

Southridge Wednesday

13-14
No. 27

A Weekly Publication of Southridge School

April 9th, 2014

Head of School

Our Programs - Academics and Reflective Inquiry Practices

As you are aware, Southridge's strategic plan was communicated to families back in January. The brochure that summarizes the goals and priorities of the plan can be found on our school's website under the *Who We Are* tab and by [clicking here](#). Over the next few weeks I will use this space in the Wednesday to keep you up to date with the progress we are making as a school toward the achievement of our key strategic initiatives.

The first goal of the strategic plan has to do with our programs. Our priority is for Southridge to refine its programs in four key areas, or initiatives: the learning environment, reflective inquiry practices, experiential learning and the well-being of our students and staff. To help the senior management team make strides toward achieving the school's stated initiatives, an annual action plan is developed with input from the Board of Governors and in consideration of data collected from parents, students and employees through surveys, meetings and information sessions.

The learning environment at Southridge is constantly evolving and getting better. With the recent MYP evaluation, we have identified an action plan that will be implemented over the next few years. Key areas of growth in the MYP include student assessment, conceptual understanding and trans-disciplinary connections within the curriculum. The PYP is initiating its self-study for our next IB evaluation, and the Senior School is continuing to implement the SSEP, with a focus on developing an even more engaged student body.

As with the MYP, the SSEP will focus on student assessment and conceptual understanding, and the curriculum leaders are working with their departments to meet the milestones they set for themselves earlier this year. It is also worth noting that a tremendous amount of work has been done in preparation for our CAIS accreditation visit that is scheduled for November 2014. We anticipate receiving insightful feedback from the visiting team that will stimulate even more actions related to our academic program's continual improvement.

Reflective inquiry practices have extended from the PYP to the MYP as well as the SSEP and our teachers themselves. In all cases, the philosophy driving the practice relates to the important role that excellent questions play in stimulating reflection and growth. Earlier this fall, all of the Senior School curriculum leaders and the IB coordinators in the Junior School participated in a two-day , on-sight training program related to classroom observations and reflective questioning practices for teachers. As a result of the training, literally hundreds of classroom visits have taken place throughout the school, and our curriculum leaders and IB coordinators are preparing specific, individual questions for our teachers pertaining to their practices. These questions will drive purposeful professional dialogue and continued professional growth. Our students benefit greatly from this process as teaching practices are constantly honed and fine-tuned.

I look forward to sharing more with you about the work the school has been doing related to our strategic plan in the weeks ahead.

Have a wonderful week!

Mr. Drew Stephens
Head of School

Important Dates			
Event	Date	Time	Location
House Captain Theme Day	Friday, April 11 th	All Day	
30 Hour Famine	Friday, April 11 th		Alan Brown Great Hall
Southridge Speaker Series - Dr. Alex Russell	Wednesday, April 16 th	7:00p.m. - 9:00p.m.	Junior School Great Hall
Good Friday - No School	Friday, April 18 th	All Day	Both Schools
Easter Monday - No School	Monday, April 21 st	All Day	Both Schools
Full School Assembly	Wednesday, April 23 rd	9:40-10:30 am	Senior Gym
US University Evening	Wednesday, April 23 rd	7:00 p.m.	Senior School library
Casual Day	Friday, April 25 th	All Day	Both Schools
Senior Girls Volleyball Cuba Trip Information Night - Spring Break 2016	Tuesday, May 6 th	7:00 p.m. – 8:00 p.m.	Alan Brown Great Hall

Human Resources

On behalf of Southridge, I would like to provide you with a staffing update for both the Junior and Senior School. The details are as follows:

Junior School

Jaime-Lyn Hugh has been working as a Learning Resource Teacher since the start of the school year and was recently identified as the successful candidate for the temporary three month grade three teaching position. Jaime- Lyn will be assuming this role for the remainder of the year.

Jenni Watson will be returning from her maternity leave on April 16th and will move into the Learning Resource position on temporary part-time basis for the balance of the school year. Jenni holds a diploma in special education and has worked extensively in differentiating her teaching style, and in using a variety of teaching strategies to ensure mastery. We look forward to her working with our children.

Samara Ridley Thomas will continue in the role of a Kindergarten Teacher for the balance of the school year to ensure continuity and consistency in the delivery of the kindergarten program to our students.

Senior School

After much consideration, Jennifer Kelly has decided to leave Southridge for the 2014–2015 school year as she is relocating to Vancouver Island to be with her family.

