

# Southridge Wednesday

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13-14  
No. 29

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April 23<sup>rd</sup>, 2014

## Head of School

### **Our Programs - Guided Reflective Inquiry is Not Just for Our Students**

Whether in the PYP and MYP or through the SSEP, our students are given plenty of opportunity to engage in inquiry activities. In our efforts to educate lifelong (and life-wide learners), we believe it is important to help our students ask really good questions and to engage them in reflective practices that allow learning to flourish. But no matter how well a student is able to formulate his or her own questions, sometimes it takes a guided question from a teacher, mentor, coach or facilitator to help stimulate new growth and shape deeper reflection.

That is why our strategic plan includes an initiative to apply reflective inquiry practices to our professional development program. Our teachers are excellent role models for our students. Whether it is through professional development workshops, conferences, webinars or course work of their own, our teachers are continuously engaged in their own learning. But just as our students sometimes need to be asked really good questions to help them reflect carefully, so too do our teachers.

One of the actions we took to help enhance and refine our teaching practices and to ensure that our students are getting the best we have to offer is the development of a school culture that welcomes classroom walk-throughs and stimulates purposeful professional dialogue. After some very practical coaching in the fall, our curriculum leaders and program coordinators (along with our administrative leaders) have been very busy visiting classrooms on a regular basis to develop an even more comprehensive understanding of teaching approaches within each of our departments. Once intimately familiar with individual teaching practices, all of our teachers are asked personalized, professional, reflective questions designed specifically to help them consider the factors they think about when developing their programs, designing their lessons and interacting with their students.

These individualized questions are intended to stimulate reflection and are followed-up with conversations between and among teachers. These teacher-centered, collaborative discussions help to deepen teaching practices and build more meaningful learning environments for our students. Our goal is to focus on our classrooms and what happens on a daily basis within them so that our students are presented with the best learning environment possible. To do that, we are committed to living professional lives of highly examined practices so that continuous growth and development takes place among our teachers.

At Southridge, we are lucky to have a very committed group of teaching professionals. We are also lucky that our Board of Governors is supportive of our collective and individual professional growth, devoting resources generously to our school's professional development program on an annual basis. With the newly added layer of guided reflective inquiry practices for our teachers, we feel that Southridge is truly an excellent environment in which to grow and learn professionally. The biggest benefit of such an environment is that our students are immersed in a dynamic culture of continuous learning that has their best interest at heart. When our teachers grow and learn, so too do our students.

Have a wonderful week!

Mr. Drew Stephens  
Head of School

<b>Important Dates</b>			
<b>Event</b>	<b>Date</b>	<b>Time</b>	<b>Location</b>
US University Evening	Wednesday, April 23 <sup>rd</sup>	7:00 pm	Senior School library
Casual Day	Friday, April 25 <sup>th</sup>	All Day	Both Schools
Summer Uniform	Thursday, May 1 <sup>st</sup>		Both Schools
Country Fair	Saturday, May 3 <sup>rd</sup>	9:00 am - 3:00 pm	Both Schools
Senior Girls Volleyball Cuba Trip Information Night - Spring Break 2016	Tuesday, May 6 <sup>th</sup>	7:00 pm - 8:00 pm	Alan Brown Great Hall
Country Fair Collection	Saturday, April 26 <sup>th</sup> & Sunday, April 27 <sup>th</sup>	9:00 am - 5:00 pm	Side of Senior School Gym
	Monday, April 28 <sup>th</sup> & Tuesday April 29 <sup>th</sup>	8:00 am - 4:00 pm	Side of Senior School Gym
	Wednesday, April 30 <sup>th</sup>	8:00 am - 8:00 pm	Side of Senior School Gym
	Thursday, May 1 <sup>st</sup>	8:00 am - 4:00 pm	Side of Senior School Gym

## Junior School News

### Go Green

We are celebrating Earth Week at the Junior School this week. According to the [Earth Day Network](#), over one billion people in 192 countries are taking action for the Earth sometime this week. As an IB school, it is important for our students to see that we are part of the one billion that is choosing to take action for the Earth. It is one of the small ways that helps us to see how we share some common goals with people all around the world and in this case, the goal is to make a difference for the planet.

Here at Southridge, students in every grade are pledging initiatives to do their part to help the planet. I have had the opportunity to read all the different pledges in the PYP and MYP hallways and each student has chosen an item that they can easily act on. Most initiatives are practical but important, things like using both sides of the paper, recycling, using reusable containers and not wasting food; however, there are a handful of pledges that seek to educate others about Earth Day and the responsibility that we have to take care of our planet. These pledges in particular stood out for me because our students recognize that educating others is also an important form of action. We have two upcoming events this spring in the Junior School that showcase the desire to educate others; our Grade 4 PYP Exhibition and our Grade 7 Making a Difference Fair. So, this week, please take the time to support our students in their Earth Day initiatives and keep in mind those special upcoming events where students have an opportunity to share their knowledge.

Ms. Alison Graham  
Interim Head of Junior School

### PYP Exhibition May 13<sup>th</sup> and May 14<sup>th</sup>, 2014

As you are aware at Southridge School, Grade 4 is the final year of the Primary Years Programme (PYP) in the International Baccalaureate programme. By this point in their experience, students have grown in knowledge and understanding through exposure to their many Units of Inquiry. The Grade 4 PYP Exhibition is a unit of celebration, an event which synthesizes all that is best of the PYP, and is intended to be shared with the whole school community. It is a great celebration of learning and our Grade 4 students really shine during this event. Please mark your calendar for The Exhibition which will occur over two days: Tuesday, May 13<sup>th</sup> from 1:30 – 3:00 pm and Wednesday, May 14<sup>th</sup> from 6:00 - 8:00 pm.

