

Southridge Wednesday

13-14

A Weekly Publication of Southridge School

March 12th, 2014

No. 25

Head of School

No One Was Even Looking

I received a phone call last week from someone I had never met but who wanted to let me know how thankful he was for the actions of one of our Grade 9 students. An elderly man in his late seventies was, essentially, housebound due to the large amount of snow that fell in February. His neighbor, a ninety-six year old woman, was in the same situation. They had no place to let their pets out and they both feared being unable to access medical services if they were required.

One of our Grade 9 students was out shoveling his own driveway one day and took it upon himself to help his neighbors. Without prompting or encouragement from his parents - and without anyone looking - he also shoveled the driveways of the elderly man and his ninety-six year old neighbor. This act of goodness was truly appreciated and highly valued by the unsuspecting recipients. The elderly man phoned to speak with me because he was so moved by the demonstration of character that he felt compelled to call the school to express his support for the things "we must be doing right" to educate such a fine person.

Without question, the parents of this Grade 9 student played a significant role in developing his character. And I am certain that many of our students helped their elderly neighbors in a similar way when the snow fell. The point of telling this story is to underscore the notion that our vision and mission are realized in many ways beyond the walls of Southridge. When making a difference happens in these kinds of situations, and when it is influenced by our students' own inclinations to do what is right without the guidance of the adults in our community (teachers and parents alike), I am left with a deep sense of satisfaction, gratification and genuine inspiration.

Sometimes it is easier to act in goodness when other people are watching. In a way, the other people act as our conscience. From this point of view, peer pressure isn't all that bad. However, what we do when no one is watching is when our true and unfettered character shows itself. These are the times when our personal regulatory systems kick in and the respect we have for our own selves is demonstrated. Acting in good character is not just a demonstration of respect for others; it is, first and foremost, a demonstration of the respect we have for ourselves. Integrity of character happens when what we believe in is aligned with our actions.

When we do good deeds like shoveling the driveways of elderly people it just feels right - in our gut and in our spirit. Maybe your gut can't really soar but your spirit sure can. And that's the whole point of Southridge. Letting every spirit soar is not for one's self alone.

Have a wonderful week and a great March break!

Mr. Drew Stephens
Head of School

Important Dates			
Event	Date	Time	Location
Casual Day	Friday, March 14 th	All Day	Both Schools
School Report Cards Home	Friday, March 14 th		Both Schools
Spring Break - No School	Monday, March 18 th to Friday, March 28 th		Both Schools
Late Start	Monday, March 31 st	10:25 am	Both Schools
Junior School Sex Education Parent Night	Wednesday, April 2 nd	6:00 - 7:30 pm	Junior School Great Hall

Human Resources Updates

We are pleased to share with you that Mr. Perry Harder will be continuing in the role of MYP Teacher Intern with Southridge for the upcoming 2014 - 2015 school year. Mr. Harder is enjoying his time with Southridge and has had the opportunity to work with our MYP teachers as well as coach three different sports in our school.

He was a valued member of the CAIS Basketball Tournament Committee and continually demonstrates his love of sport in all that he does. Mr. Harder recently completed his Bachelor of Education degree at UBC in August 2013. Mr. Harder is a sport enthusiast with a passion for teaching, coaching, instructing and encouraging others to lead healthy and active lifestyles. We are thankful for his connections with our students.

Mrs. Darcie Sagert
Manager, Human Resources

Junior School News

Grandparents Are Appreciated

On Tuesday, March 11th we hosted a tea for our grandparents before our PYP matinee performance of *Rain Bird*. Our Grade 3 students met the grandparents at the front door and escorted them to the gym where they were served delicious sandwiches, tea, coffee and chocolate dipped strawberries.

We had some students perform piano pieces, sing, dance, and recite poetry, and the event had a warm, caring tone and atmosphere. There was a wonderful team of parent volunteers, as well as Senior School students who assisted to make this event extra special.