Jennifer has been in the role of an English and Drama teacher for the past three years. Her commitment and sound knowledge of the English and Drama programs coupled with her strong planning skills and high level of professionalism have been instrumental in shaping and elevating the drama productions at Southridge since her arrival.

Jennifer feels extremely fortunate to have worked with such incredible teachers, staff and students, and will genuinely miss being a part of the Southridge community.

Paul Doig will be leaving Southridge at the end of the school year as he will be relocating back to Vancouver Island where he has recently secured a new teaching position with Shawnigan Lake School. This move also provides Paul with the opportunity to be closer to his family.

Paul joined Southridge in September 2008 as a Physics /Math teacher. He quickly became actively involved in the student culture at Southridge and moved into the role of Upper Division Coordinator. Here Paul has been able to develop strong connections with the students and has made lasting contributions to the school in the areas of teaching and advising along with coaching as Paul's passion for rugby played a key role in the design and development of our senior school rugby program.

Dale Kurylyk, will also be leaving Southridge at the end of this school year. Dale has been a part of the Southridge community for nine years where he has taught social studies grades 9 – 12, AP Human Geography and acted as the Outdoor Education Coordinator on an interim basis. During his time at the school, Dale has contributed to all aspects of our education program and placed a strong emphasis and commitment to our co-curricular programs such as basketball and golf as well as planning and leading over a dozen international school trips.

Congratulations to Jaime-Lyn and Samara, welcome back to Jenni and we wish Jennifer, Paul and Dale all the best and thank them for their contributions to Southridge.

Darcie Sagert
Director of Human Resources

Junior School News

Rugby - Growing Our Program

Last week I commented about how wonderful it is to see our fields full of students enjoying sport at Southridge, including track and field, soccer and rugby. Rugby has long been a part of Southridge as it is a sport that builds camaraderie, character, and allows for every kind of athlete to participate. This year we have put forth some extra effort into our program and several of our teachers invested in some extra coaching and training. Paul Best, Carol Beaulieu, and Perry Harder attended these sessions, and have several meetings lined up to map out our coaching plans for this year.

In addition, we are pleased to have Andrew Bay, parent of Carson Bay, lend his expertise and enthusiasm to our program, as well as Chris Griffiths, an external coach whom we hired to lead and grow our program. One of the reasons Chris was our choice of coach was due to his extensive love for the sport and his belief in the connections it brings. He believes that all will love the game, love the camaraderie, and love being part of the rugby family, which allows us all to find friends anywhere in the world throughout our whole lives. Play well boys and enjoy the season.

Have a great week.

Mrs. Laurel Middelaer
Deputy Head of School/
Head of Junior School

Junior Library News - Book Swap 2014

Grade 12 Southridge students are fundraising for the Cinderella Project with a book swap in the Junior School.

Here are the details:

What: A process that helps students trade their books from home for “new” books at their reading level as a way of recycling and sharing. Students’ books will be collected on the morning of swap day and students will have an opportunity to choose from these books. To participate in the swap we are asking for \$2.00 per student at the time of book collection. The money will be donated to the Cinderella Project.

Who: All students (K-12) are asked to bring in books at their reading level to swap with others. Grade 7 and Grade 12 students will be assisting with the swap. Ms. Chong will collect the books in the Junior School Library on the morning of Friday, April 11th, 2014.

How: One coupon for every book will be issued for materials brought in and will be used for claiming a new book. We are asking for books at the student’s current reading level to ensure an equal swap for all. Please ensure they are in good condition and are meant for trading. Unfortunately we cannot return books once they have been swapped.

Where: The collection will take place in the Junior School Library and the book swap will be held after lunch on Friday, April 11th, 2014. If there are any questions, please see Ms. Chong.

Ms. Joyce Chong
Junior School Librarian

Senior School News

A Growth Mindset, Creativity and Learning

I begin with a few questions for you:

Have you ever decided not to attempt an activity or learn something new because you thought “I’m not good at that kind of thing”? You convinced yourself that, even before you tried it or because of past experience with something similar, failure was inevitable. If you said yes, was the activity a particular subject in school - art, math, or music perhaps? Finally, was your trepidation or unwillingness due to a comment that was made by someone in your life, giving you this view of yourself?

In the book *Creative Confidence: Unleashing the Creative Potential Within Us All*, Authors Tom and David Kelley provide some key insights into why this thinking can be such an impediment to one’s learning and growth, especially creativity. The very title of the book counters the myth that creativity is a fixed trait and one that cannot be developed. Creative confidence is the belief that everyone is creative and that it’s a skill that can be practiced, strengthened and honed.

