.
Thursday, June 8	Last day of classes. LOCKER CLEANOUT	
Friday, June 9	Southridge Golf Tournament (Hazelmere)	1:00 p.m. - 10:00 p.m.
Friday, June 9 - Thurs. June 15	Senior School Exam Week	Exam Schedule
Friday, June 16	NO CLASSES (marking day)	All day
Friday, June 16	Grade 8 and 9 Party	6:30 p.m. - 9:00 p.m.
Monday June 19	NO CLASSES (marking day)	All day
Tuesday, June 20	Exam Return Day (half day)	8:00 a.m. - 11:40 a.m.
Tuesday, June 20	Athletics Banquet	12:00 p.m. - 2:00 p.m.
Wednesday, June 21	Senior School Awards <ul style="list-style-type: none"> • <i>Year-end awards presented to students in Gr. 8-11</i> • <i>Mandatory attendance for students in Gr 8 – 12.</i> 	2:00 p.m. - 4:00 p.m.
Thursday, June 22	No School (grade 8 - 11)	
Thursday, June 22	Grad Rehearsal (all grads) Heads and Spirit Captains Rehearsal	1:00 p.m. - 2:30 p.m. 2:30 p.m. - 3:00 p.m.
Friday, June 23	English 12 Provincial Exam Re-write	8:30 a.m. - 11:30 a.m.
Friday, June 23	Closing and Commencement <ul style="list-style-type: none"> • <i>Mandatory attendance for students in Gr. 8 – 12</i> • <i>Families are encouraged to attend in support.</i> 	7:00 p.m. - 10:00 p.m.



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	<ul style="list-style-type: none">• <i>Located in Senior Gym</i>• <i>Graduation Tea follows ceremony in Jr. School Great Hall</i>	
Saturday, June 24	Graduation Dinner and Dance <ul style="list-style-type: none">• <i>Grads and families with tickets purchased in advance</i>• <i>Vancouver Convention Center</i>	5:30 p.m. to 11:30 p.m.
Early July	Final reports mailed to families	

Café Concerto Video is Now Online!

The video recording of the May 31st Café Concerto performance is now available for viewing. Audio recording is provided by a professional engineer so the sound mix is excellent. I hope you enjoy watching these fine performances by our talented students. Feel free to share the video with family and friends. You can view the [video here](#).

Alan McInnes
Manager, Web and AV Services

Southridge Students Presented with Duke of Edinburgh Gold

On Friday June 2nd, three Southridge students were presented with their Gold certificate from His Excellency the Right Honourable David Johnston, Governor General of Canada. Azra Panjwani, Mellissa Liu (class of 2015) and Suneet D'Silva (class of 2015) all achieved their Gold level of the Duke of Edinburgh's Award. Melissa and Suneet achieved their Gold through the Southridge program, whereas Azra completed her Gold with the Ismaili Youth Group in the Lower Mainland. All three should be very proud of their accomplishment as attaining the Gold Level of the Duke of Edinburgh's program is not an easy task.

In addition, another former grad from Southridge also attended a special Duke of Edinburgh's Award Gold Ceremony. Krittika D'Silva (class of 2011) is currently attending Cambridge University in the UK. Given she is not in Canada to attend a local Gold ceremony, Krittika had an experience of a lifetime by attending the most recent Gold ceremony at Buckingham Palace. She was presented her Gold certificate by the Queen's son, Prince Edward, the Earl of Essex, but also in attendance, was the Duke of Edinburgh himself, Prince Philip. Definitely an experience that Krittika will never forget.



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Congratulations to all of our Gold achievers this year, including Jeff Elliot, Nick Strecker, and Madisen Muncey-Buckley, who will eventually be presented with their Gold certificates in an upcoming ceremony as well.

Mr. Knihniski
Social Studies Curriculum Leader
Duke of Edinburgh's Award Coordinator

Emma Hogle wins VSO Future of Excellence Concerto Competition!

The VSO School of Music *Future of Excellence* Concerto Competition promotes, celebrates and supports the aspirations and achievements of young musicians studying at the VSO School of Music. The Competition is held annually in Pyatt Hall at the VSO School of Music in downtown Vancouver and seeks to offer scholarship funding, recital and professional development opportunities and the chance to **appear as a soloist in concert with the Vancouver Symphony Orchestra** during the following season.

On Friday, June 2, Emma Hogle (Grade 9) competed in the senior division (age 14-19) against 32 other outstanding musicians. She was selected as one of two finalists, and then went on to be chosen as the winner! Emma will receive a scholarship, and will perform as a soloist with the Vancouver Symphony Orchestra during the 2017-18 season. Congratulations Emma on this outstanding achievement!

Chris Mitchell
Senior Music Department

Southridge Wins Boys BC High School AA Provincial Championships!

Five individuals were able to compete at the BC Track and Field Championships. There were many fabulous performances, including lots of personal best times. To cap off the weekend, the 3 male competitors won the BC High School AA Provincial Championship! Congratulations to everyone who competed.

The results are as follows:

- Maya Kobylanski- 1st in 1500m steeplechase, 3rd in 3km
- Cayla Smith- 2nd in 400m, 5th in 800m



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- Roy Jiang- 2nd in 100m and 200m
- Landon Gill- 1st in long jump, 7th in triple jump
- Elijah De Hoog- 4th in long jump, 6th in triple jump

Cayla Smith
Grade 10

China Tour – Summer 2018

The Social Studies department has created an opportunity for an academic/cultural trip to China for the summer of 2018. The trip would consist of three main concentrations: Beijing, Nanjing and Hong Kong.

In Beijing the highlights would include visiting Tiananmen Square, the Forbidden City, the Temple of Heaven, the Summer Palace, and of course, a trip outside the city to walk on the Great Wall and to also visit the Ming Tombs.

In Nanjing, the highlights would include a visit to Purple Mountain, which holds the mausoleum of Sun Yat-sen, and many other spectacular sites. In Nanjing, we will also learn about the history of the city during the Second World War, which will complement their studies in the upper grades of Social Studies.

The final destination will be Hong Kong. Once again, there is a huge connection to the Second World War and the Canadians who fought there, which is taught in Socials 10. In addition, we will visit the harbour, Victoria Peak, Stanley Market, and leave some time to do some final shopping!

