

# Southridge Wednesday

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13-14

A Weekly Publication of Southridge School

November 13, 2013

No. 11

## Head of School

### Philanthropy and Southridge

This Friday, on November 15, Canada recognizes the importance of philanthropy with a special day designated as National Philanthropy Day. Canada was the first country in the world to recognize philanthropy by assigning a special day on its national calendar to recognize the important contributions that philanthropy has made in our lives, our communities, and our world. In essence, philanthropy is an expression of our voluntary commitment to making a difference in the world. In that sense, philanthropy fits very well with what Southridge is all about – making a difference.

At Southridge, one of our four defining pillars is a genuine commitment to service – service to each other and to the wider community. We know that one act *can* change lives. We see this happen often at Southridge through the relationships we have with the many organizations and communities we support in our service learning program, both locally and internationally. In fact, the inspiration for the theme of this year's *The ONE Gala* was our service pillar, which is so closely tied to the principles of philanthropy. Our students know the importance of balancing knowledge and goodness, and the philosophical support that this year's gala is giving to that balance is meaningful.

Another element of philanthropy at Southridge is our annual campaign. Over the years, many of our families have contributed to this campaign, and I would like to thank them for their generous and ongoing support. Just last week, our annual appeal for this year's EveryONE Annual Campaign was launched. We are asking all our families without a current pledge to Southridge to consider making one gift to their chosen area at Southridge – from arts or athletics, to service or bursaries. Gifts made to the EveryONE campaign will be used to purchase extraordinary items or to do extraordinary things that will make our school even better. Our goal is 100% participation – and every gift counts, regardless of the amount. You can make a gift online by visiting [www.southridge.bc.cca/givenow](http://www.southridge.bc.cca/givenow) or, if it is easier for you, you can return your pledge form to Christiane Hodson, our Director of Advancement.

Over the years, Southridge has experienced enormous success that has been made possible by the spirit of philanthropy that is alive and well at our school. Even though it is a complete coincidence, the fact that National Philanthropy Day falls just ONE day before our ONE Gala is something to think about . . .

Have a wonderful week!

Mr. Drew Stephens  
Head of School

Important Dates			
Event	Date	Time	Location
Annual General Meeting	Wednesday, Nov 13	7:00 – 9:00 PM	Jr School Great Hall
PYP Parent Night	Thursday, Nov 14	6:00 - 7:30 PM	Jr School Great Hall
Gala	Saturday, Nov 16	7:00pm - 11:59 PM	Sr School Gym
Grade 6 & 7 Dance	Friday, Nov 22	7:00 – 10:00 PM	Jr School Gym
AR Reading Cut-off – Grade 3-7	Friday, Nov 22		
Casual Day	Friday, Nov 29	All Day	Both Schools
Grade 10 One Act Play	Monday, Dec 2 & Tuesday, Dec 3	7:00 – 9:00 PM	Sr. School Theatre
Prospective Parent Night	Thursday, Dec 5	7:00 – 8:30 PM	Jr School Great Hall
Senior Winter Concert	Wednesday, Dec 11 & Thursday, Dec 12	7:00 – 9:00 PM	Alan Brown Great Hall
Sr School Report Cards Home	Friday, Dec 13		
Junior Winter Concert - Matinee	Tuesday, Dec 17	1:30 – 3:00	Junior Great Hall
Junior Winter Concert	Wednesday, Dec 18	6:30-9:00	Junior Great Hall
Jr School Report Cards Home	Friday, Dec 20		

## Junior School News

### Sport—Play with Heart

In the past few days, I have observed Mr. Gallant, Mr. Porpaczy, Mr. Anderson, Ms. Reid, Mr. Harder and Ms. Fretter and some of our senior school students as they added their expertise for the CAIS basketball tryouts. I marveled at the turnout of boys in grade six and seven with the pursuit of a position on a CAIS team with 14 spots. I also marveled at the spirit of these young men as they ‘played with heart’ and ‘left everything’ on the court. No matter the outcome, or who secured a spot on the team, these young men should be proud. I witnessed a level of camaraderie among these boys as they bonded through these tryouts. Although playing in a competitive setting, they were cheering each other on, and giving encouraging hoots or hollers when anyone scored a basket. In sport, the outcome, although important, is secondary to the commitment and heart with which you play. I am so proud of these grade six and seven boys. Playing with heart, with odds not necessarily stacked in your favour, demonstrates true determination and character. Lessons learned in sports often translate to lessons we learn in life. I learned a lesson from these boys—no matter what the odds, no matter what obstacles you face—play with heart, and hold nothing back. At the end of the day, there is pride in knowing that you did your best, and gave it your all.

