

Southridge Wednesday

14-15
No. 05

A Weekly Publication of Southridge School

October 1st, 2014

Head of School

Campus Master Plan Developments

The third priority of our strategic plan is to develop a long term vision for our campus. This involves taking action to develop a campus master plan that will be reflective of future program developments while inspiring the mission and vision of our school. We know that our campus plays a critical role in serving and providing our students, faculty and families with facilities that support our mission, excellent educational programs, memories, traditions and ties to our school and our community.

Phase One of our Campus Master Plan Committee's work was devoted to hiring an architectural firm that will work collaboratively with our community to develop a long term vision for our campus. Phase Two of the committee's work will be to coordinate the work of the architectural firm over the course of our campus master plan's development. The Campus Master Plan Committee is a committee struck by the Board. It is composed of Board and Senior Management Team members.

Our architect team (Simon Richards from Cornerstone Planning Group and Les Andrew from Andrew Incorporated Architects) first visited Southridge over the course of a week in May 2014. They met with the Campus Master Plan Committee, our teachers, our administrative staff and our leadership teams in both small and large groups to develop a good understanding of our school's needs as they relate to possible educational program developments.

Next week, our architects will be returning to Southridge to meet with the committee, groups of teachers and administrative staff in small workshops. In essence, our architects will be paraphrasing back to us what they heard during their visit in May. They will review the input and understandings they gathered during meetings, modify and/or refine them as appropriate, generate more detailed information and identify both issues and conceptual ideas. The input from the visit next week will be applied to the generation of campus plan development priorities and options that will be reviewed in the next stage of our campus plan's development.

Please keep in mind that we are in the initial phases of developing our campus master plan. As we make progress over the coming months there will opportunities for students, parents and alumni to be involved. I will most certainly keep you posted in future *Southridge Wednesday* articles about our plan's development.

Alexa's Bus Unveiled

Congratulations to Mrs. Middelaer and her family for reaching an important milestone in their journey toward realizing their dreams and aspirations. After years of thoughtful planning, productive collaboration and significant fundraising, Alexa's Bus will be unveiled this Friday morning at 10:30 a.m. at the Justice Institute in New Westminster. On behalf of Southridge, I congratulate the Middelaer family and applaud their fantastic contribution to our provincial community.

Have a wonderful week!

Mr. Drew Stephens
Head of School

Important Dates			
Event	Date	Time	Location
Leadership Experience Week (LEW)	September 29 th to October 3 rd , 2014	All Day	Senior School

Junior School News

Leadership and learning are indispensable to each other.

John F. Kennedy

If we are truly aspiring to build leaders at Southridge, we must in turn, provide opportunities to lead. For some time, we have been carefully considering ways to expand student leadership opportunities, especially for our upper grade levels. This is in keeping with our focus on community service, and also providing developmentally appropriate chances for older students to experience increased responsibilities.

Our oldest students may now assume a position as a Student Ambassador; in total, 28 positions will be available in each of the 3 terms. Student Ambassadors include the traditional 8 House Captains, as well as 4 Birthday Ambassadors, 2 Athletic Ambassadors, 10 Fair Play Ambassadors, and 4 School Tour Ambassadors. In a variety of ways, each of these positions allows students to connect with others in their community, act as a role model, and spread positive school spirit. Students can serve as an Ambassador in more than one term, but they cannot serve more than once in the same position. We are so proud to have them serve our school, making a difference each and every day.

The Student Ambassadors for this term are as follows:

Birthday Ambassadors:

- Braeden Mussato
- Anokh Gill
- Elizabeth Stewart
- Emma Hoglund

House Captains:

- Indiana Buchinski (Hawks)
- Mizan Hemani (Hawks)
- Summer Sandhu (Otters)
- William Liu (Otters)
- Mila Vipond (Ravens)
- Armaan Randhawa (Ravens)
- Jayda Anderson (Chinooks)
- Harrison Hughes (Chinooks)

Athletic Ambassadors:

- Brandt Muncey- Buckley, Maya Kobylanski

Fair Play Ambassadors:

- Tom Bowie
- Carmen Brar
- Connor Bell
- Rhea Sidhu
- Jeremy Flather
- Cindy Shu
- Taij Sall

- Erin Kwak
- Serina St. James
- Syra Aujla

School Tour Ambassadors:

- Will Markey
- Julia Thind
- Graeme Lister
- Kate Maguire

Have a great week serving others and making a difference,

Mrs. Laurel Middelaer
Assistant Head/Head of Junior School

Winter Uniform

Today, Wednesday, October 1st, 2014, the winter uniform becomes mandatory. Just to remind students that the winter uniform includes the green school sweater, white dress shirt, school tie, black shoes, grey flannel pants for boys, tartan kilt for girls (hemmed no higher than 3 inches above the knee), dark grey socks for boys and black knee socks or tights for girls. Thank you for making sure the uniform is clean, pressed and worn in a smart manner. We are representing our school in our actions and deeds, but also attire. Let us represent the school well.

