

Southridge Wednesday

14-15

A Weekly Publication of Southridge School

November 12th, 2014

No. 11

Head of School

Our Awesome Community

Last week was a busy one! We hosted the CAIS accreditation visit from Sunday to Wednesday, the Open House on Tuesday evening and the Remembrance Day Ceremony on Friday morning. During this active week full of dynamic and lively engagement, consistent and important aspects about our community surfaced, and I asked our CAIS visiting committee to identify them for us.

During my exit interview with three members of the visiting committee on Wednesday afternoon, they responded to my question by emphasizing two distinct phrases from our literature and website material: Southridge is 'a light-hearted place of serious purpose' and 'we are all one.' I couldn't have been prouder.

Founding Headmaster Emeritus, Mr. Alan Brown, described the Southridge culture as a light-hearted place of serious purpose. For close to two decades, Mr. Brown's sentiment has rested in the background at Southridge influencing our culture in many ways - some subtle and others more deliberate. Until the recent CAIS accreditation visit, I was just thankful we had the words to describe our culture in such a disarmingly clear way. However, after receiving confirmation from a team of outsiders that our culture has remained true to Mr. Brown's original description, I felt honoured and affirmed - honoured that who we say we are has remained true, and affirmed that we continue to act and interact in ways that reflect the cultural heritage of our school.

The CAIS visiting committee was quite taken by the alignment within our community. They found that, regardless of with whom they spoke, there was an excellent understanding of the vision and mission of Southridge. In other words, the purpose of our school was clearly understood by our teachers, staff, students, parents and alumni. 'We are all one' was the phrase the visiting committee thought best encapsulated our community's shared understanding of purpose. The direction of Southridge that was forged twenty years ago is not only alive and well, but it also enjoys wide-spread understanding and reinforcement.

From the many conversations I have with Heads of School across Canada and the United States, I know that school culture and community purpose are two key building blocks of success that are far too often left unattended until it is too late. I think Southridge is extremely fortunate to have had a way of succinctly and neatly describing its culture and purpose since it was founded. As we open the next decade in our school's young history, I am confident that Southridge will continue to experience success due in very large part to those distinctive elements of our school - our culture and our purpose - that ground us in our heritage and inspire us toward the future.

Have a wonderful week!

Mr. Drew Stephens
Head of School

Important Dates			
Event	Date	Time	Location
Gala	Saturday, November 15 th	6:00 p.m.	Senior School Gym
PYP Parent Information Night	Wednesday, November 19 th	6:00 - 7:30 p.m.	Junior School
Grade 6 & 7 Dance	Friday, November 21 st	7:00 - 10:00 p.m.	Junior School Gym
Jr School AR Term Two Commences	Monday, November 24 th	All Day	Junior School
Casual Day	Friday, November 28 th	All Day	Both Schools
Senior School Concert: An Evening in December	Tuesday, December 9 th Wednesday, December 10 th	7:00 p.m.	Alan Brown Great Hall

Junior School News

This is Our School

Last week we were pleased to host the CAIS evaluation team as they met with our teachers, students and parents. We have been involved in a self-study for three years, and have done a complete analysis of our school, attempting to understand our strengths and opportunities for growth. It is very helpful to have ‘outside eyes’ come in and provide feedback, as although we have done the internal analysis, an outside lens is essential. Through the course of time here, they toured classrooms, met with our students and teachers honestly asking questions about our school. I had some very poignant feedback from a team member after they had spent time with eight of our students. Simply put, she stated that these students feel like this is ‘their school’; that they have ownership for the behaviour and conduct, and how the school feels. These words could not have been better received by me, as my goal is for all our students to feel connected, and that they have some influence on our school - making a difference each and every day. The school is stronger because of their influence, and the deliberate choices they make. Our hope is that our faculty, staff, students and parents feel like Southridge is truly their school, and to it we show pride, respect and commitment. I love that eight of our students expressed this so well- our goal is that all 681 feel this same way.

Have a great week.

Mrs. Laurel Middelaer
Assistant Head/Head of Junior School

Parking in Fire and Bus Lane

Vehicles will no longer be able to park in the fire and bus lane in front of our Junior School by the Grade 1 and Kindergarten classes. Parking there presents a safety risk that is no longer acceptable. Under no circumstances can we have vehicles idling or left unattended in that zone. Thank you for your respectful adherence to this safety rule.

AR Reading Cut-off Date for Grades 3 - 7, Monday, November 24th, 2014

Just a reminder to all students in Grade 3 that the last day for writing AR tests that count towards term one is on Monday, November 24th, 2014. It is helpful to know that this reminder is looming in order to avoid a last minute rush on test-writing. Ideally, students set realistic goals in consultation with their teachers, and the AR goal is manageable and attainable; we are just supporting good reading habits. However, we are mindful that lives get busy and knowledge of deadlines is very helpful.

Upcoming Christmas Concerts

Being mindful of the upcoming season and busy schedules, we would like to announce the dates of our Christmas concerts: Matinee performance on Tuesday, December 16th, 2014 at 1:30 p.m. and an evening performance on Wednesday, December 17th, 2014 at 6:30 p.m. We hope that our families will be able to attend one of these presentations.