### Summer Uniform - May 1<sup>st</sup>

Summer uniform commences on May 1<sup>st</sup>! Students are able to wear black dress shorts or skorts, golf shirts and white socks. Students may still opt for the winter uniform or a combination of the two. Please note that if grey pants are worn, the socks must be grey. Ties are no longer mandatory. Just a reminder, green sweaters, cardigans or vests must be worn on assembly days.

Of course, the overriding principle of the Southridge uniform is that the students wear them with pride. Shoes should be polished and the uniform neat and clean. The students are representatives of Southridge and are recognized because of the uniform. I know our students are proud of our school - let that be reflected in the pride of wearing the uniform well.

### **MYP Division Frozen Yogurt Sale**

As part of our Grade 7 Making a Difference project, we are selling frozen yogurt to MYP students on Thursday, April 24<sup>th</sup> and Friday, April 25<sup>th</sup> by Ms. McNeil's classroom at recess and lunch. The cost is \$3.00 with all money raised going to the BC Cancer Society. Thank you for your support.

Rachel Stephens and Simran Dhatt - 7CB

### **Your Help Needed with MYP School Supply Collection**

We are doing our Grade 7 Making a Difference project on education in Africa, and for our action we want to donate new and gently used school supplies to a charity in Africa for a school to use. We will be collecting new and gently used school supplies in the boxes outside the MYP classrooms from Tuesday, April 22<sup>nd</sup> to Tuesday, April 29<sup>th</sup>.

Here is a list of needed donation items:

- Backpacks and other book bags
- Spiral bound, composition books and other notebooks
- Binders
- Colored pencils, crayons and marker
- Colored pens
- Pens and pencils
- Pencil sharpeners
- Erasers
- Pencil boxes
- Calculators
- Glue sticks
- Graph paper
- Packs of lined or unlined paper

Please take some time over the weekend to gather up your supplies, and make sure the supplies you bring are in good condition. Thank you!

Kyla Edelmeier and Gabriele Hartshorne-Mehl - 7SM

### **Jam-A-Jar**

Thank you to everyone who has taken the time to fill their jars and return them. Still feeling creative?! There are more empty jars to fill so help yourself! Please return all jars (filled or empty) to the Junior Great Hall by Friday, April 25<sup>th</sup>

Country Fair Committee

## **Senior School News**

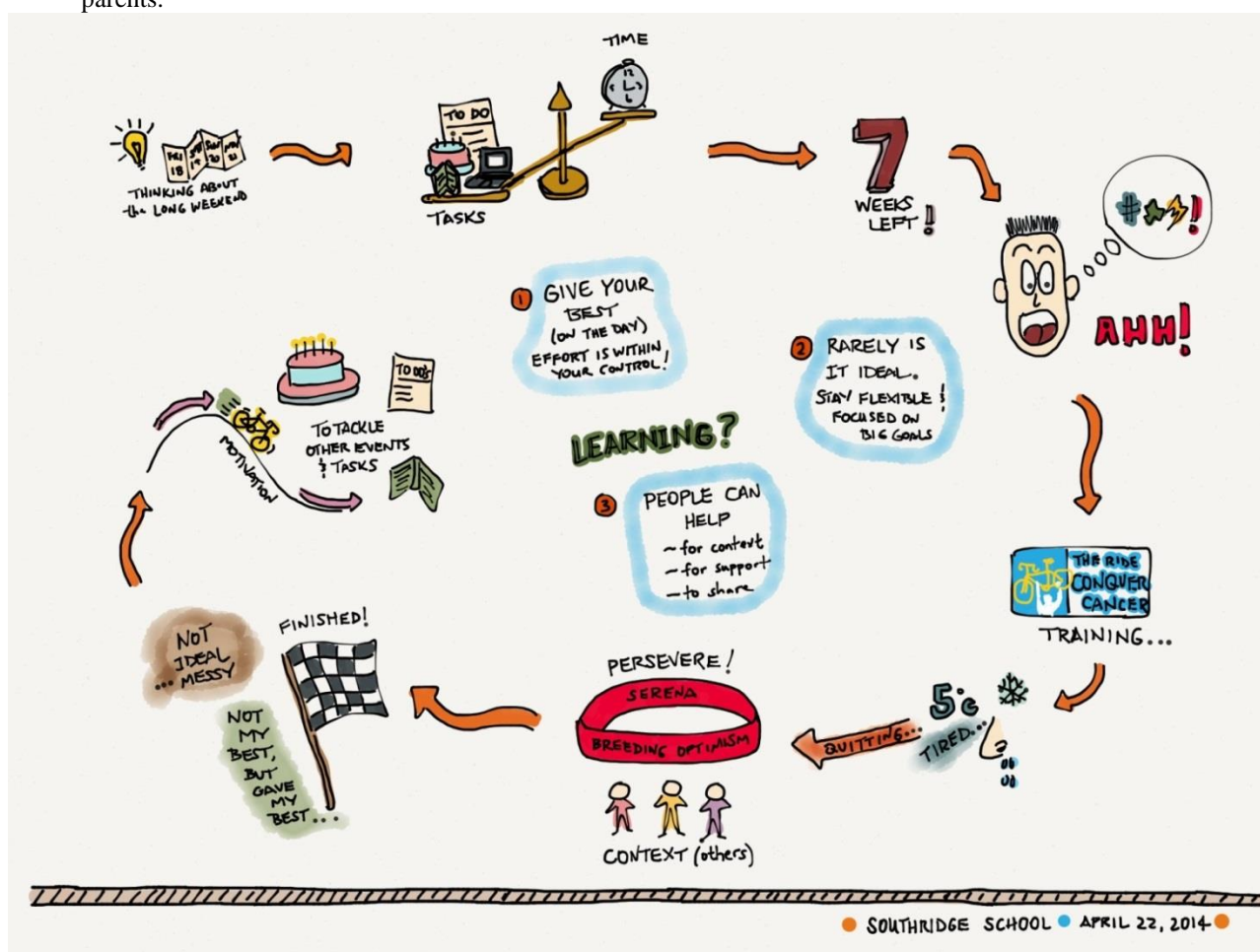
### **Making It To the End of the School Year**