Junior School Terry Fox Run a Great Success!

The Junior School Terry Fox Run this year was a big hit! Even though it was raining at the start, the kids, family members, and teachers all had fun, and everyone enjoyed the freezies and orange slices at the end. Thank you to all the parent volunteers who helped with clean-up and set-up, and especially to our main parent organizer, Stephanie Schmidt. Thank you to the teachers for their support with the Terry Fox presentations in their classrooms and for helping the students on the day of the run.

We would also like to thank all of the enthusiastic kids and parents who participated and everyone who donated money to the cause. As Grade 7 student leaders, we were proud to be the hosts and organizers of this great event! Thanks again for everything that this community has done for the Terry Fox Foundation and the fight against cancer!

Syra Aujla
(for the Grade 7 Personal Development students)

Cross Country News

Thank you for the cross-country team who represented Southridge very well at our first meet of the season at Boundary Bay. The sun even came out near the end of the meet as we enjoyed our BBQ lunch provided by the organizers. As the Grade 6 and 7 classes were away at camp we had a smaller team, but we ran hard and showed good sportsmanship.

Thank you to our parent helpers who stayed to help out at the start line and after the race.

Congratulations to our 4 medal winners: Lizzy Lawson, Sophia Howie, Ellie Choong, and Lochlan Abell.

Congratulations to all the runners who joined us at Bear Creek Park on Saturday, September 27th for the second race of the season. Once again, we had a great turn out and all the athletes ran their very best. The Grade 3 participants were not given placements as the emphasis is on participation and not competition. We had many students from Grades 4 - 7 who placed in the top 15 and the results are as follows:

For Grade 4: Elizabeth Lawson (4th), Jordyn Reed (10th), Lochlan Abell (11th), Bella Howe (11th), William Blake (12th),
For Grade 5: Liam Kobylanski (3rd)
For Grade 6: Stephanie Lee (6th)
For Grade 7: Maya Kobylanski (3rd), Graeme Lister (6th)

We are looking forward to the next meet on Saturday at Crescent Park. Way to go team!

Mrs. Samara Ridley-Thomas, Kindergarten Teacher
and Mrs. Cindy Khangura, Grade 3 Teacher

Senior School News

Mini School Night - Thank You!

I want to thank so many of you for attending our Mini School Night last Wednesday evening. It was a very strong turnout which is a testament to your interest and commitment to your child's learning, which we value greatly.

The evening is an opportunity to acquaint and re-acquaint with the faculty that will be working most closely with you this year, especially your child's Advisor. Each student's Advisor acts as an advocate to oversee your child's overall wellness at the school and should also be the primary liaison for any concerns or positive feedback you may have throughout the year.

In addition, you had the chance to meet with most of your child's teachers and a chance to learn more about the course and any expectations that were outlined. I know that our faculty was excited to share their passion for their subject area as well as how they will be facilitating discussion in each class.

I wish to remind everyone that the Mini School Night is just the beginning to the communication with regards to each student's progress. Faculty will continue to contact you should they feel there are any concerns or successes to be shared. In addition, there will be the regular reporting points along the way. Our Student Led Conferences (SLC's) in February will also allow parents to connect again with Advisors as your child reflects on their own progress.

Please feel free to contact any member of staff if you have a question about their class or a co-curricular activity they are sponsoring (either athletic or non-athletic). We are always happy to meet in person to discuss any point and encourage you to engage in this opportunity. Once again, thank you to those that attended the evening, and for those that were unable to do so, please connect with us should you wish.

Parking Lot Reminder - Senior School

Each afternoon you will see me on "Parking Duty". After observing the end of the day pick up, it seems prudent to review and/or introduce the traffic flow process.

Safety is always a constant priority and focus at Southridge and we want to ensure this focus continues in our parking areas.