One prerequisite for achieving creative confidence, the authors’ state, is that one must truly believe this is the case. They refer to this as a growth mindset which references the research of Carol Dweck, a Stanford psychology professor. As she explains, individuals with a growth mindset “believe that a person’s true potential is unknown (and unknowable); that it’s impossible to foresee what can be accomplished with years of passion, toil and training.”

Transfer this idea to a classroom at Southridge and you can see the importance of this belief when tackling new and challenging concepts. With a growth mindset, a student will take the risk to try new approaches, think a different way and open up their mind to possibilities when thinking critically. The opposite to this type of thinking is to have a fixed mindset. Dweck explored the self-limiting nature of students that had this belief and found that they were willing to sabotage their long-term chances of success rather than expose a possible weakness.

Developing the skills of creativity and innovation is an important part of the Senior School Educational Program (SSEP) and within many subjects and classes we focus on ways to have students practice and gain understanding of these vital future skills. This could be in designing a ball launcher in physics, creating a media arts video assignment to advertise a product or solving a mathematical problem in a different manner. As the above points show, however, that at the core of success is the necessary belief that one CAN be creative and that this creativity can be developed.

The book goes through many steps and important aspects that help to develop one’s creativity. As I continued to read, I was struck by the simple notion that perhaps the most important aspect was a willingness to put in a strong effort. As the old saying goes, “there is no substitute for hard work”.

I encourage you to help your child maintain that all important growth mindset and to try and curb those comments that begin like, “I’m just not good at...”. I know that in speaking with many of you, there are times that you might even agree with them and let them know that perhaps you were not good at a particular subject. But that type of thinking can really impede important growth in skills that are necessary to be successful in their future. Maybe you can even model a willingness to try that difficult skill or activity once again to show your own growth mindset! Have a creative week!

Mr. Doug Palm
Head of the Senior School

Senior School Mathematics - Myth #1: “I’m Bad At Math”

In the first article in this series last week, I remarked on how many people tell me how “bad at math” they are when they first learn that I’m a mathematics teacher. In reality, people are no worse at math than they are at anything else. You don’t hear people regularly say, “I’m bad at thinking or reading or speaking”, yet you often hear people readily confess their fear and lack of confidence with math. There is abundant research that consistently shows that performance in math is not related to innate ability, but rather ongoing effort, perseverance and hard work. There is a direct and causal connection between the amount of effort and the level of success students achieve, and in my experience, many students do not work as hard as they need to in order to achieve the kind of results they desire. More than in any other subject, if you don’t work consistently hard in mathematics, the effect of that will likely show itself more in terms of substandard achievement than in

any other subject. It is no coincidence that in any educational setting I've ever studied in, it was the math courses on which I had to spend the most time to earn the results I wanted.

I see the difference that hard work and personal effort makes on student achievement in mathematics all the time. When a student who has been struggling begins working harder by consistently and sincerely attempting their homework, being more actively engaged in class, and asking questions, their test scores generally improve, often significantly. I also see the opposite when typically hard-working students slack off for a while and their test results plummet. It is important that students understand what creates success in math and what doesn't. I know that some think that their peers are just "smarter" than they are and earn higher marks in mathematics without any effort. This is rarely true, and never in the upper grades. We need to remind students that it is hard work, perseverance, and personal effort that make the difference!

In helping kids gain confidence and success with math, I think it is important that others (i.e. parents, other teachers) not validate or perpetuate the myth that some people can do math and others can't by saying "Well I was bad at math" or otherwise putting a negative spin on the doing or learning of it. Encourage and educate your kids. Mathematics is a learned skill, and anyone can be successful at it if they work hard enough. It is through time spent and the struggle therein that gains in mathematical understanding and competency are made.

As always, your feedback on this series and topic are welcomed at cseib@southridge.bc.ca Below are links to a related article and video on this topic. Have a great week.

Article: "The Myth of 'I'm Bad at Math' ": <http://www.theatlantic.com/education/archive/2013/10/the-myth-of-im-bad-at-math/280914/>

Video: "You're Not Bad at Math..." "<https://www.youtube.com/watch?v=tg0Z--pmPog>

Mr. Cameron Seib
Curriculum Leader for Mathematics

US University Evening

Are you interested in how we prepare your child for the United States university application process? Step into their shoes for an evening and join us in the Senior School library, Wednesday, April 23rd at 7:00 p.m. We ask you to bring along your child's laptop, as we will be simulating various steps along the way, including developing your profile, choosing from the many universities and program's available, dealing with the Common App, and prepping for testing.