Dismissal for Christmas Holidays and Return for Monday, January 12th, 2015 - Late Start

On Friday, December 19th, 2014, all students are dismissed at 12:00 p.m. At this time all students will receive their report card. Our Christmas break is three weeks this year. Please ensure your calendar is clearly marked for a return date of Monday, January 12th, 2015 (Day 2). Please also note that we have a late start that day and students need to arrive between 10:10 and 10:20 a.m. for a start time of 10:25 a.m. Please do not bring students any earlier as the faculty will be in meetings and unavailable to supervise.

Junior School Swim Team - Calling All Swimmers!

The Junior School swim team will be starting on Friday, November 21st, 2014. I would like to invite all students in Grades 3 to 7 who are interested in swimming and competing at all the swim meets for their specific grade. Practices will be on Fridays from 3:45 - 4:45 p.m. at the Surrey Sport and Leisure Complex on Fraser Hwy.

Practice dates are on the following Fridays:

November 21st, November 28th, December 12th, January 16th, January 23rd, January 30th and February 13th.

Each swimmer needs to be comfortable and confident in deep water and have taken swim lessons up to level 5. This means that your child is able to complete 25 meters of freestyle (front crawl) and backstroke, and learning to dive.

Our swim meet dates this year are:

- Monday, January 19th, 2015 - ISEA Jamboree in Victoria (Grades 3-5 only)
- Thursday, February 5th, 2015 - Southpointe Relay Meet at Watermania in Richmond
- February (date TBA) the ISEA Invitational Championships meet (coach invites swimmers Grades 3-7)

All swimmers are expected to attend the first 2 swim meets at their grade level. If our numbers exceed 60 swimmers, we will need to alternate practices like last year. More information will be sent out once all swimmers have signed-up.

Please have your child sign-up for the swim team from now until Friday, November 14th at Ms. Wray's classroom or by email. Please email me if you have any questions.

Ms. Trisha Wray
Swim Coach

PYP Parent Information Night - Wednesday, November 19th, 2014 from 6:00 - 7:30 p.m.

As a parent, it is very important to be well informed about the International Baccalaureate Primary Years Programme (PYP) your child is participating in from kindergarten to Grade 4. In order to foster awareness and understanding, the PYP faculty invites you to join us on **Wednesday, November 19th from 6:00 to 7:30 p.m.** for our PYP Parent Information Night.

This year, several members of the PYP faculty will be hosting 2 sessions for parents on various areas of the programme. These sessions are meant to create awareness, provide a forum for networking and dialogue, and provide tools and ideas on how to support your child's learning in the home. The two presentations will take place simultaneously and you will have an opportunity to choose the one that best suits your needs.

Session One: Inquiry and Inquiry Units in the PYP Classroom (presented in previous years)

Target audience: New parents to the PYP and for those who have not attended this session before

Venue: Junior School

Topics:

- What is inquiry?
- How do I support my child to become an inquirer and a thinker?
- Why is inquiry important in the PYP?
- What is an inquiry unit?
- What is a central idea?
- What are lines of inquiry?
- What is a trans-disciplinary theme?
- What can I do once I receive a note from my child's teacher about the new inquiry unit?

If you have been wondering about these questions, please join us on **Wednesday, November 19th from 6:00 - 7:30 p.m.** in the Junior School for a parent information session on inquiry and inquiry units. This session will highlight what inquiry is, why it is important, and the process used in exploring a unit of inquiry in the classroom. This session will enable you to gain a greater awareness of the trans-disciplinary themes covered in each grade and provide you with techniques on how you can support your child in the home. The session will be hands-on and discussion based.

Session Two: Assessment in the PYP Grades (new)

Target audience: Parents who have some experience with the PYP

Venue: Junior School

Topics:

- Does my child still get tests?
- What's a performance task or an open-ended task?
- What is assessment for learning?
- What is a rubric? Why are they commonly used?
- What is a formative and summative assessment?
- Why do students have portfolios? How do they help my child learn?
- What is a student-led conference? Why can't I just meet with my child's teacher instead?

- What does a 4, 3, or 2 mean on my child's work?
- How can I better understand the report card my child brings home?
- How do I support my child with the assessment feedback that he/she receives?

If you have been wondering about these questions, please join us on **Wednesday, November 19th** from **6:00 - 7:30 p.m.** in the Junior School for a parent information session on assessment. This session will address the questions above and will present ways that you can work with your child on assessment feedback.

In order to allow us to prepare for the sessions appropriately, please send an email to your class mom by **Thursday, November 13th** and indicate which session you are interested in attending. Your class mom will forward the information to Ms. Ramji-Motani who will ensure that you are registered for your session. We are hoping to have about 30-35 participants in each session and promise you an informative evening with opportunities to network and interact with fellow parents and teachers.

We look forward to seeing you on that day!

Ms. Ramji-Motani
IB-PYP Coordinator and PYP Faculty

PYP Skating

South Surrey Arena (2199 148th Street)

Cost: ice time to be covered by Southridge

Dress: come in PE strip and stay in it all day! Everyone **MUST** wear a **HELMET** including adults!!

We welcome all parents and younger siblings who wish to join us. Please come directly to the rink between 8:30 - 8:45 a.m. (The children should register with their classroom teacher and inform him/her if you required rent anything.) *EVERYONE is* required to wear a helmet on the ice.