Mr. Gallant and Mr. Porpaczy have been quite busy these past few weeks in organization of details for the CAIS basketball tournament that we are proudly hosting on January 29 – February 1, 2014. There are 15 other U 13 boys’ teams from other CAIS schools that will be coming to play basketball here, and I am certain you can appreciate the logistics and planning for an event of this magnitude. In the capable hands of Mr. Gallant and Mr. Porpaczy, we are in for a real treat of basketball. Thank you in advance to both, for not only coaching our boys, but planning for the other 180 boys that will join us at the end of January.

Have a great week,

Mrs. Middelaer  
Head of Junior School

### AR Reading Cut Off Date—Friday, November 22, 2013- Grade 3-7

Just a reminder to all students in grade three to seven that the last day for writing AR tests that count towards term one is on Friday, November 22, 2013. It is helpful to know that this deadline is looming in order to avoid a last minute rush on test-writing. Ideally, students set realistic goals in consultation with their teachers, and the AR goal is manageable and attainable; we are just supporting good reading habits. However, we are mindful that lives get busy, and knowledge of deadlines is very helpful.

### **Upcoming Christmas Concerts**

Being mindful of the upcoming season and busy schedules, we would like to announce the dates of our Christmas concerts: Matinee performance on Tuesday, December 17, 2013 at 1:30 pm and an evening performance on Wednesday, December 18, 2013 at 6:30 pm. We hope that our families will be able to attend one of these presentations.

### **Dismissal for Christmas Holidays and Return for Monday, January 13, 2014 - Late Start**

On Friday, December 20, 2013, all students are dismissed at 12:00 noon. At this time, all students will receive their report card. Our Christmas break is three weeks this year and please ensure that your calendar is clearly marked for a return date of Monday, January 13, 2014 (Day 2). Please also note that we have a late start that day and students need to arrive between 10:10 and 10:20 for a start time of 10:25 am. Please do not bring students any earlier as the faculty will be in meetings and unavailable to supervise.

### **PYP Parent Information Night - Wednesday, November 20, 2013 - 6:00-7:30 pm**

Being part of the International Baccalaureate community, it is important for parents to be active participants in their child's learning. This year, several members of the PYP faculty will be hosting 2 sessions for parents on various areas of the Primary Years Programme. These sessions are meant to create an awareness of the programme, provide a forum for networking and dialogue, and provide tools and ideas on how to support your child's learning in the home. The two presentations will take place simultaneously and you will have an opportunity to choose the one that best suits your needs.

#### **SESSION ONE: INQUIRY AND INQUIRY UNITS IN THE PYP CLASSROOM (presented in previous years)**

**Target audience:** New parents to the PYP and for those who have not attended this session before

**Venue:** Junior School

- *What is inquiry?*
- *How do I support my child to become an inquirer and a thinker?*
- *Why is inquiry important in the PYP?*
- *What is an inquiry unit?*
- *What is a central idea?*
- *What are lines of inquiry?*
- *What is a transdisciplinary theme?*
- *What can I do once I receive a note from my child's teacher about the new inquiry unit?*

If you have been wondering about these questions, please join us **on Wednesday, November 20** from **6:00-7:30 pm** in the Junior School for a parent information session on inquiry and inquiry units. This session will highlight what inquiry is, why it is important, and the process used in exploring a unit of inquiry in the classroom. This session will enable you to gain a greater awareness of the transdisciplinary themes covered in each grade and provide you with techniques on how you can support your child in the home. The session will be hands-on and discussion based.

#### **SESSION TWO: ENHANCING YOUR CHILD'S UNDERSTANDING THROUGH CONCEPT-BASED LEARNING (a new session)**

**Target audience:** Parents who have some experience with the PYP

**Venue:** Junior School

- *Why is my child not learning just facts anymore since they are important? That's how I learned.*
- *What is concept-based learning?*
- *What are key concepts?*
- *How do I ensure that my child remembers and uses what he/she learns?*
- *How is the new ministry curriculum moving to concept-based learning? How does this affect Southridge School?*
- *Why is concept-based learning so important?*
- *What is transdisciplinary learning or transdisciplinary themes?*

- *How do I encourage my child to be a thinker and an inquirer?*
- *How do I ensure that my child is connecting to the central idea?*

If you have been wondering about these questions, please join us **on Wednesday, November 20** from **6:00-7:30 pm.** in the Junior School for a parent information session on concept-based learning and understanding. This session will address the questions above and will present ways that you can strengthen your child's thinking and understanding. The presentation will also be hands-on and discussion based.

