



Planning for the Future  
Saturday, September 22, 2018

# COURSE GUIDE

## SBISD PARENT U

### A Family Day of Learning!

*Helping you help your child get ready for, to and through higher education!*

**SATURDAY, SEPTEMBER 22, 2018**

NORTHBROOK HIGH SCHOOL

1 RAIDER CIRCLE

8:30 – 9:00 a.m.	Registration
9:00 – 9:45 a.m.	Session I
10:00 – 10:45 a.m.	Session II
11:00 – 11:45 a.m.	Session III

### SPECIAL THANKS TO OUR PARENT U SPONSORS:



I-10 and Silber Road

\*MS: presentations best for middle school parents; HS: presentations best for high school parents; MS/HS: presentations good for both

## **SESSION I 9:00 – 9:45 a.m.**

### **A1 – Approaching Life’s Big Transitions with Confidence- Room A109 (MS/HS)**

This mother and daughter team, with over 30 years of experience working with families, will share holistic and practical strategies to best support your students as they transition to high school and college and eventually adulthood AND insightful tips to prepare parents for the empty nest. *(Beth Dennard and Claire Mangrum, Bright Futures Consulting)*

### **A2 – Class Rank, GPA, and College Admissions: To Rank or Not to Rank- Room A110 (HS)**

Class Rank, GPA, and College Admissions- To rank or not to rank? Learn about SBISD’s class rank policy and the importance of class rank and grade point averages in the college admissions process. *(Beverly Martin, SBISD Counselor, Westchester Academy for International Studies)*

### **A3 – Panel: Public vs. Private, In-State vs. Out-of-State Universities- Room A111 (HS)**

Come listen to admissions representatives from the University of Texas at Austin, St. Thomas University, and Kansas State University talk about the different benefits of public and private universities, and in-state and out-of-state colleges. *(Christina Cao, St Thomas University Undergraduate Admissions; James Beeks, University of Texas Undergraduate Admissions; Callie White, Kansas State University; Latisha Hull, Texas A&M Corpus Christi)*

### **A4 – Find Your Pathway in Career and Technical Education (CTE)- Room A114 (MS/HS)**

CTE courses provide students hands-on, real world experiences that can lead to a variety of productive careers, whether the student intends to earn technical certification or a college degree. Learn about CTE opportunities and how to access them in middle school and high school. *(David Sablatura and Melissa Sanders, SBISD Career and Technical Education)*

### **A5 – Naviance: A Tool for College & Career Preparedness- Room B113, Lecture Hall (HS)**

Ever wonder what your student's strengths are and how they play into his/her college and career choices? Come learn about Naviance - a tool that can inform your student's choices. *(Donna Handlin, SBISD Student Support Services)*

### **A6 – Paying for College: A Comprehensive Review- Room E109, Drama Room (HS)**

Elana Guerra of Bright Futures Consulting will provide parents with clear, relevant information on financial planning for before, during, and after college. This includes a review of financial aid, scholarships, repayment plans, and spotlights Texas-specific programs. *(Elana Guerra, M Ed., Bright Futures Consulting)*

### **A7 – Achieving Family Stability and Success through United way Initiatives and Resources— Room A108 (MS/HS)**

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### **A8 – SAT vs. ACT: Which One to Take and How to Prepare – Room A112 (HS)**

What are the differences between the SAT and ACT? Why are they so important and how can they affect your school choice and scholarships? What are the best ways to prepare? We will answer these questions and more as we discuss college entrance exams. *(John Pisklak, Huntington Learning Center)*

### **A9 – Middle to High School Transition – Room A116 (MS)**

Participants will learn important information about supporting their student for a successful high school experience and readiness for college. *(Lance Stallworth, SBISD Student Support Services)*

### **A10 – The Foundation Graduation Plan with Endorsements—Room F103, Choir Room (HS)**

We will share the requirements for high school graduation and will help parents and students understand the many pathways available to each students. Participants will use the online resources available to the SBISD community. *(Martha Meyer, SBISD Student Support Services)*

### **A11 – SBISD’s Social and Emotional Learning (SEL) and T-2-4 Vision – Room A104 (MS/HS)**

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### **A12 – Fast Track to College: Understanding Pre-AP and AP Courses – Room L113, Orchestra Room (MS/HS)**

If you have students in middle school or high school, it is important to understand what Pre-AP and AP courses are and how they can help your student make it to college, be more successful, and save you money! *(Pamela Johnson, SBISD, Director of Advanced Academic Studies)*

### **A13 – Introduction to Parenting the Love and Logic Way – Room A103 (MS)**

This session will provide you with a few parenting techniques that are essential to raising responsible children. These techniques make parenting fun and rewarding. *(Rana Cummins, Parenting with Love and Logic)*

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### **A15 – Financial Aid 101—Room A117 (HS)**

College cost can seem out of reach for many, but there are many resources that can help make the college degree dream a reality. There are many types of financial aid available for you, such as: federal government grants and loans, State funded grants and loans, and scholarships through schools and private sources. Representatives from Houston Community College will help you become familiar with FAFSA/TAFSA applications and other resources. *(Financial Aid HCC Team)*

### **A16 – Your Five Step Guide to Paying for College – Room B119 (HS)**

This is an introduction to steps to take in preparation for funding your college future. Booklet will be provided to address topics around FAFSA, scholarships, additional financing options etc. Tools and resources included in the handout will also be reviewed in depth to help with college planning. *(Maureen Guzman and Ruben Guzman, Wells Fargo)*