Grandparents are very special members of our community - they represent our history and ancestry, and they instill the values in our families. I have such fond memories of my own grandparents and my dear times with them. A relationship with a grandparent is far different than with a parent. It is hard to define exactly why, but it is just different. Grandparents possess a unique ability to focus on your stories with complete attention - they want all the details of your life. I recall many moments with my own grandparents telling events about my life - I can still see the joy dance in their eyes as they laughed heartily with me or the tender, caring, knowing glance as I shared a tender moment with them. They celebrated the highs and lows in my life with complete and utter dedication. Simply put - I miss their influence and support in my life immensely; however, I am better and stronger as a result of their commitment to me.

I am reminded of one of our guiding principles that state: "The students, parents, teachers, staff, alumni and alumni parents and grandparents create a supportive, safe and loving environment through their positive, caring relationships." I want to reiterate how important our grandparents are to us here at Southridge. Thank you for your investment in your families, but mainly to your grandchildren. Your connection and influence are invaluable and the seeds planted will be reaped throughout their lives.

Have a great week and a great break.

Mrs. Laurel Middelaer
Head of Junior School/Deputy Head

Report Cards and FSA Booklets

Report cards will be sent home with all students on the last day of classes before March break. Report cards will not be given out before that date, as we have editing and final checks that must be conducted in that last week, and it has never been our practice to distribute these early. The school office will be open over the break so that parents may pick up the report card. Additionally, all parents of Grade 4 and 7 students will receive the FSA booklets as well as the FSA marks. These will be mailed directly to your home, so please watch for them over the March break.

Late Start - Monday, March 31st, 2014

We look forward to welcoming all our students back on Monday, March 31st, 2014 for a late start time of 10:25 am. This is a Day 2 in the Junior School, and students should go directly to their period 3 class.

As we have faculty meetings that morning, we cannot provide supervision for students before the time of 10:10 am. In the interest of student safety, please do not send your child early on this day.

Sex Education Night for Parents on Wednesday, April 2nd, 2014

Once again we have invited a 'body scientist' expert to come and speak to our children. Saleema Noon will do a presentation of the lessons she will be providing for all Kindergarten to Grade 7. We encourage all parents (no children) to come to the evening presentation to hear what she will be telling your children. Even if you have heard her before it's a great idea to listen to it again to refresh our memories. Being knowledgeable about the facts she gives the children will help you to answer your child's questions.

Both Saleema and Southridge believe that a parent is the best person to discuss this important topic. Presenting it in school merely assists the discussions to happen. Saleema will give tips on how to answer your child's questions and how much information to give. We hope you will be able to attend this important evening. We believe it is important for all parents to hear her message. She comes on Tuesday, April 30th, 2014 to speak to the students. Be prepared to answer your child's questions during the weekend as the students think about the information they heard.

Mrs. Rowena Raber
Grade 4/PYP Division Leader

Senior School News

Last Week Before the Break!

Seeing as it will already be Wednesday when you read this, we will have already had a number of exciting and memorable events in our last week prior to Spring Break! Monday saw the 4th Annual School Captains Forum during our assembly. This is an event where our candidates for Head Boy and Head Girl next year have a chance to speak to the student body and staff. They are all given the same question on leadership and asked to speak about it for 3 minutes.

The second portion of the forum involves the candidates drawing a question out of a hat and having to think on their feet, decide on a response and communicate this to the audience - no easy feat! I can't tell you how impressed I was by all the candidates after this event. They all exhibited excellent traits of leaders and I feel that each of them stayed true to themselves throughout the forum. It will certainly be a difficult decision for everyone to vote for just one person!

Tuesday was our Speech Day and this continues to be a personal highlight of mine for the year. Students and staff begin the day voting for the School Captains and then proceed to an introduction of the day with an excellent presentation of some Slam Poetry as well as a video of a speech from past Speech Days. Throughout the day there are various types of speeches for each grade - dramatic interpretation, persuasive, after dinner, poetry recitation, TED talks and slam poetry. The finale is the showcase, allowing a few of these speeches to speak to the entire Senior School once more. We wrap up the day with the awards presentation and the announcement of next year's Head Boy and Head Girl. As I have to submit this prior to Tuesday, I will not have learned this news as of yet. The day allows so many students the opportunity to speak in front of their peers and share their talents in communicating so effectively.