1. If you are picking up or dropping off a Senior School student, enter the school from the gate where the traffic light is located.
2. Travel along the roadway around the turf field and towards the Senior School building. Here there are two lanes. One is a "through" lane and the other lane closest to the fields is "wait" lane. If you plan on waiting, please remain in this lane.
3. The inside lane is a "through" lane and should only be used if you plan to drive by the school and keep going or if your child is ready to "jump" into the car right away. You may loop around the commons area if you wish to remain in this lane, but please do not stop and wait in this lane.
4. Once you have turned the corner towards the Senior School, the roadway splits into three lanes. The centre lane remains the "through" lane. The two outside lanes allow you to wait for your child. If there are no openings, please wait patiently in the "wait" lane by the field.
5. Note: at 3:00 p.m. we have over 600 students being picked up at both schools.
6. Drive cautiously and with a heightened sense that students are walking onto the road to get into cars. Please help ensure we keep these important people safe.
7. Finally, when it is raining, pick up becomes less efficient and there seems to be less patience amongst our drivers. This is a worrying combination as students run to cars to avoid getting wet. With visibility impaired, please be extra cautious and take your time.

Mr. Doug Palm
Head of Senior School

Lightening Lake Chain Canoe Trip

Mr. Burrage, Ms. Alexandra, Jeanne, Ji Sue, Jamie, and I departed the school on Thursday morning; it was a dreary rainy day. The bus ride to Manning Park was uneventful; however, we listened to some great country songs to help us forget about the rain. Upon arrival at the campsite, we decided to set up camp prior to going on a hike. Several people on the trip were using the trip for their Duke of Edinburgh's Gold award; this prompted us to incorporate and teach knot tying and other necessary, but useful, skills into what we were doing. Once we had our tents set up, we went for a short hike around the first two lakes in the Lightning Lake chain. We were able to walk down a portion of the trail to see what the conditions were like for our portage. We promptly returned to start cooking our dinner; dinner included several interesting foods such as venison.

We awoke at a reasonable hour the next morning, packed up, and took everything down to the lake to set out on our voyage. The weather was pretty good as we took to the boats, and headed across the largest lake, Lightning Lake. It was a great day to be on the water as there was little to no wind and it wasn't raining. We made our way between the three lakes, having portaged twice with a total distance of around 2.5 km of portaging. Now 2.5 km of pushing a canoe while carrying big bags may seem like a gigantic slog, however it went by much faster than you'd expect. We arrived at our campsite after several hours of paddling and portaging. The site was in a clearing in the forest, right next to a lazy river. The weather held up, adding to the overall great day of canoeing.

The third day was our hiking day. Our little group hiked to the fourth, and last, lake in the Lightning Lake chain. It was a hot day and there wasn't a single cloud in the sky. The trail was fantastically scenic going through the mountains. Eventually you could start to see a miniscule bit of the lake over the crest of one of the hills; it looked incredible. The hike took us through a dry riverbed until we finally got to the lake. We went swimming in the glacially fed lake to cool off after the hike. The water was pristine and clearer than any lake you've ever seen. After a quick dip, we dried off and headed back to camp.

It was not fun packing up on the fourth morning. We were all having such a great time and we didn't want to leave. The entire trip home was incredible. The sun was out from the get go, and it was super hot. The water was like glass and the mountain was reflected on the lake as if it were a mirror. Along the way, we were able to stop and practice our casting skills. Ms. Alexandra caught a fish but she let it go as there wasn't enough time to clean it and eat it. We got back to the bus in the early afternoon and we left for home at a good time. We stopped at Tim Horton's on the way home and were very surprised to see Mr. Hinnell, former deputy head of Senior School.

I think I can speak for everyone in saying that the trip was amazing. We had a ton of fun canoeing and just generally joking around. I would highly recommend to anyone interested, that they go on this trip next year. As always, feel free to talk to me about any questions you may have.

Jake Strecker
Outdoor Education Steward

Semiahmoo House Dance!

This Friday, October 3rd, the students in Grade 10 are hosting a Semiahmoo House dance at the Senior School. There will be dancing, nail painting, food, and fun games! Although it's the Grade 10's planning the event, we would really appreciate if there were any baked goods! If you would like to contribute a baked item, please drop it off in the school cafeteria on Friday morning! Thank you!

Queenie, Jade & the Grade 10's!

News for Both Schools

Mark Your Calendar for Our First Guest Speaker Event - October 16th at 7:00 p.m.

