



**Special Health Conditions Information Sheet**

**A. If your child has Asthma:**

1. And requires use of an inhaler while at school, an Authorization of Medication form is enclosed for both the authorized prescriber and you to complete and return to the Medical Center. Please have your child's licensed care provider complete the enclosed Asthma Action Plan.
2. Inhalers may be self-administered and carried by the student at school only with written permission from both the authorized prescriber and the parent. The school nurse will meet with your child to review inhaler use after receiving the medication order.

**B. If your child has Diabetes:**

1. Contact your child's physician to determine if she/he would prefer to have glucose testing routinely performed at school, as well as insulin and/or glucagon administered at school.
2. If your doctor orders medication to be administered at school, an Authorization for Administration of Medication form is enclosed for both the authorized prescriber and you to complete and return to the Medical Center prior to the start of the school year.
3. This order must be updated each school year.

**C. If your child has a Bee Sting/Food Allergy/Life Threatening Allergy/Medical Condition**

1. Please provide a signed letter from your child's doctor with instructions the school is to follow in the event he/she experiences an allergic reaction while at school or while attending a field trip or sport activity.
2. Fill out and return the enclosed Special Health Conditions form.
3. If medication is required, an Authorization for Administration of Medication form is enclosed for both the Authorized prescriber and you to complete and return to the Medical Center prior to the start of the school year.
4. If your child requires medication for an allergy, please know that your child will not be eligible to attend field trips or sports activities until the medication order is on file in the Medical Center. (A new order is required each school year.) When an epinephrine kit (Epi Pen or Ana Kit) is required for your child, this medication may be carried by the student at school if both your child's physician and you agree to your child's self-administration of this medication. If your child has an order to self-administer an Epi Pen, he/she must have this medication with him/her to attend field trips or sport activities. The school nurse will meet with your child to review Epi Pen use after receiving the medication order.
5. Bring any emergency medication to the Medical Center at NFA to be available if necessary, OR please let us know if your child will be carrying the medication on his/her person for self-treatment.
6. If your son/daughter needs to use the Epi Pen or Ana Kit, please be sure he/she knows to inform the Medical Center immediately.
7. If your child has a food allergy return the Medical Statement for Children Requiring Special Meals to the Medical Center after your child's licensed care provider has completed the form. A copy of this will be forwarded to the cafeteria director.
8. An Individualized Health Care Plan is developed if your child has a life threatening allergy.

**D. If your child has Glycogen Storage Disease:**

An individualized health care plan will be established and the school nurse will meet with your child after the Diabetic Management Plan is received from your child's licensed care provider to review the plan.

**E. If your child requires medication at school:**

1. ALL oral medications needed to be given during school hours are given by the SCHOOL NURSES. DO NOT send medication of any kind in any amount to school with your child with instructions for him/her to "take it on his/her own." The child will not be permitted to assume this responsibility. If your child must receive medication during school hours, please abide by the following:
2. An AUTHORIZATION FOR MEDICATION form signed by both authorized prescriber AND parent which includes the name of the medication, reason for the medication, the dosage and length of time to be given must be on file. NO medication will be given without this completed form. This applies to all medications given by the nurse in the Medical Center as well as to emergency medications which may be self-administered by the student. A new signed Authorization form is required each school year. The Medical Center will have Acetaminophen (Tylenol), Pepto Bismol, and Maalox available to students once a completed licensed care provider's order for any of these medications are received.

**F. Postural screening will be provided to ninth grade males who did not receive testing in grade 8. This will occur in the Medical Center beginning in the fall semester.**

**G. Should your child transfer from Norwich Free Academy to another school within Connecticut his/her cumulative health record will be sent to the new school. If your child transfers out of state, the Medical Center will provide you with a copy of his/her latest physical and a copy of immunizations upon your request.**

If you have any questions, please call us at 860-425-5552, 860-425-5550, or 860-425-5553. Thank you for your cooperation.