Wednesday will see our Senior Band Italy Tour depart. This ten day trip will be a wonderful opportunity for the students to experience the culture of this country in many cities including a number of performances in some breathtaking venues and locations. I am certain after looking at the itinerary that has been planned that it will be a trip of a life time! Many thanks to Mr. Burrage, Ms. Parker, Mr. Mitchell and Ms. Becker for their efforts with chaperoning and planning this trip.

Additionally, over the Sunday and Monday our three service trips will be departing from the Vancouver airport. One trip will be travelling to Ecuador with Mr. Sterelyukhin and Ms. Rodriguez-Lang and two trips will travel to Kenya. One group will be guided by Mr. Weaver and Ms. Lai and the other will have Mr. Geddert and Ms. Lew leading. They have been preparing for this for an entire year and having spoken to many of the participants they are incredibly excited for it to begin. I am certain that it will represent the potential to challenge and push their perceptions of our global world. I can't wait to hear the students' reflections of the trip and impact that it has had on each of them. I want to publicly thank the faculty and acknowledge their commitment and dedication over the break to be with the students! This is a real sacrifice to their own family time and we certainly appreciate it.

Thursday will see us enjoying a Spirit Day to celebrate the end of the term. We will have an assembly with fun activities and a culminating slide show to reflect on all the amazing opportunities that have occurred over the term. Given the proximity to St. Patrick's Day, the theme will be one of green - head to toe and we encourage all staff and students to get into the spirit!

Finally, Friday will finish up our term with a Casual Day in aid of our Country Fair and the distribution of the Term 2 Report Card. Please take time with your child to read through the grades and comments. A reminder that the report is cumulative and the grades represent the students standing from September until now. I encourage you to take some time along with your child to plan some goals to begin Term 3. As always, if you have any questions or concerns, please contact the teacher directly or myself.

I would also like to take a moment to thank the students for their effort, commitment and energy over the past term. It is amazing what you have accomplished as teams, groups, individually and as a collective whole! Parents, thank you for your support and encouragement of your child and the many ways you support our program at Southridge. It is greatly appreciated by all of us and is vital for the students' success!

My final wish to each of you is that you take some time to refresh, recharge and ready yourself for the final term of the school year, especially the students. Whether that is away on a holiday (or a school trip or tour) or close to home, perhaps you will be able to enjoy some quality time with family and friends and avoid a bit of the "busy-ness" that school can cause. Be sure to breathe - slow down and change the pace a bit!

Take care and have a wonderful Spring Break. See you in April!

Mr. Doug Palm
Head of the Senior School

Outdoor Education Planning

As term 2 comes to a close, I figured it would be a good idea to let everyone know about the outdoor education trips in 3rd term. We have three big trips running at this point, and I have posted the dates and information below. This information is just for planning purposes as there will be more information given closer to the dates of the trips.

First Trip:

Where: Kayaking Trip to Wallace Island

With: Ms. Berkeley and Mr. Mitchell

Dates: Wednesday, April 23rd - Saturday, April 26th

Important Information: This trip can be used for your Duke of Ed Silver (however, you must have completed a practice journey on your own prior to this trip). It can also be used as a practice journey for the Galliano trip.

Second Trip:

Where: Galliano Biking/Kayaking Trip

With: Mr. Sterelyukhin and Ms. Szymczak

Dates: Thursday, May 8th - Saturday, May 10th

Important Information: This trip can be used for your Duke of Ed Silver or as a practice journey for KVR

Third Trip:

Where: KVR Biking Trip

With: Ms. Beer, Mr. Sterelyukhin, Mr. Dods, Ms. Lew, and Ms. Alexandra

Dates: Thursday, May 22nd to Sunday, May 25th

Other Important Information: This trip can be used for your Duke of Ed Gold

As always, if anyone has any questions, feel free to talk to me or send me an email.