Each year at this time, I am reminded of the difficulty that many people have with remaining motivated through to the end of June. It isn't quite close enough to exam time to use that sense of urgency as a motivator, but the many months of school tend to wear down the positivity and enthusiasm that is there at the beginning.

I used the attached picture to tell a bit of a story during assembly on Tuesday and finished with three pieces of helpful advice that I feel students could take away as they navigate the next seven weeks leading up to exams and the end of year events.

I encourage you to talk to your child to get them to explain the beginning of the visual image and how I ended up at the three points of advice. I want to touch on these three points and explain a little further in order to clarify.

- 1) **Give your best (on the day).** This speaks to the idea that even during those days when there seems to be too many things to do and not enough time, we can always control the effort we give. I explained that I can feel almost 'frozen' when trying to decide what to do first. However, giving the best effort you can on the day will almost always translate to a good performance and you will know that you put into the day the best you had to give.
- 2) **Rarely is it ideal.** In my story I had a hope of what things would be like and there is always that perfect ideal that we strive towards. The truth in most cases, however, is that we don't get this perfect situation and that we need to remain flexible and focused on the big picture goals we have in place. If the disappointment of not having it just right causes a disengagement or a discouragement, it can cause the situation to become even less ideal!
- 3) **People can help.** Certainly, when looking at me as an individual, this is amongst the most important point to remember to stay on track. People can help in three key ways. First, when we think of others having to persevere through more trying situations, it can help put our own difficulties in context. Second, people can help with tasks and by being supportive during this process. Finally, through sharing worries and items with people, we no longer hold them in isolation. There is a sense that the burden is shared with another and we can check in with these people to tell them how we are doing. For students, these could include friends, teachers, advisors, coaches and parents.



I encourage perseverance through this tough time in the school calendar by considering these three points. Soon it will seem like we are on that hill heading towards the end of the year and it will be here in no time. I would also encourage parents and students, if they have any questions about a class or the calendar, to contact me or any other faculty member.

Have a great week.

Mr. Doug Palm  
Head of the Senior School

### **Student Talent Stage At the Southridge Fair**

During the afternoon of Saturday, May 3<sup>rd</sup> we invite students who play/sing in a group or band to perform on the Talent Stage in the Junior School Great Hall. Soloists and duets will play in the morning, but please speak with Mr. Burrage at [sburrage@southridge.bc.ca](mailto:sburrage@southridge.bc.ca) if you are interested in one of the afternoon spots for larger groups, such as aspiring garage bands, inspiring jazz combos, expiring string quartets, or kwixotic kazoo kwintets.

Mr. Steve Burrage  
Music Curriculum Leader

### **Grade 9 Concert Band at UBC with Dr. Rob Taylor**

Last Tuesday, April 15<sup>th</sup>, the Grade 9 Concert band had the opportunity to play at the beautiful Chan Centre for the Performing Arts at the University of British Columbia. The band was hosted by Dr. Rob Taylor, who is the director of the UBC Wind Ensemble and head of the Winds and Brass program at the UBC School of Music. Dr. Taylor spoke to the students about the importance of breath and listening for one's individual sound in relation to the sound of the ensemble. By the end of the workshop, the Grade 9 band was filling the Chan Centre with music and breathing as one. The students were eager, receptive and respectful during the workshop; they were exceptional representatives of Southridge School. The music we work shopped will be performed at Café Concerto on May 26<sup>th</sup> and 27<sup>th</sup>, 2014. Ticket information will be available shortly.

Mrs. Jenna Parker  
Music Teacher

### **Senior School Mathematics**

#### **Myth #3: "My Child Needs a Private Tutor"**

As this series of articles has been trying to express over the past few weeks, learning comes in trying, struggling, persevering, trying again, thinking out of the box, asking questions and many other non-linear behaviours and actions. This is why our classrooms are set up in a collaborative, discussion-based style so these elements can work together to maximize student learning. Mathematics is not just about the numbers; it is also about learning to meet intellectual challenges by dedicating and committing the time and energy required to grind through the difficult patches that will always present themselves in any task worth doing.

It is an unfortunate perspective that parents think they are helping their kids by getting them a private mathematics tutor. "Getting a tutor" has literally become a North American-wide epidemic. The widespread fear of math and lack of understanding of what it actually takes to learn math (effort, perseverance and hard work) often forces parents to run for a quick answer - a tutor. In many cases, that means the tutor ends up doing the work students should be doing and the knowledge they should be gaining for themselves. Having a tutor is an unnecessary crutch for most students to bypass the "real" personal effort and hard work needed to be successful. In the many cases we see at Southridge, students do not actually improve their academic standing by having a tutor because it is the tutor who is doing the work and the thinking, not the student.

Instead of getting your child a tutor, may I suggest instead that you consistently emphasize and promote with them the proven ingredients for success in mathematics (effort, perseverance, hard work), and encourage them to utilize the multitude of resources at their disposal to help them learn. There have never been more resources available to help students learn. In addition to the school and classroom resources and experiences (teachers, tutorials, etc.), there is a wealth of interactive simulations, applets and videos students can access 24/7 online. Southridge mathematics itself has produced lesson [videos](#) for every topic in Grades 10-12 mathematics, thus allowing students to learn and review at any time.