The trip will begin on Monday June 25th and we will return to Vancouver on July 5th, 2018. The dates will not conflict with any final exams or Grad events. The cost of the tour will be around \$4,100.00 and it covers all transportation, food, lodging, entrance fees, and our guides.

If you have any questions or concerns, please feel to contact me at 604-542-2325 or jknihniski@southridge.bc.ca

Thank you.

Mr. Knihniski



Taking AP Courses and Examinations at Southridge

What you need to know and changes for next year.

Every May many students at Southridge take Advanced Placement examinations in what is the culmination of often rigorous and intensive courses of study. AP courses are recognized around the world and demonstrate a student's ability to think critically, to reason, to analyze and to write effectively. They are the equivalent of first year university programs and, as such, can be used for credit and acceleration at a wide range of schools in the US, UK and Canada. Currently we provide the following courses:

- AP Calculus (AB)
- AP Calculus (BC)
- AP Microeconomics
- AP Chemistry
- AP Biology
- AP Physics 1
- AP Physics 2
- AP European History
- AP Human Geography
- AP English Language & Composition
- AP English Literature & Composition
- AP French Language & Culture

As we strive to create the best learning opportunities for our students we offer a balanced program of AP courses and intentionally restrict them to students in grades 11 and 12, as the likelihood of achieving excellent grades is much higher at this later stage of maturity. Students who have completed AP courses in high school are very well prepared for university level study and, as the available data confirms, that they do very well in the successful completion of undergraduate degree programs.

However, we are repeatedly advised that what the admissions personnel at post-secondary schools want to see is a rigorous course of study within the school's curriculum offerings. To that end, Southridge will only permit students who have completed Advanced Placement courses at Southridge to take the AP exam at the school in May 2018, and in subsequent years.



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The rationale for this is clear. At Southridge students are guided by caring, committed teachers and our programs are thoughtfully developed and well-supported with appropriate resources such as adequate laboratory time and the provision of tutorial help. We cannot say that of courses taken beyond our classrooms and, for this reason, we are no longer able to support students who have self-studied for an exam or who have enrolled in an outside program. Students are still at liberty to study additional AP courses if they wish, but students will not be able to take those examinations here. The additional administrative time and increasing number of exams that we have to proctor makes our previous practice no longer viable.

In summary, I encourage all students seeking the challenge and deeper learning offered by the study of AP courses, to take them here at Southridge and to immerse themselves in a discussion based classroom where inquiry and questioning are paramount, where course content is thoughtfully and carefully covered, and where experienced faculty can fully support their learning.

Jan Holt
Senior School Academic Program Director.

Senior School – Laptop Returns

Every year, we collect the laptops for grade 8, 9 and 11 and keep them over the summer as we update software and the operating systems for all students. For grade 10 and 12 students, we need to restore the laptops back to factory standards and remove all licensed software from the devices and then return the laptop to the students for them to take home. If a laptop is not returned by a grade 10 or 12 students, we will bill you for the licensed software that is on your device, so we appreciate your cooperation in returning your device in a timely manner. Please ensure you bring your laptop, charger and backpack.

Grade 8: Wednesday June 14th and Thursday June 15th - after your Social Studies interviews (Room 224)

Grade 9: Thursday June 15th – 7:30 to 8:30 am – prior to your French 9 exam (Room 224)

Grade 10: Thursday June 15th – 7:30 to 8:30 am – prior to your Social Studies 10 exam (Room 224) – pickup after your exam

Grade 11: Wednesday June 14th – 7:30 to 8:30 am (Room 224)*

Grade 12: Monday June 12th to Thursday June 15th (Room 224) – pickup the next day.**



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*Grade 11 students can hand in their laptops prior to the date listed and if required, can hand in June 15th if it is required for the last day of exams. Please email Mr. Latta if you require an extension.

**Grade 12 students can hand in their laptops after their last exam during the week of June 12-15th; if they are planning on writing the English Provincial Exam on June 23rd, please email Ms. Holt (jholt@southeridge.bc.ca) to let her know and return the laptop after writing the provincial exam.

If there is a need to keep your laptop beyond the hand-in dates listed, please email Mr. Latta (platta@southeridge.bc.ca) and he will approve any extensions. We appreciate all your support in ensuring the devices are returned on the appropriate date.

Thank you,

Ms. Mosher & Mr. Latta

Southridge School Examinations – 2017

The last day of classes for Southridge students will be Thursday, June 8th. Grade 8 and 9 final science tests will take place between June 5th – 8th during classroom time. School examinations, which take place in the Senior School gymnasium, will begin the following day on Friday, June 9th. It would be helpful to review the schedule, and our examinations policy, (see attachments) very carefully with your sons and daughters prior to the exam period. In addition, it is really important that students get enough sleep, exercise, relaxation, and quiet study time in order to be at their best. Southridge exams are designed to be completed within a maximum of two hours, but students may take up to three hours for each exam if they wish. In the event of illness, or any circumstance that prevents the student being on time or able to write the exam, please contact Mr. Jones, Assistant Head of the Senior School, or Mrs. Holt, Senior School Academic Director.

Thank you.

Attachments:

- **Southridge School Examination Schedule, 2017**
- **Final Examination Policy**

Jan Holt
Senior School Academic Director



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University Counselling Newsletter Summer 2017 – for the Grad Class of 2018

- Preparing for Grade 12
- Save The Dates!
- Application Deadlines For 2018 Admission
- Career Cruising And Naviance/Family Connection

We Are More Than University Counselling!

The sign on the wall outside our office reads “University Counselling” but stepping past the doorway takes each Southridge student into a room with a much more broadly defined set of services that includes career exploration, scholarship information, external test and essay preparation, summer programs and GAP opportunities as well as university and college resources.

Our school’s mission states that we “develop well-rounded students with a deep sense of personal integrity who have the moral character, love of learning and self-confidence to realize their full potential in a post-secondary environment and in society at large”. Whilst the subjects taught in the curriculum, deal with the daily academic experience, our office is focussed primarily on the future, and concerned with equipping and preparing students to transition successfully into post-secondary life. The Career Education and Planning classes, taught from Grades 8 through 11, teach self-awareness, learning styles, personality preferences, healthy lifestyle choices, career exploration and post-secondary program options. All of these elements are key to empowering each student to uncover and discern a pathway that is as individual and unique as who they are in the world.

