

Southridge Wednesday

14-15
No. 01

A Weekly Publication of Southridge School

August 27th, 2014

Head of School

Welcome to a New School Year

What a wonderful summer filled with day after day of beautiful weather! I hope everyone had a chance to soak up some sunshine and restore their energy levels in anticipation of another exciting year at Southridge! Please join me in welcoming our new teachers, students and families to our school community.

Every September our community comes together with enthusiasm and a keen sense of eagerness. The special feeling of starting a new school year is certainly a good one. Early September is also a good time to remember the things that draw us together as a school community. Surely, our vision, “a community where every spirit soars”, is an important ingredient that helps define and shape us; and so, too, is the summary phrase of our mission statement - “someone who makes a difference in the world”.

But there is another key ingredient in our community that is most often felt at this time of the year, albeit not as easily recognized or articulated. That ingredient is hope. In our light-hearted place of serious purpose, the run-up to the school year holds with it a marked sense of hope. Did you know that an essential factor in student success is a sense of hope? When the weather is good, spirits are up and energy is abundant, starting a new school year with an abundant supply of hope helps to fuel and sustain enthusiasm and eagerness.

So, let’s celebrate the hope that September brings and remember that being positive, supportive and enthusiastic role models for our children can help them not only manage the pre-school jitters but also help them perpetuate those feeling of hope that are so special . . . and so critical.

Welcome back and have a wonderful week!

Mr. Drew Stephens
Head of School

Important Dates			
Event	Date	Time	Location
New Parent Coffee Morning	Wednesday, Sept 3 rd , 2014	All day	Cafeteria
New Student Orientation	Wednesday, Sept 3 rd , 2014		Senior School
Fall Term Commences	Thursday, Sept 4 th , 2014	8:00 a.m.	Both Schools
Photo Day – Both Schools	Tuesday, Sept 9 th , 2014	8:00 a.m. - 12:30 p.m.	Alan Brown Great Hall
Full School Assembly	Wednesday, Sept 10 th , 2014	9:40 a.m. - 10:30 a.m.	Senior School Gym
Strathcona Park Lodge Parent Meeting	Thursday, Sept 11 th , 2014	7:00 p.m. - 9:00 p.m.	Alan Brown Great Hall
Welcome Back Parent Barbeque	Friday, Sept 12 th , 2014	3:00 p.m. - 5:00 p.m.	Commons

Human Resources Updates

We are pleased to share with you that Aaron Johnstone has joined Southridge as the MYP Teacher Intern for the 2014-2015 school year. Aaron recently graduated from the University of Victoria where he obtained his Bachelor of Education. Aaron

also holds a certificate in Motion Picture Production from Capilano University. Aaron is an accomplished varsity rugby player, playing for the Junior National Team and was named the head coach of the Vancouver Squamish U14 boy's rugby team for the 2014 BC Summer Games. Aaron is excited to share his passion for sports with the students at Southridge.

Danielle Fera, our new PYP Teacher Intern, holds a Bachelor of Education degree coupled with a Bachelor of Physical and Health Education from Nipissing University. Danielle has been a teacher-on-call at Southridge and recently filled the position of MYP Teacher Intern on a temporary basis, from April to June. Danielle brings to this role coaching experience, an appreciation for active living and a passion for working with children.

Katie Reid will provide temporary full-time maternity leave coverage as a Grade 6 teacher for Ms. Mauricio commencing in October. Katie brings to this position three years of teaching experience at the PYP level and is currently working towards her Master's Degree in Educational Methodology, Policy and Leadership. Katie's passion for teaching and her quest to diversify and continue to grow as an educator will lend itself well to this new opportunity in the MYP program.

Megan Fretter will provide temporary full-time coverage for PYP Physical Education for Ms. Reid. Ms. Fretter has worked as our PYP Intern for two years instructing DPA to all our PYP students, as well as teaching physical education to kindergarten and Grade 1 students. She possesses a Physical Education degree, and we appreciate her expertise and the continuity that she will bring to our program.