Skating is 1 hour and we feel that the students should not need a snack before we get back to school. *Please refrain from bringing or buying snacks at the rink.* We will let the children have their snack immediately on returning back to school.

- Friday, December 5th from 8:45 - 9:45 a.m. (Day 3) classes: KCP, KSR-T 2JM, 3CK, 3SW
- Friday, December 12th from 8:45 - 9:45 a.m. (Day 2) classes: 1TD, 1RS, 2TW, 4RR, 4PH

PYP Feast - Joy Thursday, December 19th

Theme: Joy (note we have gone conceptual, it is a global concept)

Dress up: What kinds of clothes demonstrate joyfulness to you? Bright party clothes? Comfort?

Purpose: To promote the PYP community by coming together to celebrate. Promote relationships between grades. Provide leadership for Grade 4 students and to have fun!

We will begin with singing carols in the Junior School Great Hall and move to our multi-age groups to play games and make crafts. The actual eating or '*feasting*' begins at 11:30 a.m.

The signup sheets for volunteering will be posted by Tuesday, December 2nd outside of your child's classroom door. You may also be contacted via your room representative. We will need help with set-up, clean-up and food preparation. Jasmine Sandhu and Sabrina Pawa, are our parent volunteer co-coordinator for the feast. Thanks once again for all your support.

What do you need to do as a parent?

- Sign-up on the list outside of your child's classroom to bring food or to help with set-up and clean-up
- Help your child dress in 'theme wear' (remember its JOY so choose something that makes you feel joyful!)
- Any questions, email Jasmine Sandhu: jasmine_sandhu@live.com or Sabrina Pawa at sabrina_bagri@hotmail.com

Ms. Rowena Raber
Grade 4/PYP Division Leader

The Junior School Library Needs Your Help!

There are still many open shifts for Junior School library volunteers. Please sign-up through the Volunteer Corner of the parent portal, or email volunteer@southridge.bc.ca for details.

Senior School News

A Rewarding Week and Profession

This past week I was reminded how fortunate I am to work as a teacher, and especially at Southridge. It was no secret that we might have just come through one of our busiest weeks of the year with our Canadian Accredited Independent School (CAIS) accreditation visit, Open House, playoff games in athletics, a speaker during long Advisory and finally, our Remembrance Day assembly on Friday! Normally, one of these events in a week would represent a substantial level of energy, focus and dedication. To do all of these in one five day stretch reminded me of a superhero type of challenge. I won't try and make as though I wasn't weary at the end of the day on Friday, because I was.

Maybe I shouldn't admit this, but I was thinking of writing a blues-style tune called: *It's too bad it's Thursday (Wishin' it was Friday...)* However, at the end of the week, the reality was that I was feeling incredibly fortunate and quite inspired by all of these events of the week. Let me attempt to explain how this all came to pass.

As you will likely know from the many communications we have made about the CAIS visit, this has been a very comprehensive self-study that has occurred over the last three years and culminated in these nine visitors from various CAIS schools arriving to see our school in action! In my family, whenever a guest arrives, we like to ensure that we show respect to them by preparing things and ensuring we are ready to welcome them in an environment we are proud of sharing. This visit felt very much the same way and I was so impressed with how our students and families seemed to realize this fact. Throughout their stay from Sunday until Wednesday, I observed many instances where our students showed that warmth and care in taking time to say hello, help them find a room or an individual or just passionately answer a question about Southridge.

During this visit we also had our annual Open House and as I stated above, this is another time we want to share what Southridge is all about - the programs, the people, the facilities and the community. If you haven't had an opportunity to be a part of this evening, I always come away feeling as though I have been able to reach the heart of our school - literally. There is energy and enthusiasm from everyone involved as they ensure that our guests are getting as clear a picture of what makes up Southridge. This is done by being part of a jazz ensemble that shows the creative element in our music programs, participating in a practice in the gym that displays the effort and commitment towards a team and a goal. It can be by volunteering in a classroom demonstrating knowledge, skills and attitudes or explaining an amazing experiential educational experience such as an exchange, service trip or canoe trip. Finally, to watch a student take prospective parents and children on a tour is a rare treat as they emot about all aspects of the Senior School experience as they walk through the halls. Their faces literally 'light' up when they begin to explain something that excites them.

If this wasn't enough inspiration and affirmation for me, throughout the week we had a number of teams dedicated to playoff games in volleyball and soccer and our Field Hockey team departed to the Okanagan for the Provincial Championships. There were some really positive results in the Fraser Valley championships and opportunities for Provincial berths. I'll let the sports section of the Wednesday and the website have the privilege of elaborating on the results! I found the tenacious spirit and commitment of the athletes and coaches, not forgetting the parents that came out to cheer them on, to be inspiring even in the face of a tough defeat. And I always note the way our students are graceful in victory.

To conclude this incredibly busy week we enjoyed our Remembrance Day ceremony on Friday. If you'll notice, all the previous events have asked for our students to be energetic, enthusiastic and to moving and 'doing things'. The Remembrance Day ceremony asked them to change this tact and become quietly reflective, respectful and focused, especially if they were involved in the ceremony directly. Again, if you were able to enjoy the ceremony, you will know, in true Southridge fashion, the students were amazing - amazingly talented, amazingly inspiring and amazing in that they just "knew" how to show the proper respect towards the spirit of the day.