In addition, classroom mathematics instruction has changed a lot in the past ten years to better address individual differences and learning styles. For example, instruction is much more multi-dimensional than it ever used to be. New concepts and skills are almost always looked at from four different points of view: graphical, numerical, verbal and symbolic. Each of these representations sheds new light on an idea, and helps students build understanding and connections to other concepts. You can learn more about the elements of good mathematics instruction in this five minute [video](#).

Having said all of the above, I will acknowledge there are cases when a private tutor in mathematics may be appropriate or needed, such as students who have gaps in their previous math learning or a learning disability. However, these are few in number and most students do not require a mathematics tutor to maximize their success in the discipline.

As always, your feedback and questions on this series and topic are welcomed at [cseib@southridge.bc.ca](mailto:cseib@southridge.bc.ca).

Mr. Cameron Seib  
Mathematics Curriculum Leader

### **Social Studies Heritage Fair**

Several Grade 10 students will join Ms. Alexandra as judges for the annual Social Studies Heritage Fair at the Abbotsford Tradex Centre. The fair celebrates Canadian history through regional student-made projects presented to a vast panel of judges. Southridge students make up the only panel of student judges. For more information, [click here](#).

Ms. Ira Alexandra  
Social Studies Teacher

### **US University Evening**

Are you interested in how we prepare your child for the United States university application process? Step into their shoes for an evening and join us in the Senior School Library tonight at 7:00 pm. We ask you to bring along your child's laptop, as we will be simulating various steps along the way, including developing your profile, choosing from the many universities and program's available, dealing with the Common App, and prepping for testing.

This evening is focused on parents of Grade 9, 10, and 11 students, but other parents are more than welcome to attend. Please RSVP Mr. Daryl Weaver at [dweaver@southridge.bc.ca](mailto:dweaver@southridge.bc.ca) or 604-542-1796, so we are ready to get you set up to be a successful US university applicant!

Mr. Daryl Weaver  
Assistant Head of Senior School/  
Director of Experiential Education

### **Kino Café**

On Thursday night before the long weekend, two Spanish exchange students and several Southridge Spanish students and teachers went into Vancouver for a night on the town! We went to the *Kino Cafe* on Cambie Street for some delicious tapas, some fantastic Spanish guitar and singing, as well as some amazing flamenco dancing. It was a great experience for all and one we hope to do again. Thanks to las Señoras Beer and Rodriguez-Lang who helped make this great event happen.

Señora Davies  
French & Spanish Teacher

### **Shrek Masks and Costumes Needed**

The Grade 9 Drama class is looking for Shrek and Fiona masks and costumes for their upcoming children's theatre presentation of *Don't Judge a Book by its Cover*, which will be presented this coming May. If you would like to loan or donate any of these costumes, please contact Ms. Kelly at [jkelly@southridge.bc.ca](mailto:jkelly@southridge.bc.ca). Thank you so much!

Ms. Jennifer Kelly  
Drama & English Teacher

### **Galiano Island Bike and Kayak Trip**

The Outdoor Education team is happy to announce the arrival of the highly awaited Galiano Island bike and kayak trip! The trip goes from Thursday, May 8<sup>th</sup> to Saturday, May 10<sup>th</sup> and is led by Mr. Sterelyukhin and Mrs. Szymczak. Students return every year with rave reviews on the amazing time they had. Outdoor education is about learning about oneself and becoming closer with nature and their peers. For those of you that don't have much or any experience outdoors, this is a great place to start! The Galiano trip is a level one trip, meaning that you don't necessarily need to have a ton of experience in the outdoors to partake. This trip is perfect for use as a Qualifying journey for your Duke of Edinburgh Silver or it can also be used as a practice journey when using the KVR trip for your qualifying journey.

Students will meet at the ferry terminal on the morning of Thursday, May 8<sup>th</sup>. They will board the ferry as a group with bags and bikes in tow. Once they arrive on Galiano Island, students will cycle from the ferry terminal to Montague Harbour where they will set up camp. The campsite at Montague Harbour is in an ideal location as it is close to the hiking and

biking trails that will be used by the group. As well, the campsite is right on the water where students will be kayaking. It provides easy access to very calm waters that are perfect for learning wet exits and for exploring.

On Friday, students will start the day off by kayaking in the harbour and then going for a nature walk on a trail near camp. They will then return to camp to prepare a packed lunch for the journey up to the top of Mount Galiano. As a group, students will cycle along the mostly paved path to the top of Mount Galiano. They will have the opportunity to eat their lunch and take in the spectacular view before assisting members of the Garry Oak Ecosystem Recovery team. Students will have the opportunity to give back to our wonderful earth by assisting in the removal of invasive species whose presence is threatening the local ecosystem. They will then return to the campsite to prepare dinner, relax, and play some games. After dark, students will have a rare opportunity to see the bioluminescent phytoplankton that inhabits BC's coastal waters. Anyone interested will go down to the docks, under teacher supervision, to see the glowing aura of the phytoplankton. Saturday morning, the group will have breakfast before packing up to leave. They will then cycle back to the ferry terminal to take the ferry to Tsawwassen where they will meet their parents for pick up.

Galiano is a very popular trip and has traditionally filled up very quickly. Anyone interested in going is encouraged to get a form and hand it in as soon as possible. Forms can be acquired from either Mrs. Szymczak or me. Forms need to be handed in to Mrs. Szymczak by Monday, April 28<sup>th</sup> at the latest. If you have any questions, Mrs. Szymczak, Mr. Sterelyukhin and I would be happy to answer them.