Paul Best has taken on the role of part-time English and Grade 5 homeroom teacher as of September 1st. Paul has been covering the position of an Art/English teacher on a temporary basis. Paul displays a high level of enthusiasm in his role as a teacher and looks forward to sharing his love of reading and writing with his students.

Perry Harder will be taking on the role of Grade 4 homeroom teacher. Since joining Southridge, Perry has been the MYP Intern and in April took on the interim role of Grade 5 homeroom teacher at the Junior School. In this role, Perry will have the opportunity to combine his passion for teaching and love for coaching.

Nancy Clayton will be leaving Southridge as of August 29th. Nancy has been a part of the Southridge community for nine years and has been full-time Facilities Custodian since joining the school. Nancy takes pride in her work and has enjoyed being able to incorporate her artistic touch into a variety of tasks, duties and projects at the school. Nancy will treasure the relationships she has made with faculty, staff and students during her time at Southridge.

Junior School News

Welcome Back

The faculty of the Junior School is eagerly preparing for the arrival of our students on Thursday, September 4th, 2014. We are anticipating a great school year and trust that our students will arrive refreshed after a great summer of experiences with family and friends.

We have very little change in our faculty and are proud that our teachers are committed, fulfilled and excited to start the year. We have a few new faculty members to introduce to our families. Mr. Aaron Johnstone is our MYP Teacher Intern and a seasoned athlete as he played rugby for University of Victoria. Mr. Johnstone's energy and athletic background will be well utilized as he will be teaching DPA (Daily Physical Activity) to our Grade 5 to 7 students and working with our rugby teams. Additionally, Mr. Johnstone will be working with all our Grade 5 to 7 students in some of their English and math classes.

We also welcome a familiar face back to Southridge School in that Mr. Paul Best is returning to be a part-time English teacher and assuming homeroom responsibilities for Grade 5.

Another great change is that Mrs. Samara Ridley Thomas is permanently instructing Kindergarten this year. As a 'lifer Southridge teacher' she has worked in many classrooms, and we are pleased to have her permanently working with our youngest.

We are very pleased to have Ms. Jenni Watson returning in the role of PT Resource Teacher as she works with Ms. Turriff to bring support to all our learners at Southridge.

As Ms. Alexis Mauricio is going to be taking maternity leave in early October, we have Ms. Katie Reid assuming the responsibility for her classes once the leave begins. Therefore, Ms. Megan Fretter is teaching PYP PE this year, and we are pleased to retain her in this position. In early September, Ms. Fretter will be competing the 70.3 Half Ironman World Championships which will be held in Mont Tremblant, Quebec and we wish her well.

In Grade 3 this year, we welcome a young vibrant teacher, Ms. Sian (pronounced 'Shawn') Weatherly who was one of our UBC practicum students. She is certainly a presence and is a strong partner to Ms. Cindy Khangura. In Grade 4, we welcome Mr. Perry Harder who was our MYP Intern last year, as he partners with Mrs. Rowena Raber to bring strength to our final year of PYP.

Our PYP intern this year is Danielle Fera who was a presence last year in our school, but we welcome her calm, caring and experienced approach with our students.

To support our arts programme, we have Ms. Casey Wilson, a wonderful artist and a delightful young teacher who will instruct art to Grade 4, 5 and 6 students.

Ms. Alison Graham and I look forward to working together to support the leadership and culture of our Junior School, and count it an honour that you entrust your children into our care. Trust that we take their care as our highest priority and we are excited about welcoming them back to this positive, vibrant environment. Welcome back to Southridge.

Mrs. Laurel Middelaer
Head of Junior School/Deputy Head

Faculty Brochure – Meet our Wonderful Staff

We are pleased to announce that this year our Faculty Brochure is available as a downloadable PDF that is printable. It's a great way to get to know the new teachers and staff that will be joining us this fall. Please take a moment to peruse the brochure before school starts.