In September, all grads attend Portfolio 12 class. The focus will be to take the building blocks from Career Education and Planning, and through three delivery methods, complete all of the components of the Graduation Transitions Program (GTP). Portfolio 12 is scheduled once per cycle and is taught through small group discussions, larger workshops and individual appointments. We will tackle the four key questions that the GTP covers:

1. Who am I?
2. What have I done?



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3. Where am I going?
4. How am I going to get there?

In exploring these questions at the Grade 12 level, discussions centre on where students are going and helps aim the focus beyond the comparison of “who” gets into “what” program and to “which” university, to understand that the destination has to be the right fit and right step, for the reasons that make sense to individual needs.

As you begin the final summer break of high school, my message to students is - take time to ponder and prepare for your Grade 12 experience. Your grad year will pass quickly in a blur of busy Southridge life filled with academics, sports, visual and performing arts and service. There will be accomplishments, successes and fun, mixed in with pressures, moments of doubt and challenges that will culminate with graduation celebrations and a plan for the next stage of life’s journey that affirms personal choices and options. As Director of University Counselling and a Career Development Practitioner by training, I pledge to work with students to help formulate that plan for life after high school that includes applications to a variety of institutions as well as help review options for career and personal growth. I encourage grads and parents to visit the Centre, to ask questions and to utilize the resources and supports from University Counselling. Have a restful, rejuvenating summer! See you in September for the start of the journey through your graduating year.

Ms. Livingston, BA CCDP, Director of University Counselling

Mark These Dates On Your Calendar!

Wednesday, September 13th - 7:00pm
Grade 12 Parents and Students Information Night

Thursday, September 28th – 9:00am to 10:30am
CUE Fair (Canadian Universities Event)

Grade 11 & 12 students and parents attend the university fair held in the gym to meet and obtain information from university representatives. Over 50 institutions will be present

Wednesday, September 20th – 6:00pm to 8:00pm
UK Universities Fair, Crofton House School

30 universities from England, Scotland, Wales and Northern Ireland will present information. Parents and students are welcome to attend this session.

Thursday, October 12th - Noon to 3:00pm



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VAIS Fair (U.S. Universities Event)

Grade 11 & 12 students will sign up to attend this afternoon event at West Point Grey Academy in Vancouver. There will be over 80 representatives from colleges and universities south of the border.

Tuesday, October 24th - 6:30pm

UBC Information Session

Each year, a high percentage of our students investigate UBC as a post-secondary option. Parents and students are invited to hear a UBC Admissions Officer present about the application and admissions process.

Please note that many other bookings are being made for universities and colleges to visit Southridge from September to November to run information sessions for the 2018 application process. Notices about these visits are posted on Naviance.

Looking ahead to deadline dates for 2018 applications

Note that Southridge encourages all students to submit their applications before the Christmas holiday break. Applications are a multi-step process. As soon as the initial application is opened with the university i.e. the application fee has been paid, students will be guided on the submission of supplemental documentation (essays, resumes, reference letters, videos) and marks*. Each university will communicate the deadlines for completing the application.

**Note that UBC requires all supplemental work (essays and personal profile) at the same time that the application is submitted. We encourage students not to wait until the deadline to work on their submission.*

October 15th

Direct-entry professional programs in UK – apps are due through the UCAS UK system

NOTE: Intention to apply and commitment to the UK application process must be confirmed with Ms. Livingston by Friday, September 29th at 3pm. This deadline is in place in order to provide time to prepare all supporting materials and application sections by the deadline.

November 1st

US college applications due for Early Decision consideration



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NOTE: Intention to apply to early Early Decision or Early Action will require confirmation with Ms. Becker by Friday, September 29th at 3pm. This deadline is in place to ensure that all documentation is prepared and submitted within the stated university deadlines.

November 30th

Deadline for applying to all of the U of California colleges and universities

December 1st

UBC early deadline for admission consideration based on Grade 11 marks – *for those with high academic averages only.*

December 15th

Ontario applications – we encourage students to complete OUAC applications by this date

December 15th

Alberta applications – we encourage students to complete their Apply Alberta applications by this date

Early January

US college applications due for Regular Decision consideration. Mrs. Becker will require completion of applications before we leave for the holiday break!

January 15th

UBC regular deadline – those not offered admission based on Grade 11 marks will be reviewed for admission based on Grade 12, Term 2 marks

February 28th

Deadline for applications for most Canadian universities

Ms. Livingston and Ms. Becker will be monitoring e-mails during the summer and although responses may not occur immediately, we will address any concerns or questions that may come up in July and August.

Reminder For Students To Share With Families:

Career Cruising www.careercruising.com your “one stop shop” for career and post-secondary education exploration. You can access your account on this web-based online tool from any computer, anywhere!

Naviance-Family Connection



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If you do not have your lap top at home, you can still access Naviance through any computer anywhere by logging in to the school website and the student portal. Click the Naviance tab and you have access to college and university information plus info about which institutions are visiting Southridge in the fall.

Scholarships www.scholarshipscanada.com

Need \$\$\$ for university? Remember you have created accounts on this web based scholarships listing. Check out the scholarships you are matched to, check the deadlines and requirements, and begin your strategy for applying to various awards.

Both Schools

Parking Lot Volunteers for Grad

My name is Pardeep and I am working in partnership with Brenda Baylis to support the Head of Schools Office.

Although it is a busy time of year, it is also full of excitement; especially for the graduating class of 2017.

In anticipation of this special moment, we are seeking parking lot volunteers to assist on the evening of June 23rd during the senior closing and commencement ceremonies. Five volunteers will be needed from 6:00-7:30 pm and three from 9:30-11:00 pm.

If you are able to assist, please let me know via email (pvirk@southridge.bc.ca) by June 12th.

Thank you,

Pardeep Virk

Commencement Trees

We are actively looking to borrow four large (6' – 8') tall potted trees (cedars or ornamentals) to grace our entrance to this year's commencement in the Senior School gym. Please contact Brenda Baylis at 604-542-2305 or by email at bbaylis@southridge.bc.ca if you could provide a lead to where we could obtain some of these statuesque pillars.