In order to allow us to prepare for the sessions appropriately, please send an email to your class mom by **Friday, November 15** and indicate what session you are interested in. Your class mom will forward the information to Ms. Ramji-Motani who will ensure that you are registered for your session. We are hoping to have about 30-35 participants in each session and promise you an informative evening with opportunities to network and interact with fellow parents and teachers.

We look forward to seeing you on that day!

Ms. Ramji-Motani  
(IB-PYP coordinator) and members of the PYP faculty

### **Junior Swim Team**

Thank you to all the swimmers who have decided to join the swim team this year. We have exceeded our past numbers and have now reached 85 swimmers! This is the largest number of swimmers we have ever had join the team. Even though we are excited for the enthusiasm and participation from everyone, we have also exceeded our pool capacity. Therefore, to accommodate everyone, we will be alternating weekly swim practices between the MYP and PYP swimmers. Please refer to the dates below:

- MYP will practice: Nov 15, Nov 29, Dec 13, Jan 24
- PYP will practice: Nov 22, Dec 6, Jan 17, Jan 31

All swimmers who have joined the team will be entered into the *St. George's Swim Meet on Sunday, December 8, 2013.* Swimmers will be asked at practice to choose their 3 events for this meet. Our second meet will be the *Victoria Jamboree, on January 20, 2014, for grades 3-5 swimmers.*

Thank you for your support of swimming at Southridge.

Ms. Wray

### **W. E. Kinvig Annual Clothing Drive: November 18<sup>th</sup> – November 25<sup>th</sup>**

Once again, we will be collecting donations of new and gently used clothing for W.E. Kinvig Elementary School in North Surrey. Many children that attend W.E. Kinvig come from families who live below the poverty line and cannot afford to meet some of their basic needs. Some of the families are refugees from countries where the climate is very different from ours, and some of them had to leave with only the few things they could carry in their arms. We are very privileged at Southridge to be able to afford more than our essential needs, and we want to share with those who have more limited means.

From Monday, November 18<sup>th</sup> until Monday, November 25<sup>th</sup>, Southridge will run the W.E. Kinvig Clothing Drive in the Junior School Great Hall, and everyone can drop off their donations in the labeled collecting boxes. On November 14<sup>th</sup>, there will be more detailed information given at the Junior School assembly. Southridge has been contributing in various ways to families and staff at W.E. Kinvig School for almost a decade! Students in both Junior and Senior schools are very excited to be hosting the clothing drive again this year. Our goal is to collect even more items than last year! Thanks in advance to everyone for your support!

*Arshia Dhanju, Grade 7, and the W. E. Kinvig Service Team*

## Senior School News

### Head of Senior School

#### Learning from *The Wizard of Oz*

This past weekend, I was fortunate enough to attend the Broadway production of *The Wizard of Oz* with my family. If you had a chance to attend as well, you will know it was a fantastic show full of those wonderful songs and evoking memories of the book and movie. Upon reflection, it also had me thinking about learning!

Bear with me as I set this up a little to help explain how we can use this story to remind ourselves of what is needed to learn effectively. I am also going to assume that most of you are aware of the story, but if you are not, please forgive the brevity. When Dorothy lands in Oz, and she wishes to find a way home, she is sent along the Yellow Brick Road to see the wizard. Similarly, we all travel a path of learning – our own road of sorts. In her travels, she meets those three wonderful characters: the Scarecrow, the Tinman and the Lion and each is also looking for something they don't have. Ultimately, they feel like going to see the wizard with Dorothy to receive these 'lost' items is a good idea. For the Scarecrow, this is a brain; the Tinman, a heart; and finally, the cowardly Lion wishes to find some nerve.

Once they go through many trials and tribulations to ultimately receive these gifts, they are disappointed to find the wizard is not really the special man that they thought who can grant these wishes. However, he does wisely show them that their actions along the journey should explain that they have always had these things within them and he helps them reflect to see how this is true. He also gives each of them an artifact to acknowledge they do have these characteristics – a scroll for the Scarecrow, a heart to pin on the Tinman and a medal of courage for the Lion. And, for Dorothy, she had always had the power to send herself back to Kansas through her ruby red slippers.