So, as I explained when I began this, I am a little weary from the incredible number of events we had happening, but more importantly, I have come away with many more reasons that I enjoy a unique profession that allows me the opportunity to be involved with such wonderful young people and their teachers and staff! I hope you have a great week!

An Intriguing Visit to the Ivy League

Last week I travelled to the U.S. northeast to connect with admissions officers and alumni at the dozen universities our students tend to apply to most often in the region, as well as to visit two impressive independent schools that follow a similar pedagogy to our own.

As I shared with our faculty last week, two of the highlights from my visit were:

- Every university, be it Harvard, MIT, Brown, Princeton, UPenn, or Swarthmore, was enthusiastic about our use of student-centred, discussion-based learning through the Harkness method. Many commented on the fact that they want students who can engage with ambiguity, argue a position, and see the other side of an issue. They are more interested in students who can communicate and collaborate, problem solve and find creative solutions, rather than simply score highly on a standardized test.
- Our alumni are doing fantastic things! At Harvard, I was inspired by former head girl Lauren Bromage (2013) and her work with underprivileged groups in the African-American and First Nations communities. On top of researching and fundraising for further studies in race relations, she represents Harvard on the basketball court, and may soon have her own show on Harvard radio. At Columbia University in New York City, Chris Kim (2012) dazzled me with his high-powered ambitions to work on Wall Street, after already completing a summer internship with a Manhattan-based financial investment group. Alice Kim (2011), currently attending prestigious Swarthmore College outside Philadelphia, has almost completed a rigorous program in French and English Literature. Her program included a year interning with the fashion magazine *Marie Claire* in Paris, a city she plans to return to work and live after graduation. Clearly, ‘making a difference in the world’ is much more than just a motto.

Above all, as always when I return to our community, I realized what a great place Southridge is. I am keen to keep working with all of our students in the university counselling office and in the classroom so that they can become the best versions of themselves.

Mr. Daryl Weaver
Director of Experiential Learning/University Counsellor/Assistant Head of Senior School

News from University Counselling: Universities are Visiting Southridge!

November is a busy month for university visits and information sessions at our school. Students are aware of the colleges and universities visit schedule by checking their Naviance/Family Connection account. Please note the following institutions that are visiting us:

UBC	Wednesday, November 12 th at 7:00 p.m., Senior School Great Hall (Parents are welcome)
McGill University	Friday, November 14 th at 9:00 a.m. in Room 123
Wilfrid Laurier	Monday, November 17 th at 11:40 a.m. in Room 123
University of Toronto	Tuesday, November 18 th at 3:00 p.m. in Room 121
University of Alberta	Monday, November 24 th at 3:00 p.m. in Room 121
Western University	Tuesday, November 25 th at 11:40 a.m. in Room 123
University of Calgary	Thursday, November 27 th at 3:00 p.m. in Room 121

Please note that Grade 12 students applying to these institutions should make every effort to attend the sessions. We also encourage Grade 11 students who have interests in any of these institutions to attend to find out more about programs and admission requirements.

Mrs. Yvette Livingston
Director of University Counselling

University Essay Workshops

In order to provide support and guidance to our graduates on preparing their applications and writing the supplemental essays or personal profiles, we are offering a series of three workshops. Faculty will be on-hand to coach, read through and edit these important essays that are now included in a number of university program applications. The first workshop was

held last Wednesday, October 29th in the Library and 22 students attended and received help with their essays. The other two workshops will be held:

- Thursday, November 6th from 3:00 to 4:00 p.m. in the Senior School Library
- Tuesday, November 18th from 3:00 to 4:00 p.m. in the Senior School Library

All 2015 grads are encouraged to attend at least one of these workshops.

Hot Off the Press! MacLean's University Report 2015

Check out the criteria and categories in which universities are ranked and see what students are saying about their undergraduate experiences.

<http://www.macleans.ca/education/unirankings/introducing-the-2015-macleans-university-rankings/>

New Directions in International Service

Southridge students have enjoyed the benefits of international service trip experiences since 2006, when we first traveled with Canada World Youth to Costa Rica. Since then, there have been twelve service trips involving over 200 students in these eye-opening, rigorous, and often transformational experiences. Since 2010, the program has focussed on alternating between visiting communities in Ecuador and Kenya during one Spring Break, followed by stops in India and Guatemala the next March.

The thinking behind this model was to establish four international `sister communities` for Southridge in each of these locations, and to establish long-term relationships with members of these communities, especially with the local students. Our goal was, and still is, to break down the barriers between us so that there is no longer an `us` and `them`, but rather a deeper understanding of each other that can only be created by forming personal relationships. In practice, this has proven difficult to realize in three of the four locations - India, Kenya, and Ecuador. The principal reason for this is that these communities are improving their conditions according to a very worthwhile development model of its own that stresses only short-term involvement. Simply put, this model involves Me To We, part of the Canadian organization Free The Children, working to enable these villages to become fully self-sufficient as quickly as possible. The result for us has been that we have been transferred from location to location each time we visit, and few strong bonds have been able to develop. As a result, we have actively researched alternative partner organizations and communities worldwide that would provide more sustainable relationships. Fortunately, the fourth community we have visited since 2012, Chivarabal, Guatemala, provides an excellent model. Through the grassroots organization, Project Somos, we have been able to form real connections on personal levels, so much so that this spring, students will be returning to reconnect with children and other local Mayans they first met three years ago. Furthermore, this relationship has spread beyond the biannual visits, with students volunteering locally for the Project, and our Spanish classes creating children's books for their community library. The potential for further connections is limitless and exciting.