This evening is focused on parents of Grade 9, 10, and 11 students, but other parents are more than welcome to attend. Please RSVP Mr. Daryl Weaver at dweaver@southridge.bc.ca or 604-542-1796, so we are ready to get you set up to be a successful US university applicant!

Mr. Daryl Weaver
Assistant Head of Senior School/
Director of Experiential Education

The Realities of US Ivy School Admissions

If Ivy schools are part of the discussions for post-secondary programs, take a look at this article published today in the NY Times:

http://www.nytimes.com/2014/04/09/us/led-by-stanfords-5-top-colleges-acceptance-rates-hit-new-lows.html?_r=1

It is very important to approach US university research in an informed and logical way. Reminder: To help guide parents on how Southridge helps students with this process, Mr. Weaver will be running a US Information Session on Wednesday, April 23 at 7pm at the Senior School. RSVP dweaver@southridge.bc.ca

Mrs. Livingston
Director of University Counselling

Authors' Week - April 7th to April 11th

Authors' week is in full swing, showcasing local authors and inspiring our students as both readers and writers.

- Monday - Southridge Student Rio Breakall (Grade 10) led a fireside chat in the library at lunch, offering his advice on how to develop ideas into writing. He also shared his experiences getting his novel, *The Passing Grade* published.
- Unfortunately, Annakana Schofield was unable to come to Authors' Week due to illness, but we may reschedule her visit after she returns from a book tour in Ireland.
- Our Graffiti Wall outside the library is starting to take shape. Students and staff are getting creative and expressing themselves through their own writing or by adding inspirational quotes.
- Tuesday - Danika Dinsmore: Ms. Dinsmore is a spokenword artist and the author of *The Faerie Tales* from the White Forest Series for middle grades, as well as a featured author at Southridge in 2013 for Authors' Week. She is returning to be our "Writer in Residence" this year, sharing her expertise on creative writing and speculative fiction. She is running a "Building Imaginary Worlds" workshop with some of our students.
- Tuesday - Black Bond Books Book Sale: Our local Black Bond Books is in the Senior Library all day. Students can charge all purchases to their accounts and 10% of the proceeds from the book sales will be donated back to Southridge.
- Wednesday - Caroline Adderson: Ms. Adderson is the author of three novels, two collections of short stories and multiple children's books. Her work has received many prize nominations including the Scotiabank Giller Prize and the Governor General's Literary Award. She is the winner of two Ethel Wilson Fiction Prizes and three CBC literary awards. *Middle of Nowhere* is her novel for middle grades and her most recent novel for adults is *The Sky is Falling*. She will be running her "Person, Place, Thing" writing workshops with some of our classes.
- Wednesday and Thursday - Chris Humphreys: The author of eight historical novels and four young adult novels including *The Runestone Saga*, Mr. Humphrey's new adult novel *Shakespeare's Rebel* is about Shakespeare's fight choreographer. Born in Toronto and raised in the UK, Chris is also an actor and playwright. He currently lives on Salt Spring Island with his wife and son. He promises some captivating presentations for our students.
- Thursday - Cristy Watson: A local author and poet, Ms. Watson has kindly agreed to be a part of Authors' Week in lieu of Anakana Schofield. She will be running poetry workshops with some of our classes.
- Friday - Book Swap in the Senior Library (running concurrently with the Junior School Book Swap) - students can bring in their gently used books starting April 7th until April 11th at lunch in the library. Students can exchange one for one, and all remaining books will be donated to the Country Fair.

Ms. Yee
Senior School Teacher Librarian

Senior Girls Volleyball Cuba Trip - Spring Break 2016

The senior girls' volleyball team will be going to Cuba for a training tour during spring break of 2016. We are excited to have Jonathan Watts, Executive Director of Cuba Sports and Cultural Festivals coming to present the details of this amazing trip.

The trip is open to all students who are currently in Grade 8-10 who will be in Grade 10-12 at the time of the trip. This is an information meeting, to provide parents with the process leading up to the trip and the trip details.

When: May 6th 7:00-8:00 p.m.

Where: Alan Brown Great Hall

If your daughter is interested in participating on this trip, this information session is mandatory. We want to ensure that all information is presented to you as parents and any questions or concerns are addressed as a group.

Thank you and we appreciate your support in making this trip successful! If you have any questions, please contact Mrs. Heather Mosher (hmosher@southridge.bc.ca) or Mrs. Calla Jones (cjones@southridge.bc.ca).