Jake Strecker

Rugby Season has Arrived!

The snow on the pitches has melted and the boys are arriving home happy, tired, muddy, and hungry. Rugby season has arrived!

The Senior boys 1st XV team played a great opening exhibition match last week on Wednesday, March 5th against Elgin Park Secondary. It was a great local derby with many of the lads knowing each other from various sports on the peninsula. Matching up against the starting teams, Southridge was up 17 - 7 at the half. Elgin had many boys and made substitutions and we rolled to a 32 - 12 win. It was a nice start to our season.

The Junior boys (Grade 9/10) had a back and forth grudge match on Friday, March 7th against another local rival, Earl Marriot. The boys were up at half 12 - 10 and fought very hard, but lost a tight one in the end 22 - 19. It was the first rugby game for many of the boys, and it is a promising season for this young team.

The Grade 8 boys are also in full swing as they have been practicing and learning the game. They will have their first game in a jamboree of teams at South Surrey Athletic Park (20th and 148th) on Wednesday, March 12th, starting at 3:30 pm. This format will be a mix of 7s games between several local teams. It will be a fun afternoon of quick, open rugby for the young lads!

If you are keen to learn more about the sport of rugby, please sign up for one of our Rugby 101 sessions that will be held in April and May. Invites for these sessions will be posted through the Wednesday and the team Schoology pages.

Enjoy the season! Bring your wellies and a broly as you cheer on the lads!

Mr. Paul Doig

Grad Bottle Drive

The grads will be holding another bottle drive after spring break. We appreciate all of your support over the year. We will be collecting bottles from 10:00 - 10:30 am on Monday, March 31st (late start) and 7:30 - 8:00 am on Tuesday & Wednesday. Enjoy your spring break!

Ms. Heather Mosher

Grad Baby Photos

At the Grade 12 convocation, there is a slideshow that shows baby pictures and graduation pictures. I have sent out emails reminding students to get their baby photos in a digital format to me ASAP. I require the photos after spring break, as there are many details to get ready. I would greatly appreciate if everyone is able to get their photos to me (in a digital format) by April 4th. Thank you

Ms. Heather Mosher

The Grade 8 Concert Band Earns Superior Ratings at Bandfest 2014!

On Wednesday, March 5th, the Grade 8 Concert Band embarked on our annual trip to Victoria to perform at the University of Victoria Bandfest. The students have been preparing for the festival all term in a variety of instrumental configurations and were ready to perform. After a workshop with Mr. John White and a concert for an appreciative Junior School audience, we sailed to Vancouver Island and went straight to the University. The University Centre stage allowed the students to spread out and really hear themselves due to the acoustics of the room. They performed brilliantly; the sound was "healthy" and confident. Our adjudicators, David Becker, Director of Bands Emeritus at Lewis & Clark College, and Dr. Michael Keddy, Director of the UVIC Don Wright Symphonic Winds and the Greater Victoria Concert Band, were impressed with the Grade 8 performance and even suggested that we increase the level of difficulty of music that the group is playing: "This group can handle it." The students earned Superior ratings from the adjudicators; the Music Department could not be more proud.

After an intense day of music, we enjoyed dinner and a movie before heading to bed. On Thursday, we explored the Shaw Ocean Discovery Centre and then made our way back to the mainland. On behalf of the Grade 8 Concert Band and the Music Department, we would like to thank Ms. Eggertson, Mr. Dods and Ms. Berkeley for accompanying us on the trip and assisting with the many tasks involved in traveling with a large group of teenagers. We would also like to thank Dr. Bessflug, Ms. Middelaer and the Junior School teachers for allowing us to perform for the Junior School students.

Congratulations to all of the Grade 8's. We cannot wait to hear you play at Cafe Concerto in May!