How does this story relate to our students and children learning in general and more specifically at Southridge? Well, I know that in speaking with the students they often think they need something they don't have in order to be successful. The age old, "I'm not good at that subject" comes to mind. But it is true that you need brains (we all have one!), heart (character) and nerve (the ability to risk-take) in order to learn. Our Senior School Educational Program (SSEP) focusses on these key points to provide the opportunities to challenge our thinking and take risks while developing strong character. In the story, it took helping another person or the environment for them to be able to "find" their ability to be successful. At Southridge, we provide a safe and engaging environment for our students to be able to learn. For some this might be simply the opportunity. For others this may be more nurturing to help build their confidence that they do have what it takes to be successful.

We also try and give students those artifacts like the three characters received from the wizard. This could be a kind word of encouragement, a Most-Improved athletic award or maybe something like earning a place on the Board of Stewards. This helps them to continue to feel confident to build on their existing knowledge. Finally, the story reminds us that we need others to help us reach our potential – without the other three people, I wonder if each of the characters would be successful in finding their "lost item"? The focus our SSEP has on collaborative, discussion-based learning helps to promote this important aspect in one's learning.

Finally, we will always feel there is a "Wicked Witch of the West" somewhere along our journey. To think that learning or life won't be filled with pitfalls and difficult moments is impractical. But to reflect on how to overcome these obstacles and to remain positive and persevere is key. Perhaps the next time your child faces his or her "witch" you can draw on the story of the Wizard of Oz to help!

Enjoy the week and I hope to see you at the Gala this weekend!

Doug Palm  
Head of Senior School

### University Planning Night for Parents!

Please mark your calendar to attend a university information night on Wednesday, November 20<sup>th</sup> 7:00 pm in the Senior School Great Hall.

We are encouraging Grade 10 and 11 families to attend but also welcome any Grade 8 and 9 families if you would like information about preparing for university admissions and programs.

Ms. Livingston and Mr. Weaver will be addressing information about Canadian, U.S. and U.K. universities and will cover the following topics:

- Grade 11 and 12 course prerequisites for various faculties and programs and academic averages for admission
- Preparation for broad-based applications and service/extra-curricular requirements
- Trends for university admissions including:
  - First year experience programs
  - Experiential learning and cooperative education opportunities
  - International partnership programs
- Researching university and college rankings “Finding the ‘best fit’ University”

Ms. Livingston  
Director of University Counselling

### **Senior School Christmas Concert: An Evening in December Wednesday, December 11 and Thursday December 12, 2013 7:00 pm**

The annual Senior School Concert, *An Evening in December*, is rapidly approaching. Familiar holiday tunes can be heard resounding through the school and the ensembles are really beginning to make music out of the notes on the page. The concerts will be held at 7pm on Wednesday and Thursday, December 11 and 12 in the Alan Brown Great Hall. Join us for an enjoyable evening of live music, featuring our concert and jazz bands, choir and selected soloists. **If your child is interested in performing as a soloist or in a small group, auditions will be held on November 19<sup>th</sup>, 2013 in the band room at lunch.**

All of the students involved in the music program are expected to attend the concerts on both evenings. Please reschedule lessons and practices as needed. If you suspect an unavoidable conflict, please email me at [jparker@southridge.bc.ca](mailto:jparker@southridge.bc.ca) as soon as possible so that we can try to work out a solution. Each musician plays an important role in the concerts, and we can only give our best performance if every student is in attendance.

**Please note: Technical Rehearsal** for the choir, jazz studies classes and solo performers

Monday, December 9, 2013 – 3:00 pm to 5:00 pm

**Dress Rehearsal**

Tuesday, December 10, 8:30 – 11:30 am

See you in December!

Senior School Music Department

### **Grade 8 Girls Volleyball**

The girls finished their season last week at the Surrey Playoffs. It was unfortunate that they had to go head to head with a strong EMS squad. They fought back in the second game, but ran out of time and were defeated. The tournament was a single knockout so there was no chance of retribution. I want to congratulate the girls for such a successful season, a record 30-1. Our volleyball program looks bright for the next 4 years thanks to the girls' dedication and talents!