Jake Strecker  
Outdoor Ed Steward

### **Senior Girls Volleyball Cuba Trip - Spring Break 2016**

The Senior girls' volleyball team will be going to Cuba for a training tour during spring break of 2016. We are excited to have Jonathan Watts, Executive Director of Cuba Sports and Cultural Festivals coming to present the details of this amazing trip.

The trip is open to all students who are currently in Grades 8 - 10 who will be in Grades 10 - 12 at the time of the trip. This is an information meeting to provide parents with the process leading up to the trip and the trip details.

When: May 6<sup>th</sup> from 7:00 - 8:00 pm

Where: Alan Brown Great Hall

If your daughter is interested in participating in this trip, this information session is mandatory. We want to ensure that all information is presented to you as parents and any questions or concerns are addressed as a group.

Thank you and we appreciate your support in making this trip successful! If you have any questions, please contact Mrs. Heather Mosher ([hmosher@southridge.bc.ca](mailto:hmosher@southridge.bc.ca)) or Mrs. Calla Jones ([cjones@southridge.bc.ca](mailto:cjones@southridge.bc.ca)).

Mrs. Heather Mosher & Mrs. Calla Jones  
Grade 10-12 Girls Volleyball Coaches

### **Jazz Studies 10 Students Record in Studio**

Last Wednesday, April 16<sup>th</sup>, the Jazz Studies 10 class had an amazing opportunity to record at Blue Frog studios in White Rock. Working with the teach team, Mr. McInnes, Mr. Mitchell, and recording engineer Brad Graham, they were able to record three tracks – Chamelion, Groove Merchant, and a cover of Amy Winehouse's "He Can Only Hold Her." They are looking forward to hearing the finished product!

Mr. Mitchell

## **News for Both Schools**

### **Advancement Update - Gala Proceeds**

Thank you again to all of our generous families and friends that contributed to *The One Gala 2013*. As we reported in November, 50% of the funds that we raise at the gala are earmarked for important capital items at the school like athletics equipment and uniforms, library acquisitions, lab equipment, art supplies and building improvements and upgrades. The

other 50% of the funds are used for special projects, items and initiatives that are identified through a comprehensive budget process.

One of these initiatives this year was the purchase of some extraordinary technology and equipment for our students. For our PYP students, it was the purchase of a set of iPads. Our students will use the iPad to supplement their learning with age specific applications.

This year, the Grade 7 English program was very fortunate to receive a grade set of Kindles to use as an additional tool to foster and support a love of reading. Currently, we are piloting their use in our literature circle reading groups for our Making a Difference unit. One of the advantages of the Kindles is that it makes all of the novels readily available with no wait time. Next year we intend to use them as a replacement for our sets of class novels such as *The Giver*.

The Math and Science Departments in the Senior School received a set of USB writing tablets. These writing tablets are being utilized in classes so that students are able to collaborate and share their work digitally in the classroom and online. Students are able to easily write mathematical and scientific notation which they can save for future classes in Microsoft OneNote. During class they are able to present their work via AppleTV and the SmartBoards and easily update their work in real-time while discussing a question. Once they are finished discussing and presenting a problem, they are able to share their work by creating digital PDF versions and to post on Schoology.

Thank you again for your generous support of our students! Stay tuned for additional updates!

Mrs. Christiane Hodson  
Director of Advancement

### **5-Ton Truck Needed This Week!**

If you have access to a 5 ton flatbed truck with a forklift on the side, we need your help. All the Fair supplies need to be delivered to the school from a warehouse in Newton this Friday, April 25th. Please contact Preet at [preet\\_brar8@hotmail.com](mailto:preet_brar8@hotmail.com) if you can help out. If no one is able to volunteer a truck, we will have to pay for one, which we really don't want to do. Thank you in advance for your help!

Country Fair Committee

### **Country Fair Needs You!**

**The Fair is only 10 days away and volunteer shifts are only 50% full!** Please don't wait until the last moment to volunteer - [sign up](#) now to get your preferred position and shift time.

We have over 900 shifts to fill to make the Fair a success. Pre-fair shifts start this weekend and include recycled treasures sorting, pie baking, gift basket wrapping and logistics set-up. Fair day shifts range from face painting to security, selling toys to supervising games. There is something for everyone and we need each and every parent to sign up today!

For all of our loyal BBQ Dads and Moms, we could use your help with beverage stations. Now that we have food trucks, we will be providing all the water, pop and our famous root beer floats to the public! To sign up for beverage stations, please select a BBQ shift on the online sign-up.

If you are having a hard time choosing which great job to sign up for, leave it to us! We are happy to help and all you have to do is sign up for "Wherever I'm Needed" and select the time that works best for you. We will take care of the rest! For anyone that requires assistance with online sign-up, contact Lisa Boudot directly at [lboudot@southridge.bc.ca](mailto:lboudot@southridge.bc.ca) or 604-542-2303.

Thank you for your continued support of the Country Fair!

Country Fair Committee

### **News From the Bake Table**

Ten days to the Fair! If you haven't already done so, it is time to plan for your Bake Table contribution of three homemade items (no cake walk cakes required this year). Remember to package your baking so it is enticing for our customers and is completely covered for freshness.



If you prefer, you may pick up packaging in the entrance area of the Junior School at drop off and pickup on Wednesday, April 30<sup>th</sup> or Thursday, May 1<sup>st</sup> next week. We have packaging for popcorn, granola, cookies, loaves, brownies, squares, and muffins!

Mother's Little Helper is reaching their baking capacity! Submit your order by this Friday, April 25<sup>th</sup> at either school's reception if you want the grads to take care of your baking for you! Happy baking!