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Passion, Commitment And Energy

The Board is entrusted with advancing the School's mission in the present and the future while honouring its history. Board members, while representing a healthy diversity of viewpoints, must think and make decisions for the School. When creating policies for the School, the Board must balance shorter term needs and wants of current families with the perspective "what is in the best long-term interests of the School?"

Southridge has been very fortunate to have so many people that have given of their time since we opened in 1995, and who have truly had the long-term interests of the School at heart. One example of that is Lori Dams who has been on the board for more than 15 years. The level of passion, commitment and energy that she brings to her work on the board is unmatched.

Please read her full story below, which was featured in the spring 2017 issue of Spirit magazine.

Nick Nuraney
Chair, Board of Governors

I Promise You This...

By Erin Labbé, Director, Communications & Marketing

If you've ever had the pleasure of spending a few minutes with Lori Dams, you'll know the following to be true: you will leave feeling better than when you arrived. Lori's positive energy and infectious personality will remind you that while life may not always be perfect, there's always something to be grateful for. Her approachability and genuine heart will make you feel accepted, and her sincerity and candour will put you at ease.

Lori is loving; she is kind, and she is supportive. She is the type of person you immediately feel you can trust. And yet, beyond Lori's bubbly and infinitely positive exterior (she fondly calls herself "Pollyanna"), you will also sense that this woman is a force to be reckoned with. Interwoven with her sparkly presence is strength and self-assurance. The twinkle in her eye is matched with depth and wisdom – the type of combination that radiates from people who, despite the struggles of life, have resolved to see the good in the world, and in people, no matter what. That's Lori Dams. And on a cold, rainy day in February, I had the pleasure of sitting down with her as she shared her life story, her family's journey, and their unwavering commitment to Southridge School.

Lori began her relationship with Southridge in 1997 when her daughters, Halee and Rebecca, were in Grade 5 and Grade 1. At the time, the girls were attending a local public



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school and Lori was deeply involved in their school's PAC committee, as well as the District PAC. She had also recently been recruited to run for the Surrey School Board. To say she was embedded in the public school system would be an understatement.

"I was absolutely against private or independent school," she says with an uncharacteristically straight-face. "I had no intention of sending my girls to (what I believed) was a school full of rich, entitled kids."

But as naive thoughts tend to do, these firm opinions of Lori's began to change. The more she wanted to make a difference and create change in her daughters' school, the more she realized how difficult that would be to accomplish in the public school system.

"I was frustrated. I saw opportunity everywhere I looked, but it just wasn't possible to make it happen. I don't blame anyone or anything for that – it was just the reality."

Around that same time, her father-in-law sent her a prospectus for a new independent school called Southridge, which at the time, was nothing more than a small farmhouse and a portable surrounded by farm land.

"To look at the school back then, it wasn't all that impressive," says Lori with a laugh. "But their values and beliefs were aligned with ours...and I was curious. Something inside me told me to at least consider it."

With her typical enthusiasm, Lori set out to learn as much about Southridge as she could. For the next four months, Lori drove to Southridge every week to pick up a copy of the School's weekly publication, *The Southridge Wednesday*.

"At that time, *The Wednesday* was a printed newsletter. They would place a stack of them at the front desk in the little farmhouse. I picked up a copy every week for four months. I wanted to see if this school was truly all they said it was. I wanted to confirm that teachers and families were actually living and breathing all the values they spoke about in their prospectus."

"And you know what?" she says looking up with a big grin on her face, "They were!" Lori and her husband, Gordie, made the decision to submit applications for both Halee and Rebecca for the following September.

"We really couldn't afford it – we had to sacrifice to make Southridge a reality for our girls. But we just knew in our hearts that this was the right place to be – Southridge was special – and we couldn't wait to be a part of it."

Lori is emotional as she recalls Rebecca and Halee's first day at Southridge.

"We pulled up onto this grassy field and the girls got out of the car in their cute little uniforms. They looked so sweet. Rebecca turned to me with big tears in her eyes, fear written all over her face, and told me she was scared – that she didn't want to go in."



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“I knelt down and looked my sweet little girl in the eyes, and with all my heart I said, ‘I promise you this – if you can find the courage to go in, within the walls of Southridge there will be limitless potential and possibility for your life.’”

“That’s a big promise to make to a little girl. Afterwards, I just stood there praying I was right.”

Since that day, Lori has done everything in her power to ensure that the promise she made was true – not just for Halee and Rebecca – but for all students and families who make the choice to attend Southridge.

In the early days, Lori was tangibly involved in everything from helping in the Library, running the front desk, sitting on the Board and setting up volunteer opportunities for other parents.

“In those days, we did it all – we had to! We did things like getting trained in the Dewey Decimal System so we could catalogue books in the Library and save money on hiring a Librarian. At that time, the School was so young, we just needed to save money, pay down the debt and do whatever we could to help.”

Lori beams when she speaks about her time as Chair of the Country Fair, and the fun she had in bringing Southridge’s annual community event to life. But nothing elicits her joy and pride as much as when she talks about setting up the Volunteer Committee.

“I felt like I was changing the world,” she says.

“There was so much satisfaction and such a sense of community in providing opportunities for our parents to contribute and give back. Because everyone can volunteer – everyone can play a role; everyone is important and valuable when they’re volunteering.”

“Volunteering at Southridge is so special. It brings our community together; families connect and people make lifelong friends through shared experiences.”

Lori ran the Volunteer Committee for seven years, in addition to wearing any other hat that Southridge offered her, including sitting on the Board – a position she maintains today as part of our current Board of Governors.

Throughout her time, Lori has participated in the development of five Strategic Plans, the most recent being the one currently in development for launch in January 2018.

“This might be my last one,” she muses.

“I’ll always support the School in some way though. I want to contribute and add value in any way that I can to the Southridge community. This is my way of making a difference in



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the world. This school is educating the leaders of the future – the change-makers! Southridge students make a difference in the world; and I'm honoured to play a small role in helping them achieve that.”

As our time together comes to an end, I ask Lori what her greatest hope for Southridge is. “Remember that promise I made to my daughter?” she asks. “I promised her that Southridge would provide her with limitless potential and possibility for her life. My greatest hope for Southridge is that the promise I made to my daughter will also hold true for every single student who attends this school – today, and into the future.”