Edu-Pac Availability and Class Lists

The Edu-Pac supplies are available for pickup during the days of August 27th - August 29th, 2014. The Edu-Pac supplies are not in boxes this year, but rather heavy, clear plastic bags. Once supplies are brought to school, we would like to recycle these plastic bags by sending them back to the company for reuse. It is best to bring the labeled materials to laptop rollout sessions, where we will collect the Edu-Pac bags. Class lists will be posted on the website on August 29th, 2014. In order to preserve paper, the lists will not be posted in the Junior School Great Hall.

Locker Dimensions for Students in Grade 4 to 7

If you are planning to purchase a backpack or other school bag for your child, please keep in mind that our locker dimensions are 32 cm (depth) by 21 cm (width). Bags must be able to fit completely into lockers for safety reasons. It is difficult to find a backpack with wheels that fit into the lockers so please take a measuring tape with you when shopping.

New Student Orientations and Grade 5, 6, 7 Laptop Sessions

New students (and their pre-arranged buddies) in Grade 1 – 7 are invited to attend our annual New Student Orientation on Wednesday, September 3rd, 2014. The orientation will take place between 9:00 and 9:45 a.m. As well, all students in Grade 5, 6 and 7 will need to attend school for a period of time on the 3rd for their laptop orientation (Grade 5) and refresher (Grade 6 and 7) sessions.

Students in Ms. Bennett's class will need to be at school from 8:30 - 10:00 a.m., and students in Mr. Best's class will need to be present from 10:15 – 11:45 a.m. In Grade 6, students in Ms. Mauricio's class have their refresher from 12:30 – 1:15 p.m., and students in Mr. Anderson's class have their refresher from 1:30 – 2:15 p.m. Students in Ms. McNeil's Grade 7 class will have their refresher session from 2:15- 3:00. Students in Mrs. Beaulieu's grade 7 class will have their session from 3:15 – 4:00 p.m. In order for Grades 5, 6 and 7 students to receive their laptops, all necessary paperwork (the Laptop Damage/Loss Agreement and the Acceptable Use Policy) must be signed and submitted to homeroom teachers on September 3rd. If you require any additional paperwork, these forms will be available at the Junior School office.

All students attending an orientation session on September 3rd must wear their summer uniform: white Southridge golf shirt, black shorts, white ankle socks, and black dress shoes.

Parent Coffee Hours

Although Southridge is a very busy place, we strongly believe in making connections with our parents and teachers. We have planned a coffee hour once per year for all grade levels and this is a great time to have conversations and meet the teachers of your child. The coffee hour is from 7:30 – 8:30 a.m. in the Junior School Great Hall, and we would love to see as many parents as possible. Please check our school website for these dates, and mark them on your calendar so that you can attend that day.

Kindergarten Orientation and Gradual Entry Process

All kindergarten children will attend school on Friday, September 5th, from 8:00 - 10:30 a.m. (no lunch will be needed, just a snack). During the first full week of school, there will be a gradual entry process in place for all Kindergarten students.

No lunch will be needed until Thursday, September 11th, 2014. Kindergarten will extend until 3:00 on Wednesday, October 1st, 2014.

Monday, September 8	8:00 a.m. - noon (Full school assembly in morning 9:40 - 10:30 a.m.)
Tuesday, September 9	8:00 a.m. - noon
Wednesday, September 10	8:00 a.m. - noon
Thursday, September 11	8:00 a.m. - 2:00 p.m.
Friday, September 12	8:00 a.m. - 2:00 p.m.

Full School Assembly

Please set aside time to attend our first full school assembly on Wednesday, September 10th, 2014 at 9:40 – 10:30 a.m. in our Senior School gym. There will be special presentations and introductions to start off the school year in a very positive way. All students need to wear their green sweater or vest on this day. Kindergarten parents will definitely want to attend this event.