Mrs. Heather Mosher & Mrs. Calla Jones
Grade 10-12 Girls Volleyball Coaches

Wallace Island Trip

Now that we are back from spring break, the Outdoor Ed team is kicking it into high gear! We are starting off our series of spring excursions with the kayaking trip to Wallace Island led by Ms. Berkeley and Mr. Mitchell. There will also be a professional guide who will be accompanying the group for the entire trip. For anyone who has done a kayaking trip in the past or is looking to get into kayaking, it is highly recommended that you check this trip out. It is similar to last year's trip with Mr. Burrage, which went to Pirate's Cove Provincial Park.

This trip is an ideal candidate for use as your qualifying journey for Duke of Edinburgh Silver. It can also be used as a practice journey if you are planning on using Galiano as the qualifying journey for your Duke of Edinburgh Silver. As it is a level two trip, it is expected that anyone partaking has some kayaking experience and is comfortable in the outdoors. However, if you don't have much kayaking experience, you may still be able to go on this trip! With teacher discretion, pre-trip training is a possibility for those needing to work on their wet exits.

Students will be departing the school the morning of Thursday April 24th and will return the evening of Saturday, April 26th.

On Thursday, students will take the ferry to Salt Spring Island and launch their kayaks from a beach there. They will paddle to Conover Cove on Wallace Island where they will setup camp. They will be staying at this campsite for the duration of the trip. On Friday, they will either circumnavigate Wallace Island or go exploring amongst the Secretary Islets. After returning to the campsite, students will have the opportunity to hike around Wallace Island and delve into its past. Saturday morning, students will pack up camp and, time permitting, are free to relax before leaving Wallace Island.

Forms for this trip can be obtained from Ms. Berkeley and are due Monday, April 14th. However, as there are a limited number of spots, it is more than likely that it will fill up before then. So if you are interested, make sure to get a form and bring it in as soon as possible! If you have any questions at all, feel free to talk to myself or Ms. Berkeley.

Jake Strecker
Outdoor Ed Steward

International Trip Calendar for 2014 to 2019

For your long-term planning, please see attached, the most recent International Trip Calendar for the next five years at Southridge. If you have any inquiries about these exciting educational and experiential learning opportunities, feel free to contact Daryl Weaver at dweaver@southridge.bc.ca or 604-542-1796.

Mr. Daryl Weaver
Assistant Head of Senior School/
Director of Experiential Learning

The Grade 10 Production, A Spectrum of Clues. The Board Game Revamped!

The grade 10 drama class is very excited to be performing *A Spectrum of Clues*, this week. Directed by our class, our play based upon both the 1949 murder mystery board game, *Clue* and the 1985 movie, *Clue*, is action packed, full of mystery and suspense. We take you to a dinner party where strangers, all with a secret have something to hide, a weapon and a motive. When some of the guests begin to die we are left to question, who did it? We would like to invite you to take the guess work out of the game, come to the Senior School's little theater on the evening of either April 9th, 10th or 11th at 7:00 pm. Find out who really did it, with what and where, it'll be a shocker!

Admission is by donation, however we have a minimum donation of \$5.00, which includes drinks and snacks from the concession and all proceeds go towards OWL, an orphaned wildlife rehabilitation society.

Back in September, our class started the year by studying the physicality of the dramatic arts through mask. Following this, we learned the complexity of a production when given the opportunity during our one act plays to act as; actor, director, set and costume designer. Shortly after, in December, we were given the chance to perform again, by working as a class to apply what we have learned in drama to a public performance. We all jumped at the opportunity. We brainstormed options for our production, but none of which seemed to sit right with our class, until we came across the option of *Clue*. We were all very eager to turn such a beloved game and movie in to a play and try a hand at melodrama. Naturally, we began by playing the game in order to orientate ourselves with the characters, the suspense and the original idea of *Clue*. We created our script by taking what we could from the already existing movie script and worked very hard to adjust it to fit our

specific needs and our visions for the play. After a few months of rehearsing and exploring melodrama and murder mystery, our time with *Clue* is here. We are delighted to be performing and we hope to see you there!

Maraya Davis

News for Both Schools

News From the Bake Table (No Cakes Required . . .)

It's just over 3 weeks until Fair Day - let the baking begin!

As the Country Fair approaches, our lives become very hectic. Cookies, muffins, loaves, and tarts freeze well, so consider making them ahead so you can easily pull them out of the freezer! We request THREE homemade baking contributions to be delivered at drop off on the Friday (no need to bring a cake for the cake walk this year!). Choose from the recipe selection on the Baking page of the Fair website or better yet - pull out your own family favourites! Consider ever-popular alternative items like granola, caramel popcorn, butter tarts, lemon squares, chocolates, gluten-free items, or pre-baked crumble pies!