Ms. Wickstrom

### **Senior Boys' Soccer 2013 Season**

The Senior Boys Soccer Team capped off a successful season with a 5<sup>th</sup> place finish at the “A” Boys' Provincials held November 6-8<sup>th</sup> in Abbotsford. This was a bittersweet culmination to the season as the team left Abbotsford with a 4-1 record, but was hampered by the injury and absence of 3 key players down the stretch. The 5<sup>th</sup> place was truly a team effort, even from the boys who were injured (Amit, Azwa) coming along and bringing a positive spirit to the pitch for every game. The team featured 11 new players from last year's provincial team including three grade 9 student-athletes. Despite the low number of returning players and grade 12's (3), the Storm was the Fraser Valley League champions with an undefeated record.

The training program was augmented this year by mental training classes with Sport Psychology consultant Niki Lacey as well as early morning strength and conditioning sessions led by Mr. DiPietro. The team has just barely scratched the surface in these two vital components of high performance.

The short season poses a real challenge to teambuilding and roster consolidation. The grade 12 group of Nick Collett, Tim Stephens, and Aaron Basi led by example and fostered a very inclusive team atmosphere. In speaking to Mr. DiPietro and Mr. Sterelyukhin, we agreed that this was one of the most enjoyable coaching experiences we have had and is a credit to the attitude and effort of the entire team.

In many ways, the 2013 season was a transition year for the program as 2014 will have a high number of players returning and great potential going forward (and backward, if we use our support players and switch play through the backline....). There is cause for further excitement as the school will be offering a Soccer Tour to Spain for the boys in the spring of 2015. More details will be forthcoming shortly on this amazing opportunity.

A special thanks to Mr. Sterelyukhin and Mr. DiPietro for all their hard work both on and off the field to support and develop the team and the soccer program in the senior school.

Mr. Smith

### **The Wizard of Oz**

On Thursday, November 7<sup>th</sup> the Theatre Performance Class attended the musical *The Wizard of Oz* at the Queen Elizabeth Theatre in Vancouver. Some of the students had been involved in an adapted class production of the show last year and were eager to see a professional company's interpretation. The students were impressed by the incredible skills of the ensemble; the performers' cohesiveness as they seemed to effortlessly master singing, dancing and acting from scene to scene. Watching the performance invigorated and motivated all of us as we move forward in rehearsals for our upcoming February production of the musical *Into the Woods*. We were also grateful to have the opportunity to attend a theatre performance outside of our school as it allows us to observe other artists create magical characters on stage, and reminds us of the exhilarating energy and joy we can bring to an audience.

Ms. Kelly  
Drama Teacher

### **Grad Bottle Drive**

The grad bottle drive will be on Thursday morning from 7:30 – 8:00 in front of the senior school. We appreciate all of your support!

### **Purdy's Chocolate Orders**

The grads are raising money selling Purdy's chocolates again this year! You are able to purchase them online via credit card, but if you would like to pay with a cheque, please drop your order form and cheque at the front desk in the senior school. Thank you for all of your support! The website is: <http://www.purdysgpp.com> and our group ID is 24019. Thank you to everyone who has already placed their orders!

Heather Mosher

### **Gift Cards**

Don't forget to place your orders for gift cards! Consider buying some gas gift cards for the newly licensed teen in the household. Reward a co-worker with an evening out and purchase some Restaurant gift cards. Order some grocery cards for the Christmas Hampers for your child's advisory group. And of course, don't forget the mom's in the family and order some Spa gift cards!

Grad Committee

### **Grad Gala Clean-Up**

This weekend from 8:00-10:00am on Sunday, the grads will be cleaning up the gym after the Gala. All grads are expected to attend to assist in cleaning up. If your son or daughter is unable to attend, I require an email to let me know. Thank you!

Heather Mosher  
[hmosher@southridge.bc.ca](mailto:hmosher@southridge.bc.ca)

## News for Both Schools

### Thank you for all your support with Open House

Last Wednesday evening we opened our doors to welcome visitors to come and see our school and meet our community.

We had a fantastic evening and we want to say a heartfelt thank you to all of you who helped in a myriad of ways to make the evening warm and welcoming for our guests. From providing coffee and desserts, to positioning balloons, to filling information bags... many hands make it possible. Beyond being the only way we could ever make an event of this magnitude happen, seeing so many people participating in this event is what makes our claim of “**We are All ONE**” ring true. Families again repeatedly commented on the passion and excitement demonstrated by our faculty, staff and students and on the beautiful facilities.

Thank you for sharing your pride of school.

The Admissions Team,  
Renee and Kristine

### Remembrance Ceremony is now Online!

The full school Remembrance Ceremony was video recorded and is now available online. You can email the link below to your family and friends to allow them to view the video too. You will need a high speed internet connection to view the video so be sure to mention that to anyone you send the link to.