Picture Day

Artona Photographers will be here on Tuesday, September 9th, 2014 and we ask that all students wear their winter uniform that day.

Meet the Teacher Evening - Thursday, September 18th, 2014 from 7:00 – 8:00 p.m.

Please plan to attend our meet the teacher evening on Thursday September 18th at 7:00 p.m. This provides an excellent opportunity for you to connect with our classroom teachers and understand the routines and expectations in each class. Earlier in the evening, we are also offering an **'Introduction to PYP'** (Primary Years Programme) to any of our new families from 6:00 – 6:45 p.m. that evening to explain the philosophy and teaching practices of an International Baccalaureate World School (IB). Ms. Shanaz Ramji-Motani, our PYP Coordinator, will be pleased and honoured to explain our programme.

Outdoor Education Camp Dates

All students in Grade 4 through 7 will be going on exciting adventures during the year. Please note that a decision has been made to have the Grade 5 students attend their camp in the fall so that all MYP students have this valuable experience at the same time. Here are the dates of the trips:

Grade 4: Sea-to-Sky Outdoor School, Web Weavers Program, June 10 - 12, 2015 (compulsory)
Grade 5: Camp Elphinstone- YMCA Program, September 22 - 24, 2014 (compulsory)
Grade 6: Camp Qwanoes, Adventure Program, September 23 - September 26, 2014 (compulsory)
Grade 7: Camp Summit Outdoor Camp, September 23 - September 26, 2014 (compulsory)

Outdoor Education Parent Information Sessions - Thursday, September 18, 2014

As we have outdoor education outings in mid-September, we will be hosting Parent Information Evenings on the same evening as 'Meet the Teacher' night. The time and location will be as follows:

Grade Five 6:00 - 6:50 p.m. Mr. Best's classroom
Grade Six 6:00 - 6:50 p.m. Mr. Anderson's classroom
Grade Seven 6:00 - 6:50 p.m. Ms. McNeil's classroom

Communicating Scheduled Late Arrivals and Unscheduled Sickesses

Remember that absences and late arrivals must be called into the school. If it is more convenient for you, simply call the school before it opens in the morning (or even the night before) and leave a message regarding your child's situation. You may also email Barb Schaub at attendance@southridge.bc.ca and leave an email communication. Even if you communicate your child's teacher, we cannot guarantee that this message will be forwarded to the office. Please ensure this communication to the office comes directly from you. This will help us keep on top of our attendance records. Thanks for your help. Additionally, please ensure that each school day you do not drop off your child any earlier than 7:40 a.m. as appropriate supervision will not be available until that time.

School Uniforms

There have been virtually no changes to the school uniform over the summer. Please ensure that your child attends the first day of school dressed properly. Boys' hair must be tidy in appearance, and its length must be off the collar with the earlobe showing. Uniform regulations include *no dying of hair*. If your son or daughter's hair had an adjustment to its colour over the summer, kindly ensure that it is back to its natural tone by September 4th, 2014. **Students who attend school in violation of our uniform regulations (including dyed hair) will not be permitted to attend class until such time that their uniform infractions have been ameliorated.** Of course, the overriding principle of the Southridge uniform is that the students wear them with pride. Shoes should be polished, and the uniform should be neat and clean. Recall that the students are representatives of Southridge and are recognized because of the uniform. I know our students are proud of our school - let that be reflected in the pride of wearing the uniform well. Thanks for your cooperation.

FSA Testing: Grade 4 and 7 Students

FSA testing (Foundation Skills Assessment/ BC) dates have been set for January 26 to February 22, 2015. It is our intent that all Grade 4 and 7 students participate in these assessments during the **first two weeks of February**, so that we can properly assess and continue on with our programming. Please be mindful of these dates as you plan appointments for February.

Senior School News

Welcome to and welcome back!