Deesha Thind and Gemma Martini

Variety is Key to Our Success!

Are you overwhelmed with other things to do? Consider participating in the Mother's Little Helper program to support our Grads and they will do all the work for you! Order forms are available at the Senior School reception desk and on the Bake Table website! Happy baking!

Deesha Thind and Gemma Martini

Jam-a-Jar: Back by Popular Demand!

Empty jars will be available in the Junior School Great Hall for pick up April 7th to April 11th and should be dropped off between April 14th and April 18th.

Now it is time to get creative! Use your imagination and fill these jars with new items - toys, hair accessories, crafts, stickers, pre-wrapped candy, etc. Look for the display that will be up soon in the Junior School Great Hall for ideas.

Students can decorate the lids but the sides must remain clear to be able to see the contents. Please return the filled jars by April 18th and any unfilled jars should kindly be returned as well. The filled jars will be sold at the Country Fair through a lottery system, which is very popular every year! This Year - Menchie's gift cards will be won by a draw!!

Country Fair Items Needed

Now is the time to start setting aside your gently used toys, household items, clothes, furniture, etc. for our annual Country Fair! We advertise the Country Fair as a 450-family garage sale, so we need each family's support to keep the crowds coming year after year!

If you didn't notice the signs in front of the schools when you returned from spring break, our collection week starts on Saturday, April 26th! Plan to do some major housecleaning that weekend! We are accepting the following:

- Clothing: We welcome all men's, women's, children's, baby clothing and accessories that are clean and new or gently used. Please send in all clothing on hangers (the exception being casual pants, shorts and baby clothes). It really saves the volunteers hours of time if clothes come in on hangers. There will be a display with hangers to take home in the Junior School Great Hall very shortly!
- Books: Please set aside all types of children's, adult fiction and non-fiction books, as well as good quality magazines, comics, and music books
- Dollar Store: Many of the smaller recycled treasures will be sold in bulk at the Dollar Store. Items such as stationary, small party supplies, seasonal items, small stuffies, etc. All would be great donations for the dollar store.

- Toys: We are looking for a wide variety of good quality toys, including Lego, Barbie, games, collectibles, outdoor toys, and even larger items like play kitchens. Please ensure the items are CLEAN and all small pieces are bagged together.
- Recycled Treasures: Now is your chance to recycle any used household items such as linens, small appliances, home décor items, sporting goods, hardware, arts and crafts supplies, seasonal decorations, baby items, and furniture.

Sorry, we will not accept the following:

- Anything that is broken or in need of repair
- Large appliances (fridges, freezers, stoves or microwaves)
- Old skis
- Window blinds
- Children's car seats (boosters and infant seats)
- Monitors and Televisions
- Helmets
- Mattresses

It costs the school to dispose of damaged and unsellable items, so please be considerate when you drop off your donations. Thank you.

Country Fair Committee

Loonie Bag Item Collection

This week we will begin collecting your gently used, small toys for Country Fair loonie bags. Items that will fit into party loot bags such as McDonald's toys, small action figures, cars, small stuffies and toy jewelry are the type of things we can use. You can deposit your small toys in a box marked "Loonie Bags" that will be in the Junior School Great Hall.

Pauline Basran & Cheryl Spence

National Volunteer Week

This week (April 6th to 12th) is National Volunteer Week; a special time designated to recognize, celebrate and thank Canada's 13.3 million volunteers. At Southridge, we are very fortunate to have hundreds of dedicated volunteers who give their time selflessly throughout the school year. Please [click on this link](#) to view a short video - a small token of our sincerest appreciation.

Thank you so much for everything you do at Southridge. We are very fortunate to have such amazing families!

Mrs. Christiane Hodson
Director of Advancement

Important Volunteer Information

The Fair is fast approaching and we are still in need of the entire school community to lend a hand....

We have over 900 shifts to fill to make the Fair a success. Please sign up for as many pre-fair shifts that you can squeeze in to your calendar.

For all of our loyal BBQ Dad's and Mom's...we could use your help with beverage stations. Now that we have the food trucks, we need to provide all of the water, pop and our famous root beer floats to the public! To sign up, please select a BBQ shift on the online sign-up.

We are looking for someone to help Co-Chair the security team for the Fair. Our current Chair is looking for someone to train to take the lead next year so anyone who is looking to join this great group of volunteers...please sign up! There are early morning shifts available for those of you who are juggling sports and kids while your spouse volunteers during the day.