“I believe that if we continue to make decisions with the best interests of our kids at the core – with the knowledge that each of them possesses unique gifts that will allow them to make a difference in the world – we cannot go wrong.”

As my time with Lori comes to an end, and I head out into the rainy, dark afternoon, I am reminded of a quote someone once shared with me: “People with good intentions make promises; people with good character keep them.”

It occurs to me that Lori Dams is both.

End-of-Year Donations to Southridge

Thank you to all our parents who have already made their annual donation to Southridge this school year!

If you have not made a donation yet, there is still time! There are a couple of projects that are still in need of your support:

- Athletics – We still need to raise an additional \$3,000 in order to purchase additional branded outdoor tents for our teams and spectators.
- Greatest Need Fund – Want to donate to Southridge but aren't particular about what area to support? The Greatest Need Fund is allocated on an annual basis to the projects around the school that need it most. We are still hoping to raise an additional \$25,000 for this important fund.
- Finally, directing your gift towards our endowment funds allows us to offer bursaries to students who would otherwise be unable to attend Southridge. **This is a remarkable way to make a real impact on a student's life.** Contributing to either the Carol E. Levy Memorial Endowment Fund or the Alan Brown Memorial Endowment fund also allows us to be more accessible to a broader socio-economic family population.



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Donations can be made easily and safely [online here](#).

Alternatively, have you ever considered donating publicly traded securities or shares? When you donate such securities to Southridge (or any Canadian registered charity), you do not have to pay a capital gains tax. Capital gains, or the increase in value of your securities over the price you paid when you purchased them, would be subject to tax if you were to simply sell them, even if you plan to donate the proceeds from the sale. But when you donate securities that have increased in value directly to Southridge, those capital gains are not subject to tax and your donation can have an even larger impact. The process is simple – just contact me directly if you have any questions or would like additional information at 604-542-2330.

If you would prefer to make a donation by cheque, please ensure that you have dropped off your donation to the school by June 23, 2017.

Please contact me if you have any questions at all at chodson@southridge.bc.ca. Thank you again for all your support of Southridge and our students and for making a donation this year!

Christiane Hodson
Director of Advancement

Southridge Café

The Café's last day of operation is June 16th. Parents are reminded to ensure that you take care of any outstanding amounts on your students' accounts. We will providing a salad bar every day next week.

Please see the **attached** menus for June.

Uniform Shop News

The last day of opening for the Uniform Shop in this school year is Thursday June 15th. The shop will be closed in the summer and will reopen in at the end of August. Exact dates will be advised later. Should you need to get any uniform items for next school year, please come in before June 15th.

Our opening hours are:

Monday – Thursday: 7:45 - 9:00 am and 2:00 - 4:00 pm



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Friday: closed

Phala Tan
Business Services Manager



UNIVERSITY COUNSELLING

TRANSITIONING TO LIFE AFTER HIGH
SCHOOL

WHO ARE WE?

Ms. Yvette Livingston

Director of University Counselling &
Certified BC Career Development Practitioner

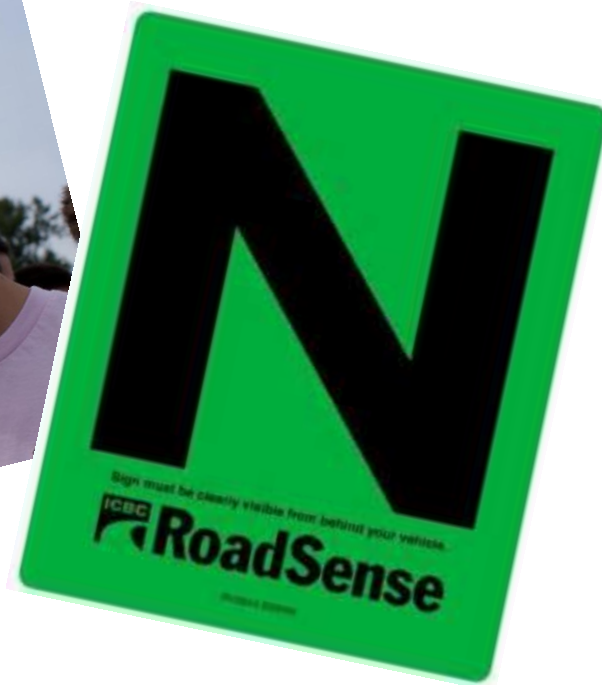
Mrs. Brenda Becker

Adjunct University Counsellor (U.S.)
Graduation Coordinator

Ms. Yasaman Madani

Senior School Counsellor

WHO'S IN THE DRIVER'S SEAT NOW?



WHAT ARE WE COVERING TONIGHT?

- ◉ SERVICES AND SUPPORT PROVIDED BY UNIVERSITY COUNSELLING
- ◉ PORTFOLIO/CAREER ED 12 COURSE
- ◉ TIMELINE AND DEADLINES FOR 2018 APPLICATIONS
- ◉ SUGGESTIONS FOR THE SUMMER

MORE THAN JUST UNIVERSITY COUNSELLING...



SENIOR PLANNING

UNDERSTANDING HOW INTERESTS, ABILITIES AND PERSONALITY STYLES RELATE TO CAREERS

(www.careercruising.com)