To all of our new families at Southridge we look forward to helping you make a smooth transition to our community. For returning families, we hope the coming year provides many opportunities for growth and success for your children. The dates below are intended to give you an idea of some key events in the Senior School over the first few weeks of the year. Please refer to the Parent Resource Centre in the parent portal of the new school website for all pertinent documents and information regarding school opening and especially for the calendar.

Back to School

School reopens for classes on Thursday, September 4th at 8:00 a.m.

Faculty Brochure - Meet Our Wonderful Staff

We are pleased to announce that once again, our Faculty Brochure is available online. It's a great way to get to know the new teachers and staff that have joined us this year and acquaint you with the rest of the faculty and staff. Please take a moment to peruse the brochure before school starts.

New Student Orientation

In order to make the transition for new students to the Senior School, including our Grade 8 students that graduated from our Junior School, we have arranged an informal meeting the day before classes begin on Wednesday, September 3rd at 9:00 a.m. Returning students acting as buddies are to arrive at 8:00 a.m. This includes the entire Grade 12 class.

We have established “a buddy” for each new student, likely from the same house. For our Grade 8 students, this buddy will be a Grade 12 student. The buddy will give a tour of the school to the group and each student will get a chance to meet their advisor to briefly go over their schedules and answer any questions they may have. In addition to an orientation to the academic component of Southridge, the students also have a chance to meet their House Captains, who have organized some fun and games, from 10:00 a.m. to 11:00 a.m. that morning. We will also be offering some refreshments. The dress for this event is summer school uniform.

Coffee will be served in the cafeteria for parents who wish to wait for their children. We encourage parents to take this opportunity to meet other new and current Southridge parents.

Over the first few weeks of school the buddy checks in regularly with his/her new student to ensure everyone is connecting and finding their way around their new and exciting environment. The new student’s advisor will also ensure that the transition to Southridge is as smooth as possible.

Laptop Rollout Plans

The laptop orientation and rollout procedures occur for Grade 8 and new Grade 9 - 12 students on Wednesday, September 3rd at 11:00 a.m. In addition, our Grade 12 students will receive their laptops. All other students will receive their laptops during the first morning (Thursday, September 4th). More information about the Laptop Acceptable Use Policy can be found in the summer mail package.

Welcome Back BBQ

This year’s Welcome Back event will be held Friday, September 12th from 3:00 - 5:00 p.m., immediately after school. All students and parents are invited and encouraged to stay for a chance to meet teachers and socialize with other Southridge families.

Senior School Fall Sports

Sports in the fall include Soccer (Boys), Swimming (Coed), Field Hockey (Girls) and Volleyball (Girls). Those students who do not compete on school’s teams will have an opportunity to participate in other fitness activities such as recreational running, aerobics and weight training. Please note that all Grade 8 students are required to try out for a competitive team each term before choosing another athletic option.

Houses

All students in Grade 8 - 12 will remain on their current house teams, which they will represent during various events and competitions throughout the year. Students new to Southridge will be assigned to one of our four houses, which are Lightning, Hurricane, Thunder and Blizzard. New students will learn of their house affiliations on the New Student Orientation day.

Uniform Reminders

Summer dress is in effect in the Senior School until the end of September. The only exception to this routine will be on student photo day, September 10th. Students must attend school on this day in full winter uniform, including blazers. Blazers must be worn to all assemblies. Details of appearance and uniform will be covered in the students’ handbooks, which will be distributed on the first day of school. Please check the school website for further details on the Uniform Shop’s hours of operation.

Please ensure that your child has an appropriate haircut and hair colour and/or kilt length prior to the beginning of school. In addition, this is a reminder that the only acceptable footwear is black, polishable leather dress shoes.

Arrival and Departure Times

Students from Grade 8 to 12 must arrive at school between 7:45 and 8:00 a.m. Traffic in the morning is congested so please take this into consideration when planning your morning commute. It is critical that students are here in time for advisory group in the morning to have attendance taken and to confer with their advisor.

