



**Medical Statement for Children without Disabilities  
Requiring Special Meals in Child Nutrition Programs**

**To be completed by licensed care provider (physician, physician assistant,  
doctor of osteopathy and advanced practice registered nurse):**

**Student's name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Diagnosis:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Describe the medical or other special dietary needs that restrict the child's diet:

\_\_\_\_\_  
\_\_\_\_\_

List food(s) to be **omitted** from the diet and food(s) to be **substituted** (Attach  
specific Diet Plan):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

List foods that require a change in texture: \_\_\_\_\_

Cut up or chopped to bite-size pieces: \_\_\_\_\_

Finely ground: \_\_\_\_\_

Pureed \_\_\_\_\_

Special Equipment Needed: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_  
Signature of Licensed Care Provider

\_\_\_\_\_  
Date