[http://www.southridge.bc.ca/events/2013-11-08\\_remembrance\\_ceremony/index.aspx](http://www.southridge.bc.ca/events/2013-11-08_remembrance_ceremony/index.aspx)

Enjoy!

Alan McInnes  
Manager  
Web and AV Services

### Attention all Swimmers

Don't forget the uniform shop has a wonderful microfiber Southridge towel. You'll dry quickly and so will your towel.

Don't forget our hours of operation are Monday to Thursday:

7:45 – 9:00 mornings  
2:00 – 4:00 afternoons

Barb Collett  
Southridge School Uniform Shop  
T:604.542.2337

### Southridge Café Menu for the Week of November 18<sup>th</sup> – 22<sup>nd</sup>

#### Everything you ever wanted to know about potatoes:

- Potatoes are vegetables but they contain a lot of starch (carbohydrates) that make them more like rice, pasta and bread in terms of nutrition.
- Much like rice, wheat and maize (corn), potato crops are an important part the world's diet.
- The word potato comes from the Spanish word patata.
- Potato plants are usually pollinated by insects such as bumblebees.
- Potatoes contain a variety of vitamins and minerals.
- There are thousands of different potato varieties but not all are commercially available, popular ones include Russet, Yukon Gold, Kennebec, Desiree and Fingerling.
- While the role of genetic modification is up for debate, research has led to genetically modified potato varieties that have potential benefits such as increased protein and resistance to viruses.
- Based on 2010 statistics, China is the leading producer of potatoes.



- Potatoes don't store very well after purchase but they are relatively easy to grow.
- Potato storage facilities are kept at temperatures above 4 °C (39 °F) as potato starch turns into sugar and alters the taste below this temperature.
- Potatoes are prepared and served in many different ways, including boiled potatoes, mashed potatoes, baked potatoes, French fries and hash browns.
- French fries contain a lot of fat so don't eat too many!
- Potatoes are usually served hot, but sometimes cold in the form of potato chips or potato salad.
- Despite health concerns, potato chips are one of the most common snack foods in the world with billions of packets being consumed every year.
- One of the main causes of the Great Famine in Ireland between 1845 and 1852 was a potato disease known as potato blight. The shortage of potatoes led to the death of around 1 million people who were dependent on them as a food source.

Mike Leif  
Chef Manager  
Southridge Café



# Grad Gift Card Fundraiser

Perfect gift for the Holidays & Birthdays  
Choice of over 100 Merchants

When you purchase a \$25 gift card you will receive a \$25 gift card

## Help Support the Southridge 2014 Grad Class!

Drop Order forms at Senior & Junior offices before  
November 27th and receive your cards by Dec. 12th



**SPA·UTOPIA**  
& SALON

CACTUS CLUB CAFE



## SUPPORTER ORDER FORM

Parent Name:

Home Phone #:

Date:

Student Grade:

Cell Phone#:

Email:

This is a one time order

This is my new standing order.

**MERCHANT(FEE)**  
**Department Stores:**

	<b><u>CERTIFICATES</u></b>	<b><u>TOTAL</u></b>
(DB) Giant Tiger	3.0% _____ x	\$25.00
	_____ x	\$100.00 \$ _____
(DB) Hudson's Bay (Hbc, Home Outfitters)	3.0% _____ x	\$25.00
	_____ x	\$50.00
	_____ x	\$100.00 \$ _____
(DB) London Drugs	2.0% _____ x	\$25.00
	_____ x	\$50.00
	_____ x	\$100.00 \$ _____
(DB) Sears	2.0% _____ x	\$25.00
<b>**Reloadable**</b>	_____ x	\$50.00
	_____ x	\$100.00 \$ _____
<b><u>Fuel:</u></b>		
(C) Chevron	2.0% _____ x	\$25.00 \$ _____
(DB) Esso	2.0% _____ x	\$25.00
<b>**Reloadable**</b>	_____ x	\$50.00
	_____ x	\$100.00 \$ _____
(DB) Petro-Canada	2.0% _____ x	\$25.00
	_____ x	\$50.00
	_____ x	\$100.00 \$ _____

**Home Improvement:**

(DB) Home Depot	2.0% _____ x	\$25.00
	_____ x	\$50.00
	_____ x	\$100.00
	_____ x	\$250.00 \$ _____
(DB) Home Hardware	3.0% _____ x	\$25.00
	_____ x	\$50.00
	_____ x	\$100.00 \$ _____
(DB) Lowe's	3.0% _____ x	\$25.00
	_____ x	\$50.00
	_____ x	\$100.00 \$ _____
(DB) Rona / Totem	5.0% _____ x	\$25.00
	_____ x	\$50.00
	_____ x	\$100.00 \$ _____