RESEARCHING POST-SECONDARY OPTIONS

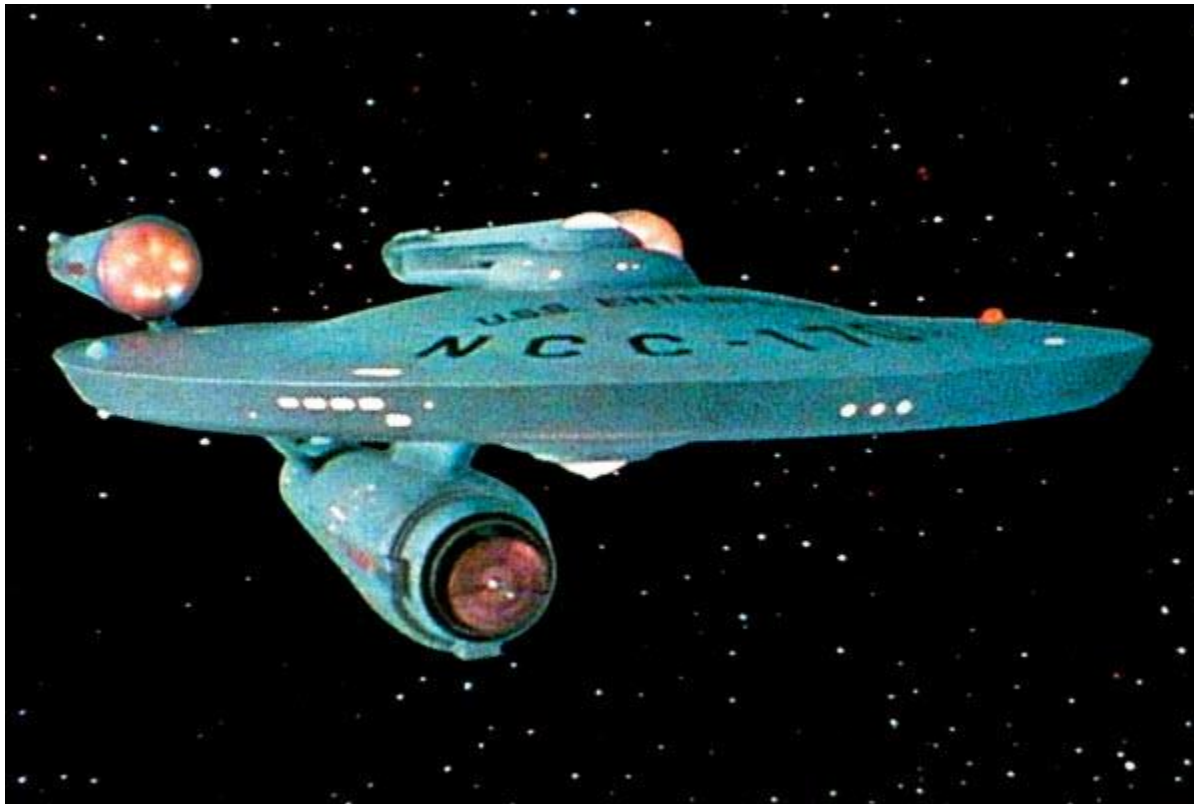
Programs, admission requirements

Comparing universities & developing preference list

PRACTICING UNIVERSITY APPLICATION ESSAY
WRITING AND PROFESSIONAL RESUME
PRESENTATION

FINANCIAL EDUCATION - DEVELOPING A BUDGET

A WARP SPEED JOURNEY THROUGH GRADE 12 PORTFOLIO CLASS



WHAT IS PORTFOLIO 12 CLASS?

- ◉ SUPPORTING THE STUDENTS ON THEIR JOURNEY TO ACHIEVING THE RIGHT PLAN FOR LIFE AFTER HIGH SCHOOL
- ◉ CLASSES, WORKSHOPS & INDIVIDUAL APPOINTMENTS
- ◉ UNIVERSITY VISITS AND INFORMATION SESSION SESSIONS

TOPICS COVERED IN CLASS

- ◉ University Information sessions and Fairs
- ◉ Discussion of deadlines & process
- ◉ Assistance for application (essays, videos)
- ◉ How marks are sent - transcripts
- ◉ Budgeting
- ◉ Scholarships
- ◉ Resumes
- ◉ Interview Skills
- ◉ Transitioning to Post-Secondary Life

INFORMATION TO SUPPORT THIS

- ◉ **SCHOOLGY** - Portfolio 12 workbook
- ◉ **CAREER CRUISING** www.careercruising.com
 - Help with Careers and University programs info
- ◉ **FAMILY CONNECTION/NAVIANCE**
 - Promotion of university information sessions
 - Communication and E-mails for updates on admissions information for 2018
 - Tracking of applications

WAYS FOR PARENTS TO SUPPORT

- Help your child evaluate information for universities, programs and careers in an open discussion format

- “eyes wide open” approach to rankings

WHAT TO STUDY?

◉ WHICH FACULTY OR DIVISION?

Fine Arts, Liberal Arts, Social Sciences, Applied Sciences, Physical Sciences, Mathematical Sciences, Health Sciences, Business/Commerce, Music, Forestry...

◉ COMPETITIVE OR REACH PROGRAMS

- Limited Admission seats
- High GPA - set by demand on seats
- Alternate routes

WHERE TO STUDY?

◉ DEVELOP A LIST OF QUALITY INDICATORS

- ✓ Location
- ✓ Type of campus
- ✓ Services
- ✓ Access to transportation
- ✓ Athletics
- ✓ Class sizes
- ✓ Diversified learning opportunities
- ✓ Faculty reputation
- ✓ Library/technology resources

WHEN?

- ◉ Most Canadian Universities are open by November 1 with various deadlines depending on the admissions process.
- ◉ UK applications begin in October and have structured deadlines depending on type of application.
- ◉ US - Early Decision versus Early Action versus Regular decision.

We want all students to have completed their applications before the Christmas break

HOW TO APPLY

- ◉ FOR BC UNIVERSITIES - “ApplyBC”
- ◉ FOR ALBERTA UNIVERSITIES - “ApplyAlberta”
- ◉ FOR ONTARIO UNIVERSITIES - “OUAC 105”
- ◉ US - Common App & UCalifornia applications
- ◉ UK - UCAS (need buzzword from Ms. Livingston)