Many school activities, such as sports and clubs, take place after school between 3:00 and 5:00 p.m.

Student Timetables

Student timetables will be available for pick up from their advisors the morning of the New Student Orientation or on the first day of school.

I hope that everyone has had a wonderful summer holiday. If you have any questions about this letter or school start-up, please don't hesitate to contact the school. We are excited to continue to implement the plan for our Senior School Educational Program (SSEP) this coming year. We will be communicating through the Southridge Wednesday along with other opportunities for parents and students to learn about these new developments. I look forward to seeing all of you soon!

Mr. Doug Palm
Head of Senior School

Grade 12 Students & Student Buddies

New Student Orientation day is almost here! Mr. Dods and I would like to remind all Grade 12 students and assigned student buddies from Grade 9 to 11 that New Student Orientation day is taking place on Wednesday, September 3rd. Please arrive promptly at 8 a.m. in your summer uniform. Check your school email for more details. We look forward to seeing all of you and are so grateful that you are such welcoming ambassadors to the Southridge community.

Ms. Nolan Wood
Upper Division Coordinator

Grad Parent Volunteers

If you are interested in assisting with the grad committee this year we are looking for one volunteer to help communicate fundraisers, events, and updates to the graduating class. We are also looking for ten parent volunteers to assist with the creation of the grad photobooks. Every year the grad committee works on the individualized photobooks that are given to the students as a farewell present to the grads, but it is a yearlong project and we do require parents to assist the grads to ensure that the books are meaningful and special for each student. Please contact Heather Mosher (hmosher@southridge.bc.ca) if you are interested in helping with one of these roles or if you are able to assist with specific fundraisers or events throughout the year. Thank you!

Ms. Heather Mosher
Education Technology Coordinator

Used Uniform Sales

The grad committee will be running their used uniform sale on September 9th, 10th and 11th afterschool from 2:30 p.m. to 4:00 p.m. in the Junior School Great Hall. We will be accepting used uniform items as donation throughout the year (please drop off at the Senior School office, attention to Heather Mosher). With the changeover of the new uniform items, we are still taking in old uniform items as we will be recycling them. Thank you for all of your support!

India Service Trip – March 2015

As we start a new school year in service and experiential learning, we are pleased to say that we still have several spots available for any student in Grade 8 - 12 who is interested in participating in a service trip to Udaipur, India during Spring Break. Our third visit to the rural village of Lai, just outside the beautiful city of Udaipur, renowned for its palaces and six-star hotels and nicknamed the 'Venice of the East', offers an interesting study in the extremes of Indian society. Our students will continue working on school building projects, as well as connecting with the village inhabitants. A deposit of \$1,000.00 payable to Southridge is due no later than September 30th, and the full cost of the trip is \$5,000.00. For more information, contact Mr. Weaver at dweaver@southridge.bc.ca or 604-542-1796.

Mr. Daryl Weaver
Assistant Head of Senior School
Director of Experiential Education

Strathcona and Grade 8 Transition Evening

Welcome back!! I hope that everyone had a restful summer and was able to recharge for another school year. It is exciting to see returning students and welcome new ones into our community. The Strathcona trip, which is mandatory for all Grade 8 and 9 students, will take place from Sunday, September 28th to Friday, October 3rd. There will be a meeting to help inform parents about the details of this trip on Thursday, September 11th.

On the this same evening there will be opportunity to provide information and answer questions regarding the transition of Grade 8 students into the Senior School.

Date: Thursday, September 11th, 2014

- Grade 9 Strathcona Parent Meeting/Questions: 6:30 - 7:00 p.m.
- Grade 8 Strathcona Parent Meeting/Questions: 7:00 - 7:45 p.m.
- Grade 8 Transition Information: 7:45 - 8:00 p.m.

Mr. Norman Dods
Lower Division Coordinator

News for Both Schools

Kick start the Year with the First Full - School Event!