**Grocery Stores:**

(DB) Choices Market	7.0% _____ x	\$20.00
	_____ x	\$100.00
	_____ x	\$250.00 \$ _____
(DB) MarketPlace IGA	5.0% _____ x	\$50.00 \$ _____
<b>**Reloadable**</b>		
(C) Killarney Market	3.0% _____ x	\$25.00 \$ _____
(DB) Fairway Market	5.0% _____ x	\$25.00 \$ _____
<b>*Vancouver Island Only*</b>		

**MERCHANT(FEE)**

**Grocery Stores:**

(DB) Loblaws(Shop Easy, Extra Foods, Superstore,Lucky Dollar,No Frills,Canadian Wholesale)	3.0% _____ x	\$25.00
	_____ x	\$50.00
	_____ x	\$100.00
	_____ x	\$250.00 \$ _____
(DB) Safeway	3.0% _____ x	\$50.00
	_____ x	\$100.00
	_____ x	\$250.00 \$ _____
(DB) Stong's	6.0% _____ x	\$50.00
	_____ x	\$100.00
	_____ x	\$500.00 \$ _____
(DB) T&T Supermarkets	2.0% _____ x	\$20.00
	_____ x	\$50.00 \$ _____
<b><u>Specialty Stores:</u></b>		
(DB) Aeropostale	7.0% _____ x	\$25.00 \$ _____
(DB) Aldo	7.0% _____ x	\$25.00 \$ _____
(DB) American Eagle	5.0% _____ x	\$25.00 \$ _____
(DB) Bath and Body Works	7.0% _____ x	\$25.00 \$ _____
(DB) Best Buy	2.0% _____ x	\$25.00
	_____ x	\$50.00
	_____ x	\$100.00 \$ _____
(DB) Canadian Tire	3.0% _____ x	\$25.00
	_____ x	\$50.00
	_____ x	\$100.00 \$ _____
(DB) Chapters/Indigo/Coles	10.0% _____ x	\$20.00
	_____ x	<b>\$50.00 \$ _____</b>
(DB) Claire's Stores	9.0% _____ x	\$25.00 \$ _____
(DB) Esquires Coffee	10.0% _____ x	\$10.00
	_____ x	\$25.00 \$ _____
(DB) Future Shop	2.0% _____ x	\$25.00
	_____ x	\$50.00
	_____ x	\$100.00 \$ _____
(DB) Gymboree	7.0% _____ x	\$25.00 \$ _____
(DB) i-Tunes	4.0% _____ x	\$10.00
	_____ x	\$25.00 \$ _____
(DB) La Senza	7.0% _____ x	\$25.00 \$ _____
(DB) M&M Meat Shops	3.0% _____ x	\$25.00 \$ _____
(DB) Mark's Work Wearhouse	7.0% _____ x	\$25.00
	_____ x	\$50.00
	_____ x	\$100.00 \$ _____
(DB) Options (Gap, Old Navy, Banana Republic)	7.0% _____ x	\$25.00
	_____ x	\$50.00 \$ _____
(DB) Payless Shoe Source	5.0% _____ x	\$25.00 \$ _____
(DB) Petsmart	3.0% _____ x	\$25.00 \$ _____
(DB) Pottery Barn	5.0% _____ x	\$25.00 \$ _____
(DB) Shoppers Drug Mart	3.0% _____ x	\$25.00
	_____ x	\$50.00 \$ _____
(DB) Sport Chek	4.0% _____ x	\$25.00 \$ _____