If you are having a hard time choosing which great job to sign up for, leave it to us! We are happy to help and all you have to do is sign up for “Wherever I’m Needed” and select the time that works best for you. We will take care of the rest!

Last but not least; if you happen to have access to a 5 ton flatbed truck with a forklift on the side, we could really use your help. All of the supplies for the Fair need to be delivered to the school from a warehouse in Newton. Please contact Preet at preet_brar8@hotmail.com if you can help out. Thank you.

Volunteer Committee

Dr. Russell Here Next Week - Don’t Miss It!

Dr. Alex Russell, author of *Drop the Worry Ball: How to Parent in the Age of Entitlement* will be here next week, Wednesday, April 16th at 7:00 p.m. in the Junior School Great Hall. Tickets are \$10.00 each and this event is open to the broader community as well so please feel free to invite your friends. Click below for tickets.

<https://www.netdirectories.com/~srs/oler2.cgi?1104>

Dr. Russell is a clinical psychologist and author of the book, *Drop the Worry Ball: How to Parent in the Age of Entitlement*. Dr. Russell will speak to parents about the common challenges children and youth face, including dealing with troublesome behaviours, supporting children at school and controlling or monitoring children’s access to computers, cell phones and other forms of digital technology. He believes that parents need to view failing as a way to build resilience - whether it’s a test, a course, or a tryout for a team as a normal part of growing up.

Mrs. Debbie MacDougall
Director of Community Relations

Uniform Shop

If you need a few extra uniform items to have on hand, now is the time to purchase, we’ve taken big markdowns on the “Grandfathered” uniform items: The blue cotton PE shirts are now \$4.99, senior black or junior green cardigans are all \$9.99 (old logo only), long black PE shorts are \$5.99, the long sleeve swim tee is \$5.99 and boys Speedo jammers and trunks are \$9.99 and our youth blue hoodie is now \$19.99. Not all sizes are available.

Sunny weather is in the forecast; Remember that Summer Uniform starts on Thursday, May 1st.

Don't forget our hours of operation are Monday to Thursday:

7:45 – 9:00 mornings

2:00 – 4:00 afternoons

Barb Collett
Southridge School Uniform Shop
604-542-2337

Check Out Our Summer Sport Camps!

Here are all the great sport and activity camps being offered this summer. [Click here](#) to go to the registration page.

JUNE 30 - JULY 4

F107 - SPORTING GAMES AND MORE!

Ages 6 - 8 (as of 12/31/14)

F111 - FOR BODY, FOR MIND, FOR FUN

Ages 8 - 10 (as of 12/31/14)

GIRLS ONLY! SPORTS AND FUN

Ages 7 - 9 (as of 12/31/14)

F113 - FUTURE STAR GIRLS' BASKETBALL / FUN TIME CHALLENGE
Ages 9 - 11 (as of 12/31/14)

F114 - FUTURE STAR GIRLS' BASKETBALL
Half Day (9:00 a.m. to Noon)
Ages 9 - 11 (as of 12/31/14)

F122 - FUTURE STAR GIRLS' BASKETBALL / FUN TIME CHALLENGE
Ages 12 - 15 (as of 12/31/14)

F123 - FUTURE STAR GIRLS' BASKETBALL
Half Day (12:30 p.m. to 3:30 p.m.)
Ages 12 - 15 (as of 12/31/14)

JUNE 7 - 11

S208 - ALL STAR SPORTS
Ages 6 - 8 (as of 12/31/14)

S209 - GIRLS ONLY! SPORTS AND FUN
Ages 7 - 9 (as of 12/31/14)

S214 - SOCCER SKILLS AND MIND EXERCISE
Ages 8 - 10 (as of 12/31/14)

S215 - SUPER SOCCER CAMP Half Day (9:00 a.m. to Noon)
Ages 8 - 10 (as of 12/31/14)

S224 - SOCCER SKILLS AND MIND EXERCISE
Ages 11 - 14 (as of 12/31/14)

S225 - SUPER SOCCER CAMP
Half Day (12:30 p.m. to 3:30 p.m.)
Ages 11 - 14 (as of 12/31/14)

JUNE 14 - 18

T308 - SPORTS MANIA: BASKETBALL BASICS AND MUCH MORE
Ages 6 - 8 (as of 12/31/14)

T320 - BUMP, SET, SPIKE and SERVE! / FUN TIME CHALLENGE
Ages 10 - 12 (as of 12/31/14)