Ms. Parker, Mr. Mitchell and Mr. Burrage

An Evening of Jazz and Cuba Info Night on Thursday, April 3rd

In the past month, three of our jazz ensembles attended the Envision Jazz Festival (Mr. Mitchell wrote about our successful two days at the festival). Because these groups had no opportunity to perform for the Southridge community and their parents, we would like hold An Evening of Jazz on Thursday, April 3rd at 7:00 pm in the Alan Brown Great Hall.

The Grade 9, Grade 10 and Senior Jazz Bands will perform some of their festival repertoire. Also, the Jazz Studies 9 and Groove Merchants (Jazz Studies 10) will play. Lastly, we will spend the last 15 minutes giving parents and students information about the proposed Cuba Jazz Tour for spring break 2015. Our jazz bands and vocal groups have travelled to Cuba four times in the past; each trip has been a wonderfully enriching, bonding and musically invigorating adventure.

Hasta luego todos.

El maestro Burrage
Music Curriculum Leader

News for Both Schools

Last Call for Southridge Sun Run Registration!

Thank you to everyone who has already joined our school team! The final deadline to register for the Southridge School Team is Friday, March 21st. Please note that all ages and levels of runners are welcome - from beginners to experts. There is no pressure to run at a certain pace; in fact, many people walk the Sun Run. It's just fun to run (or walk) knowing that you are wearing 'Southridge School' on your back!

To register:

1. Go to www.vanouversonrun.com and select 'Register' and then click 'Register for a Team'.
2. Our team name is "Southridge School" and the code to join the team is "leteveryspiritsoar".
3. Fill out your information, choose between the 2.5k Mini Race or the full 10K, and proceed to the checkout.

Happy Training Everyone! If you have any questions, please feel free to send Ms. Fretter or Dr. Bespflug an e-mail.

Ms. Megan Fretter
PYP Intern

Summer Camps - After Camp Supervision is Over Half Full

This is just a reminder that summer camp registration is now open. If you need after camp supervision you should sign up now as over half of the available spots have been taken already.

We have lots of camps to choose from with lots of great teachers. [Click Here](#) to check them out!

Mrs. Debbie MacDougall
Director of Marketing

Gift Basket Items Due This Friday

The March 14th casual day is dedicated to the collection of new items for Gift Baskets for Country Fair. The collection boxes are outside each classroom from March 7th to March 14th. Please have your child/children bring in their new items. If each student brings in a new item, Gift Baskets will be a great success for Country Fair.

Spring Cleaning - Save Your Stuff For the Fair

Recycled treasures, large furniture, toys, clothing, books, loonie bags and dollar store all need your stuff for the Country Fair this year. Please remember to place these items aside while you are getting your spring cleaning done. We need your stuff.

New! Country Fair 2014 Food Trucks

We are excited to bring food trucks to the Country Fair this year. We believe it will bring new guests and supporters to the fair. For the first time we will not be having BBQ stands at the event and are asking our loyal BBQ volunteers to select another volunteer position. Thanks for supporting our idea and the Fair.

Country Fair 2014 Committee

News From the Bake Table

Are you looking for new ideas for baked goods and homemade snacks for your child's lunch? It is much too early to start baking for fair day but we thought we could get you in the mood with some enticing recipes. Check out the Bake Table link

on the [Fair Website](#). We recommend you try one of the recipes we have posted. They have been tested at home and we (and our children) vouch for their success.

New gluten-free options have been added and the ginger cookie dough is a great one to freeze and bake fresh when you need a sweet treat! Happy baking!

Gemma Martini and Deesha Thind

Mother's Little Helper is Open for Business!

Let the grads of 2014 help reduce your stress the week before the Fair. They will take care of your bake table contributions (3 baked items...no cake required this year) if you donate to their grad fund!

[Click Here](#) for the order form and submit your orders early - this program has sold out 3 years in a row! Thank you for your support.