Accordingly, this spring, you will hear about a new community in Uganda (which has been working with the parent organization of Project Somos for several years now) that we will replace our Kenya Project with starting in the spring of 2016. We are also actively looking at communities in Jamaica (to replace Ecuador) and Cambodia (to replace India) in the years ahead. Finally, there is the potential for us to create a connection with a First Nations community on the Sunshine Coast, a Canadian service trip experience that we have been keen to develop for many years now.

We welcome your feedback and input on our new directions in international service learning. Above all, we look forward to providing our students with educational, thought-provoking, physically stimulating, and transformational experiences all over the globe - a literal realization of our motto that `we are all one`.

Mr. Daryl Weaver
Director of Experiential Learning

Volleyball Playoffs!

The senior Girls Volleyball team has successfully extended their season, earning a place in the Fraser Valley Playoffs. This will be the second time the senior volleyball team has ever gone on to the provincial tournament in Southridge history. The ladies battled hard throughout regular season play winning eight of their ten matches and finished in 2nd place in the Fraser Valley league. Vivian Phan, Claudia Mitzel, and Stephanie Pak have showed outstanding leadership abilities on the court

consistently throughout the season. Rachel Edelmeier currently leads the team with the most dominant serve record and Camryn Vosloh is currently leading the team with the highest number of kills in a match.

The ladies play in the semi-final match on Wednesday, November 12th at 6:00 p.m. at Langley Christian High School. Come out and support the ladies! Thanks!

Ms. Calla Jones
Senior Girls Volleyball Coach

**Senior School Concert: An Evening in December
Tuesday, December 9th and Wednesday, December 10th at 7:00 p.m.**

An Evening in December, our annual feature of the fine and performing arts at Southridge, is rapidly approaching! We invite you to enjoy the sights and sounds of student talent, squander a laugh or two, and celebrate the accomplishments of these young musicians. Please plan on join us on one of the evenings.

In addition to hearing from our curricular and our co-curricular programs, we also like to hear from those in the student body with more individual contributions to offer. Perhaps you would like to sing a solo, perform a duet or trio, or even dance a number. Auditions will be held in the Music Room (#103) on Tuesday, November 18th at lunch. To be eligible for a solo spot, one must be well-prepared for the audition (including live accompaniment), and be available for the technical rehearsal on Friday, December 5th from 3:00 to 5:00 p.m., the dress rehearsal, Monday, December 8th from 8:30 - 11:30 a.m. and both evening concerts.

All students who are performing or working backstage at An Evening in December are expected to attend BOTH evenings! Speak with Mr. Burrage, Mr. Mitchell or Ms. Parker ASAP if you suspect a conflict.

Ms. Jenna Parker
Music Teacher

Dead Batteries

Have you ever wondered where to dispose your dead batteries? Do you not have a place to keep or recycle your dead batteries? You can just bring them to us! We have decided to start up a dead battery collection to help the environment. So, how will this help? Well, first of all, dead batteries are a danger if not disposed properly. They contain a variety of dangerous pollutants that harm the environment and us. These harmful things include lead, mercury, copper, zinc, manganese, and many other chemicals. Even though dead batteries no longer have the power to power, the remaining acids can still leak out and pollute the environment. When we collect them, every week we will take all of them to recycle. If everyone gives us the dead batteries, then we will also help the environment by recycling them in one trip, and saving gasoline. Bring in batteries now! There will be a blue bin by the Senior School front desk every school day. This service activity will continue for the whole year. Thank you for your support.

Trevor Fowler and Louie Lu
Grade 8 Students

Gift Cards for Sale

Thinking of purchasing some Cineplex gift cards for the movie fanatics in your family? Have a teenager who just got their license who would be thrilled to get some Chevron gift cards instead of buying gas themselves? Have a student studying across Canada and want to make sure they are getting their groceries? Want to impress your wife with a Spa Utopia gift card? Want to treat your staff to a coffee or two? Take a look at the grad's upcoming fundraiser and consider ordering your holiday gift cards through us! We appreciate all of your support!

Grad Committee

Purdy's Chocolate Orders

The 2015 Grads are holding their annual Purdy's Chocolate Fundraiser. If you would like to order chocolates for the holiday season, please go to www.purdysgpp.com and create an account that is linked to the grad **customer number: 24019**. Orders must be placed by **Friday, November 21st**.

Orders will be ready for pick up on **Monday, December 15th**. If you would like a paper copy of the order form, please pick one up at the Senior School reception. Thank you for all of your support! Please contact Ms. Mosher if you have any questions, at hmosher@southridge.bc.ca.

News for Both Schools

Gala Clean-up (Grads of 2015)

This is a reminder that the grads will be cleaning up after the Gala on Sunday, November 16th from 8:00 to 10:00 a.m. I am still looking for two parents to assist the grads with the clean-up. I will be attending the clean-up and leading the jobs that need to be done but I would appreciate a couple parents to help guide and lead the students in different tasks. Thank you.