Mark your calendar and join us after school on September 12th as we welcome back all our families in both the Junior and Senior Schools. This is an excellent opportunity for new families to get involved in our community and we encourage everyone to mix and mingle with the faculty and staff.

Hamburgers, hot dogs, and snacks will be served, along with the famous root beer floats! Students can enjoy a movie in the gym with popcorn and participate in a "Scavenger Hunt" to win special prizes. Also, there is an opportunity to have your family photo taken in the Senior School gym.

Parents . . . Looking for ways to help out at the school? Please check out the Volunteer Fair in the Junior School Great Hall for volunteering opportunities at the school.

Thank you to those who have signed up to help with this event. We are still looking for more volunteers, so please email Azeem and Zehra Moledina at azeem.moledina@cleartrust.ca and info@angelslearningcentres.com.

We are looking forward to having you back at school and recharging our Southridge Community Spirit!

(On-site parking is limited - please refer to future issues of "The Wednesday" for more event details). Thank you!

Azeem and Zehra Moledina
Welcome Back BBQ Co-chairs

News from the Volunteer Committee

Welcome back parents! We hope that you are excited for the upcoming school year and eager to get plugged in to all that is happening. We would like to bring a few opportunities to your attention as you look for ways to engage with the school community:

- Volunteers are still needed for the Welcome Back BBQ on September 12th - contact Azeem Moledina directly at azeem.moledina@cleartrust.ca for more information.
- Junior School class parent volunteer positions will open up online (in the Volunteer Corner) on Friday, August 29th. Returning parents are encouraged to sign up for these first-come assignments.

- Junior School office help is still looking for 3 more volunteers! Contact Stephanie directly with any questions at nuffers@ymail.com.
- Terry Fox Run and picture day are right around the corner and will need volunteers. Select “School Events” once you log into the Campbrain site to see all the school events throughout the year. Don’t forget to hit ‘submit’ at the end!
- Playground, hot lunch, baking, library, etc. still have a lot of vacancies. Sign up online today to get your preferred positions.

If you are having trouble navigating the new website, here are some step-by-step instructions:

- 1) Login to the parent portal (top right corner of the school’s main webpage - click on ‘Parents’)
- 2) Your login information was sent to you over the summer (look for an email from Debbie MacDougall)
- 3) If your login information is not working OR you cannot find that email, contact Alan McInnes at amcinnnes@southridge.bc.ca
- 4) Once you are logged in, click on “Volunteer Corner” in the left menu.
- 5) Click on the orange “Volunteer Now” button to see all the great ways to get involved! Most job descriptions are posted on the bottom of the page.
- 6) Once you are ready to sign-up, click on the orange “Volunteer Now” button. This will take you to a new website.
- 7) If you have not yet signed up to volunteer this year, you will need to create a new account. Your name and password can be the same as your parent portal name and password.
- 8) Once you have logged in, start a new application for ‘Southridge Volunteers 2014-2015’. Click on ‘Continue’.
- 9) Either select yourself as a volunteer or create a new volunteer. Remember, you can also add your spouse and sign them up for some great positions!
- 10) Select the type of position you are looking for (Volunteer Opportunities - Junior School, Senior School and/or School Events)
- 11) Select the jobs you want and then click on ‘Continue’. (Note: The ‘read more’ option is not available right now - we are still working on some of the new web pages).
- 12) Enter your birthdate (to avoid duplicates), phone number and email. These will be sent to Department Heads so that they can contact you about shift preferences, etc. Click ‘Continue’.
- 13) If everything looks good and you do not want to add your spouse, click on submit! You have not signed up until you click on ‘Submit.’
- 14) That’s it! For most positions, you will get an email and/or phone call about your selection from another parent volunteer. Make sure that you have submitted a criminal record check if it is a pre-requisite and you did not do it last year!