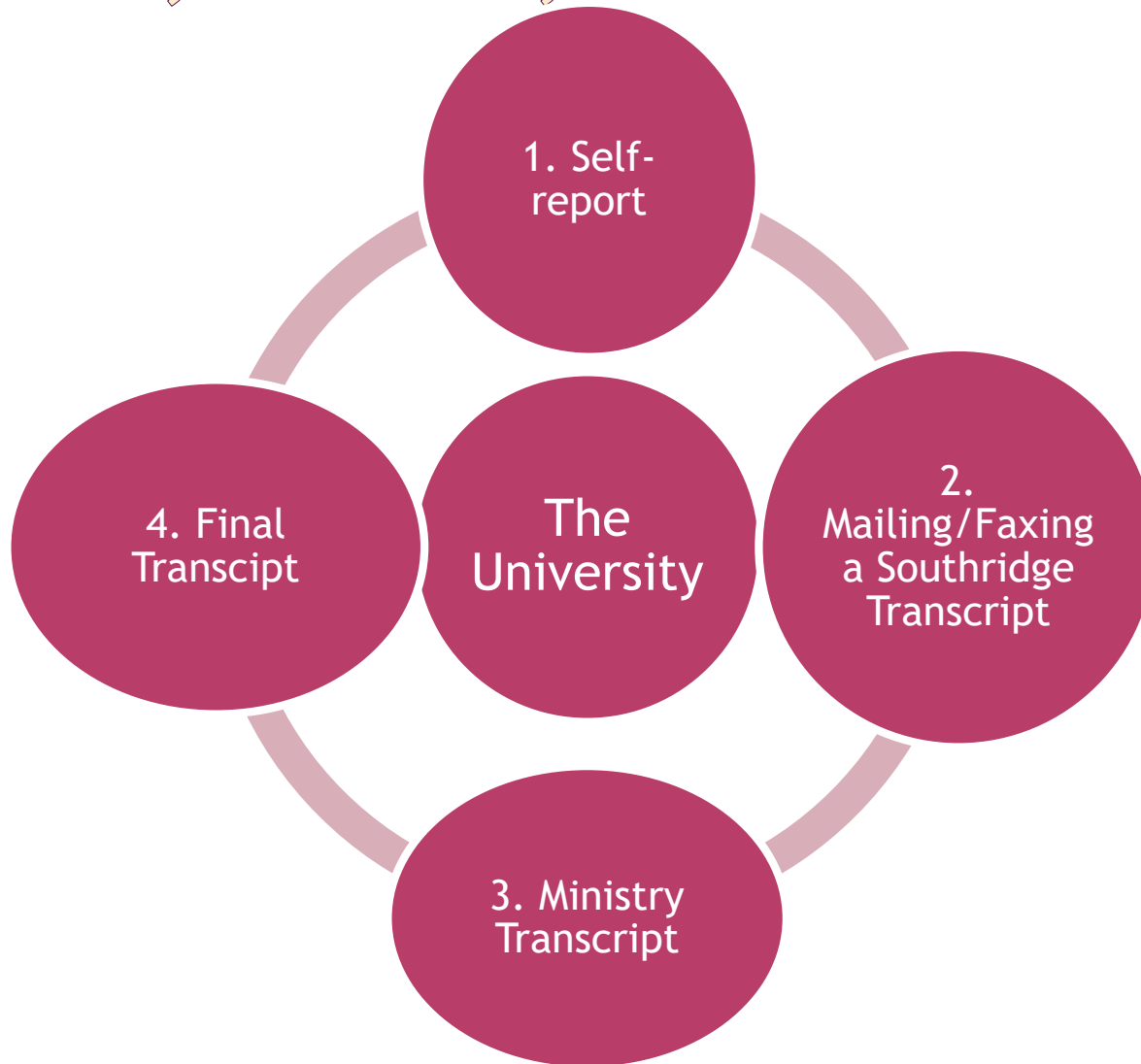
STEPS IN APPLYING

1. Complete the application form (on-line) and pay the application fee
2. Specifics on US process - Naviance/Testing
3. Next steps can include some or all of:
 1. Additional information i.e. Resume, Letter of intent, essay(s), references
 2. Instructions on when marks should be sent

AP QUESTIONS

- ⦿ AP COURSES AND THE US
- ⦿ AP COURSES AND CANADA
- ⦿ AP COURSES - SOUTHRIDGE

MARKS, MARKS, MARKS



SELF REPORTING MARKS

A majority of universities allow students to self-report marks and they will direct students clearly on how to do this

- ◉ **At the time they apply** (Calgary, Alberta will give offers based on Gr 11 and 1st term Gr 12)
- ◉ **Grade 11 marks** for select universities and programs (UBC, U of Calgary)

SENDING A SOUTHRIDGE TRANSCRIPT

- FOR UNIVERSITIES WHO DO NOT OFFER SELF-REPORT, STUDENTS ARE DIRECTED ABOUT WHEN TO PROVIDE A SCHOOL TRANSCRIPT.
- FOR U.S., SOUTHRIDGE TRANSCRIPTS ARE AUTOMATICALLY UPLOADED AT SPECIFIED TIMES

SCHOLARSHIPS

1. Automatic Awards
2. Open Scholarships
3. Bursaries
4. Grants
5. Loans

www.scholarshipscanada.ca

RESUMES, COVER LETTERS & UNIVERSITY ESSAYS

Workshops provided to assist Grads in preparing for:

- University/College applications
- Scholarships
- Summer employment
- Co-operative Education Programs

INTERVIEW SKILLS

Graduation Transitions Interviews in May

- Formal Interview with:
- Junior School parents
 - Alumni
 - Representatives from various professions



TRANSITIONING

- REVIEW OF PROGRAMS
- COURSE SELECTIONS AND REGISTRATION FOR FIRST YEAR
- UNDERSTANDING PATHWAYS FROM FIRST YEAR
- WHAT DO UNIVERSITY FACULTY EXPECT?
- RESIDENCE LIFE & SAFETY
- WHAT TO TAKE WITH YOU - PACKING LIST
- TIME MANAGEMENT SKILLS/TIPS
- ORIENTATION - WHAT TO EXPECT

WHAT IS THE RIGHT FIT?

A good university “fit” is one that will:*

1. Offer a program of study to match your interests and needs.
2. Provide a style of instruction to match the way you like to learn.
3. Provide a level of academic rigour to match your aptitude.
4. Offers a community that feels like home to you.
5. Value you for what you have to offer.

*www.BestCollegeFit.com, Peter Van Buskirk

SUMMER SUGGESTIONS:

- ◉ Visit campuses - no “drive-bys” book appointments, meet admissions staff, take pictures, makes notes.
- ◉ Work on continuing to polish your application essays, resumes
- ◉ Share your Career Cruising results - discuss career pathways - do you need a science degree to go to medical school?
- ◉ Do your research!

IN THE WORDS OF...

“You have brains in your head. You have feet in your shoes. You can steer yourself any direction you choose. You're on your own. And you know what you know. And YOU are the one who'll decide where to go...”