Deesha Thind and Gemma Martini

### **Fair Collection Starts This Saturday!**

Item drop off times are:

- Saturday and Sunday (April 26<sup>th</sup> and 27<sup>th</sup>): 9:00 am - 5:00 pm
- Monday and Tuesday (April 28<sup>th</sup> and 29<sup>th</sup>): 8:00 am - 4:00 pm
- Wednesday (April 30<sup>th</sup>): 8:00 am - 8:00 pm
- Thursday (May 1<sup>st</sup>): 8:00 am - 4:00 pm
- No collection on Friday please!!

### **We Can Pick Up Your Large Items for the Fair!**

If you have large items to donate that require pick-up please contact Mike Schmidt [cfairlargeitempickup@southridge.bc.ca](mailto:cfairlargeitempickup@southridge.bc.ca). Pick-ups will be scheduled for the evenings of Wednesday, April 30<sup>th</sup> and Thursday, May 1<sup>st</sup>. Please read the attached flyer for more information.

### **Recycled Treasures News; Recycled Treasures, Toys, Clothing and Books**

A detailed list of acceptable Fair items is located on the Country Fair webpage. Hangers for clothing are also now available in the Junior School Great Hall.

Items not accepted:

- Anything that is broken or in need of repair
- Large appliances (fridges, freezers, stoves or microwaves)
- Old skis
- Window blinds
- Children's car seats (boosters and infant seats)
- Monitors and Televisions
- Helmets
- Mattresses

It costs the school to dispose of damaged and unsellable items so please be considerate when dropping off your donations. Thank you.

### **We Need Your Bags!**

Recycled Treasures and Books are collecting plastic and canvas bags to be used at the Fair. Take this opportunity to recycle all those bags and drop them off in the collection bin in the Junior School Great Hall.

### **Loonie Treasure**

Wanted!! All your small gently used toys for the Loonie Treasure bags. McDonalds toys, party bag loot, hot wheels, matchbox cars, actions figures, trading cards, etc. There is a bin in the Junior School Great Hall awaiting your donations!

### **Cafeteria News**

Sushi rolls and rice bowls are new to the cafeteria. Fresh baked muffins, chocolate croissants, scones, and breakfast wraps are made daily. Come and check us out.

Mr. Mike Leif  
Chef Manager

## **Girls Only Camps**

**June 30 - July 4**

### **F113 - Future Star Girls' Basketball/Fun Time Challenge**

Ages 9 - 11 (as of 12/31/14) \$225.00  
Be a future star GIRLS basketball player in the morning and then spend the afternoon developing your leadership skills. If you are passionate about the game of basketball and want to develop your skills to become the best player possible in a positive and fun learning environment then this is the camp for you! Campers will work on shooting, passing and ball handling techniques daily, while learning positional play, transitional play and tips to become a top notch offensive and defensive player. Dynamic warm ups and core conditioning will be taught so you will be able to move quickly, jump higher and beat your defender more effectively. Coach Kristin Hazzard played three varsity sports in university, including basketball, where she was an Academic All Canadian and team MVP. She currently is the Head of the Girls Basketball program at Tamanawis Secondary School. In the afternoon, join Southridge teacher Megan Fretter as she challenges campers with fun problem-solving activities and challenges designed to develop leadership skills. Activities will develop team cohesion and challenge participants to step outside their comfort zone to help build self-esteem in a safe and supportive atmosphere. Each young leader will have opportunities to become a better communicator, build trust, set goals, and recognise other leaders' strengths and more. Participants are advised to wear running shoes, bring extra water/juice and a healthy snack to help fuel their bodies for the day's activities. This camp qualifies for the child fitness tax credit. Instructor: Kristin Hazzard - Tamanawis Secondary. Instructor: Megan Fretter - Southridge School

**June 30 - July 4**

### **F114 - Future Star Girls' Basketball**

Half Day (9:00 am to Noon)  
Ages 9 - 11 (as of 12/31/14) \$145.00  
Calling all future GIRL basketball stars! If you are passionate about the game of basketball and want to develop your skills to become the best player possible in a positive and fun learning environment then this is the camp for you! Campers will work on shooting, passing and ball handling techniques daily, while learning positional play, transitional play and tips to become a top notch offensive and defensive player. Dynamic warm ups and core conditioning will be taught so you will be able to move quickly, jump higher and beat your defender more effectively. Coach Kristin Hazzard played three varsity sports in university, including basketball, where she was an Academic All Canadian and team MVP. She currently is the Head of the Girls Basketball program at Tamanawis Secondary School in Surrey and

has experienced great success as a coach. A variety of different games will be used to teach the different skills and concepts, which makes this camp so much fun! This camp qualifies for the child fitness tax credit. Instructor: Kristin Hazzard - Tamanawis Secondary

**June 30 - July 4**

### **F122 - Future Star Girls' Basketball/Fun Time Challenge**

Ages 12 - 15 (as of 12/31/14) \$225.00  
Join Southridge teacher Megan Fretter in the morning as she challenges campers with fun problem-solving activities and challenges designed to develop leadership skills. Activities will develop team cohesion and challenge participants to step outside their comfort zone to help build self-esteem in a safe and supportive atmosphere. Each young leader will have opportunities to become a better communicator, build trust, set goals, and recognise other leaders' strengths and more. In the afternoon, be a future star GIRLS basketball player and spend the afternoon developing your leadership skills. If you are passionate about the game of basketball and want to develop your skills to become the best player possible in a positive and fun learning environment then this is the camp for you! Campers will work on shooting, passing and ball handling techniques daily, while learning positional play, transitional play and tips to become a top notch offensive and defensive player. Dynamic warm ups and core conditioning will be taught so you will be able to move quickly, jump higher and beat your defender more effectively. Coach Kristin Hazzard played three varsity sports in university, including basketball, where she was an Academic All Canadian and team MVP. She currently is the Head of the Girls Basketball program at Tamanawis Secondary School. Participants are advised to wear running shoes, bring extra water/juice and a healthy snack to help fuel their bodies for the day's activities. This camp qualifies for the child fitness tax credit. Instructor: Megan Fretter - Southridge School, Instructor: Kristin Hazzard - Tamanawis Secondary