Southridge is fortunate to be hosting Dr. Shimi Kang as our first guest speaker of the year on October 16th at 7:00 p.m. in the Junior School Great Hall. Dr. Kang is the author of the #1 Canadian best-selling book *The Dolphin Way: A Parent's Guide to Raising Healthy, Happy and Motivated Kids - Without Turning Into A Tiger*.

The Dolphin Way provides a guide to inspiring children to develop their own internal drive and develop a life-long love of learning. Drawing on the latest science of neuroscience and behavioural research, Dr. Shimi Kang proposes a powerful new

parenting model: the intelligent, joyful, playful, highly social dolphin. Dolphin parents focus on maintaining balance in their children's lives to gently and authoritatively guide them to lasting health, happiness and success.

Dr. Kang is an award-winning Harvard-trained doctor, researcher, media expert and lecturer on human motivation. She is the Medical Director for Child and Youth Mental Health for the Vancouver community, a Clinical Associate Professor at UBC and the founder of the Provincial Youth Concurrent Disorders Program at BC Children's Hospital.

Dr. Kang has helped hundreds of children, adolescents and parents move toward positive behaviours and better health. Dr. Kang received the Queen Elizabeth II Diamond Jubilee Medal for her years of outstanding community service.

Volunteer Opportunity: Parking Lot Traffic Controllers Needed

Throughout the year we require parents to assist with parking control. In particular, for the Open House on Tuesday, November 4th, we require 6 parents to assist from 5:30 p.m. to 7:00 p.m. If you can help, please sign up as a "Parking Lot Traffic Controller" online through the volunteer corner. Thank you.

Volunteer Committee

The Great Gatsby Gala is Just Around the Corner!

Now that your calendar is marked for November 15th, it's time to round up your friends and family to help us celebrate twenty great years of school community at The Great Gatsby Gala!

Get ready for a dazzling, fun-filled evening, as we salute our founding families and Alumni parents with a cocktail reception and jazz music provided by our own Senior School jazz band students, a gourmet buffet dinner created by Chef Dan Olson of Railtown Catering, a spirited live auction, unique silent auction, and dancing to the vibrant sounds of Dr. Strangelove. It's a celebration not to be missed, so [Click Here](#) to register now!

The Great Gatsby Gala Needs Your Support!

An impressive list of items is again being assembled for the live and silent auctions, which includes one-of-a-kind experiences and services, plus an assortment of exclusive and favourite products. The Gala's financial success is due to the generous support of our parents, relatives, grand-parents, alumni parents, friends and associates, who kindly donate an item or service to this memorable evening. Please consider this opportunity to commit to the power of our community and help our students make a difference in the world! [Click Here](#) to see our wish list of items or make an on-line donation.

Gala Sponsorship Options

It's through the cooperative efforts of our school community that Southridge has flourished and our continued growth and success is based on your support. We are very grateful to our past Gala sponsors, and in support of this year's Great Gatsby Gala, we hope to count on your contribution again. For more sponsor details, please [Click Here](#).

Southridge Café

A reminder to students: We have a "lost and found" area for items left behind in the cafeteria. If these items are not claimed at the end of the week, they are taken to the school's main lost and found area by the Senior School gym for you to pick up.

A reminder to parents: Please make cheques out to the "Compass Group" and ensure your child's student number is written on the cheque.

Mr. Mike Leif
Chef/Manager

Chef Tip of the Day - Sugar or No Sugar in Your Cobbler?

Fresh fruits, frozen fruits and berries may already contain enough sugar to sweeten your cobbler. When making cobbler, add sugar a little at a time and taste to test the sweetness. Usually cobbler recipes make a moderately sweet cobbler, but you may add sugar to taste depending on personal preference and sweetness of fruit. Cobblers taste best when served warm!

Aloo Gobi Potato & Cauliflower Curry

Ingredients:

- 1.2 kg Granny Smith Apples
- 68 g Granulated sugar
- 4.5 ml Ground Cinnamon
- 9 g Cornstarch
- 270g Cookie Mix, Oatmeal
- 30g Becel

Preparation

Method

1. Cut apples in slices.
 3. Mix sugar, cinnamon and cornstarch with apples..
 4. Mix cookie mix and melted margarine together. Sprinkle on top of apples.
 5. Bake in preheated 375°F (190°C) oven 30 - 40 minutes.
 6. Cut each 12" x 20" x 2" full sheet pan 5 x 8.
- Option: Serve warm or cold with ice cream or cheese.