<u>MERCHANT(FEE)</u>	<u>CERTIFICATES</u>	<u>TOTAL</u>
<b>Specialty Stores:</b>		
(DB) Staples **Reloadable**	3.0% _____ x	\$25.00
	_____ x	\$50.00
	_____ x	\$100.00
	_____ x	\$250.00
(DB) Starbucks	5.0% _____ x	\$10.00
	_____ x	\$25.00
	_____ x	\$50.00
(DB) The Children's Place	7.0% _____ x	\$25.00
(DB) The Shoe Company	7.0% _____ x	\$25.00
(DB) Town Shoes	7.0% _____ x	\$25.00
(DB) Toys 'R' Us	2.0% _____ x	\$25.00
(DB) Williams-Sonoma	5.0% _____ x	\$25.00
(DB) Winners / Marshalls	7.0% _____ x	\$25.00
	_____ x	\$50.00
<b>Restaurants:</b>		
(DB) Boathouse Restaurants	7.0% _____ x	\$25.00
	_____ x	\$50.00
(DB) Boston Pizza	7.0% _____ x	\$25.00
	_____ x	\$50.00
(DB) Browns Socialhouse	7.0% _____ x	\$25.00
	_____ x	\$50.00
(DB) Burger King	5.0% _____ x	\$10.00
	_____ x	\$25.00
(DB) Cactus Club	7.0% _____ x	\$25.00
	_____ x	\$50.00
(DB) Cara Multi-Brand (Milestone's, Kelsey's, Swiss Chalet, Montana's Cookhouse, Harvey's, Coza! Tuscan Grill)	3.0% _____ x	\$25.00
	_____ x	\$50.00
(DB) Domino's	10.0% _____ x	\$25.00
(DB) Darden Restaurants Olive Garden	7.0% _____ x	\$25.00
Red Lobster	7.0% _____ x	\$25.00
(DB) Earls	7.0% _____ x	\$25.00
	_____ x	\$50.00
(DB) Joey Restaurant	7.0% _____ x	\$25.00
	_____ x	\$50.00
(DB) Keg	7.0% _____ x	\$25.00
	_____ x	\$50.00
(DB) Moxie's	10.0% _____ x	\$25.00
(DB) Old Spaghetti Factory	5.0% _____ x	\$25.00
(DB) Prime Restaurant (Eastside Mario's, Casey's, RD's BBQ Blues, Pat&Mario's, BierMarkt)	7.0% _____ x	\$25.00
(DB) Red Robin	7.0% _____ x	\$25.00
(DB) Sammy J's Grill and Bar	10.0% _____ x	\$25.00
(DB) Subway	5.0% _____ x	\$10.00
	_____ x	\$25.00
	_____ x	\$50.00
(DB) Vancouver Dine (The Teahouse, Seasons in the Park, Cardero's, The Sandbar)	10.0% _____ x	\$50.00
(DB) Wendy's Restaurant	3.0% _____ x	\$10.00
(DB) White Spot	7.0% _____ x	\$25.00
(C) Triple O's	7.0% _____ x	\$10.00

<u>MERCHANT(FEE)</u>	<u>CERTIFICATES</u>	<u>TOTAL</u>
<b>Entertainment:</b>		
(DB) Cineplex Odeon (Famous Players, Galaxy, SilverCity, Colossus, Paramount)	5.0% _____ x	\$10.00
	_____ x	\$25.00
(DB) Rogers Video	7.0% _____ x	\$10.00
	_____ x	\$20.00
<b>Travel</b>		
(NC) Avis Car Rental	7.0% _____ x	\$50.00
	_____ x	\$100.00
(NC) Budget Car Rental	7.0% _____ x	\$50.00
(DB) Fairmont Hotels	7.0% _____ x	\$100.00
(DB) Marriott Hotels (can be used at any participating Marriott properties)	7.0% _____ x	\$50.00
	_____ x	\$100.00
<b>Spas</b>		
(DB) Spa Utopia www.spautopia.ca	7.0% _____ x	\$50.00
	_____ x	\$100.00
(DB) WaySpa (over 450 spas across Canada) www.wayspa.com	10.0% _____ x	\$50.00
	_____ x	\$100.00
<b>GRAND TOTAL:</b>		<b>\$ _____</b>

DB: Declining Balance Shopping Card  
C: Change Back Shopping Certificate  
NC: No Change Back Shopping Certificate

**Make Cheque payable to Southridge School**

**Total Order Amount\$:**

**Cheque#:**

**Southridge 2014 Grads Thank You for Your Support**

# *Celebrate Autumn*

## WEEKLY MENU

Nov.18<sup>th</sup> – Nov.22<sup>th</sup>

Monday

Chicken Stir fry

Tuesday

Tandoori Chicken served with Naan and Rice

Wednesday

Penne Bolgnaise with Garlic Bread

Thursday

Soft Beef Taco

Friday

Chicken Strips w/ Sweet Potato Fries

Featured Panni

Roasted Turkey Breast, Bell Peppers  
Cranberry Mayo, Roma Tomato,  
melt with Cheddar Cheese

\*Menu Subject to Change do to Availability\*