— Dr. Seuss, *Oh, the Places You'll Go!*



Southridge Examination Schedule - June 2017

Students will write their examinations in the Gym with the exception of those students who are authorized to write in the alternate setting. Southridge examinations are designed to be completed in under **TWO hours** but students may take up to 3 hours to complete any examination. **Please remember to return all your books prior to the examination. Please return your laptop, including charger and backpack, to Mr. Latta immediately after your last examination.**

MORNING EXAMS:

Assembly: 8:10am
Exam Begins: 8:30am

AFTERNOON EXAMS:

Assembly: 12:15pm
Exam Begins: 12:30 pm

8:30am Start	Friday June 9	Saturday June 10 Sunday June 11	Monday June 12	Tuesday June 13	Wednesday June 14	Thursday June 15
8	ENGLISH 8			MATH 8 & MATH 8 (Accelerated)		
9	ENGLISH 9		SOCIALS 9	MATH 9		FRENCH 9
10	FRENCH 10		ENGLISH 10	MATH 10	SCIENCE 10	SOCIALS 10
11	SOCIALS 11		ENGLISH 11	PRE-CALCULUS 11	CHEM 11/11H	BIOLOGY 11 (Hons) Gym
12	CHEMISTRY 12		HISTORY 12	PRE-CALCULUS 12	CALCULUS 12	BIOLOGY 12
12:30pm Start.						
8					Socials 8 (Interviews)	Socials 8 (Interviews)
11	FRENCH 11 FRENCH 10 (Hons)		PHYSICS 11 AP PHYSICS 1	BIOLOGY 11 (2hrs) Practical Lab Exam 116		
12	LAW 12		PHYSICS 12	FRENCH 12	ECONOMICS 12 SPANISH 11/12	



SOUTHRIDGE SCHOOL

Final Examination Policy, Senior School

MORNING EXAM SCHEDULE:

7:55 – 8:05am	Faculty distribute exams in the exam hall (gym)
8:05 – 8:10am	Advisory
8:10 – 8:20am	Assembly in the Great Hall
8:20 – 8:25am	Student Book Return
8:25 - 8:29am	Students enter the exam hall (gym) in silence
8:30am	Exams begin

AFTERNOON EXAM SCHEDULE:

12:00 – 12:10pm	Faculty distribute exams in the exam hall (gym)
12:10 – 12:15pm	Student Book Return
12:15 – 12:25pm	Assembly in the Great Hall
12:25 – 12:29pm	Students enter the exam hall (gym) in silence
12:30pm	Exams begin

EXAM INSTRUCTIONS:

Students

- 1) Unless otherwise specified, exams will be written in the senior school gymnasium. Only students with prior approval of the Senior School Academic Program Director, and the requisite documentation, can write in the alternate setting (room 120).
- 2) Students must bring the appropriate writing implements and calculators where applicable. Soft pencils are required for filling in SCANTRON sheets. Pencils will NOT be supplied.
- 3) Full school uniform (summer or winter) with blazer is required at all exams.
- 4) Unless in distress, students are not allowed to visit the washroom during an exam period. If necessary, an invigilator must accompany such exits.
- 5) An exemplary standard of honesty is expected. Notes of any kind (on paper, hand, arm etc.) are not allowed. Talking during an exam is unacceptable and any infraction of examination protocol will result in serious academic penalties outlined in the school's Academic Integrity Policy.
- 6) All requests for re-scheduling of exams must be arranged through the Senior School Academic Program Director.
- 7) No student is required to write more than two exams per day. Although every attempt has been made to avoid conflicts, it is the specific responsibility of each student to make the Senior School Academic Program Director aware of any conflicts in a timely manner.

- 8) In the event of illness, it is the responsibility of the student and his/her parents to contact the Senior School Academic Program Director or the Head of the Senior School prior to the exam.

Faculty

- 1) Exam invigilators must take attendance at the beginning of the morning and afternoon examinations and bring it promptly to senior reception.
- 2) Faculty of the subjects being examined must be in the exam hall for the beginning of the exam (for questions and/or problems) and at the end of the exam for the collection of their students' papers.

ENTRY:

Students

- 1) Students are required to enter the exam hall IN SILENCE and remain silent for the duration of the exam.
- 2) Students are advised to leave their cell phones and electronic devices at home. Those who bring them to school must, on immediate entry to the exam hall, place them in the containers provided.
- 3) Students must promptly go to their assigned seats and keep their exams face down until the Senior School Academic Program Director or Head of the Senior School gives the signal to begin.

Faculty

- 1) The Senior School Academic Program Director or Head of the Senior School will commence all exams.

DISMISSAL:

Students

- 1) Students are not allowed to leave the exam until 1 hour and 30 minutes have passed, after which point, dismissals will occur at 15 minute intervals.
- 2) When students have finished their exams, they must raise their hands to have their exam papers collected.
- 3) No student is dismissed until his or her exam has been collected.
- 4) When the allotted exam time is over, students must remain silent and seated until all exams have been collected.

Faculty

- 1) A table is placed at the back of the gym and labelled by grade, class section and teacher for ease of exam collection.

Mon- 5

Tues-6

Wed-7

Thur-8

Fri-9

Breakfast

Smoothie Day

Blueberry Muffin

Smoothie Day

Lemon Poppy Seed Scone

Smoothie Day

Chef's Entree

Enchilada

Salad Bar

Burrito Bar

Salad Bar

Lemongrass Chicken

Pasta Bowl

Rose'

Cannelloni

Mac and Cheese

Chicken Penne

Primavera

Grill Central

Spicy Chicken Brg

Stuffed Chicken

BBQ Ribber

Personal Pizza

Smokie

Weekly Panini

Chicken Pizza

Chicken Pizza

Chicken Pizza

Chicken Pizza

Chicken Pizza

Great Greens

Pasta Salad

Salad Bar

Chef Salad

Salad Bar

Tossed Salad

We always offer our regular menu in addition to our daily specials



	Mon-12	Tues-13	Wed-14	Thur-15	Fri-16
Breakfast	Bacon Egger	Berry Scone	Sausage Wrap	Blue Berry Muffin	Bacon Wrap
Chef's Entree	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Pasta Bowl	Bow Ties	Italiano	Mac and Cheese	Alfredo	Marinara
Grill Central	Pizza	Chicken Strips	Smokie	Poutine	Burger and Fries
Weekly Panini	Thai Chicken	Thai Chicken	Thai Chicken	Thai Chicken	Thai Chicken

We always offer our regular menu in addition to our daily specials