Navdeep Dhaliwal
MLH coordinator

Flower Sales

The grad committee has taken over the flower sales for the first time this year! We are excited to be given this opportunity to raise funds for our dinner dance and offer some beautiful flower options to our school community. Since this is our first year, we will be selling three arrangements:

- a 12" hanging basket,
- a 14" oval planter and
- a 12" swirl planter.

All orders are due on April 18th and pick up dates are May 8th and May 9th (just in time for Mother's Day!). There will be no flowers or plants sold at this year's Fair - so please [Click Here](#) to place your orders with us! Thank you for supporting our grads!

Mrs. Heather Mosher & Grad Committee

Country Fair Volunteer Shifts are now available for Sign-Up!

As you all know, the Country Fair requires the support of all our parents. There are over 900 volunteer shifts for Pre-Fair and Fair Day available! Starting on Monday, March 10th, these shifts were all available for online sign-up! It's first-come, first-served - so if you want that afternoon shift in Recycled Treasures, [Click Here](#) to sign up right away!

Not sure what you want to do or don't have a preference? Sign up for a "Wherever I'm Needed" shift and we'll assign you a great position.

Loyal BBQ volunteer? Because of the Food Trucks this year, we don't have BBQ shifts available. Please sign-up for another equally fun shift in Recycled Treasures, Large Items, Toys, Security or Traffic & Parking!

Having trouble signing up? Contact Lisa Boudot at 604-542-2303 or lboudot@southridge.bc.ca.

Thank you everyone for your continued support!

Volunteer Committee
& 2014 Country Fair Team

Playground Volunteers Still Needed

Haven't volunteered yet for the playground but would like to? Are you a Senior School parent that has time to help out at lunch? Please sign up online to volunteer to be a playground supervisor. Shifts and schedule is flexible. Criminal Record Check required. Thank you!

Volunteer Committee

Country Fair Gift Baskets

The March 14th casual day is dedicated to the collection of **NEW** items for Gift Baskets for Country Fair. The collection boxes are outside each classroom from March 7th to March 14th.

Please have your child/children bring in their **NEW** items between March 7th and March 14th. If each student brings in a new item, Gift Baskets will be a great success for Country Fair.

The categories for each grade are:

Kindergarten & Grade 1: Children's Toys and Games (lego, craft kits, crayola sets, hair accessories, activity sets, bratz dolls, baby dolls, books, and any other popular children's toys)

Grades 2 & 3: Kitchen and Gourmet Items (oven mitts, tea towels, cloth napkins, cook books, fancy spices, oil and vinegar sets, garlic presses, cheese harps, coffee, tea, ice cream scoops, salt and pepper grinders, gift certificates)

Grades 4 & 5: Summer Fun and Garden (beach towels, children's sprinklers, sun screen, garden planters, garden gloves, seeds, watering cans, garden tools, gift certificates)

Grades 6 & 7: Mother's Day (bath products, spa items, candles, perfume, lotions, fancy soaps, bubble bath, scarves, picture frames, gift certificates)


Thank you for your support!
Gift Baskets Committee



Mother's Little Helper
Order Form

Name	
Contact Number	
Email Address	

- 1)
 - 2)
 - 3)
- ✓ The Grads of 2014 will bake, wrap and deliver your 3 baked goods (no more cakes required!) to the Bake Table the morning of Friday, May 2nd.
 - ✓ Please attach a cheque with your donation of a minimum of \$35 payable to Southridge School with a notation "Mother's Little Helper" and drop it in the labelled box at the reception of either School.

The Grads of 2014 thank YOU for your support 

MOTHER'S DAY FLOWER SALE

Add some *colour* to your season!

14" Oval Garden Planter



\$25.00

12" Swirl Planter



\$30.00

12" Mixed Hanging Basket



\$25.00

Orders Due by: April 18th

Purchase online with your credit card!

Pick-up your flowers at Southridge School on May
8th and 9th from 2-4 pm

Perfect spring flowers for the garden or as a mother's day gift.