Do you have volunteering questions? Contact Rachael at volunteer@southridge.bc.ca or visit the Volunteer Committee at the Welcome Back BBQ in the Junior School Great Hall. We are happy to find the best fit for you this year. The BBQ will be from 3:00 –5:00 p.m. on Friday, September 12th. We look forward to working with you this year!

Volunteer Committee

Southridge Café

I would like to take the opportunity to welcome everyone to the new school year. It has been an exciting opportunity to be back and reconnect with staff and students I have had the privilege of serving from the Southridge Café and just as exciting to meet some new staff and students that have joined the school. It will be a stimulating year for us, full of well-balanced meals.

Introducing the new “Create Your Own Salad Bar” for \$6.00. Choices from spinach, romaine and 6 choices of all the fixing from chicken, shrimp, ham, beans, tofu, hard boiled eggs, pickled beets and more.

The Southridge Café is an enticing place for your senses as we offer a wide range of delicious culinary delights such as freshly baked scones and muffins each morning, and everyone’s favorite, chocolate croissants. And let’s not forget soft &

chewy M&M cookies. If breakfast is your forte don't forget to grab a breakfast wrap made with a 100% whole wheat tortilla. Vegetarian wraps also available. Add hash browns and coffee, tea or juice for \$5.00.

The Southridge Café feature meals are the pinnacle of the day. We will feature specialities each day and it will always be something unique. Monday through Friday will be a rotating menu with balanced meals coinciding with government regulations.

When you have a few minutes to spare, come into the Southridge Café for a cup of coffee, a hot chocolate or a tea and enjoy a freshly baked muffin, cookie or even a mini brownie.

Look for my "Chef Tip of the Day" and feature recipe in upcoming Southridge newsletters.

A Note to All Teachers and Faculty Staff

The cafeteria aspires to cater you're meetings, luncheons, seminars or after school activities, with a customized a menu to suit your budget.

On behalf of our kitchen staff, Judy, Eric and I, we look forward to serving you this year.

Mr. Mike Leif
Chef/Manager

Mango Chicken Wrap

Yields : 5 Wraps

- 250 g [Chicken, 1/2" Diced, Cooked](#),
- 150 g [Mango Chunks, Frozen-IQF](#) or Fresh
- 48 mL [Mayonnaise, Half the Fat](#)
- 32 mL [Sour Cream, 1 %](#),
- 1.6 g [Cilantro, Fresh, Chopped](#)
- 9 mL [Spice, Curry Powder](#)
- 6 mL [Orange, Peel, Fresh, Grated](#)
- 5 each [Tortilla Wrap, Whole Wheat, So Sensible, 10", CDN, Frozen](#)
- 142 g [Lettuce, Leaf, Fresh, Shredded](#)

1. In a large bowl, mix mayonnaise, sour cream, chopped cilantro, curry powder and orange zest together. Add chopped cooked chicken and mango.

Note: 1 average orange = 2 T (30 mL) zest

2. For each Wrap:
 - 1 tortilla;
 - 85 g chicken salad mixture;
 - 28 g shredded lettuce.
 - Also other ingredients you wish

3. Wrap tortilla burrito style.
COLD HOLDING: Maintain internal cold holding temperature at 40°F (4°C) or less. (CCP)

Chef Tip of the Day

Look for a few things...

1. **Colour:** There are many different varieties of mangos. Some go from green to red, some end up orange, some start off yellow and end up orange. So once you're familiar with the type of mango you're buying, you can get an idea of what a ripe one looks like.
2. **Smell:** A ripe mango will smell sweet. Check near the stem end, the smell should be stronger there. You should smell it and think "mango". Smell is a large part of your taste, so it should be very familiar.
3. **Firmness:** Mangos, like peaches will soften as they ripen. Just as it starts to go from firm to soft, it is just about ripe.
4. **Weight:** With most fruit you can tell their ripeness by their weight. A riper fruit will be slightly heavier than an unripe one.