**June 30 - July 4**

### **F123 - Future Star Girls' Basketball**

Half Day (12:30 pm to 3:30 pm)  
Ages 12 - 15 (as of 12/31/14) \$145.00  
If you are passionate about the game of basketball and want to develop your skills to become the best player possible in a positive and fun learning environment then this is the camp for you! Campers will work on shooting, passing and ball handling techniques daily, while learning positional play, transitional play and tips to become a top notch offensive and defensive player. Dynamic warm ups and core conditioning will be taught so you will be able to move quickly, jump higher and

beat your defender more effectively. Coach Kristin Hazzard played three varsity sports in university, including basketball, where she was an Academic All Canadian and team MVP. She currently is the Head of the Girls Basketball program at Tamanawis Secondary School, Instructor: Kristin Hazzard - Tamanawis Secondary

### **July 7 - 11**

#### **S209 – Girls Only! Sports and Fun**

Ages 7 - 9 (as of 12/31/14) \$225.00

Let's go girls! Girls Only Sports and Fun Camp is for young women looking to develop a lifelong passion for sport, recreation and physical activity, in a fun and safe environment. Participants will increase their overall level of fitness while building teamwork and leadership skills. Our activities cater to the individual level and interests of the group. Campers will participate in a wide variety of different sports including: softball, soccer, volleyball, badminton, basketball, floor hockey, lacrosse, ultimate frisbee, frisbee golf, California kickball, handball, dodge ball, capture the flag, mini Olympics, cooperative games and more! In between the action, participants will be taught how to make lifestyle choices that promote nutrition, health and a fitness for life attitude. Participants must wear running shoes, bring extra water/juice and pack a healthy lunch that will fuel their bodies for the day's activities. This camp qualifies for the child fitness tax credit. Instructor: Megan Fretter - Southridge School

### **July 7 - 11**

#### **S218 - "Just Be." Girls Only**

Ages 9 - 11 (as of 12/31/14) \$235.00

Learning to stop...take a breath...and look around is something we neglect to do in this fast moving often stressful world. "JUST BE." is a program designed to address the issues girls are faced with in their ever changing and challenging lives. Understanding and incorporating the skills to make positive change in one's life and in the lives of those around them is the goal of this program. We will address the concepts of self-esteem, self-respect, self-awareness and how to be a well-adjusted community member. Participants will become active in their development of skills that will help them effectively deal with the demands that society, media and peers place on them. The camp includes yoga and relaxation, art therapy, problem solving and conflict resolution. As well, nutrition, healthy lifestyle, positive body image and socialization skills will round out the many things you can take away from this camp. Janine Orlando is a teacher, school and registered clinical counselor in Langley with over 17 years of experience with youth and families. Janine's skills as a therapist and educator, combined with her qualifications as a yoga instructor and personal trainer provide a well-rounded perspective to life skill development. This camp includes

daily recreational breaks. A good understanding of English is necessary. Instructor: Janine Orlando - Langley Fine Arts

### **July 14 - 18**

#### **T320 - Bump, Set, Spike and Serve!/Fun Time Challenge**

Ages 10 - 12 (as of 12/31/14) \$225.00

Join Southridge teacher Megan Fretter in the morning with fun problem-solving activities and challenges designed to develop leadership skills. Activities will develop team cohesion and challenge participants to step outside their comfort zone to help build self-esteem in a safe and supportive atmosphere. Each young leader will have opportunities to become a better communicator, build trust, set goals, and recognise other leaders' strengths and more. In the afternoon strengthen your skills and make new friends in this girls-only volleyball camp that will focus on developing and improving your bumps, sets, spikes and serves. Participants will develop a positive attitude towards the great game of volleyball, become capable of playing every position on the court, and learn how to be a fantastic team-player while improving leadership qualities. All girls should bring their own water bottle and knee pads (as preferred). A good understanding of English is necessary. This camp qualifies for the child fitness tax credit. Instructor: Calla Jones - Southridge School, Instructor: Megan Fretter - Southridge School

### **July 14 - 18**

#### **T321 – Bump, Set, Spike and Serve!**

Half Day (12:30 pm to 3:30 pm)

Ages 10 - 12 (as of 12/31/14) \$145.00

Strengthen your skills and make new friends in this girls-only volleyball camp that will focus on developing and improving your bumps, sets, spikes and serves. Participants will develop a positive attitude towards the great game of volleyball, become capable of playing every position on the court, and learn how to be a fantastic team-player while improving leadership qualities. All girls should bring their own water bottle and knee pads (as preferred). Join Southridge teacher Megan Fretter in the afternoon with fun problem-solving activities and challenges designed to develop leadership skills. Activities will develop team cohesion and challenge participants to step outside their comfort zone to help build self-esteem in a safe and supportive atmosphere. Each young leader will have opportunities to become a better communicator, build trust, set goals, and recognise other leaders' strengths and more. A good understanding of English is necessary. This camp qualifies for the child fitness tax credit.