T321 - BUMP, SET, SPIKE AND SERVE!
Half Day (12:30 p.m. to 3:30 p.m.)
Ages 10 - 12 (as of 12/31/14)

GIRLS ONLY FUN TIME CHALLENGE
Half Day (9:00 a.m. to Noon)
Ages 10 - 12 (as of 12/31/14)

T327 - BUMP, SET, SPIKE AND SERVE! / FUN TIME CHALLENGE
Ages 13 - 15 (as of 12/31/14)

GIRLS ONLY FUN TIME CHALLENGE
Half Day (12:30 p.m. to 3:30 p.m.)
Ages 13 - 15 (as of 12/31/14)

T328 - BUMP, SET, SPIKE AND SERVE!

Half Day (9:00 a.m. to Noon)

Ages 13 - 15 (as of 12/31/14)

T330 - BOYS SENIOR ELITE BASKETBALL

Half Day (9:00 a.m. to Noon)

Ages 13 - 17 (as of 12/31/14)

T331 - GIRLS SENIOR ELITE BASKETBALL

Half Day (12:30 p.m. to 3:30 p.m.)

Ages 13 - 17 (as of 12/31/14)

JUNE 21 - 25

R406 - ALL STAR SPORTS

Ages 6 - 8 (as of 12/31/14)

R410 - BASKETBALL and MIND GAMES

Ages 7 - 9 (as of 12/31/14)

R411 - BOYS AND GIRLS BASKETBALL

Half Day (9:00 a.m. to Noon)

R419 - BASKETBALL and MIND GAMES

Ages 10 - 13 (as of 12/31/14)

R420 - BOYS AND GIRLS BASKETBALL

Half Day (12:30 p.m. to 3:30 p.m.)

Ages 10 - 13 (as of 12/31/14)

School Trip Planning Table
5 Year Outlook Overview: 2014-2015 to 2018-2019

Important Note: These trips are all *tentatively* scheduled in order to allow overall program coordination and to facilitate parent planning. All trips are subject to adequate student interest, foreign affairs advisories, staff availability, and other related issues.

School Year	Christmas	March Break	Summer	Other
2014-2015				
Academic			Peru – Amazon Biology Trip	
Arts		Cuba – Jazz Band /Choir		
Service		India Guatemala		
Athletics	Portland - Sr. Boys Basketball Hawaii – Sr Girls Basketball	Spain – Sr Boys’ Soccer		CAIS Rugby – April CAIS Basketball - January
2015-2016				
Academic			Europe - Battlefields Tour	
Arts				NY Arts Trip - October
Service		Kenya Ecuador		
Athletics	USA – Sr. Boys & Girls Basketball	UK - Rugby/Field Hockey Cuba - Volleyball		CAIS Basketball - January
2016-2017				
Academic				
Arts		Europe – Concert Band		
Service		India Guatemala		
Athletics	USA – Sr. Basketball	Spain – Sr Girls’ Soccer		CAIS Rugby – April CAIS Basketball - January
2017-2018				
Academic				
Arts		Cuba – Jazz Band /Choir		
Service		Kenya Ecuador		
Athletics	USA – Sr. Basketball	US - Volleyball		CAIS Rugby – April CAIS Basketball - January
2018-2019				
Academic			Europe - Battlefields Tour	
Arts				
Service		India Guatemala		
Athletics	USA – Sr. Basketball	UK - Rugby/Field Hockey		CAIS Basketball - January



Mother's Little Helper

Order Form

Name	
Contact Number	
Email Address	

- ✓ The Grads of 2014 will bake, wrap and deliver your 3 baked goods (no more cakes required!) to the Bake Table the morning of Friday, May 2nd.
- ✓ Please attach a cheque with your donation of a minimum of \$35 payable to Southridge School with a notation "Mother's Little Helper" and drop it in the labelled box at the reception of either School.

The Grads of 2014 thank YOU for your support!





©2004 abcteach.com

Week of: April 7th - 11th

Monday

Chicken Pot Pie w/ Wedge Fries

Tuesday

Curry Chicken Noodle Wrap

Wednesday

Mac & Cheese

Thursday

Shepard's Pie

Friday

BBQ Pulled Pork Sandwich

*Menu Subject to Change do to Availability



New to the Southridge Cafeteria:

California Roll	\$ 6.10
Vegetable Salad Sushi Roll	\$ 6.10
Smoked Salmon Sushi Roll	\$ 6.75
Dynamite Roll	\$ 7.90

Comes with Soya Sauce, Wasabi, Chop Sticks