Ms. Heather Mosher
Grad Coordinator

Open House Appreciation

We want to say a sincere thank you to everyone who helped to make our **20th Anniversary Open House** a wonderful evening for all who attended. With well over 500 guests, it may quite possibly have been our biggest Open House yet. A significant number of those in attendance were families who had not previously inquired or made a connection with us. Clearly an event of this size would not be possible without the amazing support of our community from parents to students, board members, staff and faculty. It is a true testament to the “Power of Community” that we highlight as one the many benefits of a Southridge education. Thank you again for all you do to make Southridge a vibrant and welcoming place.

The Admissions Team

Southridge Wellness Wednesday

I am happy to announce and welcome you to the Southridge Wellness page! Jackie Janzen, the Junior School guidance counsellor and I, the Senior School counsellor, will be using this space over the coming months to share some of our thoughts and resources to help us all in our pursuit of balanced living.

On October 16th the school was pleased to host Dr. Shimi Kang, well known researcher and author of the #1 best seller *The Dolphin Way A Parent's Guide to Raising Healthy, Happy, and Motivated Kids Without Turning Into a Tiger*. We had a great deal of feedback from parents who were pleased to hear and learn some of her suggestions and support for helping our children to become more adaptable and resilient. The video of her presentation can be viewed in the Parents' Portal in the Speaker Gallery.

Here is a summary of some of the key notes from her book and TED talk:

Why the Dolphin Way?

Dolphins have the 4 key skills identified for success in our rapidly changing 21st century. They all start with the letter C and are termed CQ - the integration of IQ and EQ.

CREATIVITY. Creativity has been identified by today's leaders as the most important competency for the future.

CRITICAL THINKING. It isn't knowing the “right answers” that counts, but rather knowing how to ask the “right questions” and work around problems that may have no clear solutions.

COMMUNICATION. You can have all the raw intelligence in the world, but if you can't express your thoughts effectively and in different media, it won't matter.

COLLABORATION. Whether it's in the family, the workplace, or the global community, being able to learn from and inspire others is key in today's interconnected world.

She also reminded families about the importance of P.O.D.

P. - Play

O. - Others (social bonding)

D. - Downtime

Some of the other concerns I hear from students and parents in my office are regarding shyness and anxiety, overscheduling as well as lack of sleep. Here are some links to share with you, I hope you find them helpful and thought provoking.

http://www.huffingtonpost.ca/dr-shimi-kang/child-schedule_b_5978494.html
<http://www.businessinsider.com/how-to-get-enough-sleep-2014-5>

We look forward to sharing more with you in this space and we welcome comments, feedback and suggestions.

Ms. Natasha Bains, Senior School Counsellor
and Ms. Jackie Janzen, Junior School Counsellor

Serving YOU the volunteers!

Have you met your Southridge Volunteer Committee? We wanted to introduce you to the volunteer committee team and encourage you to come ask us if you have any volunteer questions or concerns.

- Chair: Rachael Lawson
- Former Chair: Kim Markey
- Junior School Operations: Stephanie Schmidt
- Senior School Operations: Anar Mohammed
- Senior School Rep: Wendy Lei
- Communications: Cari Shorrock
- Support & Thank Yous: Jenn Toporowski

Our contact info is in the Volunteer Corner of the parent portal, or you are welcome to contact Rachael any time with questions or to express your interest in volunteering at volunteer@southridge.bc.ca. We are excited to support you!

Volunteer Committee

Gala Help Still Needed!

Volunteers are still needed for set-up on Friday, November 14th, as well as parcel pick-up the night of the Gala. Please sign-up by visiting the Volunteer Corner of the Parent Portal and click "[Volunteer Now](#)".

Southridge Gets a New Postal Code

Canada Post has informed us that we have a new postal code, as of Monday, October 20th! We are now **V3Z 0C8**.

Community Relations



Grad 2015 Purdy's Chocolate Holiday Fundraiser

Dear Students & Parents,

With the holidays just around the corner, the Southridge Grad Committee is excited to announce our annual Purdy's Chocolate fundraiser. Pre-order all of your chocolate gifts for friends and co-workers or have some boxes at home for when friends and family come to visit during the holidays!

In addition to supporting our grads with this fundraising opportunity, there are prizes for ordering chocolates!!!

Online Draws – order your chocolates online and you are eligible to win a Sweet Traditions Gift Basket!!

There are two options for ordering:

1. **Order Forms** – Send your order form to the senior school, attention to **Heather Mosher** along with a cheque for the amount of your purchase payable to **Southridge School (memo: Grad Committee)**
2. **Order Online** – go to <http://www.purdysgpp.com> and click on “**Sign in as Group Member**”. The Southridge Grad group number is “**24019**”. It will ask you then to fill in your personal information, create a personal password and then you can order your chocolates (and see an online catalogue).

Please get your orders in by **NOVEMBER 21st, 2014**. All orders will be delivered to the school on December 15th and will be ready for pick-up after school in the cafeteria.

We greatly appreciate your support!!

Grad Committee & Ms. Mosher (hmosher@southridge.bc.ca)



GRAD 2015 GIFT CARD FUNDRAISER!