Instructor: Calla Jones - Southridge School

### **July 14 - 18**

#### **T322 – Girls Only Fun Time Challenge**

Half Day (9:00 am to Noon)  
Ages 10 - 12 (as of 12/31/14) \$145.00  
Are you up for the challenge?! Campers will engage in fun problem-solving activities and challenges designed to develop team cohesion and leadership skills. Activities will challenge participants to step outside of their comfort zone and build self-esteem in a safe and supportive atmosphere. Each young leader will have opportunities to become a better communicator, build trust, set goals, and recognise other leaders' strengths and more. Participants are advised to wear running shoes, bring extra water/juice and a healthy snack to help fuel their bodies for the day's activities.  
Instructor: Megan Fretter - Southridge School

**July 14 - 18**  
**T327 - Bump, Set, Spike and Serve!/Fun Time Challenge**  
Ages 13 - 15 (as of 12/31/14) \$225.00  
Join Southridge teacher Calla Jones to strengthen your skills and make new friends in this girls-only volleyball camp that will focus on developing and improving your bumps, sets, spikes and serves. Participants will develop a positive attitude towards the great game of volleyball, become capable of playing every position on the court, and learn how to be a fantastic team-player while improving leadership qualities. In the afternoon with Megan Fretter, there will be fun problem-solving activities and challenges designed to develop leadership skills. Activities will develop team cohesion and challenge participants to step outside their comfort zone to help build self-esteem in a safe and supportive atmosphere. Each young leader will have opportunities to become a better communicator, build trust, set goals, and recognise other leaders' strengths and more. All girls should bring their own water bottle and knee pads (as preferred). A good understanding of English is necessary. This camp qualifies for the child fitness tax credit. Instructor: Calla Jones - Southridge School, Instructor: Megan Fretter - Southridge School

**July 14 - 18**  
**T328 - Bump, Set, Spike and Serve!** Half Day  
Ages 13 - 15 (as of 12/31/14) \$145.00  
Strengthen your skills and make new friends in this girls-only volleyball camp that will focus on developing and improving your bumps, sets, spikes and serves. Participants will develop a positive attitude towards the great game of volleyball, become capable of playing every position on the court, and learn how to be a fantastic team-player while improving leadership qualities. All girls should bring their own water bottle and knee pads (as preferred). Join Southridge teacher Megan Fretter in the afternoon with fun problem-solving activities and challenges designed to develop leadership

skills. Activities will develop team cohesion and challenge participants to step outside their comfort zone to help build self-esteem in a safe and supportive atmosphere. Each young leader will have opportunities to become a better communicator, build trust, set goals, and recognise other leaders' strengths and more. A good understanding of English is necessary. This camp qualifies for the child fitness tax credit.  
Instructor: Calla Jones - Southridge School

**July 14 - 18**  
**T329 – Girls Only Fun Time Challenge**  
Half Day (12:30 pm to 3:30 pm)  
Ages 13 - 15 (as of 12/31/14) \$145.00  
Are you up for the challenge?! Campers will engage in fun problem-solving activities and challenges designed to develop team cohesion and leadership skills. Activities will challenge participants to step outside of their comfort zone and build self-esteem in a safe and supportive atmosphere. Each young leader will have opportunities to become a better communicator, build trust, set goals, and recognise other leaders' strengths and more. Participants are advised to wear running shoes, bring extra water/juice and a healthy snack to help fuel their bodies for the day's activities.  
Instructor: Megan Fretter - Southridge School

**July 14 - 18**  
**T331 – Girls Senior Elite Basketball**  
Half Day (12:30 pm to 3:30 pm)  
Ages 13 - 17 (as of 12/31/14) \$165.00  
The goal of the Senior Elite Basketball Camp is to help develop well-rounded, complete basketball players. We look to instill the fundamentals of the game as well as the proper attitude in order to excel. Each camper will experience training that consists of position-specific drills and instruction, classroom sessions, scrimmages and off-court training. We stress teamwork, effort, and sportsmanship, which we feel are important ingredients in achieving success not only on the court but also with family, school, and in life. By the end of the week you will feel more confident in your abilities and see an improvement in your fundamental skills. Coach Chiarenza's goal to develop all aspects of the players' game has resulted in great success for his teams. Coach Paul Chiarenza has achieved excellence in basketball, having been named Head Coach of the U17 Basketball BC Provincial Team for 2014 - 15, was a recipient of Basketball BC's coaching excellence award in 2011, and has worked alongside Canadian Senior Women's national Team coach Allison McNeil at Canada Basketball's Centre for Performance. He is the coach with the most wins in the PacWest. All elite basketball campers will receive a quality practice jersey.  
Instructor: Paul Chiarenza - Southridge School



# Large Item Pick-Up

Thank you for wanting to donate your large items to the Southridge Fair and we are more than happy to come and get them; but before we pick them up, there are some things to be aware of.

Sorry, we are not able to accept the following:

- Anything that is broken or in need of repair
- Large appliances (fridges, freezers, stoves or microwaves)
- Window blinds
- Monitors and Televisions
- Mattresses
- Sofa Beds with Mattresses
- Construction Materials

It costs the school to dispose of damaged and unsellable items, so please be considerate when you ask us to pickup or when you drop off your donations.

Also, please have your items ready in an easily accessible area of your home like the garage. This will allow us to facilitate a greater quantity of pickups over the 2 evenings. Also, the pick-up guys are not equipped to move things from basements etc. and we would not accept any responsibility for damages occurred moving items out of your home.

The boundaries for pick up are, loosely, west of 200<sup>th</sup> and south of 64<sup>th</sup> Ave and occur on the evenings of Wednesday, April 30 and Thursday May 1, between 5PM and 9PM.

Thank you for your generosity, cooperation and understanding.