### **A17– What is the SBISD Virtual School? – Room B116 (MS/HS)**

Have you ever wondered what the SBISD Virtual School is? Now is your chance to find out! This informational session will give an overview of the SBISD Virtual School, courses taught, and student tips for success. *(Amy Houser, SBISD Educational Technology)*

### **A18 – Getting to Know ItsLearning—Room E107 (MS/HS)**

Get to know SBISD's learning management system, itsLearning. How do students log in, what do they do with itsLearning, and how can it help you start meaningful learning discussions with your students. *(Krystall Weiss, SBISD Educational Technology)*

### **A19 – Social Media, Success, and Safety – Room E108 (MS/HS)**

***(Spanish and Arabic interpretation will be available)***

During this presentation, participants will learn about the important aspects of the social media landscape, what to look for in order to keep kids safe, and how to help students use social media to start building the best possible future for themselves. *(David McGeary and Lynnice Hockaday, Digital Education Content Specialist, Harris County Department of Education)*

### **A20 – Tips & Tools for Successful College Applications – Room A119 (HS)**

Get tips and tools to help seniors and transfer students be successful in their college applications. *(Kathy Rose and Katie Smith, CollegeCommunityCareer)*

### **A21 – College Smarts- Career and College Admissions – Auditorium (HS)**

Colleges look for certain traits in prospective students – but there is a college for every student. Learn the latest insights about the college admissions process and how to make your child more attractive to the right schools for him/her. *(Sandra Newton, College Resource Center)*

### **A22 – Developing Digital Leaders – Room B115 (MS/HS)**

SBISD believes that educating our students to be effective digital citizens is critical, and it is our goal that every student be a safe, respectful, and responsible user while navigating the digital world. This session will share SBISD's current digital citizenship practices and provide parents with information to support their children at home. *(Stephanie Sandifer and Shelby Acevedo, SBISD Educational Technology)*

### **A23 – Two Year Degree: Is it a Better Option? – Room A105 (HS)**

The presentation will touch on: the admission process, the cost of a two year vs a four year, the current job market and what degrees are in demand, how to choose the degree that will give you a greater return, and why TSTC is a great option. *(Yulanda Durst, Texas State Technical College)*

### **A24 – College Readiness Test Prep a la Shmoop – Room A107 (HS)**

Shmoop tries to make something naturally difficult palatable by using humor and human stories. Learn how to access our Test Prep materials provided for all students by Spring Branch ISD. We offer test prep for ACT, SAT, AP, TSI and much more...

## **SESSION II 10:00 – 10:45 a.m.**

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## **B22 – Figuring Out Financial Award Letters from Colleges – Room A119 (HS)**

Award letters can be confusing, but we're here to show you how you can review them to find the best value to pay for college costs. *(Kathy Rose and Katie Smith, CollegeCommunityCareer)*

## **B23 – College Essay: Strut Your Strengths – Auditorium (HS)**

College admission counselors are looking for more depth than an essay about your child's summer vacation. This program will demonstrate how students can capture the attention of the admissions office through essays. Though the college admission process is competitive, parents and students will discover how to keep the process realistic and relative to the student's needs. *(Sandra Newton, College Resource Center)*

## **B24 – DACA Updates and Other Options – Room A101 (MS/HS)**

Overview of DACA and its current state. The presentation will cover the DACA eligibility requirements as well as the latest updates on DACA. Additionally there will be a brief overview of other potential forms of relief. There will be an opportunity for questions and answers at the end. *(Aimee Maldonado, South Texas College of Law-Houston)*

## **B25 – College is for YOU! – Room D102 (HS)**

Discussion on the importance of education and the programs HCC offers for students. *(Manuela Izaguirre, Houston Community College).*

## **SESSION III 11:00 a.m. – 11:45 a.m.**

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### **C18 – FAFSA and TASFA Completion for Financial Aid – Room A119 (HS)**

Completing these financial aid forms will help your child get money for college. Find out some tips to make the process easier and smoother. *(Kathy Rose and Katie Smith, CollegeCommunityCareer)*

### **C19– Best Tips to Motivate, Support and Help Students Transitioning to College – Room B115 (HS)**

College! Or should I say “College?” This session will help parents understand what college is about. It will also explain how this experience affects your kid’s lifetime and what can you do for support. Welcome to an engaging session that will cover the “real truths” and the “ugly truths” behind college. *(Kevin Duran Caballero and Hisham Mirza, Shell)*

### **C20– Apples and Oranges Paying for College – Auditorium (HS)**

Explore the opportunities of paying for college based on college selection. You will understand how to utilize targeting "merit-based" vs "need-based" colleges and what to look for in finding the best financial match. *(Sandra Newton, College Resource Center)*

### **C21 – High School Graduation to Post-Secondary Education to... What? – Room A114 (HS)**

Many students with a post-secondary education are shocked when they find themselves unemployable. In this session, you will learn about a common sense approach to post-secondary education that increases the likelihood of a successful outcome. You will also learn ways to explore and research what to consider when making choices and finding direction for the future. *(Beverly Litton, SBISD CTE Counselor, Guthrie Center)*

### **C22 – 529 College Savings Plan – Room D105 (MS/HS)**

This presentation will cover different ways families can save for college. These options include 529s, education savings plans, mutual funds, and financial aid. *(Sergio Garza, First Investment Retirement Planning Center, First Community Credit Union)*