Help support the Grad Class of 2015!
"Perfect gift for the Holidays & Birthdays"
(Over 100 choices of cards)

Drop off Orders forms to Junior & Senior office by
Dec. 1st and receive your cards by Dec. 12th



Due Date: Dec 1st

Southridge Grade 12 Gift Card Fundraiser ORDER FORM

2014

NAME OF PURCHASER: _____
 ADDRESS: _____
 PHONE NUMBER: _____
 EMAIL: _____

STUDENT NAME: _____
 STUDENT GRADE: _____
 PARENT NAME: _____

DATE: _____

<u>MERCHANT</u>	<u>Profit</u>	<u>CERTIFICATES</u>	<u>TOTAL</u>
Department Stores:			
Giant Tiger	3.0%	_____ x	\$25.00
		_____ x	\$100.00
Hudson's Bay (Hbc, Home Outfitters)	3.0%	_____ x	\$25.00
		_____ x	\$50.00
		_____ x	\$100.00
London Drugs	2.0%	_____ x	\$25.00
		_____ x	\$50.00
		_____ x	\$100.00
Sears	3.0%	_____ x	\$25.00
Reloadable		_____ x	\$50.00
		_____ x	\$100.00
Walmart	1.0%	_____ x	\$25.00
		_____ x	\$50.00
		_____ x	\$100.00
		_____ x	\$250.00
Fuel:			
Chevron	2.0%	_____ x	\$25.00
Esso	2.0%	_____ x	\$25.00
Reloadable		_____ x	\$50.00
		_____ x	\$100.00
Petro-Canada	2.0%	_____ x	\$25.00
		_____ x	\$50.00
		_____ x	\$100.00
Shell	3.0%	_____ x	\$25.00
		_____ x	\$50.00
		_____ x	\$100.00
Home Improvement:			
Home Depot	2.0%	_____ x	\$25.00
		_____ x	\$50.00
		_____ x	\$100.00
		_____ x	\$250.00
Home Hardware	3.0%	_____ x	\$25.00
		_____ x	\$50.00
		_____ x	\$100.00
Lowe's	2.0%	_____ x	\$25.00
		_____ x	\$50.00
		_____ x	\$100.00
Rona / Totem	5.0%	_____ x	\$25.00
		_____ x	\$50.00
		_____ x	\$100.00
Grocery Stores:			
Choices Market	7.0%	_____ x	\$20.00
		_____ x	\$100.00
		_____ x	\$250.00
MarketPlace IGA	5.0%	_____ x	\$50.00
Reloadable			
Killarney Market	3.0%	_____ x	\$25.00
Fairway Market *Vancouver Island*	5.0%	_____ x	\$25.00

<u>MERCHANT</u>	<u>Profit</u>	<u>CERTIFICATES</u>	<u>TOTAL</u>
Grocery Stores:			
Loblaws (Shop Easy, No Frills, Extra Foods, Superstore, Lucky Dollar, Canadian Wholesale)	3.0%	_____ x	\$25.00
		_____ x	\$50.00
		_____ x	\$100.00
		_____ x	\$250.00
Safeway	3.0%	_____ x	\$50.00
		_____ x	\$100.00
		_____ x	\$250.00
Stong's	6.0%	_____ x	\$50.00
		_____ x	\$100.00
		_____ x	\$500.00
T&T Supermarkets (Osaka)	2.0%	_____ x	\$20.00
		_____ x	\$50.00
Specialty Stores:			
Aeropostale	7.0%	_____ x	\$25.00
Aldo	7.0%	_____ x	\$25.00
American Eagle	5.0%	_____ x	\$25.00
Bath and Body Works	7.0%	_____ x	\$25.00
Best Buy	2.0%	_____ x	\$25.00
		_____ x	\$50.00
		_____ x	\$100.00
Canadian Tire	3.5%	_____ x	\$25.00
		_____ x	\$50.00
		_____ x	\$100.00
Chapters/Indigo/Coles***	10.0%	_____ x	\$20.00
		_____ x	\$50.00
Claire's Stores	9.0%	_____ x	\$25.00
Esquires Coffee	10.0%	_____ x	\$10.00
		_____ x	\$25.00
Future Shop	2.0%	_____ x	\$25.00
		_____ x	\$50.00
		_____ x	\$100.00
i-Tunes	4.0%	_____ x	\$10.00
		_____ x	\$25.00
Kernels	5.0%	_____ x	\$10.00
		_____ x	\$25.00
La Senza	7.0%	_____ x	\$25.00
M&M Meat Shops	3.0%	_____ x	\$25.00
Maison Birks	7.0%	_____ x	\$100.00
Mark's Work	7.0%	_____ x	\$25.00
Warehouse		_____ x	\$50.00
		_____ x	\$100.00
Options (Gap, Old Navy, Banana Republic)	7.0%	_____ x	\$25.00
		_____ x	\$50.00
Petsmart	3.0%	_____ x	\$25.00
Pet Solutions	7.0%	_____ x	\$25.00
Pottery Barn	5.0%	_____ x	\$25.00
Running Room	7.0%	_____ x	\$25.00

<u>MERCHANT</u>	<u>Profit</u>	<u>CERTIFICATES</u>	<u>TOTAL</u>
Specialty Stores:			
Shoppers Drug Mart	3.0%	_____ x \$25.00	
		_____ x \$50.00	
		_____ x \$100.00	\$ _____
Sport Chek	4.0%	_____ x \$25.00	
		_____ x \$50.00	
		_____ x \$100.00	\$ _____
Staples **Reloadable**	3.0%	_____ x \$25.00	
		_____ x \$50.00	
		_____ x \$100.00	
		_____ x \$250.00	\$ _____
Starbucks	5.0%	_____ x \$10.00	
		_____ x \$25.00	
		_____ x \$50.00	
		_____ x \$100.00	\$ _____
The Children's Place	7.0%	_____ x \$25.00	\$ _____
Tisol Pet Nutrition and Supply Stores	7.0%	_____ x \$25.00	
		_____ x \$50.00	
		_____ x \$100.00	\$ _____
Toys 'R' Us	2.0%	_____ x \$25.00	\$ _____
Williams-Sonoma	5.0%	_____ x \$25.00	\$ _____
Winners / Marshalls / Home Sense	7.0%	_____ x \$25.00	
		_____ x \$50.00	\$ _____
Restaurants:			
Boathouse Restaurants	7.0%	_____ x \$25.00	
		_____ x \$50.00	\$ _____
Boston Pizza	7.0%	_____ x \$25.00	
		_____ x \$50.00	\$ _____
Browns Socialhouse	7.0%	_____ x \$25.00	
		_____ x \$50.00	\$ _____
Burger King	5.0%	_____ x \$25.00	\$ _____
Cactus Club	7.0%	_____ x \$25.00	
		_____ x \$50.00	\$ _____
Cara-The Ultimate Dining Card (Milestone's, Kelsey's, Swiss Chalet, Montana's Cookhouse, Harvey's, Fionn MacCool's)	3.0%	_____ x \$25.00	
		_____ x \$50.00	\$ _____
Olive Garden (Darden Restaurant)	7.0%	_____ x \$25.00	\$ _____
Red Lobster (Darden Restaurant)	7.0%	_____ x \$25.00	\$ _____
Earls	7.0%	_____ x \$25.00	
		_____ x \$50.00	\$ _____
Joey Restaurant	7.0%	_____ x \$25.00	
		_____ x \$50.00	\$ _____
Keg	5.0%	_____ x \$25.00	
		_____ x \$50.00	
		_____ x \$100.00	\$ _____
Moxie's	10.0%	_____ x \$25.00	\$ _____
Old Spaghetti Factory*** (Bonus \$10 card with every \$25)	5.0%	_____ x \$25.00	\$ _____
Red Robin	7.0%	_____ x \$25.00	\$ _____
Sammy J's Grill and Bar (Bonus \$5 added to every \$50 card)	7.0%	_____ x \$25.00	\$ _____
		_____ x \$50.00	\$ _____
Subway	5.0%	_____ x \$10.00	
		_____ x \$25.00	
		_____ x \$50.00	\$ _____

<u>MERCHANT</u>	<u>Profit</u>	<u>CERTIFICATES</u>	<u>TOTAL</u>
Restaurants:			
Vancouver Dine (The Teahouse, The Sandbar, Cardero's, Seasons in the Park)	10.0%	_____ x \$50.00	\$ _____
Wendy's Restaurant	3.0%	_____ x \$25.00	\$ _____
White Spot Restuarant***	7.0%	_____ x \$25.00	
		_____ x \$50.00	\$ _____
Triple O's	7.0%	_____ x \$25.00	\$ _____
Entertainment:			
Cineplex Odeon	5.0%	_____ x \$10.00	
(Famous Players, Paramount Galaxy, Colossus, SilverCity)		_____ x \$25.00	\$ _____
Rogers (The Shopping Channel, Rogers Plus, Toronto Blue Jays)	7.0%	_____ x \$10.00	
		_____ x \$20.00	\$ _____
Travel			
Avis Car Rental	7.0%	_____ x \$50.00	
		_____ x \$100.00	\$ _____
Budget Car Rental	7.0%	_____ x \$50.00	\$ _____
Fairmont Hotels	7.0%	_____ x \$100.00	\$ _____
Spas			
Spafinder Wellness 365	10.0%	_____ x \$50.00	
		_____ x \$100.00	\$ _____
Spa Utopia	7.0%	_____ x \$50.00	
www.spautopia.ca		_____ x \$100.00	\$ _____
WaySpa (over 450 spas across Canada)	15.0%	_____ x \$50.00	
www.wayspa.com		_____ x \$100.00	\$ _____

\$ _____

All cards are Declining Balance Shopping Card except:
 Change Back Shopping Certificate:
 Chevron, Killarney Market and Triple O's
 No Change Back Shopping Certificate:
 Maison Birks, Pet Solutions, Avis and Budget car rentals

***** PLEASE RETURN ORDER AND PAYMENT BY: December 1st, 2014**

Make cheques payable to: SOUTHRIDGE SCHOOL

PAYMENT INFORMATION: Cheque # _____
 Cash
Total Order: \$ _____

**Thanks for your support!
 Grads of 2015**

*****Please note the following cards are also available as reloadable cards; Chapter/Indigo/Coles, The Old Spaghetti Factory and White Spot Restuarants. Please phone our office for more information.*****